

September 2019

the Friend



A children's magazine published by The Church of Jesus Christ of Latter-day Saints

Learn about
children in
Russia!

See pages 12–15

Send something in
for the Kindness
Garden! See how
on page 39.

FRIENDS BY MAIL



Birthday Visits



My mother is the Primary president, and sometimes I go with her to visit kids who haven't been to Primary in a while. We say hi to them, or visit them on their birthday. We take the *Friend* with us as a gift for them.

Levi C., age 9, California, USA

DEAR FRIENDS,

We love to see the temple! And we love helping you learn about the temple and get ready to go inside! This month's magazine has lots of stories and activities about temples and family history.

Read the story on page 22 and follow a family history path on page 24. Also, the "For Older Kids" section is all about temples!

Which temple is closest to you?

The Friend

Was there a story or activity this month that helped you? Tell us about it! Turn to page 39 to find out how.

Inspired by the Friend



I was reading the March 2019 *Friend* and loved the scene that the boys made. It inspired me to make one with my daddy! We love playing together! It's our Martin and Daddy Time!

Martin N., age 7, South Dakota, USA

The *Friend* Best is the



Loving the Friend
Rachel S., age 10, New Mexico, USA

the Friend

A children's
magazine published
by The Church of
Jesus Christ
of Latter-day Saints

COME,
FOLLOW ME

These stories and activities support this month's *Come, Follow Me* lessons at home and in Primary.
Find more resources at lessonhelps.ChurchofJesusChrist.org.

STORIES AND FEATURES

- ◆ 2 **From the First Presidency:** Three Ways to Get Along with Others / President Russell M. Nelson
- ◆ 4 The Diabetes Dilemma
- ◆ 6 Family Night Fun
- 7 The Living Christ
- 11 Bright Idea
- ◆ 12 The Frog Princess Forgives
- 14 Hello from Russia!
- ◆ 16 Making Things Right
- 18 **Apostles around the World:** Elder Gary E. Stevenson
- 21 Praying Like Alma
- ◆ 22 The Story of Grammy Rose
- ◆ 24 Family History, Step by Step
- ◆ 26 **Friend to Friend:** The Shaving Mistake / Elder Allen D. Haynie
- 28 Show and Tell
- 30 Matt and Mandy
- 39 Stop and Flip

FOR OLDER KIDS

- 31 For Older Kids
- ◆ 32 Peace in the Temple
- ◆ 34 It's Temple Time!
- ◆ 36 What's on Your Mind?

Front cover by Adobe Stock
Back cover by Mark Robison

Volume 49 Number 9 September 2019

The First Presidency:

Russell M. Nelson, Dallin H. Oaks,
Henry B. Eyring

The Quorum of the Twelve Apostles:

M. Russell Ballard, Jeffrey R. Holland, Dieter F. Uchtdorf, David A. Bednar, Quentin L. Cook,
D. Todd Christofferson, Neil L. Andersen, Ronald A. Rasband, Gary E. Stevenson, Dale G. Renlund,
Gerrit W. Gong, Ulisses Soares

Editor:

Randy D. Funk

Advisors: Becky Craven, Sharon Eubank,
Cristina B. Franco, Walter F. González, Larry S.
Kacher, Adrián Ochoa, Michael T. Ringwood,
Vern P. Stanfill

Managing Director: Richard I. Heaton
Director of Church Magazines: Allan R. Loyborg
Business Manager: Garff Cannon

Managing Editor: Jan Pinborough

Assistant Managing Editor: Marissa Widdison

Copyeditor: Lori Fuller Sosa

Editor: Lucy Stevenson

Administrative Assistant: Carrie Kosten

Writing and Editing: Ryan Carr, David Dickson,
Charlotte Larcabal, Michael R. Morris, Eric
Murdock, Richard M. Romney, Mindy Selu,
Chakell Wardleigh

Editorial Intern: Katie Morrell

Managing Art Director: J. Scott Knudsen

Art Director: Mark W. Robison

Design: Jeanette Andrews, Mandie Bentley,
Thomas S. Child, K. Nicole Walkenhorst

Intellectual Property Coordinator:

Collette Nebeker Aune

Production: Marlene Roscheck

Prepress: Joshua Dennis

Printing Director: Steven T. Lewis

- ◆ 37 Temple Cards
- ◆ 38 Funstuff: Temples in Our Day

MUSIC

- 8 A Child's Prayer

THINGS TO MAKE AND DO

- 10 Funstuff: Go for Four This Conference
- 20 Funstuff: Find It!

FRIEND JUNIOR

- IBC For Parents of Little Ones
- FJ1 Hi, Friends!
- FJ2 A Beautiful World for Mason
- FJ3 What Do You See?
- ◆ FJ4 **Scripture Stories:** Paul's Letters
- ◆ FJ7 Coloring Page
- FJ8 Almost-Perfect Meg

Hidden CTR Rings



Hard: Time to smell the flowers

Harder: Ribbit!

Hardest: Lock your clothes up

no responsibility is assumed. For return, include self-addressed, stamped envelope. Children's submissions will not be returned. Email: friend@ChurchofJesusChrist.org.

The *Friend* can be found on the Internet at friend.ChurchofJesusChrist.org.

Unless otherwise indicated, individuals may copy material from the *Friend* for their own personal, noncommercial use (including such use in connection with their calling in The Church of Jesus Christ of Latter-day Saints). This right can be revoked at any time and for any reason. Visual material may not be copied if restrictions are indicated in the credit line with the artwork. Copyright questions should be addressed to Intellectual Property Office, 50 E. North Temple St., FL 13, Salt Lake City, UT 84150; USA; email: cor-intellectualproperty@ChurchofJesusChrist.org.

POSTMASTER: Send all UAA to CFS (see DMM 5071.5.2). **NONPOSTAL AND MILITARY**

FACILITIES: Send address changes to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368, USA.

Canada Post Information: Publication Agreement #40017431.



By President
Russell M.
Nelson

3 WAYS TO Get Along with Others



Jesus taught people how to get along with one another.

WAY #1: Love people.

Jesus gave the two great commandments: first, to “love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind” (Matthew 22:37), and second, to “love thy neighbour as thyself” (Matthew 22:39).

The commandments to love God and to love our neighbor go together. People really are brothers and sisters because God really is our Father.

WAY #2: Forgive them.

Jesus taught us to forgive everyone, “that your Father also which is in heaven may forgive you” (Mark 11:25).

WAY #3: Treat them the way you want to be treated.

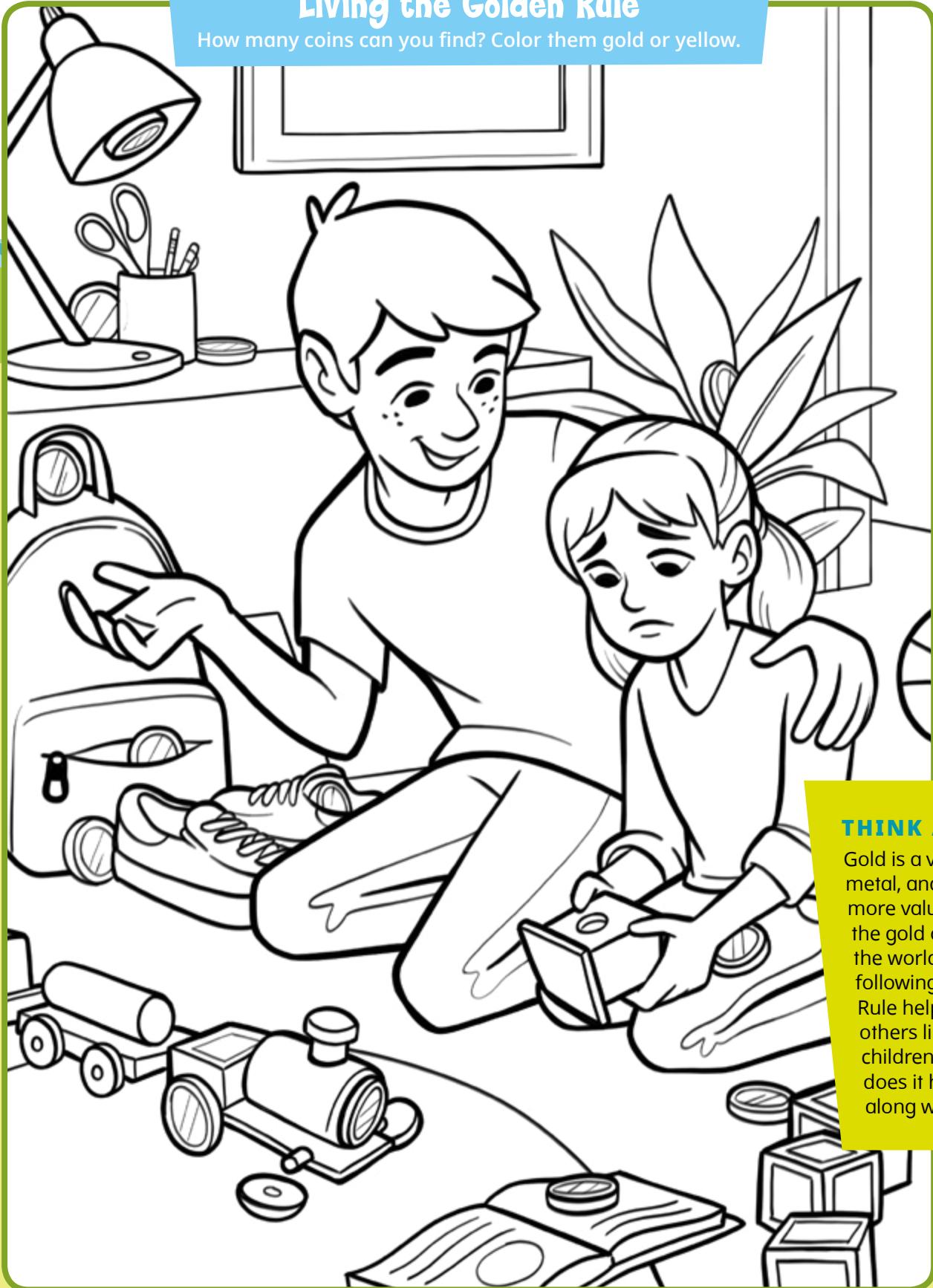
Jesus taught the Golden Rule: “All things whatsoever ye would that men should do to you, do ye even so to them” (Matthew 7:12).

