



Here are some family home evening ideas from this month's magazine. What other ideas can you come up with?



COMPLIMENT Chairs

Read "Musical Chairs" on page 4. Here's a musical chairs game you can play with your family that will be fun *and* make everyone feel loved!

1. Arrange some chairs or pillows in a circle. Use enough for everyone except one person to have a seat. Make sure there's space for everybody to walk around the circle.
2. Choose one person to be in charge of music. Have them sing or hum a song while everyone walks around the circle.
3. When the person stops singing, everyone tries to sit down as fast as they can. The person who doesn't have a seat will be "out."
4. Before starting again, have each family member say one nice thing about the person who got out.
5. Take a seat out of the circle and keep playing until everyone has a turn to have nice things said about them!

Is there a topic you'd like to learn about with your family? Go to lessonhelps.lds.org to find stories, activities, and media.

Friendship Bread

Make this bread as a family. This makes two loaves, so you can share one with a friend or neighbor. Include a copy of the recipe so they can make the bread too.

- 2 cups softened butter
- 2 cups white sugar
- 2 eggs
- 4 cups flour
- 2 teaspoons baking soda
- 2 cups buttermilk (or 2 cups milk + 2 tablespoons lemon juice)
- 2/3 cup white sugar mixed with 2 teaspoons cinnamon

1. Mix the butter, sugar, and eggs. Then stir in the flour, baking soda, and buttermilk.
2. Grease two bread pans. Pour one-fourth of the batter into each pan.
3. Sprinkle three-fourths of the cinnamon-sugar evenly over the two pans.
4. Divide the remaining batter between the two pans, then top with the remaining cinnamon-sugar. Use a butter knife to swirl the cinnamon into the batter.
5. Bake loaves at 350°F (180°C) for about an hour, until a toothpick inserted in the center comes out clean. Cool before eating.



KINDNESS BEGINS WITH ME

How can you help someone who is lonely or sad?

- Try to imagine how they're feeling.
- Treat them the same way you would want to be treated.
- Ask if there's anything you can do to help.
- Be their friend and get to know them!



TASTY TREATS

Try these for FHE this month!

- Spread a whole-wheat tortilla with peanut butter and sprinkle with cinnamon-sugar. Roll and slice it.
- Stir together 1 spice cake mix, 1 15-oz (425-g) can pureed pumpkin, and 1 cup chocolate chips. Scoop spoonfuls onto a greased cookie sheet. Bake at 350°F (180°C) for 12-15 minutes. Cool before eating.
- Toast bread and spread with cottage cheese. Then add cherry tomato halves, salt, and pepper.



MORE FHE IDEAS

Look for these pictures in the magazine to find the stories and articles they go with! (Find the page numbers below.)



IDEA 1: Read “A Gift for Lane” and finish the story together. Have you ever shared the gospel with a friend? Write and tell us about it! What are ways your family can share the gospel?

IDEA 2: Read “Which Path to Choose?” Make a list of ways your family can be kinder to each other. We’d love to see your ideas!



IDEA 3: Get ready for general conference by playing “Guess Who!” What are some important messages prophets and apostles have shared with us?



Idea 1: 18; Idea 2: 11; Idea 3: 37