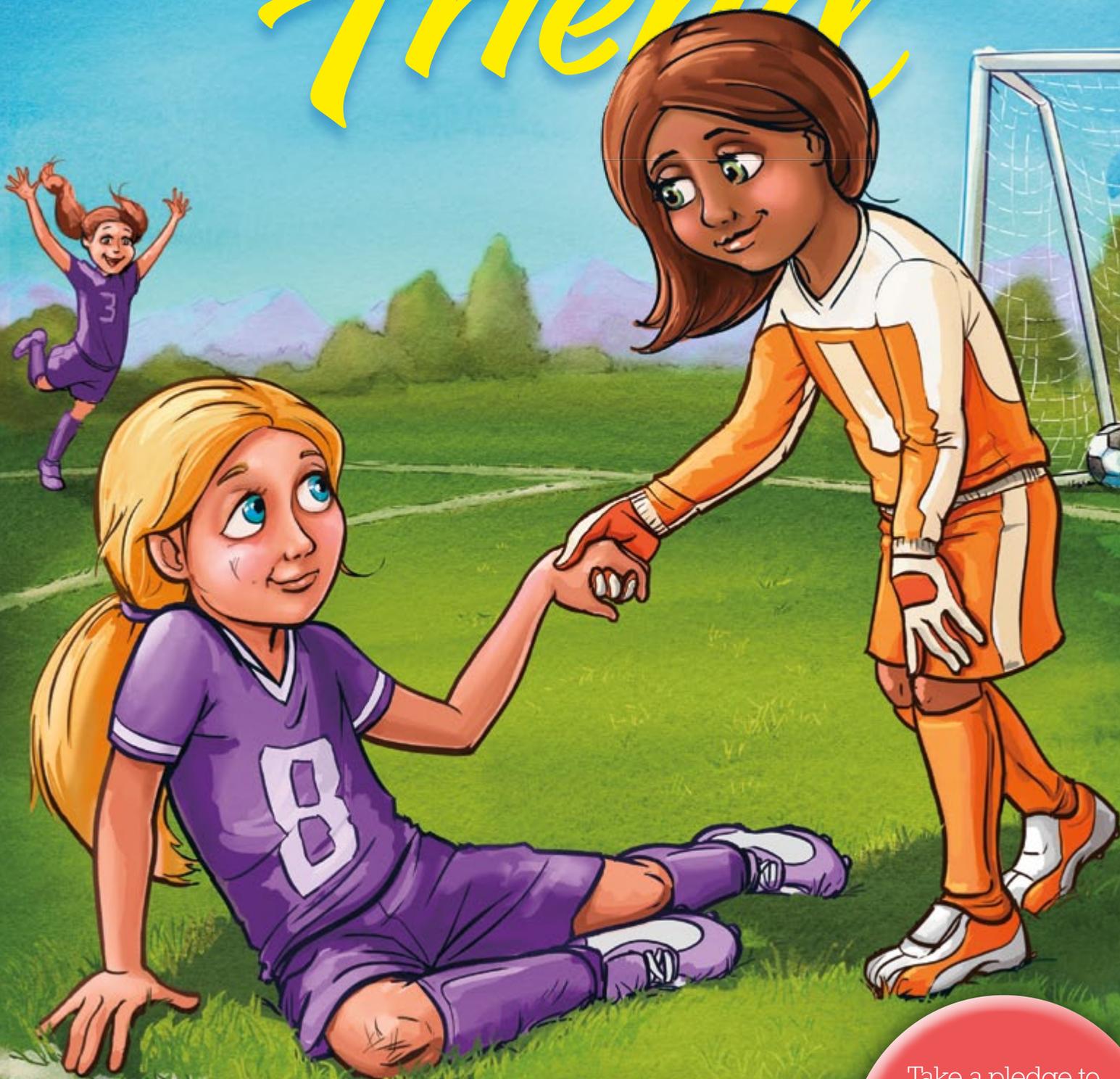


THE Friend



Take a pledge to
**stamp out
bad
language!**

See pages 44–45

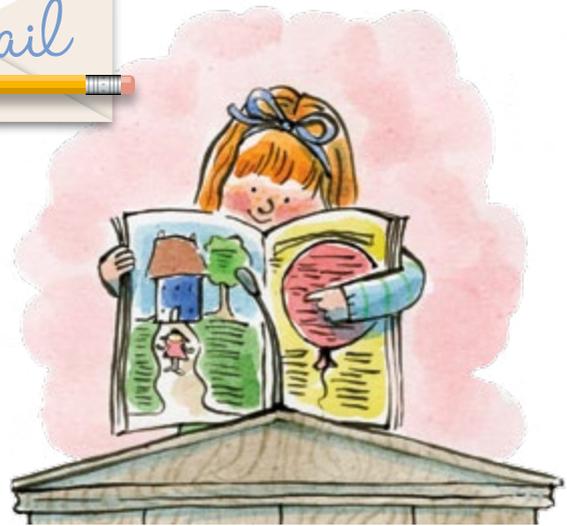


Thanks for the CTR Pretzels



I love to make the recipes I find in the *Friend*. The CTR pretzels from the January 2012 issue were so good!

Dean F., age 10, California



A Helpful Friend

I Know He Is There



I really like having the *Friend* sent to our family every month. My favorite story is "He Is There" from the January 2012 issue. Thank you for this wonderful magazine.

Jason C., age 8, Ohio

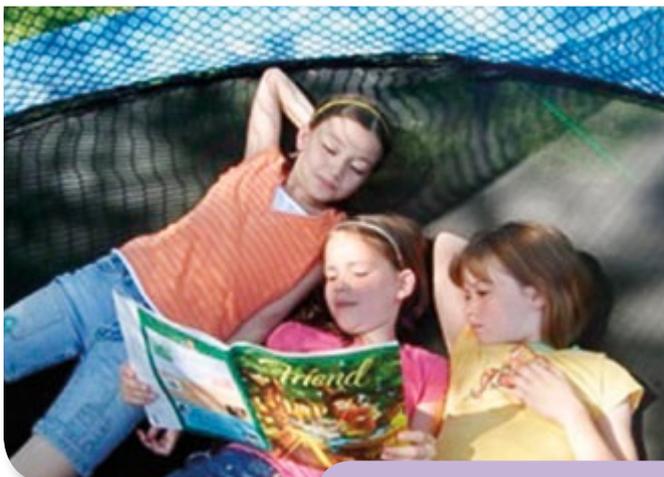


I love the *Friend*. When I read it, it makes me feel close to Heavenly Father and Jesus Christ. When I give talks in Primary, I use stories from the *Friend* to help explain my topic. I'm glad I can get it in Canada.

Molly V., age 9, Ontario, Canada

How We Read the *Friend*

Ginger M., Amelia S., and Sasha R., ages 9, 7, and 8, Minnesota.



Dear Friends,

When you think of being a leader at school, you might think of someone who's smart, outgoing, or good at sports. On pages 24 and 45, you'll find out how to be a leader by showing kindness and courage and how to help stop bullying at your school by treating everyone like a child of God.

We hope you'll write to tell us your experiences with showing kindness and courage at school.

Stand tall!

The *Friend*

Was there a letter or a story in this month's issue that helped you? Tell us about it. Turn to page 48 to find out how.

Volume 42 Number 9
September 2012

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THE *Friend*

See the
Guide to the *Friend*
on page 48 for
family home
evening ideas.



A children's magazine published by The Church of Jesus Christ of Latter-day Saints

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Cover by Scott Jarrard



Learn to play
the Primary
song "Families
Can Be Together
Forever" on
page 30.



**Hidden
CTR
Ring**

What do you
treasure most?



By Heidi S. Swinton

When President Thomas S. Monson was a boy, people called him Tommy.

Tommy loved to play baseball with his friends and his brother Bob. They didn't have a grassy field for their games, so they used the dirt alley behind their homes as their ball diamond. The area worked as long as the hitter hit the ball straight to "centerfield." But if he hit the ball to the right, it was headed for disaster.

Mrs. Shinas lived in a little house near "first base" of the ball field. She would watch from her kitchen window as the boys played. Every time a ball landed near her porch, Mrs. Shinas would hurry out of her house, limping because of her stiff leg. She would grab the ball and take it inside.

Finally the boys gave up playing ball in the alley—they had run out of balls. But the conflict continued when some of the boys picked Mrs. Shinas's home for their pranks.

One day, Tommy decided to bring the conflict to a halt. As he did his daily chore of watering his family's front lawn, he noticed that Mrs. Shinas's lawn was dry and

turning brown. He took a few more minutes and turned the hose on her lawn as well. He continued this all summer. When leaves started to fall, Tommy also raked Mrs. Shinas's lawn.

Not once that summer or fall did Tommy see Mrs. Shinas. But he kept up his friendly gesture of watering her yard.

Then one evening Mrs. Shinas opened her front door and beckoned to him.

She invited him into her living room and brought out a plate of cookies and a glass of milk. Then she left the room and came back with a large box filled with baseballs—several seasons' worth.

"Tommy," she said, "I want to thank you for being kind to me." For the first time, he saw Mrs. Shinas smile and heard in her voice both kindness and gratitude. The two became friends.

But more than that, Tommy learned one of the most important lessons the Savior taught: that we should do unto others as we would have them do unto us (see Matthew 7:12). ♦



Words
from
President
Monson

PRACTICE

When President Monson first started playing baseball, he wasn't very good at it. Then one day he caught a ball that no one thought he would catch. He started practicing more every day until he was one of the best players in his grade. Follow the paths to find how many balls each player caught. Write the number on the line next to the player. Who caught the most?



How Much Do You Know about President Monson?



- When President Monson's third-grade teacher asked him what he wanted to be when he grew up, what do you think he said?

- Fireman
- Astronaut
- Baseball player
- Cowboy

- What was the name of President Monson's first dog?



- Duke
- Sammy
- Fido
- Max

- President Monson liked to raise a certain kind of bird. What was it?



- Parakeets
- Canaries
- Pigeons
- Finches

- Every other year, President Monson's family took a two-week vacation. Where did they go?



- Canada
- Hawaii
- California
- New York

"Often small acts of service are all that is required to lift and bless another. . . . The desire to lift, the willingness to help, and the graciousness to give come from a heart filled with love."

From "Three Goals to Guide You," Ensign, Nov. 2007, 120-21.



Answers on page 48.



By Clara Matson

(Based on a true story)

For verily this is a day appointed unto you to rest from your labors, and to pay thy devotions unto the Most High (D&C 59:10).

Sharon, wait up!" I called. "You're walking too fast."
"Hurry up!" she snapped.

"Why do we always argue on Sunday mornings?" I thought as I struggled to keep up with my older sister on the way to church.

When I walked into Primary, Sister Rawlins was playing the piano. I listened to the soft music and thought about the words to the Primary songs. Soon my bad feelings had disappeared. I continued to feel better through Sunday School and sacrament meeting.

As Sharon and I walked home after church, we chatted cheerfully about our friends and what we had learned. I couldn't help but notice how different our walk home was from our walk to church. We were on the same streets, and we were the same girls—but our attitudes had changed.

"Why do we argue on the way to church but not on the way home?" I wondered.

Next Sunday started the same as always. The clock radio woke us up with a popular song. We sang to the music and danced as we got ready for church.

I went into the bathroom, and before long I heard pounding on the door.

"Hurry up, Clara!" Sharon yelled impatiently. "I still need to take a shower!"

Sour feelings grew inside me. I frowned into the mirror as I brushed my hair. "She knows how long it takes to get ready for church," I thought. "Why can't she just get up a few minutes earlier?" Sharon and I walked to church in total silence.

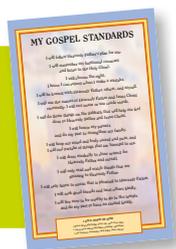
In my Primary class that day, Sister Rios asked, "What are some ways we can keep the Sabbath day holy?"

I said by going to church. Rebecca said by reading the scriptures. James said by not going to the store on Sunday.

Sister Rios read from Doctrine and Covenants 59:9: "That thou mayest more fully keep thyself unspotted from the world, thou shalt go to the house of prayer and offer up thy sacraments upon my holy day." She

"I will do those things on the Sabbath that will help me feel close to Heavenly Father and Jesus Christ."

My Gospel Standards



explained that when we keep the Sabbath day holy, it helps us stay in tune with the Holy Ghost.

When I thought about arguing with Sharon earlier in the day, I realized that probably wasn't keeping the Sabbath day holy. I wanted to change, but how?

