

# THE *Friend*







## I Know I'll See My Brother Again

**M**y brother passed away on February 14, 2009. I was very sad to lose him. He was lots of fun. He played with me and my twin sister. I know that he is having the best time in heaven. I know he will be resurrected and that I will see him again. I love him and I love this gospel so much.

*Aila D., age 9, Utah*

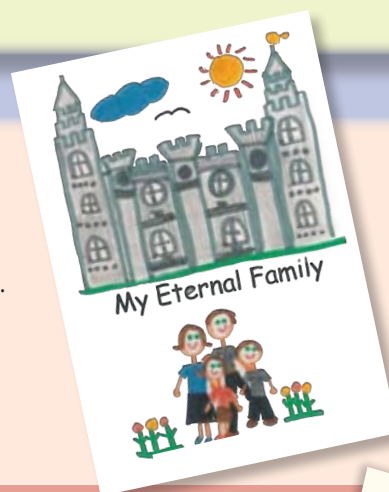


## Happy to See the Friend

**I**am always happy when the *Friend* comes. I like to read all the stories and do all the fun activities inside. I like to color and draw. My mom asked me to draw a picture for the cover of our ward's Primary sacrament

meeting program. I drew the Salt Lake Temple with a family in front of it. I think it turned out nice. I hope you like it too.

*Sarah G., age 9, Utah*



Was there a letter or a story in this month's issue that helped you? Tell us about it. Turn to page 48 to find out how.

Dear Friend,

Volume 40 Number 9  
September 2010

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# THE *Friend*

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See the  
Guide to the *Friend*  
on page 48 for  
family home  
evening ideas.



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Look for the *Friend*  
mouse to see which  
features are online  
at [friend.lds.org](http://friend.lds.org).



## Hidden CTR Ring

Clue:

Brothers are special.

Cover by Jim Madsen



By President  
Dieter F. Uchtdorf  
Second Counselor in  
the First Presidency



# The Gospel Is for Everyone

**W**hen I was 11, my family moved to West Germany. My father and my mother ran a laundry to make a living, and I was the laundry delivery boy. I saw some shiny red bicycles, and I wished I could have one to make my deliveries. But I needed a heavy-duty bicycle to pull the cart with the laundry on it. I rode around pulling that heavy laundry cart before school and after school. It was hard seeing the other children play. But everyone in our family had to work hard, and I was an important part of the family business.

As I grew older, I learned about

the blessings of doing things that at the time you don't realize are important and good for you. When I was very little, I came down with a lung disease, but no one knew it at the time. When I grew older, I joined the air force. The doctors saw spots on my lungs. Because of the hard work of pedaling that heavy load, somehow my body had healed itself. I had built up endurance. I had built up strength. The doctors said that the disease took care of itself and that I passed my physical. Otherwise, I wouldn't have been able to become a pilot.

As a pilot, I flew all over the world. I never tired of looking

at the stars, the clouds, the landscapes. I saw the beauty of the different countries with their different cultures. I know from going to those places and seeing the people and seeing the Church in those different places that the gospel is for everyone, no matter what nation you live in or what your traditions are. It is the gospel of Jesus Christ. The word of God—whether it is written in the scriptures or spoken by the living prophets, whether we read it in Church magazines or hear it at general conferences—is for everyone. ♦

*Adapted from "Friend to Friend," Friend, June 1998, 6–7.*







## HELPING YOUR FAMILY

When President Uchtdorf was young, he helped his family earn money by delivering laundry on his bicycle. Color the picture of President Uchtdorf on his bicycle. Then draw a picture of something you can do to help your family.

1. "Ang ebanghelyo ay para sa lahat!"

3. "L'Evangile est pour tout le monde!"

2. "O evangelho é para todos!"

4. "The gospel is for everyone!"



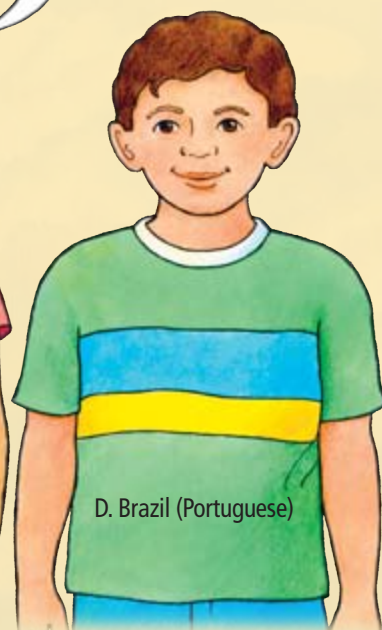
A. France (French)



B. Australia (English)



C. Philippines (Tagalog)

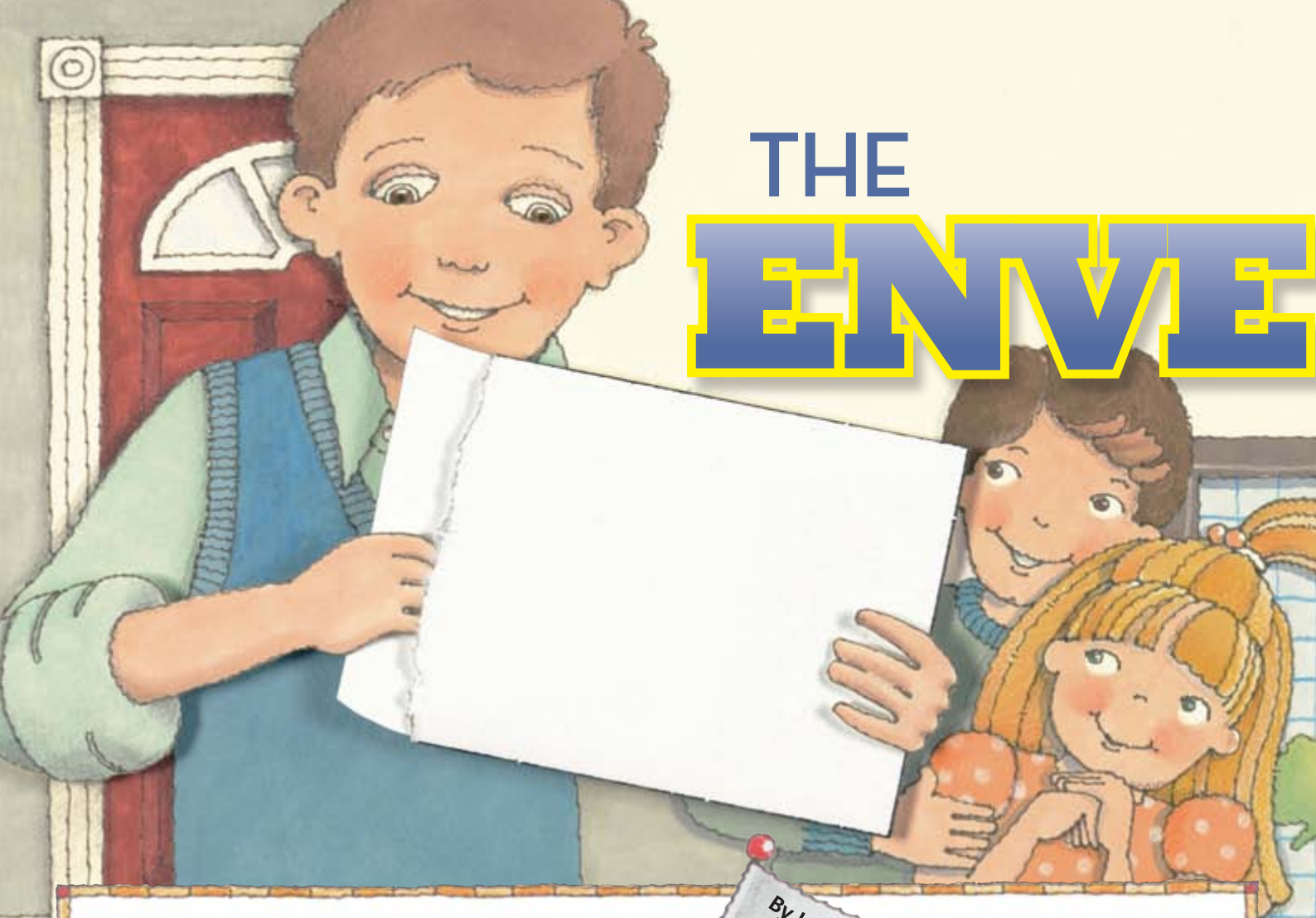


D. Brazil (Portuguese)

## IN MANY LANGUAGES

Thanks to his hard work as a boy, President Uchtdorf was strong and healthy enough to become a pilot. He loved flying to many countries and meeting members of the Church who spoke many different languages. Each child above is saying, "The gospel is for everyone!" See if you can match each child with the speech bubble in his or her language.

Answers: 1) C, 2) D, 3) A, 4) B.



# THE ENVELOPE

*Lift up your heart and rejoice, for the hour of your mission is come (D&C 31:3).*

**I**t finally came! I knew what it was when the mailman rang the doorbell. He smiled at my mom and handed her the envelope. Our mailman takes mission-call envelopes to the door instead of leaving them in the mailbox.

A mission-call envelope is big and wide. It comes from the Church headquarters in Salt Lake City. And this envelope was for my older brother Mike.

When the envelope came, Mike, my sister, and my other brother were all at school. Mom, Dad, and I waited for them

*By Lorraine Blackham  
(Based on a true story)*

to get home. Dad called Grandma and Grandpa.

They wanted to be here with us for the big moment of opening the envelope.

Mike got home first, and he and Mom got out a big world map. Finally, the rest of the family got home. Mom wanted us to take turns guessing where Mike would go. We each had a pin with our name taped to it. We stuck the pin in the map where we thought Mike might go. Dad said a prayer, and then it was time for Mike to open the envelope. We were all





excited to find out where the Lord wanted Mike to serve a mission.

