

JOS BLONG JISAS KRAES BLONG OL LATA-DEI SENT • APRIL 2015

Liahona



**Andastanem
Tabu Sakrifaes
blong Sevyā, p. 34**

**From Wanem Nao
blong No Stap Strong long
Wan Samting I No Wan Sin, p. 20**

**Olsem Wanem blong Gat Saksēs
long Famle Haos Naet, ol pej 10, 80**



"Hu long yufala we i gat handred sipsip blong hem mo wan long olgeta i lus, be hem i no tingbaot? Sipo wan long yufala i lusum sipsip blong hem olsem, bambae hem i mas livim ol naenti naen sipsip blong hem oli stap kakae long open ples, nao hem i mas go lukaot sipsip ya we i lus, gogo i faenem. "Mo taem hem i faenem sipsip ya, bambae hem i glad tumas, i mas leftemap sipsip ya blong karem long solda blong hem."

Luk 15:4-5



OL MESEJ

- 4 Fas Presidensi Mesej:**
Presiden Monson I Askem
Evriwan blong Gat Strong
Paoa long Tingting
 I Kam long
 Presiden Tomas S. Monson

- 7 Visiting Tijing Mesej:**
OI Fasin blong Jisas Kraes:
Hem I No Gat Rabis Tingting
o Fasin blong Gat Tufes

OL SPESEL STORI

- 14 Paoa blong OI Woman**
blong Lidim Tingting
long Saed blong Spirit
 I Kam long Starla Awerkamp Batla
Paoa blong yu, olsem wan woman,
blong lidim tingting, i go go bitim
wanem we man i save luk.

LONG KOVA

Fored: *Rod i go long Emaus*, i kam long Lis
 Lemon Swindel, no save mekem kopi. Insaed
 long fored blong kova: Foto pikja we i kam
 long Jim Jefri. Insaed long bak blong kova:
 Foto pikja i kam long Kodi Bel.

- 20 Hem i No Wan Sin blong No**
Stap Strong long Sam Samting
 I Kam long Wendi Ulrij
Lanem olsem wanem blong luk
wanem i defren bitwin sin mo
samting we yu no strong long
hem, mo olsem wanem blong ta-
nem samting we yu no strong long
hem i kam wan paoa blong yu.

- 26 Relijin we I Stret Gud**
 I Kam long Elda W. Kristofel Wadel
Ridim olgeta tri step blong givim
seves we i no selfis.

- 30 "Mi Nidim Yu Oltaem"**
 I Kam long Jonatan H. Westova
Taem mifala i singsing long wan
hym, hemia i mekem evri samting
i go defren long investigeta famle
ia blong Korina.

- 34 Sakrifaes blong Sevyia we**
I Tabu mo I No Selfis
 I Kam long Presiden Boed K. Peka
Tru long Atonmen blong Sevyia,
yumi save pemaot kaon long
saed blong spirit, kaon ia blong
sin mo rong.

- 80 100 Yia blong Famle Haos Naet**
Long 1915 Presiden Josef F. Smit
mo ol kaonsela blong hem oli in-
vaetem ol memba blong gat famle
haos naet, mo eksplenem olsem
wanem blong mekem, ol gol blong
hem, mo ol blesing blong hem.

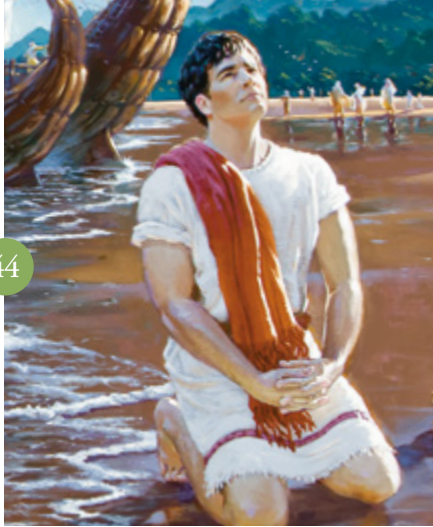
OL DIPATMEN

- 8 Yumi Tokbaot Kraes:**
Paoa blong Fet
 I Kam long Amba Barlo Dal

- 10 OI Hom blong Yumi, OI Famle**
blong Yumi: Famle Haos Naet—
!Yu Save Mekem!

- 12 OI Gospel Stori blong**
Evri Dei Laef: Hem I
Girap Bakegen long Ded
 I Kam long Presiden Deved O. MaKei

- 40 OI Voes blong OI Lata-dei Sent**



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44 Go Fored Wetem Fet

I Kam long Elda Antoni D. Perkins
Lanem long Nifae wanem blong mekem taem yu mas mekem ol impoten desisen.



Luk sapos yu save faenem Liahona we oli haedem insaed long namba ia. Help: ?Weaples yu save laetem wan kandel?



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49 Posta: Lukaotem Hem**50 From Josef**

I Kam long Ted Barnis
I gat sikisfala wei we laef blong yu i defren from Profet Josef Smit.

53 Profet we I Laef

I Kam long Presiden Esra Taf Benson
?Adam? ?Nifae? ?Moses? Maet bae yu sapraes blong lanem huia profet we i moa impoten.

54 Eksampol blong Sevyia blong Stap Obei

Naen wei we Jisas Kraes i putum rod i stap blong yumi folem.

58 Spes blong Yumi**60 Olsem Wanem blong Stap Waes**

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?Wanem nao i defren bitwin waes tingting blong wol mo waes tingting blong God?

61 Go Stret long Poen**62 Wan Grup blong Pipol mo Wan Man blong Lukaot long Sipsip**

Taem yumi andastanem ol ditel blong wok blong wan man blong lukaot long sipsip, bae i mekem yumi kam kolosap moa long Sevyia.

64 Ol Kwestin mo Ansa

"Olsem wanem bae mi filim oraet blong toktok long bisop blong mi abaot sam trabol, o sam poen?"



75

66 ?Huia Hiro blong Yu?

I Kam long Salot Mae Sepad
Eli i fraet blong talem long klas huia stret hiro blong hem.

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I Kam long MaKel Joj
Taem Dani i visitim wan katedral long Inglan, hem i lanem wan impoten lesen abaot prea.

70 Spesel Witnes: ?From wanem i impoten blong stap obei?

I Kam long Elda Rasel M. Nelson

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I Kam long Erin Sandeson

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Elda Klodia D. Sivik
Taem yu folem raet rod i mekem evri samting oli kam defren.

76 Blong Ol Yang Pikinini: Mi Save Sevyia i I Lavem Mi

I Kam long Jen MakBraed Koet

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Danken, Braean W. Gigi, Denis Kerbi, Jini J. Nilson,

Geli Tate Rafeti

Pripres: Jef L. Martin

Printing Daarekta: Kreg K. Sejwik

Distribusen Daarekta: Stiphen R. Christiansen

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For Readers in the United States and Canada:

April 2015 Vol. 9 No. 1. LIAHONA (USPS 311-480)
Bislama (ISSN 1938-6346) is published two times a year
(April and October) by The Church of Jesus Christ of
Latter-day Saints, 50 E. North Temple St., Salt Lake City,
UT 84150. USA subscription price is \$10.00 per year;
Canada, \$12.00 plus applicable taxes. Periodicals Postage
Paid at Salt Lake City, Utah. Sixty days' notice required for
change of address. Include address label from a recent
issue; old and new address must be included. Send USA
and Canadian subscriptions to Salt Lake Distribution
Center at address below. Subscription help line:
1-800-537-5971. Credit card orders (Visa, MasterCard,
American Express) may be taken by phone. (Canada
Poste Information: Publication Agreement #40017431)

POSTMASTER: Send all UAA to CFS (see DMM 707.4.12.5).
NONPOSTAL AND MILITARY FACILITIES: Send address
changes to Distribution Services, Church Magazines, P.O.
Box 26368, Salt Lake City, UT 84126-0368, USA.

Sam Tingting blong Famle Haos Naet

*Magasin ia i gat ol stori mo ol aktiviti we oli save yusum long famle haos naet.
Wanem i kam afta, hem i tu tingting blong yusum.*



"Mi Nidim Yu Oltaem", pej 30: Semmak
olsem we ol toktok blong hym "Mi Nidim
Yu Oltaem" i helpem Pak Mi-Jung blong
disaed blong baptaes, ol hym oli save gat
bigfala paoa long laef blong yumi. Ting-
baot wan taem we ol toktok blong wan
hym i blesem laef blong yu, mo tingting
blong serem eksperiens ia wetem famle
blong yu. Invaetem wanwan memba blong
famle blong jusum wan hym we oli laekem
tumas mo talem olsem wanem hym ia i
blesem laef blong olgeta. Afta, singsing
long wanwan hym ia wetem famle blong
yu. (Maet i gud blong yu mekem hemia
ova long tu wik olsem.)

"Ol prea mo Katedral," pej 68: Afta we yu
ridim stori ia, soem ol pikja o tokbaot ol de-
fren jos we oli stap long taon blong yu, mo
tokbaot ol kwestin ia wetem famle blong
yu: ?Wanem samfala samting yumi gat we
i semsemmak wetem ol narafala relijin?

?Olsem wanem nao Papa long Heven i filim
abaot ewriwan long ol pikinini blong Hem?

?Olsem wanem nao bae yumi mas tritim ol
pipol we bilif blong olgeta i defren long bilif
blong yumi? Tingting blong yusum atikol ia
"Skelem Gud Trutok mo Fasin blong Aksep-
tem Samting Defren" we i kam long Elda
Dalin H. Oks blong Kworom blong Olgeta
Twelef Aposol (*Liahona*, Feb 2013, 28–35)
blong save ansarem ol kwestin ia.

LONG LANWIS BLONG YU

Liahona mo ol nara tul blong Jos oli stap long plante lanwis long languages.lds.org.

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I Kam long Presiden
Tomas S. Monson

Presiden Monson | Askem Evriwan blong Gat

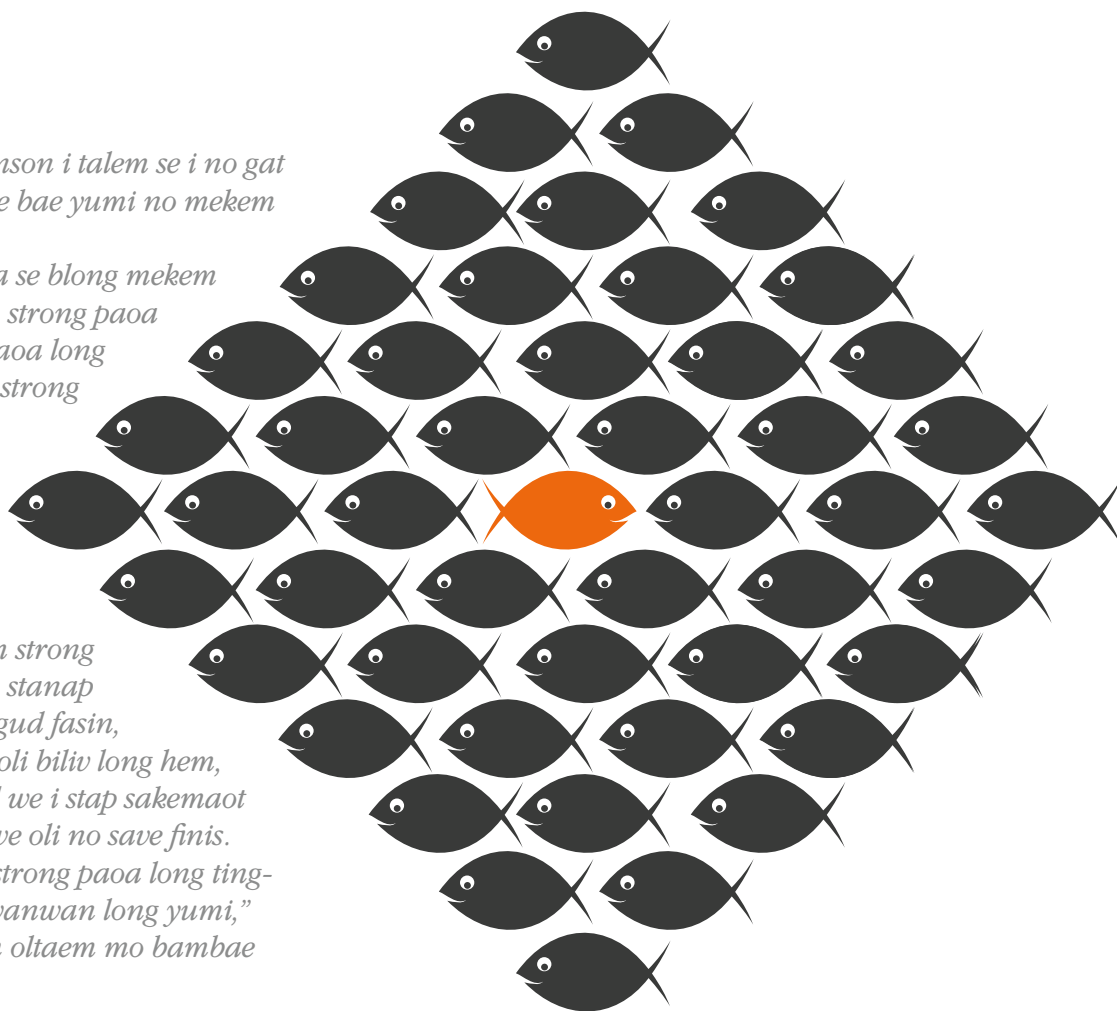
STRONG PAOA LONG TINGTING

Presiden Tomas S. Monson i talem se i no gat wan aoa we i stap pas we bae yumi no mekem ol defren kaen joes.

Hem i givim kaonsel ia se blong mekem ol waes joes, yumi nidim strong paoa long tingting—“strong paoa long tingting blong talem no, strong paoa long tingting blong talem yes. Ol Desisen oli talemaot fiuja.”¹

Long ol sotsot tok-tok ia, Presiden Monson i talem bakegen long ol Lata-dei Sent se oli nidim strong paoa long tingting blong stanap from trutok mo stret mo gud fasin, blong difendem wanem oli biliv long hem, mo blong fesem wan wol we i stap sakemaot ol valiu mo ol prinsipol we oli no save finis.

“Singaot ia blong gat strong paoa long tingting i kam oltaem long wanwan long yumi,” hem i talem. “I bin olsem oltaem mo bambae i stap olsem oltaem.”²



Strong Paoa long Tingting I Mekem God I Agri

“Bae yumi evriwan i fesem fraet, man i daonem yumi, mo mitim man blong agens. Bae yumi—evriwan long yumi—i gat strong paoa long tingting blong agensem popula tingting, strong paoa blong stanap from prinsipol. Strong paoa long tingting, i no wan dil, i tekem smael blong God we i glad. Strong paoa long tingting i kam wan klin fasin long laef we i gud tumas, i no taem nomo yumi ded wetem ona, be tu, taem yumi gat strong tingting blong laef long klin fasin. Taem yumi stap muv fored, mo traehad blong laef olsem yumi sapos blong laef, bae yumi kasem help we i kam long Lod mo save faenem kamfot long ol tok-tok blong Hem.”³

Stanap Strong wetem Strong Paoa long Tingting

“Hem i minim wanem blong stap strong? Mi laekem mining ia: *blong stanap strong wetem strong paoa long tingting*. Maet yu nidim strong paoa long tingting blong yu biliv; samtaem, bae yu nidim blong save obei. Yes, bae yu nidim taem yu stap strong kasem dei ia we bae yu aot long laef long wol ia.”⁴

Gat Strong Paoa long Tingting blong Stanap from Trutok

“Bae yu gat strong paoa long tingting blong stanap strong from trutok mo stret mo gud fasin. From we i fasin blong sosaeti tedei, blong stap longwe long ol valiu mo ol prinsipol we Lod i bin givim long yumi, bae Hem i mas singaotem yu blong difendem wanem nao yu stap bilivim. Sapos ol rus blong testimoni blong yu oli no hang strong long graon, bae i had blong yu yu stanap mo fesem man we i jikim mo jalenjem fet blong yu. Taem testimoni blong yu i stap strong long graon, testimoni blong yu abaot gospel, abaot Sevyia, mo abaot Papa long Heven bae i lidim tingting blong yu long evri samting we yu stap mekem long ful laef blong yu.”⁵

Yumi Nidim Strong Paoa long Tingting long saed blong Spirit mo long Fasin

“Ol Mesej we oli stap kamaot long televisen, long ol muvi, mo long ol nara media [tedei], plante taem, oli agensem stret wanem yumi wantem ol pikinini blong yumi blong akseptem mo blong holemtaet. Hem i responsabiliti blong yumi, blong tijim olgeta blong stap stret long saed blong spirit, be tu, blong helpem olgeta blong stap olsem, nomata ol fos aotsaed we bae oli fesem. Hemia bae i nidim plante taem mo hadwok long saed blong yu—mo blong save helpem ol narawan, yumi tu, yumi nidim strong paoa long tingting long spirit mo long fasin blong save stanap agensem ivel samting we yumi luk long evri saed.”⁶

Bae Yumi Gat Strong Paoa long Tingting Oltaem

“Taem yumi stap gohed long laef blong yumi evri dei, bae i no save ronwe long fasin ia we bae oli jalenjem fet blong yumi. Samtaem, bae yumi stanap long smol grup mo plante oli raonem yumi, o maet bae yumi stanap yumiwan long saed blong ol samting we oli stret, mo ol samting we oli no stret. . . .

“Bae yumi gat strong paoa long tingting oltaem, mo bae yumi rere blong stanap from wanem we yumi biliv long hem, mo sapos yumi mas stanap yumiwan long rod ia, bae yumi mekem wetem strong paoa long tingting, we yumi kasem paoa tru long save ia se, long tru laef, yumi neva stanap yumiwan taem yumi stanap wetem Papa blong yumi we i stap long Heven.”⁷ ■

YUSUM MESEJ IA BLONG TIJ

Yu save askem olgeta we yu stap tijim blong tingting long wan situesen long wik we i stap kam—long hom, long wok, o long jos—we bae i nidim olgeta blong tekem aksen wetem strong paoa long tingting. Maet bae oli fraet, gotru long wan samting we i strong smol, stanap from bilif blong olgeta, o disaed blong obei long wan prinsipol blong gospel moa fulwan. Invae-tem olgeta blong serem ol tingting blong olgeta, o blong raetemdaon olgeta.

OL NOT

1. Thomas S. Monson, “The Three Rs of Choice,” *Liahona*, Nov 2010, 67, 68.
2. Thomas S. Monson, “The Call for Courage,” *Liahona*, Mei 2004, 55.
3. Thomas S. Monson, “Tingting blong yu I Mas Strong mo Yu Mas Strong,” *Jeneral Konfrens*, Epril 2014, 69.
4. Thomas S. Monson, “Believe, Obey, and Endure,” *Liahona*, Mei 2012, 129.
5. Thomas S. Monson, “May You Have Courage,” *Liahona*, Mei 2009, 126.
6. Thomas S. Monson, “Three Goals to Guide You,” *Liahona*, Nov 2007, 118–19.
7. Thomas S. Monson, “Dare to Stand Alone,” *Liahona*, Nov 2011, 60, 67.

Sara blong Wan Narawan

I Kam long MaKensi Mila

Mi faenem i had tumas blong yusum bilif blong mi olsem ansa blong wan simpol kwestin olsem “?From wanem yu no dring kofi?” Bifo, mi stap talem ol smol eskus olsem “I konkon tumas,” o “mi no laekem tes blong hem.”

?From wanem mi sem? ?From wanem mi fraet tumas blong stanap from wanem mi stap biliv long hem? Naoia we mi lukluk i gobak, mi no andastanem stret wanem nao mi stap fraet long hem. Be mi tingbaot stret taem ia we mi stop blong haed biaen long ol eskus.

Wan dei, long Inglis klas long hae skul, tija i anaonsem se bae mifala i luk wan pat blong wan TV program we mi bin save se mi no sapos blong lukluk. Ol narafala studen oli singaot we oli glad, nao fren blong mi, Sara, i leftemap han blong hem mo askem sapos hem i save aot.

Taem tija i askem se from wanem, Sara i ansa wantaem

nomo se “From se mi Momon, mo mi no stap lukluk ol program ia we i gat tumas rabis toktok ”

Strong paoa long tingting blong hem blong stanap long fored blong klas i mekem mi sapraes. From Sara, mi tu mi stanap mo wet aotsaed wetem wan klia tingting, kasem taem program ia i finis.

Sara i jenisim mi blong oltaem. Mi stat blong eksplenem ol bilif blong mi, be i no blong mi ronwe long topik we i stap. Mo long en, mi faenem se mi gat tras long miwan mo mi bin tekpat long moa aktiviti long Jos mo long skul.

Mi neva talem long Sara hamas nao eksampol blong hem i bin impoten long mi. Be mi traem blong mekem folem eksampol blong hem blong gat tras long miwan. Naoia, mi luksave se blong stap olsem wan memba blong gudfala mo tabu Jos blong God i no wan samting nating blong stap sem from. Mi hop se, tru long eksampol blong mi, bae mi save kam Sara blong wan narawan.

Man we i raet i stap long Yuta, YSA.

OL PIKININI

Strong Paoa long Tingting insaed long Ol Skripja

Presiden Monson i tijim yumi blong gat strong paoa long tingting mo stanap from wanem samting yumi stap biliv long hem. I gat fulap eksampol long ol skripja abaot ol pipol we oli soem strong paoa long tingting. Ridim skripja we i stap long saed blong wanwan nem. ?Olsem wanem nao ol pipol ia oli soem strong paoa long tingting mo stanap from wanem we oli bin save se i raet? Yusum ol spes we i stap blong rae-tem o droem wan pikja blong ansa blong yu.

Josef Smit (Joseph Smith—History 1:11–17)

Daniel (Daniel 6:7, 10–23)

Samuel Man blong Leman (Hileman 13:2–4; 16:1–7)

Esta (Esta 4:5–14; 5:1–8; 7:1–6)

Stadi long toktok ia wetem prea mo luklukgud blong save wanem blong serem. ?Olsem wanem nao taem yu andastanem laef mo ol defren wok blong Sevia i leftemap fet blong yu long Hem, mo olsem wanem i blesem olgeta we yu stap lukluk long olgeta tru long visiting tijing? Blong kasem moa infomesen, go long reliefsociety.lds.org.

Ol Fasin blong Jisas Kraes: Hem I No Gat Rabis Tingting o Fasin blong Gat Tufes

Hemia i pat long wan longfala laen blong Ol Visiting Tijing Mesej we bae i tokbaot ol defren fasin blong Sevia.

Taem yumi andastanem se Jisas Kraes i no gat rabis tingting mo i no gat tufes, bae i helpem yumi blong stap fetful blong traehad blong folem eksampol blong Hem. Elda Josef B. Witlin (1917–2008) blong Kworom blong Olgeta Twelef Aposol. “Blong gat rabis tingting i blong giaman o blong lidim man i go rong. . . . Wan we i no gat rabis tingting i wan we i no gat rong, i gat stret tingting, mo wanem i pusum hem i stret, mo laef blong hem i soemaot simpol praktis blong mekem ol jenis evri dei folem ol prinsipol blong stap tru. . . . Mi biliv se i gat bigfala nid blong ol memba blong Jos oli no mas gat rabis tingting. Mo hemia i nidim moa naoia bitim ol nara taem from se i luk se plante long wol ia, oli no andastanem se klin fasin ia i impoten tumas.”¹

Long saed blong fasin blong gat tufes, Presiden Dita F. Ukdof, Seken Kaonsela long Fas Presidensi, i talem:

Tingting long Hemia

?Wanem nao yumi save lanem abaot fasin blong no gat rabis tingting aot long ol smol pikinini? (Luk long Guide to the Scriptures, “Guile.”)



“I no gat wan long yumi i olsem Kraes, olsem we yumi save se yumi sapos blong stap olsem. Be yumi wantem tumas blong winim ol rong blong yumi, mo fasin ia blong mekem sin. Wetem hat mo sol blong yumi, yumi wok blong kam gud moa wetem help blong Atonmen blong Jisas Kraes.”²

Yumi save se “bae Lod i jajem yumi folem ol aksen blong yumi, folem wanem hat blong yumi i wantem, mo folem kaen man o woman we yumi kam.”³ Yet, taem yumi traehad blong sakem sin, bae yumi kam moa klin gud—“mo olgeta we tingting blong olgeta i klin gud, oli save harem gud, from we bambae oli save luk God.” (Matiu 5:8).

Sam Moa Skripja

Ol Sam 32:2; Jemes 3:17;
1 Pita 2:1–2, 22

OL NOT

1. Joseph B. Wirthlin, “Without Guile,” *Ensign*, Mei 1988, 80, 81.
2. Dieter F. Uchtdorf, “Come, Join with Us,” *Liahona*, Nov 2013, 23.
3. *Handbook 2: Administering the Church* (2010), 1.2.1.

Fet, Famle, Help



I Kam long Ol Skripja

Ol smol pikinini oli no gat rabis tingting. Jisas Kraes i talem: “!Yufala i no blokem ol pikinini ya! Yufala i letem olgeta oli kam long mi, from we ol pikinini tu oli gat raet wetem ol man we God i King blong olgeta. . . . Nao hem i putum han blong hem i goraon long ol pikinini ya, mo i putum han blong hem long olgeta, i blesem olgeta” (Mak 10:14, 16).

Kraes i bin tijim tu ol pikinini long Ol Amerika afta we oli bin hangem Hem long kros. Hem i givim oda blong ol pipol oli tekem ol smol pikinini blong olgeta i go long Hem mo “oli putum olgeta i go daon long graon raonabaot long hem, mo Jisas i bin stanap long medel blong olgeta; . . .

“ . . . Mo hem i bin krae, mo grup blong pipol ia i witnes long samting ia, mo hem i bin tekem ol smol pikinini blong olgeta wan afta narawan, mo i bin blesem olgeta, mo i bin prea long Papa from olgeta. . . .

“Mo taem we oli stap lukluk blong luk oli bin sakem ol ae blong olgeta i go long heven, mo . . . oli bin luk ol enjel i stap kamdaon aot long heven olsem we i stap long medel blong faea; mo oli bin kam daon mo oli bin raonem ol smol wan ia, . . . mo ol enjel i bin givhan long olgeta” (3 Nifae 17:12, 21, 24).

PAOA BLONG FET

I Kam long Amba Barlo Dal

Sapos Papa long Heven i mekem yumi fri long olgeta jalenj blong yumi from nomo yumi askem, nao bae Hem i karemaot ol stret eksperiens ia we yumi nidim blong Jisas i sevem yumi.

Long wan yia, taem mi stap long kolej yet, mi stap mekem wan tes mo nek blong mi i stat blong soa. Soa ia i no go lus iven taem we strong taem blong tes i pas finis. Mi go luk dokta mo ol speselis, mo mi traem sam tritmen, be stil, soa ia i bon gohed. Ova long nekis yia, taem mi bin traehad blong gohed wetem soa ia, mi bin stap traehad tu blong leftemap fet blong mi. Mi spendem plante taem blong prea; mi stadi long ol skripja, mo mi askem blong kasem ol prishud blesing. Mi bin filim se sapos mi gat inaf fet, bae mi kam gud bakegen.

Jisas Kraes i hilim ol sikman, olgeta we oli no save luk, olgeta we oli no save wokbaot, mo olgeta we oli gat sik leprosi—folem “bilif blong olgeta” (Matiu 9:29). Mi bin save se Hem i gat paoa blong hilim mi olsem we Hem i bin mekem long plante narafala man long taem we Hem i laef long wol ia. Nao mi talem long miwan se, from se mi no gat inaf fet, hemia nao Hem i no hilim mi, mekem se mi traehad strong moa. Taem mi bin stap gohed wetem tritmen blong mi long bodi, mi bin prea mo mi bin livim kakae mo mi bin stadi mo mi bin biliv. Be yet, soa ia i gogohed nomo.

Olgeta skripja oli tijim yumi se wetem fet, yumi save wokem ol merikel (luk long Matiu 17:20), be yet, mi no kam oraet long smol soa ia. ?Wehem nao paoa long fet blong mi? Nao laswan, mi kwaet nomo mo mi akseptem situesen blong mi, mi faenem ol wei blong gohed nating mi harem i soa, mo mi kam blong stap glad blong

kasem ful save abaot fet mo hiling long wan nara taem long fiuja.

Sam yia afta, mi bin stap storian wetem wan fren we i stap traehad wetem wan sik we i mekem hem i wantem traot; sik ia i sendem hem i go long hospital moa long wan taem, long taem we hem i gat bel. Erin i wantem gat wan narafala bebi, be hem i fraet tumas se bae hem i filim nogud olsem fas taem we hem i gat bel. Hem i talem long mi se hem i bin stap livim kakae mo stap prea mo hem i biliv tru se Papa long Heven bae i no save askem hemia long hem long nambatu taem.

Taem mitufala i stap toktok i go, mi tingbaot skripja ia: “Yufala i stap kwaet; yufala i mas save we mi mi

God” (Ol Sam 46:10). Mi tingting long eksperiens blong miwan blong lanem blong stap kwaet long medel blong ol hadtaem, mo mi talem gud long Erin blong gohed blong gat fet, be i no blong mekem fet blong hem i dipen long sapos yes o no bae hem i sik long nekis taem we bae hem i gat bel.

Taem mi gohed blong stadi long prinsipol ia blong fet, mi tanem i go long toktok blong Alma long saed blong fet, we hem i stap tijim se “sapos yufala i gat fet, yufala i hop long ol samting we yufala i no save luk, we oli tru” (Alma 32:21).

Taem mi tingting hevi long skripja ia, mi faenemaot se fet i no wanem we mi tingting long hem. Alma i tijim yumi se, fet, i blong hop long ol tru



STAP GIRAP I GO ANTAP I BITIM OL TES

“?Hemia i no wan waes tingting blong Papa long Heven i givim yumi ol tes blong mekem se yumi save girap i go antap i go bitim ol tes ia; blong yumi gat ol responsabiliti we yumi save mekem, blong yumi save wok blong mekem masel blong bodi i kam strong, mo blong gat ol harem nogud blong traem sol blong yumi? ?Yumi no fesem ol temtesen blong testem paoa blong yumi? ?Yumi no fesem ol sik blong yumi save lanem fasin blong save wet longtaem? mo ?yumi no fesem ded blong yumi save kasem wan bodi we i nomo save ded mo i fulap long glori?”

“Sapos evri sikman we yumi stap prea from oli kam gud bakegen, sapos evri stret mo gud man mo woman oli gat proteksen mo ol nogud man oli lus, bae ful program blong Papa bae i no wok, mo stamba prinsipol blong gospel, fridom blong joes, bae i stop. Bae i no gat man we bae i nid blong laef wetem fet.”

President Spencer W. Kimball (1895–1985), *Teachings of Presidents of the Church: Spencer W. Kimball* (2006), 15.



prinsipol. Blong gat fet i no minim se bae yumi bilivim se Papa long Heven bae i givim yumi, oltaem, wanem we yumi askem long taem we yumi askem. Blong gat fet se Kraes bae i hilim nek blong mi, o blong wantem se bae Hem i mekem Erin i nomo sik long taem we hem i gat bel, i no blong gat fet long ol tru prinsipol. Be, yumi save gat fet se Kraes i gat paoa blong hilim man, se Hem i save mo lukluk long yumi, se bae Hem i mekem yumi kam strong moa, mo sapos yumi stap strong gud, bae yumi save kwalifae blong kasem laef we i no save finis.

