

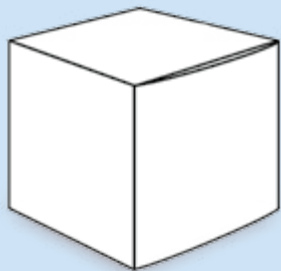
Family Fun



Time

Read “Violin Victory” (page 4). Garrett loves playing the violin and practices so he can improve his musical talent. Heavenly Father has given each of us many gifts and talents. It’s our job to figure out what they are and then use them to help other people!

Have each family member make his or her own “gift box” using the pattern below. Be sure to get an adult’s help.



Things I Can Do With My Spirit

*I can practice listening to the Holy Ghost.
I can share my testimony.*

Things I Can Do With My Body

*I can run really fast.
I can learn how to whistle.*

Things I Can Do With My Brain

*I can figure out puzzles.
I can practice drawing.*

Things I Can Do With Others

*I can learn to listen to others.
I’m good at making people smile.*

Ask someone else to write down a talent they’ve noticed in you!

Things Others See In Me

Things I’d like to Work On
I want to learn how to sing.
I want to help people when they’re sick.

Your Gifts from Heavenly Father

YOU WILL NEED:

- paper or cardstock for each person
- pencil
- scissors
- stickers and stamps (optional)
- glue

1. Trace the pattern onto a piece of paper and cut it out. Or print copies at friend.lds.org.
2. Use the examples on the pattern to fill in talents you have or want to work on. Decorate the squares with drawings, stickers, and stamps.
3. Fold the pattern along the lines and glue the tabs in place to make a cube.
4. Take turns rolling your cubes and talking about how you could use each talent to help someone.

Roasted Pumpkin Seeds

- 2 cups raw pumpkin seeds
- 1/2 teaspoon each chili powder and garlic salt
- 1 teaspoon salt
- 2 teaspoons melted butter or olive oil

1. Clean off most of the pumpkin goop. Rinse off and pat the seeds dry. Stir the seeds in a bowl with the seasonings and the butter or oil.
2. Spread the seeds in a single layer on a baking sheet. Bake for about 40 minutes at 300°F (150°C), stirring occasionally, until the seeds are golden brown. Cool before eating.