

# “The Family: A Proclamation to the World” Came from God to Help My Family

By Erin Sanderson and Jean Bingham

Children have a lot of power—power to make a difference in families! All families are not the same, but every family is important to Heavenly Father. He wants our families to be strong, so He gave us “The Family: A Proclamation to the World” to help us. Heavenly Father knows that **you** can help your family be strong.

**You** are part of an eternal family that needs your help.

**You** can bring happiness, kindness, and love to your family.

**You** can listen to each other, work and play together, forgive and help each other.

**You** can read the scriptures with your family.

**You** can be a good example to your family as you pray and keep the commandments. ♦

## THE FAMILY A PROCLAMATION TO THE WORLD

THE FIRST PRESIDENCY AND COUNCIL OF THE TWELVE APOSTLES  
OF THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

*WE*, THE FIRST PRESIDENCY and the Council of the Twelve Apostles of The Church of Jesus Christ of Latter-day Saints, solemnly proclaim that marriage between a man and a woman is ordained of God and that the family is central to the Creator's plan for the eternal destiny of His children.

ALL HUMAN BEINGS—male and female—are created in the image of God. Each is a beloved spirit son or daughter of heavenly parents, and, as such, each has a divine nature and heavenly potential, and, as such, each has a divine nature and heavenly potential, and, as such, each has a divine nature and heavenly potential. Gender is an essential characteristic of individual premortal, mortal, and eternal identity and purpose.

IN THE PREMORTAL REALM, spirit sons and daughters knew and worshipped God as their Eternal Father and accepted His plan by which His children could obtain a physical body and gain earthly experience to progress toward perfection and ultimately realize their divine destiny as heirs of eternal life. The divine plan of happiness enables family relationships to be perpetuated beyond the grave. Sacred ordinances and covenants available in holy temples make it possible for individuals to return to the presence of God and for families to be united eternally.

THE FIRST COMMANDMENT that God gave to Adam and Eve pertained to their potential for parenthood as husband and wife. We declare that God's commandment for His children to multiply and replenish the earth remains in force. We further declare that God has commanded that the sacred powers of procreation are to be employed only between man and woman, lawfully wedded as husband and wife.

*WE* DECLARE the means by which mortal life is created to be divinely appointed. We affirm the sanctity of life and of its importance in God's eternal plan.

HUSBAND AND WIFE have a solemn responsibility to love and care for each other and for their children. “Children are an heritage of the Lord” (Psalm 127:3). Parents have a sacred duty to rear their children in love and righteousness,

to provide for their physical and spiritual needs, and to teach them to love and serve one another, observe the commandments of God, and be law-abiding citizens wherever they live. Husbands and wives—mothers and fathers—will be held accountable before God for the discharge of these obligations.

THE FAMILY is ordained of God. Marriage between man and woman is essential to His eternal plan. Children are entitled to birth within the bonds of matrimony, and to be reared by a father and a mother who honor marital vows with complete fidelity. Happiness in family life is most likely to be achieved when founded upon the teachings of the Lord Jesus Christ. Successful marriages and families are established and maintained on principles of faith, prayer, repentance, forgiveness, respect, love, compassion, work, wholesome recreational activities. By divine design, fathers are to preside over their families in love and righteousness and are responsible to provide the necessities of life and protection for their families. Mothers are primarily responsible for the nurture of their children. In these sacred responsibilities, fathers and mothers are obligated to help one another as equal partners. Disability, death, or other circumstances may necessitate individual adaptation. Extended families should lend support when needed.

*WE* WARN that individuals who violate covenants of chastity, who abuse spouse or offspring, or who fail to fulfill family responsibilities will one day stand accountable before God. Further, we warn that the disintegration of the family will bring upon individuals, communities, and nations the calamities foretold by ancient and modern prophets.

*WE* CALL UPON responsible citizens and officers of government everywhere to promote those measures designed to maintain and strengthen the family as the fundamental unit of society.

*This proclamation was read by President Gordon B. Hinckley as part of his message at the General Relief Society Meeting held September 23, 1995, in Salt Lake City, Utah.*



### SCRIPTURE

- John 15:11

### IDEAS FOR FAMILY TALK

Heavenly Father wants all families to be strong and to return to Him. Talk about what each member of the family can do to help your family be strong.



I can strengthen my family by

I can strengthen my family by

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### YOU CAN!



Decorate a clean, empty can with this label (at right) and some photos or drawings. Fill in the word strips with ideas about how you can strengthen your family. Cut out the word strips and put them in the can. Each day choose a word strip from the can and do what it says. As you try to live your ideas, you can make a difference in your family!