# LOPE

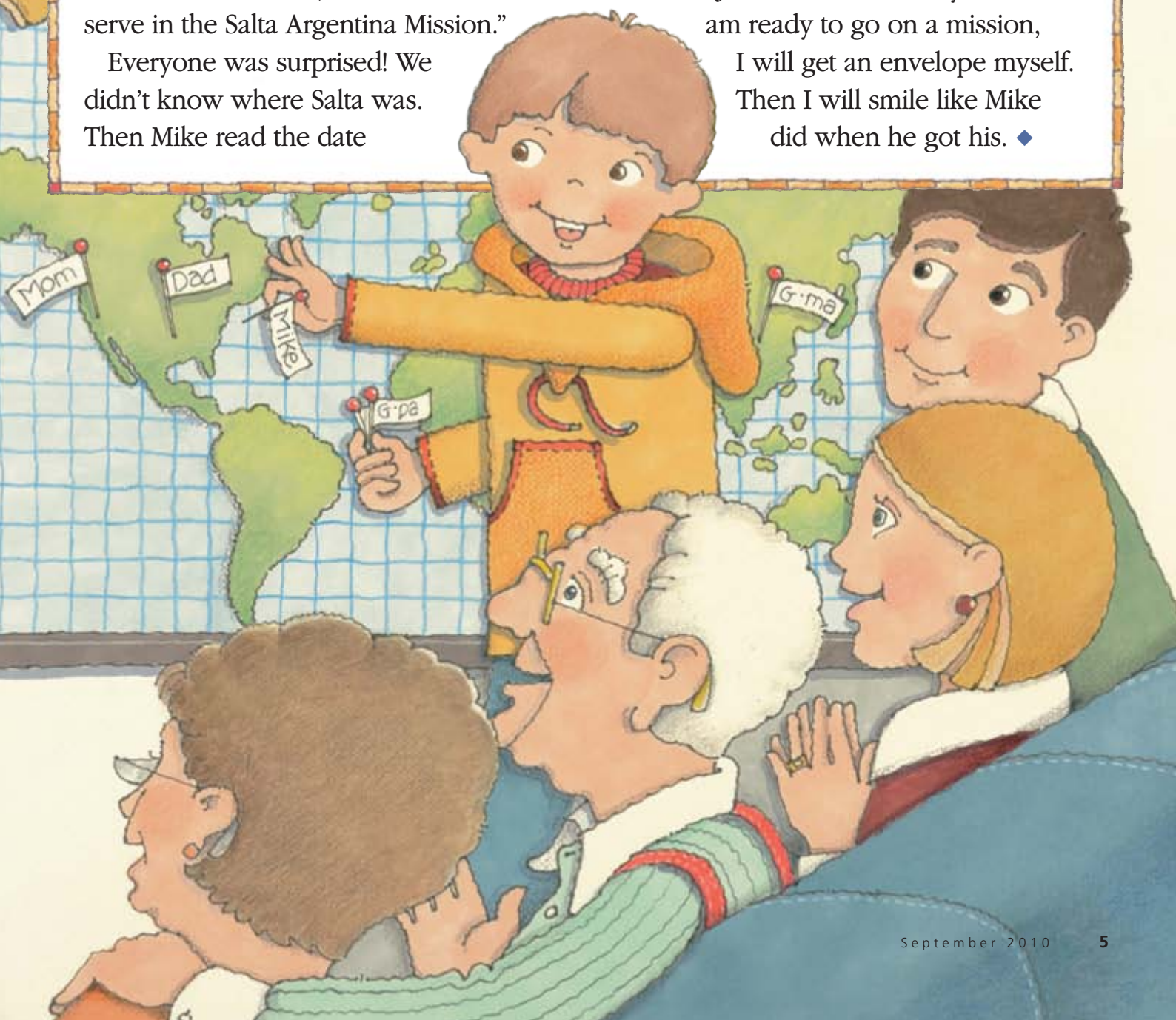
Mike slowly turned the envelope over. Grandma kept saying, "Open it, open it."

Carefully, Mike opened it and looked at the letter. He read, "You are called to serve in the Salta Argentina Mission."

Everyone was surprised! We didn't know where Salta was. Then Mike read the date

when he would report to the Missionary Training Center. It was about two months away. Everyone was smiling, but Mike smiled biggest of all. He was excited to teach the people in Argentina about Jesus Christ. We all looked at the map to find Salta. Then we looked on the Internet to learn more about it.

What a night! I was happy for my brother. I am glad he gets to teach people about Jesus Christ. One day when I am ready to go on a mission, I will get an envelope myself. Then I will smile like Mike did when he got his. ♦





# Family History Library



Come with us this month for a look at an important place on Temple Square.

By Tina Dean

**K**eslie B. loves a good story. When she's not singing, swimming, or dancing ballet, she likes to read stories at her home in Brigham City, Utah. So when her grandma told her a story about an ancestor named Marie, Keslie wanted to go to the Family History Library to find out more.

*When Keslie walked into the library she saw a big painting called The Eternal Family through Christ. It shows Jesus Christ surrounded by prophets and people from different time periods. Everyone looks like one big family.*

*The service missionaries and library workers were happy to answer Keslie's questions. There were so many neat things to see!*



## Finding Her Story

Marie Ingebretsen is Keslie's great-great-great grandma. Marie joined the Church in Norway more than 135 years ago. After her baptism, she wanted to live with the Saints in Utah, so she took five of her children on a ship bound for America. Keslie saw the passenger list that Marie signed before she boarded the ship. Marie's family arrived safely in America in 1882.

Keslie was happy to learn how to do family history work and piece together the stories of some of her ancestors. But she won't have to travel to Salt Lake City every time she wants to prepare an ancestor's name for temple ordinances or do research—Keslie can do many things on her computer at home or at a nearby family history center. Now she can do family history work wherever she lives!

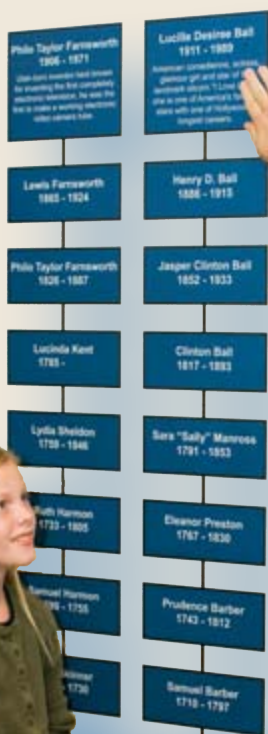


*A year after Marie left Norway, her husband, Enoch Ingebretsen, brought the rest of their children to join their mother in Ogden, Utah.*

## Searching for Grandma Marie



*This big relationship chart was one of Keslie's favorite things. She saw how many well-known people are related to each other.*



*Many records are kept in the Family History Library. Keslie found information about Marie on the computer, in books, and on maps.*



**To find out how to do family research at home, see pages 24–25.**







**By Jan Pinborough**

(Based on a true story)

*I say to myself, "Remember this: kindness begins with me" (Children's Songbook, 145).*

**W**hoosh, whoosh." Laura leaned back in her swing, pumping as hard as she could, her eyes squeezed shut. Maybe if she went high enough, she wouldn't be able to hear what the girls over by the slide were saying about her.

That morning when she remembered that it was the first day of school, Laura was excited. She would wear

her favorite shirt, and at recess she would jump double Dutch with Sara and Ava. Last year the three girls jumped rope almost every recess.

Then at breakfast Laura remembered that she was going to be in Mrs. Shepherd's class again this year. Laura felt a fluttery feeling in her stomach. Mom and Dad said she needed to be a better reader before she was ready for fourth grade. Laura knew reading was important. But it was still hard for her to sound out some of the longer words.

Mom finished tying a ribbon around Laura's shiny



# A Golden Friend

brown braid and gave her a kiss on the top of her head. "You're so friendly and kind," Mom said. "I know you'll make friends. Maybe you'll even find a golden friend."

Laura hoped Mom was right. But then she remembered a little song she knew: "*Make new friends, but keep the old. One is silver, and the other's gold.*" Didn't that mean a new friend could only be silver, not gold?

When she walked into Mrs. Shepherd's room, Laura looked at the pictures of students on the bulletin board. She recognized most of the girls from recess last year, but there were a few faces she had never seen before. Laura sat down in her old desk and opened her reading book. She turned to one of the stories at the back. The words seemed a *little* easier to read than they were last year.

When it was time for recess, Laura checked out a jump rope from the equipment closet and hurried outside. She saw Sara and Ava standing by the slide with another fourth-grade girl. Then Laura heard her name and the words *held back* and *dumb*. The girls laughed. Laura thought Sara and Ava would look at her, but they kept talking to the other girl.

Laura's face felt hot as she ran to the swings. She dropped the jump rope, sat down, and began pumping with all her might. A few hot tears rolled down her cheeks. After a little while, the feeling of flying up toward the sky and back down again made her feel a little better.

Laura opened her eyes. Someone was sitting on the next swing over. It was one of the girls she didn't know from Mrs. Shepherd's class. She had a kind face, and she was looking at Laura in a friendly way.

Laura dragged her foot to stop her swing. "Hi," she said. "I'm Laura."

"I'm Christy," said the girl. "I heard what those girls were saying. But don't worry. You're not the only one."

"What do you mean?" Laura asked.

"Last year in my old school I missed a lot of days because I was sick, so I'm in third grade again too," Christy said.

"It's too bad you were sick, but I'm glad you're in my class," Laura said. Then she smiled. "Do you know how to jump double Dutch?"

Christy smiled back. "No, but I can bounce a basketball while I'm jumping."

Laura jumped off her swing. "Maybe we could learn to jump double Dutch and bounce a basketball at the same time!"

Laura's heart felt happy. Maybe a new friend really could be a golden one after all. ♦



**"I will seek good friends and treat others kindly."**

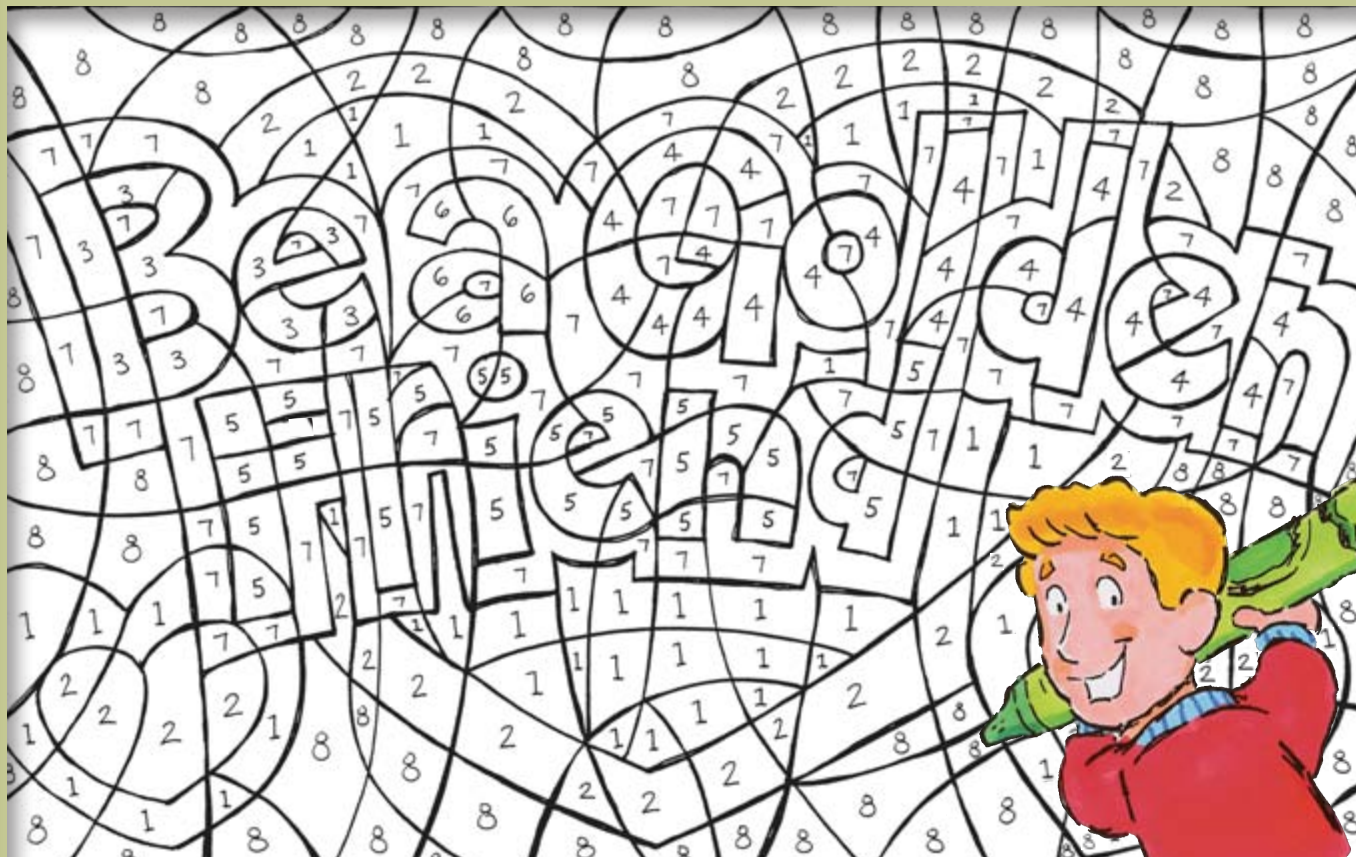
My Gospel Standards



# Friendship Challenge



You can be a golden friend to others! Each time you do an item from the list below, notice the color of the heart. Then color all the numbered spaces that match that heart. See if you can finish the list by the end of the month.