As Sharon and I walked home after church, I talked about the scripture Sister Rios had read. The phrase "unspotted from the world" stuck in my head. Then an idea began forming in my mind.

"Do you think listening to the radio while we get ready for church makes us feel like arguing?" I asked Sharon.

"Maybe," she said. "Next Sunday, let's not listen to the radio and see what happens," she suggested.

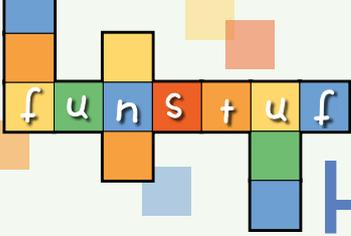
The next week we tried our experiment. Instead of setting the radio to wake us up with popular music, we set the alarm to wake us with a buzzing sound instead. We dressed quickly and without arguing. We were even ready on time.

We felt happy as we walked to the church. The morning sun shone through the windows in the Primary room. I sat down with my class and listened to the music with a peaceful feeling in my heart.

This was going to be a good Sunday. ♦

Can Clara and her sister get in tune with a new mood?

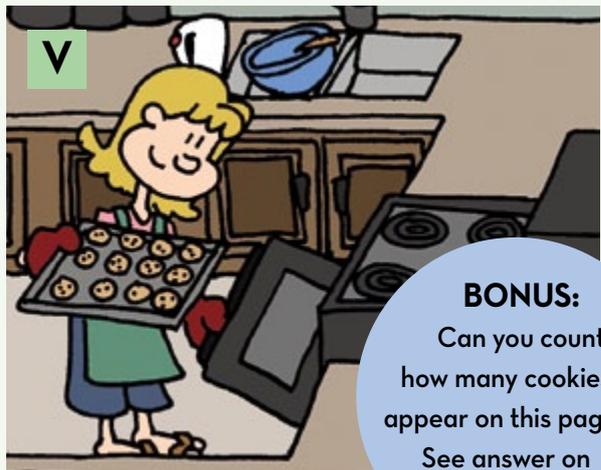




Helping a Neighbor

By Arie Van De Graaff

These pictures are mixed up. Decide what order these events happened in, and write the letters in that order in the spaces below to spell a word that describes what the girl is doing.



BONUS:
Can you count how many cookies appear on this page?
See answer on page 48.

S _ _ _ _ _

bright idea



“Walk as children of light.”

—Ephesians 5:8

Missionary FRIEND

By Jane McBride Choate

(Based on a true story)



Invite all to come unto Christ (D&C 20:59).

Alex asked his friend Jake to play at his house on Saturday. They were having fun with race cars when Jake noticed a picture hanging on the wall.

“Who’s that?” he asked, pointing to the picture of Thomas S. Monson.

“That’s President Monson,” Alex said.

Jake didn’t say anything.

“You know, the prophet of our Church,” Alex said.

Jake looked embarrassed. “We don’t go to church anymore,” he said.

“Why did you stop going?” Alex asked.

Jake shrugged. “I don’t know.”

“Do you want to come with me on Sunday?” Alex asked.

“We could go to Primary together. My teacher is really great.”



Jake's eyes brightened. "I'll have to ask my mom, but I think she'll let me go," Jake said.

At lunchtime, Alex asked his mom, "Can Jake go to Primary with me tomorrow?"

"We have to check with Jake's mother," Mom said. "If she says yes, then of course he can go."

Later that day, Jake's mom came to pick him up.

"Can Jake go to Primary with me tomorrow?" Alex asked.

"Can I, Mom?" Jake said. "Alex says Primary is really great. They read stories, sing songs, and learn about people in the scriptures."

"I don't know," Jake's mom said, looking uncertain. "We haven't been to church for a long time."

"Please, Mom," Jake said. "I want to go."

"Jake is welcome to come with us," Alex's mom said.

"Are you sure you want to go?" Jake's mom asked.

"I'm sure!" Jake said.

"Then I guess it's OK," Jake's mom said.

Jake gave his mom a quick hug. "Thanks," he said.

On Sunday morning, Alex's family picked up Jake. He was dressed in his Sunday clothes. After sacrament meeting the boys went to Primary. When they got to class, their teacher said, "We're so glad to have you here, Jake."

After church, Alex's family took Jake home.

"Thanks for taking me to church with you," Jake said.

Alex's mom smiled at him. "You're welcome, Jake. We hope you'll come with us again," she said.

That evening at dinner, Alex asked, "Can I invite Jake to go to church with us next Sunday?"

Mom nodded. "I'm going to follow your example and invite his mother to go with us too," she said.

"You're a good missionary, Alex," Dad said.

Alex was surprised. "I was just being a friend," he said.

"That's what a missionary is," Mom said, "a friend." ♦



"The work of naturally and normally sharing the gospel with those we care about and love will be the work and joy of our lives."¹

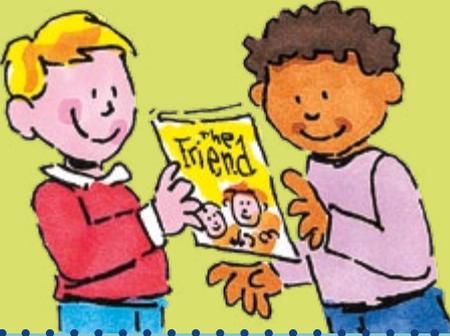
Elder David F. Evans of the Seventy



Be a MISSIONARY Now

You don't have to travel to a different country, dress in church clothes, or wear a name tag to be a missionary. One of the best ways to be a great missionary is to be a good example and a good friend. Here are some other things you can do to be a missionary.

Share a copy of the *Friend*.



Share with a friend what you are doing to find out your family history.



Ask a friend to come to a Primary program.



Share your favorite scripture story.



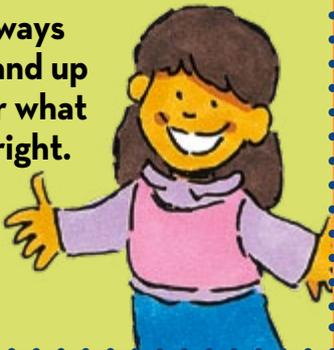
Tell a friend about an answer you received to a prayer.



Invite a friend who doesn't go to church to a Primary activity.



Always stand up for what is right.



Invite a friend to a family home evening.



Give a pass-along card.



Invite a friend's family to a ward picnic, Christmas party, or other event.





General Conference Countdown

You can get ready for general conference by cutting out the strips below and taping the ends to form a chain. Each day for the two weeks before conference, take a link from the chain and do what is written on the strip. As the chain grows shorter, conference gets closer!

1. Read about Lehi's Liahona (see 1 Nephi 16:10, 28–29 and Alma 37:38–40). How are the words of the prophets like a Liahona for families today?
2. Find pictures of the prophet and apostles in the May or November *Ensign* or at lds.org/church/leaders and learn their names.
3. Imagine you have been asked to give a talk in Primary about prophets. What would you say?
4. Sing the hymn "We Thank Thee, O God, for a Prophet" (*Hymns*, no. 19).
5. What gospel topic would you like to learn more about during conference? Make a list of words to listen for.
6. Pray for help to focus and feel the Spirit during conference. You could also pray for the Church leaders who will speak.
7. Share with your parents or family members why you are looking forward to conference.
8. Read about King Benjamin speaking to his people (see Mosiah 2:1, 5, 9, 41). How was that meeting like general conference?
9. Draw a picture of your favorite prophet from the scriptures.
10. Make a journal where you can take notes or draw pictures about the talks during conference. You can find a printable conference notebook at lds.org/general-conference/children.
11. Sing the song "Follow the Prophet" (*Children's Songbook*, 110).
12. Read about the righteous Nephites in 4 Nephi 1:12–13, 16. What did they do when they met together?
13. Play "Prophets and Apostles," a matching game at lds.org/general-conference/children.
14. Talk about this teaching from Elder M. Russell Ballard: "If you will listen to the living prophet and the apostles and heed our counsel, you will not go astray" ("They Spoke to Us," *Friend*, June 2001, 4).



Bulletin Board



Some families have traditions when it's time for general conference. **Ryan and Will G.**, ages 9 and 7, California, said, "During the Saturday sessions of general conference, we build a temple out of toy building blocks while we listen to the talks. Each year we build a new temple. Our mommy and daddy help us and tell us about going to the temple."



Primary children in the Star Idaho and Meridian Idaho Paramount Stakes have these family conference traditions:

We write down scriptures from conference so we can study them as a family.

We have a family meeting after the last Sunday session.

Sometimes we go on a ride and listen to conference in the car.

We play conference bingo and other conference games.

We write down things we like about the different talks, and then we talk afterward about the talks or stories we liked.

Does your family have any conference traditions? Write and tell us about them. As you prepare for general conference next month, think about how you and your family can learn and grow from listening to the prophet and apostles.

For more conference ideas, turn to page 11 or go to lds.org/general-conference/children.



Journal Junction

Each month this year you can write a little bit of your own history in your journal. This month write about your siblings. Do you have brothers or sisters or both? What are their names? How old are they? What do you like to do together? If you don't have any brothers or sisters, you can write about other family members you are close to, such as cousins, uncles, or aunts.

Colorful TOAST

By Jill Tew

Turn your toast into an artistic creation in a few easy steps. Pour a little bit of milk into different cups, and add food coloring to each cup. With a small, clean brush, paint a slice of bread with the colored milk. (Don't use too much milk or the bread will get soggy.) Toast the bread, and then enjoy eating your colorful creation.

good word

This month's good word is **ordinance**.

An ordinance is a sacred act performed by someone who holds the priesthood. Baptism, confirmation, the sacrament, and temple sealings are all ordinances that help us return to Heavenly Father. Find this word on page 17.





JESUS *Visits the* NEPHITES

By Diane L. Mangum

From 3 Nephi 8–12.

For three days thick darkness covered the land of the Nephites. There was not a glimmer of sunlight or a twinkle of starlight. Not even a candle would light.

The frightened Nephites had listened to the thunder and terrible storms and felt earthquakes shake the ground. Now in the darkness many people cried and howled. They wished they had followed the prophet Nephi's teachings and repented!

Suddenly a voice was heard throughout all the land: "Behold, I am Jesus Christ the Son of God. I created the heavens and the earth, and all things that in them are. I was with the Father from the beginning."

Jesus said He had come to earth to save the world from sin. He had laid down His life and was now resurrected. He invited everyone to repent and be saved.

AS A HEN GATHERS HER CHICKS

Jesus told the Nephites He had tried to gather them as a hen gathers her chicks under her wings to keep them safe. He was saying that He loved all of them and wanted to watch over them and keep them safe.



The Nephites were so astonished to hear the voice of Jesus that they sat silent for many hours, pondering what they had heard.

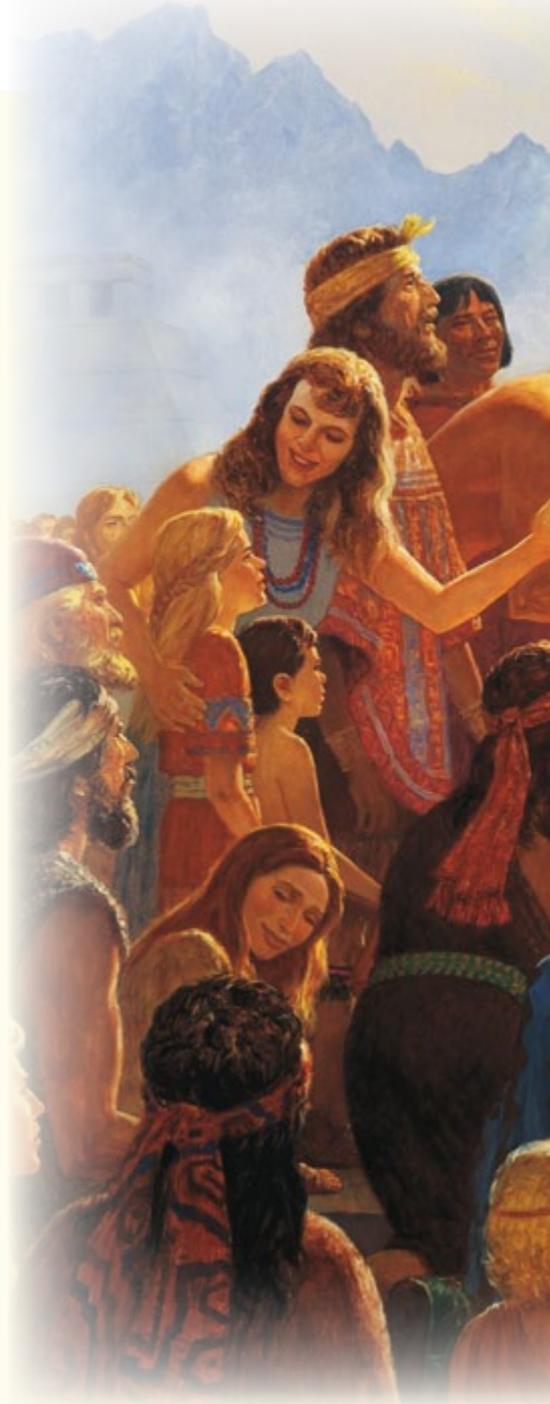
In the morning it was light again, and the people began to rejoice. Many people gathered around the temple in the land of Bountiful to talk

about the amazing things that had happened. Then from heaven they heard a quiet voice. The voice caused their hearts to burn, but they couldn't understand it.