Lod i promisesem: “Eni samting we bae yu askem wetem fet, bilivim se bae yu kasem long nem blong Kraes, bae yu kasem samting ia” (Inos 1:15). Mi biliv se paoa long promes ia i stap long kaonsel blong biliv “long

nem blong Jisas Kraes.” Insaed long Baebol Diksonari long saed blong prea, i stap tijim yumi se yumi prea long nem blong Kraes taem tingting blong yumi i olsem tingting blong Kraes, mo ol samting we yumi wantem i olsem ol samting we Kraes i wantem—taem ol toktok blong Hem oli stap long yumi (Jon 15:7). Nao bae yumi askem ol samting we i posibol blong God i givim long yumi. Plante prea, oli no gat ansa from se oli no mekem long nem blong Kraes nating; oli no ripresentem nating tingting blong Hem, be i kamaot long selfis fasin blong hat blong man.”

Taem yumi askem wan samting wetem fet, we i go wetem tingting blong God, bae Hem i givim long yumi folem tingting blong hat blong yumi. Papa long Heven i save yumi, i lavem yumi, mo i wantem se yumi gat evri

samting we i nid blong yumi gobak long ples blong Hem. Mo samtaem, ol samting ia oli ol tes, ol trabol, mo ol jalenj (luk long Fas Pita 1:7). Sapos Papa long Heven i mekem yumi fri long olgeta jalenj blong yumi from nomo yumi askem, nao bae Hem i karemaot ol stret eksperiens ia we yumi nidim blong Jisas i sevem yumi. Yumi mas lanem blong trastem plan we God i gat blong yumi, mo blong mekem tingting blong yumi i folem tingting blong Hem. Taem yumi stretem ol samting we yumi wantem wetem ol samting we Hem i wantem, fasin ia blong yumi dipen evriwan long Hem bae i save mekem yumi kwalifae blong kasem risal blong fet blong yumi, we i blong God i sevem sol blong yumi (luk long Fas Pita 1:9). ■

Woman we i raetem hemia i stap long Arisona, YSA.

FAMLE HAOS NAET— !YU SAVE MEKEM!

Nomata se famle blong yu i olsem wanem, famle haos naet i save blesem mo mekem yu kam strong moa.

Wan papa i taed afta wan longfala dei blong wok, mo i faenem famle blong hem i stap traehad wetem sam nogud filing. Hem i Mande dei naet, mo i luk se i no posibol blong gat famle haos naet. Afta we tufala i talem wan prea blong kasem help, papa mo mama, tufala i disaed blong mekem ol samting oli simpol nomo. Oli singaotem famle i kam tugeta, oli singsing wan hym mo prea tugeta. Tufala i givim wan smol kandel long wanwan memba blong oli laetem mo semtaem tokbaot wan samting we i bin givim insperesen long olgeta i no longtaem i pas. Insaed long wan rum we i tudak, laet blong ol kandel i ripresentem insperesen mo i pulum tingting blong ol pikinini. Taem oli stap serem ol testimoni blong olgeta, wan filing blong swit pis mo lav i kam insaed long hom. Famle i endem naet ia wetem fasin blong talem tangkyu blong save gat haos naet.

?Yu yu save se famle haos naet i wan program blong Jos we i stap blong 100 yia finis? Long Epril 1915, Fas Presidensi i daerektem ol memba blong putum wan naet long wan wik i stap blong mekem famle prea, miusik, lanem gospel, talem stori, mo gat aktiviti. (Luk long pej 80 blong luk wan smol pat blong Fas Presidensi leta ia.) Ol profet oli gohed blong mekem yumi tingbaot se i impoten blong gat famle

haos naet. “Yumi no save letem nomo blong yumi no wantem save long program ia we i kam tru long insperesen long heven,” Presiden Tomas S. Monson i talem. “Hem i save mekem wanwan memba blong famle i gro, i helpem hem blong stanap agensem ol temtesen we oli stap long evri ples.”¹

Hemia sam fasin blong stap tingbaot oltaem taem yu stap mekem famle haos naet i pat blong wik blong yu:

Hemia i blong mi. “Famle haos naet i blong evriwan.” Elda L. Tom Peri blong Kworom blong Olgeta Twelef Aposol i talem.² Yumi evriwan—we yumi mared, we yumi singgel, we i gat pikinini o no gat pikinini—i save putum taem ia i stap blong mekem famle i kam strong moa mo i lanem gospel.

Mi save faenem taem. Jos i soem eksampol taem hem i putum Mande dei naet i fri mo i no gat aktiviti blong Jos. Yu save soem long Lod mo famle blong yu se yu wantem putum taem i stap blong wanem we i moa impoten.

Mi save faenem wanem we bae i wok blong famle blong mi. Sapos famle blong yu i stap long ol defren ples, traem blong gat wan “intanet famle naet” blong toktok wetem ol memba blong famle tru long intanet o long telefon. ?I gat wan i wok let long naet? Holem wan “famle paking naet” kolosap long wokples long

taem we memba blong famle i spel smol. Wan papa we i divos i bin gat wan “famle leta naet” evri Mande dei, i stap raet i go long ol pikinini blong hem we oli stap longwe long hem.³ Mekem ol samting we oli kam blokem rod i wan wei blong faenem moa samting blong mekem.

Mi save stat long wik ia. Famle haos naet, oli save oganaesem folem ol nid mo ol situesen blong hom blong yu. Hemia samfala tingting:

- Statem mo endem famle haos naet wetem wan prea.
- Yusum miusik, wetem ol hym mo ol singsing blong Praemer i.
- Lanem samting aot long ol skripja mo ol toktok blong ol profet blong tedei.
- Mekem fulap defren kaen aktiviti o pleiplei, ol seves projek, mo ol aktiviti we i lukluk long gospel, wik afta wik.
- !Gat gudfala taem! Pleiplei long wan gem o mekem smol kaekae.
- Mekem famle haos naet evri taem. Sapos yu no save mekem long Mande dei, faenem wan nara dei we i wok gud.

Mi wantem ol blessing. Ol profet oli promesem se sapos yumi tekpat long famle haos naet, ol bigfala blessing bae oli kam: Lav mo fasin blong stap obei long hom bae i kam antap moa. Bae



fet i kam bigwan insaed long hat blong olgeta yut. Ol famle bae “i kasem paoa blong faet agensem ol ivel fos mo ol temtesen” we oli stap raonem olgeta.⁴

Nomata we ol famle haos naet blong yufala oli no ol eksperiens we oli go stret evriwan long evri taem, famle blong yu bae i kam strong moa mo bae i kasem blesing tru long ol hadwok blong yu. “Wanwan famle haos naet i taem wan i pentem wan laen long peinting blong sol blong yumi,” Elda Deved A. Bedna blong Kworom blong Olgeta Twelef Aposol i tijim. “I no gat wan taem we i bigbigwan o bae yumi tingbaot oltaem.

Be semmak olsem wanwan laen we oli pentem i kam joenem narawan mo mekem wan naesfala peinting, taem yumi stap strong oltaem blong mekem ol smol samting oltaem, i save lidim yumi long ol bigfala risal long saed blong spirit.”⁵ ■

OL NOT

1. Thomas S. Monson, “Constant Truths for Changing Times,” *Liahona*, Mei 2005, 19.
2. L. Tom Perry, “Therefore I Was Taught,” *Ensign*, Mei 1994, 38.
3. “Family Home Evening: Any Size, Any Situation,” *Ensign*, Dis 2001, 42.
4. First Presidency, insaed long James R. Clark, komp., *Messages of the First Presidency of The Church of Jesus Christ of Latter-day Saints*, 6 vols. (1965–75), 4:339.
5. David A. Bednar, “More Diligent and Concerned at Home,” *Liahona*, Nov 2009, 19–20.

PUTUM I KAM FASWAN

“Mifala i givim kaonsel long ol papa mo mama, mo ol pikinini, blong putum i kam faswan ol famle prea, ol famle haos naet, gospel stadi mo tijing, mo ol gudfala famle aktiviti. Nomata we ol nara klin samting o aktiviti we oli stret i save hapen, be oli no mas kam faswan long ol diuti we i tabu we oli bin givim long ol papa mo ol mama nomo mo ol famle.”

Fas Presidensi Leta, 11 Feb 1999

HEM I GIRAP BAKEGEN LONG DED

Wan fet we i no muvmuv long Kraes i nid we i moa impoten blong wol tedei.



**I Kam long Presiden
Deved O. MaKei
(1873–1970)**

Nambanaen Presiden
blong Jos

*Deved O, MaKei i bon
long namba 8 Septemba
1873. Oli odenem hem i*

*kam Aposol long namba 9 Epril 1906, taem
hem i gat 32 yia, mo long namba 9 Epril
1951, oli sastenem hem i kam nambanaen
Presiden blong Jos. Wanem i kam afta oli
samfala toktok blong hem we i kamaot long
wan toktok we hem i bin givim long Epril
1966 jeneral konfrens. Blong ridim ful tok-
tok, luk long Conference Report, Epr 1966,
55–59.*

Sapos merikel i wan samting we i shapen we paoa blong hem i bitim bigfala waes tingting blong man, nao Laef Bakegen long Ded blong Jisas Kraes i merikel we i moa bigbigwan blong evri taem. Insaed long merikel ia, i kamaot klia se God i gat olgeta paoa mo man bae i nomo save ded.

Laef Bakegen long Ded i wan merikel, be, long wei ia nomo se hem i bitim save mo andastaning blong man. Long evriwan we oli akseptem hemia olsem wan samting we i rili hapen, hemi soemaot se hem i wan loa blong laef we i stap oltaem. . . .

KRAES WE I LAEF

Ridim testimononi abaot Jisas Kraes we ol aposol mo ol profet blong tedei oli talem we i stap long *Liahona*, Epr 2000, 2–3.

Putum olsem wan samting we i rili hapen se Kraes i bin tekem bodi blong Hem mo i bin kamaot olsem wan man we i gat glori mo i laef bakegen long ded, nao yu stap ansarem kwestin blong evri taem: “Sapos mifala i ded, bambae mifala i no save laef bakegen?” (Job 14:14).

Ol Witnes blong Laef Bakegen long Ded

Se Kraes i laef bakegen long ded, mo i aot long gref, hemia i wan tru samting long ol disaepol we oli bin save Hem stret. Long maen blong olgeta, i no gat tu tingting i stap. Oli bin witnesem samting ia; oli save from ae blong olgeta i luk, sora blong olgeta i harem, han blong olgeta i filim bodi blong Hem we i Ridima we i girap bakegen long ded.

Pita, jif Aposol, long taem ia we olgeta leven oli bin mit blong jusun wan ia blong tekem ples blong Judas Iskariot, i talem: “Wan man i mas joen long mifala bakegen, blong talemaot Jisas ya we i Masta blong yumi, we i laef bakegen long ded. Man ya i mas wan long olgeta ya we oli stap wetem mifala bifo, long olgeta taem ya we Jisas i stap wokbaot wetem mifala.” (Ol Wok 1:21–22). . . .

Long wan nara taem, Pita i talemaot, long fored blong ol enemi blong olgeta, ol stret man ia we oli bin kilimded Jisas antap long kros: “Olgeta laen blong Isrel. Yufala i lesin long ol tok ya. God i mekem Jisas i laef bakegen finis, mo mifala evriwan

ya i stap talemaot samting ya” (Ol Wok 2:22, 32). . . .

Sam Moa Skripja

Jos blong Jisas Kraes blong ol Lata-dei Sent i stanap wetem Pita, wetem Pol, wetem Jemes, mo wetem evri nara fas Aposol we oli bin akseptem Laef Bakegen long Ded, i no olsem wan tru samting nomo, be tu, olsem en blong evri tabu misin we Kraes i gat blong mekem long wol ia.

Eitin handred yia afta we Jisas i ded antap long kros, Profet Josef Smit i talemaot se Lod we i girap long ded i kamaot long hem, i talem: “Mi bin luk tu Man, we i no gat wan toktok we i save tokbaot laet mo glori blong Tufala, mo Tufala i stap flot nomo long ea antap long mi. Wan long Tufala i toktok long mi, i singaotem nem blong mi, mo talem wetem fingga blong Hem i poenem narawan—*Hem, Hem i Pikinini blong Mi we Mi Lavem Tumas. !Lisin gud long hem!*” (Luk long Joseph Smith—History 1:17). . . .

Sapos testimononi blong Josef Smit i wan testimononi ia nomo we yumi gat, bae hem i stap we Kraes i tokbaot testimononi blong Hemwan taem Hemwan bakegen i tokbaot Hem, we i no nid; be Jisas i gat testimononi blong God, mo hemia blong ol Aposol. Mo Josef Smit i gat ol narafala witnes we oli talem semmak testimononi olsem blong hem, mo trutok blong testimononi ia i bin kamaot klia taem enjel Moronae i kamaot long olgeta. . . .

. . . Jos blong Jisas Kraes blong Ol Lata-dei Sent i taltalemaot tu visen blong glori blong Profet Josef Smit:



se Kraes i Pikinini blong God, mo i Ridima blong wol! I no gat wan tru-wan we i folem Hem we bae i akseptem Hem nomo olsem wan bigfala man blong jenisim samting, stret tija, o iven olsem wan man ia we i stret evriwan. Man blong Galili i *stret* Pikinini blong God we i stap laef. Hemia i no wan pikja toktok. . . .

Bon Bakegen wetem Tru Hat

I no gat wan i save disaed blong yusum long evri dei laef blong hem ol tijing blong Jisas blong Nasaret, mo i no filim wan jenis long ful bodi blong hem. Toktok ia, “bon bakegen” i gat dip mining bitim wanem pipol i tingting long hem. . . . Hem we i rili filim paoa ia we i leftemap man, we i jenisim man we i kam kolosap long Sevyia, i kam stret brata blong Kraes we i laef, hem ia, i wan hapi man o woman. Mi talem tangkyu se mi save se Kraes i Ridima blong mi. . . .

Mesej blong Laef Bakegen long Ded i mesej ia we i givim moa kamfot, i gat moa glori we oli save givim long man; from we taem ded i tekem wan we yumi lavem tumas, hat blong yumi we i harem nogud, i stap harem gud long hop mo stret toktok we i stap long ol toktok ia: “*Hem i no stap long ples ia. !Hem i laef bakegen finis!*” [luk long Matiu 28:6; Mak 16:6].

Wetem evri sol blong mi, mi save se Jisas Kraes i winim ded, mo from Ridima blong yumi i stap laef, bae yumi tu, bae yumi laef. ■

Oli stretem fasin blong raetem toktok mo seperetem sentens.

Mo nao, afta long plante testimoni we oli bin givim abaot hem, hemia i testimoni, laswan long evriwan, we hem i givim abaot Hem: se !Hem i stap laef! (Luk long D&C 76:22.) . . .

From ol testimoni ia we oli no save kwestinim, we ol Aposol blong bifo oli talem—ol testimoni we oli raetemdaon sam yia afta we Laef Bakegen long Ded i bin hapen—from bigfala visen ia blong Kraes we i stap laef long taem tedei, i tru, i had blong andastanem olsem wanem ol man oli save sakemaot Hem yet, mo save gat tu tinting se man i save kasem wan bodi we i nomo save ded.

Wanem Yumi Nidim Tedei

Wan fet we i no muvmuv long Kraes i nid we i moa impoten blong wol tedei. Hem i moa bitim wan filing. Hem i paoa we i muv i go long aksen, mo i mas stap olsem stamba blong evri fos we i pusum man long laef blong man. . . .

!Sapos nomo ol man oli mekem tingting blong Hem, be i no blong stap lukluk nomo long hol blong ston ia we i tudak mo i no naes be oli talem ae blong olgeta i go long heaven mo save se Kraes i bin girap! . . .

!Jos blong Jisas Kraes blong Ol Lata-dei Sent i talemaot long ful wol

PAOA BLONG

WOMAN



BLONG LIDIM TINGTING LONG SAED BLONG SPIRIT

“Mifala i askem evri woman blong Jos ia blong stanap tugeta from stret mo gud fasin . . .

Mi luk hemia olsem wan hop we i saen we i saen, long wol [ia]—Presiden Godon B. Hinkli (1910–2008)



*?Yumi save o no, paoa blong yumi long
saed blong spirit?*

I Kam long Starla Awakamp Batla

P lante gudfala woman insaed long Jos we oli ol woman we oli gat tingting we i stap daon oli givim ful seves mo oli no luksave olsem wanem laef blong olgeta i stap tajem ol narawan—olsem wanem oli stap ol eksampol blong seves blong olgeta long wol ia mo olsem wanem oli ol histri blong paoa long saed blong spirit. Wan woman olsem i bubuwoman blong mi, Seri Pitasen. Hem i bin fetful blong givim seves long ol kwaet koling, long ful laef blong hem. Sapos yu askem hem, bae hem i talem se hem i no gat fulap talen blong givim long wol ia. Be, taem mi stat blong lanem samting abaot laef blong hem, mi kam blong luksave hamas nao paoa blong hem long saed blong spirit i tajem laef blong mi.

Papa mo mama blong Seri oli stop blong kam long jos, mo tufala i divos taem hem i yangfala yet, mekem se hem i groap wetem wan mama, Florens, we hem tu i stap wok. Florens, oli no lukaot gud long hem tu taem hem i smol pikinini, from hem i groap long wan boding skul, mo mama blong hem, Jojia, i laef long wan laef we i folem fasin blong wol. Nomata long ol jalenj blong hem taem hem i stap groap, Seri i gohed blong stap aktiv insaed long gospel, i fetful blong go long Jos wetem famle blong bigfala bubuwoman blong hem, Elisabet, o wetem ol fren. Hem i luk, insaed long ol famle blong olgeta, wanem we hem i wantem blong hemwan. Hem i no save stret se wan famle i luk olsem wanem, be hem i save se bae i no olsem wanem, mo hem i gat strong tingting blong fiuja famle blong hem bae i defren.

Hasban blong Seri—bubuman blong mi, Del—i bin talem long mi wan taem: “Blong gat wan testimoni, yu mas wantem blong gat wan. Oltaem Seri i wantem wan testimoni.” Nomata we ol fas yia blong mared blong tufala i fulap long ol trabol, tufala i gat strong tingting blong stap strong olsem wan famle. Tufala i lesaktiv long fas yia blong mared blong tufala from taem blong wok blong Del; be wan koling blong givim seves long Praemeri i pusum Seri blong stat kam long Jos, mo Del i joenem hem long Jos i no longtaem afta, olsem wan advaesa blong kworom blong

OL GEL BLONG HAE GOD, I KAM LONG KATUN PITASON, NO SAVE MEKEM KOP!

ol dikon. Tufala i bin aktiv mo strong insaed long Jos afta long hemia. Strong tingting blong Seri blong wantem givim seves mo strong tingting blong lukaotem wan strong famle, i bin helpem mama blong mi blong kam strong woman we hemi stap, mo eksampol blong mama blong mi i bin helpem mi blong disaed se laef blong mi bae i olsem wanem, speseli naoia we mi statem famle blong miwan.

Olsem ol woman, yumi gat bigfala paoa long saed blong spirit we i save lidim laef blong olgeta we oli stap raon long yumi. I tru. Josef Smit i bin tijim se rol blong yumi i no “blong givhan long olgeta we oli pua nomo, be tu, blong sevem ol sol.”¹ Jisas Kraes i singaotem ol woman blong Jos ia blong stap ol disaepol blong Hem, mo blong stap strong long saed blong spirit. Paoa mo fos blong yumi long saed blong spirit oli stamba blong progres blong wok blong fasin blong sevem man, mo yumi nidim blong faenem ol janis blong mekem olgeta raon long yumi oli kam strong moa long saed blong spirit. Taem yumi mekem olsem, fet mo stret mo gud fasin blong yumi bae i stap i gogohed bitim wanem we yumi save luk.

Oli Singaotem Yumi blong Stap Ol Disaepol

Elda James E. Talmej (1862–1933) blong Kworom blong Olgeta Twelef Aposol i bin raetem se: “Jampion blong wol blong ol woman mo fasin blong stap olsem woman, i Jisas we i Kraes.”² Eksampol. Tingting long wanem Hem i bin tijim long tufala disaepol blong Hem, we tufala i woman, insaed long Niu Testeman, we oli sista Meri mo Marta. Buk ia, *Daughters in My Kingdom* i eksplenem: “Luk 10 i tekem stori blong Marta we i openem haos blong hem long Jisas. Hem i givim seves long Lod taem hem i tekem kea long ol nid blong hem long saed blong wol ia, mo Meri i sidaon long leg blong Masta mo i tekem ol tijing blong Hem.

“Long wan taem we oli stap wantem luk se ol woman oli lukluk nomo long seves long saed blong wol, Sevyia i tijim Marta mo Meri se ol woman oli save tekpat tu, long saed blong spirit, long wok blong Hem. Hem i invaetem tufala blong kam ol disaepol blong Hem o kasem fasin blong sevem man, ‘gud pat ia’ we bae i neva kamaot long olgeta.”³

Olsem Marta, samtaem yumi mekem mistek ia blong tingting se fas wok blong ol woman i blong givim seves

long saed blong ol samting blong wol, olsem blong kukum kaekae, blong somap, mo blong mekem klinap blong ol narawan. Seves ia i gat valiu mo i wan sakrifae we oli ho-



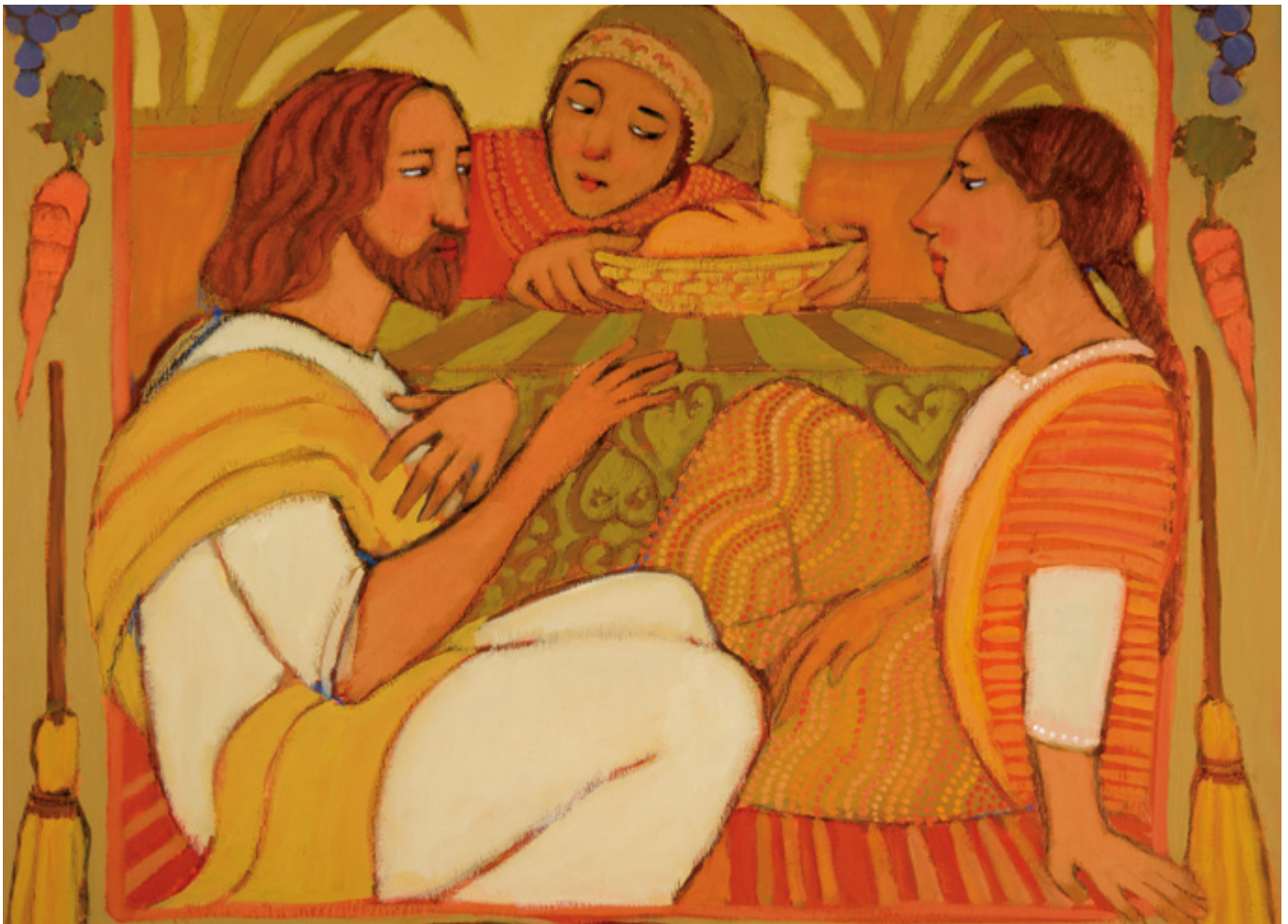
Fo jeneresen: Elisabet (lef), i holem apugel blong hem, Florens. Ani (medel) i kam long Yuta wetem papa mo mama blong hem, mo hem i mama blong Elisabet. Jojia (raet) i gel blong Elisabet, be Jojia mo gel blong hem, Florens, tufala i aot long Jos. Fetful Elisabet nao, i helpem smosmol apugel blong hem, Seri, mo afta, laen blong Seri i kambak long gospel.

lemtaet; Be, Hem i nidim moa bitim ol sista we oli save somap mo kuk, Lod i nidim ol woman wetem paoa long saed blong spirit, we fet mo stret mo gud fasin blong olgeta, mo jareti blong olgeta i saen long laef blong olgeta. Hem i save se yumi gat plante blong givim. Jisas Kraes i singaotem *evriwan* long yumi blong developem paoa long saed blong spirit, mo blong yumi save kasem mo tekem aksen long revelesen blong help blong muvum wok blong Hem i go fored. Linda K. Beton, Rilif Sosaeti jeneral presiden, i talem long ol sista: “!Oli sendem yufala i go long wol long dispensesen blong taem ia from se yufala nao i mas mekem samting, mo yufala nao oli mekem yufala i rere blong mekem olgeta samting ia! Nomata wanem

we Setan i traem blong winim tingting blong yumi blong tingbaot huia yumi, !tru aedentiti blong yumi i we yumi wan disaepol blong Jisas Kraes!”⁴

Lod i save yumi, mo i save situesen blong yumi, mo Hem i gat wan wok blong wanwan long yumi i mekem long wol ia. I no gat ol sista we oli save samting smol, o i no gat inaf talen blong stap olsem wan paoa long saed blong spirit, blong mekem gud mo blong tekem ol narawan oli kam long Kraes. Wetem ol tabu fasin ia, yumi gat responsabiliti blong kam ol lida long saed blong spirit long ol hom mo ol komuniti blong yumi. Elda M. Rasel Balad blong Kworom blong Olgeta Twelef Aposol i talemaot: “Evri sista insaed long Jos we i bin mekem ol kavenan wetem Lod, i gat wan tabu responsabiliti blong help blong sevem ol sol, blong lidim ol woman blong wol, blong mekem ol famle blong Saeon oli kam strong mo blong bildimap kingdom blong God.”⁵

Yumi no nid blong stap long ol hae posisen, o blong mekem ol bigfala samting blong helpem olgeta we oli stap raon long yumi blong mekem ol joes we bae i lidim olgeta blong kam kolosap moa long Jisas Kraes—we i diuti blong yumi we i moa impoten. Tugeta, samting we i moa bigwan, mo samting we i moa smol we yumi mekem long laef blong wan o tu pipol, iven famle blong yumiwan nomo, i save tajem bigwan laef blong hem.



Ol Woman insaed long Wok blong Fasin blong Sevem Man

Wan hym we yumi laekem tumas i talem: “Wok blong ol enjel, oli givim long ol woman; Mo hemia i wan presen we, yumi, olsem ol sista, yumi talem se i blong yumi.”⁶ Yumi gat plante blong givim long laef blong olgeta we yumi lavem olgeta. Elda Rijad G. Skot blong Kworum blong Olgeta Twelef Aposol i serem samfala stori long olsem wanem nao paoa long saed blong spirit blong 2 woman i tajem laef blong hem:

“Taem mi yangfala, papa blong mi i no wan memba blong Jos mo mama blong mi i kam lesaktiv. . . . Sam manis afta long namba-eit betdei blong mi, Bubuwoman Witel i krosem kantri blong kam visitim mifala. Bubuwoman i wari se mi mo bigfala brata blong mi, mitufala i no baptaes yet. Mi no save wanem hemi talem long papa mo mama blong mi long

*“Sevya i tijim Marta
mo Meri se ol wo-
man oli save tek-
pat tu, long saed
blong spirit, long
wok blong Hem.
Hem i invaetem
tufala blong kam
ol disaepol blong
Hem o kasem fasin
blong sevem man.”*

saed ia, be mi save se, long wan moning, hem i tekem brata blong mi mo mi i go long pak mo i serem ol filing blong hem, se hem i save se i impoten blong baptaes mo go long miting blong Jos oltaem. Mi no tingbaot stret toktok blong hem, be ol toktok blong hem i stiarem wan samting insaed long hat blong mi, mo i no long-taem afta, brata blong mi mo mi, mitufala i kasem baptaes. . . .

“Bubuwoman i yusum inaf paoa long tingting mo respek blong helpem papa blong mifala blong luksave se i impoten blong hem i draevem mitufala i go long jos blong mitufala i go long miting blong mitufala. Long evri stret wei, hem i helpem mifala blong filim nid blong gat gospel insaed long laef blong mifala.”⁷

Wan seken ples blong paoa long saed blong spirit, i waef blong Elda Skot, Janin. Taem tufala i stat blong deit, tufala i stat blong tokbaot fluja. Janin, we i groap



BEBU, I KAMI LONG KATLIN PITASON, NO SAVE MEKEM KOPU

insaed long wan strong misinari hom, i talemaot se hem i wantem maredem wan riten misinari insaed long tempol. Elda Skot, we i no tingting tumas blong go long wan misin, i tingting mo toktok ia i tajem hem. "Mi go hom, mo mi no save tingbaot wan nara samting moa. Mi wekap ful naet. . . . Afta plante prea, mi mekem desisen blong mit wetem bisop blong mi mo stat blong fulumap pepa blong go long misin."⁸ Nomata Janin i lidim hem mo i givim hem toktok we hem i nidim, Elda Skot i talem: "Janin i neva askem mi blong go long misin *blong hem*. Hem i lavem mi inaf blong serem strong tingting blong hem, mo afta, hem i givim janis long mi blong wokemaot daareksen we mi wantem tekem long laef blong mi. Mitufala tugeta i bin go long misin, mo afta mitufala i bin sil long tempol. Strong paoa long tingting mo komitmen blong Janin long fet blong hem i mekem evri samting i defren long laef blong mitufala tugeta. Mi save stret se bae mitufala i no save

Wan hym we yumi laekem tumas i talem: "Wok blong ol enjel, oli givim long ol woman; Mo hemia i wan presen we, yumi, olsem ol sista, yumi talem se i blong yumi." Yumi gat plante blong givim long laef blong olgeta we yumi lavem olgeta.

faenem hapines we mitufala i bin gat sapos i no strong fet blong hem long prinsipol ia blong givim seves long Lod faswan. !Hem i wan gudfala mo stret mo gud eksampol!"⁹

Hem i strong paoa long saed blong spirit blong olgeta woman ia long laef blong hem we i bin helpem wan yang man nomo—Elda Skot—blong hem i mekem sam desisen we oli impoten tumas long laef blong hem; blong hem i kasem baptaes, blong hem i go long wan misin, mo blong hem i mared long tempol.

