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2 Treasure of Eternal Value



36 The Healing Power of Hymns

ON THE COVER

Front: Illustration by Esther Tsai,
may not be copied. Back:
Photograph by John Luke.

THE FRIEND COVER

Illustration by Dilleen Marsh.



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FOR ADULTS

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How Could She Forgive Him?
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How I Found Christ in Capernaum *Jason Jones*
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FAMILY HOME EVENING IDEAS

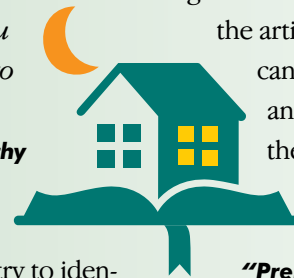
*These teaching suggestions can
be used in the classroom as
well as in the home. You
may tailor these ideas to
your family or class.*

**"Worthy Music, Worthy
Thoughts,"** p. 30: Begin

by playing a game in
which family members try to iden-
tify a hymn or Primary song by
hearing one or two notes, then
three or four notes. If they still can't
guess it, give a small hint about
the hymn. Discuss how music is

important in our lives and how
good music can inspire us. Using
the article, explain how music
can influence our thoughts
and be used to control
them. Set a goal to memo-
rize the words to a
favorite hymn.

**"Preparing to Receive the
Ordinances of the Temple,"** p. 40:
Write Brother Dahlquist's eight rec-
ommendations on slips of paper,
and have each person select one.
Invite each to share how following



FOR YOUTH

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Angie Bergstrom Miller
- 22 Questions and Answers: How Should I Respond When My Friends Say That Jesus Christ Was a Great Moral Teacher but Not the Savior or the Son of God?
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Charles W. Dahlquist II



30 Worthy Music, Worthy Thoughts



40 Preparing to Receive the Ordinances of the Temple

As you look for the Finnish CTR ring hidden in this issue, think of how following the prophet can help you choose the right.



the counsel can help us stand in holy places and prepare to receive the ordinances of the temple. Use excerpts from the article to support your discussion. As a family, choose one principle to work on during the coming weeks.

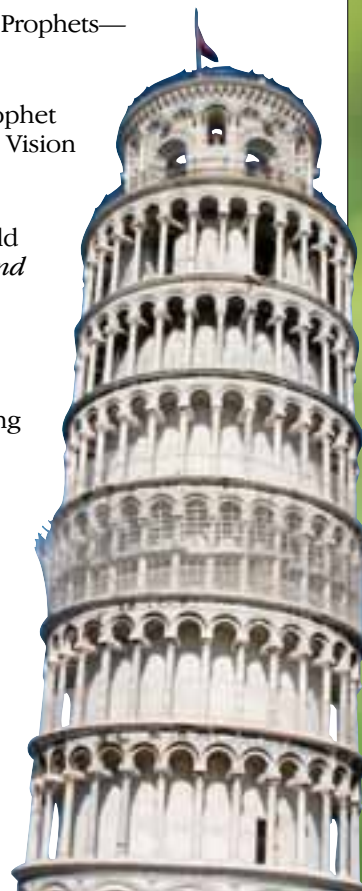
“Her Mother’s Song,” p. F8: After reading the story, invite family members to share times when they have been frightened. Ask them what they did to overcome their fears. Discuss how singing a hymn or Primary song can help us. As a

family or individually, choose a song to remember when comfort or strength is needed.

“Being Content,” p. F12: Share the lesson that Elder Odume’s father wanted his family to learn. To help children recognize their blessings, consider creating a “gratitude jar.” Have family members write or draw things for which they are thankful and place the papers in the jar. Encourage your children to think of nonmaterial blessings as well.

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- F4 Sharing Time: Heed the Prophets— Follow What They Say
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- F6 From the Life of the Prophet Joseph Smith: The First Vision
- F8 Her Mother’s Song
Sheila Kindred
- F10 Song: Had I Been a Child
Mabel Jones Gabbott and Darwin Wolford
- F12 Friend to Friend: Being Content
Elder Alexander A. Odume
- F14 Making Friends: Standing Tall
Jennifer Maddy



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