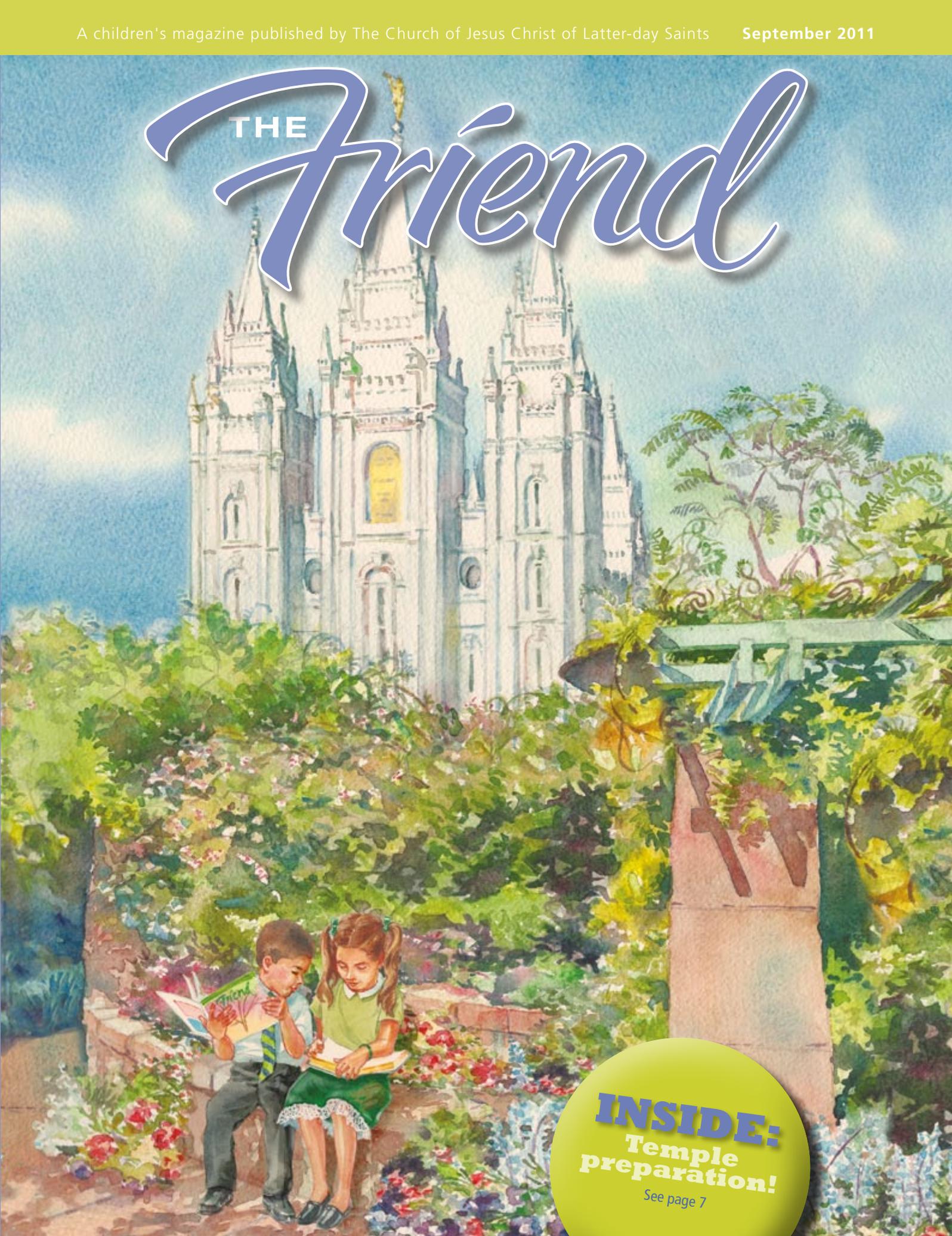


# THE *Friend*



**INSIDE:**  
Temple  
preparation!  
See page 7



## I Can Be a Missionary Now



**I** love the *Friend* magazine stories because I love to learn more about the gospel and I love reading about all the kinds of things children do. A month after I read an article by Elder Quentin L. Cook called “How Can I Be a Missionary Now?”

(April 2010), I told my schoolteacher about the temple. She didn’t know what a temple was. The next day, I brought her a picture of it and told her it is a place where families can be sealed together forever. A couple of weeks later, I got to see Elder Cook at our stake conference. I like being a missionary!

**Sam C., age 6, England**

## Friend Homework



**I** have to read 15 minutes every night for homework. I enjoy reading the *Friend*. Reading it makes me happy, and I feel good inside. I usually end up reading 20 minutes or more!

**Eliza M., age 8, Nevada**

## Learning the Scriptures



**T**he *Friend* helps me learn the scriptures. My mom puts the Bright Idea poster on our fridge, and we practice reading it every morning before breakfast. I like seeing what the new scripture is every month. I also like reading stories and coloring the coloring page.

**Abigail L., age 5, Texas**

## How We Read the Friend



**H**unter, Logan, and Porter read the *Friend* with their baby sister, Hailee Jo.

**Hunter, Logan, and Porter W., ages 9, 6, and 3, Idaho**



Was there a letter or a story in this month’s issue that helped you? Tell us about it. Turn to page 48 to find out how.

Dear Friend,

Volume 41 Number 9  
September 2011

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Dieter F. Uchtdorf

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# THE *Friend*

See the  
Guide to the *Friend*  
on page 48 for  
family home  
evening ideas.



A children's magazine published by The Church of Jesus Christ of Latter-day Saints

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Cover by Brad Clark



Visit [lds.org/friend](http://lds.org/friend) to find this issue as well as games, activities, music, and more.



## Hidden CTR Ring

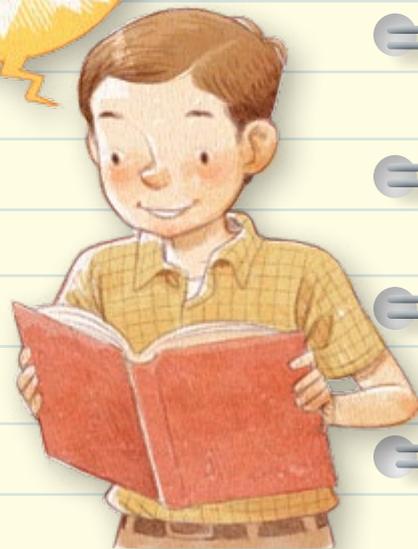
Clue: When you go to bed at night, remember to pray.



# LEARN

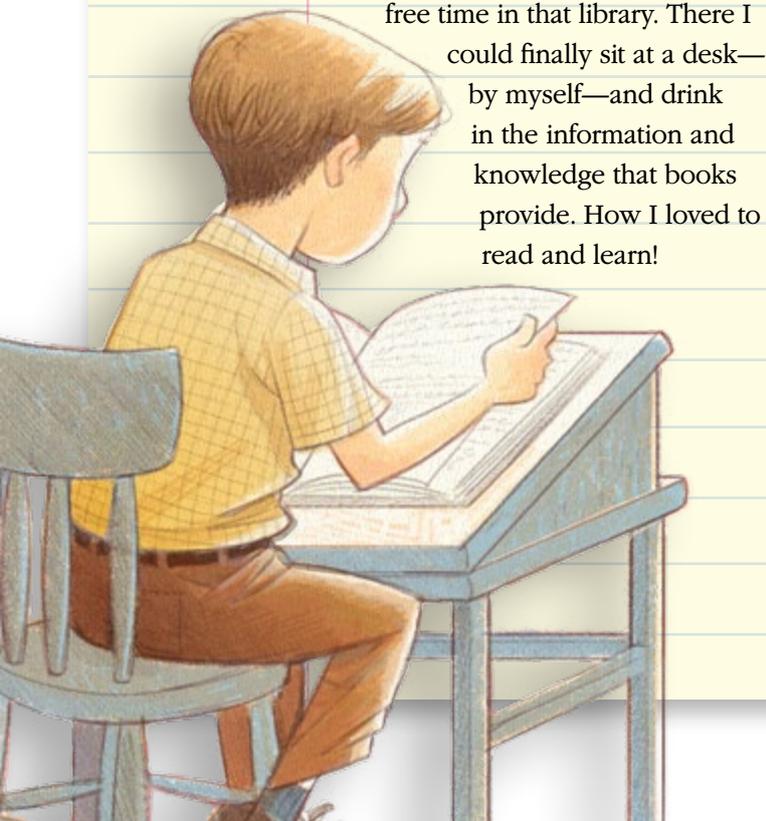


By President Dieter F. Uchtdorf  
Second Counselor in the First Presidency



**D**uring the difficult economic conditions of postwar Germany, opportunities for education were not as abundant as they are today. But I always felt an eagerness to learn. One day, while I was out on my bike delivering laundry, I entered the home of a classmate of mine. In one of the rooms, two small desks were nestled against the wall. What a wonderful sight that was! How fortunate those children were to have desks of their own! I could imagine them sitting with open books studying their lessons and doing their homework. It seemed to me that having a desk of my own would be the most wonderful thing in the world.

I had to wait a long time before that wish was fulfilled. Years later, I got a job at a research institution that had a large library. I remember spending much of my free time in that library. There I could finally sit at a desk—by myself—and drink in the information and knowledge that books provide. How I loved to read and learn!



For members of the Church, education is not merely a good idea—it's a commandment. We are to learn “of things both in heaven and in the earth, and under the earth; things which have been, things which are, things which must shortly come to pass; things which are at home, things which are abroad.”<sup>1</sup>

Joseph Smith loved learning even though he had few opportunities for formal education. In his journals, he spoke happily of days spent in study and often expressed his love of learning.

The Prophet Joseph taught, “Knowledge does away with darkness, [anxiety], and doubt; for these cannot exist where knowledge is.”<sup>2</sup>

Strive to increase your knowledge of all that is “virtuous, lovely, or of good report or praiseworthy.”<sup>3</sup> Seek knowledge “by study and also by faith.”<sup>4</sup>

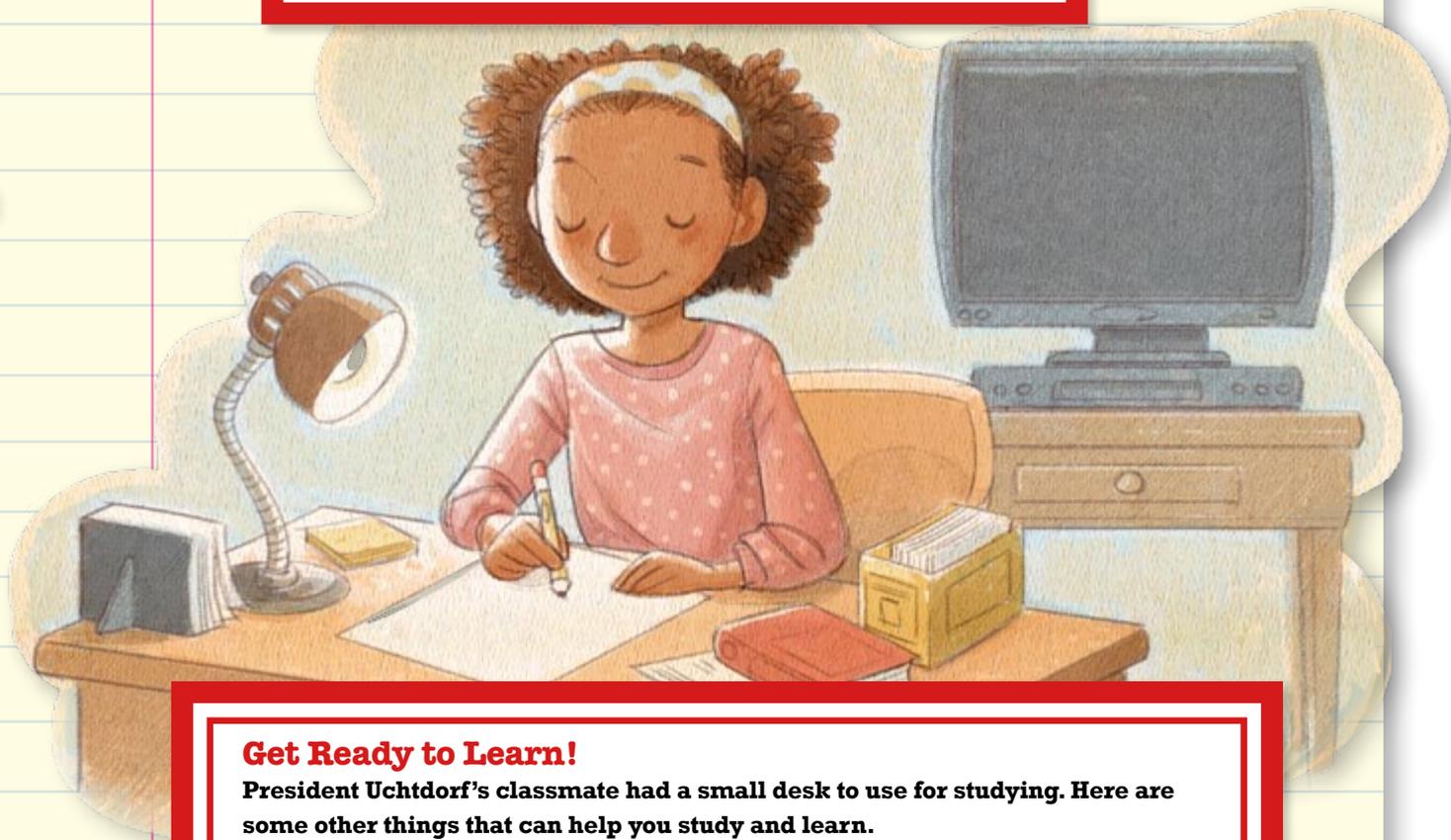
In our learning, let us not neglect the fountain of revelation. The scriptures and the words of modern-day apostles and prophets are the sources of wisdom, divine knowledge, and personal revelation to help us find answers to all the challenges in life. Let us learn of Christ; let us seek out that knowledge which leads to peace and truth. ♦

#### NOTES

1. See D&C 88:79–80.
2. Joseph Smith, in *History of the Church*, 5:340.
3. Articles of Faith 1:13.
4. D&C 109:7.

**Learn some new words to help you understand President Uchtdorf's message. Fill in the blanks with the highlighted words from the message that match the definitions below.**

1. Righteous and pure  
V \_\_\_\_\_
2. Having plenty of something  
A \_\_\_\_\_
3. Having to do with money  
E \_\_\_\_\_
4. After World War II  
P \_\_\_\_\_
5. Schooling in a classroom  
F \_\_\_\_\_ E \_\_\_\_\_



### **Get Ready to Learn!**

**President Uchtdorf's classmate had a small desk to use for studying. Here are some other things that can help you study and learn.**

- A lamp that helps you see
- A quiet place where you can concentrate
- A television that's turned off
- A box or bag to keep everything you need for studying
- A sharp pencil
- A good book to read every day
- A regular time for homework
- A calendar to keep track of assignments
- Cards to make your own flash cards



# HONORS



**By Merillee Booren**  
(Based on a true story)

*My sabbaths ye shall keep* (Exodus 31:13).