Yumi save helpem ol narawan blong oli wantem mekem ol gudfala joes tru long eksampol, aksen, toktok, mo stret mo gud fasin blong yumiwan. Sista Karol M. Stifen, fas kaonsela long Rilif Sosaeti jeneral presidensi, i taltalemaot: "Yumi ol kavenan gel insaed long kingdom blong Lod, mo yumi gat janis blong stap olsem ol tul long han blong Hem. . . . Yumi tekpat long wok blong fasin blong sevem man long ol smol mo

simpol wei—blong lukaot gud, mekem i kam strong moa, mo tijim wanwan long yumi.”¹⁰ Taem yumi stap dipen long Spirit mo gogohed blong traehad wetem tru tingting mo wan tingting we i stap daon blong helpem olgeta raon long yumi, yumi stap kam kolosap moa long Kraes, bae Hem i lidim yumi long wanem yumi save mekem, mo Hem i givim paoa blong mekem, mo bae yumi filim glad ia blong tekem ol pikinini blong Lod i go long Hem.

Kam Wan Paoa blong Lidim Man long Saed blong Spirit

Taem yumi save responsabiliti blong yumi, maet bae yumi askem semmak olsem ol disaepol blong bifo: “?Bambae mifala i mekem olsem wanem?” (Ol Wok 2:37) blong stap olsem wan paoa blong lidim man long saed blong spirit? Long wan jeneral konfrens we i jes pas, Sista Beton i invaetem ol sista blong traem tingting long “samfala ‘Oli Nidim’ saen long saed blong spirit we i go wetem wok blong fasin blong sevem man:

- Oli Nidim: ol mama mo papa blong lukaotem pikinini blong olgeta long laet mo trutok
- Oli Nidim: Ol gel . . . , ol sista . . . , ol anti . . . , ol kasen, mo ol bubu mo ol tru fren blong stap olsem ol tija mo givhan folem kavenan rod ia
- Oli Nidim: olgeta we oli lisin long ol toktok blong Tabu Spirit mo stap mekem folem ol toktok ia we oli kasem
- Oli Nidim: olgeta we oli laef folem gospel evri dei long ol smol mo simpol wei
- Oli Nidim: ol famle histri mo tempol wokman blong joenem ol famle blong taem we i no save finis
- Oli Nidim: ol misinari mo ol memba blong taltalemaot “gud nius”—gospel blong Jisas Kraes
- Oli Nidim: Ol man blong sevem olgeta we oli lulum rod blong olgeta
- Oli Nidim: olgeta pipol we i kipim kavenan blong stanap strong from trutok mo raet
- Oli Nidim: ol tru disaepol blong Lod Jisas Kraes.”¹¹

Olgeta samting ia oli no ol niufala samting, be taem yumi stap luklukgud blong faenem ol janis blong teapat long wok blong fasin blong sevem man, bae yumi save kam antap long paoa blong yumi blong helpem olgeta raon long yumi. Elda Balad i talem: “I no gat wan samting long wol ia, we i blong yuwan, we i fidim gud yu, o i olsem samting blong jenisim laef, be paoa blong wan stret mo gud woman nomo we i save lidim tingting.”¹² Taem yumi stap developem paoa blong yumi long saed blong spirit tru long prea blong yumiwan mo skripja stadi, fasin blong obei evriwan, mo fasin blong stap fetful blong kipim ol kavenan blong yumi, bae yumi kam paoa ia blong lidim tingting.

I Bitim Wanem we Yu Save Luk

Presiden Brigham Yang (1801–1877) i talem: “?Yu yu save talem hamas gud nao ol mama mo ol gel long Isrel oli gat paoa blong mekem? No. I no posibol. Mo ol gud samting we bae oli mekem, bae i folem olgeta i go long evri taem we i no save finis.”¹³

Ol stret mo gud desisen blong bubuwoman blong mi i tajem laef blong ol jeneresen blong famle blong hem i go bitim wanem we hem i save luk olsem wan yang woman. Be, paoa blong lidim tingting blong ol woman insaed long famle blong mi long saed blong spirit i stat longlongtaem bifo. Seri i kasem plante paoa blong hem long saed blong spirit taem hem i bin stap lukluk bigfala bubuwoman blong hem (nambatri bigfala bubuwoman blong mi) Elisabet. Eksampol blong Elisabet, long saed blong fet mo testemoni i go bitim 2 jeneresen we i no kam long Jos, blong helpem smosmol apugel blong hem, Seri, blong tanem wan fasin blong brokbrok famle, mo kambak long Jos.

Taem yumi kam wan paoa long saed blong spirit long olgeta raon long yumi, paoa blong yumi blong lidim tingting bae i go bitim wanem we yumi save luk. Presiden Godon B. Hinkli (1910–2008) i talem: “Mifala i askem evri woman blong Jos ia blong stanap tugeta from stret mo gud fasin Oli mas stat insaed long hom blong olgeta. Oli mas tijim hemia insaed long klas blong olgeta. Oli mas talemaot hemia insaed long ol komiuniti blong olgeta. . . .

“Mi luk hemia olsem wan hop we i saen we i saen, long wan wol we i stap wokbaot i go long fasin we bae i prapa spolem nogud hemwan bakegen.”¹⁴

Taem yumi stap mekem folem oda ia, wok blong Lod bae i muv fored, tugeta long wol raon long yumi, mo moa impoten long hemia, insaed long ol famle blong yumi mo insaed long laef blong olgeta we yumi lavem olgeta. ■
Woman we i raet i stap long Yuta, YSA.

OL NOT

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3. Luk long *Daughters in My Kingdom: The History and Work of Relief Society* (2011), 3–4.
4. Linda K. Beton, “Oli Nidim: Ol Han mo Hat blong Muvum Wok I Go Hariap,” *Jeneral Konfrens*, Epril 2014.
5. M. Russell Ballard, “Women of Righteousness,” *Ensign*, Epr 2002, 70.
6. “As Sisters in Zion,” *Hymns*, no. 309.
7. Rijad G. Skot, “Mi Givim Yufala Wan Eksampol,” *Jeneral Konfrens*, Epril 2014.
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9. Rijad G. Skot, “Mi Givim Yufala Wan Eksampol.”
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12. M. Russell Ballard, “Mothers and Daughters,” *Liahona*, Mei 2010, 18.
13. *Discourses of Brigham Young*, sel. John A. Widtsoe (1954), 216.
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HEM I No WAN SIN BLONG NO STAP STRONG

I Kam long Wendi Yulrij

“**M**i mi rili klin inaf blong go insaed long haos blong God? Olsem wanem bae mi klin inaf sapos mi mi no stret gud evriwan?”

“I tru se God i rili save tanem ol samting we mi no strong long olgeta oli kam olsem ol paoa blong mi? Mi bin livim kakae blong plante dei blong problem ia i kamaot long mi, be i no gat wan samting i jenis.”

“Long misin fil, mi bin laef folem gospel oltaem moa bitim eni taem long laef blong mi, be mi neva bin luksave gud ol samting we mi no strong long olgeta. From wanem nao we taem mi bin stap gud tumas, samtaem, bae mi harem nogud?”

Taem yumi stap tingting hevi long ol kwestin olsem, hem i impoten tumas blong andastanem se taem *sin* i stap lidim yumi longwe long God, *fasin we yumi no strong long hem* i lidim yumi i go long Hem.

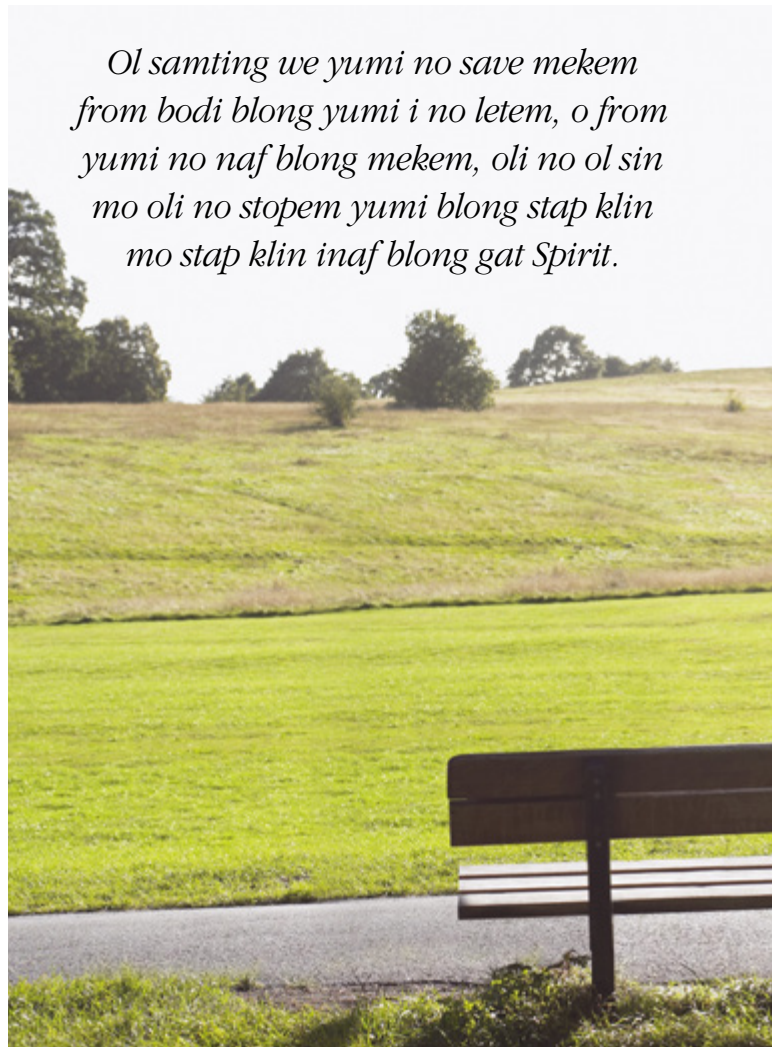
Luksave Wanem I Sin mo Wanem I Samting we Yumi No Strong long Hem

Oltaem yumi tingting se sin o samting we yumi no strong long hem oli ol blak mak we oli gat defren saes we oli stap long klos blong sol blong yumi; oli ol defren level blong fasin blong brekem loa.. Be ol skripja oli talem se sin mo samting we yumi no strong long olgeta oli defren, i nidim defren meresin, mo oli gat paoa blong givim defren risal.

Plante long yumi i save gud long sin, be yumi no wantem admitim, be bae yumi luklukbak: Sin i wan joes blong no obei long komanmen blong God,

o go agensem Laet blong Kraes we i stap insaed long yumi. Sin i wan joes blong trastem Setan i bitim God, we i putum yumi wetem wan filing blong agens long Papa blong yumi. Be Jisas Kraes i no olsem yumi; Hem i no gat sin nating mo Hem i save pem praes from ol sin blong yumi. Taem yumi sakem sin tru—we i minim tu blong jenisim maen, hat, mo

*Ol samting we yumi no save mekem
from bodi blong yumi i no letem, o from
yumi no naf blong mekem, oli no ol sin
mo oli no stopem yumi blong stap klin
mo stap klin inaf blong gat Spirit.*





Taem sin i stap lidim yumi
longwe long God, fasin we
yumi no strong long hem i
lidim yumi i go long Hem.



fasin blong yumi; i blong yumi talem sore we i
stret, o yumi konfes; i blong putumbak samting
taem i posibol; mo i blong nomo rititim sin ia
long fuja—nao yumi save kasem Atonmen blong
Jisas Kraes, kasem fogivnes long God, mo kam
klin bakegen.

Blong kam klin i wan mas, from se i no gat
wan samting we i no klin we i save stap long
ples we God i stap long hem. Be sapos gol blong
yumi i blong no gat rong semmak olsem long
taem ia we yumi aot long ples blong God, bae
i moa gud blong yumi slip long smol bebi bed
blong yumi long ful laef blong yumi. Be, yumi
kam long wol ia blong lanem samting tru long
eksperiens, blong luksave wanem i gud mo wa-
nem i nogud, blong gro mo kam waes mo kasem
skil, laef folem ol valiu we yumi kea long olgeta,
mo kasem ol fasin olsem hemia blong God—ol
progres, ia, yumi no save mekem sapos yumi slip
gud insaed long wan smol bed.

Fasin we man i no strong long sam samting
i plei wan impoten pat long ol stamba ting-
ting blong laef blong yumi long wol ia. Taem
Moronae i bin wari we hem i no strong long fasin
blong raet, mo hemia bae i mekem ol Jentael oli



PROMES BLONG ATONMEN

"Blong putumbak wanem we yu no save putumbak, blong

hilim soa ia we yu no save hilim, blong ripperem samting we yu bin brekem mo no save ripperem, hemia nao stet stamba tingting blong Atonmen blong Kraes.

"Mi ripitim, apat long olgeta ia we oli smol nomo we oli joenem tudak, i no gat wan fasin, wan adiksen, wan fasin blong brekem loa, wan apostasi, wan kraem we i no stap andanit long promes blong ful fogivnes. Hemia nao promes blong atonmen blong Kraes."

Presiden Boyd K. Packer, President of the Quorum of the Twelve Apostles, "The Brilliant Morning of Forgiveness," *Ensign*, Nov 1995, 19–20.

jikim ol tabu samting, Lod i mekem tingting blong hem i kwaet wetem ol toktok ia:

"Mo sapos ol man i kam long mi bae mi soem long olgeta, samting we oli no strong long hem Mi givim long ol man sam samting we oli no strong long olgeta blong mekem se oli save putum tingting blong olgeta i stap daon; mo gladhat blong mi i naf blong evri man we i putum tingting blong olgeta i stap daon long fored blong mi; from sapos oli putum tingting blong olgeta i stap daon long fored blong mi, mo gat fet long mi, afta ol samting we oli no strong long olgeta, bae mi mekem olgeta oli kam strong long olgeta" (Ita 12:27; luk tu long Fas Korin 15:42–44; Seken Korin 12:7–10; Seken Nifae 3:21; mo Jakob 4:7).

Ol samting we skripja ia we yumi save gud i talem, oli dip mo oli invaetem yumi blong luksave wanem i sin (we Setan i pusum yumi long hem) mo wanem i samting we yumi no strong long hem (we

oli tokbaot long ples ia olsem wan samting we God i "givim" long yumi).

Yumi save talem se samting we yumi no strong long hem i olsem limit blong waes, paoa, mo tabu fasin blong yumi we i kam from yumi man nomo. Olsem ol man we i save ded, taem yumi bon, yumi no save mekem samting yumiwan mo mas dipen, we bodi blong yumi i no stret gud mo yumi gat fasin blong yumi. Ol narafala pipol we oli gat ol samting we oli no strong long hem oli lukaot long yumi mo oli raonem yumi; mo ol tijing, ol eksampol, mo fasin we oli mekem yumi oli no stret evriwan mo samtaem i spolem laef blong yumi. Long laef blong yumi long wol ia, yumi go tru long sik long bodi, mo long tingting, mo hanggri mo taed. Yumi gat ol filing blong man, olsem kros, harem nogud mo fraet. Yumi no gat waes, skil, longfala paoa mo paoa long bodi. Mo yumi mas fesem ol plante defren kaen temtesen.

Nomata we Hem i no bin gat sin, Jisas Kraes i joenem yumi fulwan long fasin ia blong no strong long sam samting (luk long Seken Korin 13:4). Hem i bon olsem wan smol bebi we i nidim help, mo olgeta we oli lukaot long hem oli no stret evriwan. Hem i mas lan blong wokbaot, toktok, wok mo wok wetem ol narafala man. Hem i go hanggri, mo i taed, i filim ol filing olsem hemia blong man, mo i save kasem sik, blad blong Hem i save ron,



LUKSAVE WANEM I SIN MO WANEM I SAMTING WE YU NO STRONG LONG HEM

	Sin	Samting we Yu No Strong long Hem
?Mining?	Minim blong no obei long God	Limit blong bodi
?Stamba?	We Setan i pusum yu long hem	Pat blong fasin blong yumi long wol ia
?Eksampol?	Yu save mo yu brekem ol komanmen blong God, mo bilivim Setan i bitim God	Fasin blong save foldaon long temtesen, filing, taed, sik long bodi mo tingting, fasin blong no save samting, fasin blong man, trabol long tingting, ded
?Jisas i bin gat?	No	Yes
?Fasin blong yumi i sapos blong go olsem wanem?	Fasin blong Sakem Sin	Fasin blong gat tingting i stap daon, fet long Kraes, mo traehad blong winim samting
?Ansa blong God we i kambak?	Fogivnes	Gladhat—wan paoa we i givim paoa
?We risal blong hem i?	Lod i klinim yumi long sin	Kasem tabu fasin, kasem paoa

mo Hem i save ded. “Olgeta samting blong traem yumi oli traem hem finis. Be wan samting nomo, hem i no mekem sin.” Nao i mekem Hem i kam blong kasem wan bodi we i save ded, blong “ol wik samting blong yumi i tajem hem” mo blong Hem i helpem yumi long ol wik samting o samting we *yumi* no strong long hem (Hibrus 4:15; luk long Alma 7:11–12).

Yumi no save sakem sin ia blong no strong long wan samting—mo samting ia we yumi no strong long hem i no save mekem yumi no klin. Yumi no save gro long saed blong spirit, be sapos nomo yumi *sakem* sin, mo tu, yumi no stap gro long saed blong spirit be sapos nomo yumi *akseptem* se yumi ol man yumi gat ol samting we yumi no strong long hem, mo yumi fesem wetem tingting we i stap daon mo wetem fet, mo yumi lanem tru long ol samting we yumi no strong long olgeta olsem wanem blong trastem God. Taem Moronae i wari se hem i no strong long fasin blong raet, God i no talem long hem blong hem i sakem sin. Be, Lod i tijim hem blong hem i putum tingting blong hem i stap daon, mo i gat fet long Kraes. Mo taem yumi no stap flas mo yumi stap fetful, God i givim gladhat blong Hem—i no fogivnes—olsem meressin blong samting ia we yumi no strong long hem. Baebol Doksonari i talem mining blong gladhat se i wan paoa we i kam long God we i save mekem wanem we yumi no save mekem yumiwan (luk long Bible Dictionary, “Grace”)—we i stret meressin we i kam long God, we tru long hem, yumi save mekem “ol samting we oli no strong long [yumi], bae [hem i] mekem [yumi] kam strong long olgeta.”

Praktisim Fasin blong Putum Tingting I Stap Daon mo Fet

Stat long stat blong eksperiens blong yumi long Jos, oli tijim yumi ol stamba samting blong fasin blong sakem sin, be ?olsem wanem nao yumi mekem fasin blong putum

tingting i stap daon mo fet i gro? Tingting long olgeta samting ia:

- **Tingting hevi mo prea.** From se yumi no strong, maet bae yumi no luksave sapos yumi stap fesem *sin* (we i minim se yumi mas jenisim maen, hat mo fasin wantaem mo kwiktaem) o sapos yumi stap fesem *samting we yumi no strong long hem* (we i minim se yumi mas gat tingting i stap daon, yumi traehad, yumi lanem samting, mo yumi kam gud moa). Olsem wanem yumi stap lukluk long olgeta samting ia i save dipen long fasin we yumi groap long hem mo sapos yumi kam bigman finis. Mo i save gat sam samting we i tugeta, we i sin mo i samting we yumi no strong long hem long wan fasin blong yumi. Blong talem se sin i wan samting we yumi no strong long hem, i wan eskus be i no wan fasin blong sakem sin. Blong talem se samting we yumi no strong long hem i wan sin, i save mekem man i sem, i blemem hemwan, i lusum hop mo i givap long ol promes blong God. Blong tingting hevi mo prea i helpem yumi blong luksave tufala defren samting ia.
- **Putum ol fas samting oli kam faswan.** From se yumi no strong long sam samting, yumi no save mekem evri jenis we yumi nid blong mekem long wan taem nomo. Taem we, wetem tingting i stap daon, yumi fesem fasin blong yumi, man, blong no strong long wan samting, wan afta wan, yumi save daonem fasin blong no save samting, mekem ol gud fasin oli fasin blong evri dei, kam antap long helt blong yumi long bodi mo long tingting, mo gat longfala paoa, mo mekem tras blong yumi long Lod i kam strong moa. God i save helpem yumi save weaples blong stat.
- **Mekem plan.** From se yumi no strong long sam samting, blong kam strong moa bae i nidim moa bitim

wan filing blong wantem hemia, mo bae i nidim fulap disiplin blong yuwan. Yumi nid tu blong mekem plan, blong lanem samting aot long ol mistek blong yumi, blong yumi developem ol gudfala rod blong wok folem, blong luklukbak long ol plan blong yumi, mo blong yumi traem bakegen. Yumi nidim help we i kam long ol skripja, ol stret gud, mo ol narafala pipol. Yumi stat smol, yumi glad we yumi stap kam gud moa, mo tekem risk (traem samting nomata samting ia i mekem yumi filim se yumi no stap long sef ples o yumi no strong). Yumi nidim sapot blong helpem yumi blong mekem ol gudfala joes, iven taem yumi taed o tingting i kam slak, mo yumi mekem ol plan blong kambak long rod taem yumi mekem mistek.

- **Praktisim fasin blong gat longfala tingting o save wet longtaem.** From se yumi no strong long sam samting, blong mekem jenis i save tekem taem. Yumi no save sakem sin blong yumi long wei ia we yumi stap sakem sin. Ol disaepol we tingting blong olgeta i stap daon, oli glad blong mekem wanem i nid blong mekem, oli lanem blong stanap kwik afta oli foldaon, oli gogohed blong traem, mo oli no givap. Fasin blong putum tingting i stap daon i helpem yumi blong save wet longtaem wetem yumiwan, mo wetem ol narafala man we, olgeta tu, oli gat samting we oli no strong long hem. Fasin blong save wet longtaem i wan wei blong soem fet blong yumi long Lod, blong soem tangkyu from tras we Hem i gat long yumi, mo blong trastem ol promes blong Hem.

Iven taem yumi sakem sin wetem tru tingting, kasem fogivnes, mo kam klin bakegen, bae yumi gohed blong no strong long sam samting. Bae yumi stil fesem sik, filing, no save samting, fasin blong man, taed, mo temtesen. *Be ol samting we yumi no save mekem from bodi blong yumi i no letem, o from yumi no naf blong mekem, oli no ol sin mo oli no stopem yumi blong stap klin mo stap klin inaf blong gat Spirit.*

Ol Samting we Yumi No Strong long Olgeta Oli Kam Paoa blong Yumi

Taem we Setan i wantem tumas blong yusum ol samting we yumi no strong long hem blong trikim yumi blong mekem sin, God i yusum fasin we man i no strong long samting blong tijim, blesem mo mekem yumi kam strong moa. Yumi stap wet blong luk o stap hop se God bae i mekem “ol samting we oli no strong long [yumi], bae [hem i]



LUKSAVE WANEM I RONG WE YU SAVE STRETEM MO KAM ANTAP LONG HEM (HAREM NOGUD OLSEM HEMIA BLONG GOD) MO FASIN BLONG PUTUM TINGTING I STAP DAON AGENSEM GIAMAN SEM WE I NO HELP

Rong we Yu Save Stretem—Harem Nogud from Sin semmak Olsem God	Fet & Fasin blong Putum Tingting I Stap Daon—Fasin olsem Kraes blong No Flas long Samting we Yu No Strong long Hem	Sem we I Prapa Spoalem Gud Man—Giaman we I No Help
Yumi gat fasin blong: • Harem nogud from yumi go agensem standet blong fasin blong yumi. • Sakem sin, jenisim maen, hat mo fasin blong yumi. • Gat open tingting, konfesem ol rong blong yumi, stretem ol samting. • Groap mo lanem samting. • Luk yumiwan se yumi gat gud fasin nomo i stap, mo yumi impoten. • Wantem stretem fasin blong yumi i go wetem gud pikja we yumi gat abaot yumiwan. • Trastem fulwan paoa blong Atonmen blong Kraes, paoa ia we i pemaot man.	Yumi gat fasin blong: • Stap kwaet mo akseptem yumi olsem we yumi stap, iven wetem evri samting we i no stret long yumi. • Traem sam samting blong groap mo tekpat long samting. • Tekem responsabiliti from ol mistek, wantem blong kam gud moa. • Lan aot long ol mistek mo traem bakegen. • Developem wan wei blong laf long ol samting ia, mo stap glad long laef mo ol nara samting. • Luk se ol samting we yumi no strong long olgeta oli givim wan samting we i semmak wetem ol narawan. • Save wet longtaem wetem ol samting we ol narawan oli no strong long olgeta, mo ol samting we i no stret long olgeta. • Kam antap long tras long lav mo help blong God.	Yumi gat fasin blong: • Filim se yumi nating, no gat hop. • Traem blong haedem ol samting we yumi no strong long olgeta blong ol narawan oli no luk. • Fraet blong man i save hemia. • Blemem ol narawan from ol problem. • No save traem samting, luk se taem man i no winim wan samting i olsem wan sem. • Kompit mo komperem yumi wetem ol narafala man. • Yumi rere blong ansabak oltaem, mo yumi stronghed mo yumi no gat wan stret tingting i stap. • Yumi no talem stret samting, o yumi series tumas. • Yumi wari tumas long ol samting we yumi no kasem, o wari se yumi no mas lusum fes. • Fraet se God i sakemaot yumi, mo i nomo laekem yumi.

mekem [yumi] kam strong long olgeta” taem Hem i karemaot fulwan ol samting ia we yumi no strong long hem, be i no olsem oltaem. Taem Aposol Pol i prea long God plante taem blong God i karemaot “nil blong aranis we i stap stikim [hem],” we Setan i stap yusum blong kakae hem, God i talem long Pol se: “Mi mi save givhan long yu long gladhat blong mi, mo hemia i naf blong holem yu. Taem we yu yu no gat paoa, paoa blong mi i save kam stong moa long yu.” (Seken Korin 12:7, 9).

I gat plante wei we Lod i mekem “ol samting we yumi no strong long hem oli kam strong long [yumi].” Nomata Hem i save karemaot samting ia we yumi no strong long hem long wantaem nomo olsem yumi stap hop long hem, long eksperiens blong miwan, hemia i no hapen tumas. Eksampol, mi no luk pruf se God i karemaot fasin blong raet we Moronae i no strong long hem afta long ves ia long Ita 12. God i save mekem ol samting we yumi no strong long olgeta oli kam strong taem Hem i helpem yumi blong wok raon long ol samting ia, mo save laf long hem wanwan taem, o kasem long longfala lukluk long samting ia, mo kam antap long samting ia sloslo wetem taem. Mo tu, ol samting we yu strong long olgeta mo ol samting we yumi no strong long olgeta, plante taem, oli go wan wetem narawan (olsem paoa blong gogohed mo fasin we i no stret blong stap stronghed), mo yumi save lanem blong lukluk plante long paoa mo kontrolem samting we yumi no strong long hem we i go wetem.

I gat wan nara wei, we i gat moa paoa we God i mekem ol samting we yumi no strong long olgeta oli kam paoa blong yumi. From Lod i talem long Moronae long Ita 12:37, “MMo from yu bin luk samting we yu no strong long hem, bae mi mekem yu kam strong, kasem we yu sidaon long ples we mi bin mekem rere long haos wetem plante rum, blong Papa blong mi.”

Long ples ia, God i no stap talem se bae Hem i jenisim ol samting we Moronae i no strong long hem, be blong jenisim Moronae. Taem yumi wok tru long jalenj blong fasin blong man blong no strong long sam samting, Moronae—yumi—i save lanem jareti, lav mo sore, fasin blong no stap flas, save wet longtaem, strong paoa long tingting, save harem nogud, waes tingting, gat longfala paoa, fogivnes, stanap kwik afta wan foldaon, fasin blong talem tangkyu, mo plante narafala klin fasin we i mekem yumi kam moa olsem Papa blong yumi we i stap long Heven. Hemia nao ol stret kwaliti we yumi kam long wol ia blong kam antap long olgeta, ol fasin olsem hemia blong Kraes we i mekem yumi rere blong stap long ol haos we oli gat plante rum we oli stap long heven.

I no gat wan ples we bae yumi luk klia lav, waes tingting mo paoa blong God we i pemaot man, be long paoa blong Hem nomo blong tanem ol traehad blong yumi wetem ol samting we yumi no strong long olgeta oli kam ol klin fasin mo ol paoa olsem hemia blong God, we i mekem yumi kam moa olsem Hem. ■

Woman we i raet i stap long Yuta, YSA.





I Kam long Elda
W. Kristofa
Wadel

Blong Olgeta
Seventi

Reliijin

WE I STRET EVRIWAN

Seves we I No Selfis—fogetem yumiwan, lukluk long ol nid blong ol narawan, mo givim ful taem blong yumi blong givim seves long olgeta —oltaem i bin wan fasin blong ol disaepol blong Jisas Kraes.

Long Matiu japta 11, Sevy a tijim yumi wan impoten lesen tru long wanem we Hem i *no* bin talem blong ansarem wan kwestin we ol disaepol blong Jon Baptaes oli askem:

“Long taem ya, Jon Baptaes i stap long kalabus, mo hemi stap harem nius blong ol wok we Jisas Kraes i stap mekem. Nao hem i sanem sam man blong hem blong oli go askem long hem se:

“?Olsem wanem? ?Yu yu man ya we bifo oli bin talem se ‘wan man bambae i kam,’ no mifala i mas wet yet long wan narafala man bakegen?”

“Nao Jisas i talem long olgeta se: ‘Yufala i gobak long Jon, yufala i talemaot long hem, olgeta samting ya we yufala i stap luk, mo we yufala i stap harem.

“Ol blaenman, naoia oli save lukluk, mo ol man we leg blong olgeta i nogud, naoia oli save wokbaot gud. Mo ol man we oli gat rabis sik blong skin, naoia bodi blong olgeta i klin, mo ol man we sora blong olgeta i fas, naoia sora blong olgeta i open. Ol dedman, naoia oli laef bakegen, mo ol puaman naoia i gat man i stap talemaot gud nius long olgeta” (Matiu 11:2–5).

Hem i no givim wan toktok blong doktrin blong eksplenem se, yes, i tru, Hem nao i man we bambae i kam, be Sevy a tokbaot nomo wanem we Hem i bin mekem—eksampol blong Hem blong givim seves.

Long Epril 2014 jeneral konfrens, Elda Rijad G. Skot blong Kworom blong Olgeta Twelef Aposol i talem

bakegen long yumi: “Yumi givim seves long Papa blong yumi we i stap long Heven long bes wei taem yumi stap lidim tingting blong ol narafalawan long stret mo gud fasin, mo taem yumi givim seves long olgeta. Eksampol we i moa gud we i bin wokbaot long wol ia, i Sevy a blong yumi, Jisas Kraes.”¹

Seves we I No Selfis—fogetem yumiwan, lukluk long ol nid blong ol narawan, mo givim ful taem blong yumi blong givim seves long olgeta—oltaem i bin wan fasin blong ol disaepol blong Jisas Kraes. Olsem we King Benjamin i tijim moa long 100 yia i pas bifo Sevy a i bon i kam long wol: “Taem we yufala i stap wok blong ol narafala man, yufala i stap mekem wok blong God blong yufala nomo” (Mosaea 2:17).

