

MY FAMILY NIGHT FUN

These ideas go along with
Come, Follow Me—for Individuals
and Families each week

Prophet on the Wall

For Helaman 13–16



Sing “Samuel Tells of Baby Jesus”
(Children’s Songbook, 36).

The prophet **Samuel** stood on a city wall and told everyone that Jesus would be born soon. People tried to hurt Samuel with stones and arrows, but he was protected. (See Helaman 13:2–4, 16:1–2.)

Act out the story!

Have someone stand on a chair and pretend to be Samuel. Everyone else could pretend to throw stones or shoot arrows. How would you feel to see a prophet protected by the Lord?



A New Star

For 3 Nephi 1–7



Sing “I’m Trying to Be like Jesus”
(Children’s Songbook, 78–79).

Nephi and other righteous people waited for the sign of Jesus’s birth. A new star appeared in the sky. Everyone knew Jesus had been born! (See 3 Nephi 1:4–21.)

Make a star craft! Glue craft sticks in the shape of a star. Decorate your star with crayons, paint, buttons, or whatever you want. Tie a string at the top and hang it up.



TREAT TIME



Puzzle in the Dark

For 3 Nephi 8–11

Peanut-Butter Fruit Dip



Mix **1 cup vanilla yogurt**, **1/4 cup peanut butter** or other nut butter, and **1 tablespoon honey**.



Use **apples** or other fruit for dipping.



Sing "Teach Me to Walk in the Light" (*Children's Songbook*, 177).

When Jesus visited the Nephites, He testified that He is "the light and the life of the world" (3 Nephi 9:18).

Turn off the lights and try to put together a puzzle in the dark. Then try again with the lights on. How did the light help you? How does Jesus help us?



Avocado Quesadillas



Spread **mashed avocado** on a **tortilla** and sprinkle **shredded cheese** on top. (You can also add other toppings like **tomato**, **corn**, **black beans**, or **chicken**.)



Fold in half and cook in a frying pan over medium heat until both sides are golden brown.

Jesus's Sheep

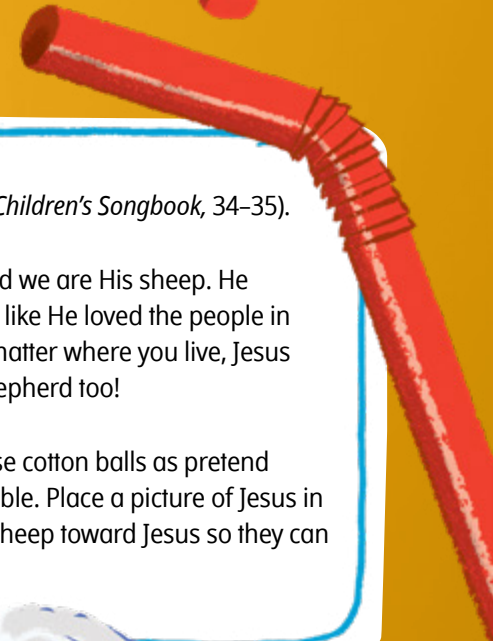
For 3 Nephi 12–16



Sing "He Sent His Son" (*Children's Songbook*, 34–35).

Jesus is the Good Shepherd, and we are His sheep. He said that He loved the Nephites, just like He loved the people in Jerusalem (see 3 Nephi 15:21). No matter where you live, Jesus knows and loves you. He is your Shepherd too!

Now play a game about sheep! Use cotton balls as pretend sheep and scatter them around a table. Place a picture of Jesus in the middle. Use straws to blow the sheep toward Jesus so they can all be gathered close to Him!



Chocolate Clementines



Melt **1/4 cup chocolate chips**. Dip **clementine** or orange segments into the melted chocolate and refrigerate for 30 minutes. Enjoy!