It is easy to understand why we should treat others the way we would like to be treated. It is because each of God’s sons and daughters is precious (see Matthew 25:40). ●

Adapted from “Blessed Are the Peacemakers,” Ensign, Nov. 2002, 39–42.

Living the Golden Rule

How many coins can you find? Color them gold or yellow.



THINK ABOUT IT

Gold is a very valuable metal, and people are more valuable than all the gold or money in the world! How does following the Golden Rule help us treat others like precious children of God? How does it help you get along with others?

"He hears and answers me" (Children's Songbook, 14).

Joe's sister Sariah was sick. Not the kind of sick where you cough or have a stomachache. Mom and Dad said she might have diabetes.

Joe didn't know what diabetes was, but it sounded scary. Then Mom and Dad explained that it's when people's bodies have trouble using sugar from the food they eat. Sariah had to spend a few days in the hospital to find out if she had diabetes.

Sometimes Sariah got on Joe's nerves. She tried to play with his friends. Once she even

lost his video-game controller. But he loved her so much. *I don't want her to be sick*, he thought as tears came to his eyes.

Joe's sisters helped Sariah get ready for the hospital. Mary got out Sariah's backpack. Hannah helped pack her pajamas. Lilly added a fuzzy blanket. Joe wanted to help too, but he didn't know how.

Soon Sariah was all packed.

"Let's pray before we go," Dad said. "Joe, would you say the prayer?"

Joe nodded. "Dear Heavenly Father," he

THE

DIABETES DILEMMA

By Eliza Broadbent

(Based on a true story)





began. "Please bless Sariah to not have diabetes. Please bless her to be OK." As he prayed, Joe felt a little better.

As the family came together for a hug, Joe had an idea.

He went to his room and grabbed the portable music player he got for his birthday. He checked to make sure Sariah's favorite songs were on it.

"Here," he said, handing it to Sariah. "You can take this to the hospital." She smiled and held it tight as she walked to the car.

The next day, Mom took Joe and his sisters to the hospital to visit Sariah. Joe was nervous as they walked down the hall. *Please bless her to not have diabetes*, he prayed for what felt like the hundredth time.

When they got to Sariah's room, she was sitting up in bed with tubes attached to her arms. She smiled a little when she saw everyone.

"We just got the tests back," Dad said. "The doctors say Sariah has type 1 diabetes. We'll have to help her with her medicine. But she'll be OK."

Joe's stomach dropped. He went out into the hallway and sat down next to the door. He buried his face in his arms.

"What's wrong, Joe?" Mom said as she looked out the doorway.

"I prayed that Sariah wouldn't have

diabetes," Joe said. "Why didn't Heavenly Father answer my prayer?"

Mom put her arm around him. "Heavenly Father always answers our prayers. But it's not always in the way *we* want. Sometimes, instead of taking something hard away, He answers by giving us peace and helping us be strong. I know Heavenly Father will help Sariah."

Joe nodded slowly. He didn't feel peaceful or strong right now. But he remembered the good feeling he had during their family prayer.

Together they walked back into the room. Joe's sisters were playing a card game, just like they did at home. And they all looked happy, even Sariah.

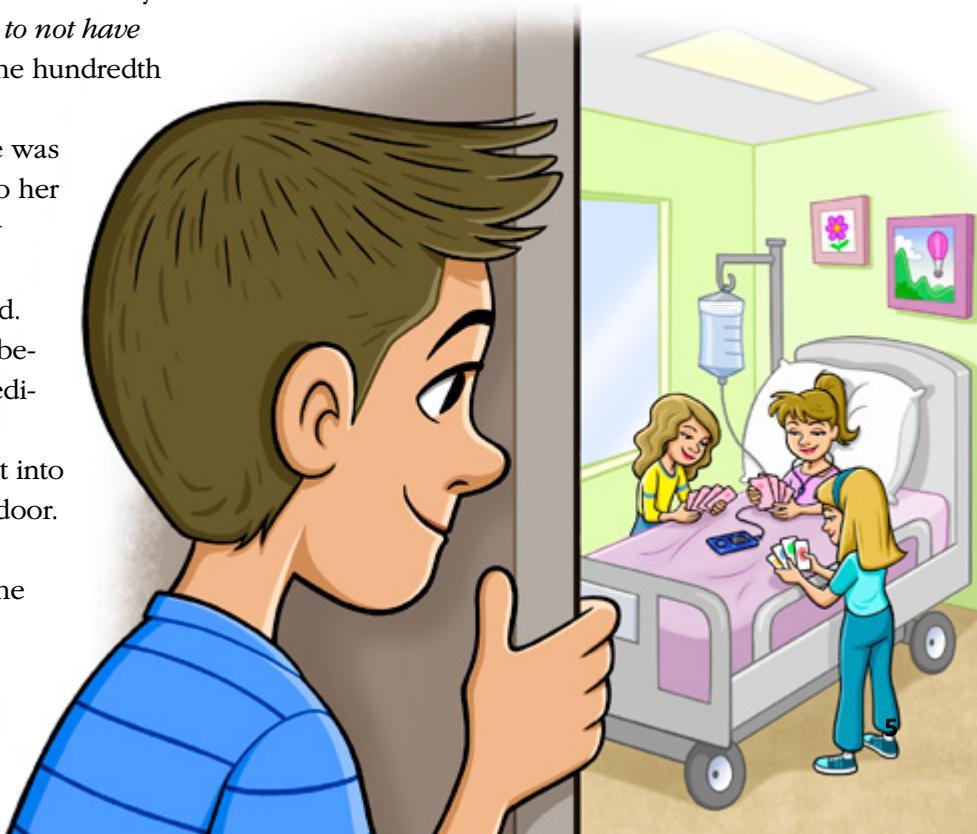
Then Joe noticed something. Sariah had headphones around her neck and his music player in her lap.

"She keeps listening to the music you brought her," Mom said. "It really helps her feel calm."

Joe felt warm inside. He knew that Heavenly Father was already helping his family. ●

The author lives in Utah, USA.

How do you think Heavenly Father answered Joe's prayers?



Family Night **FUN**

SONG: "The Holy Ghost"
(*Children's Songbook*, 105)

SCRIPTURE: Galatians 5:22–23

ACTIVITY

- Set a timer for one minute. How many different kinds of fruit can your family name?
- Read "Paul's Letters" (FJ4). One thing the Apostle Paul taught the people of Galatia was about the "fruit of the Spirit." Like a tree that gives us fruit, the Holy Ghost can give us wonderful blessings.
- Talk about what blessings come from the Holy Ghost. (For a hint, look at Galatians 5:22–23.)
- What can your family do to invite the Holy Ghost into your home this week? Choose one thing to do. (See family manual, pages 151–152.*)



Here are some ideas you could use for home evening.

RUSSIAN APPLE CAKE

Have you explored Russia yet on page 14? Here's how to make a Russian cake called *sharlotka*.

1. Preheat oven to 350°F (180°C). Peel and chop 5 large green apples into small pieces and put them in a greased 9x13-inch (23x33-cm) pan.
2. In a bowl, beat 4 eggs and 1 cup sugar for 2–3 minutes.
3. Stir in 1 teaspoon vanilla. Then gently stir in 1 cup flour.
4. Pour the batter over the apples in the pan and bake for 40–50 minutes, until a toothpick comes out clean when you stick it in.
5. Let the cake cool, and then sprinkle with cinnamon sugar. Enjoy!



MORE IDEAS

- Read "The Diabetes Dilemma" (page 4). Talk about different ways God answers prayers. He might not always take challenges away, but He will strengthen us in hard times! (See family manual, pages 143, 147.*)



- Read "The Story of Grammy Rose" (page 22) and use a map to find places your ancestors lived. Because of Jesus, we will see our family again. (See family manual, pages 139–140.*)



- If someone in your family is going to the temple for the first time, check out the special section on pages 31–38. Did you know that Paul mentioned baptisms for the dead in 1 Corinthians 15:29? (See family manual, page 140.*)

The LIVING Christ



The prophets and apostles wrote “The Living Christ” to tell the world about Jesus Christ. Read part of it each month and memorize the line in green.

“We declare in words of solemnity that His priesthood and His Church have been restored upon the earth—‘built upon the foundation of . . . apostles and prophets, Jesus Christ himself being the chief corner stone’ (Ephesians 2:20).”

solemnity:
seriousness and importance

Write the names of the First Presidency and the Quorum of the Twelve Apostles on the foundation stones.

THE STRONG FOUNDATION OF THE CHURCH

The foundation of a building keeps it strong. The most important foundation stone is called the cornerstone. The prophets and apostles are like the foundation of The Church of Jesus Christ of Latter-day Saints. Jesus Christ is like the most important stone, the cornerstone.



How does following Jesus Christ and His prophets and apostles keep you strong?