Jemes i mekem yumi tingbaot se wan stamba pat blong “relijin we i stret evriwan” i stap long seves we yumi givim long ol narawan taem yumi “givhan long ol pikinini we oli no gat papa blong olgeta, mo lon gol widowoman, long ol trabol we i kasem olgeta” (Jemes 1:27). “Relijin we i stret evriwan” i moa bitim blong talemaot bilif blong yumi; hem i blong soemaot bilif blong yumi.

Lavem Ol Fren blong Yu we Oli Stap Travel

Long medel blong manis Julae, sam wik nomo afta we waef blong mi, Karol, mo mi i mared long Los Angeles Tempol, mitufala i stap long rod blong mitufala blong go long Yuta, ples we bae mi statem wok blong mi mo

Karol bae i finisim skul blong hem. Mi draevem wan trak mo hemi draevem nara trak. Long tufala trak ia, mitufala i tekem evri samting we mitufala i bin gat.

Long haf rod, Karol i stop long saed blong rod mo i stat blong sakem han long mi. Hemia long taem we i no gat mobaelfon, smatfon, teks mo Twita. Taem mi luk fes blong hem tru long windo blong trak, mi save talem se hem i no oraet. Hem i mekem saen se hem i save gohed blong draev, be mi wari long niufala waef blong mi.

Taem mifala i kam kolosap long smol taon ia, Biva, Yuta, bakegen hem i stop bakegen long saed blong rod, mo mi save luk se hem i nidim blong stop. Hem i sik, mo hem i no save gohed. Mitufala i gat tu trak we i fulap long ol klos, mo presen blong mared, be mitufala i no gat tumas mane. Blong go long wan rum long hotel, hemia mitufala i no gat mane from. Mi no save stret wanem blong mekem.

I no gat wan long mitufala we i go long Biva bifo, mo mi no save stret se mi stap lukaotem wanem, nao mitufala i draev raon blong smol taem kasem taem mi luk wan pak. Mitufala i go long paking, mo faenem wan tri we i gat sed, mo mi sakem wan blanket i stap blong Karol i save spel.

Sam minit afta, wan nara trak i draev i kam long paking ia we kolosap i emti, mo i pak long saed blong tufala trak blong mitufala. Wan woman, we kolosap i gat sem yia long mama blong mitufala, i kamaot long trak blong hem, mo askem sapos i gat eni ting i rong mo sapos hem i save help. Hem i talem se hem i luk mitufala taem hem i draev i pas mo i filim se hem i mas stop. Taem mitufala i eksplenem situesen blong mitufala, wantaem nomo hem i invaetem mitufala blong go long haos blong hem, blong save spel olsem we mitufala i nidim.

I no longtaem afta, mitufala i stap long wan naes bed we i stap long wan rum andanit graon long haos blong woman ia. Taem mitufala i stap mekem gud mitufala, naesfala sista ia i talem se hem i mas go mekem sam samting mo bae mitufala i stap mitufalawan blong sam aoa. Hem i talem se sapos mitufala i hanggri, mitufala i save kakae eni samting we mitufala i faenem long kijin, mo sapos mitufala i aot bifo hem i kambak, bae mitufala i lokem doa long fored blong haos.

Afta we mitufala i slip gud, Karol i filim gud moa mo mitufala i gohed long rod blong mitufala mo mitufala i no pas long kijin. Taem mitufala i aot, woman ia wetem kaen fasin i no bin kambak yet long haos. Mitufala i rigret se mitufala i neva tekem adres blong hem mo mitufala i neva talem tangkyu long gudfala woman Sameria blong mitufala, we i bin stop long rod, i openem doa blong haos blong hem long ol strenja we oli stap long nid.

Taem mi tingtingbak long eksperiens ia, ol toktok blong Presiden Tomas S. Monson, we i ripresentem gud toktok blong Sevyia blong “go mo mekem sem samting” (luk long Luk 10:37) semmak olsem eni man, i kam long

maen blong mi: “Yumi no rili save lavem God sapos yumi no lavem ol narafala man we oli stap travel long rod blong laef long wol ia.”²

Long eni ples we yumi faenem “ol narafala man we oli stap travel”—long rod, o long haos blong yumi, long ples blong pleiplei, o long ol skul blong yumi, long ples blong wok o long jos—taem yumi stap lukaotem, luk, mo tekem aksens, bae yumi kam moa olsem Sevyia, we yumi stap blesem mo givim seves long ol narafala folem rod ia.

Lukaotem

Eldav Nil A. Makswel (1926–2004) blong Kworom blong Olgeta Twelef Aposol i tijim:

“Yumi no semmak long gudfala Sevyia blong yumi; !yumi no save pem praes from ol sin blong ol man blong wol! Antap long hemia, yumi no save nating tekem evri sik, evri samting we man i no strong long hem, mo ol harem nogud (luk long Alma 7:11–12).

“Be, long level blong yumi we i daon, semmak olsem Jias i bin invaetem yumi, yumi save traehad blong ‘kam olsem we Hem i stap’ (Tri Nifae 27:27).”³

Taem yumi stap lukaotem blong kam olsem we Hem i stap, wetem wan tru tingting blong blesem “ol narafala man we oli stap travel,” bae yumi kasem ol janis blong fogetem yumiwan mo stap helpem ol narafala man. Ol janis ia, samtaem oli no stret long yumi, i testem tru tingting blong yumi blong kam moa olsem Masta, we seves blong Hem we i moa bigwan long evri samting, Atonmen blong Hem we i bigwan tumas, i evri samting, be i bin stret long hem. Nomata long hemia, Hem i bin givim glori i go long Papa, mo Hem i dring mo Hem i finisim wok blong Hem blong mekem rere evri samting blong gud blong ol pikinini blong ol man (luk long D&C 19:19).

Taem yumi lukaotem, wetem tru tingting, blong kam moa olsem Sevyia, bae i letem yumi luk wanem we yumi no save luk sapos i long wan nara wei. Gudfala woman Sameria blong yumi i laef kolosap inaf long Spirit blong i mekem folem kwaet toktok blong Spirit mo kam kolosap long wan strenja we i stap long nid.

Luk

Blong luk wetem ol ae blong spirit i blong luk ol samting olsem we oli rili stap mo blong luksave ol nid we yumi no save luk long wan nara wei. Long parabol blong sipsip mo nani, olgeta we oli gat blesing mo olgeta we God i sakem strong tok long olgeta, oli no luksave Sevyia tru long olgeta ia we oli bin hanggri, tosta, neked, o long kalabus. Oli bin ansa wetem kwestin ia: “?Mifala i luk weataem?” (Luk long Matiu 25:34–44).

Olgeta nomo we oli bin luk samting wetem ol ae blong spirit, oli luksave nid, oli tekem aksens, mo oli blesem olgeta we oli bin harem nogud. Gudfala woman Sameria

blong mitufala i luksave nid taem hem i luk samting wetem ae blong spirit.

Tekem Aksen

Yumi save luk ol nid raon long yumi be yumi filim se yumi no inaf blong mekem samting, mo yumi ting se wanem we yumi gat blong givim i smol tumas. Taem yumi stap lukaotem blong kam olsem we Hem i stap, mo taem yumi luk ol nid blong ol narafala man we oli stap travel tru long ae blong spirit, yumi mas trastem se Lod i save wok tru long yumi, mo afta, yumi mas tekem aksen.

Taem tufala i stap go insaed long tempol, Pita mo Jon tufala i luk wan man “we i no save wokbaot, from we taem hem i bon, leg blong hem i nogud;” man ia i stap askem mane long ol man we oli stap pas (luk long Ol Wok 3:1–3). Ansa blong Pita i wan eksampol mo wan invitesen long wanwan long yumi:

“Mi mi no gat mane nating, be wan samting we mi mi gat, bambae mi givim long yu. Long nem blong Jisas Kraes, man Nasaret, mi mi talem long yu. !Yu girap, yu wokbaot!

“Nao hemi holem raet han blong hem, i givhan long hem blong i stanap. Nao wantaem nomo, leg blong hem mi kam gud.” (Ol Wok 3:6–7).

Yumi save tekem aksen taem yumi givim taem mo talen blong yumi, taem yumi givim wan toktok we i kaen, o mekem sam strong wok. Taem yumi stap lukaotem mo lukluk, bae God i putum yumi long ol ples mo situesen we yumi save tekem aksen mo blesem pipol. Gudfala woman Sameria blong mitufala i tekem aksen. Hem i tekem mitufala i go long haos blong hem, i givim wanem we hem i

gat. Wanem stret hem i talem i: “Wanem we mi gat, mi givim long yufala.” I stret samting ia nao we mitufala i nidim.

Presiden Monson i tijim ol semfala prinsipol ia:

“Wanwan long yumi, long rod ia blong laef long wol ia, bae i travel long Jeriko rod blong hemwan. ?Wanem nao bae i eksperiens blong yu? ?Wanem nao bae i eksperiens blong mi? ?Bae mi luk o no, man ia we i foldaon long han blong ol stilman mo i nidim help? ?Yu bae yu luk?

“?Bae mi nao mi man we bae i luk man we i kasem kil mo harem hem i askem help, be yet, mi krosem rod i go long narasaed? ?Yu bae yu luk?

“O bae mi nao mi man we i lukluk, we i harem, we i stop, mo i help? ?Yu bae yu luk?

“Jisas i givim toktok we stamba toktok blong yumi, ‘Go mo mekem semmak.’ Taem yumi obei long toktok ia, long fored blong ae blong yumi we i lukluk long taem we i no save finis, i gat wan pikja blong bigfala glad i open, we bae i no gat samting i kasem mak ia blong hem, mo i no gat samting i bitim hemia.”⁴

Taem yumi stap kam olsem Sevyta taem yumi lukaotem, lukluk, mo tekem aksen, bae yumi kam blong save se ol toktok blong King Benjamin oli tru: “Taem we yufala i stap wok blong ol narafala man, yufala i stap mekem wok blong God blong yufala nomo” (Mosaea 2:17). ■

OL NOT

1. Rijad G. Skot, “Mi Givim Wan Eksampol long Yufala,” *Jeneral Konfrens*, Epril 2014.
2. Tomas S. Monson, “Lav—Stamba blong Gospel,” *Jeneral Konfrens*, Epril 2014.
3. Neal A. Maxwell, “Apply the Atoning Blood of Christ,” *Ensign*, Nov 1997, 22.
4. Thomas S. Monson, “Your Jericho Road,” *Ensign*, Mei 1977, 71.

LUKAOTEM WETEM TRU TINGTING

LUK WETEM OL AE BLONG SPIRIT

TEKEM AKSEN MO BLESEM MAN





함께 합소서
Need That Every Hour

신소프신
우루슬하

없기되소

Mi Nidim Yu

OLTAEEM

Taem mitufala i no bin save wanem moa blong tijim, kompanion blong mi i givim tingting se bae mitufala i singsing long hym ia.

I Kam long Jonatan H. Westova

Long wan naes Sandei aftenun long misin blong mi long Balsan, Koria, kompanion blong mi mo mi i stap talem tata long ol memba afta long jos, mo mitufala i stap rere blong go lukaotem man blong tij; nao wod misin lida blong mitufala i presentem wan boe blong twelef yia, Kong Sung-Giun. Hem i kam long jos long dei ia mo i wantem lanem moa long saed blong gospel.

I tru, mitufala i glad tumas long tingting ia blong save tijim hem, be mi bin fraet tu blong tijim wan we i yangfala tumas olsem. Mitufala i meksua se mitufala i kasem raet blong papa mo mama blong hem, mekem se mi ring i go haos blong Kong Sung-Giun mo toktok sot taem wetem mama blong hem, Pak Mi-Jung. Mi bin sapraes taem mama ia i talem se hem i glad we boe blong hem i wantem kam long jos, mo bae hem i hapi blong mitufala i go tijim hem.

Sam Investigeta we Mifala I No Save

Long naet afta, mitufala i kasem haos blong boe, mitufala i rere blong tij. Mitufala i sapraes blong faenemaot se Pak Mi-Jung i wantem tu se mitufala i tijim gel blong hem, Kong Su-Jin. Mo from mitufala i ol strenja long haos blong hem, Mak Mi-Jung i wantem se hem tu bae i stap long taem blong ol lesen. Yes, mitufala i hapi blong tijim hamas we oli glad blong lisin.

Afta we oli givim smosmol kakae, mifala i sidaon tugeta mo stat blong toktok. Mitufala i no statem lesen stret i go,

be Pak Mi-Jung i wantem blong save gud mitufala mo talem situesen blong famle blong hem. Hem i tokbaot ol hadtaem we oli jes kasem, mo ol had samting we oli bin gotru long olgeta, we wan long olgeta i boe blong hem we i jes kasem kansa mo kasem tritmen. Hem i gotru long lesa tritmen, mo kansa i stap go lus, be ol dokta oli givim woning se i save kambak long eni taem. Hemia i bin had tumas long famle. Oli wan famle we oli mas wok, mo papa i mas wokhad jes blong putum wan ruf antap long hed blong olgeta, mo kaekae antap long tebol.

Mi sek mo harem nogud long ol tes blong laef blong olgeta. Laef i no isi long olgeta, be famle ia i strong, mo hemia i kamaot kliia bitim long sam nara famle we mi bin mitim long Koria, mo hemia i talem fulap samting from sosaeti long Koria i lukluk fulap long famle. Mitufala i aot long haos blong olgeta long naet ia, mo mitufala i kam blong save spesel famle ia gud moa mo mitufala i gat janis blong serem ol mesej blong gospel wetem olgeta.

Kompanion blong mi mo mi i gobak blong tij plante taem long wik ia, mo long evri taem, mitufala i kasem gud welkam mo open hat semak olsem we mitufala i kasem long fas visit blong mitufala. Taem topik blong baptaes i kam antap, tufala pikinini i wantem tumas blong joenem Jos. Be, mama blong tufala i no glad semmak. Nomata hem i laekem ol tijing blong mitufala, mo hem i hop se i tru, hem i no filim se hem i save mekem mo kipim ol kaen

komitmen we i nid blong mekem blong save joenem Jos. Hem i no bin filim se bae i stret blong hem i kasem baptaes sapos hasban blong hem i no joenem hem, mo mitufala i no mitim hasban blong hem yet. Be, hemi glad moa blong gohed blong mit wetem mitufala, mo tu, i wantem blong joenem ol pikinini blong hem blong kam long jos.

Taem i stap go from en blong seken wik, taem mitufala i gohed blong tij insaed long hom blong mama ia, mitufala i mitim hasban blong hem, Kong Kuk-Won—wan man we tingting blong hem i stap daon, i naes, mo i gat open hat. Hem i joenem mifala long ol las toktok mo wantaem nomo i bilivim evri samting we mitufala i tijim, wetem ol doktrin we ol narawan oli faenem i had blong akseptem olsem taeting mo Tok blong Waes. Nomata we situesen blong olgeta long saed blong mane i nogud tumas, oli bin stat blong pem taeting. Wan samting nomo i stap i we papa i mas wok long Sandei. Hem i stap wok long Seul Intanasonal Eapot evri Sandei, mekem se hem i no save kam long jos wetem famle blong hem. Nomata long taem blong wok blong hem, papa ia wetem waef blong hem i mekem taem blong kam long baptaes blong tufala pikinini blong tufala long Sandei.

Afta long baptaes blong ol pikinini, mifala i gohed blong visitim famle ia oltaem long haos. Mifala i gat famle haos naet, mifala i serem ol skripja mo ol eksperiens we i leftemap tingting, mo mitufala i presentem olgeta long ol memba blong wod. Be nomata long ol eksperiens blong gospel we i gohed blong kam, papa mo mama ia, tufala i no soem saen nating blong kasem baptaes.

Long taem we i bin stap go, kompanion blong mi i mov i go long nara eria, mo niu kompanion blong mi i wan elda we i jes kamaot long misinari trening senta. Hem i gat fulap fet, paoa long bodi, mo paoa long tingting, mo mi mas ones, samtaem mi faenem i had blong stap folfolem hem. Afta we hem i mitim Kong Ku-Won mo Pak Mi-Jung long samfala taem, kompanion blong mi i kam luk mi mo askem sapos kompanion blong mi bifo mo mi i bin livim kakae finis wetem olgeta. No. Mitufala i no bin mekem. Be, tingting ia i no bin kam nating tu long mi. Mekem se mitufala i tok-tok wetem famle mo givim tingting blong livim kakae. Mi bin sek tumas blong faenemaot se olgeta oli bin stap livim



Spirit insaed long rum i strong taem mifala i stap singsing lav ves. Hem i luk stret long ae blong mi mo talem: "Mi nid blong kasem baptaes."

kakae olgetawan wanwan taem, hemia from helt blong boe blong tufala, mo blong i save gat wan jenis long taem blong wok blong papa blong hem i save kam long jos. Afta we kompanion blong mi mo mi i joenem olgeta long wan taem blong livim kakae, prea blong mifala i gat ansa mo taem blong wok blong Kong Kuk-Won i jenis. Be Pak Mi-Jung i strong yet se bae hem i no baptaes.

Wan Tingting we I Kam Tru long Inspiresen

Afta, kompanion blong mi i gat wan gudgudfala tingting. Hem i karemaot smol hymbuk blong hem, mo askem sapos mitufala i save singsing long olgeta. Nomata we mifala i bin singsing tugeta long sam taem bifo, mi neva

luk Pak Mi-Jung i singsing mo mi jes ting se hem i no laekem singsing, o i no filim gud blong singsing from se miusik ia i niu long hem. Kompanion blong mi i askem hem sapos hem i gat wan hym we hemi laekem tumas, mo long sapraes blong mi, hemia i jokem hem, mo hem i ansa se taem hem i smol gel i kam, hym we hem i laekem tumas i “Mi Nidim Yu Oltaem” (Singsing Tabu mo Singsing blong Ol Pikinini, pej 12). Mifala i stat blong singsing long fo pat, wetem papa i singsing long soprano, mama i singsing alto, mo kompanion blong mi i singsing tena, mo mi mi singsing bes.

Spirit i bin strong insaed long rum. Taem mifala i stap singsing long nambatri ves, filing i winim hem, mo voes blong hem i nomo gat taem mifala i stap gohed:

*Mi Nidim Yu Oltaem.
Taem mi hapi o sad.
Kam kwik stap wetem mi.
Olsem long laef mi glad.
Nidim yu, mi nidim yu;
Oltaem mi nidim yu
Blesem mi Sevyia bae mi,
kam klosap long yu.*

Taem mifala i finisim nambafo mo las ves, hem i stap krae. Nao hasban blong hem i traem toktok gud long hem, mo hem i kam oraet bakegen. Hem i luk stret long ae blong mi mo talem: “Mi nid blong kasem baptaes.”

Seves blong baptaes blong Kong Kuk-Won mo Pak Mi-Jung long Sandei aftenun ia, i wan we i gat moa Spirit long misin blong mi. Pikinini blong tufala i tekpat long program, mo plante lokol memba oli bin kam blong soem sapot blong olgeta long niufala konvet famle long wod blong olgeta. Kompanion blong mi mo mi i givim spesel miusik namba: “Mi Nidim Yu Oltaem.”

Long en, misin blong mi i kam long en mo mi gobak hom. Afta wan yia long kolej, mi gobak long Koria blong mekem smol wok long samataem, mo evri wiken, mi putum se mi mas go visitim ol plante spesel fren mo famle we mi bin mitim long misin blong mi. Afta sam wik, taem mi gobak long Balsan, mo mitim spesel famle ia bakegen. Taem mi kasem haos blong olgeta, mi luk se wan i no gat—boe blong tufala. Wetem wota long ae blong hem, Pak Mi-Jung i talem nius long mi: kansa blong boe blong tufala i kambak, mo taem hem i gat 14 yia, boe i lusum faet ia, i ded.

Taem mi traem blong talem sore blong mi long olgeta, mo semtaem, kontrolem harem nogud we mi filim, Kong Kuk-Won i talem long mi se evri samting bae i oraet. Oli lavem gospel, oli fetful blong stap atendem jos, mo luk fored long dei ia taem famle blong olgeta bae i save sil tugeta blong taem we i no save finis long Seul Koria Tempol. Nomata soa we i bin stap long hat blong olgeta, famle ia i bin save se bae oli luk Kong Sung-Kiun bakegen mo bae oli wan bakegen. Pak Mi-Jung i talem tu long mi se taem hem i stap singsing long ol hym evri dei i stap helpem hem blong faenem paoa blong gogohed, mo filim pis we Spirit i tekem i kam wetem.

Taem mi aot long hom blong olgeta long naet ia, mi tingtingbak bakegen long ol toktok blong hym we Pak Mi-Jung i laekem tumas. Mi talem tangkyu se Papa long Heven i blesem famle ia wetem pis afta long ded blong Sung-Giun, mo mi talem tankgyu tumas from wok blong Spirit insaed long laef we i jenis blong Pak Mi-Jung, we i mekem se famle ia i kwalifae blong kasem ol blesing we oli no save finis, blong tempol. ■

Man we i raet i stap long Yuta, YSA.

OL HYM OLI MEKEM OLGETA WE OLI KRAE OLI HAREM GUD

“Sam long ol toktok long jos we oli moa gud bitim ol nara-wan oli prijim tru long singsing blong ol hym. Ol hym oli pusum yumi blong sakem sin mo mekem ol gudfala wok, blong yumi bildimap testimoni mo fet, blong mekem olgeta we oli wari oli gat pis, blong mekem olgeta we oli kraes oli gat pis, mo givim insperesen long yumi blong stap strong kasem en.”

*“First Presidency Preface,”
Hymns, ix.*



**I Kam long
Presiden
Boed K. Peka**
Presiden blong
Kworom blong
Olgeta Twelef
Aposol

Sakrifaes Ia we I No Selfis mo I Tabu we I Kam long Sevyia

*Lod i stap oltaem. Hem i bin safa mo
i bin pem praes sapos yu yu glad blong
akseptem Hem olsem Ridima blong yu.*

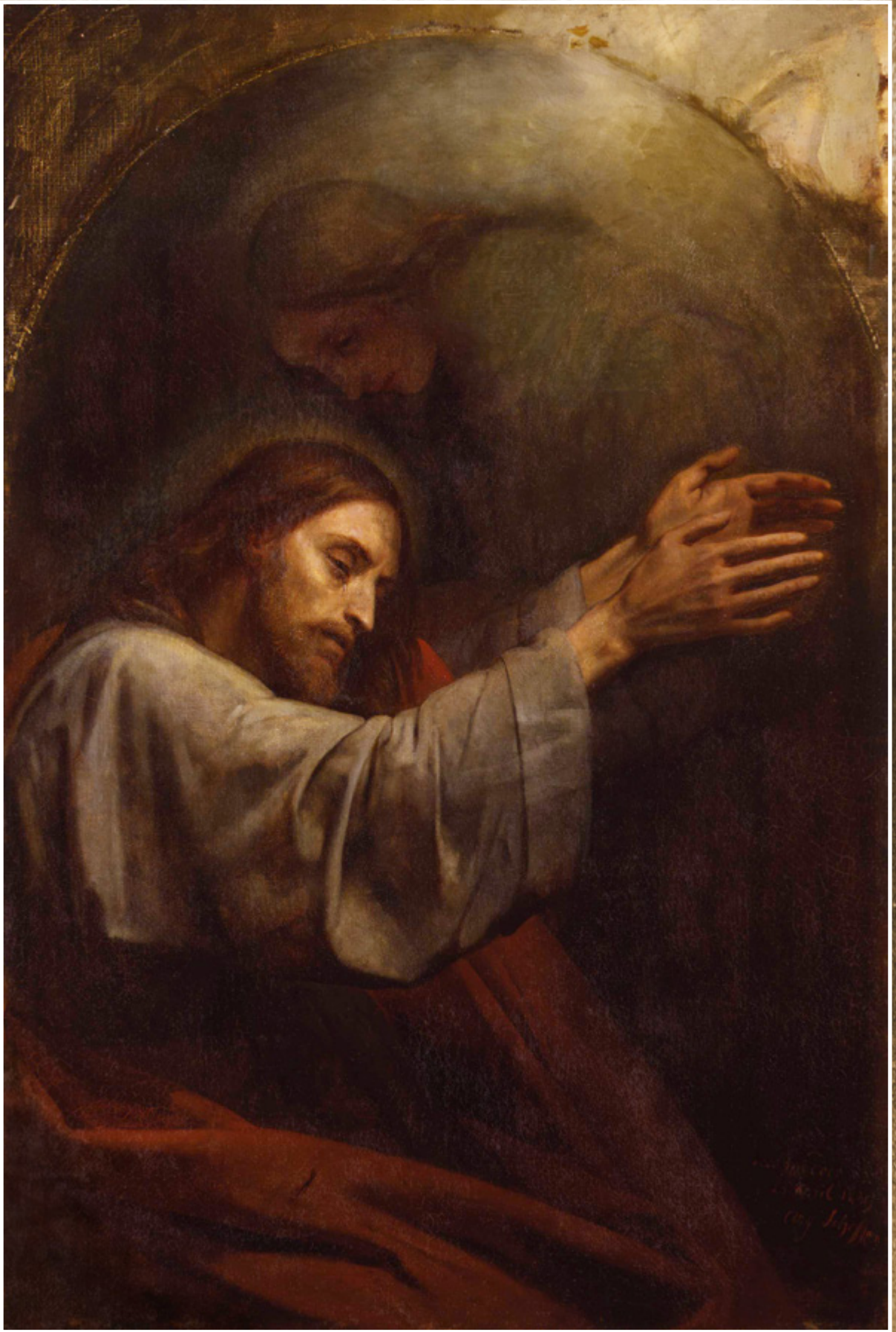
Yumi evriwan i laef long kaon long saed blong spirit. Long wan wei o long nara wei, kaon ia i stap kam antap, i kam antap moa. Sapos yu stap pemaot taem laef i stap gogohed, bae yu no save wari tumas. I no longtaem, bae yu lanem blong gat disiplin, mo bae yu save se i gat wan dei we i stap kam blong ansa from ol samting. Lanem blong pemaot kaon blong yu long saed blong spirit smosmol i go, be i no blong i kam bigwan, nao i gat intres mo ol faen.

From se yu stap kasem ol tes, lukluk i stap finis se bae yu mekem ol mistek. Mi tekem se yu bin mekem ol samting long laef blong yu we yu rigret, ol samting we yu no save talem sore from, mo yu no save



stretem; from hemia, yu stap karem wan hevi samting. Hem i taem naoia blong yumi yu-sum toktok ia, *rong*, we i save putum mak i stap semmak olsem strong ing, mo oli no save wasemaot isi. Wan filing we i go wetem rong, hem i taem yu harem nogud from wan samting, taem yu rigret long ol blesing ia mo janis ia we yu mestem.

Sapos yu stap traehed wetem rong, yumi semmak nomo long ol pipol long Buk blong Momon we profet i tokbaot se: "From ol nogud fasin blong olgeta, jos i bin stat blong kam smol; mo oli bin stat blong no biliv long spirit blong profesi mo long spirit blong revelesen; mo ol jajmen blong God i bin lukluk olgeta stret long fes" (Hileman 4:23).



Plante taem, yumi traem blong stretem problem blong rong taem yumi taltalemaot long yumi, o talem long yumiwan se i nomata, i oraet. Be samples, dip insaed, yumi no bilivim samting ia. Mo tu, yumi no stap bilivim yumiwan sapos yumi talem. Yumi save moa bitim hemia. !Hem i mata. I no oraet!

Oltaem ol profet oli tijim fasin blong sakem sin. Alma i talem: “Mo luk, hem i kam blong pemaot olgeta we bae oli kasem baptaes blong sakem sin, tru long fet long nem blong hem” (Alma 9:27).

Alma i talem klia long boe blong hem we i no stap long gud rod: “Nao, fasin blong sakem sin i no save kam long man sapos i no gat wan panis, panis ia tu i no bin save finis olsem we laef blong sol bae i no save finis, panis ia i go tugeta wetem plan blong glad, we plan ia i no save finis olsem laef blong sol” (Alma 42:16).

I gat tufala besik stamba tingting long laef long wol ia. Faswan. Hem i blong kasem wan bodi we i save, sapos yumi save mekem, i kam klin gud mo i kam olsem god mo bae i laef blong oltaem. Sekenwan. Hem i blong yumi kasem tes. Taem yumi gotru long tes, bae i tru, bae yumi mekem ol mistek. Be sapos yumi wantem, bae yumi save lanem samting aot long ol mistek blong yumi. “Sipos yumi stap talem se neva yumi mekem sin samtaem, hemia i min se yumi stap talem se God i man blong giaman nomo, mo tok blong hem i no stap nating long yumi” (Fas Jon 1:10).

Yu, ating yu save filim se yu daon nomo long saed blong tingting mo bodi, mo yu gat trabol o yu hevi wetem sam samting long saed blong spirit we yu sapos blong stretem longtaem finis. Taem yu kam blong fesem yuwan bakegen long ol taem ia we yu luklukbak long yuwan (we plante long yumi i traem blong ronwe long hem), ?i gat sam samting we i trabolem tingting blong

yu, we yu no stretem yet? ?Yu yu gat wan samting i hevi long tingting blong yu? ?Yu yu stap yet, smol o bigwan, long rong long eni samting we i smol o bigwan?

Plante taem tumas, mifala i kasem ol leta blong olgeta we oli mekem ol bigfala mistek mo oli gat hevi trabol blong tekem. Oli krae mo askem: “?Bambae God i save fogivim mi samtaem? ?Bae mi save jenis?” !Ansa hem i, yes!

Pol i tijim ol Man Korin se: “Ol samting ya we oli stap traem yumi, oli semmak nomo long ol samting we oli stap traem ol narafala man. Be God i stap holem promes blong hem mo hemi no save letem wan samting i traem yumi we i strong tumas long yumi. Be stret long taem ya we samting olsem i traem yumi, hem bambae i mekem rod blong yumi, blong yumi winim samting ya” (Fas Korin 10:13).

Gospel i tijim yumi se blong kasem help long trabol long tingting mo rong, yumi save winim tru long fasin blong sakem sin. Be i no long samfala—sam nomo—we oli tanem olgeta i go long tudak afta we oli kam blong save ful gospel, be sapos no, i no gat wan strong fasin, wan adiksen, wan fasin blong agens, wan fasin blong brekem loa, i no gat wan samting we yumi mekem nogud long wan narawan we i smol o bigwan, we i no save kasem promes ia blong ful fogivnes. Nomata wanem i bin hapen long laef blong yu, Lod i mekem wan rod i rere i stap blong yu kambak sapos yu mekem folem ol kwaet toktok blong Tabu Spirit.

Sam oli fulap long wan strong fos we i pusum olgeta, wan temtesen we i goraon long tingting blong olgeta, mo maet bae i kam wan fasin, mo afta wan adiksen. Yumi gat fasin blong brekem loa mo sin, mo tu, blong faenem eskus se yumi no gat rong from se yumi bon olsem nao. Yumi fas i stap, mo from hemia, yumi harem i soa mo

tingting i trabol, mo Sevy nomo i save hilim yumi. Yu gat paoa blong stop mo letem Lod i pemaot yu.

