

the Friend

A children's magazine published by The Church of Jesus Christ of Latter-day Saints



These stories and activities support this month's *Come, Follow Me* lessons at home and in Primary. Find more resources at lessonhelps.ChurchofJesusChrist.org.

STORIES AND FEATURES

- ◆ 2 **From the First Presidency:** Three Ways to Get Along with Others / President Russell M. Nelson
- ◆ 4 The Diabetes Dilemma
- ◆ 6 Family Night Fun
- 7 The Living Christ
- 11 Bright Idea
- ◆ 12 The Frog Princess Forgives
- 14 Hello from Russia!
- ◆ 16 Making Things Right
- 18 **Apostles around the World:** Elder Gary E. Stevenson
- 21 Praying Like Alma
- ◆ 22 The Story of Grammy Rose
- ◆ 24 Family History, Step by Step
- ◆ 26 **Friend to Friend:** The Shaving Mistake / Elder Allen D. Haynie
- 28 Show and Tell
- 30 Matt and Mandy
- 39 Stop and Flip

FOR OLDER KIDS

- 31 For Older Kids
- ◆ 32 Peace in the Temple
- ◆ 34 It's Temple Time!
- ◆ 36 What's on Your Mind?

Front cover by Adobe Stock
Back cover by Mark Robison

Volume 49 Number 9 September 2019

The First Presidency:

Russell M. Nelson, Dallin H. Oaks, Henry B. Eyring

The Quorum of the Twelve Apostles:

M. Russell Ballard, Jeffrey R. Holland, Dieter F. Uchtdorf, David A. Bednar, Quentin L. Cook, D. Todd Christofferson, Neil L. Andersen, Ronald A. Rasband, Gary E. Stevenson, Dale G. Renlund, Gerrit W. Gong, Ulisses Soares

Editor: Randy D. Funk

Advisers: Becky Craven, Sharon Eubank, Cristina B. Franco, Walter F. González, Larry S. Kacher, Adrián Ochoa, Michael T. Ringwood, Vern P. Stanfill

Managing Director: Richard I. Heaton
Director of Church Magazines: Allan R. Laybong
Business Manager: Garff Cannon

Managing Editor: Jan Pinborough

Assistant Managing Editor: Marissa Widdison

Copyeditor: Lori Fuller Sosa

Editor: Lucy Stevenson

Administrative Assistant: Carrie Kasten

Writing and Editing: Ryan Carr, David Dickson, Charlotte Larcabal, Michael R. Morris, Eric Murdock, Richard M. Romney, Mindy Selu, Chakell Wardleigh

Editorial Intern: Katie Morrell

Managing Art Director: J. Scott Knudsen

Art Director: Mark W. Robison

Design: Jeanette Andrews, Mandie Bentley, Thomas S. Child, K. Nicole Walkenhorst

Intellectual Property Coordinator: Collette Nebeker Aune

Production: Marlene Roscheck

Prepress: Joshua Dennis

Printing Director: Steven T. Lewis

Distribution Director: Nelson Gonzalez

© 2019 by Intellectual Reserve, Inc.

All rights reserved. The *Friend* (ISSN 0009-4102) is published monthly by The Church of Jesus Christ of Latter-day Saints, 50 E. North Temple St., Salt Lake City, Utah 84150-0024, United States of America. Periodicals Postage Paid at Salt Lake City, Utah.

To subscribe: By phone: Call 1-800-537-5971 to order using Visa, MasterCard, Discover Card, or American Express.

Online: Go to store.ChurchofJesusChrist.org.

By mail: Send \$8 U.S. check or money order to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368.

To change address: Send old and new address information to Distribution Services at the above address, or change the address by phone at the number listed above. Please allow 60 days for changes to take effect.

Submit manuscripts or art to: *Friend* Editorial, 50 E. North Temple St. Rm. 2393, Salt Lake City, UT 84150-0024, United States of America. Unsolicited material is welcome, but

no responsibility is assumed. For return, include self-addressed, stamped envelope. Children's submissions will not be returned. Email: friend@ChurchofJesusChrist.org.

The *Friend* can be found on the Internet at friend.ChurchofJesusChrist.org.

Unless otherwise indicated, individuals may copy material from the *Friend* for their own personal, noncommercial use (including such use in connection with their calling in The Church of Jesus Christ of Latter-day Saints). This right can be revoked at any time and for any reason. Visual material may not be copied if restrictions are indicated in the credit line with the artwork. Copyright questions should be addressed to Intellectual Property Office, 50 E. North Temple St., FL 13, Salt Lake City, UT 84150, USA; email: cor-intellectualproperty@ChurchofJesusChrist.org.

POSTMASTER: Send all UAA to CFS (see DMM 507.1.5.2). **NONPOSTAL AND MILITARY FACILITIES:** Send address changes to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368, USA.

Canada Post Information: Publication Agreement #40017431.

- ◆ 37 Temple Cards
- ◆ 38 Funstuff: Temples in Our Day

MUSIC

- 8 A Child's Prayer

THINGS TO MAKE AND DO

- 10 Funstuff: Go for Four This Conference
- 20 Funstuff: Find It!

FRIEND JUNIOR

- IBC For Parents of Little Ones
- FJ1 Hi, Friends!
- FJ2 A Beautiful World for Mason
- FJ3 What Do You See?
- ◆ FJ4 **Scripture Stories:** Paul's Letters
- ◆ FJ7 Coloring Page
- FJ8 Almost-Perfect Meg



Hidden GTR Rings

Hard: Time to smell the flowers

Harder: Ribbit!

Hardest: Lock your clothes up