



### Daily Start

efore we go to school, we start our day by reading a story from the *Friend*. We like to hear about other children around the world. Thanks for helping us bring the Spirit into our home!

Miriam, Eliza, Joshua, and Caleb A., ages 7, 5, 3, and 1, Sakhalin, Russia



DEAR FRIENDS,

about it! Turn to page

39 to find out how.

Children in some parts of the world are starting a new school year. Some go to school nearby, while others travel a long way to school. Some have school in their own homes! Heavenly Father wants all of us to learn as much as we can. Turn to pages 11 and 34 for some school fun. What is your school like? Write and tell us all about it, or color Was there a story a picture! or activity this month Happy learning! that helped you? Tell us

The Friend

### New Friend Reader



started reading the *Friend* in ▲ November 2016, and it is really cool! I love the stories and the fun ideas.

Dani A., age 10, Alberta, Canada

### Heavenly Father's Love

y Cub Scout troop (which is my friend Jacob and me) made no-sew blankets from "Salsa Service" (Jan. 2017) and donated them to a nearby refugee center. We met a family that had just moved from Congo who received the blankets. I felt the Spirit inside me and knew that Heavenly Father loved this family. Hunter A., age 8, Alabama, USA



### How I Read the Friend

henever I get the new Friend, I read all of the stories outside after school!

James B., age 7, Massachusetts, USA





A children's magazine published by The Church of Jesus Christ of Latter-day Saints

### Primary Connection Find stories and activities to go with this month's sharing time theme and lessons. Find more at lessonhelps.lds.org.

### STORIES AND FEATURES

- 2 From the First Presidency: Blessings of Tithing / President Henry B. Eyring
- 4 All Children of God
- 6 Family Night Fun
- 8 **Friend to Friend:** Don't Play with Fire! / Sister Jean B. Bingham
- 12 Answers from an Apostle: Elder Ronald A. Rasband
- 14 Friends with Heart: I Can Do Family History!
- 16 Chief on the Run
- 18 Finishing the Story!
- 20 CTR Story: The Sparkly Sticker
- 22 Show and Tell
- 26 A Brave Example, Part 1: Jane's Choice
- 30 Matt and Mandy
- 39 Stop and Flip

### FOR OLDER KIDS

- 31 For Older Kids
- 32 The Bear Cave
- 34 Surviving the Homework Jungle
- 35 Snacks & Crafts
- 36 Earrings for Jasmine
- 38 A Painting of Christ

### Front cover by Jared Beckstrand Back cover by Jamie Smith

### Volume 47 Number 9 September 2017

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### MUSIC

28 The Hearts of the Children

### THINGS TO MAKE AND DO

- 9 Women Leader Cards
- 11 Funstuff: School Is Cool!
- 19 Funstuff: Find It!
- 24 CTR Fun
- 29 **Church History Figures:** Relief Society Sisters and the Nauvoo Temple

### FRIEND JUNIOR

- IBC For Parents of Little Ones
  - FJ1 Hi, Friends!
  - FJ2 Good Friends
  - FJ3 Playground Fun
- FJ4 Stories of Jesus: Jesus Is Kind
- FJ7 Coloring Page
- FJ8 Moresby the Brave



### Hidden CTR Rings

Hard: Are you a good friend? Harder: Stick around. Hardest: Are your ears ringing?

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### FROM THE FIRST PRESIDENCY



# **Blessings of Tithing**

By President Henry B. Eyring First Counselor in the First Presidency

There are at least three ways that paying a full tithe prepares us to receive the gift of eternal life. First, when we pay our tithes to the Church, our Heavenly Father pours out blessings upon us. The bless-

ings are sometimes spiritual and sometimes **temp<u>oral</u>.** They are given in the Lord's time and according to what He knows is best for us. As those blessings come, our faith is increased that God is the source of everything that is good in our lives.

Second, all of us who pay a full tithe feel greater **confidence** in asking God for what we need. He has promised blessings even greater than we can receive when we faithfully pay our tithes. So one of the great blessings of tithing is confidence in what the future holds. Whatever our circumstances may be, things will work out for the best.

Third, when we pay tithing, we feel an increase in our love of God and of all God's children. We help the Lord build temples, where families can be sealed forever. We help Him send the gospel to people everywhere. We help Him relieve hunger and suffering in His own way through His servants.

God pours out blessings on all those who are full-tithe payers.

Adapted from "The Blessings of Tithing," Ensign, June 2011, 4–5.

feeling sure

前 勝勝 日

earthly

### I CAN PAY TITHING

Paying tithing means giving 10 percent of what we earn to the Lord. Move the decimal one spot to the left to find out how much these kids would pay for tithing. (Check answers on page 39.)

Example: €18.30 → €1.83



¢12.40



£

£15.70



2

\$10.50

### **AN IMPORTANT PROMISE**

Heavenly Father has made a very special promise to everyone who pays tithing (see Malachi 3:10). To discover this promise, answer each question below, and then use those answers to solve the code. Check your answers on page 39.

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### By Julie Cornelius-Huang

(Based on a true story)

"We claim the privilege of worshiping Almighty God according to the dictates of our own conscience, and allow all men the same privilege, let them worship how, where, or what they may" (Articles of Faith 1:11).

I ren was having fun visiting Taiwan. His grandfather, his *Yéyé*, took him and his little sister, Ila, to the zoo and on a ferry ride to a small island. They went to beautiful gardens filled with mango trees and orchids. And they visited a mountain where monkeys tried to steal their food! The monkeys made Ila nervous, but Iren thought they were awesome.

Yéyé was teaching Iren and Ila all about where their family came from. He took them to meet all of their relatives and to restaurants to try new foods. Iren had been practicing with chopsticks. He was getting really good.

One day Yéyé took Iren, Ila, and their parents to a special place. It was a big building with large, open doors and shiny wooden floors. Before they went in, Iren and his family took off their shoes. "This is a place where you have to be reverent," Mom said. "Just like at our church."

"Is this a church?" Iren asked. It sure didn't look like any church he'd ever seen. The building's colorful roof had curled-up edges. People in dark blue robes walked quietly through the doors.

