



# Kindness to All Creatures



Tn the March 2011 issue, I read ■and loved the story "Kindness to All Creatures." I loved it so much that I wrote a talk about it for Primary. I know I can be kind to all creatures like David O. McKay was.

Kailiokalani W., age 9, Wyoming, USA

# Favorite Pictures from the Friend



Then my family lived in Switzerland, I hung my favorite pictures from the Friend on our fridge so I could see them every day. I can't wait to get the Friend in the mail and read it with my family and my dog, Geneve!

Kenneth C., age 8, Texas, USA

# Family Night with the Friend



he thing I like about the *Friend* magazine is the stories. We read them for family home evening, and I learn new things that help me in my life.

Spencer G., age 11, Utah, USA

# How We Read the Friend

**7**e like to read the *Friend* together! Gideon, Annie, and Autumn W., ages 3, 1, and 5, Indiana, USA



# Dear Friends,

If you're in the oldest class in Primary, you might be wondering about moving on to Young Women or the Aaronic Priesthood. What will it be like? What do you have to look forward to? Turn to pages 44 and 46 to find out! Also, learn a new song on page 43 about growing up to become a righteous young woman or young man.

Shine on!

The Friend

P.S. Write to tell us how you're getting ready to move on when you turn 12!

Was there a letter or a story in this month's issue that helped you? Tell us about it. Turn to page 48 to find out how.



A children's magazine published by The Church of Jesus Christ of Latter-day Saints

#### STORIES AND FEATURES

- 2 From the First Presidency: Seeing Our Blessings / President Thomas S. Monson
- 4 Violin Victory
- 6 Family Fun Time
- 7 Bright Idea
- 8 Pecan Mystery
- 11 Cooking with Dad
- 12 The Prophets' Granddaughter, Part 1: A Distant Shore
- 14 Friends around the World: Bárbara from Chile
- 16 Bulletin Board
- 19 Friend to Friend: Look Up / Elder Adrián Ochoa
- 20 A Family Team
- 22 The New Adventures of Matt & Mandy
- 24 Stand as a Witness
- 26 Freckles & Pebbles
- 28 When I Grow Up ... I Want to Be a Dad
- 30 Following Jesus: Be a Missionary
- 36 A Goodbye Gift for Grammie
- 38 Show and Tell
- 40 **Bringing Primary Home:** "The Family: A Proclamation to the World" Came from God to Help My Family
- 42 Special Witness: Elder Quentin L. Cook
- 48 P.S.

#### **FOR LITTLE FRIENDS**

- 32 Kayson Goes "Vrrroom!"
- 35 Getting Ready for Church

#### FOR OLDER KIDS

- 44 Mathilde Gets Ready for Young Women
- 46 Serving Now to Serve Later

#### MUSIC

43 Our Time to Shine

#### THINGS TO MAKE AND DO

- 10 Funstuff: Puzzle Page
- 18 Friend Figure: Diego from Chile
- 23 Funstuff: Hidden Picture
- 29 Craft: Color Swirls
- 31 Funstuff: While You're Watching Conference
- 49 Old Testament Scripture Figures: Esther



#### Cover by Jennifer Tolman

#### Volume 44 Number 10 October 2014

#### The First Presidency:

Thomas S. Monson, Henry B. Eyring, Dieter F. Uchtdorf

#### The Quorum of the Twelve Apostles:

Boyd K. Packer, L. Tom Perry, Russell M. Nelson, Dallin H. Oaks, M. Russell Ballard, Richard G. Scott, Robert D. Hales, Jeffrey R. Holland, David A. Bednar, Quentin L. Cook, D. Todd Christofferson, Neil L. Andersen

Editor: Craig A. Cardon

**Advisers:** Mervyn B. Arnold, Christoffel Golden, Larry R. Lawrence, James B. Martino, Joseph W. Sitati

Managing Director: David T. Warner
Director of Operations: Vincent A. Vaughn
Director of Church Magazines: Allan R. Loyborg
Business Manager: Garff Cannon