Setan i Atakem Famle

Presiden Marion G. Romney (1897–1988) i bin talem wan taem se: “Yu no talem long olgeta blong oli save andastanem; be yu talem long olgeta blong oli no save mistek long hem.”

Nifae i talem: “From sol blong mi i glad long klia fasin; from long fasin ia Lod God i stap wok long medel blong ol pikinini blong ol man. From Lod God i givim laet blong save” (Seken Nifae 31:3).

!So yu lisin! Bae mi toktok klia mo stret nomo olsem wan we God i singaotem mi mo i givim wok ia long mi blong mekem.

Yu save se i gat wan enemy i stap. Ol skripia oli tokbaot hem long ol toktok ia: “Olfala snek ia, we i devel, we i papa blong evri giaman toktok” (Seken Nifae 2:18). Long stat, God i sakemaot hem (luk long D&C 29:36–38) mo hem i no save kasem wan bodi blong mit mo bun. Naoia, hem i promes se bae hem i blokem “bigfala plan blong stap glad” (Alma 42:8) mo kam wan enemy long evri stret mo gud fasin. Hem i mekem evri atak blong hem i stap long famle.

Yu stap laef long wan taem we wip blong ponografi i stap swip raon long wol. Hem i had blong ronwe long hem. Ponografi i lukluk nomo long pat blong fasin blong yu, we tru long hem, yu gat paoa blong givim laef.

Blong tekpat long ponografi i lidim man long ol had samting, divos, sik, mo trabol blong evri kaen. I no gat wan smol pat blong hem we i no doti. Blong tekem, lukluk, tekem raon long eni kaen samting, i semmak olsem we yu stap kipim wan rabis snek insaed long basket blong yu. I putum yu fesem posen blong snek long saed blong spirit we yu no save ronwe long hem, mo bae i kakae yu wetem posen blong hem we i kilim ded man. Wan i save andastanem gud nomo, se wetem



*Long ful histri o
rekod blong man,
i gat Wan ia
nomo we i no gat
sin nating, we i
kwalifae blong
ansa from ol sin
mo ol fasin blong
brekem loa blong
evri kaen man.*

wol olsem we hem i stap, se bae yu sek samting ia i stap long fored blong yu, yu ridim, o lukluk mo no luksave ol rabis risal blong hem. Sapos hemia i tokbaot yu, mi wonem yu, yu stopem. !Stopem naoia!

Buk blong Momon i tijim se: “ol man oli kasesem inaf tijing blong mekem se oli save gud aot long nogud” (Seken Nifae 2:5). Hemia i minim yu tu. Yu save wanem i raet mo wanem i rong. Yu lukaot gud se yu no krosem laen ia.

Nomata we yu save konfesem ol mistek long praevet long Lod, i gat samfala taem we yu brekem loa we i nidim moa bitim hemia blong save kasem fogivnes. Sapos ol mistek blong yu oli bigwan, luk bisop blong yu. Sapos i no series, blong konfes kwaet mo yuwan i oraet. Be tingbaot, bigfala moning blong fogivnes ia i no save kam evriwan long wan taem nomo. Faswan, bae yu stap folfoldaon, be yu no givap. Blong winim slak tingting i pat blong tes. Yu no givap. Mo olsem we mi bin kaonselem bifo, taem yu konfesem mo lego ol sin blong yu fogud, yu nomo lukluk i gobak.

Sevy I Bin Safa From Ol Sin blong Yumi

Lod i stap oltaem. Hem i bin safa mo Hem i bin pem praes sapos yu glad blong akseptem Hem olsem Ridima blong yu.

Olsem ol man blong wol ia, maet bae yumi no save andastanem, be si i tru, yumi no save andastanem fulwan *olsem wanem* Sevy i bin mekem sakrifaes ia blong pem praes. Be naoia i stap, pat ia, *olsem wanem*, i no impoten tumas olsem pat ia, *from wanem*, nao Hem i bin safa. ?From wanem nao Hem i bin mekem hemia blong yu, blong mi, blong evriwan long ol man? Hem i mekem hemia, from Hem i lavem God Papa, mo evri kaen man. “I no gat man we i lavem ol fren blong hem moa, i winim man we i lusum laef blong hem blong i sevem ol fren blong hem” (Jon 15:13).

Long Getsemane, Kraes i go stap Hemwan, aot long ol Aposol blong Hem blong prea. !Wanem i bin hapen i bitim paoa blong yu

blong save! Be yumi save se Hem i finisim wok blong Atonmen. Hem i bin glad blong tekem long Hemwan ol mistek, ol sin mo ol rong, ol tu tingting mo ol fraet blong ful wol. Hem i bin safa from yumi blong mekem se bae yumi no nid blong safa. Plante man long wol oli safa long trabol long tingting, mo oli ded we oli harem nogud tumas. Be harem nogud blong Hem i bitim hemia blong evriwan.

Taem mi kam olfala, mi kam blong save wanem nao soa long bodi, !mo i no wan gudfala samting nating! I no gat wan i ronwe long laef ia mo i no lanem wan smol samting abaot safaring. Be trabol long tingting blong miwan we mi no save tekem, i taem we mi kam blong save se mi mekem wan narafalawan i safa. Long taem ia nao mi luk smol pat blong harem nogud we Sevyia i gotru long hem long Garen blong Getsemane.

Safaring blong Hem i defren long evri narafala safaring we i bin hapen bifo o stat long taem ia we Hem i bin tekem long Hemwan evri faen o panismen we i foldaon long famle blong ol man. !Traem pikjarem hemia! Hem i no gat kaon blong pem. Hem i no mekem wan rong. Be nomata long hemia, evri samting ia oli kam, oli ademap wan antap long narawan; oli evri rong, evri krae from harem nogud mo evri krae sore, sobodi mo sem, evriwan long ol trabol long tingting, filing mo bodi we man i save— Hem i gotru long evri samting ia. Long ful histri o rekod blong man, i gat Wan ia nomo we i no gat sin nating, we i kwalifae blong ansa from ol sin mo ol fasin blong brekem loa blong evri kaen man, mo laef tru long sobodi we i kam taem Hem i stap pemaot olgeta samting ia.

Hem i prisentaem laef blong Hem, mo long stret tok Hem i talem: “From hem i mi we mi tekem long mi ol sin blong wol” (Mosaea 26:23). Oli hangem Hem antap

long kros; Hem i bin ded. Oli no save teke-maot laef blong Hem aot long Hem. Hem i agri blong ded.

I Posisbol blong Kasem Ful Fogivnes

Sapos yu stap folfoldaon, o yu bin lus blong smol taem, sapos yu filim se enem i stap holem yu prisena naoia, yu save muv fored wetem fet mo wokbaot olgeta insaed long wol ia i go moa. I gat olgeta we oli rere i stap blong lidim yu i gobak long pis mo long sef ples. Iven gladhat blong God, olsem we skripja i promes i kam “afta evri samting we [yumi] save mekem” (2 Nifae 25:23). Olsem wanem samting ia i posibol, long mi, hem i tru long trutok we i moa gud blong save.

Mi promes se moning ia we i saen we i saen long fogivnaes, bae i kam. Nao “pis blong God we i bitim save blong evriwan” (Filipae 4:7) i kam long laef blong yu wan moa taem, wan samting olsem wan taem we san i griap mo yu mo Hem, bae yutufala i “nomo tingbaot ol sin blong yu bakegen.” (Jeremaea 31:34). ?Olsem Wanem Bae Yu Save? !Bae Yu Save! (Luk long Mosaea 4:1–3.)

This is what I have come to teach you who are in trouble. Bae Hem i kam mo stretem problem we yu no save stretem, be yu mas pem praes. I no kam sapos yu no mekem hemia. Hem i wan man we i rul we i gat kaen fasin long wei ia we Hem i bin pem praes we i nid, be Hem i wantem yu blong mekem ol samting we yu sapos, iven sapos hem i soa.

Mi lavem Lod mo mi lavem Papa we i bin sendem Hem i kam. Ol hevi trabol olsem ol slak tingting, sin mo rong, yumi save putum long fored blong Hem, mo folem ol kondisen blong Hem, wanwan samting we i stap long kaon blong yu, oli makem: “pem fulwan.”

“Olgeta. I gud yufala i kam, yumi stretem bisnes ya naoia. Nating we ol sin blong

yufala i mekem yufala i doti gud, bambae mi mekem we yufala i klin we i klin. Naoia, yufala i doti we i doti, be bambae yufala i kam klin olgeta.” Hemia hem i olsem, Aesea i gohed “sapos yu glad mo sapos yu obei” (Aesea 1:18–19).

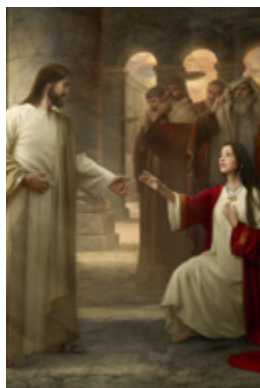
Kam long Hem

Skripja ia: “lanem waes tingting long yangfala laef blong yu; yes, lanem long yangfala laef blong yu blong obei long ol komanmen blong God.” (Alma 37:35) i wan invitesen mo i kam wetem promes blong pis mo proteksen agensem enemi. “Oltaem yu mas soemaot gudfala eksampol long ol Kristin man, blong oli save folem fasin blong toktok blong yu, mo fasin blong yu we i stret, mo fasin blong bilif blong yu, mo fasin blong yu blong lavem ol man, mo fasin we yu stap mekem laef blong yu i klin gud” (Fas Timoti 4:12).

Yu no ting se evri samting bae i go gud truaot long laef blong yu. Iven long olgeta we oli stap laef olsem we oli sapos blong laef, samtaem, samting we i kam i oposit. Mitim wanwan jalenj blong laef wetem hop mo stret tingting, mo bae yu gat pis mo fet blong sapotem yu naoia mo long fluja.

Long olgeta we oli no kasem yet evriwan long ol blessing we yu filim se yu wantem mo nidim blong gat, mi bilvi strong se i no gat wan eksperiens o i no gat wan janis we i nid blong fasin blong pemaot man mo fasin blong kam olsem god we bae yu no kasem sapos yu stap fetful. Gohed blong stap klin inaf: gat hop, save wet longtaem, mo stap prea. I gat wei blong ol samting oli kam gud. Presen we i Tabu Spirit bae i lidim yu mo daarektem ol aksen blong yu.

Sapo yu yu wan long olgeta we i stap traehad wetem rong, slak tingting, o trabol long tingting from risal blong ol mistek we yu bin mekem, o from ol blessing we oli no kam yet, ridim ol gudfala tijing we oli stap long hym ia “Kam long Jisas”.



*Ol hevi trabol
olsem ol slak ting-
ting, sin mo rong,
yumi save putum
long fored blong
Hem, mo folem ol
kondisen blong
Hem, wanwan
samting we i stap
long kaon blong
yu, oli makem:
“pem fulwan.”*

*Kam long Jisas, yu we yu trabol,
Yu we yu taed from sin i hevi.
Bae Hem i lidim yu long sef ples ia
we evriwan we i gat tras i stap spel.*

*Kam long Jisas; bae hem i lidim yu,
Nomata yu ronwe i go long tudak.
Lav bl'hem i faenem yu mo lidim yu
Aot long tudak i go long delaet.*

*Kam long Jisas, bae Hem i harem yu
Sapos yu no flas mo askem lav blong hem
O yu mas save, ol enjel oli stap kolosap
Long ol gud haos long heven.¹*

Mi talemaot, wetem ol Brata blong mi we oli Ol Aposol, se mi mi wan spesel witnes blong Lod Jisas Kraes. Witnes ia i kam konfemesen blong hem evri taem we mi filim insaed long mi, o long ol narawan, risal blong tabu sakrifikes blong Hem, we i klinim yumi. Witnes blong mi, mo hemia blong ol Brata blong mi, i tru. Yumi save Lod. Hem i no wan strenja long ol profet blong hem, long ol sia mo ol reveleta.

Mi andastanem se yu yu no stret evriwan, be yu stap muv fored i go long rod ia. Gat strong paoa long tingting. Yu mas save se eniwan we i gat wan bodi i gat paoa ova long hemia we i no gat bodi.² Setan i no save gat wan bodi; mekem se sapos yu fesem temtesen, yu mas save se yu bitim evriwan long ol temtesen ia sapos yu praktisim fridom blong joes we oli givim long Adam mo Iv insaed long garen mo i pas i go kasem stret jeneresen ia.

Sapos yu luk fored wetem hop mo wan tingting blong wantem mekem wanem we Lod i wantem yu mekem—hemia nomo wanem Hem i stap wet long yu blong mekem. ■

I kam long wan divosen toktok, “Truths Most Worth Knowing,” (Ol Trutok we Oli Gud Moa blong Save), we hem i bin givim long Brigham Yang Yunivesiti long 6 Novemba 2011. Blong ful toktok long Inglis, go long speeches.byu.edu.

OL NOT

1. Luk long “Come unto Jesus,” *Hymns*, no. 117.
2. Luk long *Teachings of Presidents of the Church: Joseph Smith* (2007), 211.

SINGSING LONG SINGSING WE YU LAEKEM TUMAS

Mi jes bonem bebi gel blong mi, Rebeka. Taem blong mi blong karem bebi i bin strong, mo mi bin taed.

Taem oli kam putum Rebeka long han blong mi, mi gat bigfala filing ia se mi mas singsing long hym ia we mi laekem tumas, “Mi Pikinini blong God” (*Singsing Tabu mo Singsing blong Ol Pikinini*, pej 58). Fas ansa blong mi hem i: “No mi taed tumas. Bae mi singsing afta.” Be afta, tingting ia i kambak long mi bakegen. Mekem se, nomata mi taed, mi stat blong singsing fas ves. Hasban blong mi mo mama blong mi, tufala i joenem mi.

Taem mifala i finis singsing, mi filim wan spesel filing insaed long rum. Iven dokta, we kasem taem ia i toktok olsem wan dokta nomo mo no toktok tumas, i krae mo wota i ron long fes blong hem. Woman dokta ia i talem tangkyu blong singsing long wan naesfala singsing. Hem i talem se aot long evri yia we hem i stap helpem ol mama blong oli bonem bebi, hem i neva filimolsem we

hem i bin filim long tetaem ia.

Mi tingtingbak long eksperiens ia mo askem miwan sapos mi save faenem wan kopi blong singsing ia mo givim long hem. Sore tumas, mi go bisi wetem laef mo mi fogetem hemia.

Nao dei i kam blong oli jekem mi afta we mi karem pikinini. Taem dokta i wokbaot i kam insaed long rum, fes blong hem i saen wantaem, mo hem i haggem mi. Hem i talem se hem i no bin save karemaot singsing ia aot long maen blong hem, mo i bin traem blong faenem miusik ia long Intanet blong hem i save singsing long famle blong hem. Taem ia nao Tabu Spirit i mekem mi mi tingbaot se mi mas karem wan kopi blong miusik ia blong hem. Mi promesem hem se long wik ia nomo, bae mi kambak wetem miusik.

Long naet ia, mi prea blong kasem help blong mi faenem miusik blong singsing ia we bae i stret long hem. Long nekis

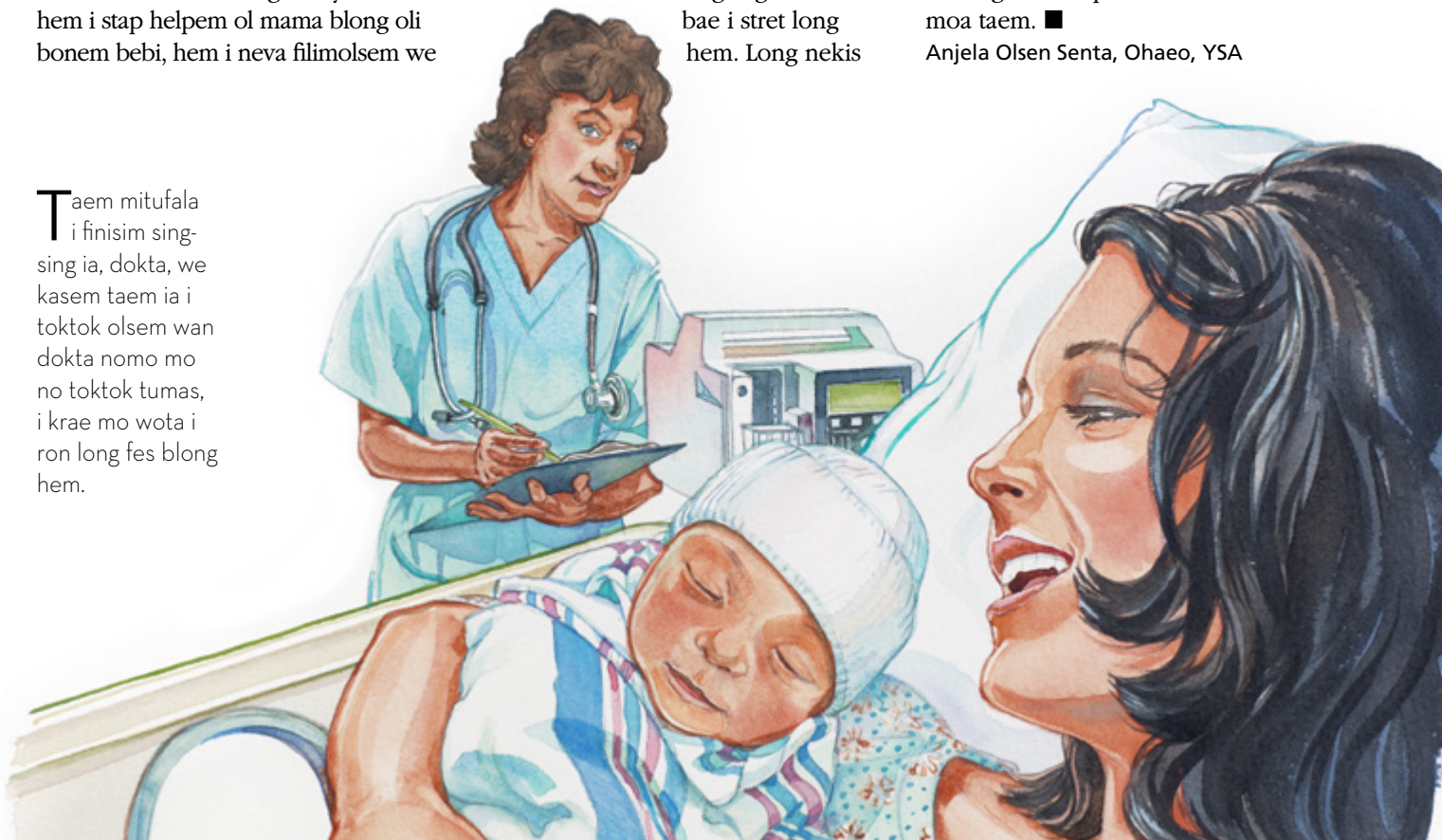
afternun, mi putum oda long wan Sidi we singsing ia i stap long hem. Taem i kam long postofis sam dei afta, mi wantem givim long hem kwiktaem.

Hemi bin glad tumas blong kasem mo i talem tangkyu from presen ia. Hem i talem se hem i no save stret from wanem, be singsing ia i impoten tumas blong hem i serem wetem famle blong hem. Taem mitufala i gohed blong toktok, mi serem wetem hem, i no lav we mi gat long singsing ia nomo, be tu, testimoni blong mi abaot ol simpol trutok we singsing ia i tijim.

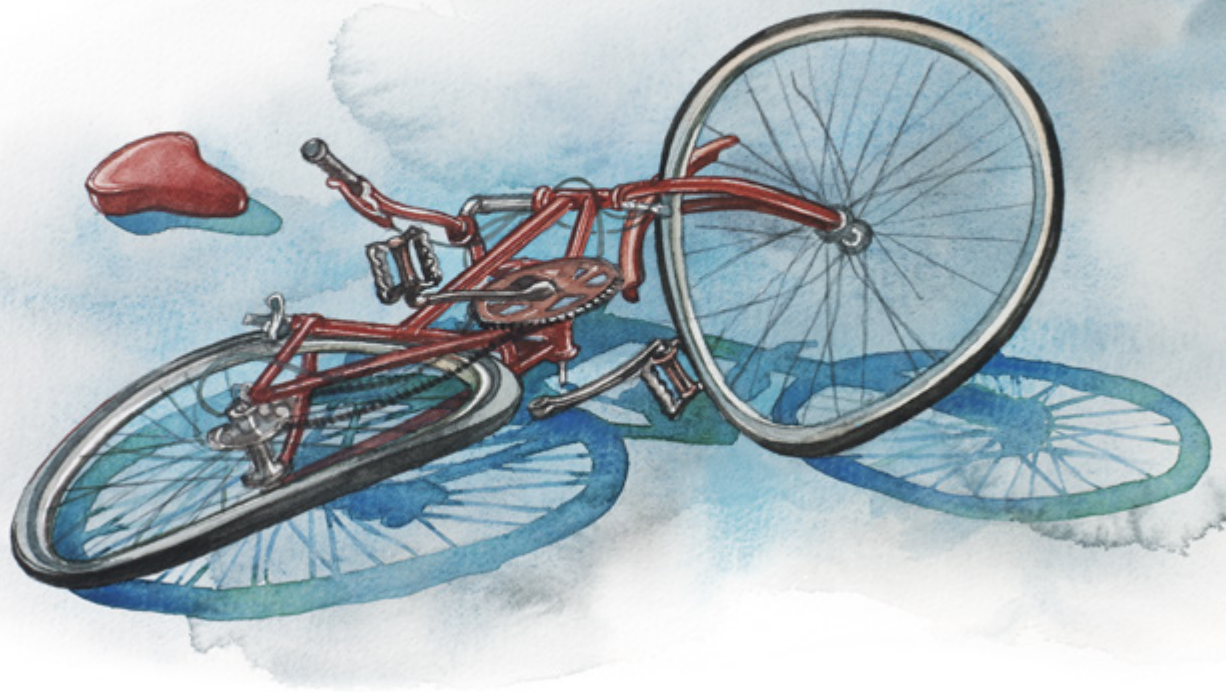
Taem mi draev i gobak hom long dei ia, mi bin filim lav we Papa blong yumi long Heven i gat long wan long ol gel blong Hem–woman dokta blong mi. Hem i save mo lavem hem, mo Hem i bin wantem woman ia blong i mas andastanem se hem tu i save gobak stap wetem Hem wan moa taem. ■

Anjela Olsen Senta, Ohaeo, YSA

Taem mitufala i finisim singsing ia, dokta, we kasem taem ia i toktok olsem wan dokta nomo mo no toktok tumas, i krae mo wota i ron long fes blong hem.



?From wanem
Papa long
Heven bae i no
“oltaem” lukluk long
mifala mo givim wo-
ning long mifala?



PROMES BLONG HEM BLONG: OLTAEM

Taem mi sidaon long sakramen miting, mo tingting hevi long prea blong bred, ol toktok oli gohed blong ripitim olgetawan insaed long maen blong mi: “blong oli save gat Spirit blong hem i stap wetem olgeta oltaem” (Moronae 4:3; D&C 20:77).

“Oltaem.” I no talem—long samfala taem nomo. ?From wanem nao, sam manis i pas, hasban blong mi mo mi i no kasem toktok long Spirit long saed blong olsem wanem blong protektem boe blong mitufala we i gat 11 yia, bifo hem i ded long wan aksiden blong basket mo trak? ?From wanem Papa long Heven bae i no “oltaem” lukluk long mifala mo givim woning long mifala?

Oli tijim mi long Praemer, mo mi bin bilivim se Tabu Spirit bae i protektem yumi. Bae Hem i yusum kwaet, smol voes bong lukluk, gaedem mo wonem yumi long ol denja. Tingting ia i bin stap long maen blong mi stat long taem we Ben i ded. Mi misim hem fulap, mo hat blong mi i soa blong mi

andastanem hemia wetem pis.

?Wehem nao voes blong woning? ?Wehem Tabu Spirit? Mi filim se mifala i stap mekem evri samting blong stap stret mo gud. Mifala i pem taeting, go long ol miting long jos, mo givim seves taem oli askem mifala. Mifala i no stret evriwan, be mifala i stap gat famle haos naet mo skripja stadi. Mifala i stap traem.

Kolosap long sem taem ia, mi sidaon long klas blong Rilif Sosaeti taem tija i tokbaot wan stori blong wan memba blong famle blong hem. Taem hem i stap wet long stop laet, famle memba i filim se bae hem i mas stap long ples we hem i stap long hem taem bae laet i go grin. Hem i mekem folem kwaet toktok ia, mo klosap wantaem nomo, wan bigfala trak i kam long kona, i bitim red laet. Sapos hem i no harem mo obei long voes ia, hem mo ol pikinini blong hem bae oli kasem kil o bae oli ded.

Stori ia i kasem gud mi, be taem mi sidaon long jea blong mi we mi stap

krae, mi rere blong stanap mo aot long rum, wan bigfala kamfot i kam long mi. Mi bin filim pis from se Tabu Spirit i bin stap wetem mi. Long kes blong mi, Hem i no bin olsem wan voes blong woning, be blong kamfot.

Stat long taem blong aksiden blong Ben, mi bin filim paoa we i bitim hemia blong mi mo lav blong Papa long Heveni givim kamfot long mi. Mi no save andastanem, sam taem, from wanem sam samting oli hapen, be mi neva gat tu tingting long lav blong Hem.

Mi gat fet se God i andastanem evri samting mo bae i neva livim mi we mi no gat kamfot. Tabu Spirit i plei plante pat long laef blong yumi. Hem i save protektem yumi, be tu, Hem i save gaedem yumi, kamfotem yumi, tijim yumi, mo givim save mo ol nara blesing.

Mi lanem se Papa long Heven i stap kipim ol promes blong Hem. Hem ibin stap “oltaem” wetem mi. ■ Robin Kaspas, Yuta, YSA



Mi luk tufala boe, we wan i gat samples faef yia mo narawan seven yia, we tufala i ron long paking blong stoa wetem wota blong ae i ron long fes blong tufala.

SPIRIT I TALEM KWAET LONG MI

“!E i yufala! “!Yufala i kambak!” wan voes ia i singaot olsem.

Mi tanem raon blong luk tufala boe, we wan i gat samples faef yia mo narawan seven yia, we tufala i ron long paking blong stoa wetem wota blong ae i ron long fes blong tufala. Fes blong man blong stoa i luk nogud long semtaem we i stap singaot long tufala.

Taem mi stap tanem mi i gobak long trak blong mi, Spirit i talem kwaet long mi: “Bae yu save givhan long ples ia.” Toktok ia i kwaet, be yet, i klia, mekem se afta, mi stap ron i go long paking ples ia i go from tufala boe ia.

Mi faenem bigwan long tufala i stanap long saed blong wan braon bas. Mi go kolosap long hem mo nildaon long saed blong hem.

“Halo. Nem blong mi Kristina. ?Yu oraet?”

Taem hem i harem toktok blong mi, hem i krae strong moa mo haedem fes blong hem long han blong mi. Man blong stoa mo nara boe oli kam luk mitufala.

“Mi ting se tufala i toktok Franis nomo,” man blong stoa i talem long mi. “Mifala i jes faenem tufala we tufala

i ronron insaed long stoa, tufala i lus.”

Mi talem bakegen ol toktok blong mi long ol pikinini long Franis. Franis i mama lanwis blong mi, be mi no bin toktok long hem stat long taem we oli bin adoptem mi i go long wan famle we i toktok Inglis taem mi wan smol pikinini. Be, Franis blong mi i no gudgud tumas. Be long tetaem ia, Franis blong mi i no brokbrok nating. Ol toktok oli kam klia long maen blong mi taem mi stap mekem tufala boe i stap kwaet.

Bitwin ol kraekrae blong hem, bigfala boe i talem long wan hariap toktok se hem mo brata blong hem, tufala i no save faenem papa mo mama blong tufala insaed long stoa, mo tufala i ron aotsaed blong faenem tufala. Taem mi stap lisin, mi no luk-save nating hao we i gud tumas se mi stap storian gud long Franis, be tu, mi andastanem gud mo mi stap helpem tu pikinini we tufala i fraet i stap.

“Tufala i lusum papa mo mama blong tufala mo tufala i wantem wet long tufala long ples ia, long trak blong olgeta,” mi talem long man blong stoa. Smol boe i talem nem blong papa mo mama blong

tufala, mo mi givim long man blong stoa blong hem i save mekem anaonsmen long stoa. Sam minit afta, boe i luk papa blong hem i kamaot long stoa mo i ron i go long hem.

Taem mi folem boe ia we i go long papa blong hem, nao mi nomo save talem wan smol gudbae toktok long Franis. Mi traem blong talem wan samting we bae tufala boe i save andastanem, be mi save talem samfala toktok nomo. Nao, mi tokok Inglis, mo talem long boe ia: “Tata. I gud tumas blong save mitim yu.”

Taem mi livim tufala boe wetem papa mo mama blong tufala, mi bin fulap long tangkyu. Papa long Heven i bin wok tru long mi blong givhan long tu smol pikinini blong Hem. Tingting blong mi i stap daon from Lod i save mekem ol smol paoa blong mi oli kam antap blong mekem ol stamba tingting blong Hem oli kamtru. Mi bin glad tumas blong save witnessem wanem i save hapen taem yumi stap givim yumiwan long Hem taem Hem i singaotem yumi, iven long ol situesen we oli defren smol. ■
Kristina Olbrek, Wasington, YSA

!YUMI MAS GO LONG TEMPOL NAOIA!

Wan Sandei moning, oli prisentem wan memba we i jes baptaes i kam long wod. Nem blong hem i Lidia. Hem i winim hat blong mifala wantaem nomo.

Lidia i olfala mo i blaen from hem i kasem sik suga longtaem finis. Hem i kam blong save ol memba blong wod tru long voes mo wokbaot blong olgeta. Bae hem i talem nem blong olgeta mo sekhan wetem olgeta, mo mifala i neva tokbaot se hem i blaen.

Afta wan yia we hem i mas wet, Lidia i go luk bisop mo stek presiden blong kasem tempol endaomen blong hem. Wan dei, long Rilif Sosaeti, hem i pulum mi go long saed blong hem mo talem: “Stek presiden i talem long mi se mi mas go long tempol kwiktaem. ?Bae yu glad blong kam wetem mi?”

Hem i fas wik blong Disemba—wan bisi taem blong yumi evriwan. Mi traem blong talem eskus mo talem: “?Bae yumi no save wet kasem Jenuware?”

“No. !Yumi mas go naoia!”

Wan grup blong ol woman blong wod oli stap go long tempol evri manis, mekem se mi go luk olgeta blong oli go wetem Lidia. Olgeta tu oli bisi tumas. Be Lidia, wetem wota long ae blong hem, i talem bakegen long mifala se stek presiden i talem long hem blong go kwiktaem.

Afta we hem i talem hemia, mifala evriwan i agri blong mekem 241 km trip long wik afta. Long rod i go, mifala i fulumap bas wetem storian mo frensip blong eit woman. Lidia i glad bitim glad long tempol eksperiens blong hem mo blesing blong kasem endaomen blong hem.