"Sort of," said Mom. "It's a Buddhist temple. But people don't get married or sealed here, like in our temples. It's a church building for Yéyé's religion. He comes here to learn the teachings of Buddha and to help people."

Dad added, "Do you remember the earthquake in Taiwan we saw on the news a month ago? Yéyé and the other volunteers at this temple all helped after the earthquake was over."

"What did they do?" asked Ila.

"I think they brought water to people and cleaned up rubble," said Dad. "They also helped people who lost their homes find a place to stay."



"Whoa," said Iren. He looked at Yéyé. "That sounds like a lot of work!" Yéyé smiled and nodded.

When they went in the temple, Iren noticed how quiet and peaceful it was. He looked around and saw a large wooden statue. Ila and Iren stopped and stared.

"Is that Buddha?" Iren asked.

Mom nodded.

Yéyé said something to Dad in Chinese, pressed his hands together, and bowed in front of the statue of Buddha three times.

"Yéyé is teaching us how he shows respect for Buddha," Dad said, his voice just above a whisper.

Iren scrunched his eyebrows together. "Isn't that ...?" He tried to remember something he'd heard before. "Isn't that worshipping idols?"

"Buddhists don't actually worship Buddha," Dad said. "Buddha was a great teacher, and they visit his statue to remember what he taught."

"When people bow here, they're showing respect-

"It's a Buddhist temple," said Mom. "This is Yéyé's religion." sort of like shaking hands," Mom whispered. "Yéyé bows to show respect for Buddha and what he taught."

Mom put her arms around Iren and Ila. "And do you know what?"

"What?" Ila asked.

"These are all God's children. He loves them. He loves what they're doing to help each other."

Iren looked over at Yéyé and all the other people sitting quietly. He felt warm and good inside and knew what Mom said was true. Iren said a little prayer to Heavenly Father: *Thank you for helping me meet more of your children.* 

The author lives in Utah, USA.

### Turn the page for an activity to go with this story!

September 2017

5

Here are some family home evening ideas from this month's magazine. What other ideas can you come up with?

# CELEBRATING Differences

Read "All Children of God" on page 4. Heavenly Father loves all of His children around the world! Pick a country you'd like to learn more about, and do some of these activities together.

1. Make a popular food from this country.

Family Night

- 2. Play some music you might hear there.
- 3. Find the place on a map. How would you travel there?
- 4. Look up pictures to see what it might be like to live there.
- 5. Talk about how the place is similar to where you live. How is it different?



Trying foods from other countries is lots of fun! Try making this popular Chinese food, *cōngyóubǐng* (pronounced tsOng-yo-bing).



- Mix 1 1/2 cups flour and 1 teaspoon salt. Pour 1/2 cup warm water into the bowl and stir until combined. Knead the dough until it's no longer sticky, about 5 minutes. Let it sit for about 15 minutes.
- 2. Wash and dry **3-4 green** onions (about 1/3 cup). Use kitchen scissors to cut the onions into little pieces. Mix the green onions into the dough.
- Cut the dough into four pieces. Roll each piece into a long rope. Wrap the rope into a spiral. Sprinkle flour on the counter and on a rolling pin and roll the dough thin and flat.
- 4. With an adult's help, heat **1 tablespoon oil** in a frying pan. Fry each side of the pancake for about 1 minute, or until the sides are browned. These are best served right away, so eat up!

Is there a topic you'd like to learn about with your family? Go to lessonhelps.lds.org to find tories, activities, and media.



### RESPECTING HEAVENLY FATHER AND JESUS

We need to respect Heavenly Father's children, and we need to respect Heavenly Father and Jesus too.

- Use Their names reverently.
- Listen to Their teachings and do what They ask.
- Be thankful for everything They have given us.
- Be reverent when we are at church.
- Treat everyone kindly, like They would.

### **BONUS TREAT**

Try this treat for FHE this month! Be sure to get an adult's help.

Mix 1 cup peanut butter, 1 cup sugar, and 1 egg. Roll into one-inch (3-cm) balls and gently flatten with a fork. Bake at 350°F (180°C) for 8-10 minutes.

> Thanks to Caleb B. from Texas for sending in this recipe!

## **MORE FHE IDEAS**

Look for these pictures in the magazine to find the stories and articles they go with! (Find the page numbers below.)

> DEA 1: Read "The Sparkly Sticker." How did Emily choose the right? Come up with ways she could be nice to James. Then help finish the poem on the "CTR Fun" page!

**IDEA 2:** Read the new endings for the story "A Gift for Lane." Write your own ending to the story as a family, or write a new ending to a story from this month's magazine!



**IDEA 3:** Read about family history in "Following Faithful Examples" and "I Can Do Family History." Share a family story, and make sure it's written down.

**Idea 1:** 20, 24; **Idea 2:** 78; **Idea 3:** 73, 74

September 2017 7

### FRIEND TO FRIEND



**By Jean B. Bingham** Relief Society General President



# Don't Play with FIRE

"Keep the commandments! In this there is safety; in this there is peace" (Children's Songbook, 146). When I was growing up, one of my jobs was to burn the trash. I would gather the garbage from the house. I'd put it in a big metal barrel in the backyard. Then I would light a match and drop it in the barrel.

One day it was really windy, and the match just wouldn't stay lit. I decided to make a torch out of newspaper. I thought that way the flame would last long enough to light the trash on fire. I remembered that it wasn't smart to play with fire, but I ignored the warning feeling. I rolled up some newspaper into a cone, lit it with a match, and dropped it into the barrel.

*Whoosh!* The strong wind made the newspaper burst into flames, and the trash quickly caught fire. Big flames blew past my face. Luckily most of my hair was pulled back into a ponytail. But my bangs were singed into crisp little wisps! My eyelashes were gone, and my eyebrows too. It just happened so fast!

That taught me a lesson: if you play with something dangerous, you can get hurt! Our parents and the Holy Ghost warn us to avoid dangerous things like pornography and drugs. If we choose to ignore the warnings, there are harmful consequences.