**E**than loved everything about baseball—being in the field, batting, even stretching to warm up. This year, he had spent hours with his dad throwing pitches. He had read and studied and practiced until he was one of the best players on his team.

And his hard work had paid off. He had been invited to pitch for the league's honors team. That meant his season would last four weeks longer.

But when Ethan saw the team schedule, he felt his stomach sink clear down to the tips of his toes. More than half the games were scheduled for Sundays.

His mother gave his shoulder a comforting squeeze. "Oh, Ethan. I'm sorry," she said.

Ethan knew that his family didn't play sports on Sundays, but this was honors! It was a big deal!

"So I can't play?" he asked, trying not to sound too much like he was begging. Maybe he could make an exception, just this once. Next season he could go back to not playing on Sundays.

"Why don't you think about it and pray about it?" Mom suggested.

Ethan nodded. He hated to admit it, but he already knew that keeping the Sabbath day holy was more important than any sports game.

By bedtime Ethan had his answer. He wouldn't play in the Sunday games, so he would turn down the

invitation to play on the honors team.

Still disappointed, he knelt next to his bed and said a prayer. He didn't ask if he should play baseball on Sunday; he already knew the answer was no. Instead, he pleaded, "If there's a way I can play honors, please help me find it. I really want to play, but I won't play on Sunday."

The next afternoon while the team was warming up for their game, Ethan pulled his coach aside. "Coach, I'm happy you asked me to play on the honors team, but I don't play ball on Sundays," he said.

"What if you just played the other games?" his coach asked.

Ethan shook his head. "It wouldn't be fair since I'd be gone more than half the time."

"OK, Ethan. I understand. I'm sorry you can't play, but I respect your decision."

Ethan was glad his coach didn't seem angry or disappointed. Now that he had made the choice, Ethan felt like a weight had been lifted from him. He knew he was good enough to play on the team, and that would have to be enough for him.

Toward the end of the season, the coach called Ethan away from practice. "Ethan, the other coaches and I think you have earned a spot on the honors team," the coach said. "We did some rearranging and managed to

get it so we only have one game on Sunday. No one expects you to play that game. Would you be willing to play on the team?"

Ethan stared at his coach in shock before yelling, "Yes!" He felt like he was flying as he ran to join his team, knowing he had four more weeks of games ahead of him.

That night he knelt by his bed again and thanked Heavenly Father for giving him the courage to do what he knew was right. "And for letting me play honors," he added. ♦

**"I will do those things on the Sabbath that will help me feel close to Heavenly Father and Jesus Christ."**

My Gospel Standards





Elder Robert D. Hales of the Quorum of the Twelve Apostles shares some of his thoughts on this subject.

# Why is the **TEMPLE** important?

The primary purpose of the temple is to provide the ordinances necessary for our exaltation in the celestial kingdom.

Temple blessings are as essential for each of us as was our baptism.

Temple ordinances guide us to our Savior and give us the blessings that come to us through the Atonement of Jesus Christ.

We are instructed in the scriptures to build temples and prepare our lives to be worthy to partake of the sacred temple ordinances and covenants.

The temple's saving ordinances are essential to the eternal plan of happiness.

*From a talk given at Brigham Young University on November 15, 2005.*

PHOTOGRAPH BY MATT REIER

# Preparing to Do Baptisms for the Dead



By Elyssa J. Kirkham

When you are 12 years old, you may have the opportunity to go to the temple to be baptized and confirmed for those who died without the opportunity to accept the gospel. Here are some ways you can prepare:

## How to Prepare

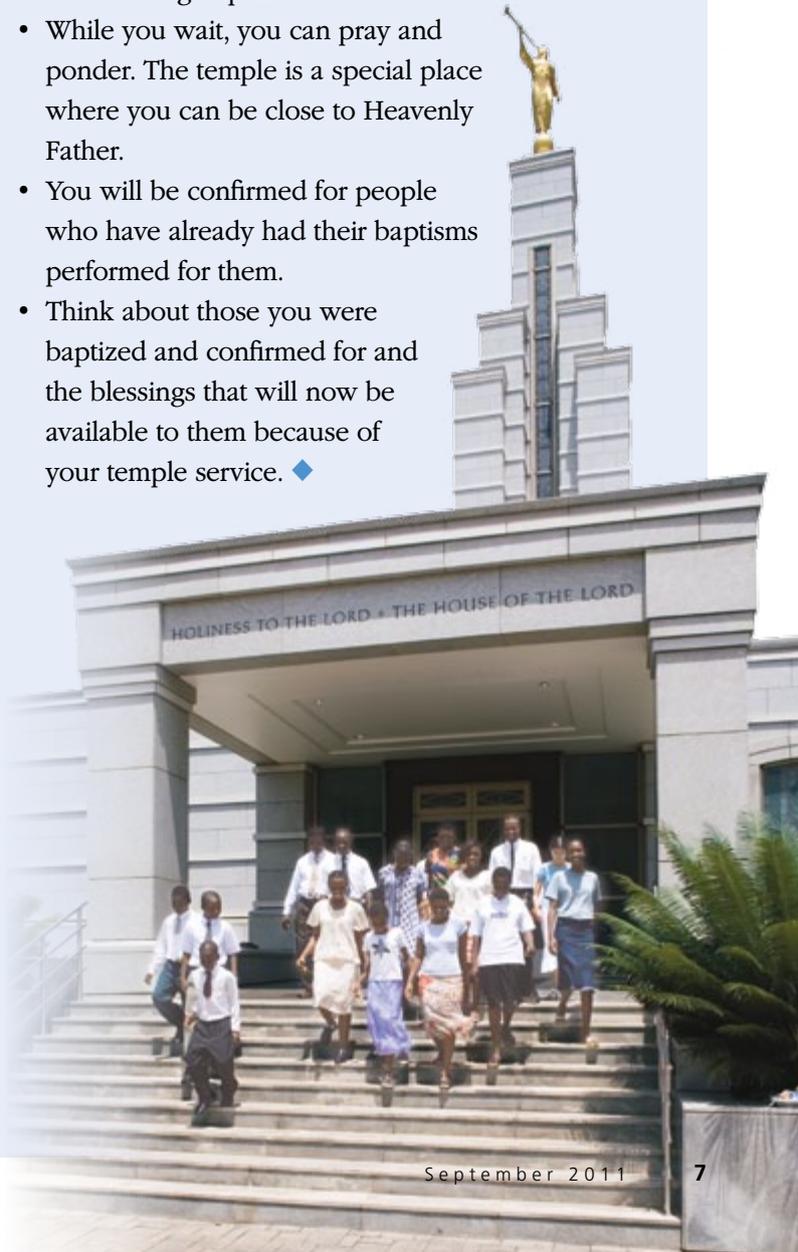
- Have faith in Jesus Christ. Be baptized and confirmed a member of His Church. Boys must hold the Aaronic Priesthood.
- Keep the commandments and make good choices.
- Repent when you do something wrong.
- Have an interview with your bishop or branch president. If you are worthy, he will give you a temple recommend.
- Help do family history work so you can take family names to the temple, if possible.

## On the Day

- Dress in your church clothes. Be clean and well groomed.
- Read the scriptures or Church magazines, or listen to uplifting music.
- Pray to feel the Holy Ghost when you are in the temple.
- Don't take books, electronics, or music on the way to the temple that will not help you feel reverent.

## In the Temple

- You will be given white clothing to change into. White is a symbol of being pure and clean.
- At the baptismal font you may be able to watch others being baptized for the dead.
- While you wait, you can pray and ponder. The temple is a special place where you can be close to Heavenly Father.
- You will be confirmed for people who have already had their baptisms performed for them.
- Think about those you were baptized and confirmed for and the blessings that will now be available to them because of your temple service. ♦





# Program

By Jessica Herbert

(Based on a true story)

*Fear not, nor be dismayed, be strong and of good courage (Joshua 10:25).*

Leah had the jitters. That's what Mommy and Daddy called it when she got a little scared.

Leah was a Sunbeam. Her Primary had been practicing their sacrament meeting program for the past few weeks. She had enjoyed saying her part during the practices.

But today was the real program, and she was nervous. She wanted to stay with Mommy and Daddy. She did not want to look out at all the grown-ups.

"There are too many people," Leah whispered to Mommy.

"Do you have the jitters, Leah?" Mommy asked.

Leah nodded.

Mommy put her arm around Leah and hugged her tight. Leah sang some of the songs in her mind that she had learned for the program. She felt calmer, but she was still a little nervous.

The bishop invited the Primary children to the stand. Mommy walked with

# Jitters

Leah up to her seat in the front. Mommy showed her that the chair had a special tag with her name on it.

When Mommy gave her a kiss and turned to leave, Leah felt full of jitters again. Then she noticed Daddy and her little brother Taylor smiling as Mommy left to sit down. Daddy gave her a little wave, and Taylor blew her a kiss.

Leah paid attention as Sister Cassidy raised her hands to tell everyone to stand up. Leah knew exactly what to do. She knew the song the pianist started to play. Leah sang as loud and as pretty as she could, just like her teachers had shown her. Soon it was her turn to say her part.

She walked to the microphone and said, "I know Heavenly Father loves me. He hears me when I say my prayers and helps me to be good."

Leah reverently walked back to her seat. The jitters were gone. ♦



## HOW TO

### PREPARE FOR YOUR PRIMARY PROGRAM

- Attend Church every Sunday. The songs you will sing in the program are the songs you sing in Primary!
- Family home evening is a great place to practice saying your part or singing. You can invite your family to sing along with you.
- Practice smiling in the mirror. Then you can see what everyone else will see.
- Pray for help. You can ask Heavenly Father to help you learn the songs and your speaking part. You can even ask Him to help you not be nervous.
- Draw a picture about one of the songs in the program. Thinking about your picture can help you remember what to sing.



## Family Fun

This family is having fun playing together. See if you can find in this picture an eagle, frog, hammer, parrot, red shoe, rooster, rubber ducky, scooter, scriptures, skunk, sunflower, toy truck, tricycle, wagon, and wrench.



**“You are never lost  
when you can see  
the temple.”**

—Elder Gary E. Stevenson of the Seventy



# Bulletin Board

## Conference Time

Here's a way to learn who the General Authorities are as you hear them speak in general conference. The Brandt family from South Jordan, Utah, takes the General Authority chart out of a conference issue of the *Ensign* (May and November) and posts it next to their TV. When a General Authority gets up to speak, the children hurry to the chart to see who can find his picture first. If you watch conference from a meetinghouse, you can take the chart with you and quietly point to or circle the correct picture. By the end of conference, you will know many of our Church leaders!



### Journal Junction

This month, write about a hobby or talent you have. How did you learn it? Do you take lessons? Is it something you do alone or with others? Write about why you like doing it.



I like listening to the prophet during general conference.



## Crispy Chips

3 medium red potatoes, scrubbed; 1/4 cup olive oil; salt; spices of your choice, such as cumin, garlic powder, curry powder, or chili powder

1. **With an adult's help, slice the potatoes thinly. Brush the slices with the olive oil on both sides, and sprinkle both sides with the salt and spices.**
2. **Put three paper towels on a microwave-safe plate. Lay the potato slices on top of the paper towels. Do not overlap the slices.**

3. **Microwave for 3 minutes. Turn the slices over, and microwave for another 2-3 minutes until the chips are dry and crispy. Repeat until all the potato slices have turned into tasty homemade chips. Note: To bake the**

**chips in an oven, spread the slices on a greased baking sheet. Bake at 450°F (232°C) for 30-35 minutes until crisp. Flip slices 2 or 3 times during baking.**



# Setting Goals

**Aiden N.**, age 10,

Nevada, set a goal to say his prayers every night. He said, "When I pray I thank Heavenly

Father for things He has done for us.

When I pray I feel the Spirit and it makes me really happy. I am thankful for Heavenly Father, Jesus, and the Holy Ghost. I believe everyone should pray. It's worth it."

**Have you been working on a goal this year? Remember that you can pray to Heavenly Father and ask Him to help you reach your goal.**



"I would suggest that if you want to have success in the goal-setting process, you learn to write your goals down. I would even put them in a prominent place—on your mirror or on the refrigerator door."

—Elder M. Russell Ballard of the Quorum of the Twelve Apostles, "Go for It!" *New Era*, Mar. 2004, 4.



# Jesus Teaches How to Treat Others



## SAMARITANS

The people of Samaria lived in an area west of the Jordan River. They had a heritage that was partly Jewish. The Samaritans worshipped Jehovah, but they had changed some of the commandments. The Jews thought they were better than the Samaritans.

By Diane L. Mangum

**T**he Jews and the Samaritans did not get along with each other. The Jews did not like the people who lived in Samaria. They thought they were better than the **Samaritans** and tried not to travel in their land. If they saw Samaritans, they would not talk to them.

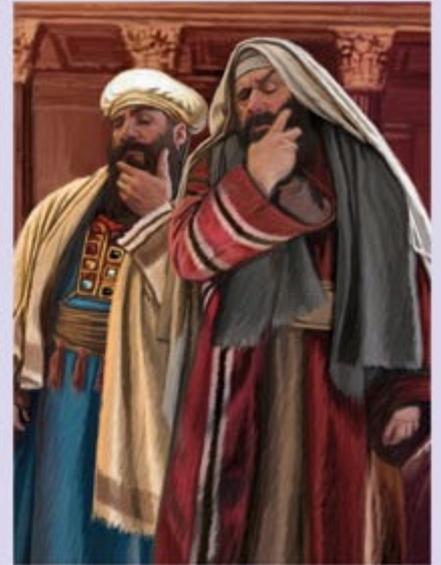
But Jesus taught that you should treat people just as you would like them to treat you. Could that mean treating people kindly even if you didn't know them or if they were Samaritans?

Jesus said people should love their neighbors. But was a neighbor only someone who lived nearby or someone who was like you? Jesus told a story to help

the people understand how they should treat others.

In the story a Jewish man was traveling on the road from Jerusalem to Jericho. It was a dangerous road that climbed through steep hills. Thieves would often hide behind big rocks and then try to stop and rob travelers.

The thieves attacked the man and hurt him badly. They took his clothes and left him by the side of the road to die.



## PRIESTS AND LEVITES

Priests and Levites were Jewish men who served in the temple. They were supposed to be righteous and set good examples for others.

A **priest** traveling on the road saw the wounded man. But he hurried to the other side of the road and went on his way.

Next, a **Levite** man came by and saw the injured man. He too crossed to the other side and hurried by, not stopping to help.

Last, a man from Samaria came by. When he saw the Jewish man who had been attacked, he felt compassion and stopped to help.

The Samaritan washed and

bound up the man's wounds and took him to an inn, where he could rest and get food. The Samaritan paid the host money to care for the wounded man until the man was well.

