

Family Night FUN

Here's an idea for family home evening. What other ideas can you come up with?

Honesty Jars

Read “Map Champ” on page 4. The more honest we are, the more others can trust us. Make these honesty jars with your family.

1. Have each family member decorate a clear jar with ribbons, markers, paint, or whatever!
2. Keep your honesty jars where everyone can see them. Every time you do something honest—like admitting to a mistake or returning a lost toy—add something to the jar. You could use cotton balls, pom-poms, beads, or popcorn kernels. See how being honest builds others' trust in you over time!



Apple-Pie Parfaits

We earn trust little by little when we do good things. Make these parfaits layer by layer to remind you to build up trust with others. Be sure to get an adult's help.

- 2 apples, peeled and cubed
- 1 tablespoon brown sugar
- 1/4 teaspoon cinnamon
- granola or crumbled graham crackers
- whipped cream or vanilla yogurt



1. Put the apples, brown sugar, and cinnamon in a saucepan. Add a few tablespoons of water.
2. Cook over medium heat, stirring occasionally, until the apples are soft.
3. Scoop some of the apples into jars or bowls. Add a layer of granola or graham cracker, and then add a layer of whipped cream or yogurt. Repeat until the dish is full.

MORE IDEAS

Sing “I Am Like a Star” (page 27). Then send a star to the *Friend* telling how you were an example!



Use the “Feelings First-Aid Kit” (page 24) and talk about what you can each do when you're sad.

Is there a topic you'd like to learn about with your family? Go to lessonhelps.lds.org to find stories, activities, and media.