

Learn more about this month's Primary theme!

The Family Is Central to Heavenly Father's Plan



By Jan Taylor

Misha loved building towers out of blocks, but she sometimes got frustrated when the blocks toppled to the ground. Then she learned a secret. When she used more blocks at the bottom of her tower, it gave her tower a stronger foundation. It took patience and practice, but soon she could build towers that didn't fall down so easily.

Just like Misha learned to build stronger towers, we can learn to build a stronger family. Families are a very important part of Heavenly Father's plan for us. Before we were born, we lived as spirit sons and

daughters of Heavenly Father.

When it was time for us to come to earth, He planned for us to come to families. He wants our families to protect us, teach us, and help us return to Him.

We can work to give our family a stronger foundation. We can practice serving and helping each other. We can listen to and speak kindly to each other. We can pray and study the scriptures together. We can work together and spend time together doing things we enjoy. With patience and practice, we can build a stronger family. ■

SONG AND SCRIPTURE

- "Families Can Be Together Forever," (*Children's Songbook*, 188)
- Luke 6:47–49

IDEAS FOR FAMILY TALK

As a family, you could read Luke 6:47–49. Then you could talk about what these verses teach us about families. How has your family helped each other through challenging times? What can you do to build an even stronger foundation?



Family prayer

Eating dinner together

Family home evening

Playing together

Family scripture study

Visiting someone who is sick

Writing a letter to a missionary

Learning stories about our ancestors

MAKING OUR FAMILY STRONG

You can make a poster to help your family grow stronger!

- With the help of an adult, cut out the blocks. Glue onto a piece of paper the ones that show things your family is already doing. These blocks will represent your family's foundation.
- Choose another block that shows something your family would like to do or do better. After you complete this goal, add it to your tower. Place the poster where everyone can see it, and keep adding blocks to make your family strong!

Write some of your own ideas on the blank blocks.