

## Sharing Eternal Happiness

One of the best things about the gospel is the knowledge of the plan of salvation. We have the awesome opportunity to be with our family for eternity. That knowledge helps us to have hope whenever we feel overwhelmed by the world. President Eyring teaches, “Our loving Heavenly Father knows our hearts. His purpose is to give us happiness (see 2 Nephi 2:25). And so He gave the gift of His Son to make possible the joy of family bonds that continue forever. . . . It is an offer that every child of God who comes into the world may claim.”

That blessing applies to those of us living right now and to those who have passed on—but only through our help. Our ancestors are in the spirit world right now, waiting for us to prepare their names for the temple ordinances to be performed on their behalf. But sometimes it can be hard to do



the work for them. We may be too busy, or we may live too far away from a temple to go very often.

Fortunately, there are other ways we can help our ancestors, like doing family history work, indexing, or babysitting for our parents while they go to the temple. By helping, we serve the Lord *and* bring the hope of eternal families to those on the other side of the veil.

## Families Are Forever

Because of Jesus Christ’s Atonement and the restoration of priesthood power to seal families, we can live with our families forever! What do you love about your family? Follow these instructions to make this paper chain to celebrate your family.

1. Fold a piece of paper in half twice so you have one long strip.
2. Draw a person with hands reaching the folded edges.
3. Cut the person out. Don’t cut where the hands touch the folded edges.
4. Unfold it. Write or draw something you love about each family member.
5. Tape multiple chains together if you have a larger family!