**1**

Notice when someone around you feels left out. Invite him or her to participate in your activity.

**5**

Think of something nice to do for a friend. You could draw a picture, write a note, make a craft, or just say something nice to your friend.

**2**

Introduce yourself to two new children you don't know in Primary or at school.

**6**

Offer to help a friend with homework, chores, or other responsibilities.

**3**

Teach a younger friend or sibling something he or she wants to learn from you.

**7**

Speak nicely about your friends. Encourage them to speak kindly about others too.

**4**

Ask an older friend to teach you something new that he or she is good at.

**8**

Remember what you learn about your new friends. Call them by their names and follow up on something they told you. You could ask, "How did your test go?" "Are you feeling better?" or "How was your soccer game?"



# What is a priesthood quorum?

The scriptures establish the quorums of priesthood and their respective duties in the Church of Jesus Christ today.

Resolve now to do all within your power to make of your priesthood quorum one worthy of the name and one faithful to its mission.

Elder D. Todd Christofferson of the Quorum of the Twelve Apostles shares some of his thoughts on this subject.



When a priesthood quorum or group meets as a class, its members can learn together, be “nourished by the good word of God” (Moroni 6:4), and grow spiritually.



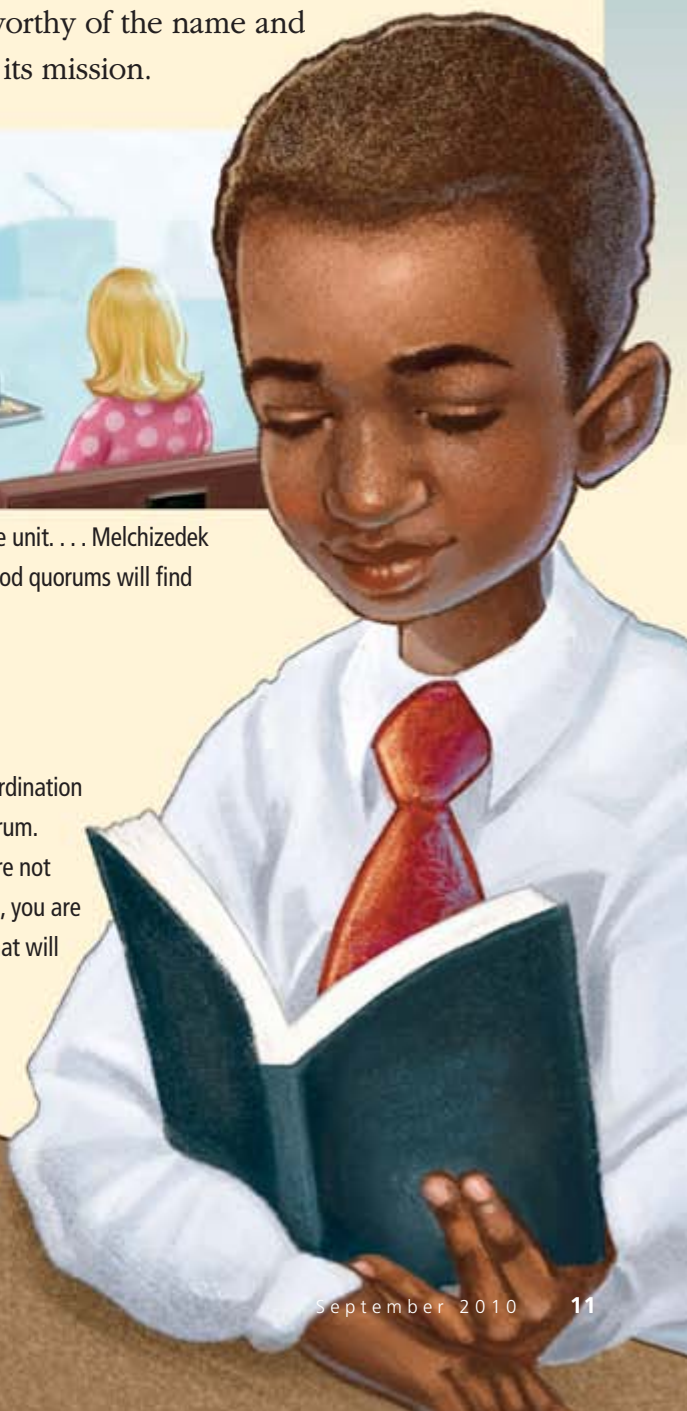
A quorum is a service unit. . . . Melchizedek and Aaronic Priesthood quorums will find their soul in service.



Each of you who has received an ordination in the priesthood belongs to a quorum. If you live in a place where there are not enough brethren to form a quorum, you are a member of a priesthood group that will become a quorum.

ILLUSTRATIONS BY JENNIFER TOLMAN

From “The Priesthood Quorum,” *Ensign*, Nov. 1998, 41–42.





# Bulletin Board

## SIMPLE SERVICE

Giving service doesn't always need to be a big project. Here are a few simple ways you could serve others:

- Read a book to a younger child or someone who has trouble seeing.
  - Make a get-well card for someone who is sick.
  - Help someone pull weeds, rake leaves, or shovel snow.
  - With your family, pick up litter in a nearby park.
  - With a parent or your family, help an elderly person with household chores, such as washing windows, drying dishes, or dusting.
- What are some other ways you can think of to serve?



## RUN, JUMP, PLAY!

### Crossing the Stream

1. Lay two long pieces of string or yarn on the ground to form a make-believe stream. Make the stream narrow in some places and wide in others.
  2. Place coins along one side of the stream to mark places to jump across.
  3. Take turns trying to jump across the stream without touching the string.
- Try different ways of jumping—such as on one foot or with feet together.





## JOURNAL JUNCTION

Jesus Christ spent His life serving others. When we serve others, Heavenly Father and Jesus are pleased with us. Take some time this month to read Mosiah 2:17. Then write in your journal about why you think serving is important.



## CHEERFUL BANANAS

Create a happy face to enjoy as a yummy snack. Peel a banana and cut it in half the long way. Put one of the halves cut-side down on a plate. This will be the face's smile. Use finger foods to make eyes, a nose, eyebrows, ears, and other facial features. Some foods you can use are raisins, nuts, pineapple rings, olives, cherries, and pieces of cheese. For hair, mix a few drops of food coloring into shredded coconut.

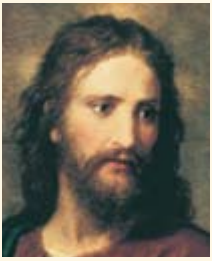


## MAKING A DIFFERENCE

**W**e are very interested in doing humanitarian work. We sold cupcakes and brownies and earned money by moving wood for our neighbor. We donated the money to humanitarian aid. We also like to volunteer with a group that puts together kits to send to places around the world that need help. At Natalie's birthday party, the theme was "Helping Hands." Instead of giving her presents, we put together newborn kits, school kits, and quilts for the Humanitarian Center. We know that there are people around the world who need our help and our money more than we do, and that everyone is a child of God. Remember, just two people can make a big difference.

*Katie S. and Natalie W., ages 11 and 10, Utah*





This account  
comes from  
Daniel 1–2; 6.

# Jehovah Saves Faithful Daniel

By Diane L. Mangum

## FAR FROM HOME



Daniel and his friends lived in Jerusalem. Then they were captured and taken to Babylon, about 500 miles (805 km) away from their homes. It took at least five days to travel that far by camel!

Babylon was the capital of a country called Babylonia. Babylon, also known as Babel, no longer exists. But the site of the city is not far from Baghdad, in what is now the country of Iraq.

**D**aniel looked at the plate of food in front of him and at the wine in his cup. He knew it was not the healthy food that Jehovah wanted him to eat. He would not eat it.

Daniel's friends—Shadrach, Meshach, and Abed-nego—would not eat the king's food either. The four Hebrew boys had been captured in Jerusalem and taken to the city of Babylon. Now King Nebuchadnezzar wanted them to eat rich food and wine. He thought it would make them strong.

But Daniel and his friends knew the king's food would not make them healthy and strong. "Give us pulse to eat and water to drink," Daniel said to the king's servant. "After 10 days, compare us to people who eat the king's rich food." The servant agreed.

Every day the servant brought the four young men **pulse**, which is food made of seeds and grains. And he brought them water to drink, not wine. After

10 days the young men looked healthier than other captives, so the servant no longer asked them to eat the king's food.

As Daniel grew up, Jehovah blessed him with knowledge and wisdom. King Nebuchadnezzar trusted Daniel and asked his advice.

When King Darius became the new king of Babylon, he made wise Daniel a president in his kingdom. Some men were jealous of Daniel. They knew he prayed three times a day to Heavenly Father. The jealous men convinced the king to make a new law. Anyone found praying must be put into a cave where hungry lions were kept.



*Doctrine and Covenants 89 teaches us to eat healthy foods today.*





## WHO IS JEHOVAH?

*Jehovah* is another name for Jesus Christ. He is Heavenly Father's firstborn son. Heavenly Father directed Him to create the world and to help people return to Heavenly Father's presence. When Jehovah speaks to people, He says what Heavenly Father would have Him say.



In the Old Testament, Jehovah is usually referred to as "the Lord." After He was born in Bethlehem, He was known as Jesus Christ.



Faithful Daniel knew about the law, but he still prayed every day. The men waited and listened outside his room. When they heard Daniel praying, they rushed to the king.

King Darius was dismayed when the men told him about Daniel. He wished he had not signed the law, but the law had to be obeyed. Daniel was

thrown into the lions' den, and a large stone was placed to cover the entrance.

All that night the king worried and wondered. Early the next morning he hurried to the lions' den. In a loud voice the king called out, "O Daniel, was thy God able to deliver thee from the lions?"

With relief he heard Daniel

answer from behind the stone, "My God hath sent his angel, and hath shut the lions' mouths, that they have not hurt me."

Joyfully, the king sent out a decree to all the kingdom. Daniel's God was the living God, and He had saved Daniel from the lions. ♦

# After-School Mini Pizzas

**1 whole-wheat English muffin or bagel**  
**pizza sauce, spaghetti sauce, or tomato puree**  
**grated mozzarella cheese**  
**black olives, sliced**  
**Red, yellow, or green peppers, sliced into rings**  
**Chopped ham or turkey**  
**Pineapple chunks**

1. Wash your hands with soap and water.
2. Cut the muffin or bagel in half crosswise. Toast it in a toaster or oven.
3. Spread sauce on the muffin or bagel.
4. Add the toppings of your choice, sprinkling with cheese last.
5. Bake at 350°F (177°C) for about 10 minutes or until the cheese has melted.