Long fas wik blong Jenuware, helt blong Lidia i go nogud moa mo hem i admit long hospital long imejensi. Wan wik afta, hem i go. Be Lidia i

go wetem ol blesing we oli no save finis we hem i bin kasem insaed long tempol sam wik bifo.

Afta, mi tokbaot long stek presiden stori blong trip blong mifala, mo talem long hem olsem wanem nao mi bin sapraes se hem i bin filim blong talem long Lidia blong hem i mas go long tempol kwiktaem.

“Mi no minim se hem i mas go naoia” presiden i talem. “Oltaem mi stap talem long ol niufalawan we oli kasem rekomen blong go kwiktaem long tempol. Spirit nao i toktok long Lidia, li no mi!”

Lidia i tijim mifala evriwan blong lisin long Spirit mo blong tekem aksen folem kwiktaem. Mi tangkyu tumas blong hem i mekem mi tingbaot blong lisin long kwaet, smol voes. ■
Meri Holm Iwen, Kalifonia, YSA

“Stek presiden i talem long mi se mi mas go long tempol kwiktaem.” Lidia i talem. ?Bae yu glad blong kam wetem mi?”





**I Kam long Elda
Antoni D. Pekins**
Blong Olgeta Seventi

GO FORED WETEM Fet

Yufala, ol yang adalt, yufala i stap laef naoia long wanem oli singaotem “Taem blong Mekem Ol Desisen.” Yufala i stap mekem plante long ol joes we oli moa impoten long laef blong yufala, olsem “blong go long tempol, go long wan misin, kasem wan gudfala pepa long skul, jusum wan wok, mo jusum wan kompanion, mo sil blong taem naoia mo ful taem we i no save finis insaed long tabu tempol.”¹

Mi toktok speseli long olgeta we oli stap traehad wetem wan o plante long ol impoten desisen ia—maet sam oli nomo save mov from oli fraet blong mekem rong desisen, o oli nidim sapot blong gohed blong gat tras long wan desisen we hem i mekem finis.

I gat fofala lesen blong mekem desisen wetem insperesen we i kam long Nifae, we, sapos yu praktisim, i save daonem ol fraet blong yu, mo i leftemap tras blong yu blong mov i go fored.

1. Obei long Olgeta Komanmen.

Las ves blong tabu rekod blong Nifae i tokbaot gud ful laef blong hem: “From olsem ia nao Lod i bin givim oda long mi, mo mi mas obei. Amen.” (Seken Nifae 33:15).

Fet mo lav blong Nifae we hem i gat long Sevyia i eksampol blong fasin blong hem blong obei long olgeta komanmen. Hem i bin prea (luk long Fas Nifae 2:16). Hem i ridim olgeta skripja (luk long Fas Nifae 22:1). Hem i lukaotem mo folem daereksen blong wan profet we i stap laef (luk long Fas Nifae 16:23–24). Kaen fasin ia blong obei i letem Tabu Spirit blong givhan strong long Nifae truaot long laef blong hem, mo i mekem se hem i kasem revelesen blong hemwan oltaem.

Yu tu, yu mas stap kolosap long Lod taem yu stap obei long olgeta komanmen blong God. Mi testifae se fasin blong stap obei oltaem long ol smol samting olsem ridim ol skripja, prea evri dei, go long ol miting blong Jos, mekem folem kaonsel blong ol

**I gat fofala lesen
blong mekem de-
sisen wetem in-
speresen we i kam
long Nifae, we i
save daonem ol
fraet blong yumi,
mo mekem yumi
gat moa tras blong
mov i go fored.**

profet we oli stap laef, mo blong givim seves long ol narawan bae oli mekem yu yu kwalifae blong kasem Spirit—mo revelesen we i kam wetem.

Fasin blong stap stret gud evriwan i no wan samting we yu mas gat fastaem blong save kasem revelesen blong yuwan. Fasin we yu mas gat



*Fet mo lav blong
Nifae we hem i gat
long Sevyia i eksam-
pol blong fasin blong
hem blong obei long
olgeta komanmen.*

fastaem, hem i fasin blong sakem sin evri dei (luk long Rom 3:23). Sapos fasin blong yu blong sakem sin i kam wetem tru tingting mo i series (luk long D&C 58:42–43), paoa blong Atonmen blong klinin man bae i tekem Spirit i kam blong i lidim yu long ol hevi desisen blong laef.

2. Muv Fored Wetem Fet

Putum yuwan long sandel blong Nifae. Papa blong yu i talem long yu se Lod i givim oda blong famle blong yu i aot long ol rij samting we yufala i gat mo go long ples we i no gat man long hem. ?Bae yu no wantem save abaot wokbaot blong yufala mo ples we bae yufala i go long hem?

Mi ting se Nifae bae i glad tumas sapos Lod i talem klia fluja blong hem. Be, hemia i no wei we God i stap wok long hem, mo hem i no olsem wanem bae Hem i wok wetem yu.

Taem famle blong Nifae i wokbaot tru long ples we i no gat man long hem, ol instraksen oli kam long hem “wanwan taem” (Fas Nifae 16:29; 18:1). Sapos hem i bin luk finis wokbaot blong laef blong hem, hemia bae i no save givim hem ol eksperiens blong mekem sol blong hem i kam antap, mo mekem fet blong hem i

kam antap, we oli ol eksperiens ia we oli bin helpem hem blong kam moa olsem wan man we i olsem Kraes.

Sapos yu stap wet long God blong i talemaot long yu wanem topik blong stadi long hem, huia blong maredem, mo wanem wok blong akseptem, weaples blong stap long hem, o blong go long wan graduet skul, mo hamas pikinini blong gat, bae i luk olsem se bae yu neva aot long haos blong yu. Mi testifae se revelesen blong yuwan bae i kam “wanwan taem.”

Papa blong yumi long Heven i wantem yumi blong groap, mo hemia i minim tu blong developem paoa blong skelem ol samting, mekem gud jajmen, mo mekem ol desisen. Be Hem i invaetem yumi tu blong talem ol desisen blong yumi long Hem tru long prea (luk long D&C 9:7–9). Elda Rijad G. Skot blong Kworom blong Olgeta Twelef Aposol i tijim se ol ansa long ol prea blong yumi long “wan long ol *trifala* wei ia.”²

Wan Stret Save wetem Konfemesen

Elda Skot i talem: “Faswan. Yu save filim pis, kamfot, mo stret save we i konfemem se desisen blong yu i raet.”³ Waef blong mi, Kristi, mo mi, mitufala i faenem se stret save ia long ol desisen we oli impoten tumas long laef, God i save talemaot tru long ol skripja, mo plante taem afta, tru long tempol wosip.

Eksampol. Afta we mitufala i bin tingting hevi, mo prea, mitufala i disaed blong lego niufala drim haos blong mitufala long Teksas, blong akseptem wan wok long wan niu ples, mo muvum ol sikis yang pikinini blong mitufala i go long Beijing, Jaena. Be mitufala i nidim tumas konfemesen long saed blong spirit blong save mekem muv ia. Stret save we i kam long heven i kam long mitufala—insaed

BLONG DAONEM OL FRAET MO MEKEM TRAS I KAM ANTAP

1. Obei long olgeta komanmen.
2. Muv fored wetem fet
3. Laef long Taem Naoia
4. Tekem Paoa blong Ol Narawan





Mi ting se Nifae bae i glad tu-mas sapos Lod i talem klia fiuja blong hem. Be, hemia i no wei we God i stap wok long hem, mo hem i no olsem wanem bae Hem i wok wetem yu.

Bae i gat ol taem we oli kam long taem blong yu blong mekem desisen we yu no save pusumbak i go moa, be yu mas tekem aksen. Mi bin lanem hemia taem Elda Dalin H. Oks blong Kworom blong Olgeta Twelef Aposol i tijim: “bae yumi kasem ol kwaet toktok blong Spirit taem yumi mekem evri samting we yumi save mekem, taem yumi stap wok andanit long hot san, be i no taem yumi stap sidaon gud andanit long sed mo stap prea from daereksen long fas samting blong mekem.”⁶

Olsem wetem Nifae, Spirit bae i konfemem, o bae i givim woning, long stret taem long rod we yu jusum blong tekem.

3. Laef long Taem Naoia

Komitmen blong Nifae long wokbaot ia i go long promes graon i stap i defren long wokbaot blong ol brata blong hem, Leman mo Lemyul. Tufala i mekem desisen blong go, be hat blong tufala i neva aot long Jerusalem. Nifae i stap mekem gud bo blong hem we i brok blong i go lukaotem kaekae mo sam tul blong bildim wan sip taem ol brata blong hem oli stastap nomo insaed long wan tenet.

Tedei, wol i gat fulap Leman mo Lemyul. Be Lod i nidim ol man mo ol woman we oli komitim olgeta olsem Nifae. Bae yu gat moa bigfala pogres long laef taem yu komitim yu fulwan long ol desisen blong yu mo traehad blong kam gud long situesen we yu stap long hem, mo yet gat wan ae i open long fiuja.

Nifae i eksampol blong waes kaonsel blong Presiden Tomas S. Monson: “Blong stap dei drim long wanem we i pas finis, mo blong stap wet blong fiuja i kam, i save givim wan kamfot, be i no save tekem ples blong stap laef long

long tempol—taem mitufala i ridim ol toktok insaed long Doktrin mo Ol Kavenan: “we i talem se hemia i tingting blong Hem we bae mitufala i no mas stastap longtaem tumas long ples ia; no tingting long propeti. Go long ol graon long Is” (luk long D&C 66:5–7)

Voes blong Jisas Kraes insaed long ol skripja, we oli kam wetem ol strong filing we i kam long Tabu Spirit, i konfemem desisen se muv blong mitufala i go long Jaena i stret.

Ol Filing we Oli No Stap Kwaet

Seken wei we Papa long Heven i ansa long ol prea hem i tru long wan “filing we i no stap kwaetkwaet, o tingting i no gat, we i soem se joes blong yu i wan rongwan.”⁴

Afta long misin blong mi i go long Taewan, mi ting se bae i gud blong mi wok long saed blong intanasonol loa. Taem Kristi mo mi i lukluk long hemia olsem wan gud fiuja, mitufala i andastanem tu se i gat faef moa yia blong sas edukesen we i stap kam tu wetem.

Ekonomi long Amerika i stap long trabol mo mane blong mitufala i smol nomo, mekem se mitufala i luk se blong joenem Ea Fos ROTC bae i wan waes joes blong pem skul blong mi. Be taem mi stap tekem ol tes mo fulumap ol pepawok, tingting blong mitufala

i no save stap kwaetkwaet blong mekem komitmen ia. I no se i nomo gat tingting, o ol nogud filing i kam—mitufala i no stap long pis nomo.

Wanem we i luk se i no wan stret desisen long faenens i wan insperesen, !from se bae mi no wan gudfala loya nating!

Tras we I Kam long Heven

God i ansarem ol prea long wan nambatri wei: no ansa. “Taem yu stap laef klin inaf mo joes blong yu i stret wetem ol tijing blong Sevyu, mo yu nidim blong tekem aksen,” Elda Skot i talem: “Gohed wetem tras.”⁵

Las traem blong Nifae blong kasem ol buk we oli wokem long bras i soemaot olsem wanem yumi mas gohed wetem tras we i kam long heven. Hem i raetem:

“Mo Spirit i bin lidim mi, mi no bin save yet wanem ol samting we bae mi mas mekem.

“Be mi bin go forod” (Fas Nifae 4:6–7).

taem we i stap naoia. Hemia i dei blong janis blong yu, mo yu mas tekem.”⁷

4. Tekem Paoa blong Ol Narawan

Iven afta we yumi askem Spirit, muv fored wetem desisen blong yumi, mo komitim yumi fulwan long desisen ia, ol tu tingting oli save kam antap mo i save mekem yumi gat kwestin long desisen blong yumi. Long ol situesen olsem, wan memba blong famle o wan fren we yu trastem i save givim kaonsel mo paoa blong stap long rod ia. Mi givim tingting se, folem rod ia, woman we bae i maredem Nifae i kam wan angka we hem i trastem.

Mi kam blong glad long waef blong Nifae taem mi bin stap visitim Jos



Wan memba blong famle o wan fren we yu trastem i save givim kaonsel mo paoa blong stap long rod ia.



Histri Miusium. Mi laekem tumas wan peinting we i bin stap, abaot Nifae we oli fasem hem long pos blong wan sip, i wetwet evriwan from oli stap long wan strong win wetem ren.⁸

Long saed blong Nifae i gat waef blong hem mo wan long ol pikinini blong hem. Woman ia i stap gotru long semfala strong win mo ren ia, mo semmak jalenj we Nifae i stap gotru long hem, be ae blong hem i strong, mo strong han blong hem i go raon long Nifae i protektem hem. Long taem ia, mi luksave se, mi tu, mi gat blesing ia blong gat wan waef we i tru long mi, we i givim paoa long ol taem blong tes blong mi. Mi hop se mi tu mi mekem semfala samting long hem.

Ol Brata. Blong holemtaet paoa long saed blong spirit we yu developem (o bae yu developem yet) taem yu wan misinari, o long taem blong nara stret mo gud seves, mo mekem paoa ia i kam strong moa, i wan long ol bes tul blong kam wan hasban mo papa we oli wantem yu. Ol Sista.

Blong save filim Spirit, gat fet, mo strong paoa long tingting blong folem Jisas Kraes, oli stap long medel blong ol bes kwaliti blong yu olsem wan waef mo wan mama.

Mi invaetem yufala blong kam kaen man o woman ia we waef o hasban blong yu i save kam long hem blong kasem waes kaonsel mo paoa. Wan man wetem klin fasin mo wan woman we i klin inaf, we tufala i sil blong taem naoia mo blong ful taem we i no save finis insaed long wan tempol, i save mekem ol had samting olsem tufala patna we tufala i ikwol.

Mi promes se sapos yu praktisim ol lesen we yu lanem aot long Nifae mo ol profet blong tedei long saed blong mekem desisen, bae Lod i lidim yu wetem ol revelesen blong yuwan “wanwan taem.” Taem yu stap progres tru long taem blong desisen, bae yu, olsem Nifae, i gat fet blong talem:

“Mo Spirit i bin lidim mi, mi no bin save yet wanem ol samting we bae mi mas mekem.

“Be mi bin go fored” (Fas Nifae 4:6–7). ■

I kamaot long wan divosen toktok, “Nevertheless I Went Forth,” we hem i givim long Brigham Yang Yunivesiti long 4 Feb 2014. Blong ful toktok long Inglis, go long speeches.byu.edu.

OL NOT

1. Robert D. Hales, “To the Aaronic Priesthood: Preparing for the Decade of Decision,” *Liahona*, Mei 2007, 48.
2. Richard G. Scott, “Using the Supernal Gift of Prayer,” *Liahona*, Mei 2007, 10. oli ade-map italik long orijinol.
3. Richard G. Scott, “Using the Supernal Gift of Prayer,” *Liahona*, Mei 2007, 10.
4. Richard G. Scott, “Using the Supernal Gift of Prayer,” *Liahona*, Mei 2007, 10.
5. Richard G. Scott, “Using the Supernal Gift of Prayer,” *Liahona*, Mei 2007, 10.
6. Dallin H. Oaks, “In His Own Time, in His Own Way,” *Liahona*, Ogis 2013, 26.
7. Thomas S. Monson, “In Search of Treasure,” *Liahona*, Mei 2003, 20.
8. Luk long *Helpmeet*, i kam long K. Sean Sullivan, in “The Book of Mormon: A Worldwide View,” *Liahona*, Dis 2000, 37.

LUKAOTEM HEM

“?From wanem yufala i stap lukaot man we i laef long
ples blong ol ded man? Hem i no stap long ples ia.
Hem i girap bakegen long ded.”

(Luk 24:5-6.)



FROM JOSEF

*Faenem sikis wei we laef blong yu hem i defren,
(o i save kam defren) from Profet Josef Smit.*

I Kam long Ted Barnis

Prishud Dipatmen

Josef Smit i ded ova long 170 yia i pas. Hem i laef 38 yia nomo, mo i spendem plante long ol taem ia long ol ples we oli no save olgeta, mekem se bae yu no save faenem olgeta long eniwan long ol ditel map ia. Mo ating yu save gud plante samting we hem i bin mekem long laef blong hem. ?Be yu yu bin tingting long olsem wanem nao ol samting ia oli tajem yuwan? Maet ol wei ia oli plante tumas blong kaontem, be yu save stat wetem olgeta sikis ia.

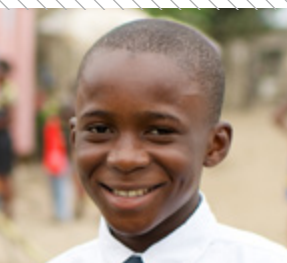
From Josef Smit:

1. Yu andastanem huia stret God, mo huia stret Jisas Kraes.

Iyen sapos i no Josef Smit, bae yu stil biliv long God we i Papa mo long Jisas Kraes. Yu save gat ol testimoni blong Baebol. Be tingting long hamas nao andastaning blong yu i moa dip mo rij from wanem we Josef Smit i bin putumbak—ol witnes blong Buk blong Momon we oli tok stret mo oli konfemem ol samting, Doktrin mo Ol Kavenan, mo Perel we I Gat Bigfala Praes. Eksampol. Yu yu save wan samting we plante long wol oli no save: i we Sevy we i girap bakegen long ded i bin kamaot long Ol Amerika—i pruvum toktok blong Hem se Hem i God blong Isrel, be tu, Hem i God blong ful wol (Tri Nifae 11:14).

Tingting long olsem wanem nao testimoni blong yu long saed blong Papa long Heven mo Jisas Kraes i kam strong moa tru long strong witnes blong ol profet olsem Nifae, Alma, mo Moronae—mo no fogetem Josef Smit hemwan, we i talem: !Hem i stap laef! From we hem i luk Jisas long raet saed blong han blong God (Luk long D&C 76:22–23). Long wan taem we oli jalenjem fet long God mo Jisas Kraes mo oli lego tingting ia, !hem i wan blesing blong gat laet ia antap wanem we i stap finis!





3. Famle blong yu i save stap blong taem we i no save finis.

?From wanem plante pipol tumas oli konfius se mared mo famle oli impoten o no? Maet from se oli no save doktrin we i kambak tru long Josef Smit, se mared mo famle, God nao i odenem mo oli blong taem we i no save finis (luk long D&C 49:15; 132:7). Oli no ol kastom we man i mekem we sosaeti i nomo nidim—oli pat blong oda we i no save finis, we i blong heven. Mo tangkyu from ol prishud ki mo ol tempol odinens we oli kambak tru long Josef Smit, nao bae famle blong yu we i no save finis i save stat long ples ia, long wol.

2. Yu save se yu yu wan pikinini blong God—mo evri narawan tu.

Maet, trutok we i moa impoten we Josef Smit i bin putumbak, i trutok abaot rilesensip blong yumi wetem God.¹ Hem nao i stret Papa blong yumi. ?Yu bin stop finis mo tingting long saed blong ol samting we i kamaot long tru samting ia? Hemia i jenisim wei we yu stap lukluk long yuwan: nomata wanem wol i tingting abaot yu, yu save se yu yu wan pikinini blong God, we God i lavem yu, wetem ol kwaliti blong Hem we yu gat insaed long yu. Hem i jenisim wei we yu luk ol narawan: wantaem nomo, evriwan—*evriwan*—i brata mo sista blong yu. Hem i jenisim wei we yu lukluk long laef: Evri glad mo tes blong hem oli pat blong plan blong Papa long Heven blong helpem yu blong kam olsem Hem. !Hemia i wan gud samting mo yu stap singsing long hem long Praemeril!²

4. Yu save yusum prishud mo ol blesing blong hem.

From se God i putumbak prishud blong Hem tru long Josef Smit, yu save kasem baptaes, mo yu save kasem presen we i Tabu Spirit. Yu save lukaotem ol prishud blesing blong yu kam oraet bakegen, blong yu gat pis long tingting, blong i lidim yu. Yu save mekem ol tabu kavenan we i joenem yu mo God. Mo yu save riniu ol kavenan blong yu evri wik taem yu kakae sakramen. Tru long ol odinens blong prishud, paoa blong God i save kam insaed long laef blong yu (luk long D&C 84:20–21). I no gat wan long olgeta samting ia bae i posibol sapos i no from wok we i bin kamtru long Josef Smit.



5. Yu fri long adiksen long ol samting we oli spolem yu.

O, i save hapen sapos yu obei long revelesen we Josef Smit i givim long yia 1833—longtaem bifo oli pruvum long saens se tabak i save givim kansa mo alkohol i givim sik blong liva. Taem yu gat wan profet i stap we i stap talemaot waes tingting blong God, ?from wanem nao bae yu wet long waes tingting blong wol i talem sem samting? Tok blong Waes i soem se God i kea, i no long spirit blong yumi nomo, be tu, long bodi blong yumi (luk long D&C 89). Long en blong dei, olsem we ol revelesen blong Josef Smit oli soemaot, blong gat wan bodi, i mekem se yumi moa olsem Papa blong yumi we i stap long Heven, we Hem tu i gat wan bodi blong mit mo bun, be i no olsem wan nara samting moa (luk long D&C 130:22).

JOENEM STORIAN

OL SAMTING BLONG TINGTING HEVI LONG OLGETA LONG SANDEI

- ?Olsem wanem nao mi save mekem testimoni blong mi long saed blong Profet Josef Smit i kam strong moa?
- ?Olsem wanem nao mi save soem tangkyu blong mi moa from wan profet we i stap laef tru long ol toktok mo aksen blong mi?

OL SAMTING WE YU SAVE MEKEM

- Long jos, wetem famle mo fren blong yu, o long sosol media, serem olsem wanem Profet Josef Smit i lidim tingting blong yu long laef blong yu.
- Semmak olsem we Josef Smit i bin mekem, askem ol kwestin blong yu long Papa long Heven. Tekem taem blong nildaon long prea mo askem Hem blong i lidim yu. Afta, wet mo lisen long ol aedia mo filing we oli kam. Raetemdaon ol tingting blong yu insaed long jenol blong yu.
- Ridim toktok ia, “Josef Smit” we i kam long Elda Nil L. Andesen blong Kworom blong Olgeta Twelef Aposol we i kamaot long Oktoba 2014 jeneral konfrens. Mekem sam plan blong putum tufala aedia ia long praktis mo serem testimoni blong yu long saed blong Josef Smit.



6. Yu save kam blong save trutok yuwan tru long Tabu Spirit.

Taem yang Josef i go insaed long Tabu Bus long yia 1820, bilif we i bin stap long medel blong plante jos i we, revelesen i wan samting we i blong bifo. Fas Visen blong Josef i pruvum sem hemia i rong. Ol heven oli open—i no long ol profet nomo.

Eniwan we i gat wan kwestin i save kasesem ansa tru long prea wetem tingting i stap daon, mo i tru (luk long D&C 42:61; 88:63). Eksampol. Yu save faenemaot yuwan se Josef Smit i wan profet blong God, long semfala wei nomo we Josef i faenemaot trutok: askem long God Hemwan.

Lis ia i wan stat nomo. ?Wanem nao bae yu ademap? ?Olsem wanem laef blong yu i defren from Josef Smit? ■

OL NOT

1. Luk long *Teachings of Presidents of the Church: Joseph Smith* (2007), 37–144.
2. Luk long “Mi Pikinini blong God,” *Singsing Tabu mo Singsing blong Ol Pikinini*, pej 58.

“Profet we i stap laef i moa impoten long yumi bitim wan profet we i ded...”

“... Revelesen blong God i go long Adam i no givim insraksen long Noa long olsem wanem blong bildim Bigfala Sip ia. Noa i nidim revelesen blong hemwan. From hemia, profet we i moa impoten, long saed blong yu mo mi, i profet we i stap laef long taem blong yumi, we Lod i stap talemaot ol samting long hem long saed blong yumi. From hemia, samting we yumi save ridim we i moa impoten, i eni long ol toktok blong profet we i stap long magasin blong Jos we i kamaot evri manis. Ol insraksen blong yumi wokbaot folem long wanwan sikis manis taem, oli stap long ol toktok blong jeneral konfrens, we oli stap printim olgeta insaed long *Liahona* magasin...”

“Lukaot long olgeta we bae oli putum ol ded profet agensem ol profet we oli stap laef, from we **ol profet we oli stap laef, toktok blong olgeta nao i stanap i stap.**” ■

*I kam long Presiden Ezra Taf Benson (1899-1994),
“Fotin Stamba Risen blong stap folem Profet”
(Brigham Young University devotional,
Feb. 26, 1980), 2, speeches.byu.edu.*

Serem Ol Aedia blong Yu

?Hem i minim wanem long yu blong sastenem ol profet we oli stap laef?
Serem ol aedia blong yu wetem famle mo ol fren o long sosol media.

EKSAMPOL BLONG SEVYA BLONG *Fasin blong Stap Obei*

*Eksampol blong Hem i putum paten i stap
blong yumi evriwan i folem.*

“**L**ong evri lesen yumi lanem aot long laef blong Sevy, i no gat wan we i moa klia mo i gat moa paoa bitim lesen ia blong stap obei” Elda Robet D. Hels blong Kworom blong Olgeta Twelef Aposol i tijim long Epril 2014 jeneral konfrens. Eksampol blong Sevy i tijim yumi *from wanem* fasin blong stap obei long Papa long Heven i impoten long yumi, be tu, *olsem wanem* yumi save stap obei. Taem yu luklukbak long olgeta eksampol ia we oli kamaot long seves blong Hem, tingting long olsem wanem nao oli putum wan rod i stap blong folem long laef blong yu.

HEM I TALEM SE HEM
I NO **LUKAOTEM**
BLONG MEKEM
TINGTING BLONG
HEMWAN, BE
TINGTING BLONG
PAPA WE I BIN
SENDEM HEM I KAM.

(Jon 5:30; luk tu long
Jon 6:38; 8:28-29; 14:31)



?WANEM NAO YU SAVE MEKEM?

Elda Hels i talem se: "Jisas i tijim yumi long simpol lanwis nomo we i isi blong andastanem: 'Sapos yu lavem mi, obei long olgeta komanmen blong mi' [Jon 14:15], mo 'Kam, biae long mi' [Luk 18:22]."

?Bae yu mekem wanem tedei blong yu obei moa?



2

1. Nomata we Jisas i no bin gat sin, Hem i kasem baptaes blong "mekem evri stret mo gud fasin" oli hapen (Matiu 3:13-17; luk tu long Seken Nifae 31:4-7; Jon 3:5).

2. Taem Hem i bin gat 12 yia, taem Josef mo Meri i faenem Jisas i stap tij insaed long tempol, we "Hem i stap andanit long tufala yet," nao Hem i obei mo gobak hom wetem tufala (luk long Luk 2:42-51).

3. Nomata Hem i askem sapos bae Hem i no dring long kap ia, Hem i putum Hem anda long safaring long Garen blong Getsemane (luk long Matiu 26:36-44; Luk 22:39-54).

4. Hem i kipim Sabat mo i go long ol seves long haos blong prea (luk long Luk 4:16-44).

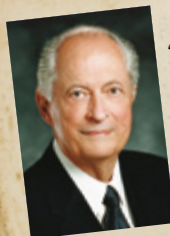
5. Jisas i putum Hem i stap blong man i jajem Hem, blong mekem se wok mo glori blong Papa blong Hem i save kam blong hapen (luk long Aesea 53:7; Matiu 26:53; Moses 1:39).

6. Hem i mekem finisim wok blong Hem taem Hem i letem ol nogud man oli hanggem Hem long kros (luk long Matiu 27:35; Jon 10:17-18; Galesia 1:3-5).

3



FROM WE SEVYA BLONG YUMI I BIN OBEI



"From fasin blong obei blong Sevya, Hem i pem praes from ol sin blong yumi, i mekem yumi save girap bakegen long ded mo rere long wei blong yumi blong gobak long Papa blong yumi long Heven, we i bin save se bae yumi mekem mistek taem yumi lanem blong obei long laef ia. Taem yumi obei, yumi akseptem sakrifaes blong Hem, from yumi biliv se tru long Atonmen blong Kraes, bae evri man oli save stap sef, taem oli stap obei long ol loa mo olgeta odinens blong gospel."

Elda Robert D. Hels blong Kworom blong Olgeta Twelef Aposol, "Sipos Yufala I Lavem Mi, Bamba Yufala I Save Obei long Ol Tok blong Mi," Jeneral Konfrens, Epril 2014.



1



6



7

“TRUAOT LONG
SEVES BLONG HEM,
HEM I **FESEM OL**
TEMTESEN BE
HEM I **NO MEKEM**
FOLEM OLGETA

[LUK LONG D&C 20:22].”

Elda Robet D. Hels

8



9



4



5



7. Oltaem Hem i obei long
Papa blong Hem; Jisas
i go long spirit wol mo i
bin oganaesem misinari
wok long ples ia (Fas
Pita 3:18–20; 4:6).

8. Setan i temtem Jisas,
be Hem i no mekem folem
toktok blong Setan (luk long
Matiu 4:1–11; D&C 20:22).

9. Hem i gohed blong
stap mekem tingting
blong Papa blong Hem
mo i stap lidim Jos (luk long
Joseph Smith—History 1:16–17;
D&C 19:2, 24).

SPES BLONG YUMI



OL FAEAMAN MO KLOS BLONG FAET BLONG GOD

Iwan kwaet dei long wokples blong mi olsem wan voluntia faeaman, mekem se mi disaed blong ridim Buk blong Momon. Taem wan fren long wok i luk mi stap rid, hem i askem sapos mi save olsem wanem blong putum klos blong faet blong God long taem blong yumi tedei. Taem mitufala i bin stap toktok, alam i ring. I gat wan faea long wan stoa kolosap.

Kwiktaem mifala i putum faea klos blong mifala mo go stret long ples ia. Ol laet blong faea oli bigwan, mo taem mifala i stap kam kolosap long stoa, wan samting i faerap i kam long mifala. Ol laet blong faea oli raonem mifala. Wanem i bin faerap ia i bin mekem tingting blong fren blong mi mo mi i lus smol taem. Be tangkyu long tul blong mifala mo klos we i protektem mifala, mifala i no kasem kil.

Taem mifala i gobak long faea stesen afta we mifala i kilimdaon faea, mi askem fren blong mi sapos hem i tingbaot kwestin blong hem long saed blong klos blong faet blong God. Hem i talem se yes, mo mi eksplenem se klos blong faet blong God i semmak olsem faea klos we i protektem mifala. Yumi mas werem oltaem blong mekem se yumi save stanap agensem ol strong atak blong enemi. Sapos yumi obei long ol komanmen, bae yumi gat blesing blong paoa blong proteksen we i kam long klos blong faet blong God, mo Tabu Spirit i lidim yumi. ■

Fernando de la Rosa Maron, Melsiko



SKRIPJA BLONG MI WE MI LAEKEM TUMAS

Fas Samuel 16:7. “FROM WE FASIN BLONG MI BLONG LUKLUK MAN I NO OLSEM FASIN BLONG MAN. MAN I STAP LUKLUK LONG BODI BLONG MAN NOMO, BE MI MI STAP LUKLUK LONG TINGTING BLONG HEM.”