CORNERSTONE



A Child's Prayer

Reverently $\text{♩} = 63-69$

(Simplified)

Words and music by
Janice Kapp Perry

Part 1

3

1. Heav - en - ly

Fa-ther, are you real-ly there? And do you hear and an-swer ev -'ry child's prayer? Some say that

heav-en is far a-way, But I feel it close a-round me as I pray. Heav-en - ly

Fa - ther, I re-mem-ber now Some-thing that Je-sus told dis-ci-ples long a-go: "Suf-fer the

chil-dren to come to me." Fa-ther, in prayer I'm com-ing now to Thee.

4 3 1 4 5 1 1 3:



Part 2

Pray, He is there; Speak, He is list - 'ning.

You are His child; His love now sur - rounds you.

He hears your prayer; He loves the child - ren. Of

such is the king - dom, the king - dom of heav'n.

5 2 2 2 2

© 1984 by Janice Kapp Perry. Arr. © 2012 by Intellectual Reserve, Inc. All rights reserved.

This song may be copied for incidental, noncommercial church or home use.

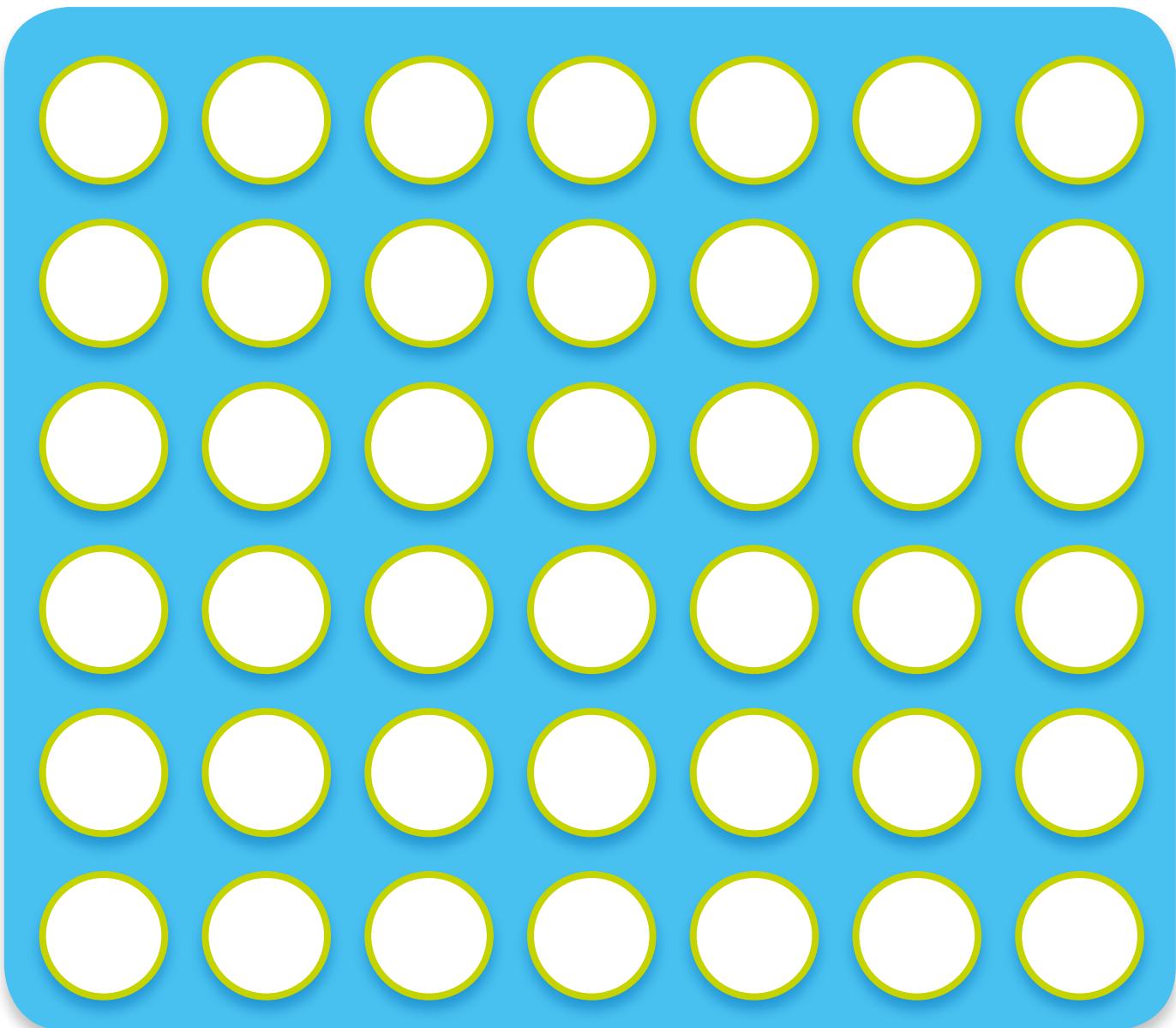
This notice must be included on each copy made.

Watch a sing-along video for this song at
children.ChurchofJesusChrist.org. Click on "Videos."

GO FOR FOUR

This Conference!

First, choose who is X and who is O. Then, whenever you hear one of the words in the list below, take turns writing your letter (X or O) in one of the circles on the bottom row. After that, each time you hear another word, take turns adding another of your letter to the stacks. See who can build four in a row first. (Diagonal works too!)



Apostle
Children
Commandment

Faith
Family
God

Jesus
Love
Prayer

Priesthood
Prophet
Revelation

Scriptures
Temple

[Print more copies at friend.ChurchofJesusChrist.org.](http://friend.ChurchofJesusChrist.org)

bright idea

YOU ARE **STRONG**.

You are Loved.

THE WORLD IS BETTER

because of
YOU!

The Frog Princess FORGIVES

Katya wants to put on a play, but
Sonya is trying to take over!

By Charlotte Larcabal

Church Magazines
(Based on a true story)

"Be ye therefore merciful, as your Father also is merciful" (Luke 6:36).

Katya carried a large box as she walked out of her apartment building into the sunshine. It was summer, and for a few months, the weather was warm in her city in Russia. She set the box down on a bench where her friends Dima and Sonya were waiting.

"Here's everything we need for our play!" Katya said. She opened the box and pulled out a plastic crown and pieces of purple, blue, and red cloth. With some creativity, these would make great costumes.

"What play are we doing?" Dima asked.

Katya smiled. "I think we should do 'The Frog Princess'!" It was her favorite fairy tale. Katya smiled as she imagined herself playing the beautiful Vasilisa.

Sonya grabbed the blue cloth from the box and draped it around herself. "I want to be Vasilisa!" she said.





"Wait," said Katya. "It was my idea. That means I get to be Vasilisa."

"You can be her," said Sonya, giggling. "When she's a frog!"

Katya frowned and pulled the blue cloth away from Sonya. "It's *my* play!"

Sonya put her hands on her hips. "Nobody wants to play with you if you're bossy. You're a better frog than a princess."

Katya felt tears in her eyes. She grabbed her box and ran inside, all the way up the stairs into her family's apartment. She slammed the door behind her.

"What's wrong?" Mama said. Katya burst into tears.

"Sonya is ruining everything!" Katya told Mama the whole story. "She said I was a frog!"

"Oh, Katyusha," Mama said. Katyusha was Mama's nickname for Katya. "I'm sorry. That wasn't very nice of her."

Just then there was a knock at the door. Mama went to answer

it, but Katya ran to her room. She heard voices. Then Mama called to her. "Would you like to talk to Sonya? She has something to say to you."

"No!" Katya yelled.

She could hear voices again, and then she heard the door close.

"I think Sonya is sorry," Mama said.

"I don't care," Katya said. She pushed her face deeper into her pillow.

Mama stood by the door for a minute. "You know, sometimes when I'm really angry, I don't want to forgive other people. Sometimes I need to ask Heavenly Father to help me want to forgive."

Katya was too angry to forgive. Sonya had hurt her feelings! But . . . being angry didn't feel very good either.

She sighed and knelt by the side of her bed. Katya knew Heavenly Father wanted her to forgive Sonya. It was the right thing to do. But

maybe Heavenly Father also wanted her to forgive because it would help *her* feel better too.

"Heavenly Father, please help me forgive Sonya," she said. "I really don't want to, but I also don't want to stay angry."

She finished her prayer and took a deep breath. Katya felt her anger start to melt away, just a little. She could do this. She could forgive. She walked to Sonya's apartment and knocked on the door.

Sonya opened it and started talking right away. "Katya, I'm sorry for what I said."

"I forgive you," said Katya. "And I'm sorry I took my costumes back. You would be a good Vasilisa too. We can take turns."

Sonya smiled. "OK. Can we go play now? I'll get Dima!"

Katya smiled back. "I'll get the costumes!" ●

**See family manual, page 143;
Primary manual, page 142.**

HELLO from. RUSSIA!



Hi,
we're Paolo
and Margo.

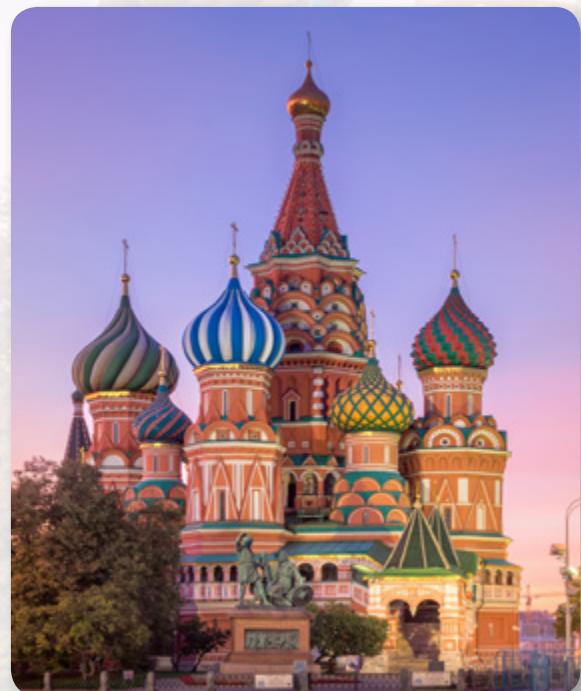
Join us as we
visit Russia!