The voice came again, but they still did not understand the words.

A third time the voice came, saying, "Behold my Beloved Son, in whom I am well pleased, in whom I have glorified my name—hear ye him."

The people looked up and saw Jesus coming down from heaven until He stood right there with





them. The Nephites fell to the earth. They remembered the words of the prophets—that Jesus Christ would visit them after He had been crucified and resurrected.

Jesus let every person touch His hands and feet to feel the places where He had been nailed to the cross in Jerusalem. When all the people had seen and felt for themselves, they knew He



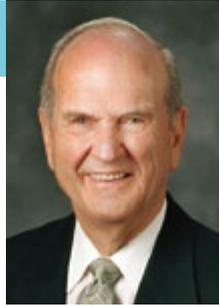
NEPHI

In the Book of Mormon, four prophets are named Nephi. Nephi, who saw the resurrected Jesus and was His disciple, lived 600 years after Nephi, the son of Lehi.

was the resurrected Savior. They cried, “Hosanna!” and worshipped Him.

Jesus called for the prophet Nephi to come to Him. He gave Nephi and 11 other righteous men the authority to teach and baptize after He returned to heaven. These 12 became the disciples of Jesus Christ’s Church in the New World. ♦

By Elder Russell M. Nelson of the Quorum of the Twelve Apostles



The members of the Quorum of the Twelve Apostles are special witnesses of Jesus Christ.

How can I keep from being afraid when **scary** things happen in the world?

We can combat fears by strengthening our faith. Let your faith be focused on our loving Heavenly Father and His Beloved Son, the Lord Jesus Christ.

God will heed your sincere and heartfelt prayers.

Keep *all* the commandments of God. Pay your tithing faithfully. Obedience to all the commandments of God will provide physical and spiritual protection.

Remember, God's holy angels are ever on call to help us. When we are faithful, God and His angels will help us.

Many blessings will be yours in this life.

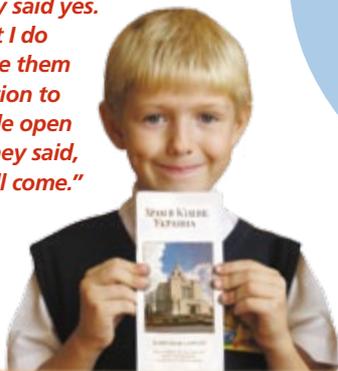
God is our Father. Jesus is the Christ. His truth, covenants, and ordinances enable us to overcome fear and face the future with faith!



From "Face the Future with Faith," Ensign, May 2011, 34–36.

By Chad E. Phares

At school I asked my three friends if they believed in God. They said yes. I said that I do too. I gave them an invitation to the temple open house. They said, "OK, we'll come."



Hi!

I'm Timofei

from Kyiv, Ukraine

Six-year-old Timofei lives in Kyiv, Ukraine, the capital city of Ukraine and the home of his country's first temple. Timofei is excited about the new temple and about many other things. He was especially happy when he lost his first two teeth. His father pulled one out at his grandmother's house, and the other one fell out all by itself. ♦



This year I started to take karate lessons because my dad and my brothers study karate too. I have learned how to protect myself and lift heavy things.





My brother and I like to build houses, cars, and little guys with our building blocks.

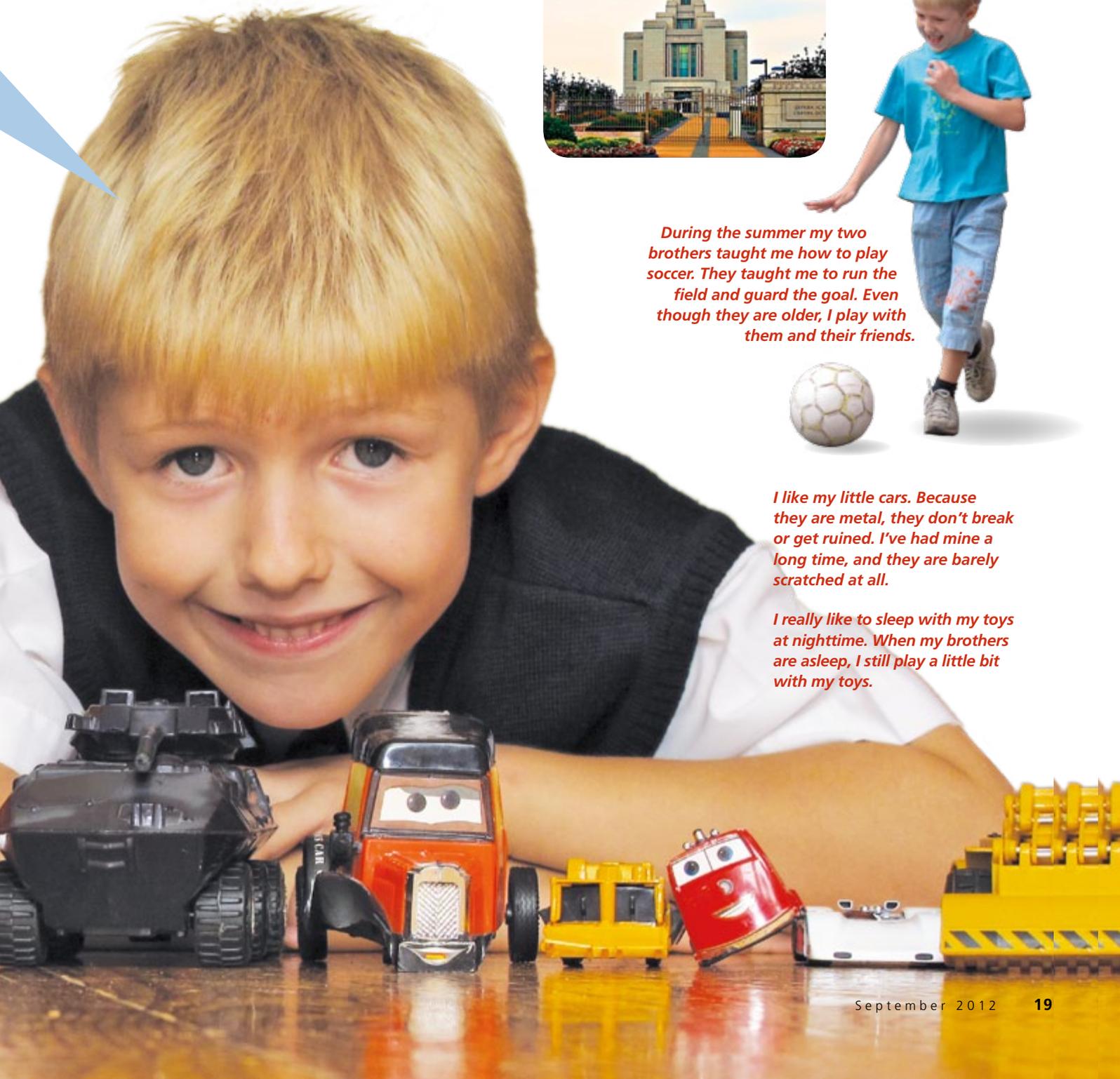
My brothers served at the temple open house. I wanted to serve there too, but I was too young. I did go through the open house tour at the temple two times. I really liked it.

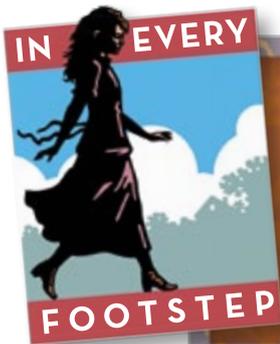


During the summer my two brothers taught me how to play soccer. They taught me to run the field and guard the goal. Even though they are older, I play with them and their friends.

I like my little cars. Because they are metal, they don't break or get ruined. I've had mine a long time, and they are barely scratched at all.

I really like to sleep with my toys at nighttime. When my brothers are asleep, I still play a little bit with my toys.





Part Three: *Hungry Grasshoppers* and *Growing Faith*

By Megan Withers Roxas

(Based on the life of Sarah Ann Nelson Peterson)

In Parts 1 and 2, Sarah Ann chooses to be baptized and promises to obey the Lord. She gets sick with cholera while traveling west with the other Saints, and she is healed when a man named Canute Peterson gives her a priesthood blessing. Sarah Ann and Canute fall in love.

Lehi, Utah, 1851

Sarah Ann wiped the sweat from her forehead. It was hard to believe that she and Canute had already been married for three years.

So much had happened during those years. After the long, difficult journey across the plains, they had finally arrived in Salt Lake City. Soon after, Sarah Ann gave birth to a baby boy, Peter. They were now expecting another child.

Sarah Ann saw Canute walking across the field towards her. He looked serious.

“What happened?” Sarah Ann asked.

“President Brigham Young has called me to serve a mission in Norway.”

Sarah Ann realized that her dreams of spending nights sitting near the cozy fireplace with Canute and their children would have to wait.

“When will you go?” she asked.

“I should prepare to leave immediately,” Canute said. “But we have no money. And who will watch

over you and our children?”

“Canute, I know the Lord will provide for us. He has a work for you to do, and you must do it,” Sarah Ann said.

Sarah Ann helped Canute get ready for his journey.

She had faith that God would protect their family while her husband was away.

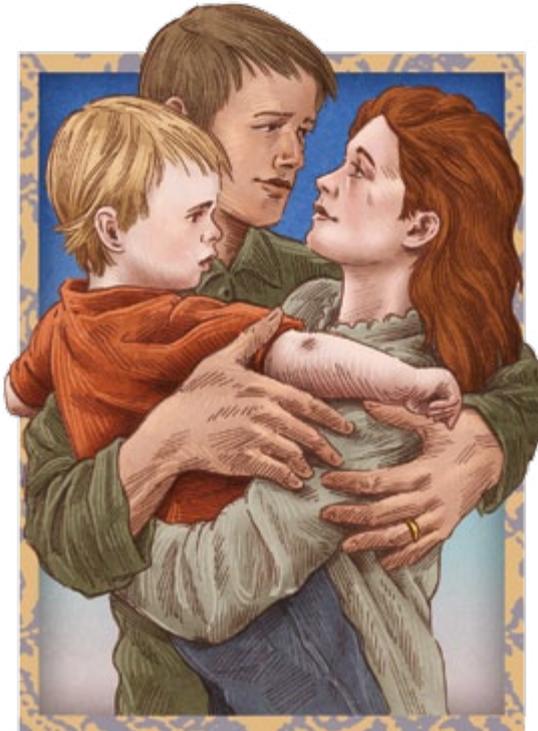
Three years passed. Sarah Ann took care of the land, house, and children by herself. When it came time to plant crops, the other farmers were too busy to help. So Sarah Ann picked up a hoe and a bucket of wheat seed and started planting the seeds herself.

Because she was working alone, it took her a long time to plant the wheat. Some of the other farmers said she had finished too late in the season for wheat to grow before winter and that she had planted the seeds too deep in the soil. Within a few weeks, wheat started springing up in other fields. But Sarah Ann’s field still looked bare. She began to worry.

“If the wheat doesn’t grow, my children will have nothing to eat,” Sarah Ann thought. She decided to pray for help.

One day, Peter was playing in the field when he noticed that the grass seemed to be jumping. There were thousands of grasshoppers covering the ground!

Sarah Ann’s husband leaves for faraway Norway. How will their family survive?



The farmers tried everything they could think of to make the pesky insects go away, but nothing worked. When the grasshoppers finally left days later, the farmers' crops were gone. The insects had eaten all of their wheat!

The farmers didn't know how they would feed their families during the long, cold winter.