I'm grateful that my hair grew back over time. That's like repentance. When we make wrong choices, we can choose to change. We can be forgiven because of the Atonement of Jesus Christ. No matter how young or old we are, our Savior is always there to help us. We can feel peace again, just like on the day we were baptized.

Heavenly Father gave us commandments because He loves us. He wants to protect and help us. What wonderful gifts Heavenly Father and His Son Jesus Christ have given us!

From an interview with Maryssa Dennis.

### THE **TEN** COMMANDMENTS

Can you find all the bold words in the word search below? Read the Ten Commandments in Exodus 20:3–17.

Ε	Q	Η	т	Ι	т	т	L	W	Ι	D	0	L	S	0
Ε	J	Е	Α	L	0	U	S	Ν	Ι	Α	0	С	н	U
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D	Х	G	Ν	Ζ	Α	Н	т	U	R	т	R	U	Х	Κ
U	Ζ	Ν	В	Ι	W	L	Q	κ	S	Ν	В	Α	Ι	Y
Н	Ι	F	S	Е	U	L	V	Ι	Ζ	Υ	0	R	Ρ	т
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Μ	0	Е	т	Ν	Α	М	Е	Q	0	S	κ	Α	Ι	S
Y	J	S	κ	В	R	D	Ι	U	D	Е	L	G	0	D
Y	т	М	В	Х	L	С	D	F	Е	Q	V	W	F	т
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V	S	S	L	Ρ	G	L	0	т	Μ	F	В	Ν	Ν	Y

Love God with all your might. Don't worship idols. Don't use the Lord's name as a swear word. Map the Sabbath day holy. Mespect your parents. Don't kill. Use your body for pure, good things. Don't steal. Always tell the truth. Don't be jealous.

### WOMEN LEADER CARDS

Meet our new Relief Society General Presidency! They were sustained in the April 2017 general conference.





- Was born in Nicaragua and survived a big earthquake as a child.
- Studied engineering in college and owns a translation company with her husband.
- Was baptized when she was 26 years old.
- By the time she was seven, she had lived in four U.S. states!
- Loves to climb trees, watch birds, and collect interesting rocks.
- Studied teaching in college and enjoys helping children learn.



- Served a mission in Finland and taught English in Japan.
- Is the director of the Church's humanitarian work, including giving wheelchairs to thousands of people who can't walk.
- Likes history, homemade pie, and crossword puzzles.





# School Is Cool!

The prophets and apostles have taught us that we should learn as much as we can. Look at the things each friend likes about school. Circle the thing each pair of friends has in common.



### ANSWERS FROM AN APOSTLE



**By Elder Ronald A. Rasband** Of the Quorum of the Twelve Apostles

# How can I make my testimony STRONG?

Remember times when you felt the Spirit.

Avoid things that do not build and strengthen your testimony.

Read and think about the scriptures. Write down your spiritual feelings in your journal.

Reach out to others in Christlike service. This will help you feel God's love deep in your heart.

Share your testimony with your family.

*From "Lest Thou Forget,*" Ensign, *Nov. 2016, 113–115.* 

# Following FAITHFUL Examples



E lder Ronald A. Rasband likes to remember stories about his ancestors. He likes to think about their faith and their examples.

Elder Rasband's middle name is Anderson. It helps him remember his mother's family. His great-greatgrandparents were Jens and Ane Cathrine Anderson. They lived in Denmark almost 200 years ago. They learned about the gospel in Denmark and were baptized. In 1862 they traveled to the United States to be with other Latter-day Saints. Jens died on the trip across the ocean, but Ane Cathrine and her son kept going. It was hard, but their faith was strong. They made it all the way to Utah.

Elder Rasband keeps a painting in his office to remind him of his ancestors. The painting shows missionaries teaching people in Denmark when the Church first started there. It reminds Elder Rasband of when his ancestors joined the Church. His family's faith and sacrifice are good examples to him. Remembering them helps him keep his testimony strong.

I love the stories Grandma tells us!

What's your favorite family story?

### FRIENDS WITH HEART

# I Can Do Family History!

HI! My name is Mary.

By Mary C., age 9, Oregon, USA

I love doing family history. I have lots of ancestors from England and other parts of Europe. One of my ancestors was the king of Sweden!

### A Family Activity

My older brother and sister are 12 and 13, and we love working together to find names for them to take to the temple. My sister is a youth temple and family history consultant. She has helped me learn a lot about FamilySearch .org. Sometimes I help her with indexing. It's a great activity to do together on Sundays.

### **Finding New Names**

Even though my family has worked on our family history for years, I can always find more names of ancestors who need to have temple ordinances done. I use FamilySearch.org at my home or at the family history library. There are family history centers all over the world. There's probably even one close to you!

\* "The Hearts of the Children Shall Turn," Ensign, Nov. 2011, 27.



### **Learning about Their Lives**

Each week this summer, we asked our grandparents and great-grandma to answer a question about their lives. (There's a list of 52 questions on FamilySearch.org.) I love learning more about my grandparents when they were my age.

SX



### An Apostle's Promise

I love the promise Elder Bednar made to the youth about doing family history. He said, "I promise you will be protected against the intensifying influence of the adversary. As you participate in and love this holy work, you will be safeguarded in your youth and throughout your lives."\*

### MARY'S TIPS FOR SHOWING LOVE

- Ask your grandma or grandpa to tell a story of when they were your age.
- Spend lots of time with the people you love—especially your family. Get to know them better.
- Keep a journal to share with your grandchildren someday.

# SEND US A **HEART!**

How do you follow Jesus by showing love? Send us a heart with your story, photo, and permission. See page 39.

### **By Nicole Hansen**

(Based on a true story)

"Ask, and ye shall receive, that your joy may be full" (John 16:24).

ax and Blake sat on Blake's front porch eating ice-cream treats. It was a hot day, and the cold, sweet ice cream tasted just right. They both concentrated on eating every bit of their ice cream before it dripped onto the concrete. Blake finished his and sucked on the wooden stick.

"Hey, do you wanna play in the sprinklers in my backyard?" he said.

"That sounds great!"

"Race you!" said Blake, and he hopped up and ran around to the backyard gate.