Russia is the largest country in the world! It spreads across two continents: Europe and Asia. The national animal of Russia is the brown bear.



The Russian alphabet uses Cyrillic letters. Some of the letters look like English, but they don't sound the same! Here's a sign on a Church building in Russia and a Book of Mormon in Russian.



This is Saint Basil's Cathedral, one of the most famous buildings in Russia. Many people in Russia belong to the Russian Orthodox Church. They are Christian, which means that they believe in Jesus Christ, like us!



In Russia, the first day of school is called Knowledge Day. Children sing, dance, and bring their teacher flowers.



Soup is very popular in Russia! This boy is eating a cabbage soup called *shchi*.



Last year President Nelson announced that a temple will be built in Russia. Members of the Church in Russia were very excited! It will be the first temple in that huge country.

Thanks for exploring Russia with us. Now we're heading somewhere warm!



Meet some of our friends from Russia!



I love to share my testimony at church. I like to read the scriptures. I love the temple and can't wait to go inside.

Eva, age 8



Jesus loves me, and I love Him. I talk about Him at school, and my friends also know about Him. I like to sing Primary songs to my friends.

Efim, age 7

Meet two more friends from Russia on pages 28 and 29.



MAKING THINGS RIGHT

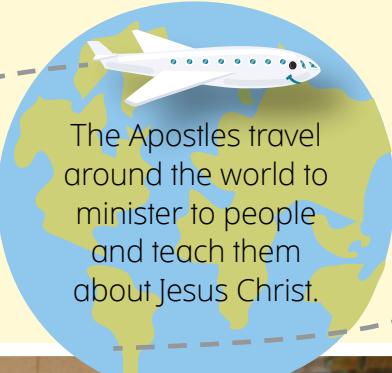
By Jane McBride
(Based on a true story)





See Primary manual, page 142.

Elder Stevenson Visits Chile



Elder Gary E. Stevenson and his wife, Sister Lesa Stevenson, traveled to Chile with President Russell M. Nelson and his wife, Sister Wendy Nelson, for a very important event. A new temple was being dedicated in the city of Concepción!

This beautiful new temple is the second one in Chile and the 18th temple in South America.



Many earthquakes happen in Chile. The Concepción Chile Temple has a special foundation to help keep it from being damaged if an earthquake hits.

Children came with their parents to hear President Nelson give a special prayer to dedicate the temple.

Laura and Alicia O. helped put the last stone in the outside of the temple. This is called the cornerstone of the temple. Then the temple was ready to be dedicated.

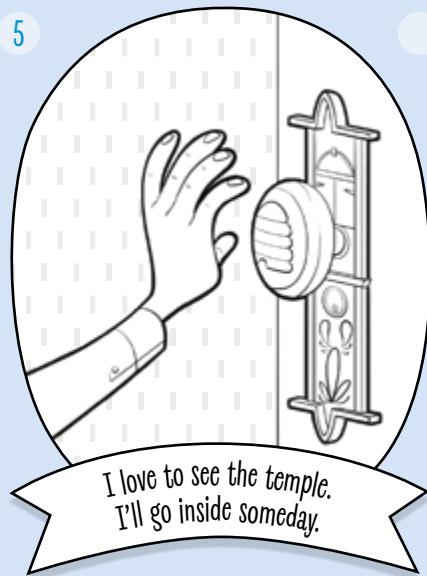
Today just
felt absolutely
heavenly.

Worthy members of The Church of Jesus Christ of Latter-day Saints are now able to go inside to do temple baptisms and be sealed to their families!



I LOVE TO SEE THE TEMPLE

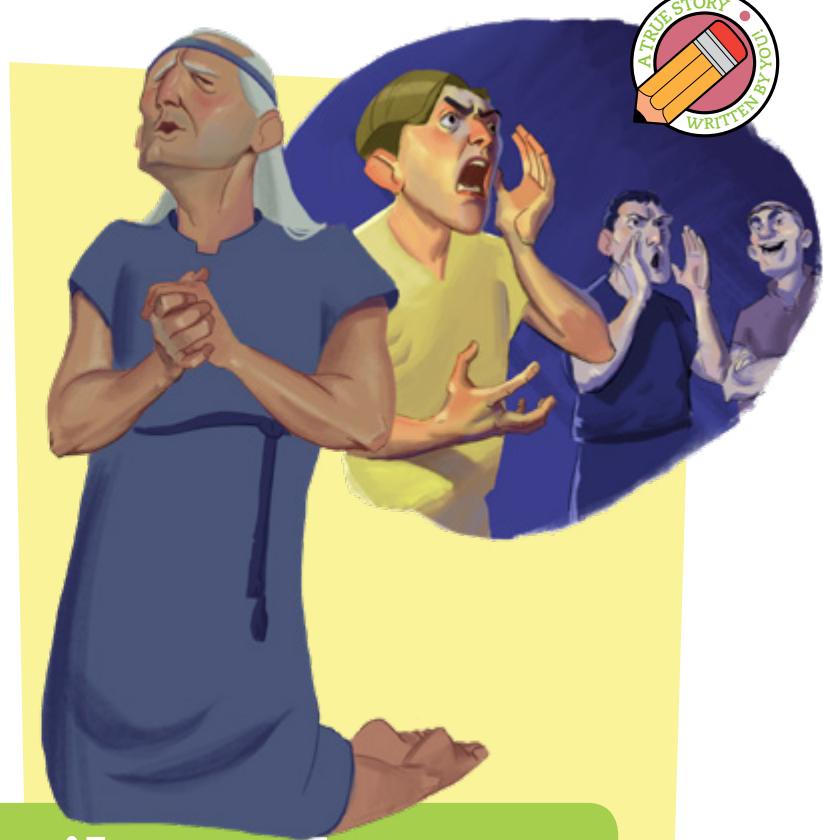
By Janice Kapp Perry



Find It!

These friends play board games together after school. They like to invite new students to play so they can all make new friends! Can you find the hidden objects?





Praying Like Alma



By Isaac G., age 8, Arkansas, USA

When I was little, a really big tornado hit a city called Joplin in Missouri, USA. My dad and many others decided to go help the people in Joplin who were hit by the tornado. I wanted to go too, but I was too young.

That night, we read the Book of Mormon, and I did not know what the words meant. But my mom taught me. One of the verses talked about how Alma the Younger and his friends were trying to get people to leave the church. Alma's father tried talking to him, but Alma did not listen. So his father prayed that Alma and his friends would change their ways.

That gave me the idea of praying that the people in Joplin would be safe, as well as praying for my dad and many others who were trying to help. Every day when I woke up, I said a prayer to help the people

in Joplin. When I said a prayer to bless the food before we ate, I also prayed that the people in Joplin would be safe. At family prayer I did the exact same thing. Finally, when I said my personal prayers before I went to bed, I prayed for the same thing one more time.

I continued to do the same thing every day, and finally my dad came home from Joplin. I continued to do the same thing for one more week after that. At the end of the week, I felt extremely happy about the choice I made to pray for the people in Joplin. ●

DAILY CHOICES

Isaac made a choice to pray every day. What's a good choice you can make?

The Story of Grammy Rose

By Christy Monson

(Based on a true story)

"Seek out our loved ones, preserving their names and their memory" (Children's Songbook, 90).

Tamika curled up under the soft blanket and took a deep breath. The quilt smelled sweet, like the cherry lotion her grandma used. She loved that smell.

"Gram, I'm glad Mama and I came," Tamika said.

Gram sat on the bed next to Tamika and stroked her hair. "I'm glad too. Do you want a bedtime story?"

Tamika nodded. "Tell me about when Grammy Rose escaped." Tomorrow they were visiting a place where her great-grandma Rose might have stayed, and she wanted to hear the story again.

Tamika knew exactly which bedtime story she wanted to hear.

"Again?" Gram laughed. "All right. That's one of my favorites too." She leaned back and got comfortable.

"Your great-grandma Rose lived on a big farm called a plantation with her mama and daddy. They were slaves, and they wanted to be free," Gram said. "One day, Rose's mama died of a fever. Her daddy





decided it was time to escape with Rose.”

Gram’s fingers traced lines along the quilt as she talked, like she was tracing a map of the journey.

“They left at night and followed the North Star. It’s part of a constellation called the Big Dipper,” Gram said. “Back then, slaves called it the Drinking Gourd.”

“What’s a gourd?” Tamika asked.

“It’s like a squash. Slaves would use hollowed-out gourds as spoons to scoop water from buckets to drink,” Gram said. “Rose and her daddy followed the Drinking Gourd north. People from the Underground Railroad helped them along the way.”

Tamika nodded. She knew that the Underground Railroad wasn’t really a railroad. It was a name for the people who helped slaves escape to safety. Tomorrow Tamika and her mom were going to a house called Slave Haven, where some of the slaves hid on their journey north.

“But we don’t know for sure if Grammy Rose stayed in Slave Haven,” Tamika said.