"Continue to trust God. He will provide for us," Sarah Ann told them confidently.

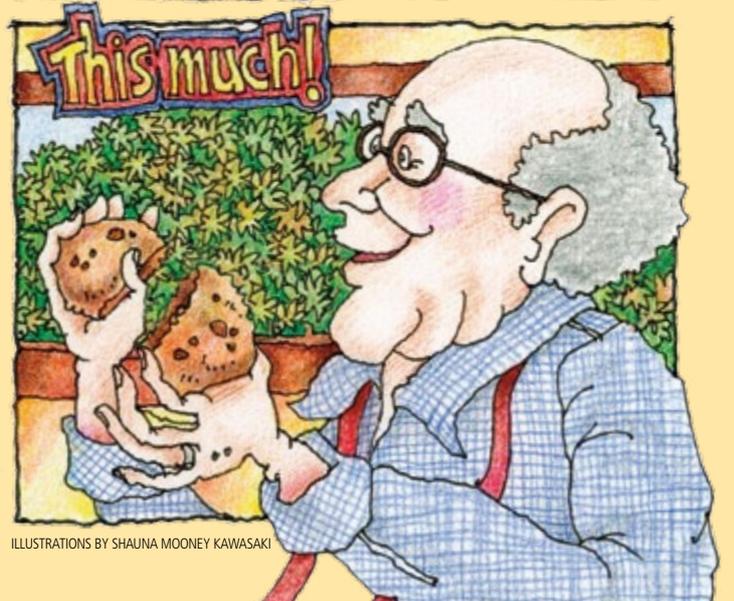
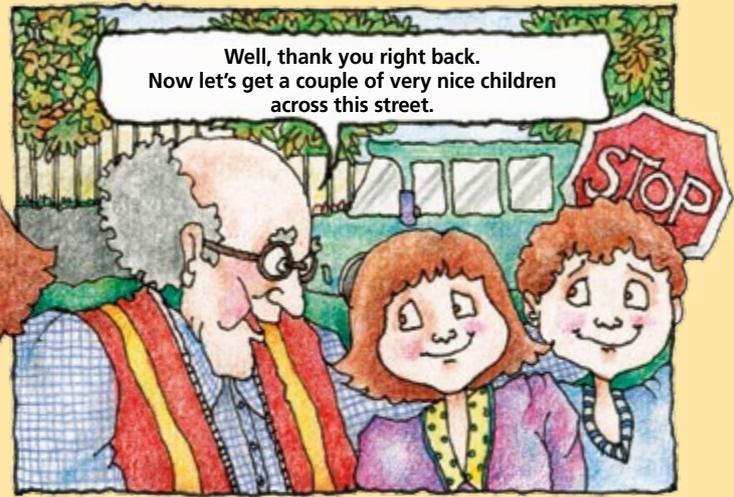
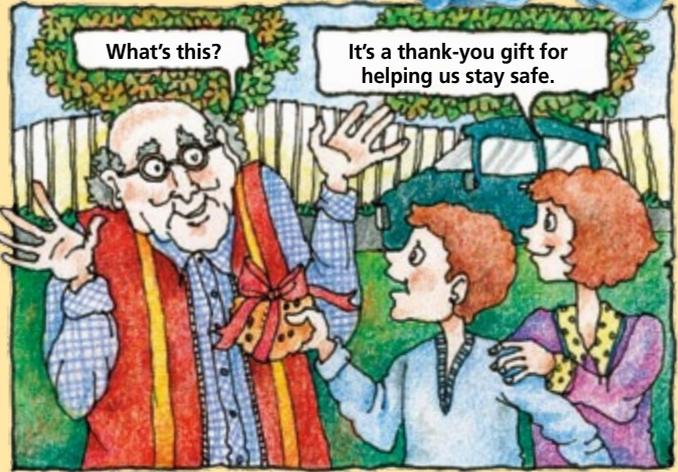
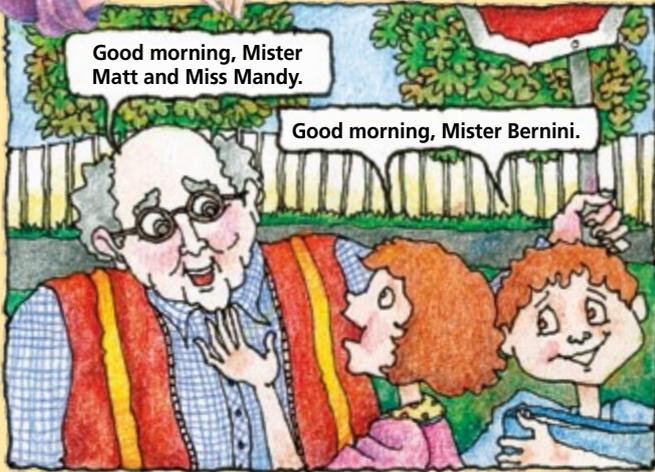
Sarah Ann kept on praying and waiting patiently for an answer to her prayers. Then, the week after the grasshoppers left, Sarah Ann's wheat—which she had planted later and deeper than the other farmers' crops—began to appear.

That summer, Sarah Ann harvested 60 bushels of wheat, potatoes, and corn. She was not only able to feed her family but also many of her neighbors. Because of her faith in the Lord, everyone had enough to eat. ♦



Sarah Ann's husband returned safely from his mission. She later became a Relief Society president and a much-loved mother of nine children.

MATT AND MANDY





Friend to Friend

From an interview
with Elder Larry R.
Lawrence of
the Seventy



LEARNING

Having been born of goodly parents, therefore I was taught somewhat in all the learning of my father (1 Nephi 1:1).

When I was six years old, I struggled to learn to read. My teacher said I would need to repeat the first grade. My father was concerned when he heard this. So every night after dinner, he practiced reading with me. Dad made a game out of it so I would stay interested. Soon I was recognizing words when I saw them, and Dad rewarded me with praise and encouragement. We spent hours reading together, and my ability improved.

My teacher decided to promote me to the second grade. Dad was proud of me. He was always interested in my progress at school. For Christmas he bought me books he knew I would enjoy.

A few months after I completed high school, my father died of cancer. He didn't live to see me

TO READ

graduate from college or medical school, but he did live long enough to know that I had learned to love to read. That gave him great satisfaction.

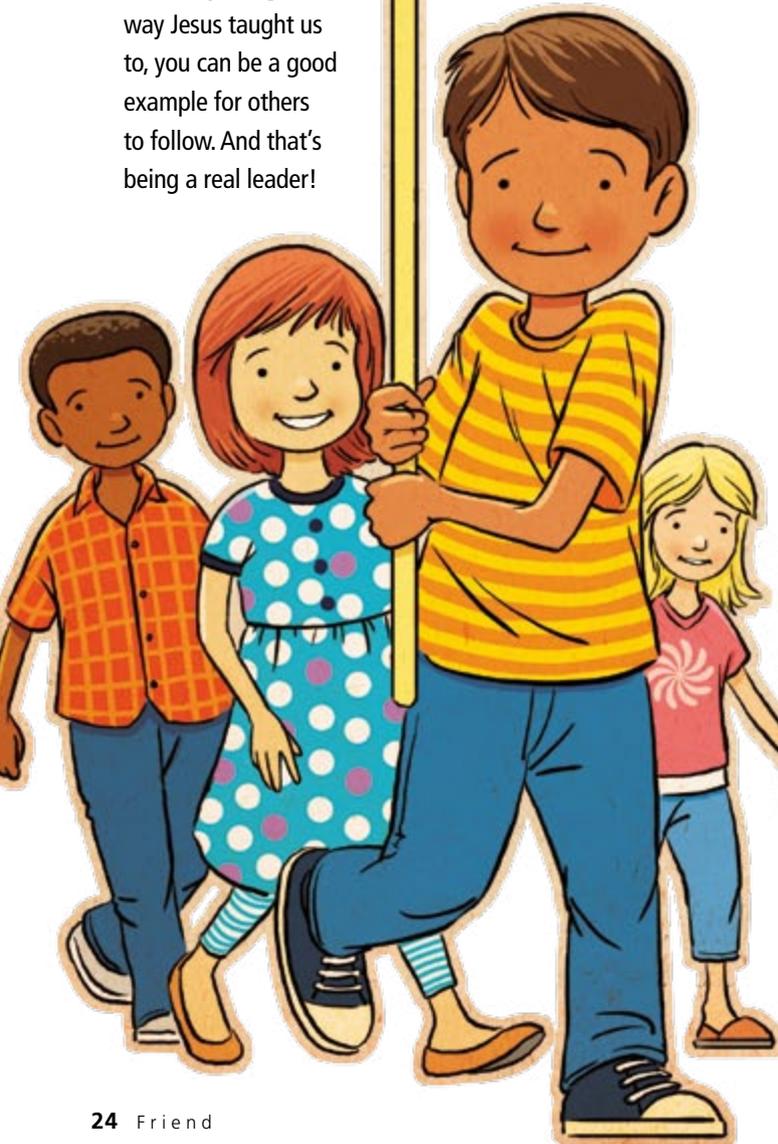
My family and I were not members of the Church. One day while I was in medical school, I checked out a book from the library called *A Marvelous Work and a Wonder*. It was written by an Apostle named Elder LeGrand Richards. The book was all about The Church of Jesus Christ of Latter-day Saints. I read the book over and over. I studied and prayed about it. The book prepared me to join the Church a few months later.

After I was baptized, I learned that I could go to the temple and be baptized for my father. He had made a huge difference in my life. Finally I could do something special to thank him for all he had done for me.

I still love to read. The gift my father gave blesses my life every day as I read the scriptures and the words of the prophets. ♦

Take the LEAD!

You don't have to be extra smart, popular, or talented to be a leader. By living the way Jesus taught us to, you can be a good example for others to follow. And that's being a real leader!



in TESTIMONY



At school a boy was bullying a girl. I saw her crying and went over and told the boy to stop. He walked away. I told the girl that she was a daughter of God. She stopped crying. She was a member of the Church, and I told her to bring a Book of Mormon to school to help her remember she was a princess, a daughter of a king. We played together for the rest of recess.

Madison S., age 9, Utah

in COURAGE



My friend is sometimes very and does not play nicely with other children in our neighborhood. She is sometimes mean to me too. Once I wanted to say something to her but was shy so I talked it over with my mom. She gave me some ideas on how to say and practiced it with me a few times. Now I am able to handle this situation by myself. I remind my friend to be nice when she forgets.

Bela T., age 7, North Carolina

MOUNT THESE CARDS ON HEAVIER PAPER AND CUT THEM OUT.

Take one to school each day for a week to remind you to look for ways to become a leader by following the teachings of Jesus.

Take the
Lead!

I WILL TRY TO BE
A LEADER IN
kindness.



in **KINDNESS**

There's a boy at school who is teased behind his back and is lonely. I saw him sitting alone one day, so I went to talk with him. I found out that when he was a baby he had seizures and a stroke. The stroke injured his brain and makes certain things harder for him to do. I decided to invite him to my birthday party. His family was excited because he hasn't been invited to very many parties. He doesn't smile very often, but he smiled a lot at my party and had a great time!

Jason D., age 11, Arizona

in **CARING**

At my school people were making fun of a girl because she was different and she didn't have very many clothes. So I packed up a bunch of my clothes and a lot of hair clips, ponytail holders, and other hair stuff. I took it to school and gave it to her. She said, "Thank you so much. I needed that!" And after that we became great friends.

Madison H., age 9, Utah

in **EXAMPLE**

At the beginning of the school year, a boy moved to my town. I made friends with him, and one day he asked me about my CTR ring. I told him it stood for "Choose the Right." I also told him that when I'm making a choice, I look at my CTR ring, and it helps me. To my surprise, he asked for one! A week later, I gave one to him. I knew I'd chosen the right!

Mark R., age 11, Texas

Take the
Lead!

I WILL TRY TO BE
A LEADER IN

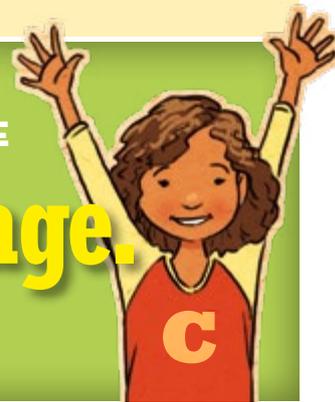
testimony.



Take the
Lead!

I WILL TRY TO BE
A LEADER IN

courage.



Take the
Lead!

I WILL TRY TO BE
A LEADER IN

caring.



Take the
Lead!