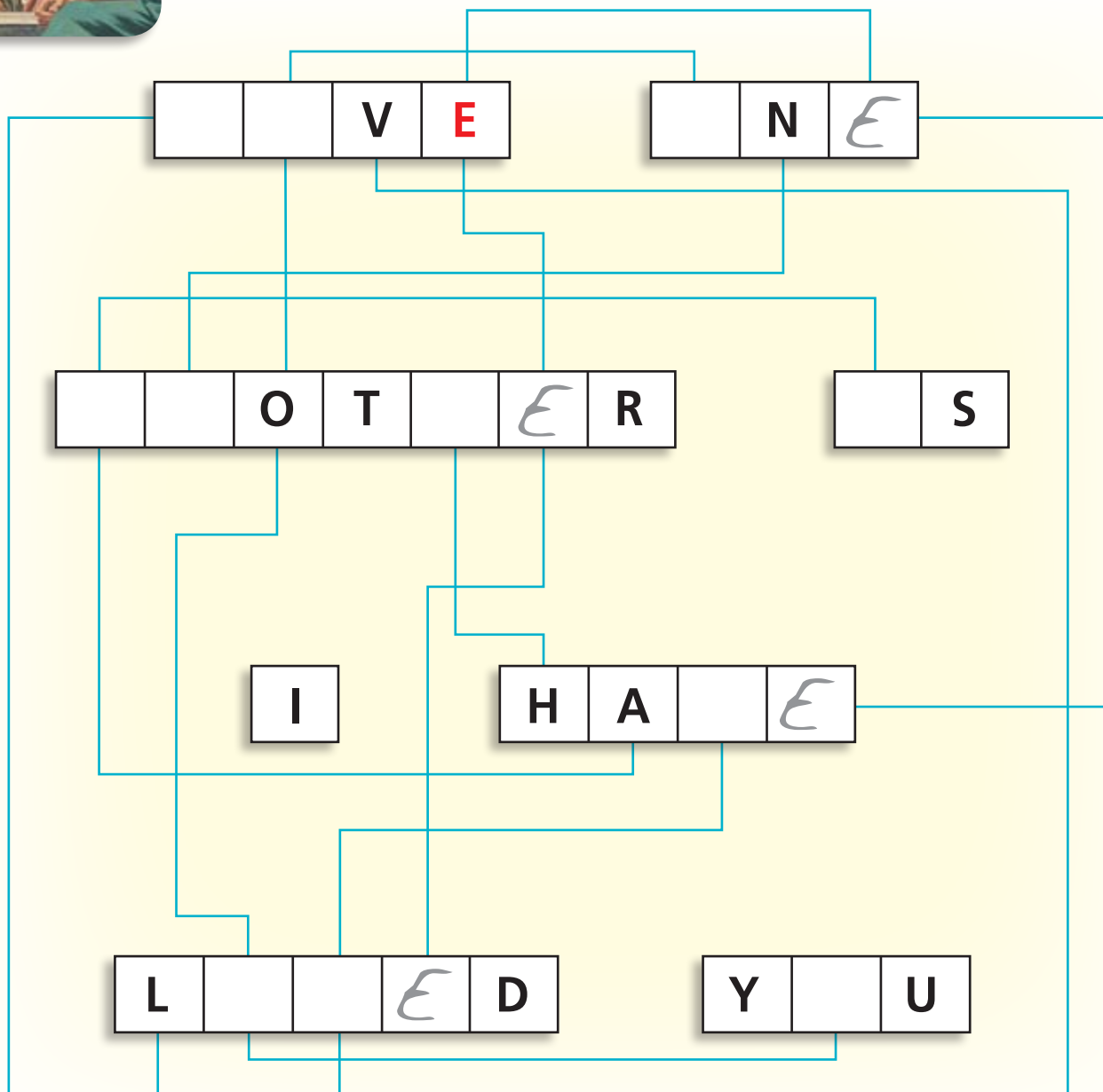


# A New Commandment

By Britney Rule



When Jesus met with His Apostles for the last time before He was crucified and resurrected, He gave them a new commandment. He told them that when they followed this commandment, others would know that they were His disciples. To find out the commandment Jesus gave, follow the lines that connect each letter to other boxes. When you come to an empty box, write the letter in the box. Continue this until all the boxes are full. The letter *E* is already done for you. Find the answer on page 48.



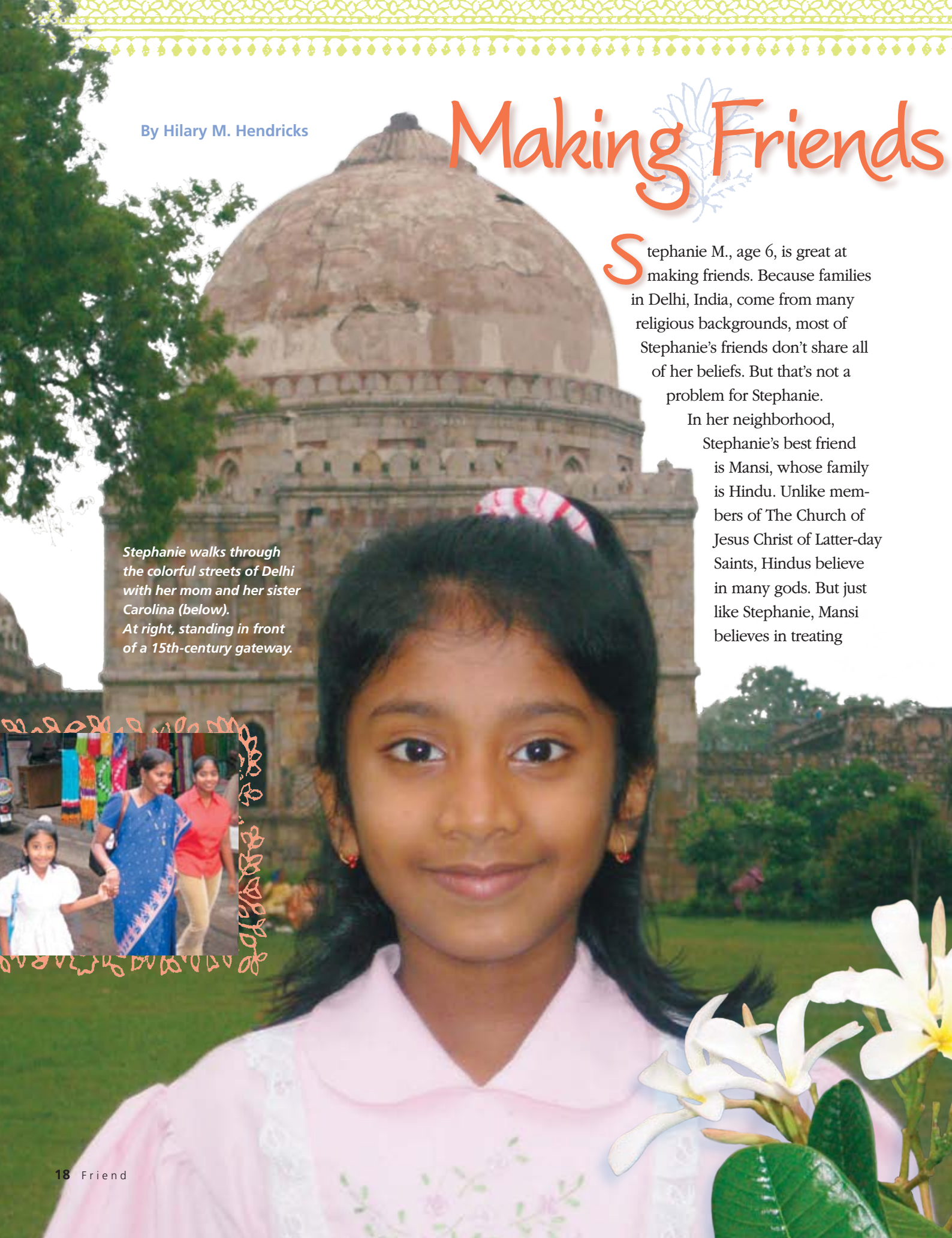
By Hilary M. Hendricks

# Making Friends

Stephanie M., age 6, is great at making friends. Because families in Delhi, India, come from many religious backgrounds, most of Stephanie's friends don't share all of her beliefs. But that's not a problem for Stephanie.

In her neighborhood, Stephanie's best friend is Mansi, whose family is Hindu. Unlike members of The Church of Jesus Christ of Latter-day Saints, Hindus believe in many gods. But just like Stephanie, Mansi believes in treating

*Stephanie walks through the colorful streets of Delhi with her mom and her sister Carolina (below). At right, standing in front of a 15th-century gateway.*





# of Many Faiths

people and all living things with kindness.

Stephanie attends a school for girls. Each school day she puts on a blue-and-white dress and pulls her hair back in two blue bows. Then she and her sister Carolina, 16, grab their lunches and catch the bus to school. “Sometimes we say our family prayer when the bus is coming—but we always have our prayer,” Carolina says.

At school, Stephanie has two best friends: Moli, whose family is Christian, and Syed, whose family is Muslim. Stephanie looks forward to lunchtime. She loves to sit and talk with her friends, and she usually trades the *chapati* (Indian flat bread) her mother packs for the traditionally Muslim sweet bread Syed brings. It’s no surprise that Stephanie’s favorite scripture story is about Jesus Christ sharing bread with the multitude. (See Matthew 14:13–21; John 6:1–14.)

Stephanie’s mother is a nanny, and her father is a cook. They prayed for years that Stephanie would be able to attend school. They wanted her to learn English

and good manners. It is expensive to go to school in Delhi, and much of the family’s income is spent on tuition. Stephanie’s mother did not have the opportunity to attend school as a child. She feels that being able to help her daughters go to school is a great blessing.



Stephanie’s mother first learned about The Church of Jesus Christ of Latter-day Saints and invited her family to learn with her. Soon Stephanie’s father; mother; and oldest sister, Stella, were baptized. Each Sunday her family arrived early at the senior missionaries’ home where church was held to help set up for the meeting. Thanks to the growth of the Church in Delhi, the branch now meets in its own building.

Getting to church means waking up early to catch a bus or an auto rickshaw, which is like a tiny cab. The 30-minute ride seems to go quickly for Stephanie, who tells her parents about her friends and what she is learning in Primary.

Although there are only about eight children who attend Primary, Stephanie always enjoys



being with these special friends. Together they learn about Jesus Christ, sing, and pray.

Every week the children sing Stephanie’s favorite song, “I Am a Child of God.” Stephanie is grateful to know that she—and all her friends—are children of God. ♦





# He Will



# Answer

**By Jane Nickerson**  
(Based on a true story)

*Before they call, I will answer*  
(Isaiah 65:24).

**I**t was 1935, and in the middle of the Great Depression. Many men were out of work, so we were lucky that Dad had a job that summer as a miner in the Oro Del Rey Mine. All of us children got to live in a tent in Goshute Canyon. We played in the creek,

and we even had a pet horned owl.

But one afternoon, I noticed that my parents looked worried.

"What are we going to do?" Mama asked Dad.

Dad's shoulders hunched. His face was dusty with dirt from the mine. "I don't know," he said. "They'll pay me eventually.

Just not now."

"Well, we need money," Mama said.

"The children need to eat."

They were silent. What would we do if Dad didn't get







paid? My sister Carol came over by me. She looked scared, so I squeezed her hand.

Finally, Dad said, "I think we need a family prayer."

Our whole family knelt in the dirt. Dad said the prayer. He asked Heavenly Father to help us know what we could do.

Afterward, I started walking toward the old wood stove where Mama had put the doughnuts she'd been frying. She made the *best* doughnuts, all golden brown with flecks of sugar. I was just reaching for one when—

"Stop!" Mama yelled.

I stared at her.

"We can sell them!" she said. "Don't you think my doughnuts are good enough that people would buy them?"

I nodded. "Of course they are!"

"You kids can take them door to door when you go into town before Primary on Wednesday afternoon," Mama said.

So that's what we did. We sold a dozen doughnuts for a dime. We did it week after week.

