

# I Will Serve God with All My Heart, Might, Mind, and Strength

One day at recess, Isabella saw a girl who was crying because someone had said something mean to her. Isabella felt bad for the girl and walked over to comfort her. “Would you like to play with me?” she asked the girl.

That day Isabella served with her heart. She followed the example of Jesus Christ and showed love to someone in need. We can show our love for Heavenly Father by serving others with our heart, our might, our mind, and our strength. We can serve with our whole selves!

How do we serve with our **heart**? We can serve with our heart by showing

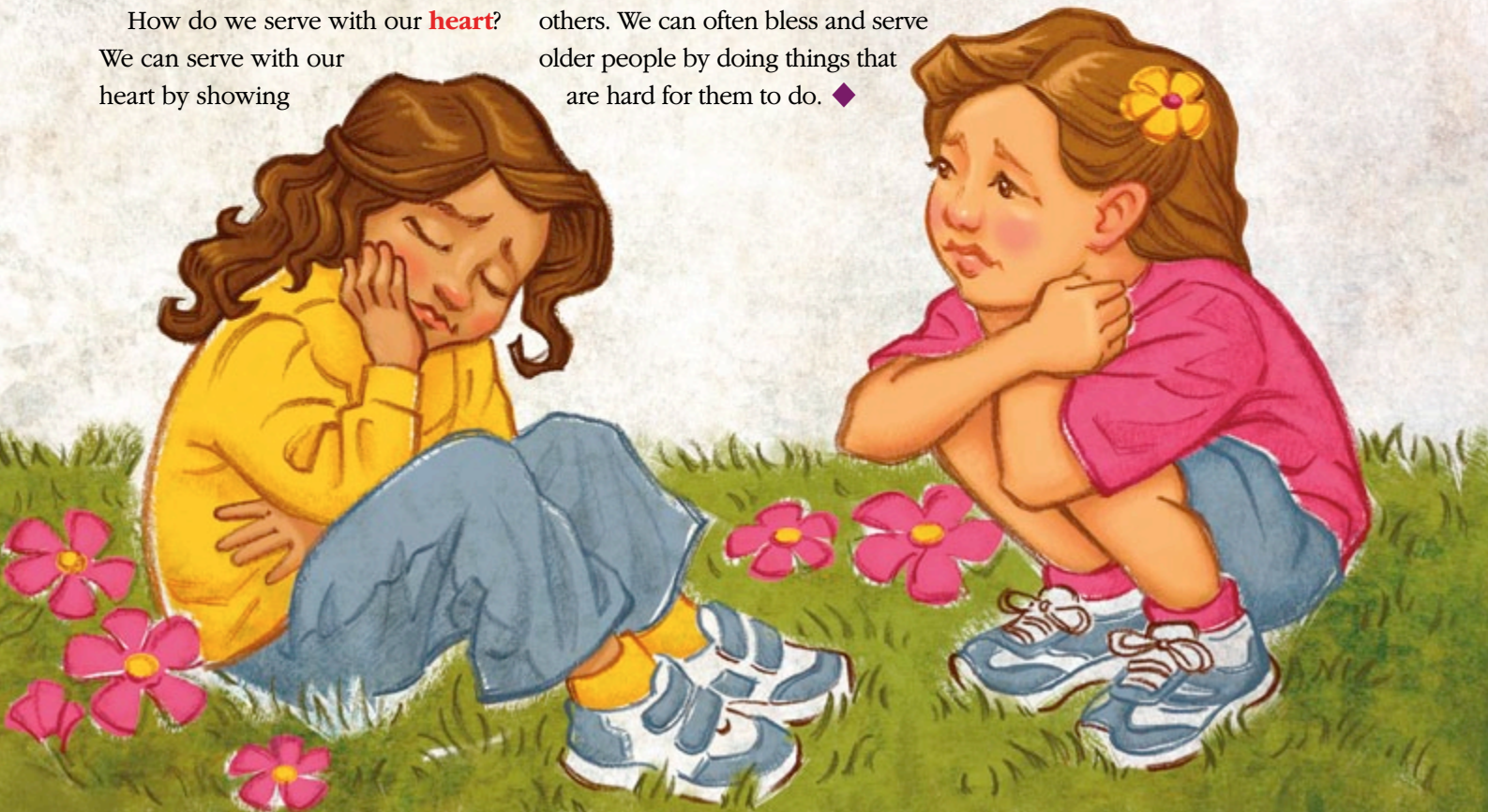
love and kindness to others. We care about what others need. When we serve cheerfully, we are serving with our heart.

How do we serve with our **mind**? We can serve with our mind by thinking of ways to help others. When we see needs of those around us and think about what we could do to help, we are serving with our mind.

How do we serve with our **might** and **strength**? Serving with our might and strength could be doing chores and working hard to help others. We can often bless and serve older people by doing things that are hard for them to do. ♦

## LET'S TALK

As a family, decide on some things you could do together as you serve with your whole self. Explain that whenever we serve others, we are serving Heavenly Father.





# SERVING WITH YOUR WHOLE SELF

Choose a way you would like to serve from each of the areas below or think of your own ideas.

After you have finished with one act of service, color in the shape next to the description.

## HEART



Tell your parents or siblings that you love them.

## MIND



Write a letter to a grandparent or another important person.

## MIGHT AND STRENGTH



When your parents ask you to do something, work hard at it.



Do something kind for someone who is alone.



Offer to help a brother or sister with homework.



Help a brother or sister with a chore.

## SONG AND SCRIPTURE

- "Called to Serve," *Children's Songbook*, 174
- Doctrine and Covenants 59:5



Help plan a family service project.



Rake leaves, pull weeds, or do something else to help your family.