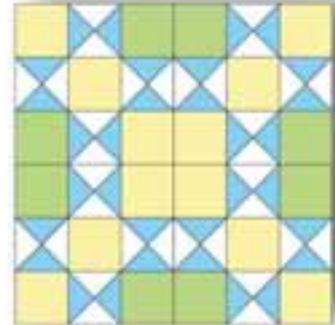
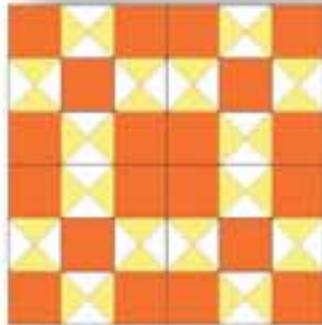
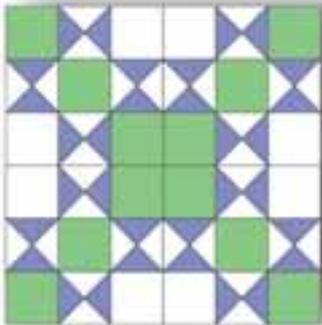


Articles of Faith 1:1		D&C 42:17			3 Nephi 28:11
	Luke 3:22			1 Nephi 12:7	
4 Nephi 1:1		Moroni 6:9			Moroni 10:4-5
Alma 5:45-46			Romans 15:13		Acts 1:2
	John 14:26			2 Nephi 31:17	
D&C 8:2					D&C 20:26-27

*Note: If you do not wish to remove pages from the magazine, this activity may be copied, traced, or printed from the Internet at [www.lds.org](http://www.lds.org). For English, click on "Gospel Library." For other languages, click on "Languages."*



# Listen to the Still, Small Voice

**“For, behold, the Comforter knoweth all things, and beareth record of the Father and of the Son” (D&C 42:17).**

BY ELIZABETH RICKS



What are some important things to know? We need to know how to tie our shoes. We need to know how to write our names.

There is one thing that is more important than anything else. We find this in John 17:3. John records the words that Jesus spoke to His Father, our Heavenly Father: “And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.” Knowing our Heavenly Father and His Son, Jesus Christ, is the most important knowledge you will ever have. This knowledge is called a testimony.

How can we find things out? We are blessed to have two sets of parents—earthly parents and heavenly parents. When you need to know something like how to tie your shoes, your earthly parents can help. They can also use dictionaries, science books, and the scriptures to help answer your questions.

To have a testimony of sacred things, you can ask Heavenly Father. He usually uses the third member of the Godhead—the Holy Ghost—to answer you. The Holy Ghost bears witness of the Father and the Son. Through His still, small voice, the Holy Ghost can witness to you that Jesus is the Son of God. He can witness to you that Joseph Smith restored the gospel and that we have a prophet today. In the Book of Mormon, Moroni tells us that through the power of the Holy Ghost, we can know the truth of *all* things (see Moroni 10:5).

As you listen to the still, small voice, you can have a testimony. Your faith in Jesus Christ will grow when you listen to the Holy Ghost.

## Activity

A blanket or a quilt can make your body feel warm, just as the Holy Ghost can give your spirit a feeling of warmth and peace. Learn more about the Holy Ghost by looking up each of the scripture references on the quilt. You might want to underline the words *Comforter*, *Holy Spirit*, or *Holy Ghost* in your scriptures. Then color the quilt patch. Hang your picture near your bed to remind you that the Holy Ghost can comfort you and that your faith will grow as you listen to His promptings.

## Sharing Time Ideas

1. Review how Alma gained a testimony, paying particular attention to Alma 5:45–46. Show that Alma needed to fast and pray so he could receive a testimony through the power of the Holy Ghost. Help the children memorize D&C 42:17. Ask them to look up the scripture and name the members of the Godhead. Explain that “the Comforter” is another name for the Holy Ghost. Divide the Primary into three groups. Have one group stand and say, “the Comforter,” another, “of the Father,” and the last, “of the Son.” Repeat, adding a few words each time. One way to bear testimony is through singing. Have the children sing a song about testimony.

2. Before Primary, write the word *Invitation* on the front of a large card. Ask the children to raise their hands if they like to get invitations. Open the card to reveal the following message: “I invite the promptings of the Holy Ghost when I . . .” Ask the children how they can invite the promptings of the Holy Ghost to help them. On the inside of the card list ideas such as praying, reading the scriptures, keeping the commandments, and following the living prophets. Give each child a card to fold into an invitation. Have them copy the words “I invite the promptings of the Holy Ghost when I . . .” on the front of the card. Have them list on the inside ideas you have talked about and ideas of their own. ●