The Samaritan showed the wounded man kindness and mercy. He treated him like a neighbor.

Jesus wants us to treat others as the good Samaritan did. ♦

*From Luke 10:25–37.*

## GOLDEN RULE

Jesus's teaching to do unto others as you would have them do unto you is called the Golden Rule. When we follow this rule, we are happy and help others to be happy too.





A Missionary Named Wilford: Part Two

# Among Strangers

By Christine Graham

(Based on an early mission of Wilford Woodruff)

In Part 1, Wilford Woodruff and his companion set out to cross Missouri, heading for Tennessee. Few people were willing to give them food or lodging, and there were wild animals. After walking all day and into the night, they found themselves in dark woods surrounded by wolves.

There's dry wood here," Henry said. "Let's build a fire to frighten the wolves away."

Henry and Wilford quickly built a roaring bonfire, and the wolves retreated.

The missionaries had walked nearly 60 miles that day, so they lay down by the fire and tried to sleep. The night grew quiet. It began to rain. A yip, yip, yip sounded through the trees.

"That's a dog!" Wilford said.

"It's a wolf," Henry said. "Go back to sleep."

The night grew quiet again. Then a bell tinkled.

"That's a cowbell!" Wilford said.

"Let's investigate," Henry said.

Each man lit the end of a thick stick in the fire to light his way and scare off wolves. Soon they found a small



cabin with a tattered blanket for a door. The missionaries looked inside. A woman, some children, and several puppies slept on a bed in the corner. A man slept on the floor with his bare feet by the fire.

“Hello,” Wilford whispered, but the man snored on.

Wilford stepped inside and put his hand on the man’s shoulder. Suddenly the man jumped up and ran around and around the room.

“Calm down!” Henry said. “We are friends.”

The man sat on the floor, panting. “I shot a panther yesterday, and I thought you were its mate come to kill me,” he explained.

“No,” Wilford said. “We are missionaries who need a place to sleep and a bit of breakfast.”

“You can sleep on the floor, but unless I shoot something, none of us will have a bite to eat,” the man said.

“We’re grateful for the roof and the fire,” Wilford

and Henry said as they lay down with their tired feet toward the warm coals.

In the morning the two hungry missionaries walked 12 miles in the rain before they came to a house. Wilford knocked on the door, and a man answered. The smell of bacon and eggs floated from the open door.

“We are missionaries traveling without purse or scrip. Could we have something to eat?” Henry asked.

“You Mormons are nothing but trouble,” the man said. “But I’m from Missouri, and we never turn away a stranger—even the likes of you. Sit down and grab a plate.”

Wilford and Henry sat down at the table and filled their plates with bacon and eggs. While they ate, the man swore and said terrible things about Mormons. Wilford and Henry ate until their stomachs were filled. Then they stood up, took their hats, and bade the man good-bye while he was still swearing.

“I trust the Lord will reward him for our breakfast,” Wilford said to Henry as they started off again.

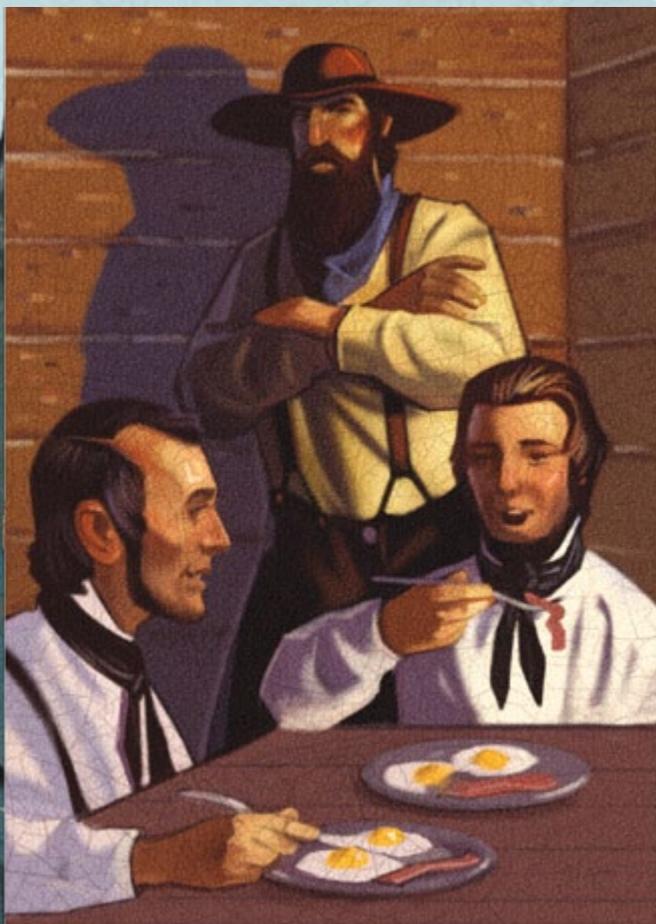
The missionaries were in a hurry to get to Tennessee, but on the way they stayed a while with members in Arkansas. Wilford’s knee was hurting, and their shoes were wearing out. Walking was slow.

“I wish we could float down the river,” Wilford said. He rubbed his knee and looked sadly at the Arkansas River.

“It’s too shallow for boats, and a raft is too risky,”

Henry said. ♦

*(To be continued next month.)*



ILLUSTRATIONS BY JIM MADSEN

**“We as faithful Saints have been strengthened by adversity and are the recipients of the Lord’s tender mercies.”<sup>1</sup>**

Elder David A. Bednar of the Quorum of the Twelve Apostles



# Ellen Joy and Hannah G. of Durham, North Carolina

By Thira Christianson

Ellen Joy and Hannah G. have never gone out for ice cream or pizza with their family. Some people might think they are missing out. But Ellen Joy, 9, and Hannah, 6, who have severe food allergies, find many other great things to do with their family and friends.



*Making yummy gluten-free cookies (there's no wheat in the recipe).*

Hannah is allergic to milk, soy, egg, peanuts, tree nuts, and wheat. Ellen Joy is allergic to milk.

The girls both participate in research studies at Duke Medical Center in Durham, North Carolina. These studies are helping doctors find ways to help other people with their food allergies. When Hannah was five she chose to be a part of an egg allergy study. She told her mom, "I want to do this study to help others with food allergies even if it does not help me!" Ellen Joy started participating a month later in a milk allergy study.

## Family Support

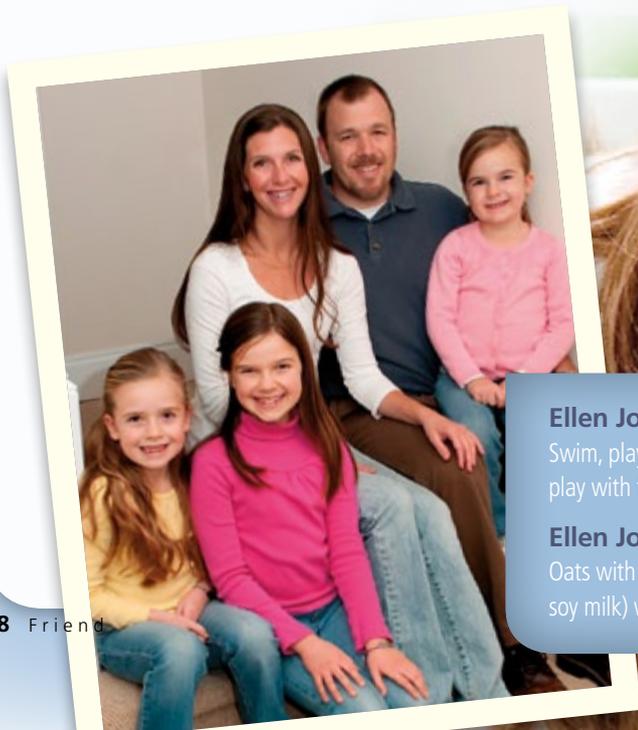
The girls' family has made sure that they all know how to use emergency medications for when an allergic reaction might occur. Even their younger sister, Mia, knows how!

Mia knows a lot about their allergies and is very careful to help her sisters.



*Some people with allergies use an EpiPen® in case of a dangerous allergic reaction.*

# Accepting



### Ellen Joy likes to . . .

Swim, play soccer, embroider, play outside, ride horses, play with family and friends, read, and draw

### Ellen Joy's favorite foods

Oats with raspberry soy yogurt, pancakes (made with soy milk) with fruit, and homemade minestrone soup

When Ellen Joy offers to get her little sister a drink, Mia will say, "Please don't touch that, Ellen Joy! I have been eating cheese crackers, and cheese is on my cup."

Their parents make sure they provide meals that are free of allergens. "For sacrament my mom brings rice cake, which I have instead of bread," Hannah says.



# Allergies



## Allergy Tips

- ▶ Have courage to stand up for your own health. Speak up if you feel a reaction coming on!
- ▶ Don't be afraid of being different. Make your allergy a part of your life and be grateful to be you!

## Guidance from the Holy Ghost

Hannah and Ellen Joy trust that the Holy Ghost can guide them. Hannah said, "The Holy Ghost can help me anywhere! I have to wash my hands a lot and be careful and listen to the Holy Ghost to help me."

When Ellen Joy was five, she wanted to eat her friend's chicken nuggets. But she got a feeling that she shouldn't, so she ate her own lunch. She found out later the chicken nuggets had milk in them and could have made her sick.

## People Who Are Aware

Ellen Joy and Hannah feel it is important to teach their friends how to be aware of allergies. Ellen Joy is currently working on a presentation to teach the girls at activity days more about food allergies. When Hannah's friends want to hold her hands when playing, she first asks them if they have washed their hands. If they haven't, they hurry to wash them before touching her.

When people ask Hannah and Ellen Joy for a list of things they can't eat, the girls usually give them a list of things they *can* and *do* eat. Their list is long, healthy, and yummy! ♦



Ellen Joy and Hannah wear bracelets that say what their allergies are.

### Hannah likes to . . .

Swim, ride horses, enjoy nature, dance, read, draw, play outside, read and write stories, and watch bunnies outside

### Hannah's favorite foods

Homemade popcorn, smoothies, and pasta with Mom's homemade sauce



# The Dinner Game

By Rene Riding

(Based on a true story)

*Breaking bread from house to house, [they] did eat their meat with gladness and singleness of heart (Acts 2:46).*

**T**he spicy scent of spaghetti sauce wafted through the air as Joseph and his family sat down for Sunday dinner. Dad said the prayer, and the food started its way around the table.

“Let’s play Movie Quotes!” Joseph declared.

Movie Quotes was his favorite game to play around the dinner table. His mom, dad, and two sisters, Jill and Julia, enjoyed the game too. One person would quote from a movie the family had seen. Then everyone else would try to be the first one to guess which movie the quote was from.

“Perhaps we should play a different game,” Mom said. “Since it’s Sunday, maybe we should play Scripture Quotes.”

“What’s that?” Joseph asked.

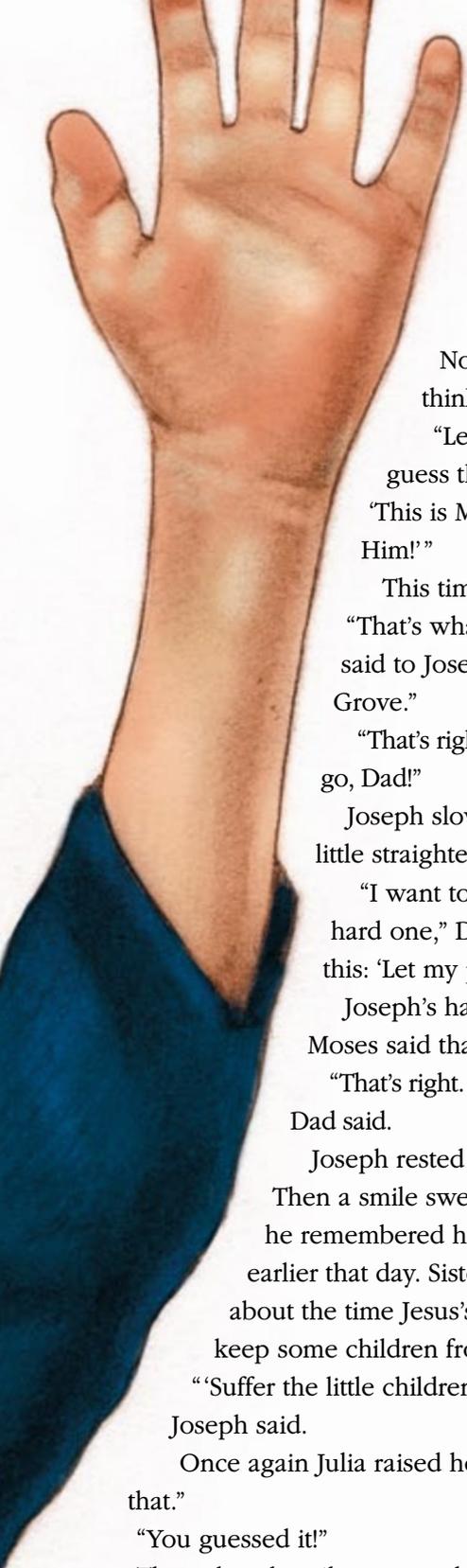
“I’ll think of a quote from the scriptures, and all of you try to guess who said it,” Mom said.

“That sounds boring,” Joseph said. “Besides, I don’t know any quotes from the scriptures.”

“I’ll go first!” Jill said. “I will go and do the things which the Lord hath commanded.”

Julia’s hand shot up. “Nephi said that!”





“You guessed it, Julia. Now it’s your turn to think of one,” Jill said.

“Let me see. . . . All right, guess this one if you can: ‘This is My Beloved Son. Hear Him!’”

This time Dad raised his hand. “That’s what Heavenly Father said to Joseph Smith in the Sacred Grove.”

“That’s right,” Julia said. “Way to go, Dad!”

Joseph slowly began to sit up a little straighter in his chair.

“I want to come up with a really hard one,” Dad said. “How about this: ‘Let my people go.’”

Joseph’s hand popped up. “Hey, Moses said that. That was easy.”

“That’s right. Now you think of one,” Dad said.

Joseph rested his chin on his hand. Then a smile swept across his face as he remembered his Primary lesson from earlier that day. Sister Morris had talked about the time Jesus’s disciples had tried to keep some children from approaching Him.

“Suffer the little children to come unto me,” Joseph said.

Once again Julia raised her hand. “Jesus said that.”

“You guessed it!”

They played until everyone had finished dinner.

Later that night, as Mom tucked Joseph into bed, he said, “I guess that game wasn’t so bad after all.”

“You came up with a really good quote today,” Mom said.

## HOW TO PLAY SCRIPTURE QUOTES

Here are three different ways to play Scripture Quotes:

- Try playing as Joseph’s family did, naming the person who said the quote.
- Try guessing the book of scripture where the quote is found. For example, “I will go and do the things which the Lord hath commanded” is found in 1 Nephi.
- Name a book of scripture and then have others tell a quote or story from that book. For example, the book of Ether contains the story of the Jaredites crossing the ocean.