Gram looked thoughtful. “That’s right. Rose couldn’t write, so we don’t know the exact places she stayed,” Gram said. “But when I was a girl, Rose told me her story, and I wrote it in my journal.”

Tamika sat up. “Can I read what you wrote?”

Gram nodded. “We can look at it tomorrow—”

Just then, Mama came in to kiss Tamika goodnight.

“Are you two still talking about Grammy Rose?”

Mama said. “Tomorrow you can explore secret passages and trap doors at Slave Haven. But right now, it’s time for bed.”

As Mama tucked the blankets around Tamika, Gram told her one more thing about Rose.

“Grammy Rose always said that miracles from God brought her safely north. That taught me to look for miracles every day,” Gram said. “Like warm sunshine.”

“Mmm-hmm,” Mama said, looking at Gram. “Or a beautiful smile.” She turned to Tamika. “Or the miracle of Tamika finally falling asleep!”

Tamika laughed. She had never thought about sunshine and smiles as miracles, but the world would be pretty dark and sad without them!

Tamika felt happy and warm thinking about how brave her great-great-grandma was. Just before Gram shut the door, an idea popped into Tamika’s head.

“Gram? Can I have a journal? I want to look for miracles and write them down too,” Tamika said.

“We’ll get you one tomorrow,” Gram said.

“I know what my miracle is today,” Tamika said.

“What?” asked Gram.

“It’s you,” Tamika said. “And Mama, and us coming to visit, and learning about Grammy Rose . . .” Tamika’s words became softer and softer until she finally fell asleep, curled up beneath the warm, sweet-smelling quilt. ●

The author lives in Utah, USA.



When I was young, we moved. We had no idea we would be living on my great-great-great-grandpa’s farmland! I learned that he and I shared the same chore: picking rocks out of the garden. He said, “There were so many rocks, it was like the garden grew rocks!” I used to hate picking up rocks, but then I began to love it. It makes me feel close to him because we are so much alike and have the same chores.

Fay K., age 11, Utah, USA

FAMILY HISTORY, STEP BY STEP

HI,
I'M MEI.

I found this picture in an old box. On the back, I saw the name Fumiko.



We looked back in the box and found an old letter Fumiko wrote and more pictures. It was fun to learn about her.

My mom said it was a picture of my great-great-grandma Fumiko. I wanted to find out more about her.

We went to FamilySearch.org and added Fumiko to our family tree. We put in her birthday and the date when she and her husband, Hiroshi, got married.



Fumiko was never baptized when she was alive. But now I'm old enough to go to the temple to be baptized for her.



We printed out a copy of Fumiko's name and information. Then we went to the temple and I got baptized for her!

We also added Fumiko's pictures. Now if the photos get lost or ruined, my family can always find a copy online.



WHEN I GOT HOME,

I wrote about it in my journal. Someday I hope to meet Great-Great-Grandma Fumiko. I want to keep learning about her and about my whole family!

You can do family history—even if you live far from a temple. Try it!



**See family manual,
pages 138–140; Primary
manual, pages 137–139.**



By Elder
Allen D. Haynie
Of the Seventy

The Shaving Mistake

"We believe in being honest" (Articles of Faith 1:13).

When I was about nine, I wanted to grow a mustache. I thought I could do this by shaving my face every day. For several days I used my father's razor to shave. One day my father saw me shaving. He warned me not to do it because I could cut myself.

I am sorry to say I disobeyed my dad. The next day I shaved again. As I was shaving, the razor slipped from my soapy fingers. It made a deep gash above my lip. I was pretty scared as I bandaged my lip. But I was even more afraid of what my father would say.

When he came home that night and saw my cut, he was surprised and worried. He asked how it happened.

"Well," I said, "I was running down the sidewalk, and I fell on my face."

I had lied! First I had disobeyed, and now I had been dishonest! That night I couldn't sleep. It was late, but I had to tell Dad the truth. I found him in the living room.

"Dad, I lied to you," I said. "I didn't fall down. I cut myself shaving with the razor. I'm sorry."

My dad was quiet for a moment. Then he gently said, "You did disobey, Son. That is not a good thing. But I'm proud that you decided to tell the truth."

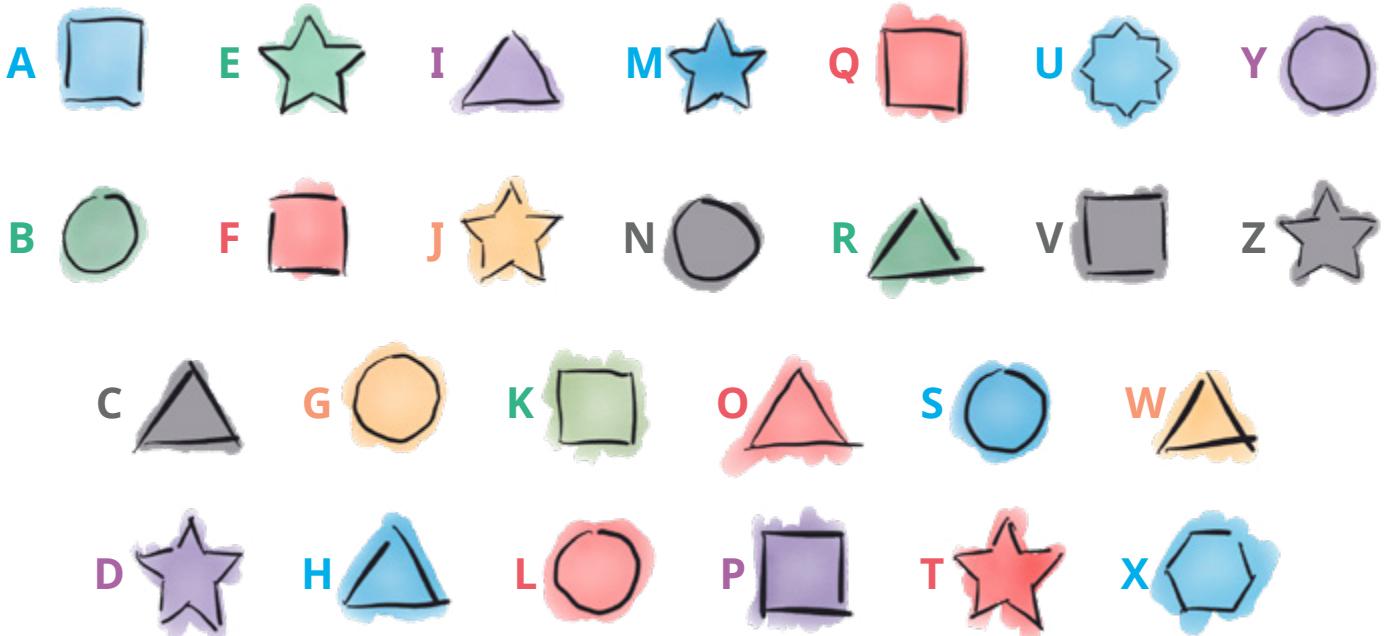
That lesson—and the actual scar—has stayed with me every day since then. Whether it is with your Heavenly Father or with your friends and family, always be an example of honesty and truth. ●



ILLUSTRATION BY THOMAS S. CHILD

Find the Hidden Message

Use the code below to fill in the blanks with the right letters. Check answer on page 39.



Show and tell



I know Jesus lives and that He gave His life for us. I know Jesus is our Savior and Redeemer.

Maria, age 10



My twin brother was getting a service dog named Cappy. Cappy got a foxtail seed stuck in his paw. He had to go to the veterinarian and take medicine for his infected foot. We prayed for Cappy every night for two and a half months. Finally his foot healed and we got to take him to start service-dog training. I know God answers our prayers.

Anna N., age 7, California, USA



I like to read the Book of Mormon every night and always pray to know that it is true.

Aaron P., age 7, Esmeraldas, Ecuador



I keep the commandments and don't argue.

Felicity M., age 9, Victoria, Australia



Caeden H., age 11, England



I know Jesus will come again, and I can't wait!

Talus P., age 9, Virginia, USA





My family and I went to see a less-active member of our branch in the hospital. We had a small church service and shared lessons from general conference.

Paul L., age 10, Kansas, USA

My family and I went to see a less-active member of our branch in the hospital. We had

a small church service and shared lessons from general conference.

Paul L., age 10, Kansas, USA



Jacob W., age 10, Virginia, USA



policeman if he had eaten lunch. He had not! He said he was hungry and that we were a blessing to him. We had the best feeling knowing we had helped someone.