Max finished the last bite of his ice cream as Blake disappeared around the corner of the house.

"Hey, wait for me!" Max shouted as he hurried after Blake. When he reached the gate, he flung it open, remembering too late to watch out for Blake's dog, Chief. Chief ran out through the gate, his large furry body pushing Max out of the way.

"Chief, come!" Max shouted.

Chief stopped in Blake's front yard. He cocked his head and grinned at Max, his tail wagging.

Max spoke calmly as he inched toward the dog. "C'mon Chief. Come back." Max was almost close enough to grab Chief, so he kept speaking gently and stretched out his hand.

Chief lurched away and raced down the street at full speed, still wagging his tail. He was *fast*. Max ran after Chief and tried not to lose sight of him.

Max followed Chief until he felt like he just couldn't run anymore. His muscles ached, and his

# Chief on

**16** Friend

the Run

If Max couldn't catch him, Chief would be lost.

throat burned from breathing hard. All the while, Chief ran ahead of him, getting farther and farther away from home. Max was really worried

> now. He couldn't go back for help without losing sight of Chief, but he just didn't know how much longer he could keep up. And if he couldn't catch him, Chief would be lost. The thought of losing his best friend's dog gave Max a sick feeling in his stomach.

Max stopped running, his heart still pounding hard in his chest. He closed his eyes and said an urgent prayer that he would be able to bring Chief home safely. Max looked up from his prayer and saw Chief dash through an open gate into a neighbor's backyard. He followed and quickly closed

> the gate. His shoulders sagged with relief. Max knew this was an answer to his prayer. Chief was trapped in the yard.

Max knocked on the front door of the house and explained the situation. The kind neighbor helped Max hold Chief's collar and walk him back home. Max was tired from his run, but he felt really grateful to Heavenly Father.

He was so glad he'd remembered to pray for help. "Hey Max, where'd you go?" said Blake as Max led Chief into the backyard. "I was getting the sprinkler set up and didn't see you leave."

"Aw, me and Chief went for a run. Let me tell you about it." Max smiled as he set Chief free to play in the sprinklers. Then he double-checked to make sure the gate was closed tight. The author lives in Utah, USA.

ILLUSTRATION BY GLENN HARMON

# Finishing the Story!

Last September we asked you to help write the ending to the story "A Gift for Lane." In the story, Addie gives a copy of the Book of Mormon to her friend Lane. But the next day Lane tells Addie that her mom doesn't want her to read it. What happens next?

> Addie and her mom pray about who else they could give a Book of Mormon to. Addie gives one to her friend Ben. Later, Ben recites a scripture from 2 Nephi to Addie.

Kassy M., age 11, New York, USA



Benjamin C., age 7, Utah, USA



Ivy C., age 11, Idaho, USA

Addie and her older sister pray. Then they make a list of ways Addie could share the gospel. After that Addie invites Lane and her mom to church, and they both come to church with her.

Ruby F., age 11, Maryland, USA



Addie could try to be a good example and also lend Lane a copy of the *Friend*.

Eden E., age 9, Oregon, USA



Addie's older brother tells her that what she did was brave. The next day, Lane tells Addie that her parents changed their minds. They read the Book of Mormon, and the missionaries stop by their house. They feel the Spirit, and Lane and her family go to church.

William G., age 11, Georgia, USA





Addie's older brother says, "Maybe you could set an example by being really nice to your friend and by being happy. Then she might want to know what makes you so nice and happy, and then you can tell her about the gospel."

Jack M., age 9, Utah, USA

### FUNSTUFF

۲

ILLUSTRATION BY TONYA HAMILL

Find It!

# Find It!

Everyone should have someone to play with at recess! Samantha and Jia want to help. Can you help them find these kids who might need a friend?



Can you also find these hidden objects?

19

CTR/STORY **By Susan Denney** (Based on a true story)

"Help me, dear Father, to truly repent, making things right, and changing my ways" (Children's Songbook, 99). Cmily loved snack time at school. It was the only time

C that she and her friends could chat in the classroom. Emily had three best friends: Lucy, Meredith, and Krista. They always had fun together, and Krista was their leader.

"I have something to show you," Krista said to Emily, Lucy, and Meredith. She reached in her pocket. Then she pulled out a pink sparkly sticker with a pony on it.

"I'm going to give this to James," Krista whispered. She giggled.

Emily looked over at James. He was sitting by himself at the table next to them. James always ate his snack alone.

Emily laughed when she thought about what would happen when Krista gave James the sticker. A pink

sparkly sticker for *a boy*. It would be so funny!

Emily held her breath when Krista reached over and handed the sticker to James. What would he say? He would probably hate it.

James looked at the sticker in his hand. Then he smiled. "Thanks, Krista! I'll give it to my sister. We both really like horses!"

Krista, Meredith, and Lucy burst out laughing. Emily laughed too. James's smile fell into a frown.

Krista leaned over to Emily and whispered, "Your turn! Give him something else."

Emily felt a little queasy. She glanced over her shoulder. James had pulled his jacket hood up around his face and was tearing the sticker in half. It had been so easy to laugh at James. But now that it was Emily's



turn to tease him, it didn't seem funny anymore.

"No," said Emily. "I don't want to."

Krista shrugged and whispered to Meredith instead. Emily couldn't finish her snack now. Her stomach hurt. The more she thought about James and the sticker, the worse she felt.

Before bed that night, Mom read Emily a scripture about baptism. "Do you remember when you were baptized, how clean and pure you felt?" Mom asked.

Emily thought about James and the sticker. She thought about the way he'd hidden his face. She remembered how she'd laughed. "Mom," she said, "I did something really bad." She started to cry.

Emily told Mom what had happened and how bad she felt.

Mom pulled her close. "Oh, Emily! Everyone messes up. Only Jesus is perfect." Then Mom smiled. "Do you know what repentance is?"

Emily nodded with a sniff. "It's when you say you're sorry."

"That's how it starts. But it's more than that. You ask Heavenly Father to forgive you for what you've done wrong, and you promise not to do that bad thing again. He'll help you. And you need to make things right with the person you hurt. Do you think you can do that?"