“Thanks. Can we play it again next Sunday?”

“I think that’s a great idea,” Mom said. She gave him a hug and a kiss and left his room.

Joseph snuggled into his covers, smiling. A new Sunday tradition had just begun. ♦

“Become acquainted with the lessons the scriptures teach. . . . Study them as though they were speaking to you, for such is the truth.”<sup>2</sup>

President Thomas S. Monson



# ARTICLE OF FAITH

9

**We believe all that God has revealed, all that He does now reveal, and we believe that He will yet reveal many great and important things pertaining to the Kingdom of God.**

**R**eveal means to tell or show something. Heavenly Father reveals important truths to His prophets on the earth. Some of the truths He reveals are laws that we need to follow to help us be happy. Prophets who lived long ago wrote down the things that God revealed. These records are our scriptures. Today we have a living prophet—President Thomas S. Monson.

**1. God can reveal things that happened in the past.**

God revealed to Moses how the earth was created. On another paper, draw something that was created.



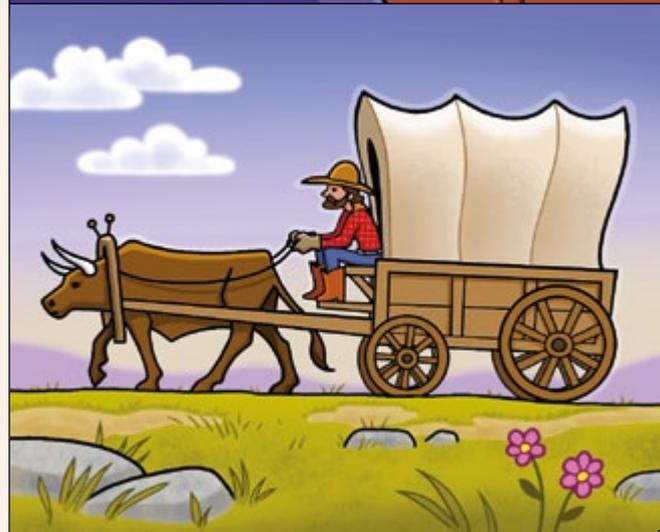
**2. God can reveal things that are happening right now.**

Listen to the prophet at general conference to know what God is revealing now. On another paper, draw a picture of the prophet.



**3. God can reveal things that will happen in the future.**

God revealed to the Prophet Joseph Smith that the pioneers would travel west. On another paper, draw something that you would like to do in the future.



# ARTICLE OF FAITH

# 10

**We believe in the literal gathering of Israel and in the restoration of the Ten Tribes; that Zion (the New Jerusalem) will be built upon the American continent; that Christ will reign personally upon the earth; and, that the earth will be renewed and receive its paradisiacal glory.**

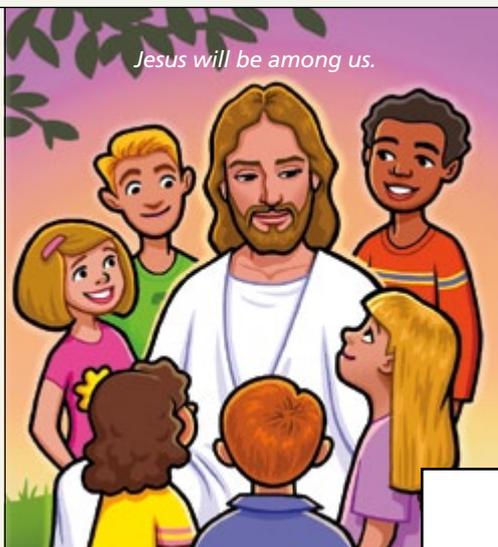
**A** tribe is a big family of people. The Ten Tribes are families who descended from Jacob in the Old Testament, who was also called Israel. Missionaries go all over the world to help teach people about the gospel of Jesus Christ. When people accept the gospel, they are gathered into Jesus Christ's Church.

Jesus will come to live with us again and be our King. He will bring peace to the earth, and the earth will be more beautiful than it is now. This will be the beginning of a period of time called the Millennium.

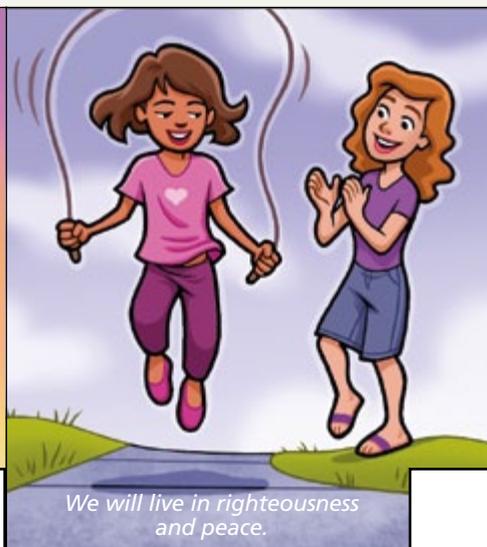
**Draw a happy face in the box next to each picture that shows something you will like about the Millennium.**



Play Articles of Faith  
Memory Quest at  
[lds.org/friend!](http://lds.org/friend!)



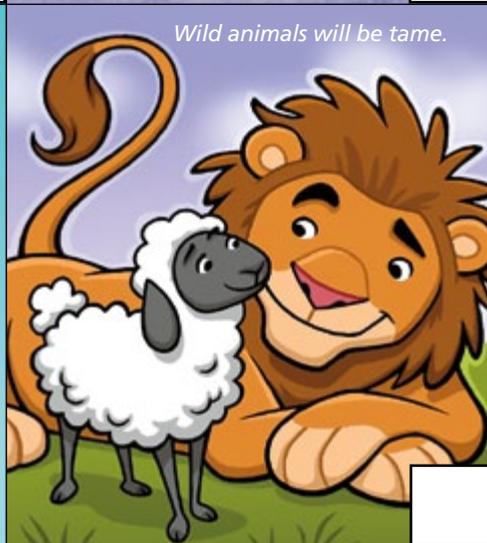
*Jesus will be among us.*



*We will live in righteousness and peace.*



*There will be no pain or sorrow.*



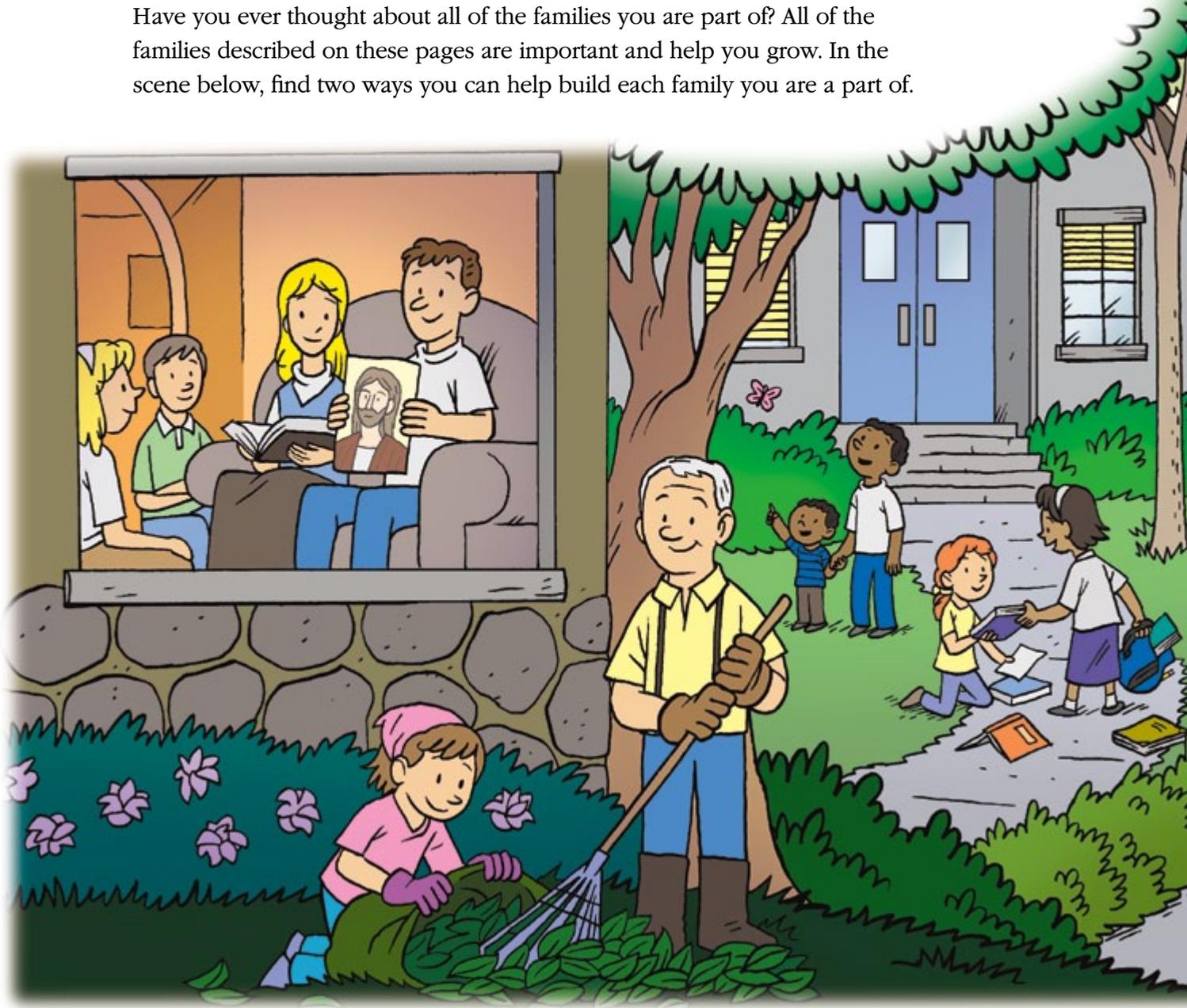
*Wild animals will be tame.*



*We will teach others about the gospel.*

# Be a Family Builder

Have you ever thought about all of the families you are part of? All of the families described on these pages are important and help you grow. In the scene below, find two ways you can help build each family you are a part of.



## HEAVENLY FATHER'S FAMILY

You have perfect, immortal heavenly parents who love you perfectly and know everything that goes on in your life. You will always belong to this family, and so will all of Heavenly Father's other spirit children. This means that every person on earth is your spirit brother or sister.

## YOUR FAMILY

These are the people you know best—mother, father, brothers, and sisters. Heavenly Father put you in a family so you would have people to love you, teach you, and help you grow.

## YOUR EXTENDED FAMILY

Grandparents, cousins, aunts, and uncles are all part of your extended family. This gives you even more people to love!





**YOUR FUTURE FAMILY**

The person you will one day marry and the children you will have will be part of this very important family. Plan to be sealed in the temple and live the gospel in your home so your family can be together forever.

**YOUR CHURCH FAMILY**

The members of your ward or branch are like family members who care about and try to help each other. Members of the Church call each other "Brother" and "Sister" because they have been baptized into Jesus Christ's gospel. All the members of the Church around the world are one great family!



## OLD TESTAMENT WHO AM I?

By Annie Beer

**1.** God sent plagues to the stubborn Pharaoh,  
Who wouldn't let my people go.  
The Israelites then followed me  
As God helped me part the Red Sea.  
Who am I?



**2.** I filled the ark two by two  
As God commanded me to do.  
Rain fell down to flood the earth;  
A dove brought hope of a rebirth.  
Who am I?



**3.** My brothers sold me as a slave,  
But soon all Egypt I would save.  
Because I knew Pharaoh dreamed of famine,  
I saved food before the land was barren.  
Who am I?

**4.** I was the first mother of mankind;  
The Garden of Eden I left behind.  
I ate the fruit; it was God's plan  
For the eternal salvation of man.  
Who am I?

*Find the answers on page 48.*

## RUN, JUMP, PLAY!

### Towel Ball

#### What you need:

Towel or pillowcase  
Ball

#### How to play:

1. Spread the towel so it is flat on the ground.  
Each player should grab two corners.
2. Place a ball in the center of the towel.
3. Step away from each other until the towel is tight.
4. Count to three. When you reach three, quickly pull the towel upward, sending the ball into the air.
5. Work as a team to catch the ball in the towel.
6. See how many times you can catch the ball without dropping it. Once you set a record, see if you can beat it.

You also can play against other pairs of children to see who can toss the ball the most times without letting it hit the ground.





From an interview with Elder Carlos A. Godoy of the Seventy; by Jacob Fullmer

# Happy in the Gospel



*We will glory in the Lord; yea, we will rejoice, for our joy is full* (Alma 26:16).

When I was 14, my school was across from a Latter-day Saint chapel. I watched men in white shirts going in and out of that big building. I wondered what they were doing inside.

One day my friends and I wanted to play soccer, but there was no more room on our school grounds. Someone said, “Let’s play at the church. They have a nice place outside to play.” That was my first contact

with the Church—outside the building.

Two years later one of my brother’s friends invited my sister to go to the LDS Church, and I went along with her. I was excited to finally find out what they were doing inside that church.

When we got there, we saw some members playing a simple game. They looked so happy, and that got my attention. **“Why are they so happy?”** I wondered.

I found out when I took the missionary discussions and was baptized. Happiness comes from inside. My conversion changed my life, the life of my children, and generations ahead and behind.

Whatever you do outside the teachings of the Church will not bring you happiness. Maybe it will bring you a laugh or a small moment of excitement, but real happiness is within the gospel.

Even if your friends sometimes make fun of you, they will admire you for standing by your principles.

Your parents love you. Whatever they ask you to do is not because they are being hard on you; it is because they want to protect you.

Always be grateful for your parents and for the gospel and the happiness it brings into your life. ♦



## prepare and pray

By Angela Rains Smith  
(Based on a true story)

*If ye are prepared ye shall not fear* (D&C 38:30).

Michelle sat at her desk and tied the knot in her beaded necklace. After an hour of working, she had finished her gift for Mom. She went to find Mom, ignoring the 100 subtraction problems on her desk.

Mom was in the kitchen making dinner. “Mom, look what I made for you,” Michelle exclaimed as she handed her the necklace.

Mom looked at the necklace. “Thank you. It’s beautiful, Michelle,” Mom said. “I can tell you’ve put a lot of time into designing such a pretty pattern, but what were you supposed to be doing?”

Michelle remembered the math problems on her desk. Tomorrow was her 100-facts test for subtraction, and Mom wanted her to practice. But Michelle had taken a 100-facts test in class every week, and she wasn’t getting much better.

“My homework,” she said, “but I’m not very good at subtraction. How am I supposed to be able to do 100 problems in just five minutes?”

“Would you like me to help you?” Mom asked. Michelle nodded.

“Then we’ll practice your math problems after dinner.”