Then one awful day Mama said, "We're out of yeast, and I don't have a penny to buy more."

She sat down and put her head in her hands.

"Are you all right?" I asked.

"Shh," she whispered. "I'm praying."

I folded my arms and closed my eyes too.

A few minutes later, Dad pulled up in our old car. He'd been down in the valley getting the mail. He handed a fat envelope to Mama. "What do you think is in that?"

Mama opened it and gave a little gasp. With shining eyes she pulled out a sample packet of yeast!

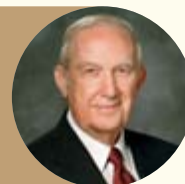
"But, Mama," I asked, "when the baking company sent out that sample, you hadn't even prayed yet."

"True," Mama said. "But in Isaiah the Lord says, 'Before they call, I will answer.'"



**"You are asked to look for an answer to your prayers. Obey the Master's counsel to 'study it out in your mind.' Often you will think of a solution."<sup>1</sup>**

Elder Richard G. Scott of the Quorum of the Twelve Apostles





# Conference Time

Some families have traditions as they prepare for and listen to general conference. Do you have any conference traditions? We'd like to hear about them. Turn to page 48 for contact information.

We talk about King Benjamin's speech to the Nephites. The whole kingdom gathered and turned their tents toward the prophet. So we created a tent in the living room facing the television. We love sitting in the tent and listening to the prophet.

**-Griffith Family**

We like to play gospel bingo.



We print bingo cards with gospel topics and then we put a bean or a

piece of candy on the squares when speakers mention the topics. It helps us pay attention and have fun.

**-Johnston Family**

We use coloring pages to color in the tie of the General Authority who is speaking. We enjoy coloring the ties the



same color as those of the General Authorities.

**-Rutz Family**

We always have a puzzle set up in the living room, where we watch general conference. We like to piece together the puzzle while the General Authorities speak. It keeps us focused.

**-Barnes Family**

We like the general conference notebook that we can print from [lds.org](http://lds.org). The activities are great, and we are able to discuss what we learn at conference in family home evening.

**-Guymon Family**

We make a breakfast casserole Saturday night and bake it in the morning. This is the only time in the year when we eat together with the television on, which makes it special.

**-Romberger Family**







# Build an Ark

Brightly ♩ = 88-100

Words and music by Marianne P. Wilcock

1. No - ah was a pro - phet, a man who did not fear. When he taught re - pen - tance, the  
2. I can be like No - ah. Yes, I can be pre-pared. I can build my ark, and I'll

peo - ple would not hear. So the Lord told him to build a boat That could hold a ton and stay a - float. Then  
find safe shel - ter there. I can do the things I know are right. I can learn and pray with all my might. And

No - ah start - ed build - ing and said with - in his heart: "I will build an ark — be -  
then when storm clouds come, I'll be safe with - in my ark. I will build my ark — be -

fore it starts to rain. I will fol - low the Lord and do all things in His name. — I'll pre -  
fore it starts to rain. I will fol - low the proph - et, for he speaks in God's name. — I'll pre -

pare ev - 'ry need - ful thing. I will walk in right - eous ways. — When the  
pare ev - 'ry need - ful thing. I will walk in right - eous ways. — When the

1. rain starts to fall on me, I'll be rea - dy for that day."  
rain starts to fall on me, I'll be rea - dy for that day.

2. rit.

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# FAMILY HISTORY 1-2-3

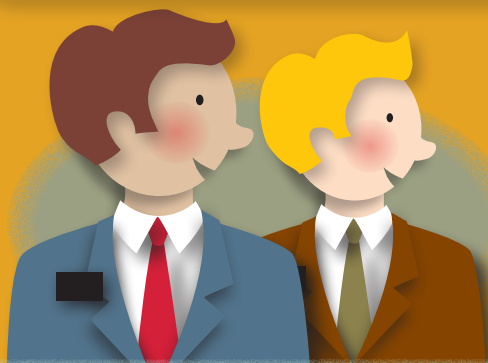
By Tina Dean



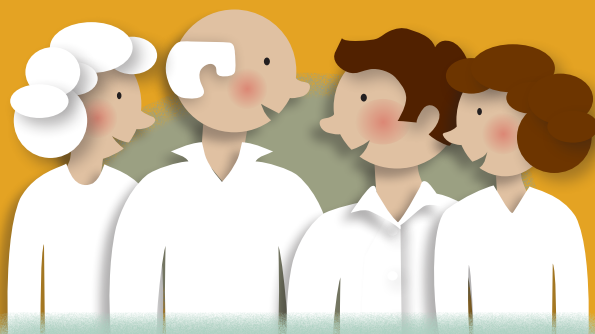
This is Great-Great-Great Grandmother Isabel. She lived 100 years ago.



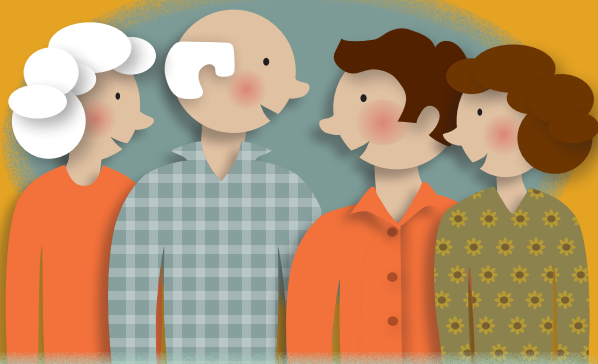
To live with Heavenly Father again, people must be baptized into the true Church. To live with their families forever, they must be sealed in the temple. Can Grandmother Isabel live with Heavenly Father and her family again?



But Grandmother Isabel was not baptized into the Church while she was alive.



Yes—if someone submits her name to the temple for baptism and other temple ordinances.



She was not sealed to her family in the temple.



And you can help by doing family history work. It's as easy as 1-2-3!





### Step 1: Find Out What You Know.

- Ask your parents and grandparents to tell you about your ancestors.
- Write down the names, dates, and places they tell you about.

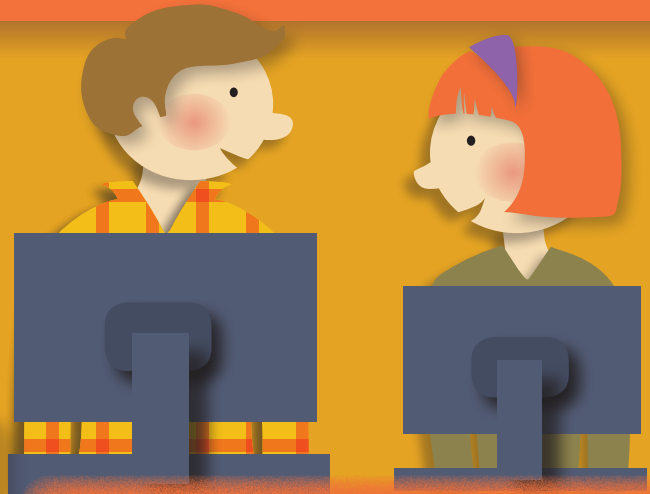


### Step 2: Find Out Something New at [friend.lds.org](http://friend.lds.org).



Have a parent or grandparent with you when you visit [friend.lds.org](http://friend.lds.org) and click on the Family History button. Together you will be able to:

- Sign into the FamilySearch program.
- See and add names to your family tree.
- Search for names your parents or grandparents told you about.
- Look for temple icons to find out which ancestors need to have temple work done for them.
- Find a family history center near you where you can do more research.

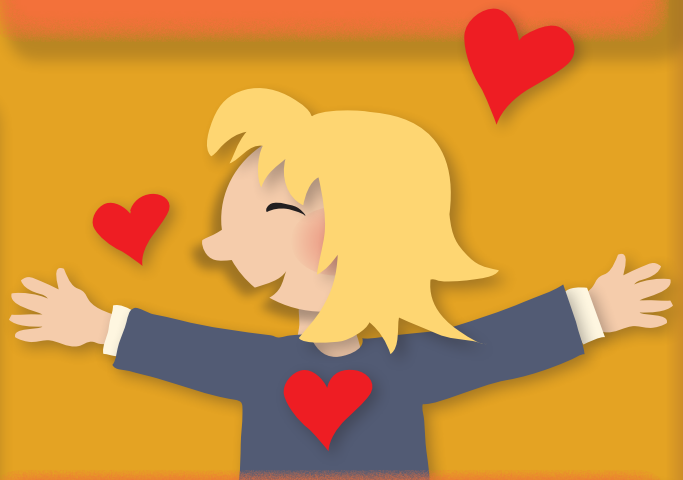


### Step 3: Volunteer!

If you can read and type and are 12 or older, you can volunteer to do family history work called indexing. This means you will look at old records and type the names of other people's ancestors. Remember to get your parent's permission.

To sign up as a volunteer, go to [friend.lds.org](http://friend.lds.org) and click on **Volunteer**.

Would you like to work on indexing with a friend or family member? The "Share Batch" feature lets you and another person work on the same batch of records together. Find out more after you are registered for indexing.



Through family history work, you can help your ancestors return to live with Heavenly Father and with their families forever. What a great way to show our love for our ancestors. ♦



# We Love Family Home Evening

By Val Chadwick Bagley

This family is making a treat to share for family home evening. See if you can find a baseball cap, book, bowling pin, broom, butterfly, cane, cookie, crayon, crescent moon, garden hoe, hanger, hockey stick, kite, mirror, peeled banana, pencil, rake, saw, seven smiley faces, slice of bread, slice of pizza, small shovel, tree, and watermelon rind. Then color the picture.





**“My Spirit shall be in  
your hearts, and mine  
angels round about you,  
to bear you up.”**

—Doctrine and Covenants 84:88



# A Faithful Girl Named EMMA



*How much do you know about the faithful little girl who grew up to be the wife of the Prophet Joseph Smith?*

**By Mark Staker**

Church History Department

watch baby lambs play, and she could help gather vegetables from the big garden. When the snow started to melt, she could watch her father collect

father because he did not have a strong faith in Jesus Christ. While Emma was praying, her father came into the woods to go hunting. When he overheard his young daughter praying for him, he was very touched. His faith in the Lord was strengthened.

**E**mma Hale was born on July 10, 1804. She lived on a farm with her father and mother and her eight brothers and sisters. Some of her aunts, uncles, and cousins lived nearby.

The Hale farm was in Harmony, Pennsylvania, in a beautiful valley along the bank of the Susquehanna River. Emma could pick apples from the orchard. She could

maple sap in big buckets. She could help her mother boil the sap until it finally turned into maple sugar.

When she was a baby, Emma was baptized into a Christian church, and she went to Sunday School when she was a girl. The Church of Jesus Christ had not been restored yet.

One day when Emma was about eight years old, she went to pray in the woods. She was worried about her

Emma grew to be a tall, intelligent girl. She was an excellent reader and writer. When she was 21, a hard-working and intelligent young man named Joseph Smith came to live at the Hale home. Emma Hale had a good character and a quick wit. She was a virtuous young woman. No wonder she and Joseph chose each other as husband and wife! ♦



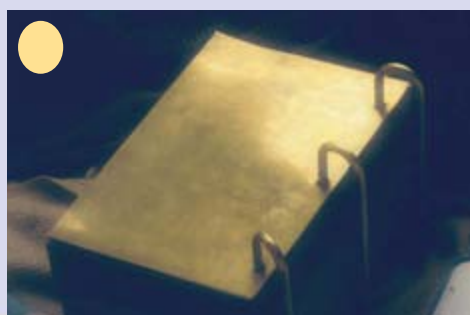


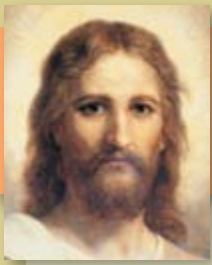


## EMMA GROWN UP

Find the pictures that match some of the important things Emma did when she grew up. Write the number of each description on the matching illustration.