Emily wiped the tears from her cheeks and nodded. "I won't make fun of James again. And I'll tell him I'm sorry."

Mom hugged Emily. "I promise you'll feel better when you do. That's how repentance works." Mom and Emily knelt to pray. Emily asked Heavenly Father to forgive her and to help her say sorry to James.

After she prayed, she felt better. She would try to be like Jesus. And now she knew she could repent when she messed up. Tomorrow she would talk to James. Maybe she could bring him a new sticker. The author lives in Texas, USA.

Print cards at CTR2017.lds.org.

"I will choose the right. I know I can repent when I make a mistake" (My Gospel Standards).

Read D&C 58:42-43 with a parent or teacher. What does it mean to confess and forsake your sins?

When you hurt someone, say you're sorry—and mean it!

Pick one thing you want to do better this week. Pray to Heavenly Father for help.

I challenge myself to ...

# Show and tell



like to be nice to people because it makes them happy and me happy. Hank B., age 11, Montana, USA



love the CTR shield because it reminds me of a knight's shield that protects them from a dragon. I know

when I choose the right I'm protected from sin. Libby R., age 8, Utah, USA



Laura F., age 11, Texas, USA



hen I go to church, I try to be reverent in sacrament meeting and Primary by

singing the songs and reading the scriptures.

Joel R., age 6, Chiang Mai, Thailand



Praying and repenting help me to follow Jesus. Trajan W., age 9, Utah, USA



told my friends about the gospel and that I read the scriptures. I invited them and my teachers to my

baptism. I felt happy that they came, and I felt like a missionary. James D., age 9, Somerset, England



dren from the **Gateway Gardens Ward, Arizona, USA,** joined with another local church to collect school supplies to help children in their community.

Primary chil-



Jace R., age 11, Arizona, USA

Find more art online at childart.lds.org!

ages Awhew I Read my Brother a book So my mom Coyld do dishes.

> Andrew S., age 8, Utah, USA

# I was nice to The new Girl at school

Blake B., age 6, Florida, USA Dollate my Small Nothes to my Neish Jaushter. Audre

> Audre C., age 7, Texas, USA



Maren R., age 10, Iowa, USA



e performed a song in American Sign Language for the deaf members in our ward during the Primary sacrament program.

Nalani K., age 10, A.J. and Ashton G., ages 8 and 9, Hawaii, USA

**Filling the World with Love** This year we're filling our map of the world with your loving hearts. Find out how to send us your heart on page 15!





Daniel E., age 11, Utah, USA



y friend at school said a bad word. I asked him to please use good words. Rachel K., age 6, New South Wales, Australia Heavenly Father and Jesus want us to be HAPPY. The best way to be happy is to CHOOSE THE RIGHT!

# HOOSE HE IGHT

**By Lisa Harrow** 

To truly be happy, we must choose the right. That means in the morning, by day, and by \_\_\_\_ Choose to wake up with a purpose and smile. Choose to do good when faced with a \_\_\_\_\_

Choose to share with our sisters and brothers. Choose to be polite and not argue with \_\_\_\_\_ Choose to be on task with homework or chores. Choose not to complain when asked to do \_\_\_\_\_

> Choose not to get angry when losing a game. Choose not to hurt others or call them mean

Choose to speak kindly and not say bad words. Choose not to gossip about what we have \_\_\_\_\_

Choose to be near what's good, and away from what's not. Choose to tell the truth-before getting \_\_\_\_\_. Choose to live all your life with goodness and love. Choose to follow the example of our Savior \_\_\_\_\_

Choose to be like Jesus and live in His light. Choose to be happy by choosing the \_\_\_\_\_!

Start	

# CHOOSE THE RHYME!

### Use these words to fill in the blanks in the poem.

above
heard
right

names others night

more trial caught



**CONNECT THE RINGS** 

# COMPLETE THE REST

What else can CTR stand for? Maybe a good reminder, like "current temple recommend" or "choose to (be) reverent." How many others can you come up with?

Finish

# **CONSIDER THE REASON**

Sometimes we see people making bad choices. Instead of judging them, we can choose to be kind and think about why they act that way. Are

they struggling with something we can help them with?

Use biscuit or bread dough to shape the letters CTR. Then bake it for 8-10 minutes at 450°F (230°C) or until golden brown. Be sure to get an adult's help. What else could you use to make CTR? Maybe carrots and celery? Send us a picture of what you come up with!



# Jane's CHOICE

By Jessica Larsen

(Based on a true story)

Connecticut, 1842

<sup>((</sup>The Lord my shepherd is . . ." Music swirled around Jane Elizabeth Manning, but she couldn't focus on the words. She was looking at her hands, deep in thought.

She had joined the Presbyterian church a year ago. But she still felt like something was missing. *I'm searching for something more,* she thought. But what could that be?

After the church meeting ended, Jane drifted outside with the rest of the congregation. The leaves were beginning to turn red and gold. Sunlight glinted off the nearby Norwalk River.

"A traveling missionary has come to town," a man was saying. "He's a Mormon, and he says God is speaking to prophets again."

Jane stopped to listen. Could this be what she was searching for?

"Prophets?" another man scoffed. "Like from the Bible? Who would go listen to such a message?"

"I would!" Jane blurted out. A few people turned to stare at her, including the pastor. Jane felt her cheeks grow warm.

The pastor frowned. "I don't think you should go

hear him. It's foolishness, that's what. Do you understand?" When she said nothing, he nodded and moved to speak with someone else. Jane watched him leave and then hurried home.

Home wasn't where Mamma and her brothers and sisters lived. It was at the Fitches' farm. She had gone to live there as a servant when she was just six years old. Every day she worked hard, helping Mrs. Fitch with the washing, ironing, and cooking. She usually got up before the sun. She built the fire, kneaded bread, and churned the butter. Whenever she could, she went to visit her own family.

A few days later, Jane was still thinking about the missionary while she was hanging up Mr. Fitch's shirts to dry. The clothes flapped in the brisk breeze.