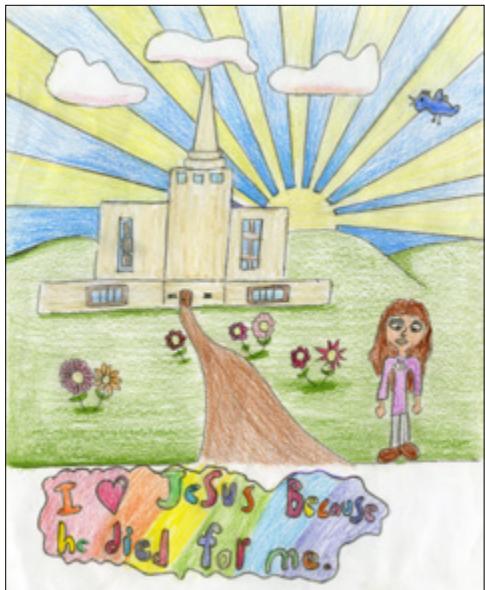
Callister, Kerrigan, and Preston S., ages 7, 5, and 3, Texas, USA

We got an extra meal from a restaurant so that we could give it to someone who was hungry. We saw a police car parked nearby and asked the



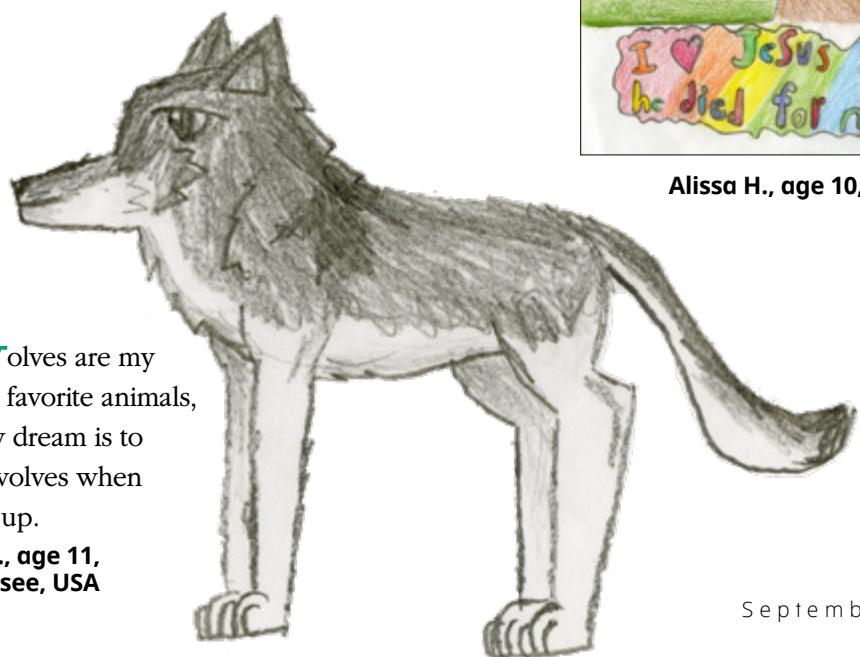
I love to pray. When I lost a toy, I prayed, and God helped me find it. Sometimes I pray before class and football games. I like it when we pray as a family and when I pray in Primary. I know that Heavenly Father hears and answers my prayers.

Kirill, age 8



Alissa H., age 10, Alberta, Canada

Mira L., age 6, Central Luzon, Philippines



Wolves are my favorite animals, and my dream is to study wolves when I grow up.

Irene T., age 11, Tennessee, USA

Wolves are my favorite animals, and my dream is to study wolves when I grow up.

Irene T., age 11, Tennessee, USA

MATT AND MANDY



for older **KIDS**

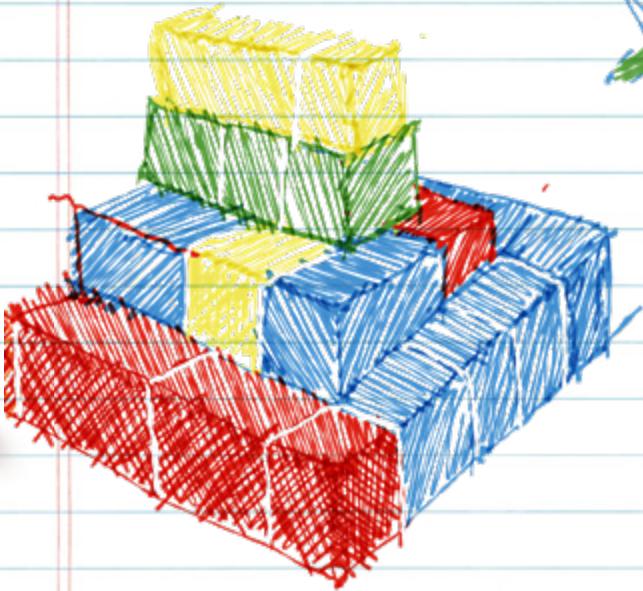
I LOVE TO SEE THE TEMPLE

Unscramble the words to find out what is written on each temple. (Hint: See the story on pages 32–33)

OLSHENSI OT
TEH OLRD

ART CHALLENGE

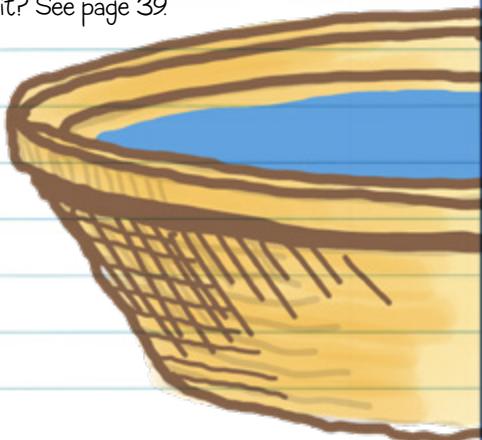
Build your own temple with blocks or sketch a design on paper.



BRAIN TEASER

Twelve brothers stand tall
With a bowl upon their backs
In a holy place.

What is it? See page 39.



TEMPLE FACTS

Did you know?

- Nine out of twelve countries in South America have a temple.
- The tallest Angel Moroni statue is 21 feet (6.4 m), on the Jordan River Utah Temple.
- The heaviest Angel Moroni statues weigh about 4,000 pounds (1,815 kg).



TEMPLE POWER

The temple has a beauty words cannot explain.

The temple has a beauty that glistens in the rain.

The temple has the Spirit. I can feel it near.

The temple has a purpose: to teach me why I'm here.

Ava E., age 10, Arizona, USA



*José couldn't wait to go to the temple.
So why was he so nervous?*

Peace in the Temple

By José Rodríguez

(Based on a true story)

"I love to see the temple. I'll go inside someday" (Children's Songbook, 95).

Congratulations, José," Bishop García said. He handed me my new temple recommend.

"Thank you!" I said. I shook his hand and walked out of the office, staring down at the white paper. I could go to the temple to do baptisms!

My *abuelos* (grandparents) were waiting in the hall. My parents didn't come to church very often, so I usually went to church with Abuela and Abuelo. They both gave me a hug.

"Are you excited for your first temple trip next week?" Abuelo asked as we walked out of the building. "We'll take a bus to the Santo Domingo Temple."

"Yes!" I said. But I couldn't help noticing a funny,

fluttery feeling in my stomach.

"It will be so nice to go together as a family," Abuela said with a big smile.

I smiled back, but the funny feeling didn't go away.

As the day of the temple trip got closer, I got more nervous. I finally talked to Abuela about it.

She was chopping vegetables in the kitchen, but she stopped when I came in. "What's wrong?" she asked, wiping her hands on a towel. "You look worried."

I sighed and sat down at the table. "I'm really excited to go to the temple. But I'm also nervous."

Abuela nodded, like she understood how I felt. "You don't need to worry. People will be there to help you the whole time."

As she spoke, I felt a warm, comforting feeling from



QUESTION FOR YOU

Why is the temple a special place to you?

my head to my toes. I knew the temple would be special.

Soon the day of our temple trip came. I put on my Sunday clothes and combed my hair. Abuela came into my room.

"How are you feeling?" she asked.

"Excited! I can't wait to go to the temple."

Abuela sat on the end of my bed and pulled a piece of paper from her pocket.

"This is a temple ordinance card," she said. "It's for my brother. He was very special to me. He died before he could be baptized. Would you like to be baptized for him in the temple today?"

Abuela held out the paper to me. I read the name: Ramon Rodriguez. I could tell Abuela loved her brother, and I was glad she trusted me to get baptized for him.

"Of course, Abuela. Thanks!" I carefully put the card in my pocket.

While riding the bus to the temple, Abuela told about when she went to the temple for

the first time with Abuelo. Back then, they had to go all the way to Peru because there wasn't a temple in the Dominican Republic.

When we got to the temple, Bishop García was already there. My eyes widened as we walked up to the building. It was so beautiful! I paused to read the words above the doors: *Holiness to the Lord: The House of the Lord*.

As I walked through the doors, I knew I was entering a special space. All my worries seemed to melt away. Everything was quiet and calm. I felt peace.

After changing into white clothes, I stood in the baptismal font with Bishop

García. I listened carefully as he said the words of the baptismal prayer. When he said Ramon's name, a peaceful feeling filled me.

Bishop García lowered me into the water. When I came up, I was smiling. I couldn't wait to come to the temple again! ●

The author lives in National District, Dominican Republic.



It's Temple Time!

Getting ready to do temple baptisms?
Here's what to expect.

1

Your Recommend!

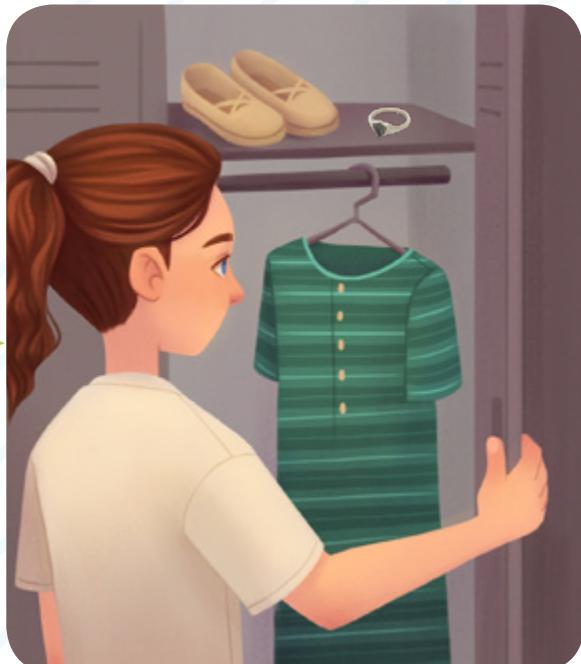
The temple is a holy place, so people need a recommend to show they are ready and spiritually prepared. (Turn the page to learn more!) You'll show your recommend at the front desk in the temple.