After dinner, Mom held the timer while Michelle practiced. Michelle was worried. Having Mom time the 100 facts helped Michelle focus, but Mom couldn’t help her during class.

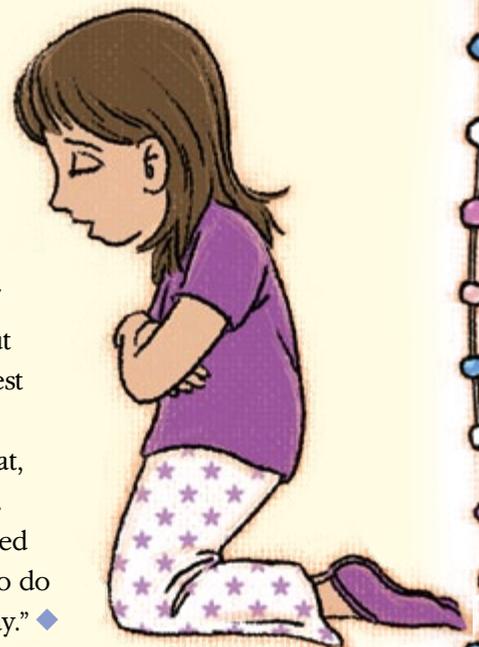
“Don’t worry,” Mom said after Michelle had worked for five minutes. “The scriptures say that ‘if ye are prepared ye shall not fear.’ If you’re ready to work and to pray for Heavenly Father’s help, you’ll see great improvements on your math tests.”

Every night during the next few weeks, Mom and Dad helped Michelle by timing her while she worked on a practice sheet. And every night Michelle remembered to ask for help in her nightly prayers.

At the end of the school term, Michelle and her parents reviewed her weekly test scores. Two months ago Michelle was only completing 30 out of the 100 problems, but on her most recent test she got 83 right!

“You’re doing great, Michelle,” Mom said.

“Yippee!” exclaimed Michelle. “All I had to do was prepare and pray.” ♦





# Multiple-Choice Snacks

Drop your backpack, wash your hands, and have fun creating an after-school snack. Cut out the food circle and the spinner, and glue them to heavy paper or cardboard. Place the circle on top of an old magazine or newspaper, and then use a push pin or thumbtack to

attach the spinner to the center of the food circle. Spin first to choose the type of bread (inner circle), then spin to choose the spread (middle circle), then spin a third time to choose the topping (outer circle). There are 108 possible combinations!

Remember to ask an adult for help when you make a Kitchen Crafts recipe!





# Trying to Be Like Jesus

## Serving Others



**O**ur family theme for the year is "Love Like Jesus." We are having family home evening lessons and

learning stories about how Jesus Christ loved others. My favorite story is when He suffered in the Garden of Gethsemane for me. I know He suffered for our sins because He loves us so much. This year at school I am going to try to be like Jesus by serving my friends. If they need help I will help them, just like Jesus helped others.

**Van C., age 4, North Carolina**



## Saturday Ballet

**W**hen their ballet recital was scheduled for a Sunday, these friends chose not to perform. With their teacher's permission, they invited their families and friends to their dress rehearsal on Saturday and made

that their special ballet performance. The girls are good examples to their friends in keeping the Sabbath day holy.

**Madeline B., Sharlee Kay B., Linden H., Leah H., Grace E., Clarissa A., and Alyse B., ages 5, 3, 4, 4, 5, 5, and 3, Oklahoma**



## Kind Invitation



**T**here is a boy in my class who acts mean. He kicks classmates, and he stole a toy from my backpack. When my birthday came, I decided to invite everyone in my class, except for that boy. But as soon as I had that thought, I knew

that it is not what Jesus would have done. I invited the boy to my party, and he was excited when I handed him an invitation. It felt good to be nice to someone, even if he is not always nice to me. I think this is what Jesus would want me to do.

**Stone B., age 6, Arizona**

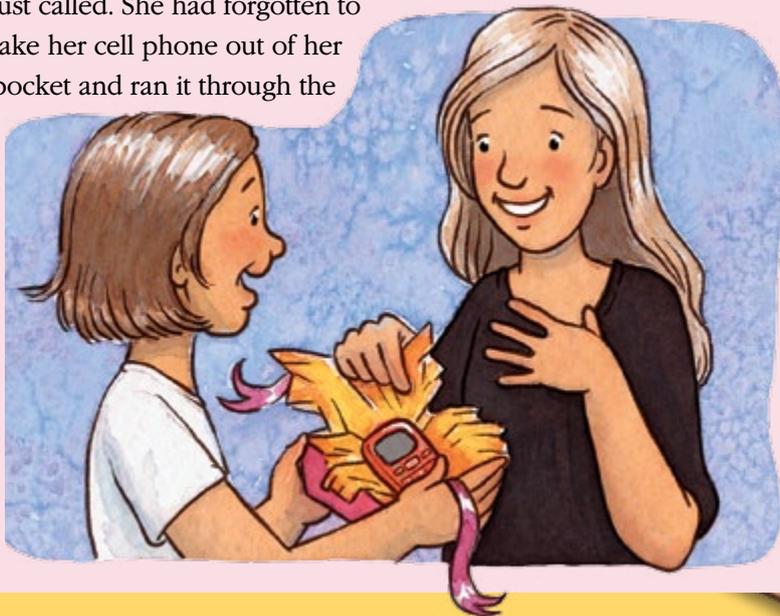
## Surprise for a Sister



**M**y brother gave me his old cell phone. It was red and shiny. A few days later my mom said that my sister who was going to college had just called. She had forgotten to take her cell phone out of her pocket and ran it through the

wash. It wasn't working, and she couldn't afford a new one. I wrapped up my cell phone and we went to see her. I will never forget her face when she opened it. I know Heavenly Father was happy with me because of the good feeling I had inside.

**Liahona H., age 11, Utah**



## Brave and Kind



**M**y mom took my little brother and me to a fun water park. While we were playing, a boy kept throwing a ball at my brother and me. We tried to ignore him, but he wouldn't stop throwing the ball at us. We played somewhere else, but he found us. I decided that I would try to make him stop. I found the boy, said hi, and stuck out my hand. "Peace?" I asked. The boy looked a little shocked and shook my hand. He said "Peace" back to me. He did not bother us anymore. I felt good that I made the decision to be brave and to be kind to the boy, just like I imagined Jesus would have done.

**Preston S., age 10, Colorado**



Tell us how you're trying to be like Jesus. Turn to page 48 to find out how to send us a letter.

## OK to Be Different



**M**y family went to breakfast for my dad's birthday. When the server asked us if we would like coffee, I said, "No, thank you.

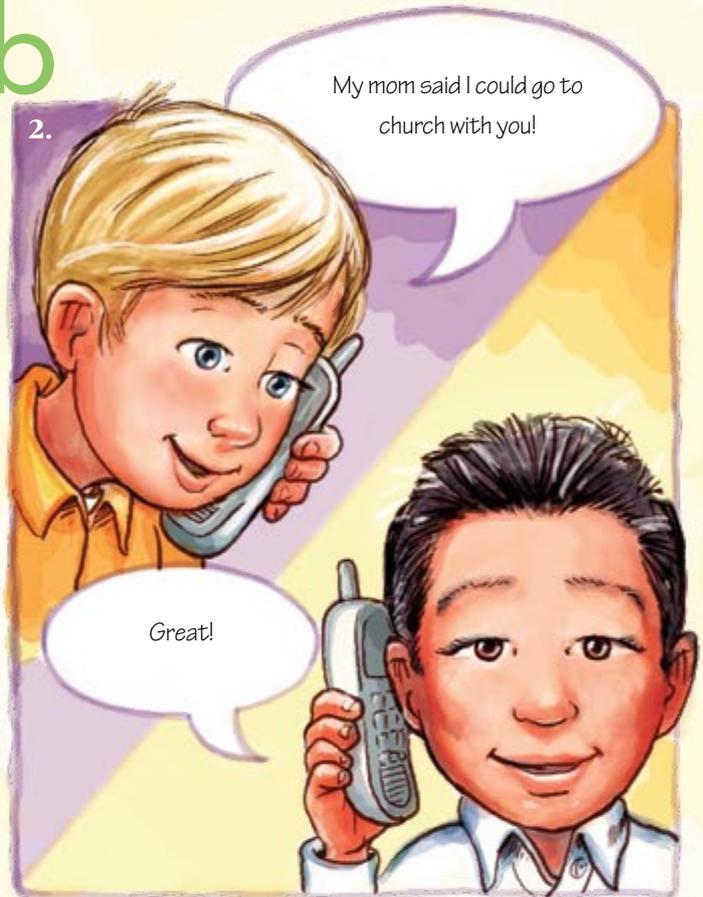
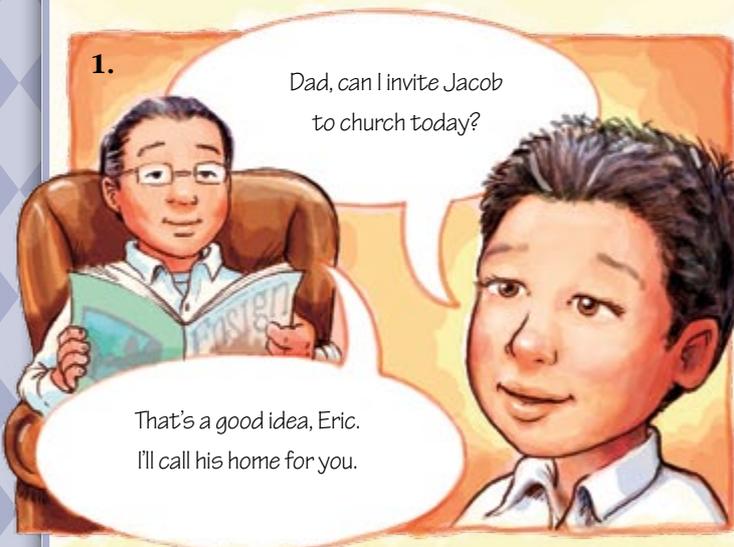
We don't drink coffee." The server looked surprised. It felt good to stand up for what I believe in, even if it makes me different from other people and kids at school.

**Caroline R., age 5, Florida**

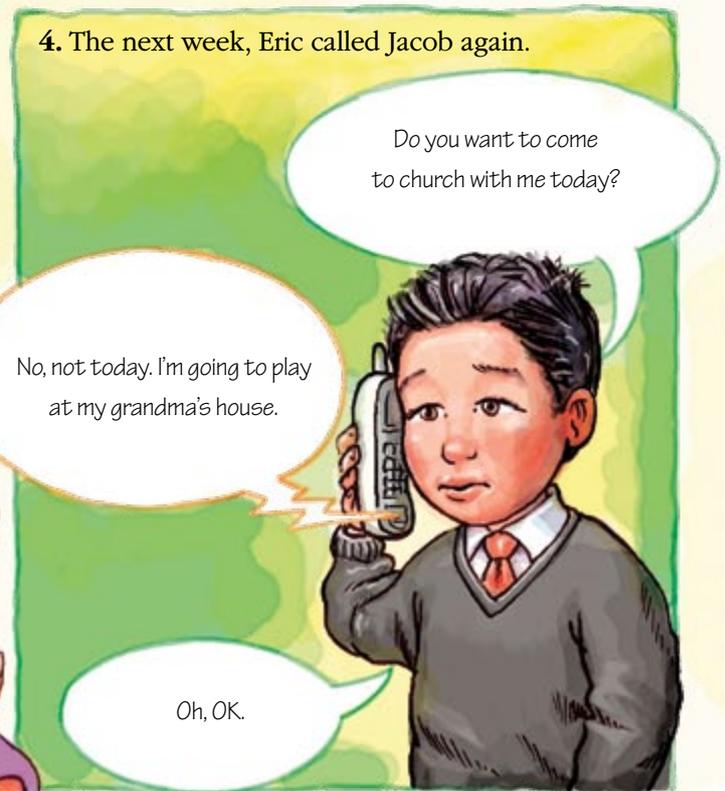
# Inviting Jacob

By Chad E. Phares  
(Based on a true story)

*Therefore, if ye have desires to serve God  
ye are called to the work (D&C 4:3).*



3. Eric and Jacob had a good time at church. They learned about prayer and sang songs during sharing time. Eric was glad he invited Jacob.



5.



Are we picking up Jacob today?

No, he said he didn't want to come today.

How does that make you feel?

A little sad.

6.

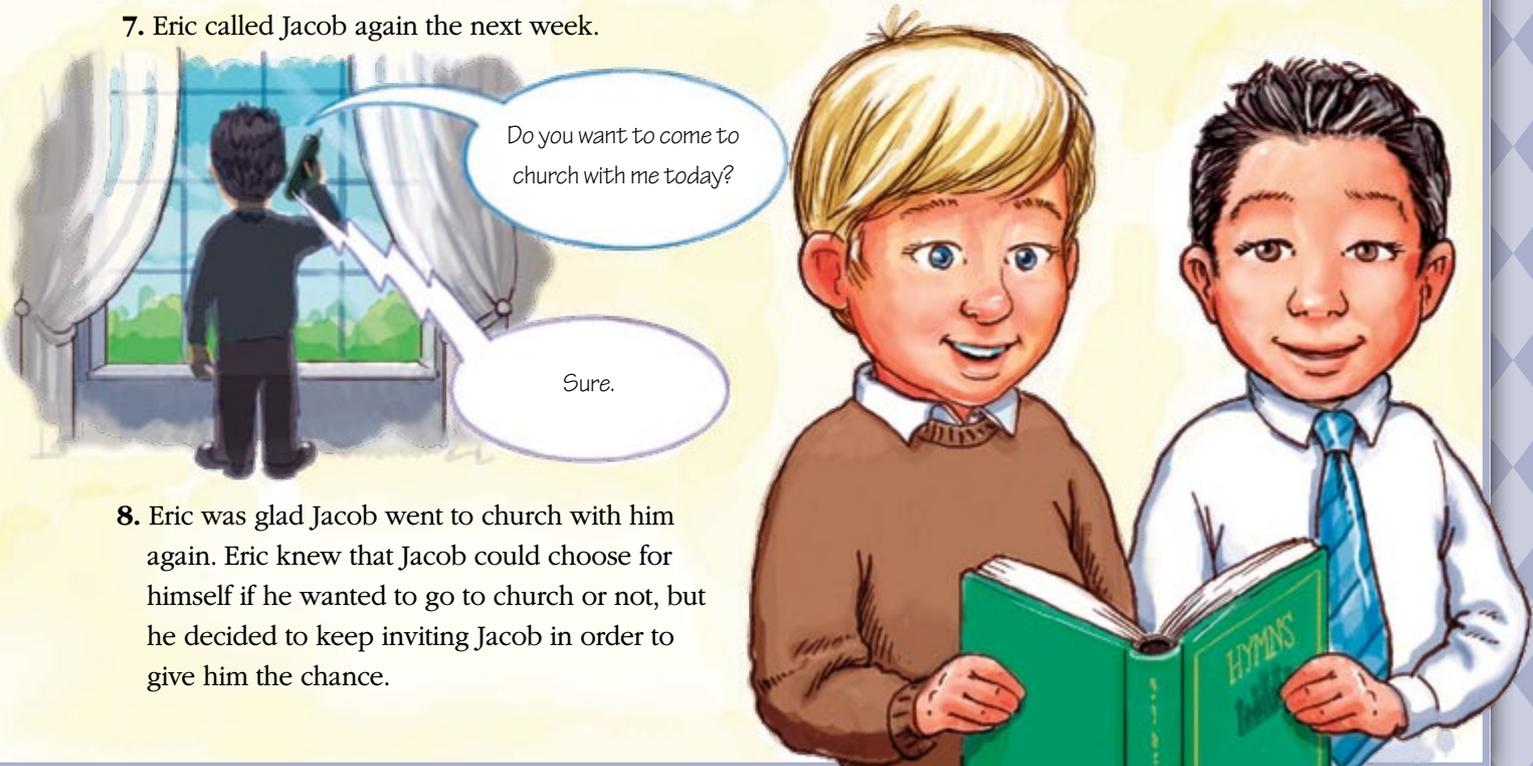


I'm sorry you're sad. Remember that Heavenly Father lets us all choose for ourselves. Maybe you can invite Jacob another time.