I WILL TRY TO BE
A LEADER IN

example.



All-Star

BROTHER



By John P. Buentello

(Based on a true story)

He that loveth his brother abideth in the light

(1 John 2:10).

Gabriel heard his younger brother moan for what seemed like the hundredth time. He looked toward Tyler's bed, trying to see through the darkness. Gabriel was tired. His baseball team was having its championship game tomorrow morning, and he had to get some sleep.

"Tyler, can't you stop moaning?" Gabriel asked.

Tyler moaned again. "I can't help it. My stomach hurts."

Gabriel turned on the light next to his bed. "I told you not to eat that second hot dog at dinner, especially not with all that chili on it."

"But it tasted good!" Tyler said. Then he moaned again.

"Are you going to do that all night?" Gabriel asked. "I've got a big game tomorrow, and I need some sleep."

"But my stomach hurts!" Tyler said.

"OK," Gabriel said. "I'll get Mom and Dad."

Gabriel went to his parents' room and told them that Tyler had a stomachache and he was moaning something awful.

"I can't get any sleep," Gabriel said as they walked back to the boys' room. "I have an important game in the morning."

"I'm sure Tyler isn't trying to keep you awake on purpose," Dad said. "Having a stomachache can be painful."

Gabriel sighed. Didn't anyone understand how important this game was? His team had worked all year to make it to the championship. He couldn't let the other players down.

"Do you have a stomachache, Tyler?" Mom asked as she sat down on his bed.

"I ate too many hot dogs!" Tyler said.

"I can give you a blessing if you'd like," Dad said.

Tyler nodded. Gabriel waited until the blessing was done and then asked if he could sleep in the living room. After all, Tyler might be up all night.

Gabriel went and settled down on the sofa, but he found he couldn't go to sleep. He began thinking about how Mom and Dad cared for him when he didn't feel well. He remembered how much he needed their help. He thought Tyler probably felt that way right now.

Gabriel silently prayed to know how to help his brother. Then he went back to the bedroom.

Tyler opened his eyes when Gabriel walked in.

"What's going on?" he whispered.

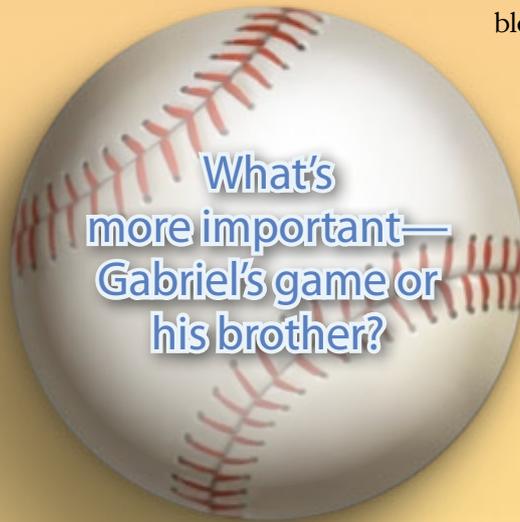
"I just wanted you to know I'm sorry," Gabriel said. "I didn't mean to care more about a baseball game than about you. You can make all the noise you need to make. I'll stay right here with you."

"I feel better now," Tyler said. "The blessing helped."

"Maybe you'll feel good enough to come to the game tomorrow," Gabriel said.

Tyler nodded. Then he smiled and said, "But I don't think I'll eat any hot dogs!"

Gabriel smiled too. "Sounds like a good idea." ♦

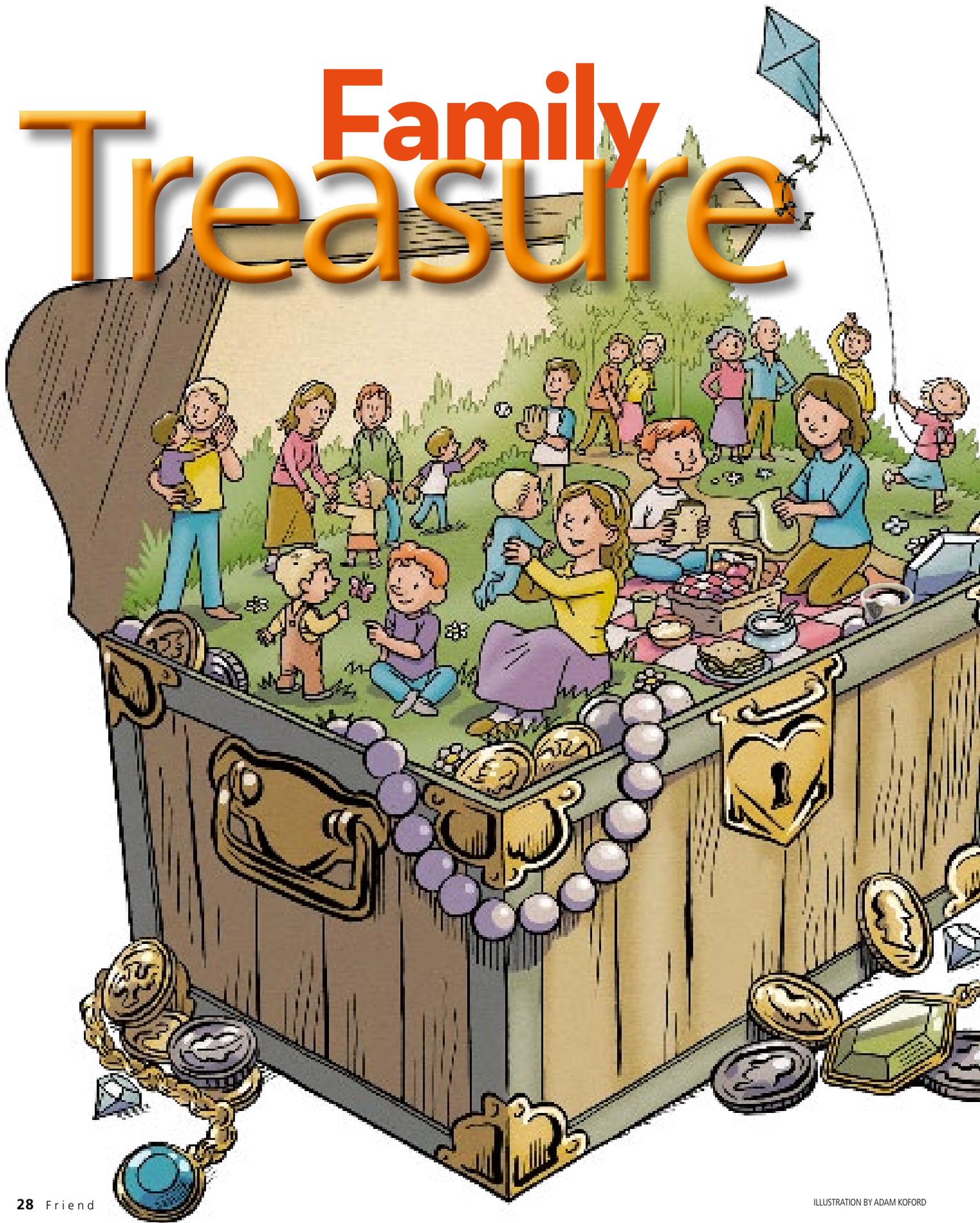


One day my mom was really busy, and my brother was having trouble with his homework. I started to get a feeling that I should help him, so I got up and helped him with his homework. That night my mom thanked me. I know the feeling was the Holy Ghost telling me to choose the right.

Emma P., age 10, Utah



Family Treasure



By Sheila Kindred

(Based on a true story)

Fam'ly living now and the ones who've died can all be sealed to me (Children's Songbook, 94).

Please give these dish towels to Suzi," Grandma said. She handed Nika a stack of towels. "She can put them in the box with the other kitchen things."

"Great-grandmother sure had a lot of nice things," Nika said, fingering the dish towels with the embroidered edges before handing them to Suzi. "The whole house is like a treasure chest."

"Yes, it is," Grandma said. She reached into a cupboard and brought out some beautiful dishes.

"What will you do with all of these wonderful treasures now that Great-grandmother has died?" Nika asked. "Can we keep them?"

"We'll divide them among family members and give the rest to charity," Grandma said. She began wiping dust off the dishes.

"Look what I found," Uncle Mike said, laying a large book on the table. "It's an old photo album. And look at this, Nika," he said. He carefully turned the brown pages. "Here's a photo of your great-great-grandmother when she was about your age."

Nika looked closely at the black-and-white photo of the smiling little girl. She was wearing button-up boots, her hair was in long ringlets, and she was holding a china doll in her arms.

"Look at that!" Nika said, pointing excitedly. "She's missing a tooth, just like me!" Nika stuck her tongue through the gap in her teeth.

"So she is," Uncle Mike said. "And you both have the same freckly nose." He smiled and carefully closed the album.

"Grandma," Nika said, folding some cloth napkins, "are family pictures the treasure you want to keep?"

Grandma looked up from dusting. "I'm grateful to get the photos and family records. I want to organize

them and make copies to share. They are important to me because they strengthen the thing I treasure even more."

"What's that?" Nika asked.

"This." Grandma waved her hand to indicate the whole room.

"The house?" Nika was puzzled.

"No. Look again," Grandma said. "What do you see in this room?"

Nika looked around. She saw her relatives everywhere, all working together.

"Family," Nika said at last. "That's what you treasure most, isn't it?"

"Exactly," Grandma said. "That's the only thing that can last forever."

"Were Great-grandma and Great-grandpa married in the temple?" Nika asked.

"Yes. They did their part to make sure our family is sealed together," Grandma said.

"Do you know what treasure I'd like?" Nika asked.

"What?"

"I'd like you to tell me more stories about that girl with the missing tooth in the photo."

"Oh, I have lots of stories to tell you," Grandma said.

"The question is, will you have time to hear them all?"

"I will," Nika declared. "Even if it takes forever!" ♦



On a warm day in March, my family went to the temple to have my adopted baby sister sealed to us. When we went into the temple, I could feel the Spirit so strongly! It was one of the warmest feelings, knowing that Lilly was sealed to us for all eternity. I am so grateful for the ordinances that are performed in the temples. It is wonderful to know that our family can be together for eternity!

Emily P., age 8, Colorado

Great-grandma Madge had red hair, like you!



I'll treasure it always!

Families Can Be Together Forever

(Simplified)

Words by Ruth Muir Gardner
Music by Vanja Y. Watkins

Brightly ♩ = 80-96

1. I have a fam - 'ly here on earth. They are so good to me.
2. While I am in my ear - ly years, I'll pre - pare most care - ful - ly,

I want to share my life with them through all e - ter - ni - ty.
So I can mar - ry in God's tem - ple for e - ter - ni - ty.

Chorus

Fam - 'lies can be to - geth - er for - ev - er Through Heav'n - ly Fa - ther's plan. I

al - ways want to be with my own fam - i - ly, And the Lord has shown me how I can. The

Lord has shown me how I can.

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I should respect and worship God.

If thou lovest me thou shalt serve me and keep all my commandments (Doctrine and Covenants 42:29).

Pretend Primary

By Tryn Paxton

(Based on a true story)

1. Sophie didn't feel well as she sat down for breakfast on Sunday morning.



But I want to go to Primary.

Maybe we can do something special at home.