The pastor had told her not her to go, and yet . . . she needed to. She needed to see if this Mormon could help her find the truth she was searching for. By the time she finished hanging the clothes, she had made up her mind. She would go to the meeting, no matter what anyone else said.

On Sunday, Jane woke at dawn, put on her nicest dress, and walked alone to the meeting hall. She quietly slipped onto a wooden bench at the back of the hall. Jane smiled when she saw how many people were there. It seemed she was not the only one looking for something more!

The room quieted when Elder Wandell stood. The next hour passed quickly as he spoke about the Book of Mormon and a prophet named Joseph. He said people could be baptized by immersion, just as Christ was. And he talked about the Saints gathering to a faraway city called Nauvoo. By the end of the meeting, Jane's heart felt so full she could hardly breathe.

That night, Jane visited her family.



"And what did you think of the missionary's message?" her mother asked when Jane explained how she had spent her Sunday.

"I am fully convinced he presented the true gospel," Jane said. "I must embrace it. I am going to be baptized next Sunday."

"Baptized? You're joining another church?" her brother, Isaac, asked, pulling up a chair.

"Yes! It's what I've been searching for. It's true."

Isaac could tell she was serious. "So what happens next?" he asked quietly. "What will you do after you're baptized?"

"I'll gather with the Saints," Jane said. "I'm going to Nauvoo." ◆ *To be continued*....

The author lives in Texas, USA.

# he Hearts of the Children



Malachi 4:5–6 Doctrine and Covenants 128:18

 $\begin{array}{l} Copyright @ 2017 \ by \ Intellectual \ Reserve, \ Inc. \ All \ rights \ reserved. \\ This \ song \ may \ be \ copied \ for \ incidental, \ noncommercial \ home \ and \ church \ use. \\ This \ notice \ must \ be \ included \ on \ each \ copy \ made. \end{array}$ 

PLAY

Watch a sing-along video for this song at children.lds.org. Click on "Music."

### CHURCH HISTORY FIGURES

# Relief Society Sisters and the Nauvoo Temple Cut out these figures to share Church history stories.



The early Saints settled in a place they called Nauvoo. They worked hard to clear the swampy land and build their homes. They also built the Nauvoo Temple. Men cut and hauled stones. Women cooked meals, sewed clothes for workmen, and collected pennies to buy supplies. The Relief Society was organized, with Emma Smith as the first president. During this time, new members of the Church gathered in Nauvoo from around the world. Jane Manning walked 800 miles (1,290 km) from New York to join the Saints!

Find more Church history figures at lessonhelps.lds.org under the category "Scripture Figures." You can also use Emma Smith from the March 2017 issue to tell this story!





### DEAR JOURNAL

What do you love about nature? Spend time outside and write about Heavenly Father's creations. Draw a picture or take a photo of what you see. You can even tape a dried flower or leaf into your journal!



### ΤΗΙΝΚ ABOUT

"If you cannot muster faith right now, begin with hope." –President Dieter F. Uchtdorf

> HAIKU When I say my prayers, I feel the Spirit by me. I know God loves me.

Brooke H., age 10, Minnesota, USA

Haikus are so neat. I wish I could write my own. Oh wait, I just did!

QUIZ

Which of these was **not** one of the Three Witnesses of the Book of Mormon? See page 39

Why couldn't the pony sing his favorite song?

See page 39.

- Oliver Cowdery
- Hyrum Smith

LOL

- David Whitmer
- 🗌 Martin Harris

### FAMILY HUNT

Ask your parents for old family obituaries. These are usually newspaper clippings that announce a person's death and tell about their life. What do you want people to remember about you? Make a list of 10 things. Then upload the obituaries to FamilySearch.org.

> One night as I was watching TV, a show came on that I had never seen before. I got a dark feeling inside. Then a very still, small voice told me to turn off the TV. After that I went to play a Primary song on the piano. I am so grateful that Jesus always answers our prayers and helps us to feel comforted. McKay H., age 9, Utah, USA

### Suddenly, sleeping in the basement didn't seem so great anymore.

### By Barbara A. Lewis

(Based on a true story)

"Hear my cry, O God; attend unto my prayer" (Psalm 61:1).

# Thump!

Ben had barely woken up when something heavy landed on his back. It was the usual morning attack from his four-year-old brother, Evan.

"Wake up!" Evan's fingers pried Ben's eyelid open. "You in there, Benny?"

"Yeah, I'm awake!" Ben said. He wrapped Evan in the blankets and tickled him. Evan giggled and squealed.

Ben and Evan shared their bedroom, but not for long. Today Ben would get his own room! Ben turned 10 today, and he was moving his stuff into the basement. Now he could read in bed at night with the light on without bothering anyone. The cool stuff he built would be safe. And there would be no more pesky attacks from Evan. It would be his own private "bear cave," as Dad called it.

Bean

Ben jumped out of bed and punched his fist into the air. He started tickling Evan again, but he stopped when a worry came into his mind. *Will I be scared in the basement?* He gave Evan a little hug. Then he rolled his brother out of the blanket. *Nah, I'll be fine.* 

Soon Dad walked in. "Are you ready to move downstairs?" Ben's worry slipped away. "You bet!"

Ben's family helped him pack his things in boxes. One box was labeled "save," another was labeled "give away," and the last box was labeled "trash."

Ben's little sister, Marissa, dangled a ragged teddy bear by one ear. "You don't need this old thing anymore, do you?"

She tossed it into the trash box.

Ben tried to act like he

didn't care, but he could feel his heart beat faster.

"I think there will still be room downstairs for Bear," Mom said. She picked up Bear and placed him in the save box. "But how about all your building stuff? You could leave it for Evan."

Ben's stomach flipped.

Dad came to the rescue. "He's just moving his bedroom downstairs. I don't think he wants to leave his identity behind!" Ben smiled a little at Dad, but he rescued two army figures from the boxes just in case.

When it was bedtime, Ben raced downstairs. "My very own room!" He turned on his lamp, flopped onto his bed, and opened a mystery book.

Suddenly he heard water gurgle down a pipe. Then he heard squeaky floorboards above him. The house moaned, hissed, and groaned. Ben dropped his book and hid under the blanket. He missed hearing Evan snore.