Dad, can I invite him next week?

You sure can. You are a good friend.

7. Eric called Jacob again the next week.



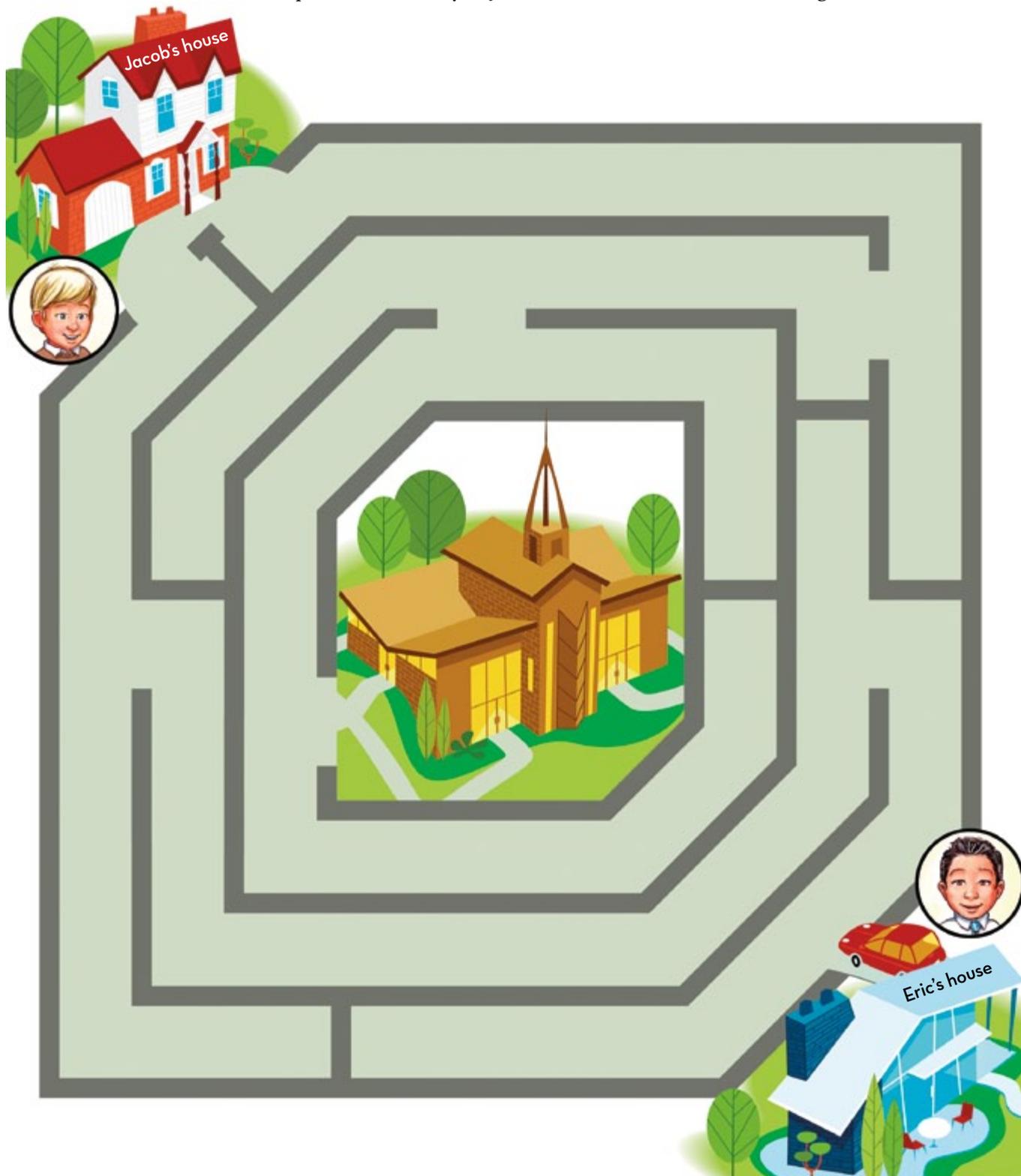
Do you want to come to church with me today?

Sure.

8. Eric was glad Jacob went to church with him again. Eric knew that Jacob could choose for himself if he wanted to go to church or not, but he decided to keep inviting Jacob in order to give him the chance.

# Going to Church

Eric and his family are going to pick up Jacob and take him to church with them.  
Help Eric find the way to Jacob's house and then to the meetinghouse.



# Making a New Friend

By Val Chadwick Bagley



The boy in this picture is inviting another boy to play with him and his friends. See if you can find these items in this picture: adhesive bandage, banana, clock, comb, cracked egg, crayon, cup, envelope, fish, fishing pole, ladder, ladybug, paintbrush, pitchfork, tennis racket, watch, and worm.



By Christina Heimdal

(Based on a true story)

*When there is a task to do, do it with a smile (Children's Songbook, 167).*

**M**y number-one requirement for a great Saturday is sleeping in. Number two is spending some time playing video games. Then there's hanging out with my younger brother, Nathan. A Saturday cannot be great unless we get to play intergalactic heroes together.

But last Saturday I had to get up early for a church service activity. We met at the local food bank at 8:00 a.m. to fill bags with food for senior citizens. Nathan couldn't even come with us because he was too young.

I didn't see any way that Saturday was going to turn out well.

Mom could tell I wasn't happy, so she reminded me that when we serve other people, we also serve the Lord.

"I want to go home," I said. "I'm really tired."

Mom nodded. "You've been working really hard, but we need to finish what we came to do," she said.

I looked down but didn't say anything.

"Most of the older people who will eat this food only get a small amount of money each month," Mom explained. "When that runs out, they have to wait until the next month to buy more food. What you're doing will help them have enough to eat."

A warm feeling started to fill my body. I was doing something important. I was helping other people who were mothers or fathers or grandparents or friends. All of them were Heavenly Father's children.

## A GREAT SATURDAY (?)

"All right," I thought. "Heroes serve others. I'll try to have a good attitude."

As we walked into the big warehouse, I saw rows and rows of empty pallets. We had to fill brown paper bags with food and put them on the pallets.

"Put 20 bags on each pallet," a man told us. "Fill every pallet."

I was stunned. There had to be at least 80 pallets in the warehouse. That meant we had to fill more than 1,600 bags of groceries. This was going to take forever!

We started filling bags with food. I carried a case of applesauce from the back of the warehouse to the area where the pallets were. Then I put two cans of applesauce in each bag. When my case was empty, I went to get another case.

Then we moved on to beans, canned chicken, and mushroom soup.

Suddenly I noticed how tired I was. I went to get a drink and then sat down. We had been working for more than an hour, but we were only about halfway done.

Mom noticed me sitting down.

"Ryan, are you OK?"

Mom gave me a hug. "Why don't you rest for a minute and see how you feel?" I bowed my head and said a prayer. I asked Heavenly Father for the strength to be able to finish the job.

When I stood up, I knew that I could work some more. I added dried prunes to the bags. Luckily the prunes weren't very heavy.

When we were finished I stood back and saw hundreds of bags ready to go to people who needed them. I thought about my old requirements for a great Saturday. I hadn't slept in or played any video games, but I felt good about what I helped accomplish.

In a few months, Nathan will be old enough to help at the food bank. Maybe we can come back as a family. Then Nathan and I can pretend that we're heroes who have to bag food to save the day. That will be another great Saturday, just like this one! ♦

**"My heart rejoices as I observe the Saints all over the Church doing everything they can to provide Christlike service wherever there is a need."<sup>3</sup>**

Elder Quentin L. Cook of the Quorum of the Twelve Apostles



Would you like to send us a poem or drawing? Turn to page 48 to find out how.

**What Heavenly Father Created**

He created the sun,  
He created the stars,  
He created the moon,  
And each thing that is ours.

He created the creatures  
That walk on the earth;  
He created good parents  
That love us from birth.

He created the mountains,  
He created the sea,  
And best of all,  
He created me!

*Solveig H., age 11, Alaska*

**Happy**

It's a day for smiles,  
It's a day for fun.  
It's a day for play,  
It's a day for sun.  
You see the kids playing  
With beautiful smiles.  
You see the kids playing  
With little block tiles.  
Everyone's happy;  
It's time for cheer.  
Everyone plays with  
A little toy deer.  
They eat their tasty lunches,  
They take a bite of their crunchy cookies.  
Everyone takes lookies at these cookies.  
Since everyone is happy, no one is sad.  
It's time to go home,  
Now everyone is glad.

*Victoria H., age 8, California*

**Jesus and Heavenly Father**

Jesus is our Savior,  
Heavenly Father is our Father.  
They love us;  
They protect us;  
They give us our friends.  
They're nice.  
They made the world for us.  
They're grateful for the things we do that are good.  
I really love Them.

*Luke H., age 5, Utah*

**Because I'm Good**

I want to be like Jesus,  
'Cause Joseph Smith did too.  
Since I want to choose the right,  
Let's see how you can do!  
I want to be like Heavenly Father,  
'Cause He is good and true.  
He tells the truth and never lies,  
You can be like Him too!

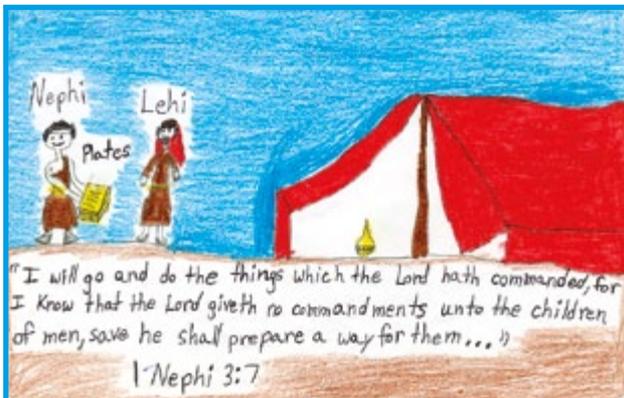
*Jadan R., age 9, Utah*



*Samuel G., age 8, Quebec, Canada*



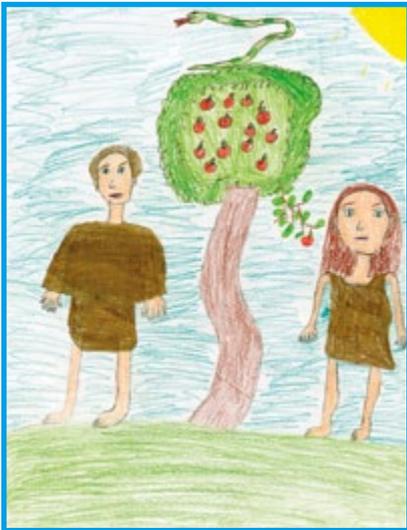
*Phoenicia L., age 7, Queensland, Australia*



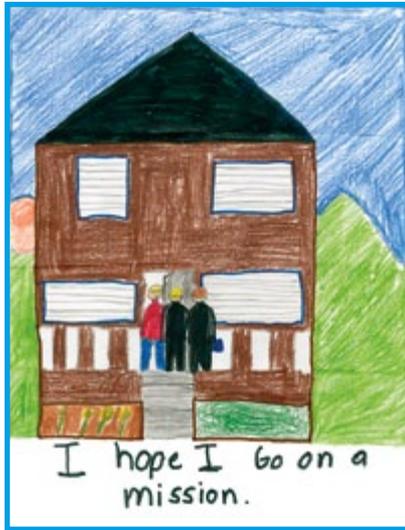
*Londyn P., age 11, Texas*



*Madison B., age 11, Utah*



Madeleine S., age 9, Virginia



Kade C., age 11, Utah



Nicholas E., age 11, Arkansas



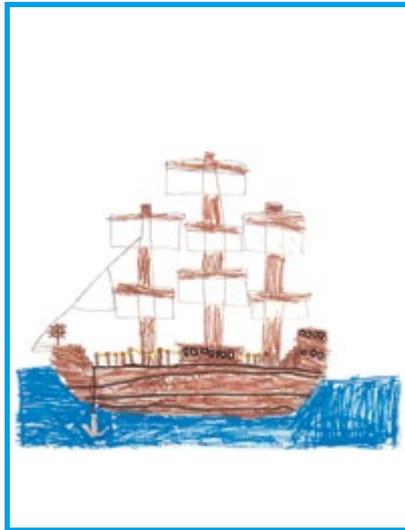
Nathan S., age 7, Arizona

Missionaries

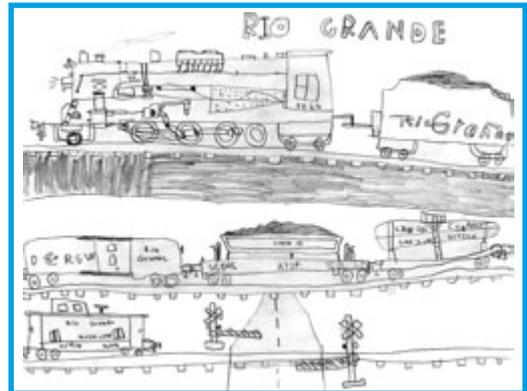


are "buzzy" spreading the gospel of God.