1. When Joseph went to the Hill Cumorah to get the gold plates from Moroni, Emma went with him and waited by the wagon.
2. When Joseph translated the gold plates, Emma was the first scribe. Joseph would tell her what to write down as he translated the words.
3. Emma collected hymns for the Church's first hymnbook.
4. She was the first president of the Relief Society in Nauvoo.
5. She helped people who were sick and let poor people stay in her home.
6. When Church members were forced to leave their homes in Missouri, she and her children walked across the frozen Mississippi River to escape. In two cloth bags tied around her waist, she carried papers with Joseph's translations of the Bible.
7. She was a loving mother of 11 children, including 2 who were adopted. Only 5 of them lived to be adults.
8. Emma loved her husband, Joseph, all his life and did many things to support him in his important work of restoring the Lord's Church.





# Trying to Be Like Jesus

## A Brother's Example



One night my mom asked me to go into my two-year-old brother's room and say prayers with

him. I folded my arms and began to say the prayer for him, and he soon began repeating what I was saying. He was so happy! I felt good, and when I said my own prayers I thanked Heavenly Father that I could help my little brother say his prayers.

*Cole C., age 7, California*

## The Coat Caper



One day at lunchtime, some girls from my class were hiding another girl's coat. They invited me to help them hide it. I knew it was wrong, so I said no and then I watched where they hid it. When I was sure my classmates were gone, I got the coat and took it back to our classroom. The owner of the coat was there, looking all over for it. I felt glad that I brought back her coat.

*Shelby S., age 8, Utah*

## Answer to a Prayer



One morning my mom woke up, and the house was dirty. She was frustrated because it had been clean

the day before. So she said a prayer for help. Then she asked me if I would vacuum the room. I said, "Sure, Mom!" and vacuumed the room. Then I said, "Why don't we do these dishes too?" So we did. The house got clean, and Mom felt better with my help. I felt good inside from being a helper.

*Christopher A., age 4, Arizona*

## Feeling Good



One day at school I was playing a game with a disabled boy. I was winning by a lot, so I

let him catch up to me and then I let him win. I felt good inside my heart and spirit.

*Daniel B., age 9, California*







## Strengthened by the Spirit



One day I was playing with my friend at her house. When it was time

for lunch, we were very hungry and thirsty. Lunch looked delicious. Then I looked in my cup. I asked my friend if it was apple juice, but she said it was

tea. I was scared and knew I could not drink it, even though I was thirsty. Because I chose the right, I had a peaceful feeling come over me. The next time I was at my friend's house, her mom served us tea again. This time I politely asked for water instead. I felt stronger this time because I had already chosen not to drink the tea, and the Holy Ghost strengthened me. I had a good feeling.

*Caitlyn P., age 8, Texas*

## Doesn't Have to Worry



I love being a member of the Church. Maybe sometime I will invite my neighbors to church and to family

home evening. Don't you think that's a good idea? I think so.

One time I was listening to a CD when the singer started taking the Lord's name in vain. I stopped listening to the CD. My dad gave me a CD that doesn't even have people singing; it's just instruments playing. Then I didn't have to worry about the songs taking the Lord's name in vain.

*Kristen S., age 9, Georgia*

## Allowance Honesty



Once when my mom gave me my allowance she gave me too much. I almost kept the extra.

Then I thought about what Jesus would want me to do. I gave the extra money back.

*Laura D., age 9, Indiana*

Tell us how you're trying to be like Jesus. Turn to page 48 to find out how to send us a letter.

# Things Will Get Better

By Chad E. Phares

Church Magazines  
(Based on a true story)

*The Lord did strengthen them that they could bear up  
their burdens with ease* (Mosiah 24:15).

**1.** It was Elliott's first day at a new school, and he was nervous.



**3.** At recess Elliott couldn't find anyone to play with. He didn't know whom to ask. A couple of the boys on the playground said something unkind to him. Elliott was not happy.



**2.** After arriving at school, Elliott sat down in a new classroom. A lot of the children already knew each other. They were talking and laughing. Elliott sat quietly.



4. Elliott returned home from school feeling sad.



5. I'm sorry you had a bad day. If you keep trying, things will get better. Maybe we should pray about this. What do you think?



6. Day after day Elliott prayed for help so he could have good days at school. Some days were a little rough, but he slowly started to find friends to play with.



7. Elliott kept praying for help. After a few weeks, Elliott was playing with new friends every day. Even though some kids were not always nice, he wasn't bothered by them as much. Elliott knew Heavenly Father blessed him so he could be happy at his new school. ♦



## CHOOSE THE RIGHT WAY

Elliott has a lot of choices to make today. Making the right choices will help him be happy, but making the wrong choices will make him sad. Help Elliott make the right choice. Each time the path in the road splits, choose the path next to the picture that shows him doing something nice.



START



## HELPS FOR PARENTS

As your child completes this maze, you can discuss how choosing the right helps us be happy, even when we have difficulties. How does serving and making right choices help our problems seem less significant?

The story on pages 32–33 shows that choosing the right and enduring well help us find happiness, even when our problems are not immediately solved. One scriptural example of this principle is found in Mosiah 24:8–22. You could read or summarize the story of Alma and Amulon, pointing out that even though Alma and his followers were living righteously, their burdens were not immediately removed. You could discuss why the Lord doesn't always fix our problems right away. How does living righteously help ease our burdens?



**By Annalisa Hall**

(Based on a true story)

*Listen to the still small voice! Listen! Listen!*

(*Children's Songbook*, 107).

**T**he words *don't do it* raced through Joe's mind, but Ethan's words were louder.

"Write your name," Ethan said.

So Joe did. In big black letters he wrote "JOE" on the garbage can in Mrs. Burhopp's driveway.

When Ethan's grandmother called him in for dinner, Joe ran into his house, grabbed a wet rag off the counter, and ran back outside. He scrubbed hard to remove his name from the garbage can, but he couldn't do it. As he scrubbed, Joe felt like he should tell his parents.

Joe ran back to his house and began to cry. He knew he had made a bad choice when he wrote on the garbage can. When he walked into the house, Mom was waiting for him.

"Mrs. Burhopp called me," Mom said. "She said you made a big mess of her garbage can."

"I tried to wash my name off, but I couldn't," Joe said.

Mom was very quiet for what seemed like a long time.



Garbage  
Can  
Graffiti





"My mind told me not to do it," Joe said, "but Ethan told me I should."

"Joe, when you heard that first voice in your mind, why didn't you listen to it?" Mom asked.

"I'm not sure why," Joe said. "Ethan's voice was louder."

"The voice in your mind telling you not to do it was the Holy Ghost," Mom said. "Listening to the Holy Ghost can help us choose the right."

Mom gave Joe a new cloth and soap and sent him back to finish cleaning the garbage can. Joe went to Mrs. Burhopp and apologized, and then worked hard to clean the can.

Mrs. Burhopp came out to see Joe's progress. When there was only a light "JOE" on the can, she said he could go home and come back the next day to finish the job.

When Joe woke up the next morning, he looked out his window and noticed Mrs. Burhopp's trash can wasn't in the driveway. As he walked downstairs, Joe thought maybe he had done enough scrubbing to satisfy Mrs. Burhopp. But when Mom pulled out a small bucket of paint and a paintbrush, Joe knew he would need to repaint the garbage can.

As Joe painted, he thought about his bad choice. But he knew that he would do better next time by listening to the Holy Ghost when he had a choice to make. ♦

**"When temptations come our way, if we will listen, the Holy Ghost will remind us that we have promised to remember our Savior and obey the commandments of God."<sup>2</sup>**

Elder Robert D. Hales of the Quorum of the Twelve Apostles



### When My Heart Touches the Moon

It always happens at night;  
When the moon shines bright  
My heart touches the moon  
Like a gentle tune.  
It always touches my heart.  
It's like in my heart I have a cart  
That holds gallons of love—  
That's soft as a snow-white dove.  
When my heart touches the moon  
I always hear a gentle tune  
That is as soft as a snow-white dove  
From above.  
When it strikes dawn  
It's always gone,  
And a new morning begins.  
The stars all fall.  
Everything is bright.  
The sun, like the moon so bright,  
Which is now whispering good night,  
Very brightly fades away.  
And then begins a new bright day.

*Hanna E., age 7, California*

### Hope

Hope is what you want to have  
But sometimes is not here.  
Hope you have to wait for  
And have a little faith too.  
I hope for sun when snow is here.  
I hope for weekends when I'm in school.  
I hope for a rainbow after a storm.  
I hope I get to go on a mission.  
I hope to see Jesus when He comes again.

*Daniel M., age 9, Utah*

### Service

Service is helping,  
It's doing things right.  
When someone's in need,  
We'll give them a bite—  
A bite of the gospel,  
A bite of some bread.  
Either way,  
I'll be blessed when I'm dead.

*Marion M., age 10, Alaska*

### Family

Family is father and mother,  
Sister and brother,  
Plus more.

Family is loving each other,  
Sharing a bathroom,  
And bearing the bore.

Family is happy reunions,  
Swimming in lakes,  
And eating apples down to the core.

Family goes on forever,  
For ever and ever,  
Even when tragedy takes the floor.

Families who've been broken apart  
And miss each other  
Will all be reunited at heaven's door.

*Kalli C., age 10, Wyoming*

Would you like to send  
us a poem or drawing?  
Turn to page 48 to find  
out how.



*Grace S., age 7, Texas*



*Lauren S., age 7, Virginia*



*Liesel M., age 9, Massachusetts*



*Samantha T., age 8, Minnesota*

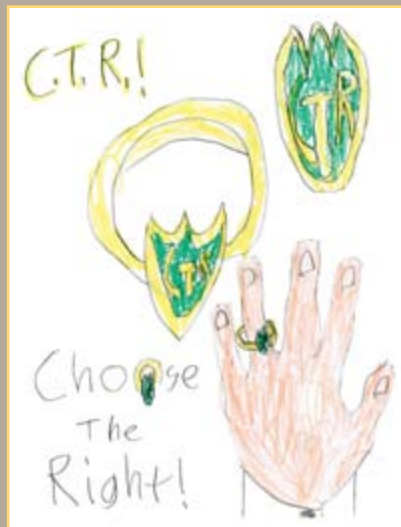


*Tanner C., age 6, Illinois*

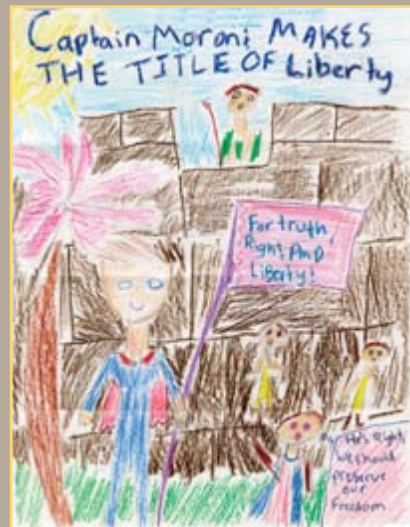




Jessa W., age 8, Nevada



Jaren B., age 9, Indiana



Jordan H., age 12, Washington



Sarah A., age 11, Germany



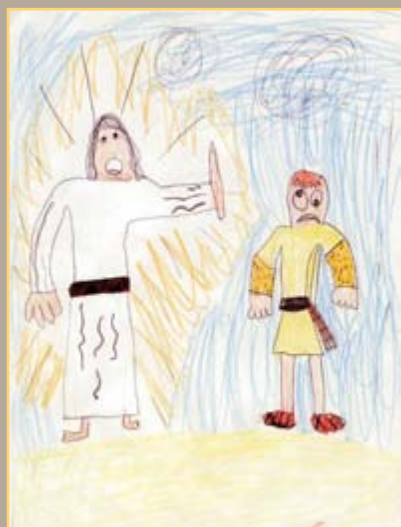
Spencer G., age 7, Utah



Makenzie T., age 7, Washington



Alex W., age 11, South Dakota



Calvin S., age 6, Utah



Elizabeth K., age 9, Missouri

# I Obey Jesus Christ Because I Love Him

By Sandra Tanner and  
Cristina Franco

**Y**ou can feel the Savior's love for you through the Holy Ghost. When do you feel the Savior's love? When you are saying

your prayers or reading the scriptures or singing a Primary song? Do you feel His love when you take the sacrament? What happens when you feel this love? Is your heart warm? Do you feel peaceful? Feeling the Savior's love makes us want to show our love for Him.