*I'll* be okay if I go to sleep, Ben told himself. But no matter how tightly he shut his eyes, he couldn't fall asleep. Ben prayed for help and comfort.

It didn't work.

He prayed for an angel to protect him. Nothing happened. Why wasn't Heavenly Father helping him? He thought he would always get help when he prayed. That's

how it's supposed to work. Hot tears built up in Ben's eyes.

Then Ben heard footsteps, and his door creaked open. Peeking over the top of his blanket, he saw Mom walk over to his bed. "How are you doing in your little cave?" she asked with a smile.

Ben rubbed his tears away. "I can't sleep. It's too scary down here. I prayed for help, but it didn't work! God can't hear me way down in the basement."

Mom stroked his hair. "Ben, He *did* hear you. The Holy Ghost told me that I should check on you. He sent me."

Mom lay down beside him and began telling him stories. He didn't feel so scared anymore. *Mom* was the angel he had prayed for! Ben shut his eyes and listened, and soon he fell asleep.

The author lives in Utah, USA.



One night I was trying to fall asleep. I was scared, so I prayed, and I was not scared anymore. I thanked Heavenly Father. I know Jesus lives and that I can live with Him again!

Miley B., age 8, Utah, USA

# Surviving the HOMEWORK JUNGLE

By Jordan Wright



ILLUSTRATIONS BY ADAM KOFORD
### **Crispy Apple Chips**

With an adult's help, cut a few apples in half. Set them cut-side down and slice them as thin as you can. Spread the slices on parchment paper or lightly greased aluminum foil on a baking sheet. Sprinkle them with cinnamon sugar. Bake at 225°F (105°C) for about 1 hour, then flip the slices over, sprinkle more cinnamon sugar, and bake for another hour. The slices should curl up at the edges as they bake, and when they cool off, they should be crunchy.





### **Stained Glass Flowers**

Pick some fresh leaves and wildflowers. (But don't pick from someone's garden without permission!) Arrange them on the sticky side of a sheet of clear contact paper. Put another piece of contact paper on the back so that the two sticky sides are stuck together. Hang it in a window and see how cool it looks when the sun shines through!

## Earrings for Jasmine



Church Magazines (Based on a true story)

"Jesus walked away from none. He gave his love to ev'ryone. So I will! I will!" (Children's Songbook, 140).

Abby stared at the words on the TV screen: HURRICANE KATRINA HITS NEW ORLEANS. There were pictures of houses flooded clear to the roof. Her eyes widened. "Mom, have you seen this?"

"Yes." Mom sat down. She looked sad. "So many people lost their homes."

Abby slumped back on the couch. "I wish I could do something!"

"You can always be a friend." Abby looked up. "How?"

"A lot of the people who lost their homes are coming to

Texas. Maybe some will come to your school."

Mom was right. A few weeks later, Abby spotted a new girl sitting in the corner, staring down at her desk. Her hair was really short, and she wore long earrings that almost touched her shoulders. Abby thought they looked nice on her. But it was definitely a different style than she was used to seeing. "This is Jasmine," Mrs. Franklin said. "She's from New Orleans. Let's all make her feel welcome, OK?"

"Yeah, right," someone whispered. Abby turned to see Isabella and her friends giggle behind their hands. Abby caught Isabella's eye and looked away. Isabella always made her nervous.

The next day at lunch, Abby saw Jasmine sitting alone, picking at her food. Isabella sat nearby with friends. "She's so weird!" said one of the boys sitting by Isabella. Everyone laughed. Jasmine just stared down at her tray.

Abby felt like she should sit with Jasmine, but she didn't want to be teased too.

Then she remembered what Mom said. How would Abby feel if she lost her home and had to move someplace where she didn't know anyone? She knew what Jesus would want her to do.

"Can I sit here?" Abby asked. Jasmine looked up and nodded.

"I'm Abby. Nice to meet you." "You too."

#### "Cool earrings!"

Jasmine gave a small smile. "Thanks." Abby sat by Jasmine every day that week. Jasmine never said anything about Isabella, but she always looked sad whenever Isabella and her friends laughed. Abby wished she could do something to make Jasmine feel better.

One day after school Mom poked her head into Abby's room. "Wanna go to the mall?"

"Sure!"

Abby's favorite store was selling surprise bags filled with mystery items like jewelry and nail polish. She bought one and pulled out a pair of long feather earrings that weren't really her style. She remembered Jasmine's long earrings. Maybe Jasmine would like them?

The next day Jasmine beamed as she put them on. "This is the nicest thing anyone's ever done for me!"

Abby smiled back. "They look so great on you!" Then she saw Isabella watching from across the room, and her smile faded.

In gym class Abby and Jasmine were on the same dodgeball team. Isabella and her friends stalked over with their hands on their hips.

"Hand over those earrings," Isabella demanded. Jasmine shrank back.

Abby's heart was thumping. But she wanted to stand up for Jasmine. "Leave her alone."

Isabella crossed her arms. "You should've given those earrings to me. Why her?"

Jasmine flinched. Abby swallowed and stood up tall. "Because she's my friend."

Isabella glared. "Whatever." She turned and left.

Jasmine threw her arms around Abby.

"Thank you!" Jasmine said over and over. "Thank you! Thank you!"

Abby was glad she had stood up for Jasmine. She had chosen to be brave and kind, like Jesus. And now she had a new friend!



### A Painting of Christ





Tesla's painting

#### By Tesla S., age 11, Utah, USA

very Sunday night my dad and I sit down together and work on my goals in my *Faith in God* booklet. One of the goals I wanted to complete for developing talents was to paint a picture of Christ.

After I made the goal, a friend of mine from school invited me to her first communion. The first communion is a very special occasion in the Catholic Church. It is the first time someone can partake of the sacrament. My friend had done a lot to prepare for her first communion, and I knew it was very important to her.

I decided to paint the picture of Christ to give to her as a present. I worked very hard on my painting. After I

> finished it, I bought a nice frame to put it in and gave it to my friend. She was very grateful for it. It made me feel good inside to give it to her and to be part of her special day.