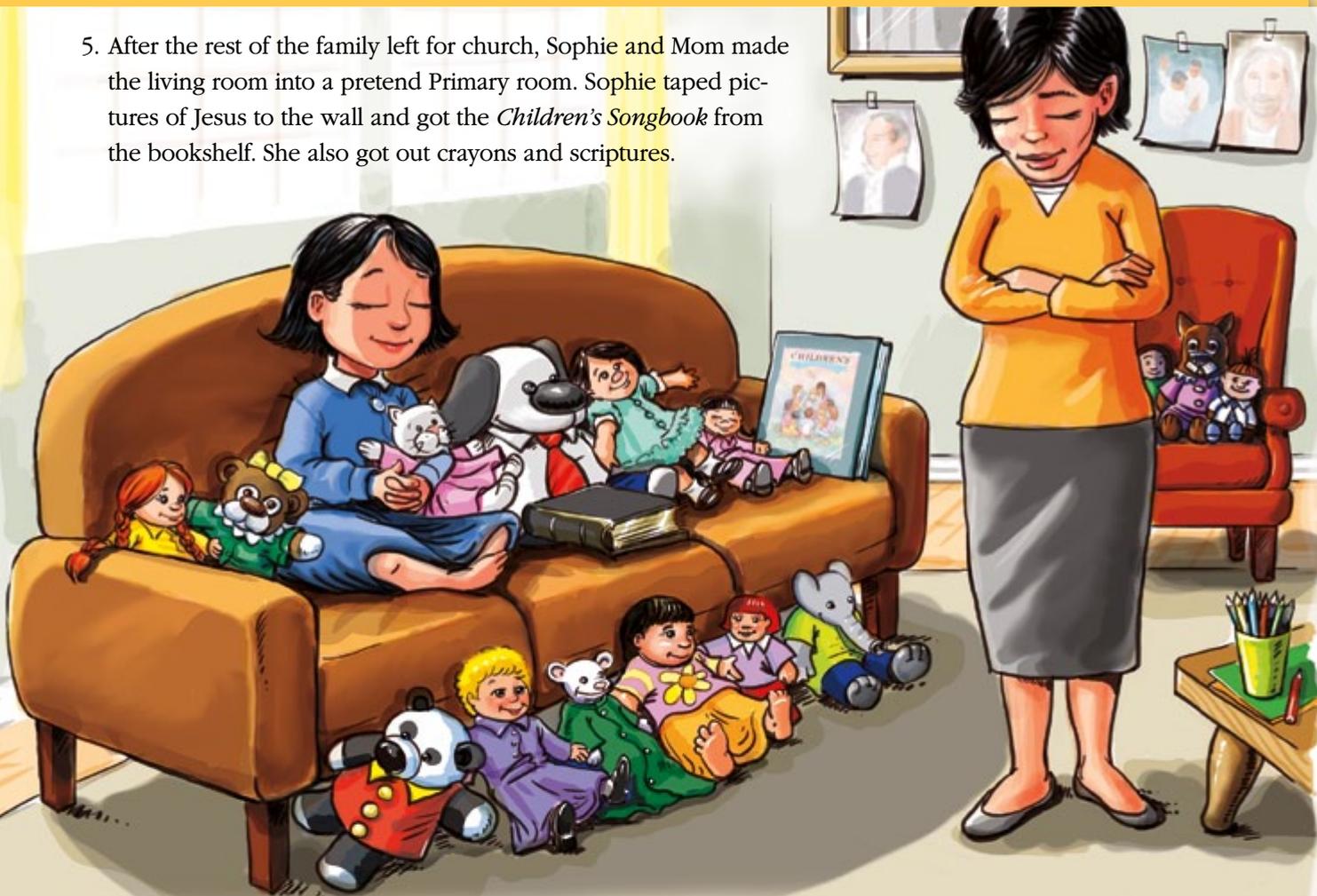
3. Sophie was sad. She went to her room and covered her face with her blanket. Then she got an idea.



4. As Sophie's brothers got ready for church, Sophie put on her own Sunday clothes. She also dressed her dolls and stuffed animals in pretty dresses so they could come to pretend Primary too.



5. After the rest of the family left for church, Sophie and Mom made the living room into a pretend Primary room. Sophie taped pictures of Jesus to the wall and got the *Children's Songbook* from the bookshelf. She also got out crayons and scriptures.



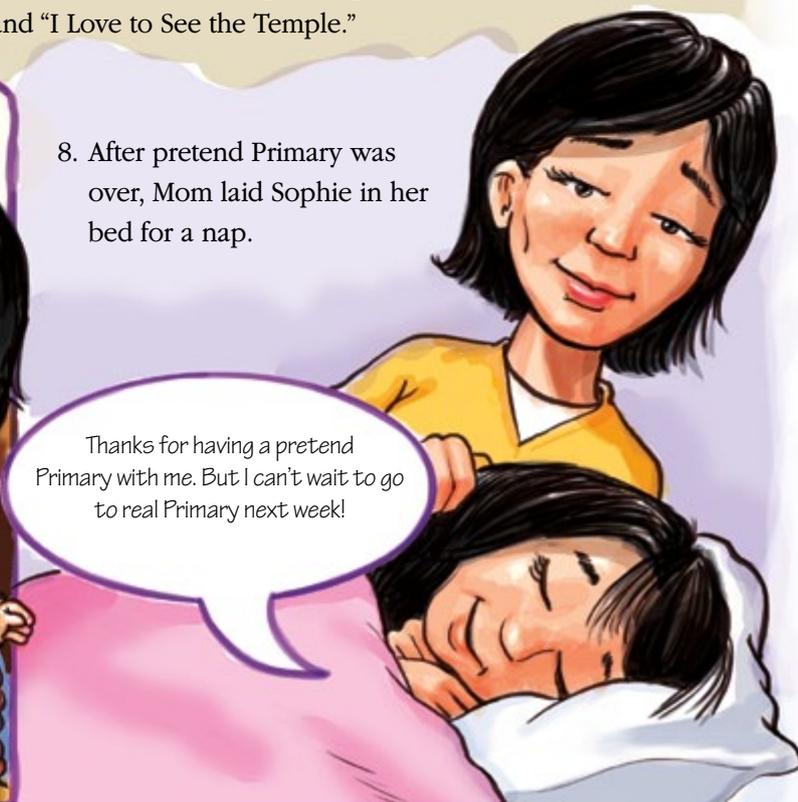
6. Sophie sat on the couch with her dolls and stuffed animals. Mom said an opening prayer. Then Sophie and Mom sang "I Am a Child of God" and "I Love to See the Temple."

7. Sophie was happy during pretend Primary. Even her dolls and stuffed animals sat still.



8. After pretend Primary was over, Mom laid Sophie in her bed for a nap.

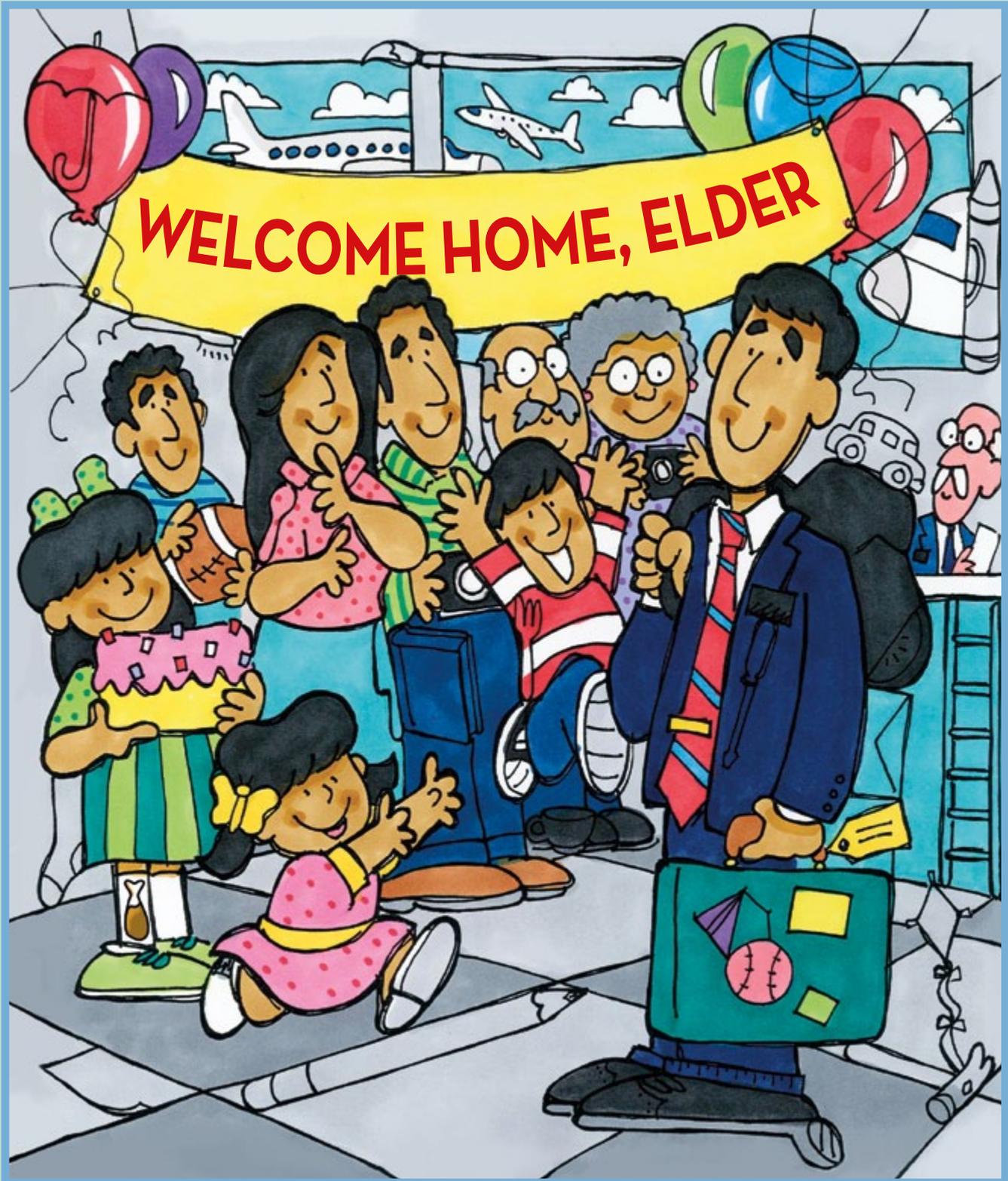
Thanks for having a pretend Primary with me. But I can't wait to go to real Primary next week!



What Is the Same?

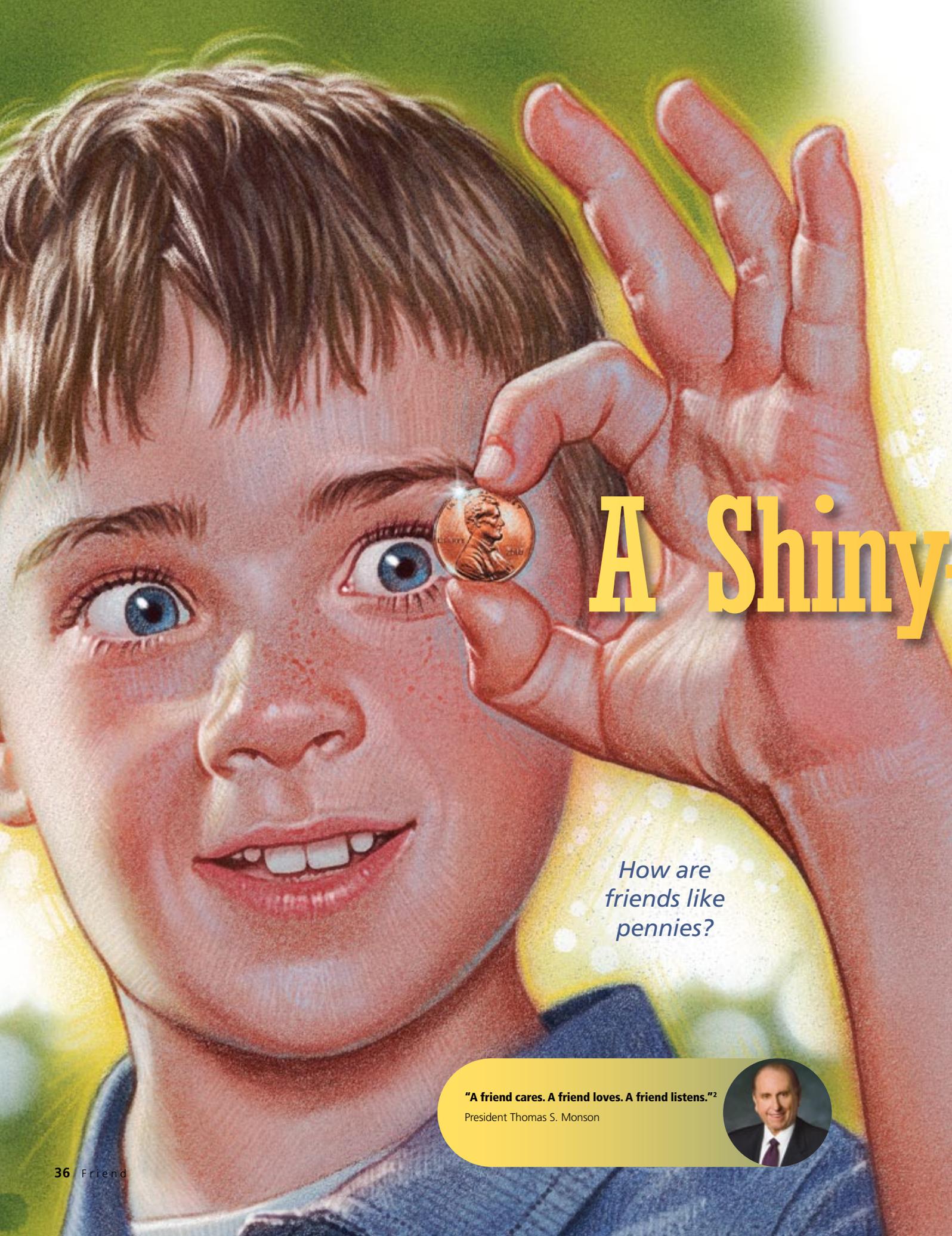
When Sophie was too sick to go to Primary, she and her mom made the living room into a pretend Primary room. See if you can find the things that are the same in both pictures.