Managing Editor: Jan Pinborough

Assistant Managing Editor: Marissa Widdison

Publications Assistant: Carrie Kasten

Writing and Editing: David Dickson, David A. Edwards, Matthew Flitton, Lori Fuller, Garrett H. Garff, Alissa Holm, Mindy Anne Leavitt, Michael R. Morris, Richard M. Romney, Paul VanDenBerghe

Editorial Interns: Katherine Nelson, Ethan Parry

Managing Art Director: J. Scott Knudsen
Art Director: Mark W. Robison

**Design:** Thomas S. Child, Brad Teare

Design Intern: Supansa Wongwiraphab

Intellectual Property Coordinator:

Collette Nebeker Aune

Production: Marlene Roscheck

Prepress: Joshua Dennis

Printing Director: Craig K. Sedgwick

Distribution Director: Stephen R. Christiansen

© 2014 by Intellectual Reserve, Inc.

All rights reserved. The Friend (ISSN 0009-4102) is published monthly by The Church of Jesus Christ of Latter-day Saints, 50 E. North Temple St., Salt Lake City, Utah 84150-0024, United States of America. Periodicals Postage Paid at Salt Lake City, Utah.

**To subscribe:** By phone: Call 1-800-537-5971 to order using Visa, MasterCard, Discover Card, or American Express.

Online: Go to store.lds.org.

**By mail:** Send \$8 U.S. check or money order to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368.

To change address: Send old and new address information to Distribution Services at the above address, or change the address by phone at the number listed above. Please allow 60 days for changes to take effect.

#### Submit manuscripts or art to:

Friend Editorial, 50 E. North Temple St. Rm. 2432, Salt Lake City, UT 84150-0024, United States of America. Unsolicited material is welcome, but no responsibility is assumed. For return, include self-addressed, stamped envelope. Children's submissions will not be returned. Email: friend@ldschurch.org.

## The *Friend* can be found on the Internet at **lds.org/friend.**

Text and visual material in the Friend may be copied for incidental, noncommercial church or home use. Visual material may not be copied if restrictions are indicated in the credit line with the artwork. Copyright questions should be addressed to Intellectual Property Office, 50 E. North Temple St., Salt Lake City, UT 84150, United States of America; email: cor-intellectualproperty@ldschurch.org.

POSTMASTER: Send all UAA to CFS (see DMM 707.4.12.5). NONPOSTAL AND MILITARY FACILITIES: Send address changes to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-

Canada Post Information: Publication Agreement #40017431.



boy named Gordon grew up on a farm in Canada. On Thanksgiving morning, his father would take Gordon and his siblings to count their blessings. They went to the cellar with its barrels of apples, bins of beets, and mountains of sacked potatoes as well as peas, corn, string beans, jellies, and strawberries. The children counted everything carefully. Then they went to the barn and counted the hay and bushels of grain. They counted the cows, pigs, chickens, turkeys, and geese. Their father wanted them to realize how richly God had blessed them. Finally, they sat down to a feast.

But one year it seemed they had nothing to be grateful for. Storms had beaten their crops down and left their potatoes rotting in the mud. All they had harvested was a patch of turnips that had somehow weathered the storms. The only good thing that happened that year

was that electricity came to their town. There would be no more lamps to fill with oil, no more wicks to cut.

On Thanksgiving morning, Gordon's father brought a jackrabbit for Gordon's mother to cook. When it was finally on the table with some of the turnips, the children refused to eat. Gordon's mother cried, and then his father went up to the attic. He got an oil lamp and lit it. Then he told the children to turn off the electric lights. They could hardly believe it had been that dark before. How had they seen anything without the bright lights made possible by electricity?