2

Get Ready

Dress in your Sunday best. But don't worry about the rest! A nice temple worker will give you white baptism clothing in your size.



3

Get Set . . .

You'll change into baptism clothes in a private stall. You'll also get a locker where you can put your clothes.

4

... And Wait

Sometimes if the temple baptistry is busy, you might need to wait. They'll have scriptures to read there. Plus it's a great place to think and pray.

5

Baptism Time

A temple worker will direct you to the font. After you're baptized for several people, a worker will give you a towel and direct you to a private shower, where you can quickly rinse off. Then you'll go back to your locker, where you'll change into your own clothes.



6

Being Confirmed

A temple worker will show you where to go next. Priesthood holders will place their hands on your head, like when you were confirmed. You'll be confirmed for several people, one after another. (You might do confirmations first and baptisms after that, depending on what needs to be done.)



7

Come Back as Soon as You Can!

You've helped someone who couldn't be baptized when they were alive! Write down how you felt afterward. Or hang up a picture of a temple so you can remember how you felt.

Temple Tips

- Have an adult call ahead to find out if you need to schedule an appointment for baptisms.
- Bring a brush or comb for after your hair gets wet. With long hair, pull it back in a white hair tie to make it easier to go underwater.
- If you wear glasses, a temple worker can hold them for you when you're being baptized.
- Remember, kind people will help you every step of the way!

I'm going to the temple for the first time soon, and I'm nervous about my interview with the bishop. What kind of questions will he ask?

—Anxious in Acapulco

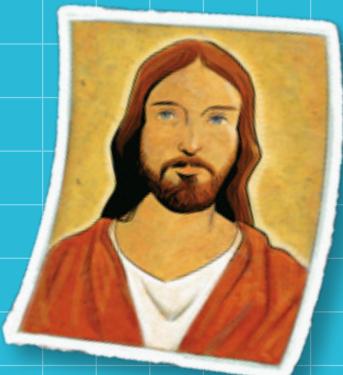


Dear Anxious,

Here are some of the things your bishop or branch president will talk with you about in your interview. A parent can come with you if you want. And you can always ask questions about anything you want to understand better.

We love you!

The Friend



- Are you honest?
- Do you pay a full 10-percent tithing?



Even if you're not going to the temple right away, you can still get a temple recommend if you're in Young Women or hold the Aaronic Priesthood. It helps you remember to stay worthy to go to the temple someday!

- Do you have faith in Heavenly Father, Jesus Christ, and the Holy Ghost?
- Do you support your Church leaders (like the prophet, the apostles, and your bishop)?



- Do you keep your mind and body clean and pure?
- Do you try hard to keep the covenants you made when you were baptized?
- Do you follow the commandments?



- Do you keep the Word of Wisdom?
- Do you feel you are worthy to enter the Lord's house?

Temple Cards

Cut out this page, glue it to heavy paper, and cut out the cards.



Philadelphia Pennsylvania
Dedicated September 18, 2016,
by President Henry B. Eyring



Fort Collins Colorado
Dedicated October 16, 2016,
by President Dieter F. Uchtdorf



Star Valley Wyoming
Dedicated October 30, 2016,
by Elder David A. Bednar



Hartford Connecticut
Dedicated November 20, 2016,
by President Henry B. Eyring



Paris France
Dedicated May 21, 2017,
by President Henry B. Eyring



Tucson Arizona
Dedicated August 13, 2017,
by President Dieter F. Uchtdorf



Meridian Idaho
Dedicated November 19, 2017,
by President Dieter F. Uchtdorf



Cedar City Utah
Dedicated December 10, 2017,
by President Henry B. Eyring



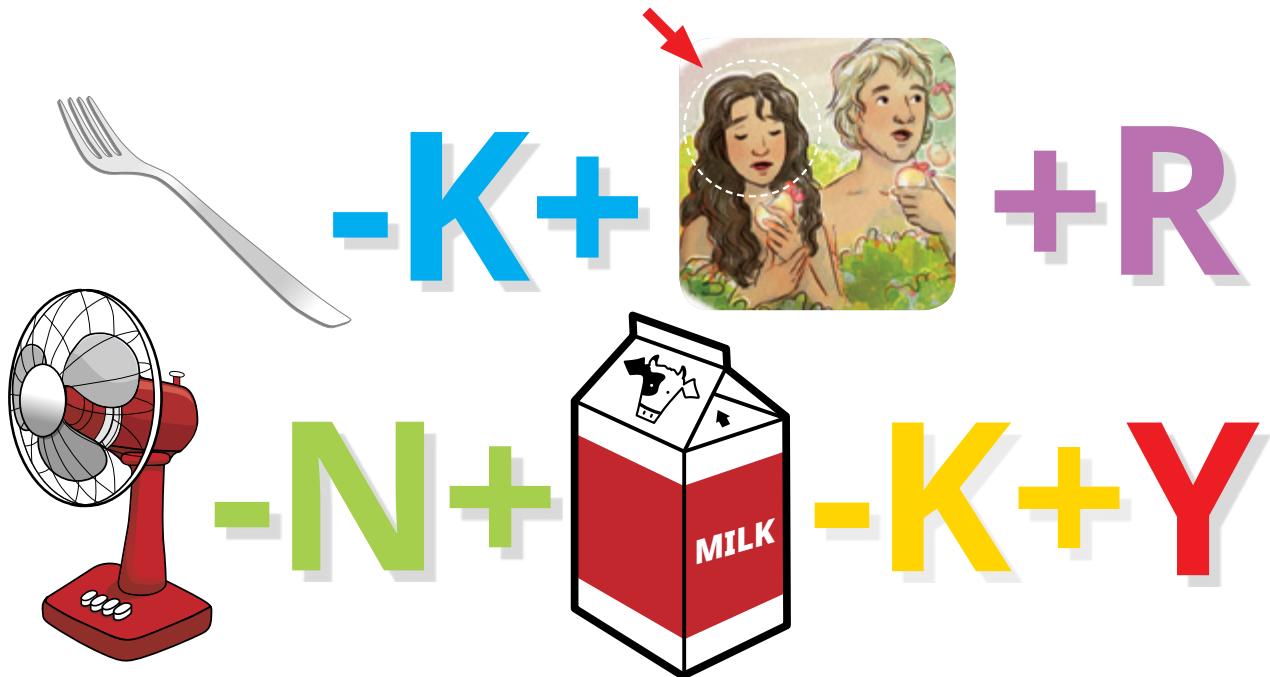
Concepción Chile
Dedicated October 28, 2018,
by President Russell M. Nelson

To print past temple cards, visit lessonhelps.ChurchofJesusChrist.org and click on the category "Cards."

Temples in Our Day

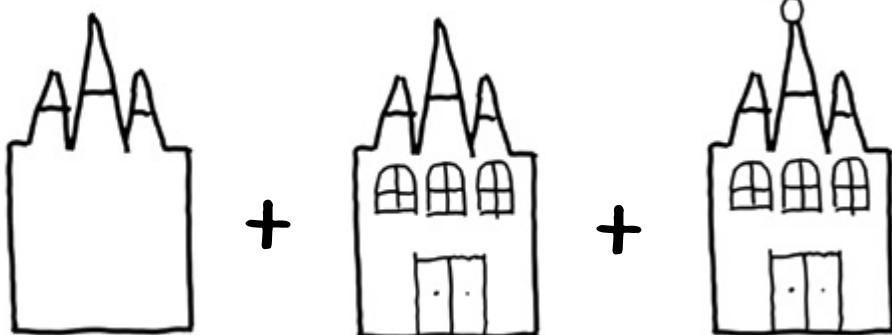
Temple Blessings

Many blessings are available to us because of temples. Solve the message below to discover just one of those blessings. Check answer on page 39.



Draw a Temple!

Pioneers worked very hard to build temples. In fact, the Salt Lake Temple took 40 years of hard work and sacrifice to finish. Try drawing this holy temple using the letter A!



Thanks to
Cameron C. from
Utah!

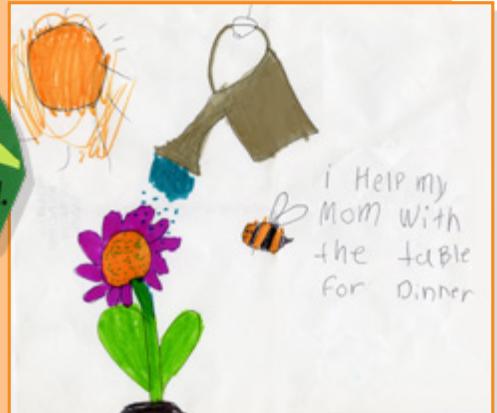
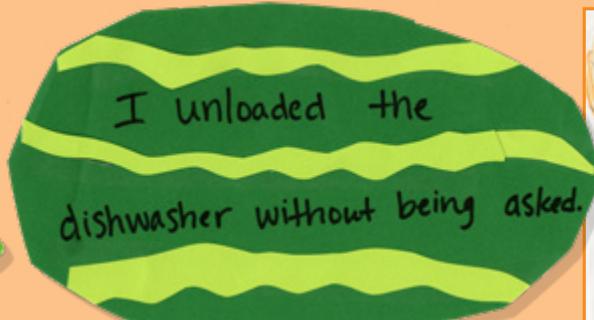
We love your fun
drawing idea!

Look what you made for the Kindness Garden!