This month's scripture teaches us that we can show our love for God by keeping His commandments. In your scripture journal, write down some of the commandments you know how to keep. When we keep the commandments to show our love for God, He blesses us to feel His love even more.

## September 2010 Scripture Journal

*Read* John 14:15.

*Pray* to Heavenly Father to help you show your love to Him by obedience.

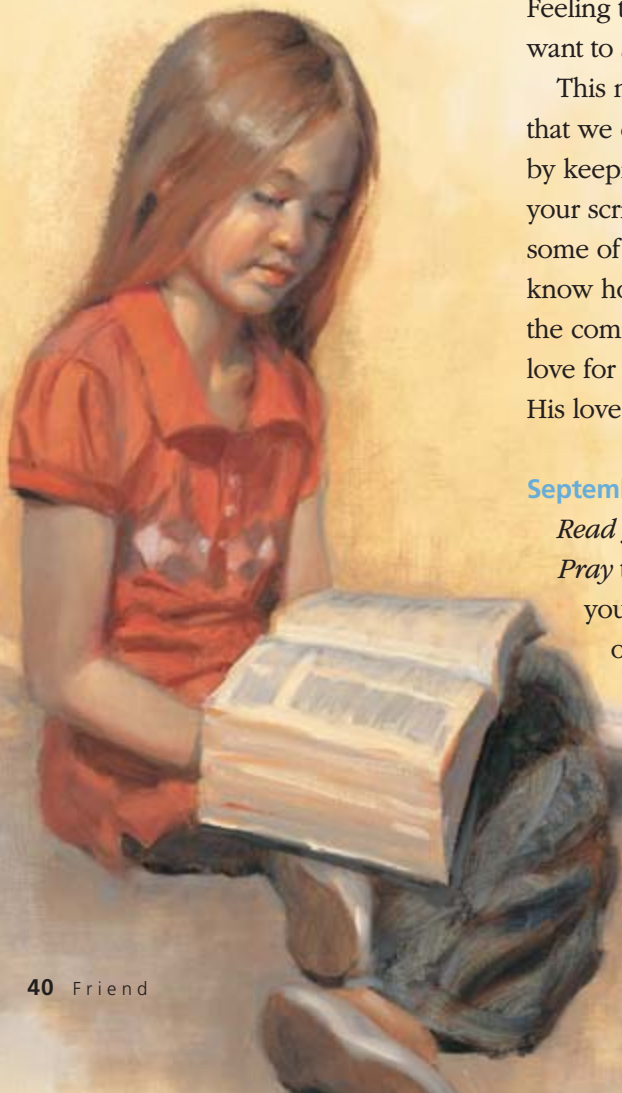
*Memorize* John 14:15 and repeat it to others.

*Choose* one of these activities or create your own:

- Help someone else memorize John 14:15.
- The Ten Commandments are found in Exodus 20:3–17. Read those verses; then fill in the stones on page 41 with a drawing or a few words to describe each commandment. Set a goal to keep one of the commandments more diligently during the next week.
- Talk to your parents or Primary teacher about when they have felt the Holy Ghost and known that the Savior loves them.
- Remember the times you have felt the Savior's love and write about them in your journal.

How does what you have done help you understand John 14:15?

*Write* in your journal or draw a picture about what you have done. ♦





The image shows a two-page spread of a notebook. The pages have a light-colored, stone-like texture with darker veins. The notebook is set against a bright background featuring a large sunburst in the center, with rays extending outwards. The sky is a mix of blue and yellow, and there are stylized white clouds on the left and right sides. The notebook pages are numbered 1 through 10, with each number followed by a horizontal line for writing. The pages are slightly aged and have a dark, irregular border.

1. \_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_

3. \_\_\_\_\_  
\_\_\_\_\_

4. \_\_\_\_\_  
\_\_\_\_\_

5. \_\_\_\_\_  
\_\_\_\_\_

6. \_\_\_\_\_  
\_\_\_\_\_

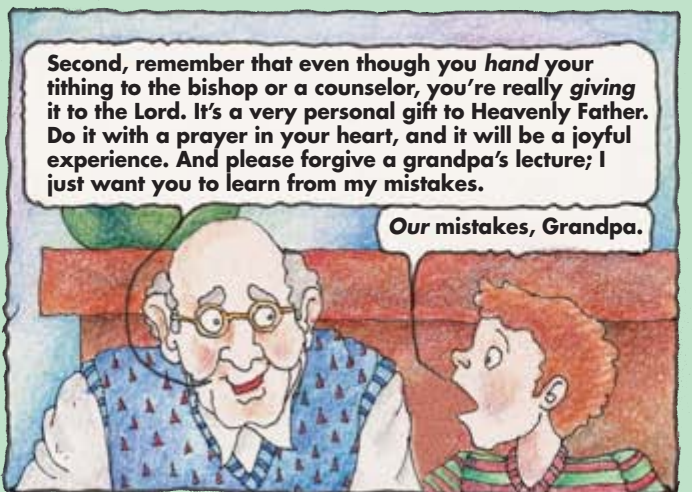
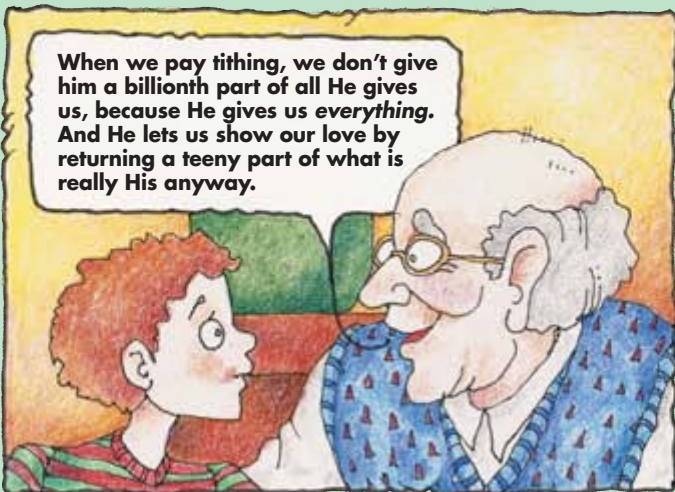
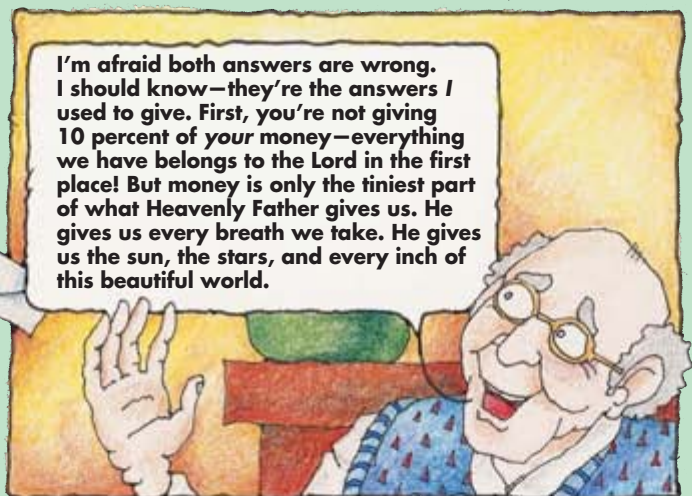
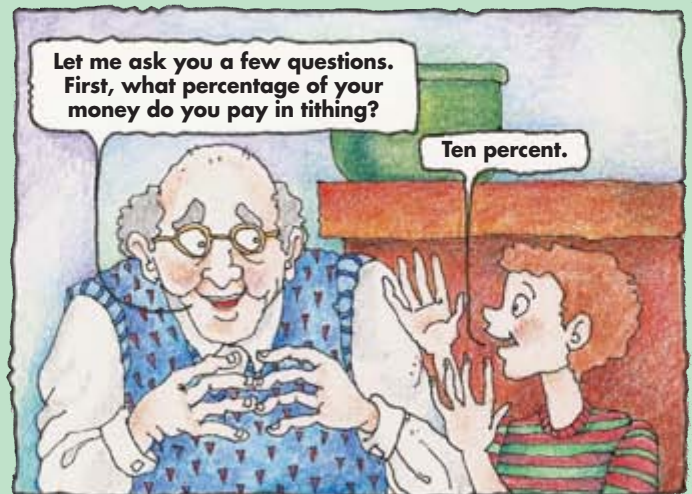
7. \_\_\_\_\_  
\_\_\_\_\_

8. \_\_\_\_\_  
\_\_\_\_\_

9. \_\_\_\_\_  
\_\_\_\_\_

10. \_\_\_\_\_  
\_\_\_\_\_









# Word Scramble

By Chad E. Phares

These words are not as they seem. Read the sentences, and then unscramble the letters to find the real words the sentence is describing. The first letter of each answer is underlined for you.

1. People in this building on Temple Square listen intently to the music they hear.

CAN BE ALERT

\_\_\_\_\_

2. Our family trees may start out small, but when we do our family history work, they can stretch this far.

TINY TREE

\_\_\_\_\_

3. Because the Jaredite ships were as tight as this, the Jaredites were not harmed by the ocean on their 344-day journey (see Ether 6:7).

IT HID LEAK ON US

\_\_\_\_\_

\_\_\_\_\_

4. Reading these words every day can help you become more faithful and obedient.

SCRIPT USER

\_\_\_\_\_

5. In this Old Testament book, you can read about the rainbow the Lord gave as a token of His covenant with Noah.

SEE SIGN

\_\_\_\_\_

6. This person works hard all week to make sure you are taught about the gospel on Sundays.

PREPARED MINISTRY

\_\_\_\_\_

\_\_\_\_\_

7. Even when life is bumpy, you will be blessed if you have this.

STONY TIME

\_\_\_\_\_

8. Those who believe in the words in this song can serve as missionaries thanks to their obedience and faithfulness.

SELECTED VALOR

\_\_\_\_\_

\_\_\_\_\_

# The Most Precious Gift

*There is no gift greater than the gift of salvation (D&C 6:13).*

(Based on a true story)

Sophie helped Mama clean their home. The missionaries were visiting today. They were welcome visitors in Sophie's home in Colombia. Mama prepared a special meal: tamales, rice, and corn with peppers.

The missionaries had taught Sophie's family about Jesus Christ and His Church. Just two weeks ago Elder Kraig and his new companion, Elder Jessen, had baptized Sophie, her parents, and her two older brothers. Already, Sophie felt the difference in their family. There was more laughing, singing, and praying.