The food was blessed, and in the humble dimness of the old lamp, Gordon's family felt grateful. Their home, for all its want, felt rich to them. In addition to all else for which we are grateful, may we ever reflect our gratitude for our Lord and Savior, Jesus Christ.

Adapted from "The Divine Gift of Gratitude," Ensign, Nov. 2010, 87-90.

### **BLESSINGS WE SEE**

Here are some blessings our readers saw. You could go on a blessing hunt and then draw or take pictures of some of your blessings!













#### LIGHTING OUR WAY EVERY DAY

Gordon's family was grateful for electric lights. Use the scriptures below, and fill in the blanks to find out one source of light everyone can be grateful for. Find answers on page 48.

- 1. The third word in John 8:12
- 2. The eighth word in Isaiah 60:19

4. The eighth word in D&C 93:9

and the is the \_\_

of the

3. The fourth word in Alma 34:32

4



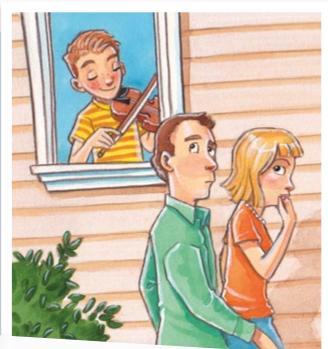
# December 15

I'm getting a little better at the violin, but I still get pretty frustrated sometimes. Dad says it takes time to develop a talent. He says Heavenly Father gives us all different gifts. That's another word for talents. Some people are good at singing or listening or other stuff. Dad says God wants us to work on our talents so we can help other people.

# February 23

Today at my lesson, Mrs. Redman said the biggest part of getting better is to practice, practice, practice. She said we have to take care of our talents the same way a farmer takes care of the crops in his fields. That way, they will grow. She said, "If a farmer didn't tend his crops every day, they wouldn't grow well at all." I think she's probably right.





# April 23

Mom and Dad said I'm sounding pretty good on the violin. I wonder if they said that just to make me feel better so I won't give up. Because it's funny how when I practice, they find a reason to go somewhere else—like outside or down the street.

June 16

Tonight I played the violin in front of the whole ward. It was for our talent show. I was so nervous. When I played "I Am a Child of God," I saw Sister Palmer crying. Then I saw Mom wiping her eyes too. I thought maybe it was because I was playing so badly.

Afterward Sister Palmer came up to me. She said I played the song so beautifully it made her cry. Mom said her tears were happy tears. Dad hugged me so hard I thought I was going to burst.

August 10

I'm still working on the violin. I practice almost every day. I know I can get better at it. I want to make my talent grow so I can be my own best self. Maybe someday I can even play in a real concert hall.

The author lives in Utah, USA.

# Family Fun



# Time

Pead "Violin Victory" (page 4). Garrett loves playing the violin and practices so he can improve his musical talent. Heavenly Father has given each of us many gifts and talents. It's our job to figure out what they are and then use them to help other people!

Have each family member make his or her own "gift box" using the pattern below. Be sure to get an adult's help.

# Things I Can Do With My Spirit

I can practice listening to the Holy Ghost. I can share my testimony.

# Things I Can Do With My Body

I can run really fast.
I can learn how to whistle.

## Your Gifts from Heavenly Father

YOU WILL NEED:

paper or cardstock for each person pencil scissors stickers and stamps (optional) glue

- 1. Trace the pattern onto a piece of paper and cut it out. Or print copies at friend.lds.org.
- 2. Use the examples on the pattern to fill in talents you have or want to work on. Decorate the squares with drawings, stickers, and stamps.
- 3. Fold the pattern along the lines and glue the tabs in place to make a cube.
- 4. Take turns rolling your cubes and talking about how you could use each talent to help someone.

# Thing I Can Do With My Brain I can figure out puzzles. I can practice drawing.

# Things I Can Do With Others

I can learn to listen to others. I'm good at making people smile. Ask someone else to write down a talent they've noticed in you!