## Building a Temple

Join us each month to see how the Payson Utah

#### **By Amie Jane Leavitt**

ø

Interior designers find fabric swatches, select furniture styles, and pick the artwork for a temple. It can take months for craftsmen to build the furniture and artists to paint their masterpieces. Once everything is finished, the furniture and art are put in place. Carpet is usually one of the last things put in a temple. Some of the carpet is hand-carved with flowers, leaves, and other patterns.



The large mirrors in temple sealing rooms are usually so heavy that a special mechanical lift has to raise them onto the wall!

#### FUNSTUFF ANSWERS

Page 3: ¢1.24 (this is the money in Ghana, called cedi), £1.57, \$1.05; 15, 24, 27, 60, 7, 19, 13, 12, 100, 6, 10, 8, 1, 18, 4, 5, 25, 3, 39, 30, 2 that there shall not be room enough to receive it" (Malachi 3:10). Page 25: A-7, B-6, C-4, D-5, E-2, F-1, G-8, H-3 Page 31: He was a little hoarse; Hyrum Smith



I need a backpack

with two separate sections. I'm bringing my pet tarantulas

for show and tell this year, and

Hairy and Fangy don't like

being in the same

room together.

HIDDEN CTR RINGS Did you find the rings? Look on pages FJ2, <u>21, and 36.</u>

The Last Laugh

### How to Write to the Friend

To send us a letter, drawing, poem, or paper heart...

- 1. Fill out the form below and send it in with your story or artwork.
- 2. Send a school picture or other high-resolution photo.
- 3. We might edit your submission for length or clarity, and we can't return it to you.
- 4. You must be at least three years old.

Please send your submission to: Friend Magazine 50 E. North Temple St., Rm. 2393 Salt Lake City, UT 84150-0024 Or email: friend@ldschurch.org

May the Friend contact you with a survey? Yes No

The following information and permission must be included:

First and last name

Age

Boy/Girl State/Province, Country

I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.

Signature of parent or legal guardian

LLUSTRATION BY VAL CHADWICK BAGLEY



0213412000<sup>13</sup>34125601<sup>7</sup>3

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

### For Parents of Little Ones



Here are some ways to nurture good friendship skills at any age:

*Encourage sharing.* When your child shares a snack with a friend, point out the friend's happy reaction. "Look, sharing your snack made your friend Eva smile!"

Teach empathy. If a child is being left out, you could ask, "I wonder why Joel looks sad? What could you do to help him feel happy?" t is fun to have a friend who will play with you....But to have a friend, you must be a friend, too" (*Children's Songbook*, 262). Children develop different friendship skills at different ages. At three, they often like to play in pairs but have trouble sharing. By four, they can cooperate more easily and like playing either in groups or with a special friend. But five-year-olds often prefer being with a parent to playing with friends.



Encourage problem solving. When friends disagree, you can explain, "Friends don't always agree, but friends don't hurt each other. Use kind words to solve the problem."

Use the scriptures. The stories of Jesus and other teachings from the scriptures can help young children learn about loving, forgiving, and helping others—laying the foundation for a lifetime of being a good friend.

*Tell stories.* When reading stories, point out how the characters are good friends to each other and how we can be like them.

You can read past letters at FriendFPLO.lds.org.

## Hi, Friends!

I love butterflies because they remind me of Heavenly Father and the beautiful world He created for us. Holly, age 5, Colorado, USA

> My family went to the Melbourne Australia Temple to be sealed together forever. I felt warm and happy inside. It was the best feeling ever! Malachi, age 4, Tasmania, Australia

I showed love to my friend by sitting with her when she was alone. Lola, age 5, Georgia, USA

I helped Mom and Dad when they were sick.

Carter, age 5, Utah, USA

## **Good Friends**

By Jennifer Maddy



"Hi, Kaitlyn! I came to play with you!" Jessie says.



They decorate Kaitlyn's cast. "It's beautiful!" Kaitlyn says.



"Look at this bug!" Kaitlyn says.



They put hair clips in their hair. "I love it!" Kaitlyn says.



Kaitlyn wants to play with her magnifying glass. "I'll help!" Jessie says.



"Thanks for being a good friend, Jessie!"

# **Playground Fun**

How many yellow things can you find? How many blue things? How many red? What different shapes can you see?





By Kim Webb Reid



One day Jesus was teaching people. Some families came to Him with their babies and little children. They wanted Jesus to bless their children.

The disciples didn't want the children to bother Jesus. They tried to send them away. Jesus told His disciples to let the little children come to Him. He said that grown-ups need to have faith like little children to get to heaven.





Then Jesus took the children in His arms and blessed them.



Jesus loves children. He wants me to be kind to people everywhere. 🔶



**By Saisamoa Laban** (Based on a true story)

Tomorrow was Moresby's first day of school. He was nervous. "Mummy, do you think kids will tease me?" he asked at breakfast.

"Will my teacher be nice?" he asked at lunch.

"What if no one plays with me?" he asked at dinner.

That night Dad gave Moresby a

priesthood blessing. Dad said it would help him be brave. During the blessing Moresby felt warm in his heart. Mummy said that feeling was the Holy Ghost.

At school the next day, Moresby tried



his best to be brave. He met his new teacher, Mrs. Moetu. She was nice. He met lots of new friends, and nobody teased him!

But during recess, two boys made mean faces at a girl on the playground. She started to cry. Moresby wanted to be brave. He walked over to help her. The boys saw him

> and ran away. "I miss my mum." The girl sniffed. "Me too." said

Moresby.

Moresby thought of how he could cheer her up. He scooped up some dirt. "Want to bake a cake with me?"



The girl wiped her tears. "How?" she asked.

"We can make pavlova," Moresby said, shaping the dirt like a cake.

The girl smiled. "I *love* pavlova." Later that day, Mummy picked up Moresby from school.

"How was your first day?" asked Mummy. Moresby smiled. "I was brave, and I made a new friend!"

"That's great!" Mummy said. "I'm glad Heavenly Father helped you today."

Moresby smiled. "From now on, you can call me Moresby the Brave!" **♦** 

The author lives in South Auckland, New Zealand.