HOW DID THEY KNOW?

President Dieter F. Uchtdorf, Second Counselor in the First Presidency, gave a message to the Relief Society sisters during the 2011 general Relief Society meeting that touched my heart and gave me peace. He spoke about the tiny forget-me-not flower and how its five petals represent five things we should always remember.¹

After the meeting my daughter Alyssa told me a story about her friend Jessie, who has a small catering business. Jessie was asked by her stake Relief Society leaders to make a dessert to serve after the general Relief Society meeting. Jessie told Alyssa she knew immediately what

The cupcakes were ready, but Jessie had sent a picture of them to a relative who said they were not fancy enough for the Relief Society meeting. she should make—250 cupcakes. Alyssa volunteered to help transport the cupcakes to the stake center.

The day of the meeting arrived, and when Alyssa went to help, she found Jessie nearly in tears. The cupcakes were ready, but Jessie had sent a picture of them to a relative who said they were not fancy enough for the meeting.

Jessie began to doubt herself. She concluded that the stake Relief Society leaders would be expecting something more elaborate than her simple cupcakes. She was frantically trying to figure out a way to redecorate the cupcakes, but there wasn't time. She and Alyssa took the cupcakes as they were, with Jessie feeling that she had let the sisters down—until President Uchtdorf spoke.

As he spoke about the tiny forgetme-not flower, a picture of the little blue flower appeared on the screen. It was such a simple flower but so beautiful with its delicately veined petals. President Uchtdorf's message touched everyone's heart as he pleaded with us not to become so distracted with the large exotic blooms around us that we forget the five simple but important truths he was teaching us.

After the closing prayer, the sisters made their way to the cultural hall. When Alyssa and Jessie walked in, they found everyone surrounding the dessert table and asking, "How did they know?"

Each cupcake was frosted in plain white frosting and decorated with one simple, beautiful, delicate, five-petaled forget-me-not flower. ■ Gale Ashcroft, Arizona, USA

NOTE

1. See Dieter F. Uchtdorf, "Forget Me Not," *Ensign* or *Liahona*, Nov. 2011, 120.