During the meal Sophie listened to her parents and brothers discuss the scriptures with the missionaries. After the dishes were cleared away, Elder Kraig said, "I will be going home next week."

Sophie hadn't realized he would be leaving so soon. Tears crowded the corners of her eyes. Sophie glanced at her brothers. They were near tears too.

Elder Kraig sniffled a couple of times. "I have something for you," he said to Papa. He pulled a package from his backpack. "These are for you and your sons."

Papa opened the box and pulled out six white Sunday shirts. For a long moment he was silent. "We

cannot accept so fine a gift," he said at last.

Sophie heard the regret in Papa's voice. Their family did not have white shirts for Papa and the boys, and Sophie knew Papa wanted to show respect by dressing in white shirts when they went to church.

"I will not need so many shirts when I go home," Elder Kraig said. "You will be doing me a favor by keeping them."

"But I have nothing for you," Papa said. He pointed to the Book of Mormon. "You have already given us the most precious gift. You brought us the gospel of Jesus Christ."

The next day Sophie decided to make something for Elder Kraig. After talking with Mama, she decided to make a small woven blanket called a serape. She borrowed her mother's loom, chose the colors of yarn, and worked on it each day after school and chores. When her fingers fumbled, she carefully undid the strands and started over.

At last the serape was finished. She hoped Elder Kraig would like the colors she had woven together. She wrapped the serape in brown paper.

On the day of Elder Kraig's last visit to their home, Sophie presented her gift.

"Thank you, Sophie," Elder Kraig said. Tears shone in his eyes. "I will never forget you or your family."

"And we will never forget you," Sophie said. ♦





**"It is a rare and precious thing to have a testimony that God our Heavenly Father lives; that His Son, Jesus Christ, is our Savior and Redeemer; and that priesthood authority . . . has been restored once again."<sup>3</sup>**

Elder M. Russell Ballard of the Quorum of the Twelve Apostles







**Daniel Chooses the Right**

*Daniel purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine (Daniel 1:8).  
My God hath sent his angel, and hath shut the lions' mouths, that they have not hurt me (Daniel 6:22).*



# Friends in the News



**Kelsi H.**, 6, Arizona, has a favorite color—pink! She likes going to church and school; playing with dolls; and spending time with her siblings, Allen, Kaylee, and Preston.

**Ben and Ethan S.**, 7 and 4, Utah, enjoy Primary. Ben is a great big brother, student, and friend. He made a goal to read the Book of Mormon before his baptism. Ben likes soccer, reading, and skyscrapers. Someday he wants to be an architect. Ethan likes animals. He enjoys doing secret service around his home. When he grows up he wants to be a dad and a farmer or an architect.

**Madeline T.**, 10, Oregon, helps her mom take care of her younger siblings—Braden, Dallin, Brooklynn, Ammon, and Landen. She likes singing, reading, drawing, and family home evening.

**Quentin E.**, 9, Idaho, likes to read, especially scriptures. He has read the Bible, the Book of Mormon, and the Doctrine and Covenants. This has helped him stand up for his beliefs while respecting others' beliefs. He is a great example to his family and friends.

**Vanessa W.**, 5, Illinois, is a good older sister to Audrey. Vanessa likes ballet, swimming, and drawing. She especially enjoys family home evening.



**Jesse A.**, 6, Virginia, memorized all 13 articles of faith. He likes reading and riding his bike. His favorite scripture stories are about Nephi and his bow and Captain Moroni defeating Zerahemnah.



**Akaliea W.**, 4, Utah, likes making cookies, going to Grandma's house, and singing Primary songs in the car. She also likes reading about other children in the *Friend*.



## Albany Ward

The Albany Ward Primary of the Denham Springs Louisiana Stake went to the Baton Rouge Temple for a Primary activity. The children learned why the temple is a sacred place and listened reverently to a message from a member of the temple presidency. They enjoyed singing "I Love to See the Temple" and walking around the temple grounds.



## Crescent Park Fifth Ward

How many temples are there in the world? The children of the Crescent Park Fifth Ward of the Sandy Utah Crescent Park Stake found out. They put glow-in-the-dark stickers on a world map to mark each place where there is a temple. Then they turned off the lights to see how temples dot the earth!

Would you like to be a friend in the news? Turn to page 48 to find out how.



## Possible Ideas for Family Home Evening

1. Read "What is a priesthood quorum?" (page 11). How can your family support the priesthood? Think of people you know who hold the priesthood or are preparing to receive it. Discuss the importance of the priesthood and ways you can support your local quorums.

2. Have a family history night. As a family, talk about your heritage, perhaps sharing stories, traditions, or heirlooms. If you don't know much about your family heritage, look on page 25 to learn how you can get started.

3. Read "The Most Precious Gift" (pages 44–45). Do you or anyone in your family know someone who is serving a mission? This person could be a relative, a friend, or maybe a missionary who is serving in your ward. As a family, plan and carry out an activity to show these missionaries your gratitude.

4. As a family, share your favorite talks or memories from past general conferences. If you have family traditions like those on page 22, feel free to practice them. Discuss the importance of conference and how to listen respectfully.

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To subscribe online, go to [ldscatalog.com](http://ldscatalog.com).



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To send us a letter, drawing, or poem, please fill out this form and include it with your submission. Please also include a school photo or high-quality snapshot. Submissions will not be returned and may be edited for length and clarity.

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(f) = Funstuf

(IFC) = inside front cover

(m) = music

(v) = verse

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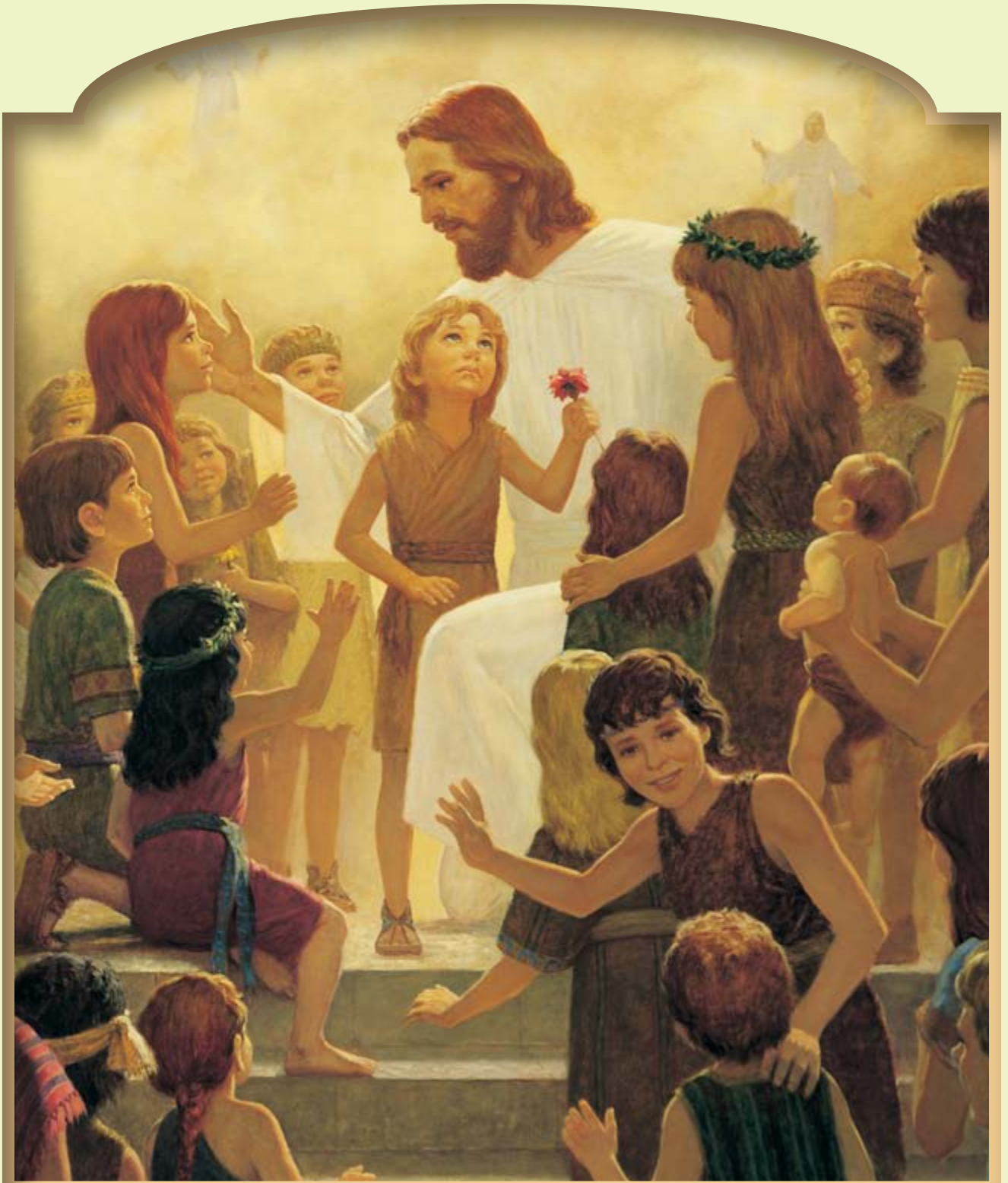
1. "Using the Supernal Gift of Prayer," *Ensign*, May 2007, 9.
2. "The Covenant of Baptism: To Be in the Kingdom and of the Kingdom," *Ensign*, Nov. 2000, 7.
3. "Pure Testimony," *Ensign*, Nov. 2004, 40.

## Funstuf Answers

Page 17: Love one another; as I have loved you (John 13:34).

Page 43: 1) TABERNACLE, 2) ETERNITY, 3) LIKE UNTO A DISH, 4) SCRIPTURES, 5) GENESIS, 6) PRIMARY PRESIDENT, 7) TESTIMONY, 8) CALLED TO SERVE.





**“Suffer the little children to come unto me, and forbid them not:  
for of such is the kingdom of God” (Mark 10:14).**



## For Children



**LISTEN TO STORIES** Listen to and download favorite stories from this issue and other issues by visiting [friend.lds.org](http://friend.lds.org). Click on **Listen to Stories**.

**COLOR ONLINE** The best way to color in the lines is to visit the *Friend's* online coloring pages. You can color pictures of a temple, missionaries, President Monson, and a family.

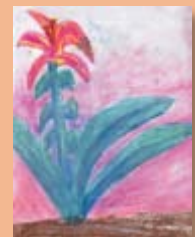


## For Parents



**CONFERENCE** Help your children get ready for conference. Visit [friend.lds.org](http://friend.lds.org) to print conference games and activities.

**CHILDREN'S SUBMISSIONS** Would your child like to send a letter or drawing to the *Friend*? Visit [friend.lds.org](http://friend.lds.org) and click on **Submit Your Material**. You can also find information on page 48 of this issue.



## For Teachers and Leaders



### SACRAMENT MEETING PRESENTATION SONGS IN ASL

A DVD teaching songs for the Primary sacrament meeting presentation in American Sign Language is available from Distribution Services. Visit [ldscatalog.com](http://ldscatalog.com) and enter item number 08586010 in the Quick Search box.

**ONLINE PRIMARY SONGS IN ASL** You can learn to sign many other songs from the *Children's Songbook*. Go to [lds.org/churchmusic](http://lds.org/churchmusic). Click on **Music**, then **Children's Songbook**, and then on **Learn Children's Songbook in American Sign Language (ASL)**.

