

Words Matter

The words we say
Trace your finger a
words you say can

You thanked your
dad for making
dinner.

You said, "I love
you," to your sister.

You spread rumors
about Mitch to your
other friends.

You told a mean joke
about Zane. Then
you laughed and said,
"Just kidding."

You told Lila she
did a good job at
her soccer game.

You complained
when your mom
asked you to
set the table.

make a big difference.
along the lines to see how the
make others feel.

She felt sad that you
didn't help her.

He sat alone
at lunch.
He felt sad
and lonely.

He smiled and
looked very happy.

She felt cared for
and important.

She felt more
confident
next time she
played.

He felt bad
about himself
and wondered if
it was true.

WORDS STICK!

Help your family feel loved by sticking kind
notes around the house. Cut out the cards
or make your own.