Bifo mi joenem Jos, oltaem mi stap lukluk miwan olsem wan man olbaot wetem ol paoa we i nomol nomo. Mi filim se no gat wan samting we i impoten blong givim. Mi fraet blong soem long ol pipol huia stret mi from se mi fraet se bae oli sakemaot mi mo mekem nogud long mi. Mi ting se evriwan raon long mi i moa strong, i moa smat, mo i moa gud bitim mi.

Be evri tingting ia oli jenis taem mi kam wan memba blong Jos blong Jisas Kraes blong Ol Lata-dei Sent. Mi lanem se yumi evriwan i ol pikinini blong God mo yumi kasem ol tabu kwaliti. Naoia, mi andastanem se i no gat kompetisen long huia i moa smat, i moa rij, o i luk gud moa. Long ae blong Lod, yumi evriwan i stap long wan ikwol ples, mo Hem nao i stap jajem yumi—i no folem se bodi blong yumi i gud o no, be folem fasin blong yumi blong stap obei mo sapos yumi wantem folem rod ia we Hem i putum i stap. ■

Roan Azuseta, Filipin

?BAE YU WOK LONG SANDEI?

Taem mi gat 15 yia, mi kasem wan strong testimoni long saed blong gospel blong Jisas Kraes mo mi hapi tumas blong joenem Jos. Long tetaem ia, mi bin stap wok blong help blong sapotem famle blong mi. I no longtaem afta we mi bin baptaes, mi lusum wok blong mi.

Mi nid blong faenem wan niu wok from se famle blong mi i stap dipen long mi, be evri wok we mi askem, i nidim se mi mas wok long ol Sandei. Mi no akseptem fulap wok from se mi bin save se mi nid blong stap long jos long Sandei (luk long D&C 59:9–10).

Afta tu manis we mi lukaotem wok, mi stil no faenem wan wok yet. Mama blong mi i no wan memba blong Jos, mo nomata hem i no biliv long God, hem i kros tumas we mi no stap akseptem ol wok ia.

Wan naet, hem i lukluk mi wetem wota long ae mo askem: “From wanem God i letem hemia i hapen long yumi taem yumi stap fetful nomo blong mekem wanem we hem i raet?”

Mi ansa: “Mama, mi no save from wanem samting i stap hapen long yumi, be mi save se mi stap mekem raet samting,

mo mi save se God bae i blesem yumi from.”

Long nekis moning, wan i glad blong givim wan bigfala mane long mi blong spendem tu dei blong muvum sam hevi kago i aot long wan haos i go long wan nara haos. Wok ia i wan strong wok, be taem mi kasem mane, mi go stret long haos mo talem wan prea blong tangkyu. I no longtaem afta, mi faenem wan gudfala wok we mi no nid blong wok long Sandei, mo stat long tetaem ia, mi nomo stap we mi nomo gat wok.

Mi mi glad se mi jusum blong kipim Sabat dei i tabu. I gat fulap jalenj long laef, be mi save se sapos yumi traehad blong stap strong nomata ol jalenj we oli kam, bae Lod i blesem yumi. ■

Sahil Sarma, India





**I Kam long Elda
Nil L. Andesen**

Blong Kworom blong
Olgeta Twelef Aposol

OLSEM WANEM BLONG STAP WAES

Wetem taetol wef blong infomesen blong tedei, yumi nidim tumas blong gat waes tingting—waes tingting blong **seraotem ol samting mo luksave** olsem wanem blong yusum wanem we yumi stap lanem.

Yumi mas tingbaot:

1. Yumi mas lukaotem blong gat waes tingting.
2. Waes tingting, i gat plante defren kaen, mo i kaem long ol defren saes mo kala.
3. Waes tingting we oli kasem eli long laef i tekem ol bigfala blessing i kam.
4. Waes tingting long saed blong wan samting, yu no save yusum long wan narafala samting.
5. Waes tingting blong wol ia, we long plante taem oli gat valiu, i wan gudfala valiu sapos nomo hem i bodaon wetem tingting i stap daon long fored blong waes tingting blong God.

Ol skripja oli tokbaot tufala kaen waes tingting: waes tingting blong wol, mo waes tingting blong God. Waes tingting blong wol i gat gudfala

mo nogud saed blong hem. Blong tokbaot long nogud wei, yumi save talem se i wan trutok we i hafaf, i miks wetem waes mo fasin blong tantanem samting blong kasem ol samting folem selfis tingting mo nogud stamba tingting.

I gat wan nara kaen waes tingting blong wol we i no nogud tumas. Be, hem i gud i stap. Waes tingting ia, oli stap kasem tru long fasin blong **stadi, tingting longtaem, lukluk samting fastaem, mo traehad**. Hem i gat valiu mo i save help long ol samting we yumi stap mekem. Long ol pipol we oli gud mo gat klin tingting, waes tingting ia i kam taem yumi gotru long eksperiens long laef long wol ia.

Moa impoten long hemia, waes tingting we i tekem sakes i kam insaed long wol ia, hem i mas glad blong stap biae long waes tingting blong God mo i no gat tingting se i save tekem ples blong waes tingting blong God.

I no evri waes tingting we oli krietem i ikwol. Yumi nidim blong lanem se taem waes tingting blong wol i no agri wetem waes tingting blong God, yumi mas **mekem tingting blong yumi i agri long waes tingting blong God**.

Mi givim tingting se yu tekem sam poen we yu stap fesem. Raetemdaon wan laen i kamdaon long medel blong wan pepa. Listim daon waes tingting blong wol long lef saed, mo waes tingting blong God long raet saed. Raetem ol poen we oli no agri, oli agensem olgeta bakegen.

?Wanem joes nao yu stap mekem?

Long seksen 45 blong Doktrin mo Ol Kavenan, we i tokbaot ol samting we bae oli hapen i go kasem Seken Kaming blong Sevyia, bakegen Lod i talem stori blong ol ten yang gel we oli no save man yet, mo afta, i livim yumi wetem ol toktok ia: “From olgeta we oli waes mo oli bin akseptem

trutok, mo oli bin tekem Tabu Spirit olsem gaed blong olgeta, mo oli no bin folem ol giaman toktok—i tru, mi talem long yufala, bambae mi no ka-temdaon olgeta mo no sakem olgeta i go long faea, be bae oli stap laef long dei ia” (luk long D&C 45:57).

Bae yumi **lukaotem Waes Tingting blong God**. I gat plante samting we yumi save lanem naoia abaot waes tingting. Mi promesem yufala se blesing blong Lod bae i kam long yu taem yu stap lukaotem waes tingting, waes tingting blong God. Hem i wantem tumas blong serem waes tingting blong Hem wetem yumi. Mo sapos yumi stap obei mo stap prea, mo stap lukaotem waes tingting ia, bae i kam long yumi. ■

I kam long wan Brigham Young University–Idaho divosen we oli bin givim long 25 Septemba 2007.

?OLSEM WANEM YU BIN YUSUM HEMIA?

“Oltaem i gat tu rod i stap blong jusum. Yu save jusum wanem we yu wantem. Be yu mas disaed wetem waes. Mi save talem se blong jusum Lod i save helpem yu evri dei mo taem yu gat Tabu Spirit long saed blong yu, i save helpem yu blong gotru long wanwan situesen. Taem yu jusum rong saed, i save lidim yu i go long wan filing blong no stap hapi, wan filing we i olsem wan hapi blong sot taem, be afta, bae yu luk risal blong hem, mo bae yu harem se i konkon mo rigret long desisen we yu bin mekem. !Stap long saed blong Lod! Hem i no isi oltaem, !be hem i gud inaf blong mekem!”

Samuel J. Ostria

GO STRET LONG POEN



?Hem i oraet nomo blong go long
ol danis o lafet we mi save
 se bae **ol nogud samting**
 bae oli gohed long hem blong
 save stap wan **gud eksampol?**

Askem yuwan: “?Wanem kaen eksampol nao mi ting se bae mi rili givim long kaen situesen ia?” Sapos yu gat tingting blong go sam ples we bae i save gat drag o alkol, nogud dresap, miusik wetem ol doti toktok, o ol doti danis, ?olsem wanem nao bae yu save soem long ol pipol ia se yu save gat gud taem iven sapos i no gat olgeta samting ia? ?Olsem wanem nao ol pipol raon long yu bae oli tingting?—“!Hemia nao wan gudfala eksampol blong fet mo standet!” o “?From wanem man o woman i bin kam long fas ples?” Long plante kes, bae yu stap olsem wan eksampol we i gud moa taem yu no go nomo; from se bae yu no minim mo save se yu stap putum yuwan blong fesem temtesen. ■

?Hamas paoa nao Setan i gat blong lidim tingting blong mi?

Papa blong yumi long Heven i meksua se yumi gat fridom blong save mekem joes, paoa blong jusum gud o nogud. Bae Hem i no fosem yumi blong mekem gud, mo devel i no save fosem yumi blong mekem nogud (luk long *Teachings of Presidents of the Church*:

Joseph Smith [2007], 214).

So, taem yumi tokbaot tingting blong yu, devel i gat paoa blong lidim tingting blong yu olsem we yu glad blong letem hem i mekem. Profet Josef Smit i talem: “Setan i no save switim yumi tru long ol trik blong hem, be sapos nomo, yumi,

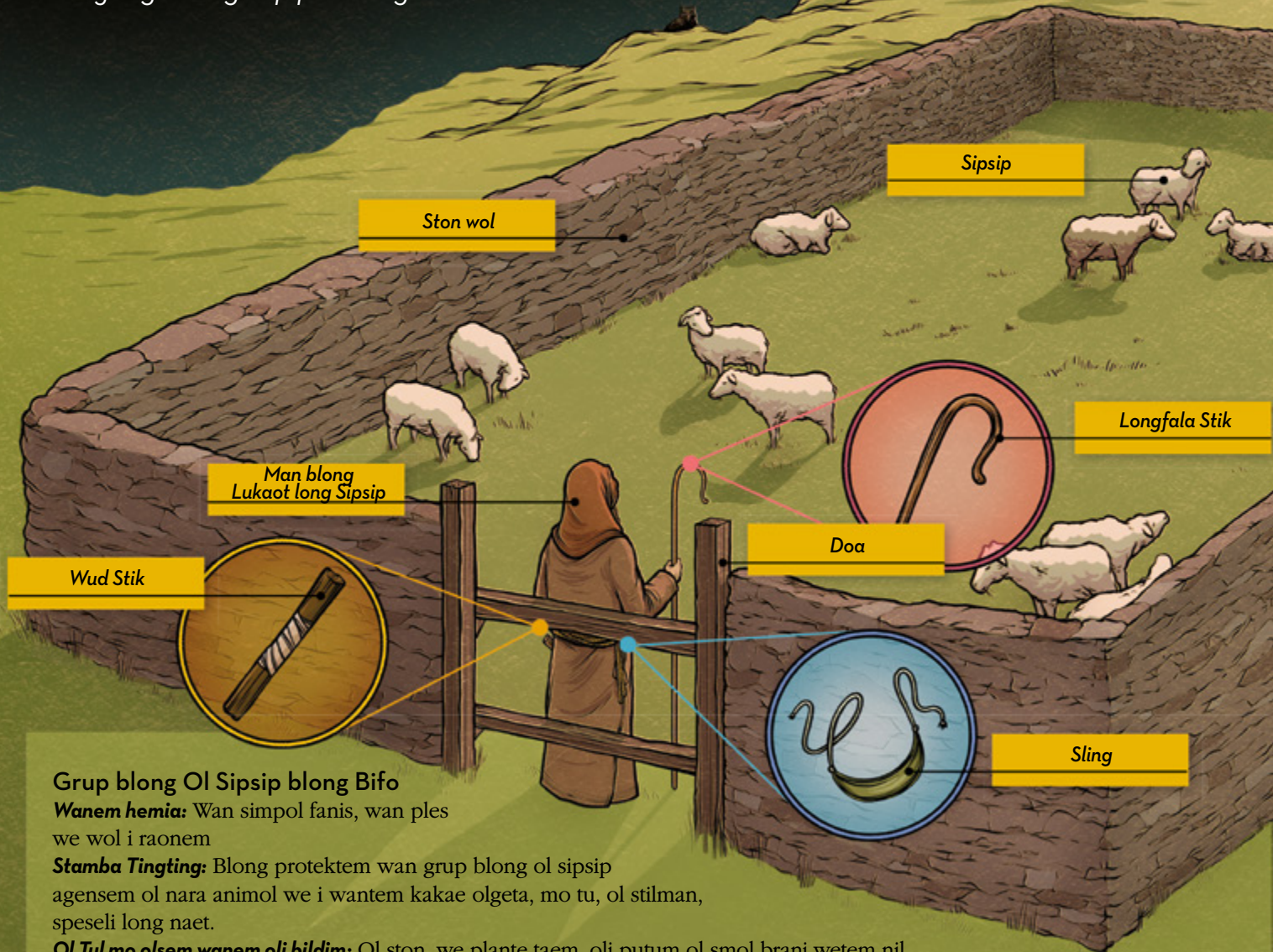
insaed long hat blong yumi, yumi agri mo yumi mekem folem” (*Teachings: Joseph Smith*, 213). Hem i talem tu: “Devel i no gat paoa ova long yumi, be nomo, sapos yumi letem hem” (214).

Antap long hemia, ol skripja oli talem long yumi se i no gat wan narafala man bakegen, be God nomo, we i save ol tingting mo ol samting we hat blong yu i wantem (luk long D&C 6:16); so Setan i no save wanem yu rili stap tingting

long hem. Hem i save givim ol temtesen mo trik. Be sapos yu jusum blong folem olgeta, hem i kasem moa paoa ova long yu, mo ol temtesen oli kam strong moa. Long semfala wei, sapos yu stanap agensem ivel, mo jusum gud, bae yu kam strong moa mo kasem blesing. ■

Wan Narafala Grup blong Sipsip mo WAN MAN BLONG LUKAOT LONG SIPSIP

Wan ples we fanis i raonem we oli putum wan grup blong ol sipsip insaed long hem i stap tijim yumi abaot kea we Sevyia i gat long ol pipol blong Hem.



Grup blong Ol Sipsip blong Bifo

Wanem hemia: Wan simpol fanis, wan ples we wol i raonem

Stamba Tingting: Blong protektem wan grup blong ol sipsip agensem ol nara animol we i wantem kakae olgeta, mo tu, ol stilman, speseli long naet.

Ol Tul mo olsem wanem oli bildim: Ol ston, we plante taem, oli putum ol smol branj wetem nil antap long ol stonwol ia. Ol tik nil branj, oli bin stap yusum olgeta tu blong mekem fanis blong sot taem. Samtaem oli stap yusum ol hol blong ston blong putum sipsip long hem, wetem ol smol ston mo smol bus we oli putum long fored blong hol blong ston ia.

TRU SAMTING LONG BAE BOL

- Ol sipsip, oli bin impoten tumas from mit, melek, gris, wul, skin mo hon blong olgeta, mo oli yusum plante olsem animol blong mekem sakrifaes.
- Long Isrel, ol waeldog, ol waelpuskat, ol kaen taega, mo ol jakal we bae oli save kakae ol sipsip. Long taem bifo, ol laeon mo ol bea tu oli bin stap laef long ol ples ia (luk long Fas Samuel 17:33-37).
- Ol man blong lukaot long sipsip oli yusum longfala stik blong lidim ol sipsip mo wan wudstik mo wan sling blong difendem olgeta.
- Wan man blong lukaot long sipsip i lidim ol sipsip blong hem blong go kakae mo dring wota long deitaem (luk long Ol Sam 23:1-2) mo oli kambak long fanis long naet taem. Man blong lukaot long sipsip bae oli kaontem ol sipsip taem oli stap kambak, mo stap lukaotem olgeta we oli mestem rod sapos sam oli no stap. Afta, bae hem i slip long forod blong doa blong fanis blong protektem olgeta.
- Jisas Kraes i singaotem Hem Gudfala Man blong Lukaot long Sipsip (luk long Jon 10:11-15) from se Hem i givim laef blong Hem from yumi. Hem i komperem Hem-wan long doa blong fanis (luk long Jon 10:1-9) from se tru long Hem nao yumi kasem kakae long saed blong spirit, spel, pis, fasin blong sevem man, mo fasin blong kam olsem wan god.
- Aposol Pol i komperem Jos ia long wan grup blong ol sipsip (luk long Ol Wok 20:28).



OL NARA SIPSIP

Sevya i tokbaot ol narafala sipsip we oli no blong yad ya” (Jon 10:16), we oli ol man blong Nifae mo ol man blong Leman, we God i sendem olgeta oli gowe long haos blong Isrel (luk long Tri Nifae 15:14-24). Hem i tokbaot tu blong visitim ol traeb blong Isrel we oli lus (luk long Tri Nifae 15:20; 16:1-3).

Wanem Nao Yumi Save Lanem

Fanis blong Sipsip oli:

Ples we grup blong animol i kam tugeta long hem. Olsem ol memba blong Jos, yumi stap serem wan strong yuniti tru long fet mo kavenan blong yumi, mo tu, tru long fasin blong kam tugeta long wan ples. Presiden Henri B. Aering, Fas Kaonsela long Fas Presidensi i tijim: “Glad blong yuniti we Papa long Heven i wantem tumas blong givim i no stap hemwan. Yumi mas lukaotem mo kwalifae from wetem ol narawan. I no wan sapraes we God i askem strong long yumi blong kam tugeta wanples blong mekem se Hem i save blesem yumi. Hem i wantem yumi blong kam tugeta insaed long ol famle. Hem i setemap ol klas, ol wod, ol branj, mo i givim oda long yumi blong mit tugeta plante taem. Long ol kam tugeta ia . . . yumi save prea, mo wok from yuniti we bae i givim glad long yumi, mo bae i dabdabolem paoa blong yumi blong givim seves” (“Our Hearts Knit as One,” *Liahona*, Nov 2008, 69).

Wan ples we i gat sefti mo spel. Long Jisas Kraes, yumi faenem spel long sol blong yumi (Matthew 11:29). Jos blong Hem i wan ples blong difendem yumi, mo i wan ples blong haed (luk long D&C 115:6). Mo olsem we Presiden Boed K. Peka, Presiden blong Kworom blong Olgeta Twelef Aposol i tijim: “Yumi faenem sefti mo sekiuriti blong yumiwan taem yumi ona long ol kavenan we yumi bin mekem, mo taem yumi stap mekem ol aksen blong stap obei we ol man we oli stap folem Kraes oli mas mekem” (“These Things I Know,” *Liahona*, Mei 2013, 7).

Man we i lukaot long sipsip i lukaot long hem. Jisas Kraes i Gudfala Man blong Lukaot long Sipsip ia we i sevem yumi. Hem i bin safa mo i bin ded blong mekem se yumi save winim sin mo ded mo gobak long Papa blong yumi long Heven. Taem yumi kam long Kraes mo stap obei long olgeta komammen blong Hem, Hem i blesem, gaedem, mo protektem yumi wanwan, mo tu, yumi olsem ol kavenan pipol blong Hem. ■

“?Olsem wanem bae mi filim oraet blong toktok long bisop blong mi abaot sam trabol, o sam poen?”

Maet bae yu filim i defren smol blong toktok long bisop blong yu long saed blong sam samting we yu stap traehad wetem, mo hemia hem i nomol. Plante taem, yumi filim defren long fored blong ol niu eksperiens o bifo yumi toktok wetem wan adalt.

Be bisop blong yu, God i singaotem hem. God i singaotem hem from se hem i wan disaepol blong Jisas Kraes we i komitim hem. Bae hem i mekem evri samting blong hem i stap kaen mo i anda-stanem man. Gol blong hem i blong helpem yu blong kam long Sevyia blong mekem se yu save faenem pis. Long fas ples, bae yu filim sem smol blong toktok long hem long saed blong sam kwestin o sam sin, be bae hem i no save tingdaon long yu afta long hemia. Wanem i tru, bae hem i glad blong yu gat tingting blong wantem kam antap. Mo bae hem i kipim storian blong yu oli sikret.

Yu no nid blong tekem ol hevi samting blong yu, yuwan nomo. Bisop blong yu i save help blong faenem ol ansa long ol kwestin blong yu, mo sapos i nid, i helpem yu blong sakem sin mo winim, tru long Atonmen blong Kraes, winim ol filing blong rong, lusum hop o filing blong no stap klin inaf.

Taem yu toktok long bisop blong yu, bae yu filim lav we hem i gat long yu. Nomata hem i responsibol blong ful wod o branj, stamba wok blong hem i blong lukaot long gud laef blong ol yang man mo ol yang woman. Bae yu no hambak long hem sapos yu askem help.

Yu save prea long Papa long Heven blong kasem paoa mo strong paoa long tingting blong toktok wetem bisop blong yu. Hem i givim raet blong hem long bisop blong yu blong helpem yu mo bisop blong yu i wantem tumas blong mekem olsem. Sapos yu go wetem wan open hat mo wan tingting blong wantem kam gud moa, bae yu luk se taem yu aot long ofis blong hem yu filim i moa gud bitim bifo.

Bae Hem I No Save Tingdaon long Yu Afta

Bisop blong wod blong yu i kasem atoriti blong lidim yu tru long ol step blong fasin blong sakem sin. Samtaem, blong tanem yu i go long bisop i wan wei ia nomo blong yu sakem sin fulwan tru long Sevyia. Taem mi nidim blong toktok long bisop blong mi, hem i helpem mi blong faenem Sevyia mo winim bigfala soa we mi eva gat. Bisop blong yu i wantem helpem yu. Koling blong hem i blong tekem kea long yu, mo bae hem i no save tingdaon long yu from wan samting we yu nid blong luk hem from.

Madison D. 18 yia, Yuta, YSA

Bisop blong Yu I Glad blong Givhan

Mi tu bifo, mi filim i defren blong stap long intaviu, be afta, mi luksave se bisop blong mi, oltaem i glad blong helpem mi stretem ol problem blong mi. Trastem bisop blong yu; hem i wan man blong lukaot long sipsip, mo wod i grup blong sipsip blong hem.

Jemi R. 19 yia, Kojambamba, Bolivia

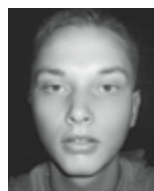


Bae Hem I No Spolem Tras blong Yu

Mi kam blong save se ating wan bisop, hem i wan adalt ia nao we wan yangfala

i save askem help long hem. Bae Hem i neva spolem tras we yu gat long hem—evri samting we yu serem wetem hem i stap wetem hem long ofis blong hem. Samtaem, hem i had blong serem ol problem blong yu, be blong toktoktaem yu fesem wan man we i lavem mo kea long yu mo i wantem yu mekem gud, i moa isi.

Nikol S. 18 yia, Aedaho, YSA



Yu Save Dipen long Hem

Bisop o branj presiden blong yu i wan tru wok-man blong Lod. Yu save dipen long hem blong hem i lidim yu taem yu stap lukaotem insperesen we i kam long Tabu Spirit mo ol skripja. Yu mas andastanem se bisop i stap ia blong helpem yu mo God nao i stap lidim hem.

Stanislav R. 19 yia, Donetsk, Yukren



Tingbaot se Hem I Lavem Yu

Sapos yu rili gat wan samting yu wantem toktok raon long hem wetem bisop blong yu, bae i moa isi blong storian long hem long ol samting abaot skul o ol nara samting olbaot fastaem. Sapos yu filim defren from se yu nidim blong toktok long hem from sam samting blong yu sakem sin from, jes tingbaot se hem i lavem yu. Yu no nid blong filim defren long wanem nao bae hem i tingting long yu afta, from se, ?from wanem bae hem i lukdaon long yu sapos yu wantem kam kolosap moa long Kraes?

Asli D. 17 yia, Arisona, YSA



Prea blong Save

Askem yuwan from wanem yu filim defren blong toktok long bisop. ?Yu ting se bae hem i no save givhan blong stretem ol problem blong yu? Prea blong save se i tru se bisop i lavem yu mo God i singaotem hem blong helpem yu.

Adam H. 13 yia, Kalifonia, YSA

Iven Sapos Yu Mekem Wan Mistek

Yu save harem se i had mo yu sem blong konfesem samting long bisop blong yu, be taem yu kamaot long ofis ia, bae yu harem gud, mo bae yu save se Papa long Heven i lavem yu. Hem i wantem yu blong yu stap hapi, iven sapos yu mekem wan mistek.

Amanda W. 16 yia, Yuta, YSA

Hem I Stap Ia blong Givhan

Bisop i man blong lukaot long sipsip long wod blong yu. Tingbaot se bae hem i traem bes blong hem blong helpem yu mo hem i gat paoa blong God long saed blong hem. Sapos yu filim se yu fraet, yu save prea blong kasem paoa blong save toktok long bisop blong yu. Long en, bae yu glad se yu bin go luk hem—mo bae i gud inaf.

Samuel H. 14 yia, Aedaho, YSA

Blong kasem moa infomesen long saed blong topik ia, luk C. Scott Grow, "Why and What Do I Need to Confess to My Bishop?" Liahona, Okt 2013, 59.



TOKTOK LONG PRAEVET LONG HEM

"Lukaotem blong kasem kaonsel long ol prishud

lida blong yu, speseli bisop blong yu. Hem i save ol standet, mo hem i save wanem blong tijim yu. Lukaotem ol janis blong stap wetem hem. Yu mas save se hem i save askem ol kwestin we i mekem man i tingting mo i lukluk long hemwan bakegen. Trastem Hem Toktok long Praevet long Hem Askem hem blong helpem yu andastanem wanem nao Lod i wet blong yu mekem. Mekem wan komitmen blong laef folem ol standet blong klin mo gud tingting blong Jos. I impoten tumas blong gat wan rilesensip we i gat mining wetem wan adalt lida blong helpem yu blong stap klin long saed blong seks mo stap klin inaf."

Elda M. Rasel Balad blong Kworom blong Olgeta Twelef Aposol, "Purity Precedes Power," Ensign, Nov 1990, 37.

KWESTIN WE I STAP KAM

"Oli stap jikim mi long skul from mi mi wan LDS. Mi save se mi nidim blong stanap from bilif blong mi, !be hem i had tumas! ?Olsem wanem nao bae mi gat strong tingting blong talem ol pipol ia blong oli stop?"

Sendem ansa blong yu mo, sapos yu wantem, wan kwaliti foto bifo long 1 Mei 2015 long liahona.lds.org, o tru long imel long liahona@ldschurch.org, o tru long postofis (luk long adres long pej 3).

Infomesen mo raet ia i mas stap insaed long imel o leta blong yu: (1) ful nem blong yu, (2) deit we yu bon long hem, (3) wod o branj, (4) stek o distrik, (5) leta blong yu blong givim raet, mo, sapos yu no gat 18 yia yet, papa o mama blong yu i mas raetem leta i kam blong givim raet (oli akseptem tu tru long imel) blong pablisim ansa mo foto blong yu.

Bae oli save jekem mo oli save katemaot sam pat blong ol ansa blong oli stret gud mo oli klia blong man i andastanem.

?Huia Hiro

I kam long Salot Mae Sepad

I kamaot long wan tru stori

"Stanap long tingting blong yu, ona blong yu, fet blong yu; stanap olsem wan hiro" (luk long Children's Songbook, 158).

Eli i stap kakae fingganel blong hem. Mis Fits i stap wokbaot long medel blong ol tebol blong klas mo askem wanwan studen, wan afta wan:

"Huia hiro blong yu?" Mis Fits i askem Jeremi.

Jeremi i no westem taem blong ansa. "I Papa blong mi!" hem i talem wetem praod.



blong Yu?

*Eli i bin save huia hiro blong hem,
be hem i fraet tumas blong talem.*

Mis Fits i smael. “?Mo yu Sara?”

Ansa blong hem i kam kwiktaem. “Ebrahim Linkon.”

Eli i filim hat blong hem i pam taem Mis Fits i gohed blong wokbaot long medel blong ol studen. Oli bin tokbaot ol hiro ful dei, mo naoia, evriwan i mas talem huia hiro blong hem—!long fored blong klas!

Amba mo Jastin, tufala i talem se mama blong tufala i hiro blong tufala. Wolta i talem se i bubuman blong hem. Sam nara studen oli talem nem blong wan king o wan presiden.

Samfala studen nomo i stap mo Mis Fits bae i kasem Eli. Hem i mas tingting long wan hiro—kwiktaem.

Eli lukluk sus blong hem, i sem. Blong talem nem blong wan hiro i no wan problem. Hem i save finis huia hiro blong hem. Hem i Jisas Kraes Hem i bin hilim ol sikman, mekem ol dedman oli laef bakegen

long ded, mo i bin pem praes blong sin blong evriwan. !Hem i hiro we i moa hae we i bin laef! Hem i fraet tumas blong talem.

Eli i kakae bigfala fingga blong hem taem hem i stap tingting se bae hem i talem long ful klas se Jisas Kraes i hiro blong hem. ?Olsem wanem sapos Jeremi i laf long hem? ?Olsem wanem sapos Sara mo Amba, tufala i tokbaot hem long brektaem?

Yes, hem i save se Jisas Kraes i hiro blong hem. Be hemia i no minim se evri narawan i mas save.

Mis Fits i stop long fored blong tebol blong Eli, i smael. “Mo ?huia hirao blong yu, Eli?”

Eli i lukluk long ol nara studen long saed blong hem, i go kasem Mis Fits. “Ebrahim Linkon”, hem i talem sloslo.

Fes blong Mis Fits i laet. “!Gud!” hem i talem mo wokbaot i go long nekis studen long laen.

Taem hem i go, solda blong Eli i harem gud. O, i pas finis nao. Las samting we bae i hapen i we bae evriwan long klas bae i save huia hiro blong hem—

“Jisas Kraes,” wan voes i talem.

Ae blong Eli i open bigwan taem hem i lukluk i go. Longwe—daon long laen ia—i gat wan smol boe i sidaon wetem hea blong hem olbaot. Hem i bunbun mo i no tok tumas, mo oltaem, hem i sidaon long bak blong klasrum. Eli i no save nem blong hem. Hem i no tingbaot se boe ia i stap toktok—kasem naoia nomo.

Sam studen oli tanem raon mo lukluk boe ia, be hem i no luk olgeta. Hem i jes lukluk Mis Fits mo toktok bakegen. “Hiro blong mi i Jisas Kraes.”

Mis Fits i smael gud mo gohed i go long laen ia. Be Eli i lukluk long boe ia wetem sapraes. Hem i bin fraet blong talem evriwan long saed blong hiro blong hem, be boe ia i no fraet. !Hem i no stap go long Jos tu! Be hem i bin save olsem wanem i impoten blong stanap olsem wan eksampol blong Jisas Kraes, iven taem i had blong mekem.

Eli i smael long boe ia. Bae hem i nomo fraet blong talem huia i hiro blong hem bakegen. Yes, tufala tu nao. ■

Woman we i raetem hemia i stap long Kalifonia, YSA.



Prea mo Katedral

I Kam long MaKel Joj

I kamaot long wan tru stori

"Nao from we yufala i stap lavlavem yufala, bambae olgeta man oli luksave se yufala i man blong mi" (Jon 13:35).

Dani lukluk i go antap be i no save luk top blong naesfala katedral. Ol pipol we oli blong wan defren Jos oli stap kam long ples ia. Dani i no andastanem from wanem famle blong hem i stap visitim jos ia long wan Fraedei, be Papa i talem se oli stap go long wan samting we oli sing-aotem Ivensong.