By Val Chadwick Bagley

This elder is returning home after serving Heavenly Father as a missionary. Look at the picture and see how many hidden items you can find, including a baseball, book, bowl, butterfly, car, crayon, cup, envelope, fork, golf club, hammer, kite, knife, ladder, paintbrush, pencil, piece of paper, ruler, screwdriver, socks, spoon, toothbrush, umbrella, and watermelon slice.



A Shiny

*How are
friends like
pennies?*

"A friend cares. A friend loves. A friend listens."²

President Thomas S. Monson



By Rosemarie Deppe

(Based on a true story)

A friend loveth at all times (Proverb 17:17).

Daniel ran into his house.

He was sad.

“What’s wrong, Daniel?” Mom asked.

“Jake was being mean to kids at recess. I told him to stop,” Daniel said. “He got mad. He called me a name. He said he

a very shiny penny.

“Why did you pick that penny?” Mom asked.

“I like that it is shiny,” Daniel said.

“Friends are like pennies,” Mom said. “We should choose friends who make us feel good.”

That night when Daniel went to bed, he prayed to find a friend

who would help him choose the right so he could feel good.

Daniel remembered a boy who liked to play basketball at

recess. Daniel liked to play basketball too! Maybe they could be friends.

Daniel was happy the next day when he got out of bed.

“How do you feel today?” Mom asked.

“Great!” Daniel said. “I’m going to make a shiny-penny friend!”

At school Daniel played basketball with the boy. He was nice.

They had a fun time. Daniel was happy to have a shiny-penny

friend. ◆

-Penny Friend

does not want to be my friend.”

“I’m sorry,” Mom said. “Come with me. I want to show you something.”

Mom and Daniel walked to Mom and Dad’s room.

Mom took a jar of pennies from the shelf. She poured the pennies onto the bed.

Clank! Clank! Clank!

“Pick a penny, Daniel,” Mom said. “You can keep it.”

Daniel picked

The Creation

In the beginning, God saw space
All over this entire place.

Then on earth He made light;
But have no fear, He made night.

Then He made the sky
And clouds that can fly.

On earth, He made water of joy;
Then He made land—ahoy!

Then He made the sun, the moon, and the stars,
And He even made the planet Mars.

One day, God made plants,
But then He realized there were no ants.

Then He made birds that fly
And fish you can't deny.

After that He made lions that roar
And a whole lot more.

Once Adam was made, and you better believe
That God took his rib to make his wife, Eve.

Then God decided to rest
'Cause His work was the best.

Ian E., age 9, Florida



Zachary B., age 8, Utah



Malia C., age 8, Hawaii



Elijah S., age 10, Kansas



My parents have taught my little brother and sisters and me about what President Hinckley said

about pornography. He said we should avoid it like the plague. On my way home from school one day, two of my friends sat by me on the bus. One boy had his phone, and he got on the Internet to find pictures of girls who were not dressed. I told him I would not look at the pictures. He tried to sneak the phone in front of my face. I said, "No!" and closed my eyes. The rest of the way home I looked out the window. I know I did the right thing that day.

Cade M., age 8, Arizona



My grandmother is one of the many people I look up to. Her parents were kind and loving,

but they didn't take her to church. My grandma walked to Primary by herself. She loved learning about Jesus Christ. She felt the Spirit very strongly as she was taught the gospel. Even though she was alone, she continued to go to church because it made her feel happy and good inside. When she got older she was sealed in the temple to my grandpa, and together they taught their children the gospel. My grandma is such a good example to me because she has shown me that I can follow the Savior's teachings even when I'm young.

Lindie B., age 9, Utah

How do you avoid gossip or inappropriate language? See page 48 to find out how to send us your answer.



James O., age 6, South Korea



In the **Rabie Ridge Branch, Bedford View Stake**, South Africa, many children and their families have heard about the Church by attending family home evening activities. They enjoy learning the gospel. On Sunday they like to go to church—several of them even walk 3–4 miles (4.8–6.4 km) to get there!



Maxwell M., age 8, Rhode Island, was baptized on New Year's Day. He had a really good feeling when he received the gift of the Holy Ghost. He likes his Primary teachers. He likes to read, ride his bike, and ice-skate. Maxwell knows a lot about ocean life. His favorite animal is a penguin, and he enjoys collecting stuffed penguins.



At the beginning of each year, my family sets goals that we try to complete throughout the year. One of the

goals I set was to read the scriptures every other night. I wasn't doing very well for the first few months of the year. Usually when I get home from church I put my scriptures in the stairway. One day my mom said, "How can you complete your goal of reading the scriptures when they are sitting in the stairway?" So that night I read my scriptures. I have been reading them almost every night since then. They are a blessing, and I'm thankful for them. They give me the power to feel the Spirit and be happy.

Mathieu Q., age 8, Wisconsin



Sometimes it's hard to keep the Sabbath day holy because a lot of kids don't.

Sometimes they tease you or are mean to you about it. But keeping the Sabbath day holy helps keep me happy because I feel the Holy Ghost a lot more than if I didn't. The Holy Ghost helped me make the decision to not go to a party on a Sunday, and that helped me feel happy even though it was a hard decision. Heavenly Father has given us six other days we can do those things. Sunday is for Him.

Kalia N., age 8, Queensland, Australia



Hadley J., age 6, California, likes to play with her siblings and has a great imagination. She helps her mom a lot and strives to be obedient. She is a wonderful and kind friend.



Avery H., age 10, Colorado

You can use this lesson and activity to learn more about this month's Primary theme.

The Ten Commandments Teach Me to Love God and His Children

You had a busy day! Your classmate asked if he could copy your homework. You wanted to be honest, so you told him no but offered to help him.

On the way home from school, you saw your neighbor struggling to pick up a big basket of vegetables she had just picked from her garden. You wanted to get home, but you ran over and helped her carry the basket inside.

After dinner your dad asked you to do your math homework. Math is hard and you didn't want to do it, but you decided to obey your dad.

You were tired at bedtime, but you knelt down and thanked Heavenly Father for your blessings.

Did you know that by making all of these good decisions, you were following the Ten Commandments?

After the Israelites escaped from Egypt, they needed guidance from the Lord. Through the prophet Moses, the Lord gave the people 10 important commandments to follow to live a righteous life. The Ten Commandments teach about respecting God, being honest, honoring our parents, keeping the Sabbath day holy, and being good neighbors. These rules are as

important today as they were thousands of years ago. When we follow the Lord's commandments, we learn to love and respect God and be kind and loving to those around us. ♦

SONG AND SCRIPTURE

- "Keep the Commandments," *Children's Songbook*, 146–47
- Doctrine and Covenants 42:29

JUST YOU

You can find the Ten Commandments in Exodus 20. Can you count all 10? Mark them with a scripture marking pencil if you'd like.



CTR ACTIVITY: LIVING THE COMMANDMENTS

The Ten Commandments can be divided into three important categories: (1) honoring God, (2) respecting parents and family, and (3) respecting others.

Cut out the three labels below. You can attach them to jars or bags or lay them on a table. On separate pieces of paper, have family members write down a few good things they did or saw someone else do during the past week to follow a commandment.

Maybe you showed reverence during a prayer, or maybe your brother helped your parents make dinner.

Read one of the papers and then as a family decide which one of the three categories the experience goes under. Put the paper in the jar or bag or place it next to the label on the table. Read through the rest of the papers and put them in their correct categories. Some experiences could fit in more than one category.



HONORING GOD

RESPECTING PARENTS AND FAMILY

RESPECTING OTHERS

Weeding Out

By Janice LeFevre

(Based on a true story)

I'll form good habits in my youth, to keep my word, to tell the truth (Children's Songbook, 149).

It was Saturday morning, and that meant it was time for weekly chores.

"Olivia, it's your turn to pull weeds," Mom said.

Olivia scrunched her face into a frown. "I don't like weeding."

"It can be fun if you change your attitude," Mom said with a smile. "And you can get it done quickly if you get to work!"

Olivia trudged outside and plopped down on the bottom stair on the side of the house. She glared at the weeds in the flower bed. After a minute, she slowly got on her knees and began to pull a weed.

Forty minutes later, Olivia had pulled only a few weeds. She had spent most of her time daydreaming about ice cream and games she could be playing with her friend Lily. The tiny weeds that were left to pull looked like an entire forest to Olivia. She sighed.

She was hot, and this was boring!

What could be worse than weeding?



the Lie

“It’s not fair!” she said to herself. She thought of her younger brother, who had been assigned to dust the furniture. “Why doesn’t Brian have to weed? He *always* gets the easy jobs!”

After pulling a few more weeds, Olivia was tired and ready to quit. She sat back and looked at her family’s cat, Link, who was sunning himself on the driveway.

“Here, kitty kitty kitty!” she called.

Link ran to her and rubbed his face against her arm. Running her fingers through his silky fur, Olivia quickly forgot about her weeding. She tipped her head sideways, making her ponytail wiggle so Link would bat at her hair.

Then she heard Mom’s voice from the kitchen window: “Olivia, are you done weeding?”

Hoping that Mom was too busy to check her work, Olivia opened her mouth to say yes. But as she did, a bad feeling came inside her. She hesitated. She thought about being baptized a few days before. She knew she had promised Heavenly Father that she would obey His

commandments so that she could have the Holy Ghost with her. She remembered that she could not feel the Spirit if she lied.

Suddenly, Olivia really wanted to tell the truth. She knew this strong feeling was from the Holy Ghost, and it filled her with courage.

“No,” she said. “I haven’t finished.”

“Well, you’d better finish or you won’t have time to play with your friends today,” Mom said.

Olivia still didn’t want to finish weeding, but she felt happy anyway. She thought Heavenly Father would be glad that she had decided to be honest. She jumped up and ran into the house.

“Mom, Mom!” Olivia said. “Guess what happened?” She told Mom about wanting to lie but then deciding to tell the truth. “I chose the right! I stayed clean, and I feel so good!”

“I’m proud of you,” Mom said.

Olivia smiled and hugged Mom. Then she skipped outside to finish weeding. ♦



Our bus driver said we could bring handheld video games to play during the ride to and from school. My friend asked me if I could bring mine. I told him that my mom said I couldn’t. He said I should put it in my backpack when my mom wasn’t looking. I said I wouldn’t do that because I didn’t want to disobey my mom. I know I did the right thing, and I felt happy.

Keith K., age 9, Idaho





Dear class,

You might have heard that I said something inappropriate to someone in class on Monday. What I said was wrong, and I'm sorry I said it. I'm also sorry that you all had to hear it. And I'm sorry that I disappointed my teacher, friends, and classmates.

This year, I have heard a lot of people talking like I did on Monday. I knew it was wrong, but I thought if I talked that way I would feel more mature. I thought it would make me fit in and be more popular. But instead it made me look immature, like I have a bad attitude and a lack of character.

What I said was using profanity. No, I didn't swear, but the dictionary says profanity includes language that is disrespectful and irreverent. Those who don't have the language skills to make their point use inappropriate words to try to look tough or smart. It doesn't make you smart. In fact, it makes you sound pretty ridiculous.

George Washington said that profanity "is a vice so mean and low, ... that every man of sense, and character, detests and despises it." I would like to think that we are all people of character, that we know what is right and wrong, and that we want to be people our school can be proud of.

The profanity in our classroom is hurting people. It brings our whole school down and makes us look stupid. We aren't stupid. We have the potential to be whatever we want to be. I don't want our language to hold us back.

I pledge to my class, my teacher, and my school that I will not use profanity at any time. I will use language that shows respect and builds up everyone around me and that I can be proud of. I hope that you will join me in this pledge, so we can all speak in a way that shows who we really are.