David D., age 3, New Mexico, USA

Hadley P., age 6,
Florida, USA



Avery Y., age 6,
Washington, USA

FUNSTUFF ANSWERS

Page 27: I can be brave by telling the truth.

Page 31: temple baptismal font (the twelve oxen statues represent the twelve tribes of Israel), Holiness to the Lord.

Page 38: Forever Family



HIDDEN CTR RINGS

Did you find the rings?
Look on pages FJ3, 12, and 34.

How to Write to the *Friend*

To send us a letter, drawing, poem, or flower . . .

1. Fill out the form below and send it in with your story or artwork, and include a school picture or other high-resolution photo.
2. We might edit your submission, and we can't return it to you.

Please send your submission to:

Friend Magazine
50 E. North Temple St., Rm. 2393
Salt Lake City, UT 84150-0024
Or email: friend@ldschurch.org

May the *Friend* contact you with a survey?

Yes No

The following information and permission must be included:

First and last name _____

Age _____ Boy/Girl _____ State/Province, Country _____

I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.

Signature of parent or legal guardian _____ Date _____

Email of parent or legal guardian _____

The Last Laugh



Hi, Friends!



In Primary, we learned that Jesus was kind to everyone. I want to be kind like Jesus.

Annabelle, age 4, Florida, USA



My family was sealed in the temple, which means we can be a forever family.

Rockwell, age 4, Wyoming, USA



I learned from Lehi's dream to obey my dad and mom.

Daniel, age 5, São Paulo, Brazil



I help my mom take care of my baby sister.

Molly, age 4, North Carolina, USA

A Beautiful World for Mason

By Jennifer Maddy

Mason and Dad are walking in the forest. Mason brought

paper and crayons to draw what he sees. Mason draws a squirrel

with a fuzzy tail climbing up a tree. Mason draws shiny fish

swimming in the river. Mason draws round, red berries that

remind him of bouncy balls. Mason and Dad get to the end of the

trail. Mason draws a beautiful waterfall! Mason is glad Jesus

Made such a beautiful world for him.

What Do You See?

Mason drew pictures of things he saw on his nature walk. Can you find them in the picture below? What else do you see?



SCRIPTURE STORIES

Paul's Letters

By Marissa Widdison
Church Magazines



The Apostle Paul helped lead the Church after Jesus returned to heaven. Back then, there were no telephones or internet. So Paul wrote letters to members of the Church.

Paul wrote to people in the city of Corinth. He told them to forgive others. He told them to be patient. He wrote about Jesus.

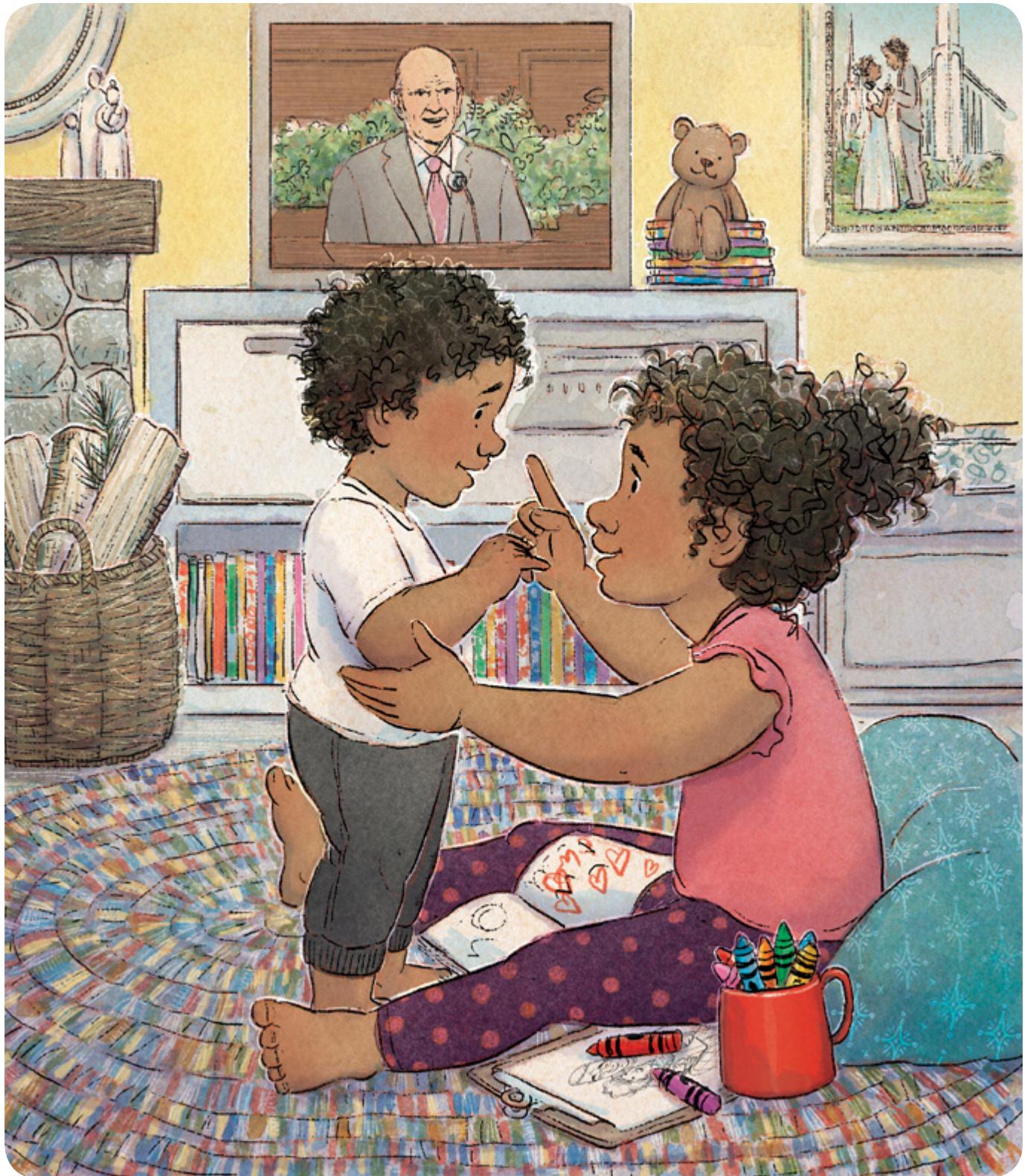


Paul wrote to people in a place called Galatia. He told them to love their neighbors. He told them what the Spirit feels like.



Paul's letters were so important that they became part of the Bible. You can read them in the New Testament.

**See family manual, pages 138–152;
Primary manual, pages 137–151.**



I can learn from Paul's teachings.
I will listen to what the prophet and apostles teach today! ●

COLORING PAGE

I Love the Bible!



Almost-Perfect Meg

Perfectly shiny hair!

Perfectly clean hands!

Perfectly neat clothes!



By Kathleen Mulroy
(Based on a true story)

Meg wanted to be perfect. She brushed her hair until it was perfectly shiny. She kept her hands perfectly clean. She kept her clothes perfectly neat.

Meg didn't like messy sandboxes. She hated it when one shoelace was longer than the other. And she really didn't like dirt. Playing tag looked like fun . . . but she might mess up

her hair or get her shirt dirty!

On Meg's birthday, her mommy and daddy gave her a special gift. It was a puppy! He was tan with white paws and soft brown eyes.

"Oh, I love him!" Meg said. "I'm going to call him Mittens."

The next day, Meg played with Mittens in the yard. She threw the ball over and over again. They had



so much fun. Then Mittens jumped into Meg's lap. With dirty paws!

"Eww!" Meg yelled. "Mommy! Mittens got me dirty!"

Mommy came outside. She gave Meg a hug. "Puppies are messy," she told Meg. "I know it's hard for you. But I hope you can have fun with Mittens, even if it means getting a little dirty."

Meg looked down at Mittens. She wanted her clothes perfectly clean. But she also wanted to keep playing with her puppy. She loved him!

"I guess it's OK to get a little messy sometimes," Meg said.

Days went by.
Meg kept playing
with Mittens.
Sometimes

he drooled a little on her clothes. Sometimes he drooled a lot on her clothes! After a while, Meg worried less about the mess. Mittens was fun to play with! He was always happy to see her.

Soon Meg started trying other new things. She waded in the lake with her family. She played in the sandbox. She played tag at recess.

One day, Mommy even had to remind Meg to change her dirty clothes! But Meg didn't mind. Things didn't need to be perfect for her to feel happy. ●

The author lives in Idaho, USA.



For Parents of Little Ones

This month's *Friend Junior* includes a story about a girl who struggles with perfectionism (see "Almost-Perfect Meg" on page FJ8). When children are so afraid of making a mistake that they refuse to try something new, they can miss out on a lot of growth and wonderful experiences! What can we do to help them realize that making mistakes is an important part of learning? Here are some ideas:

“ My seven-year-old boy struggles with perfectionism. Here are a few things we do to help him:
1) Praise effort, not just results.
2) Have an open conversation about thoughts and feelings.
3) Play games as a family and model appropriate reactions.
4) Remind him of his unchanging worth. ”

—Jamie F.

“ Use babies as an example. They have to learn skills, like walking and feeding themselves, slowly over time with lots of mistakes and messes involved. We love them for who they are, not because they do things 'just right.' ”

—Emily J.

“ I don't try to hide my own mistakes and failures. I want my children to participate in the process of problem-solving. We pray and ask for help to be able to step back from negative feelings and move toward solutions. ”

—Laurel B.



Are there any topics you'd like this letter to address? Send us an email at friend@ChurchofJesusChrist.org and let us know.

the **Friend** junior



THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

4 02185 09000 3
18509 Sep 19