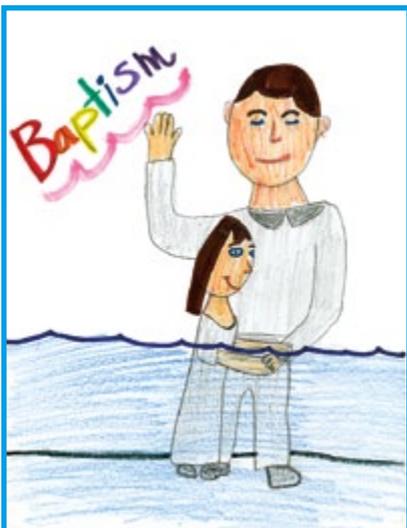
Kenlee C., age 10, Utah



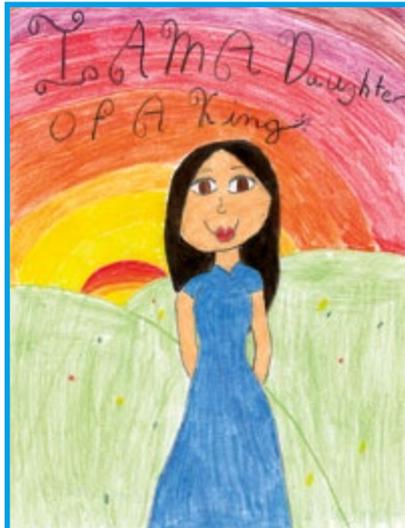
Mason W., age 6, Idaho



Alex Z., age 9, Iowa



Sophie C., age 10, Kansas



Hannah M., age 11, California

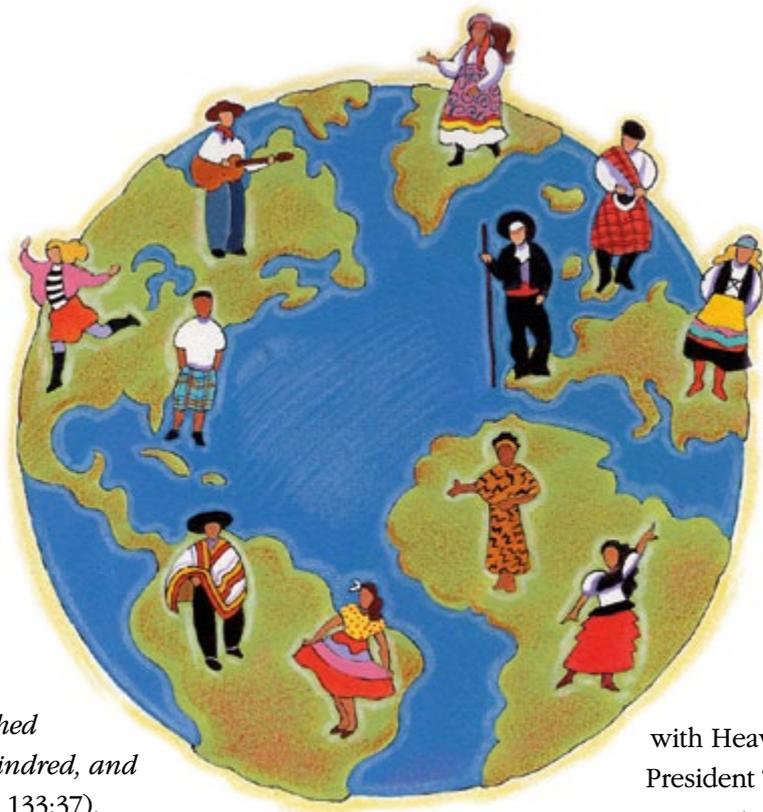
Always Pray



Carson G., age 7, Minnesota

You can use this lesson and activity to learn more about this month's Primary theme.

# The Gospel Will Be Preached **IN ALL THE WORLD**



By Ana Maria Coburn  
and Cristina Franco

*This gospel shall be preached unto every nation, and kindred, and tongue, and people (D&C 133:37).*

**H**ave you ever realized that very few people in the world have the blessings you have because you belong to Jesus Christ's true Church? Many people don't know they are Heavenly Father's children and that they can pray to Him and He will answer. They don't know about the blessings they can have because of the gospel. Heavenly Father wants us to share the gospel with everyone.

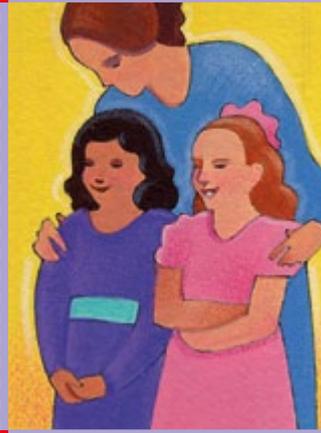
Because there are so many people who need to hear the gospel, missionaries are called to serve in different parts of the world. The missionaries teach people what they need to know and do to return to live

with Heavenly Father and Jesus. President Thomas S. Monson said you can prepare to be a missionary now, even when you are young. You can invite your friends to church, activities, or family home evening. The best ways you can be a missionary now are by showing love and being a good example for your friends.

## Activity

Mount page 41 on heavier paper and cut out the 16 cards. Place the cards facedown on a flat surface. Take turns turning two cards over at a time, trying to find the word card and picture card that match. As you play, think of things you can do to be a missionary now. ♦

**TAKE A  
FRIEND TO  
PRIMARY**



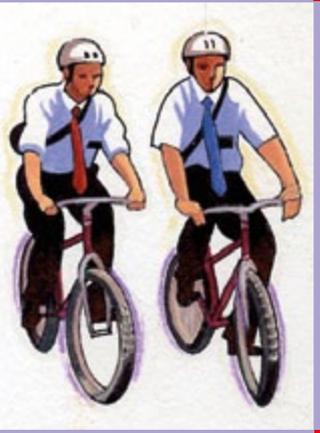
**CHOOSE  
THE RIGHT**



**"THIS  
GOSPEL  
SHALL BE  
PREACHED  
UNTO EVERY  
NATION."**



**ELDERS**



**SISTER  
MISSIONARIES**



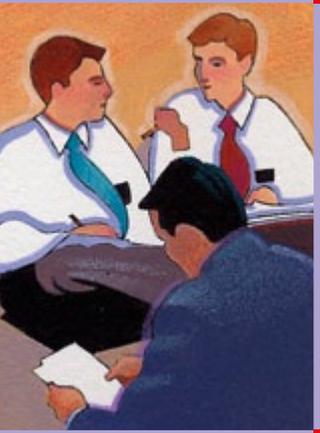
**BAPTISM**

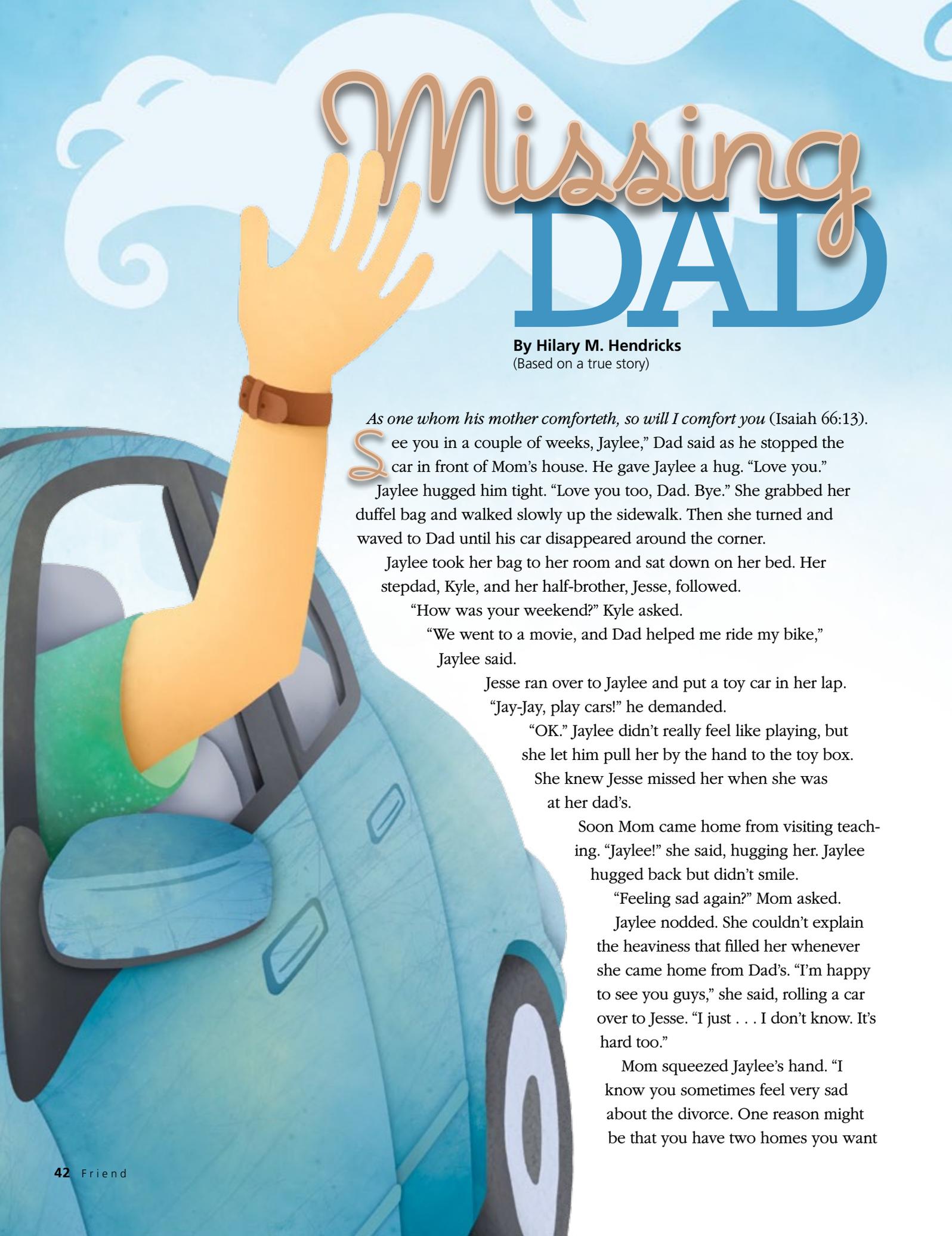


**SCRIPTURES**



**MISSIONARY  
TRAINING  
CENTER**



An illustration of a hand reaching up towards the title. The hand is yellow with a brown wristband. The background is light blue with white clouds. The title 'Missing DAD' is written in a large, stylized font. 'Missing' is in a brown, cursive-like font, and 'DAD' is in a blue, blocky font.

# Missing DAD

By Hilary M. Hendricks

(Based on a true story)

*As one whom his mother comforteth, so will I comfort you (Isaiah 66:13).*

See you in a couple of weeks, Jaylee,” Dad said as he stopped the car in front of Mom’s house. He gave Jaylee a hug. “Love you.”

Jaylee hugged him tight. “Love you too, Dad. Bye.” She grabbed her duffel bag and walked slowly up the sidewalk. Then she turned and waved to Dad until his car disappeared around the corner.

Jaylee took her bag to her room and sat down on her bed. Her stepdad, Kyle, and her half-brother, Jesse, followed.

“How was your weekend?” Kyle asked.

“We went to a movie, and Dad helped me ride my bike,” Jaylee said.

Jesse ran over to Jaylee and put a toy car in her lap.

“Jay-Jay, play cars!” he demanded.

“OK.” Jaylee didn’t really feel like playing, but she let him pull her by the hand to the toy box.

She knew Jesse missed her when she was at her dad’s.

Soon Mom came home from visiting teaching. “Jaylee!” she said, hugging her. Jaylee hugged back but didn’t smile.

“Feeling sad again?” Mom asked.

Jaylee nodded. She couldn’t explain the heaviness that filled her whenever she came home from Dad’s. “I’m happy to see you guys,” she said, rolling a car over to Jesse. “I just . . . I don’t know. It’s hard too.”

Mom squeezed Jaylee’s hand. “I know you sometimes feel very sad about the divorce. One reason might be that you have two homes you want



**“Just talk to your compassionate, understanding Father. You are His precious child whom He loves perfectly and wants to help.”<sup>4</sup>**

Elder Richard G. Scott of the Quorum of the Twelve Apostles



“I get it,” Jaylee exclaimed. “It’s like he’s *in my heart!*”  
“And you are in his heart too,” Mom said, fastening the locket around Jaylee’s neck.

That night as Jaylee knelt to pray, she held the locket open in one hand. She thanked Heavenly Father for her mom and her dad. Then she thought about her stepdad and stepmom; her cute brother, Jesse; her stepbrother, Spencer; and her baby half-sister, Vanessa. She thanked Heavenly Father for them too. As she prayed, her heart began to feel lighter.

After she finished her prayer, Jaylee carefully put the necklace back in its box. Then she smiled as she ran to hug Mom and Kyle good night. ♦

to be in and two sets of people you want to be with. It makes sense that you feel homesick for your dad.” She patted Jaylee’s hair. “You know, Kyle and I have been talking and praying about how to help you feel better, and we had an idea. Come with me.”

They walked down the hall to Mom’s room, and Mom pulled a small box out of her closet. Inside the box, Jaylee found a gold heart on a chain.

“It’s so pretty!” Jaylee said.

“The heart opens,” Mom said. She helped Jaylee open the heart so she could see two tiny pictures inside.

“It’s Dad on one side and me on the other,” Jaylee said.

“Yes,” Mom said. “You can wear the necklace whenever you feel lonely for him.”





# Advice from a Friend

Like Jaylee in “Missing Dad,” Hallie R., age 10, Utah, sometimes lives with her mom and sometimes with her dad because her parents are divorced. Sometimes this makes Hallie feel sad, but most of the time she and her sister and brothers laugh and play and feel great. Here are some of Hallie’s ideas about how to be happy.

**1. Talk to your family.** When I feel nervous or angry, it helps to talk to my family. My friends have lots of questions about divorce, and sometimes I just say, “I don’t really want to talk about it,” because they don’t always understand. But with my mom, I can share whatever I am feeling.

**2. Trust Heavenly Father and Jesus.** I don’t really worry about who will go with whom in heaven. I know that Heavenly Father will take care of our family. Also, I hope someday I’ll be sealed in the temple to a family of my own.