Sincerely,
Ethan



Help Stamp Out Bad Language



The boy who wrote the letter at the left is a real 11-year-old boy. When he made a mistake and used bad language in school, his parents asked him to do some research to find out what's wrong with profanity. Here are some things he learned:

- * Profanity is language that is disrespectful, irreverent, and immodest. It doesn't have to be a swear word.
- * What's wrong with profanity and crude language?
 - It shows disrespect for others.
 - It can easily turn a conversation into an argument.
 - It shows immaturity and a lack of imagination.
 - It hurts others.
- * Bad language includes profanity, rude or crude words, immodest words, and swear words.

Is It OK to Say?

Before you speak, ask yourself:

- * Is it true?
- * Is it kind?
- * Would I use these words if the Savior were standing beside me?



TAKE THE PLEDGE

Sign your name below to show your willingness to help stamp out bad language by avoiding it yourself and setting a good example for others.

I will help stamp out bad language by not using profanity, rude or crude words, immodest words, or swear words.

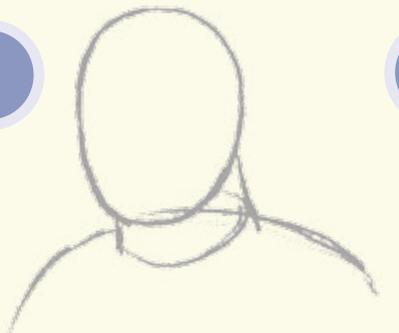
Name



Draw a Missionary

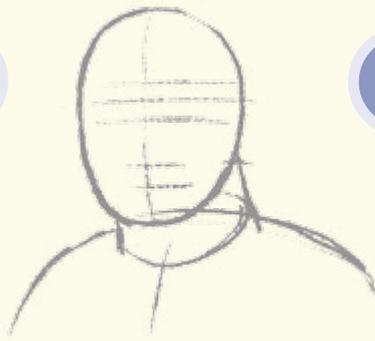
The first missionaries were called to teach people about Jesus Christ's restored Church in September 1830. Follow the guidelines below to learn how to draw a missionary from the early days of the Church.

1



With a soft pencil, sketch an egg shape for the head, a tube for the neck, and a rounded line for the shoulders.

2



Lightly draw some lines indicating where the eyes and nose go.

3



Add ovals for the eyes and curved lines for the nose, mouth, and ears. Keep shapes simple.

4



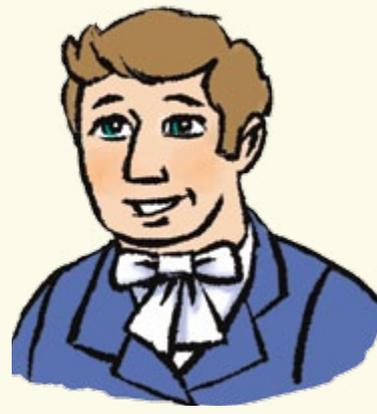
Add details like hair and clothes. Make any changes you think will make the drawing better.

5



Erase construction lines and thicken the remaining lines.

6



Use watercolor, crayons, or colored pencils to add color.

WAY TO BE



Do you want me to read you a story?

Silly-Face Bread Bowl

KITCHEN CRAFTS



Remember to ask an adult for help when you make a Kitchen Crafts recipe.



Silly-Face Bread Bowl

- 1 large round sourdough or Italian bread**
- 1 long, skinny banana pepper, stem end removed**
- 1 green olive stuffed with pimento, halved**
- 1 thick slice of cucumber, halved**
- 1 thin slice of red bell pepper**
- toothpicks**
- various bite-sized vegetables**

1. Ask an adult to help you cut a circle in the top of the bread.
2. Remove the circle and pull out bread to form a bowl (save the bread to eat with dip later).
3. Using the toothpicks and vegetables, put a face on the bread bowl. Stick the yellow pepper into the side of

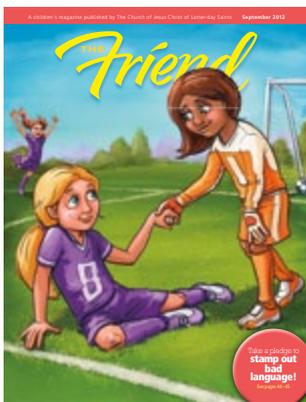
the bowl for a nose. Add the olive halves for eyes, the cucumber halves for ears, and the red bell pepper slice for a mouth.

4. Fill the bread bowl with chilled dip. Serve with bread and bite-sized vegetables.

Veggie Dip

Combine the following ingredients and let chill for 2 hours in the refrigerator.

- 1 container (16 oz.) sour cream**
- 1 cup mayonnaise**
- 1 envelope vegetable soup mix**
- 10 ounces frozen chopped spinach, thawed and drained**



Possible Ideas for Family Home Evening

1. There are lots of different ways to be a missionary! Read “Be a Missionary Now” (page 10). Talk about ways to share the gospel with others over the week or practice bearing your testimonies.
2. Talk as a family about how to receive comfort during scary times. Read “Special Witness” (page 17) and discuss the ways Elder Russell M. Nelson advises to replace fear with peace.
3. Read “Take the Lead!” (pages 24–25). Talk about what it means to be a good example to others. Consider a leadership trait from the article to work on over the week.
4. Use the Bringing Primary Home lesson and activity (pages 40–41) to learn more about this month’s Primary theme.
5. Read “Dear Class” and “Help Stamp Out Bad Language” (pages 44–45). Discuss the need to refrain from profanity and crude language. Print out copies of Ethan’s pledge, so family members can take the pledge to avoid bad language.



The *Friend* can be found on the Internet at lds.org/friend. To subscribe online, go to store.lds.org.

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(f)=Funstuff
(IFC)=inside front cover
(m)=music

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Sidebar References

1. “Was It Worth It?” *Ensign*, May 2012, 106.
2. “To the Rescue,” *Ensign*, Nov. 2001, 50.

Funstuff Answers

Page 3: 1)d; 2)a; 3)c; 4)c
Page 6: service; 37 cookies
Page 16: a family is united by love

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Salt Lake City, UT 84150-0024
Or e-mail: friend@ldschurch.org

The following information and permission must be included:

Full name _____

Age _____ State/Province, Country _____

I agree to the terms of the *Friend* Submission Agreement (lds.org/friend/parentalconsent) and grant permission for the *Friend* to print my child's submission and photo in print or online.

Signature of parent or legal guardian _____

To send us a letter, drawing, or poem, please fill out this form and include it with your submission. Please also include a school photo or high-quality snapshot. Submissions will not be returned and may be edited for length and clarity. Children whose work is submitted should be at least three years old.

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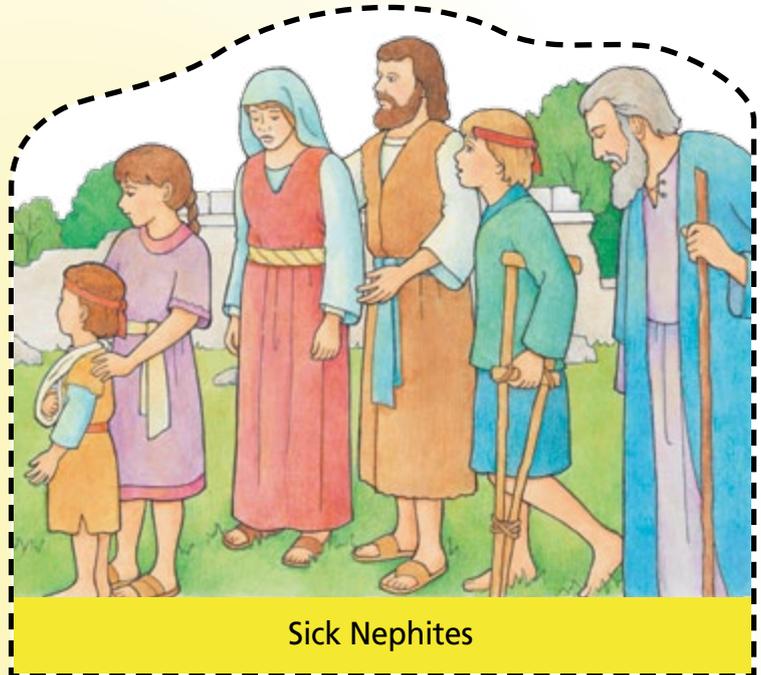
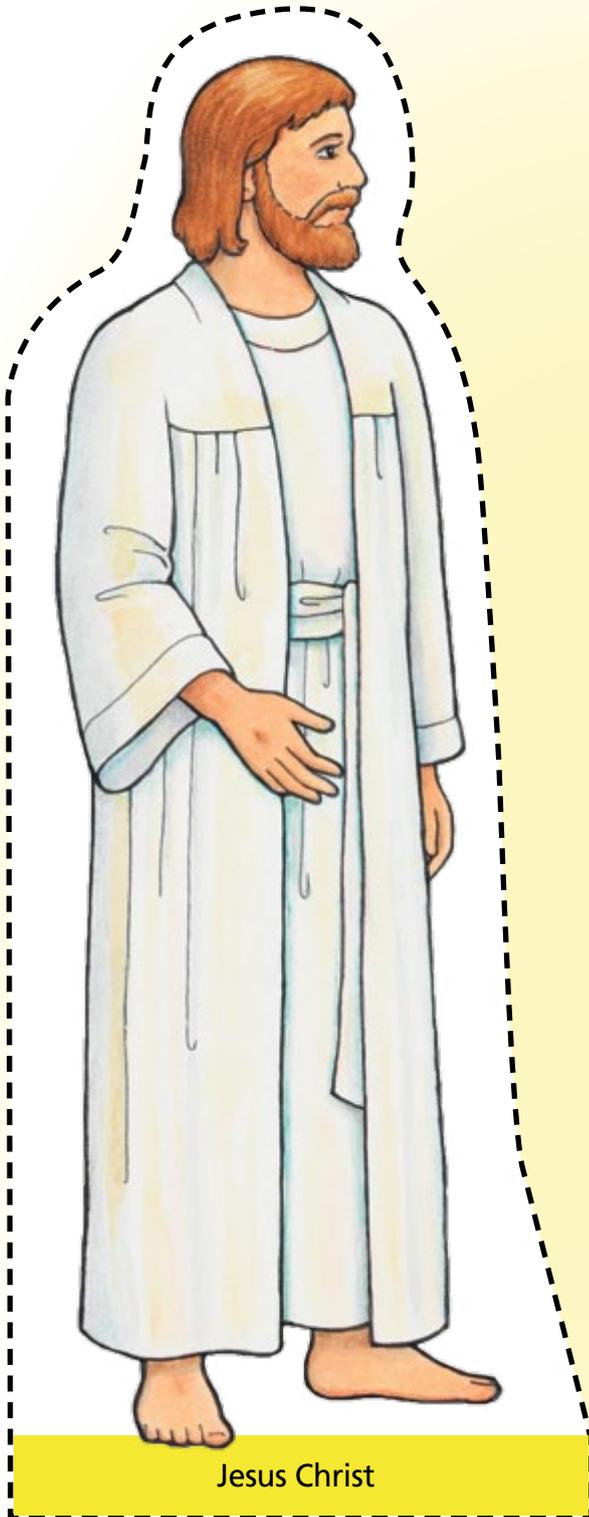
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Jesus Heals the Sick and Blesses Children
3 Nephi 17

This year 10 issues of the *Friend* will contain Book of Mormon scripture figures. To use, cut them out and glue or tape them to cardboard, heavy paper, small paper sacks, or craft sticks. Store each set in an envelope or bag, along with the label that tells where to find the story in the scriptures.

Through **Your** Eyes



This is a picture of the basil leaves in my kitchen. My family enjoys planting these. I am grateful for all the herbs, vegetables, and fruits that Heavenly Father created for us.

Clara H., age 11, Utah

Do you like taking photos? We'd like to see your best shots about how Heavenly Father blesses your life. E-mail them to friend@ldschurch.org and include your name, age, and where you're from. Please also include a sentence explaining how your picture shows Heavenly Father's



blessings in your life. Remember, we can't publish your submission without a parent's permission in the e-mail. If there are people in the photo, we also need to know that they gave their permission to be photographed. We're looking forward to seeing Heavenly Father's blessings through your eyes!



What's online?

- How many of the "I Can Play It!" songs have you learned so far? Visit lds.org/friend and click "I Can Play It!" to find the



sheet music and listen to every song published this year, including September's song, "Families Can Be Together Forever."

- *Scripture Stories* is a weekly radio series designed to inspire children to know and love stories from the scriptures. Visit mormonchannel.org/scripture-stories to listen.

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