# Things Other, See In Me

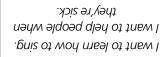
#### Roasted Pumpkin Seeds

2 cups raw pumpkin seeds

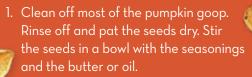
1/2 teaspoon each chili powder and garlic salt

1 teaspoon salt

2 teaspoons melted butter or olive oil



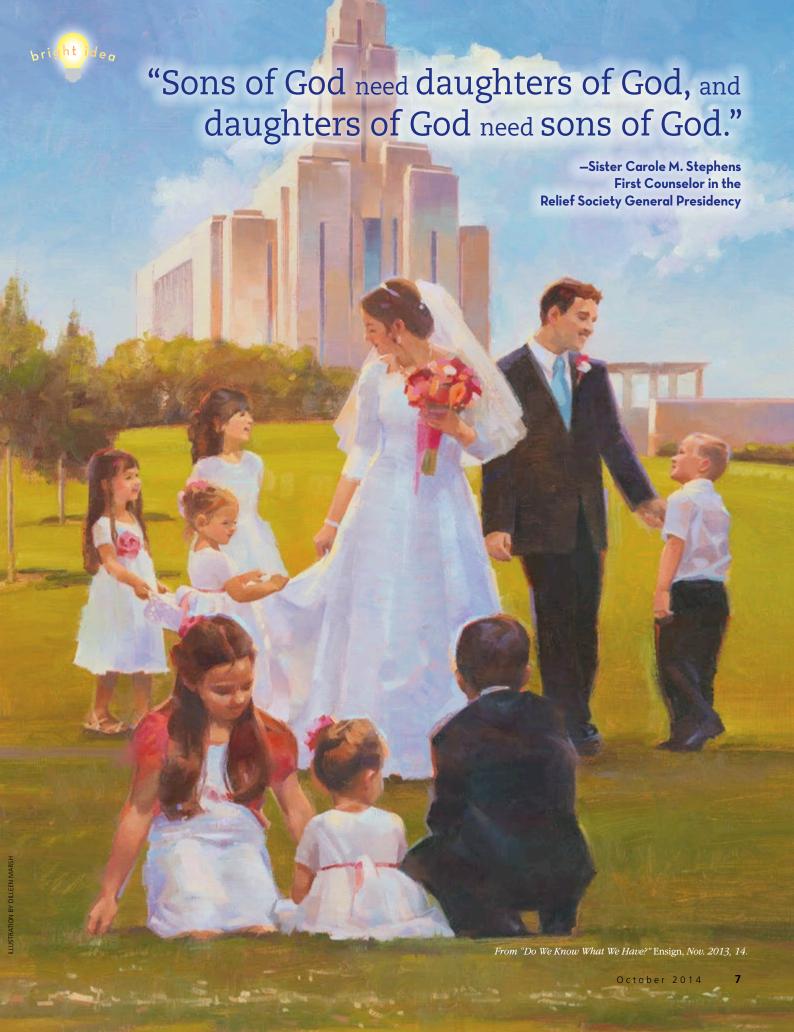
ot shil b'I VenidT Mork On



2. Spread the seeds in a single layer on a baking sheet. Bake for about 40 minutes at 300°F (150°C), stirring occasionally, until the seeds are golden brown. Cool before eating.









"It's always fun when grandpa comes, when grandpa comes hooray!" (Children's Songbook, 201).

Katie wiped tears from her cheeks and waved goodbye as Mom drove away.

"I remember the first time I stayed at my grandparents' house," Grandpa said as they walked back to his porch. "I was seven, just like you."

Katie swallowed a lump in her throat. She loved Grandma and Grandpa, but she'd never stayed here without Mom before. "What was it like?"

"Well, my grandpa gave me special jobs to do." They sat down together on Grandpa's porch swing. A soft breeze stirred leaves in the trees.

"What kind of jobs?" Katie asked.

