

By Elder Russell M. Nelson of the Quorum of the Twelve Apostles



*The members of the Quorum of the Twelve Apostles are special witnesses of Jesus Christ.*

# How can I keep from being afraid when **scary** things happen in the world?

We can combat fears by strengthening our faith. Let your faith be focused on our loving Heavenly Father and His Beloved Son, the Lord Jesus Christ.

God will heed your sincere and heartfelt prayers.

Keep *all* the commandments of God. Pay your tithing faithfully. Obedience to all the commandments of God will provide physical and spiritual protection.

Remember, God's holy angels are ever on call to help us. When we are faithful, God and His angels will help us.

Many blessings will be yours in this life.

God is our Father. Jesus is the Christ. His truth, covenants, and ordinances enable us to overcome fear and face the future with faith!



*From "Face the Future with Faith," Ensign, May 2011, 34–36.*