"?Wanem ia?" Dani i askem.

"Hem i wan miting we ol pipol oli stap singsing, ridim skripja, mo prea tugeta," Papa i talem. "Semmak olsem wan famle long en blong dei."

Dani i laekem tingting ia. Hem mo famle blong hem oli stap visitim Ingran. Las Sandei, oli bin go long wan wod long wan siti we nem blong hem i Yok. Long Praemer, evri pikinini oli bin save ol semfala skripja mo singsing we Dani i save. Hem i save se wod we hem i visitim i pat blong tru Jos blong Jisas, semmak olsem wod blong hem long homples blong hem.

Be katedral ia i defren evriwan long wanem hem i stap luk oltaem. Hem i luk wan smol tebol wetem ol kandel. Dani i lukluk wan boe we i stap laetem wan kandel.

"?From wanem yu stap laetem kandel?" Dani i askem hem.

Boe ia i smael. "Mi laetem wan kandel taem mi stap prea from ol





"Yumi mas lavem evri pipol, save stap ol man we i save lisingud, mo save soem intres long ol bilif blong olgeta."

Elda Dalin H. Oks blong Kworum blong Olgeta Twelef Aposol "Lavem mo Laef Wetem Olgeta we Oli Defren long Yu," *Jeneral Konfrens*, Okt 2014.

spesel samting. Taem laet blong kandel i stap bon i go, mi stap hop se prea blong mi, bae God i gohed blong harem."

Long Dani, i luk se oli ol nomol kandel nomo. Hem i konfius smol, be hem i gat kaen fasin. Hem i smael long boe.

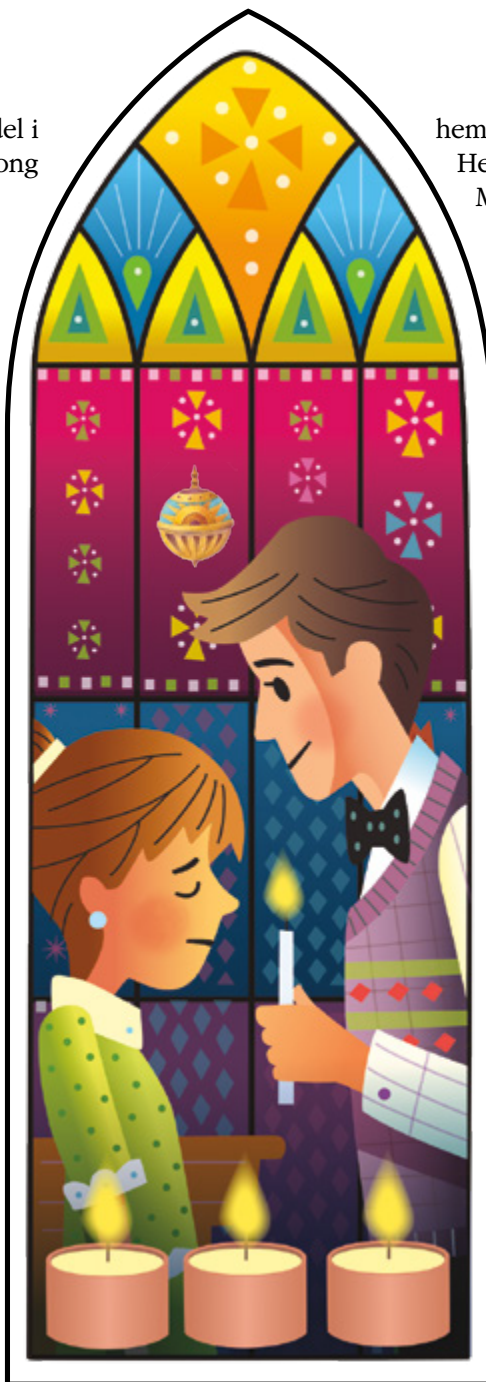
Dani mo famle blong hem i sidaon, mo i no longtaem afta, Ivensong i stat. Hem i luk sem-fala boe ia i sidaon i no longtaem tumas. Afta, hem i luksave se hem i no save ol singsing we evriwan i stap singsing long hem. Taem oli prea, oli stap ridim wan smol buk. Evri samting i defren long wanem we hem i save.

Be miusik i naes tumas, nomata we hem i no save gud. Nao wan man i girap blong ridim ol skripja. Hem i werem wan longfala dres, be i no wan sut mo tae olsem bisop blong Dani. Be taem hem i stat blong rid, !Dani i luksave stori ia! Hem i stap ridim stori we Jisas i hilim 10 man we oli gat leprosi.

Dani i talem slo: "Papa, mi laekem stori ia."

Papa i smael. "Mi tu."

Man ia we i werem longfala dres i talem wan prea. Hem i askem God blong blesem olgeta we oli sik mo olgeta we oli stap long nid. !Semmak olsem Dani! Hem i askem wan spesel blesing from ol lida blong jos. Dani i ting-baot olsem wanem famle blong



hem i stap askem oltaem long Papa long Heven blong blesem Presiden Tomas S. Monson mo ol kaonsela blong hem.

Wan gud filing i kam long hat blong Dani. Hem i bin save se Papa long Heven i stap talem long hem se Hem i lavem *evriwan* long ol pikinini blong Hem, mo i stap harem *evriwan* long ol prea, iven sapos oli stap go long wan defren jos mo oli no gat gospel we i fulwan.

Taem oli girap blong aot, Papa i jekem fon blong hem. Hem i no luk gud taem hem i stap ridim ol mesej blong hem. Hem i talem: "Sista Monson i ded."

"!O no!" Dani i talem wan kwik prea insaed long hat blong hem se Presiden Monson bae i oraet.

Wan i askem: "?Yufala i oraet?" Hemi boe ia we hemi toktoklong hem bifo. Hem i harem Dani mo i luk se hem i wari.

Dani i talem: "Sista Monson i ded." "Hem i waef blong profet blong mifala, Presiden Monson."

"Sore tumas." boe ia i talem long kaen fasin. "Bae mi laetem wan kandel blong hem."

Dani i smael mo talem tangkyu. Hem i ting se i naes blong boe ia i talem wan spesel prea blong Presiden Monson. Hem i save se Papa long Heven bae i harem prea we hem i talem long hat blong hem, mo tu, prea ia we boe i talem. ■

Man we i raet i stap long Yuta, YSA.



I Kam long Elda
Rasel M. Nelson

Blong Kworom
blong Olgeta
Twelef Aposol

*Ol memba blong
Kworom blong Olgeta
Twelef Aposol oli ol
spesel witnes blong
Jisas Kraes.*

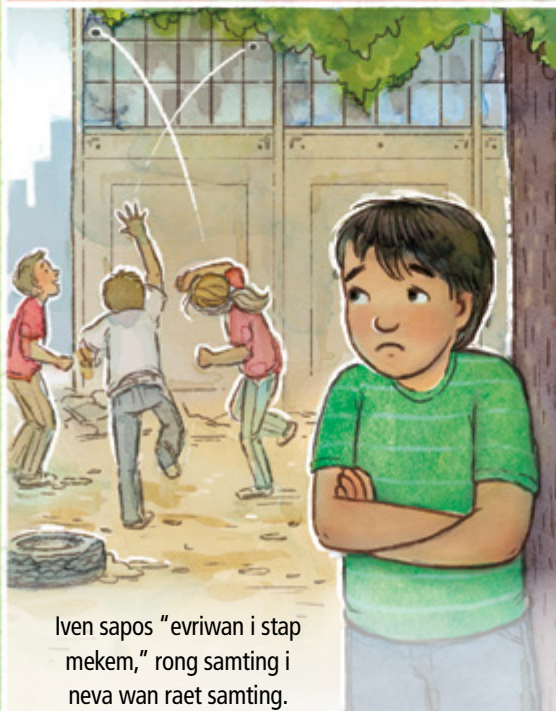
?From wanem hem i impoten tumas blong **STAP OBEI?**



!Taem yu obei long ol komanmen,
hem i tekem blesing i kam evri taem!



!Taem yu brekem ol komanmen,
i mekem yu lusum ol blesing, evri taem!



Iven sapos "evriwan i stap
mekem," rong samting i
neva wan raet samting.



Taem yu stap obei long God,
yu stap soemaot fet blong yu.

“Dei ya, hem i
dei we hem i win
long hem, i gud
yumi glad, yumi
mekem lafet.”

—Ol Sam 118:24.



Jisas I Hilim Wan Man we I Gat Leprosi



I Kam long Serin Sandeson

Tingabaot wan taem we yu bin sik. ?I gat wan we i mekem wan samting blong helpem yu kam oraet?

Long Niu Testeman, yumi ridim abaot wei we Jisas i soem kaen fasin long ol pipol we oli bin sik. Wan dei, wan man we i gat wan bigfala sik we oli singaotem leprosi, i go long Jisas. Hem i bin save se Jisas i gat paoa blong hilim evriwan we i bin sik. Hem i biliv se Jisas i save hilim hem. Jisas i tajem man we i kasem leprosi mo talem: “!Yu klin!” (Mak 1:41). Taem Jisas i toktok, wantaem nomo man ia i kam oraet.

Yumi save folem ol wokbaot blong Jisas taem yumi stap kaen mo gat lav long ol narawan we oli sik o harem nogud. ■

Woman we i rael i stap long Yuta, YSA.

OL TINGTING BLONG FAMLE STORIAN

Yu save ol skripja fes we oli stap long pej 74 blong talem stori we i kam long Mak 1:40–42. Afta, yu save ridim Jud 1:22 mo plan long olsem wanem blong mekem wan samting olsem wan famle blong mekem samting i defren long laef blong wan. !Maet yu save givhan long wan long sikret!

Singsing: “Tell Me the Stories of Jesus”
(*Children’s Songbook*, 57)

Skripja: Mak 1:40–42

Videos: Go long Biblevideos.org blong lukluk “Jesus Heals a Lame Man on the Sabbath” mo “Jesus Heals a Man Born Blind.”

STAP FOLEM WOKBAOT BLONG JISAS

Wetem famle blong yu,
rolplei long olsem wanem nao yu
save soem lav long ol narawan long
ol situesen ia. !Mekemap sam long
ol situesen blong yuwan!

Wan niu famle i muv i kam long eria we yu stap laef long hem.

Sam pikinini oli minim blong mekem nogud long wan nara pikinini long skul.

Wan visita we i no save eniwan long jos i kam long Praemeri.

Yangfala brata o sista blong yu i no gat wan blong stap pleplei wetem.

Bebi i stap krae, mo mama blong yu i stap traem blong mekem kakae.

Wan insaed long wod o branj blong yu i sik mo i no save aot long haos.

LANEM MOA: OL GOSPEL

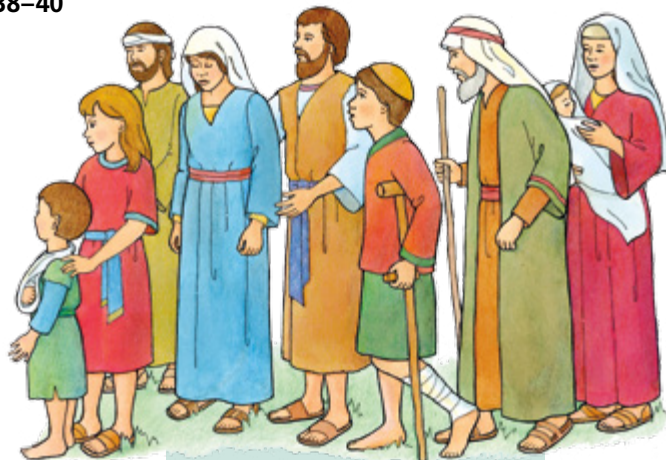
Niu Testeman i gat fo spesel buk we oli singaotem Ol Gospel, we samfala disaepol blong Jisas oli bin raetem. Ol Gospel oli tokbaot taem we Jisas Kraes i bin laef long wol ia. Stori abaot taem we Jisas i hilim man we i gat leprosi i stap long tri long Ol Gospel ia. Hem i stap long Mak 1:40–42, mo tu, insaed long Matiu 8:2–4 mo Luk 5:12–14.

SKRIPJA HELP: LUKAOTEM TOKTOK

Insaed long Mak 1:41 oli yusum toktok ia, *sore*. Samtaem i gat ol bigfala toktok insaed long Baebol we maet yu no andastanem gud. Taem yu faenem wan toktok we yu no save, yu save yusum Gaed long Ol Skripja blong helpem yu. Eksampol. Yu save lukluk long “Sore” blong faenemaot se toktok ia i minim wanem mo blong faenem ol nara skripja we oli yusum toktok ia. ?Wanem nara toktok nao yu save lukluk insaed long stori abaot Jisas we i hilim man we i gat leprosi?

Jisas I Hilim Ol Sikman

Mak 1:40–42; Luk 4:38–40



Grup blong ol man

Glu pej ia long wan hevi pepa, o tik pepa. Afta, katemaot ol fes mo glu olgeta long ol stik o pepa bag. Yusum olgeta blong aktem ol stori blong Niu Testeman.

Yu save printim moa kopi long liahona.lds.org.



Jisas Kraes



Man we i gat leprosi



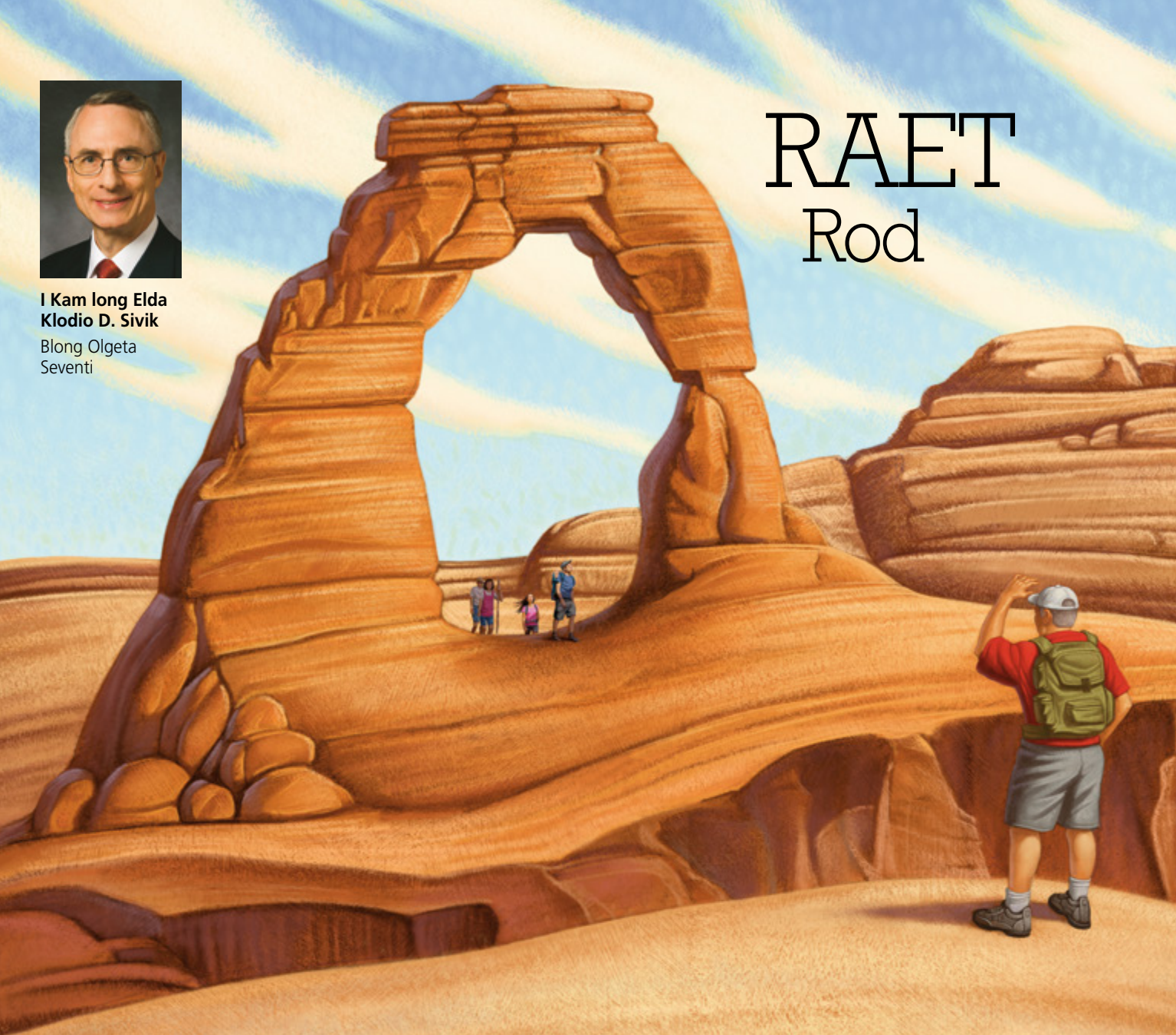
Mama blong waef blong Pita



I Kam long Elda
Klodio D. Sivik

Blong Olgeta
Seventi

RAET Rod



Harem ol toktok blong God ia we i mekem yu (luk long D&C 43:23).

Plante yia i pas, famle blong mi mo mi i visitim Ark Nasonal Pak long Yuta, YSA. Wan long ol naefala ark we man i savegud long pak, hem i Deliket Ark, mo mifala i disaed blong klaem long maonten blong kasem.

Mifala i smaet long stat, be afta sam oli wantem spel. Mi bin wantem kasem ples ia, mekem se mi gohed miwan. Mi no lukluk long rod we mi mas folem, nao mi stat blong folem wan man we mi luk se hem i save weaples hem i stap go.

Rod ia i kam had moa blong klaem. Mi save stret se famle blong mi bae i no save mekem. Wantaem nomo, mi luk Deliket Ark ia, be long sapraes blong mi, mi no

save kasem. Rod we mi tekem i no lidim mi i go long ark.

Mi kros smol mo i tanemraon i gobak. Mi wet kasem taem mi mitim grup blong mi bakegen. Oli talem long mi se oli bin folem ol saen we oli soem raet wei, mo wetem kea mo hadwok, oli kasem Deliket Ark. Sore tumas, mi bin tekem rong rod. !O Mi lanem wan lesen!

No mekem ae blong yu i lusum rod i go long laef we i no save finis wetem Papa blong yu long Heven. Folem olgeta prinsipol mo komanmen blong gospel we yu lanem, mo bae yu stap long raet rod blong laef wetem Hem blong oltaem. ■

I kam long "Bae Yumi No Tekem Rong Rod," Jeneral Konfrens, Epril 2014.

Mi Save Sevyia I Lavem Mi

I kam long Jen MakBraed Koet

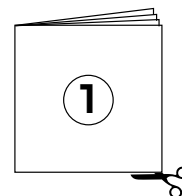
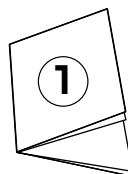
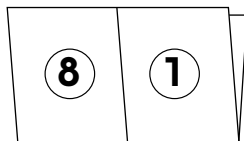
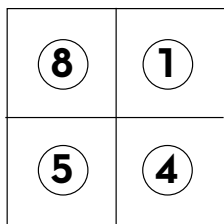
I kamaot long wan tru stori

Lani i bin traehad blong stap revren (kwaet) long jos. Be hem i taed, mo leg blong hem i wantem muvmuv.

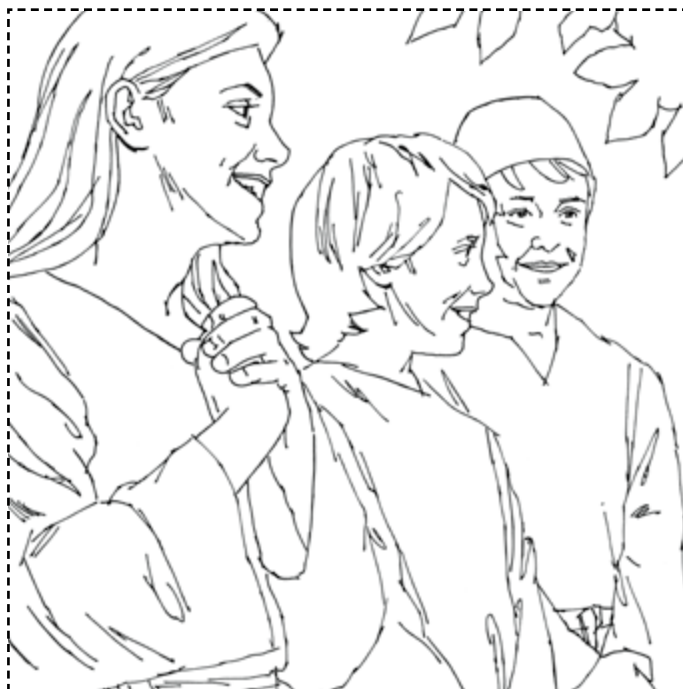


Afta long sakramen, Lani i openem buk blong hem abaot Jisas. Hem i faenem pikja blong Jisas wetem ol smol pikinini. Pikja ia i mekem hem i filim pis mo hapi insaed.

Stori ia i gohed long pej 79.



1-Katem



Buk blong mi abaot JISAS

8

*Mi Save Sevyu blong Mi I Lavem Mi
Ol toktok mo miusik i kam long Temi Jepson Krina mo Derina Bel*

5

*Mi no bin tajem Hem o sidaon long ni blong Hem,
be yet, mi save se hem i laef.*

1

4

*Lav we Hem i gat blong ol pikinini ia,
mi save se hem i gat blong mi tu.*



3- Foldem

2-Foldem

4-Katem



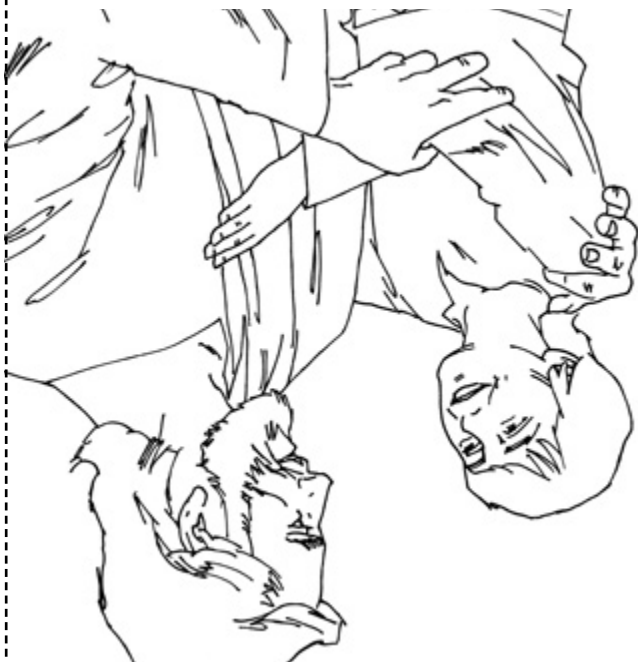
Long taem i pas, long wan naesfala ples,
ol pikinini oli kam raonem Jisas.

②



Mi givim hat blong mi.
I tru, Sevy a i lavem mi.

⑦



I blesem mo tif taem lav i stap raon.
Wanwan i luk Hem i krae.

③



Tru, Hem i laef!
Bae mi folem wetem fet.

⑥



Afta sakramen miting, Lani i askem
Mama: “?From wanem i isi moa
blong stap revren taem mi
lukluk buk blong mi abaot
Jisas?”

“Mi ting se from hem i mekem
yu tingbaot hamas Jisas i
lavem yu,” Mama i talem.

Lani i agri wetem
hed blong hem.
Hem i askem:
“?Yu ting se Jisas
i save se mi mi
lavem Hem tu?”

Mama i haggem
Lani. “Yes. Mi save
se Hem i save
avem mi.” ■



Woman we i raetem hemia i stap long Kolorado, YSA.

Manis ia i makem 100 yia stat long taem we Fas Presidensi i leftemap tingting blong ol memba blong gat famle kaos naet. Ol smol toktok ia oli kamaot long leta blong Fas Presidensi we i tokbaot famle kaos naet blong fas taem. Leta ia i kamaot long Epril 1915, mo oli printim insaed long magasin ia Improvement Era long Jun 1915 (ol pej 733–34). Oli stretem fasin blong raetem toktok mo seperetem sentens.

Ol Dia Brata mo Sista:
Mifala i givim kaonsel long Ol Lata-dei Sent blong folem gud komanmen blong Lod we Hem i givim long namba 68 seksen blong Doktrin mo Ol Kavenan we i talem se:

“folem hamas ol papa mo mama oli gat ol pikinini long Saeon, we oli no tijim olgeta blong andastanem doktrin blong fasin blong sakem sin, fet long Kraes Pikinini blong God we i laef, mo baptaes mo presen we i Tabu Spirit tru long fasin blong putum han antap long hed, taem oli gat eit yia, bae sin ia i stap long hed blong papa mo mama blong olgeta.

Mo oli mas tijim tu ol pikinini blong olgeta blong prea, mo blong wokbaot long stret laef long fored blong Lod.” [luk long D&C 68:25–28].

Ol pikinini blong Saeon oli mas folem gud moa ol komanmen blong Lod we Hem i bin givim long Isrel bifo, mo i talem bakegen long ol Lata-dei Sent:

“Oltaem bambae yufala i mas ona long papa mo mama blong yufala. Sipos yufala i folem fasin ya, bambae yufala i save stap longtaem long kantri ya we mi bambae mi givim long yufala.” [Eksodas 20:12].

Ol revelesen ia hem i fulwan blong ol Lata-dei Sent, mo God i stap askem long ol papa mo mama blong Jos ia we oli mas tijim olgeta komanmen ia mo oli mas yusum olgeta insaed long hom blong olgeta.

Blong mekem hemia, mifala i

givim advaes mo pusum stat blong wan “famle kaos naet” raon long Jos, we i wan taem we ol papa mo ol mama oli save pulum ol boe mo ol gel blong olgeta oli kam tugeta raon long olgeta insaed long hom, mo tijim olgeta long toktok blong Lod. Long wei ia, oli save lanem moa fulwan ol nid mo ol samting we famle blong olgeta i nidim, mo long semtaem,

100 YIA BLONG Famle Haos Naet



olgeta mo ol pikinini blong olgeta oli save kam blong save dip moa ol prinsipol blong gospel blong Jisas Kraes. Haos naet ia, oli mas putum i stap blong prea, singsing ol hym, singsing ol singsing, plei miusik, ridim skripja, tokbaot ol poen blong famle, mo ol stret instraksen long saed blong ol prinsipol blong gospel mo long saed blong fasin blong laef, mo tu, ol diuti mo ol wok we ol pikinini oli mas mekem long papa mo mama, ol wok insaed long hom, Jos, sosaeti mo nesen. Long ol smol pikinini, mekem

oli ripitim baehat skripja, singsing ol singsing, talem stori, mo plei gem. Oli save mekem wan smol kaekae blong save kakae tugeta long hom.

Fasin blong gat wan wei nomo blong mekem famle kaos naet, hemia oli no mas mekem, mo evri memba blong famle oli sapos blong tekpat long ol aktiviti.

Ol kam tugeta ia bae i givim janis blong gat tras bitwin papa, mama, mo pikinini, bitwin ol brata mo sista, mo tu, givim janis blong kasem ol toktok blong woning, kaonsel, mo advaes we i kam long papa mo mama i go long boe mo gel blong tufala. Bae oli givim wan janis blong ol boe mo gel blong givim ona long papa mo mama blong olgeta, mo blong soem tangkyu from ol blesing blong hom, blong mekem se promes we Lod i promesem, bae i save hapen mo laef blong olgeta i save longwan mo gat hapines long hem. . . .

Mifala i leftemap tingting blong ol yang pipol blong stap long kaos long naet ia blong yusum evri paoa blong yufala, blong mekem naet ia i wan taem blong lanem samting, blong kasem samting mo mekem i gat intres long hem.

Sapos olgeta Sent oli obei long kaonsel ia, mifala i promes se bae i gat ol bigfala blesing i kam. Lav long hom mo fasin blong stap obei long papa mo mama bae i kam antap. Fet bae i develop insaed long hat blong ol yut blong Isrel, mo bae oli kasem paoa blong faet agensem ol nogud paoa mo temtesen we i stap long fored blong olgeta.

Mifala, ol Brata blong yufala,
JOSEF F. SMIT
ANTON H. LAND
JALS W. PENROS
Fas Presidensi ■

SAM NIU TINGTING



?Olsem wanem mi save mekem famle haos naet i kam wan fas samting blong mekem?

“Taem yu stap wok blong mekem famle blong yu i kam strong moa, mo taem yu stap wok blong gat pis, tingbaot . . . famle haos naet evri wik. Lukaot blong no mekem famle haos naet i jes wan samting blong mekem afta wan bisi dei. Disaed long Mande i naet, famle blong yu bae i stap tugeta long haos long naet ia. No letem wok, spot, nara kaen aktiviti, homwok, o eni samting moa i kam moa impoten bitim taem we yu spendem tugeta long hom wetem famle blong yu. Oda blong ol samting insaed long naet ia i no impoten tumas bitim taem we yu spendem long hem. Gospel, oli mas tijim long wan fasin we i gat oda, mo tu, long nomol taem. Mekem i wan eksperiens we i gat mining blong wanwan memba blong famle.”

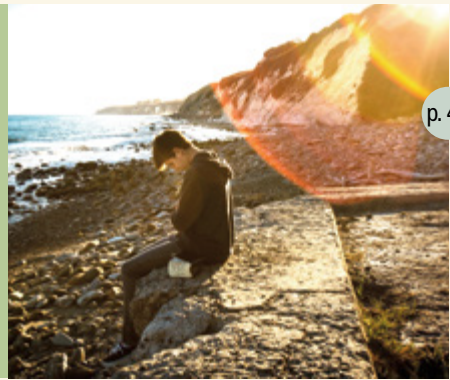
Elda Rijad G. Skot blong Kworum blong Olgeta Twelef Aposol, “Putum Faswan Fasin Ia blong Praktisim Fet,” *Jeneral Konfrens*, Okt 2014.

I Stap Tu Insaed long Magasin Ia

BLONG OL YANG ADALT

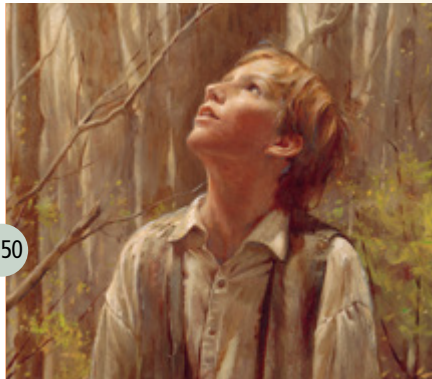
GO FORED WETEM **Fet**

Ol fo niu lukluk long laef blong Nifae
i save mekem yu gat tras long yuwan
blong mekem desisen.



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BLONG OL YUT



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FROM **JOSEF**

?Olsem wanem laef blong yu i defren from Profet
Josef Smit? Tingting long ol sikisfala wei ia.

BLONG OL PIKININI

MI SAVE SEVYA I LAVEM MI

Mekem smol buk blong yuwan blong
helpem yu blong stap revren long
taem blong Jos.



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JOS BLONG
JISAS KRAES
BLONG
OL LATA-DEI SENT