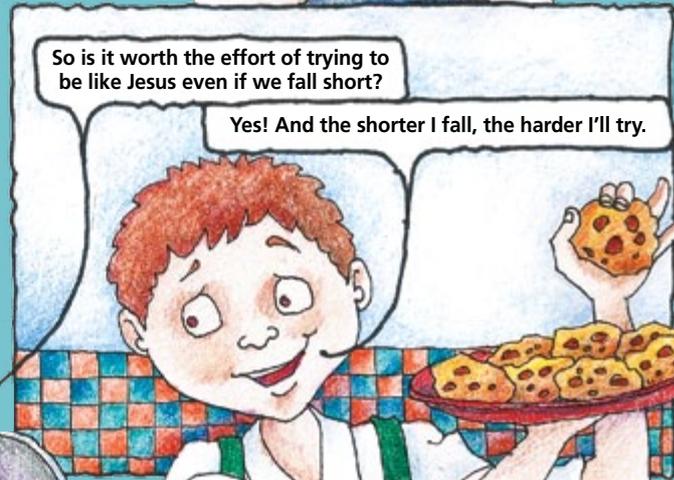
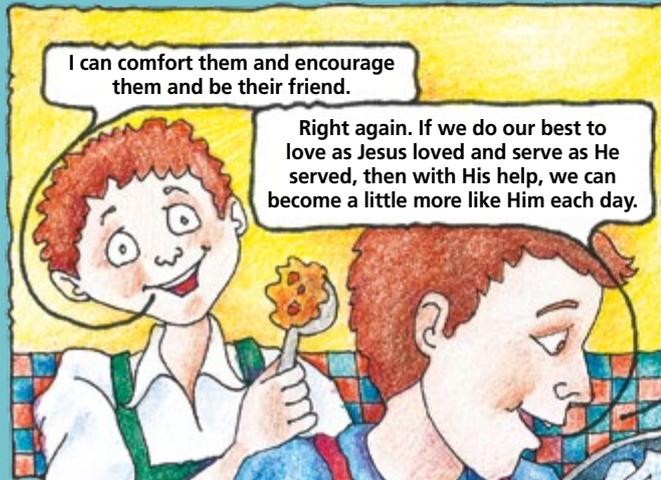
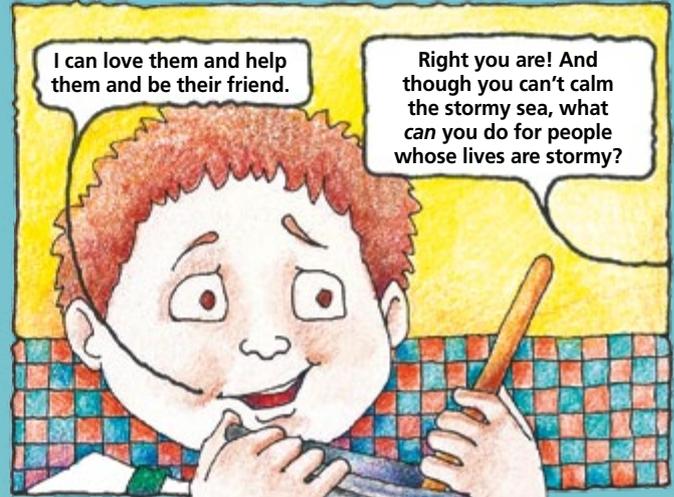
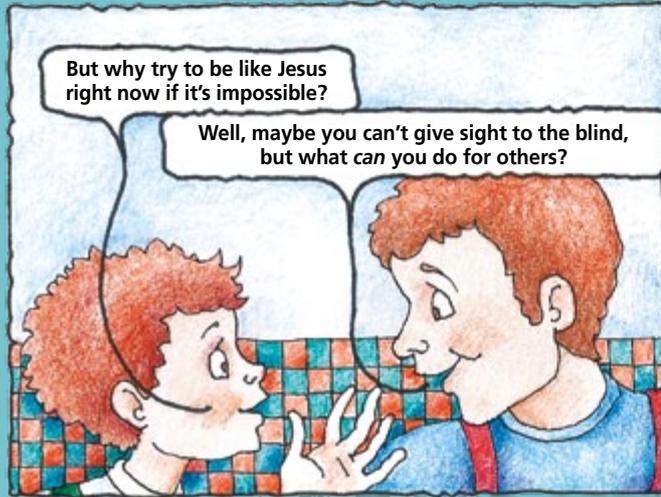
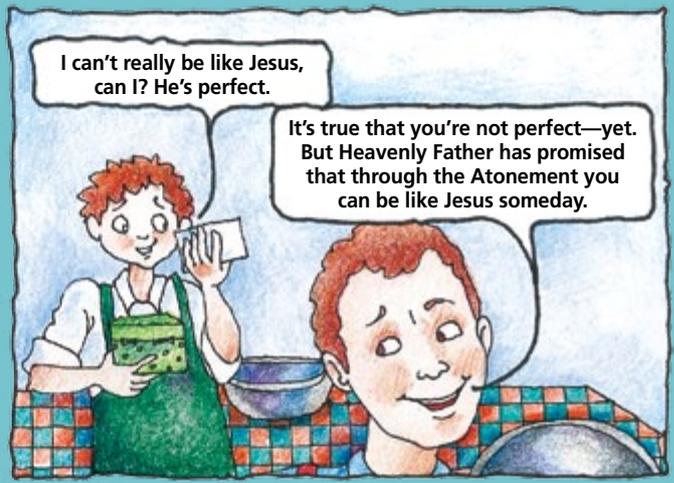
**3. Sing.** Singing Primary songs makes me feel good inside. Once in a while, if I feel like I’m starting to get frustrated or angry, I just stop, take a drink of water, and then sing about Jesus. That helps!

**4. Show love.** I show love for my family and work hard to be a good sister. And I really love spending time with my aunts, uncles, and cousins.

**5. Pray.** Last year we were at my dad’s for the summer and it was fun, but I was really missing my mom. I said a prayer, and I felt the Holy Ghost comforting me. I felt good inside and I knew that I’d be all right. And I was! ♦



# MATT AND MANDY





**I can be a missionary now.**

*This gospel shall be preached unto every nation, and kindred, and tongue, and people (D&C 133:37).*

ILLUSTRATION BY BETH M. WHITTAKER

# Friends in the News



**Keycha B.**, 6, New Jersey, likes to sing Primary songs at home, at church, and wherever she goes. During her district's 2009 International Night she sang "I Love to See the Temple" in front of 200 people. She loves going to church and feeling the Holy Spirit.



**Jared B.**, 8, Virginia, has an older brother and a younger sister. He enjoys playing with his friends, reading, swimming, and running. Jared has learned that Heavenly Father hears and answers his prayers. He is also learning to fast and pray with a purpose.



**Kjirsten M.**, 6, South Africa, has lived in Russia, Kuwait, China, and Armenia. She has learned that "you can make friends wherever you go." She enjoys Primary, "even if missionaries have to help you with the language." She says that music is a universal language and that she always joins in singing Church songs.



## Fort Lewis Ward

Many of the children in the CTR 6B class in the Fort Lewis Ward, Lakewood Washington Stake, have fathers serving in the military. The children have been very brave as they have waited for their fathers to return home. The class enjoys being good examples, and playing outside, rain or shine.



## Hyde Park First Ward

The children in the Hyde Park First Ward, Hyde Park Utah Stake, heard stories of the history of the Logan Utah Temple and then visited the temple grounds. They followed the counsel of their stake presidency to visit the temple.



**Jake H.**, 8, Arizona, likes to ride his bike and play video games. He is a great example to his three younger brothers, and he tries to choose the right.



**Brooke H.**, 8, California, was thrilled to be baptized and set a good example for her younger siblings. She enjoys reading, gymnastics, soccer, singing, and playing the piano.



**Rebecca H.**, 10, Utah, enjoys drawing, swimming, and playing soccer. She likes ducks, manatees, and many other kinds of animals. Rebecca has two sisters and two brothers.

**Would you like to be a friend in the news? Turn to page 48 to find out how.**



## Possible Ideas for Family Home Evening

1. Use the Bringing Primary Home lesson and activity to learn more about this month's Primary theme (pages 40–41). Sing "I Want to Be a Missionary Now" (*Children's Songbook*, 168). Discuss ways your family can support the missionaries serving in your area.
2. As you prepare to listen to general conference, read the ninth article of faith (page 22). Talk about why it is important to have a prophet today.
3. Read "Be a Family Builder" (pages 24–25) and talk about the different families each person is

a part of. Set a goal for each family member to help strengthen your family this week. Report on those goals during your next family home evening.

4. Read "Honors" (pages 4–5) and talk about the choice Ethan made to keep the Sabbath day holy. As a family, create a list of activities that are appropriate to do on Sunday.
5. After reading "The Dinner Game" (pages 20–21), play Scripture Quotes as a family. Why is it important to know the stories in the scriptures?

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The following information and permission must be included:

Full name \_\_\_\_\_

Age \_\_\_\_\_ State/Province, Country \_\_\_\_\_

I grant permission to print submission and photo in print or online:

Signature of parent or legal guardian \_\_\_\_\_

Children whose work is submitted should be at least three years old.

To send us a letter, drawing, or poem, please fill out this form and include it with your submission. Please also include a school photo or high-quality snapshot. Submissions will not be returned and may be edited for length and clarity.

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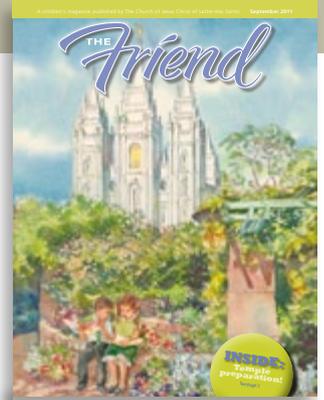
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(f) = Funstuff  
(IFC) = inside front cover

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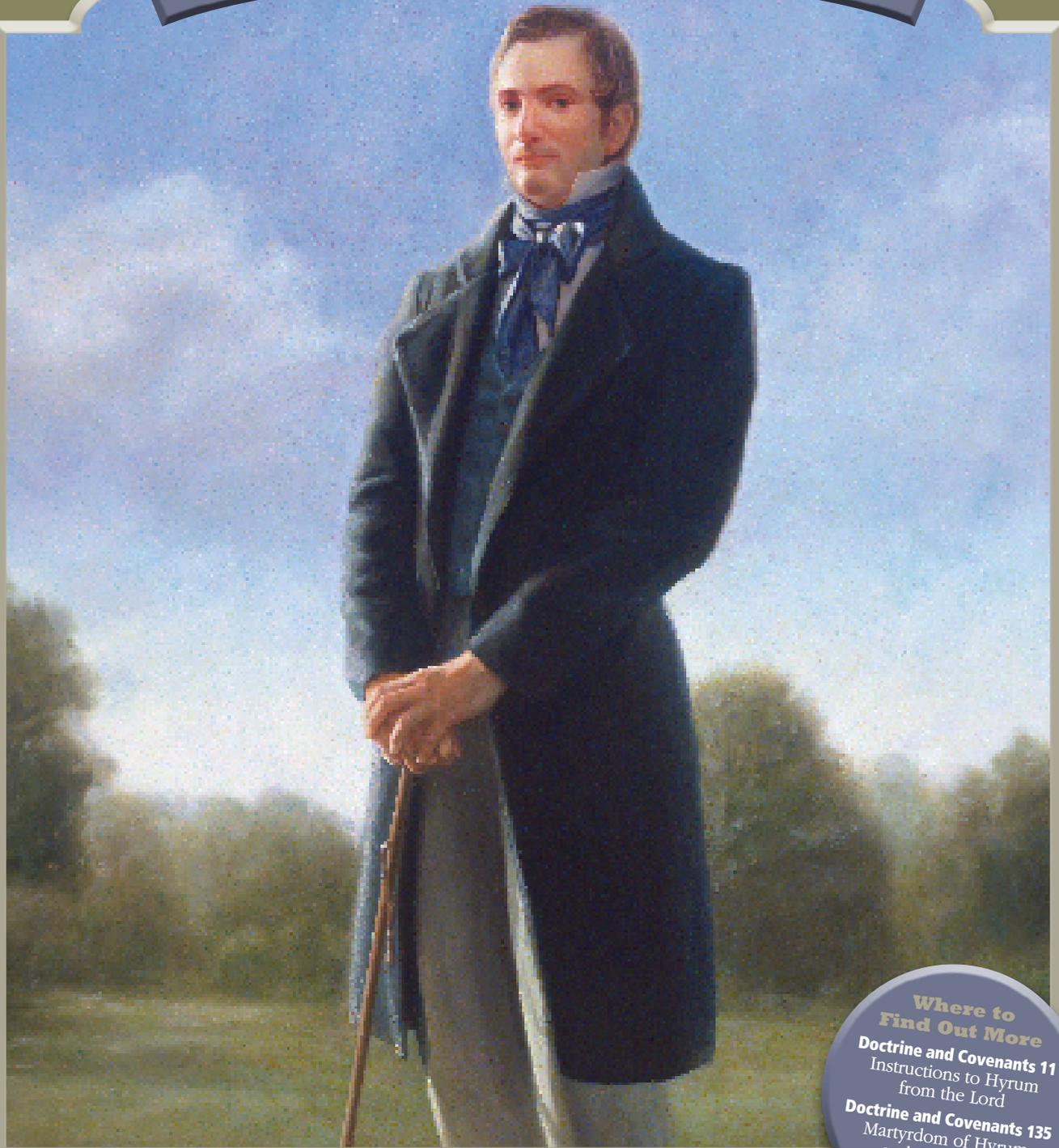
### Sidebar References

1. "Honorably Hold a Name and Standing," *Ensign*, May 2009, 99.
2. "Be Your Best Self," *Ensign*, May 2009, 68.
3. "Stewardship—A Sacred Trust," *Ensign*, Nov. 2009, 93.
4. "Using the Supernal Gift of Prayer," *Ensign*, May 2007, 8.

### Funstuff Answers

Page 26: 1) Moses, 2) Noah, 3) Joseph of Egypt, 4) Eve.

# Hyrum Smith



**Where to Find Out More**  
**Doctrine and Covenants 11**  
Instructions to Hyrum from the Lord  
**Doctrine and Covenants 135**  
Martyrdom of Hyrum and the Prophet Joseph Smith

Hyrum Smith was the older brother of the Prophet Joseph Smith. As Church patriarch, he gave patriarchal blessings to members of the Church. He was compassionate toward all members of the Church and loyal to his brother Joseph. The Lord loved him “because of the integrity of his heart” (D&C 124:15). Hyrum was martyred along with the Prophet Joseph Smith in Carthage Jail in 1844.

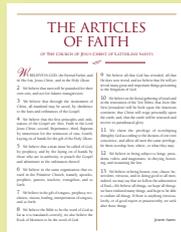
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What's online this month?



lds.org/friend

## For Children



**ARTICLES OF FAITH** Are you working on learning the Articles of Faith? You can learn all thirteen by visiting [lds.org/friend](http://lds.org/friend) and clicking **Play Games** and then **Articles of Faith** to play the Articles of Faith Memory Quest. Don't worry if you don't know them all yet. There are different levels of difficulty and hints to help you along.

**ONE IN A MILLION** How many "One in a Million" children have you met at [lds.org/friend](http://lds.org/friend)? More videos are added to "One in a Million" every month. Are there any near you?



## For Parents



**GENERAL CONFERENCE** Prepare for general conference by visiting [lds.org/general-conference](http://lds.org/general-conference). You'll find information, children's activities, and talks from past conferences.

**GOD'S PLAN** Watch videos and read testimonies about the plan of happiness. Visit "Our Heavenly Father's Plan" at [lds.org](http://lds.org).



## For Teachers and Leaders



**MEETING SPECIAL NEEDS** Find resources at [store.lds.org](http://store.lds.org) that can help you teach children with disabilities. Click on **Serving in the Church** and then on **Materials for Those with Disabilities**.

**GIVING SERVICE** You can encourage children to give service and celebrate the 75th anniversary of the Church's welfare program. Go to [lds.org/friend](http://lds.org/friend) and click on **Help People in Need** to find ways to serve people throughout the world.