"Oh, I fed cackly old hens and found their eggs. I pulled weeds and carried firewood. I had a great time."

Katie smiled a little. It sounded fun to gather eggs. "Do you have any special jobs I can do?"

Grandpa grinned. "Oh yes! Last night's windstorm left a lot of sticks and pecans to pick up."

Katie looked around. Grandpa's yard was like a big park with giant pecan trees growing around the edges. "I'll help!" Katie said.

Grandpa pushed his wheelbarrow around the yard while Katie picked up sticks and pecans. Something

caught her eye. Under a large tree was a pile of pecans stacked up as neat as could be.

"Grandpa! Look over here!" Katie shouted.

Grandpa hurried over. "Well, look at that! How many are there?"

Katie knelt down to look closer. "... 10, 11, 12," she counted. "Is an animal saving the nuts for winter?"

"Hmm," Grandpa said. "Let's leave them here and check again tomorrow to see if there are any more."

Katie's eyes grew large. She'd watch every day!

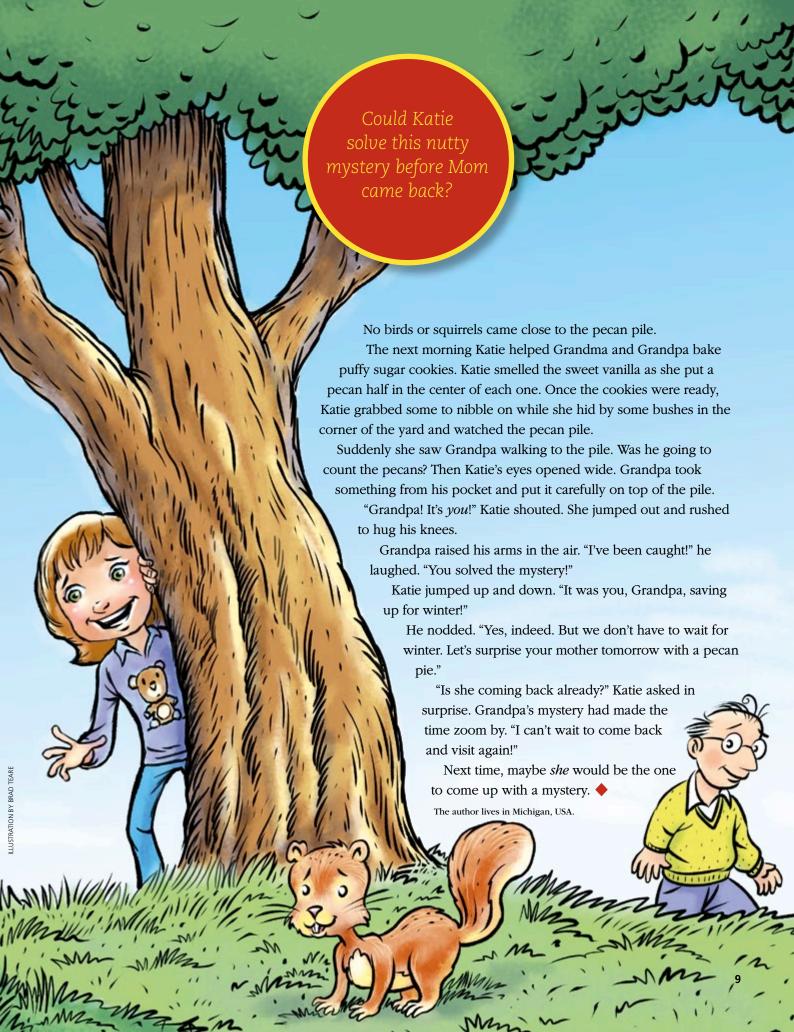
The next morning Katie ran to the big tree and got down on her hands and knees—11, 12, 13. There *was* one more! She checked around the yard. What animal would save up pecans one at a time?

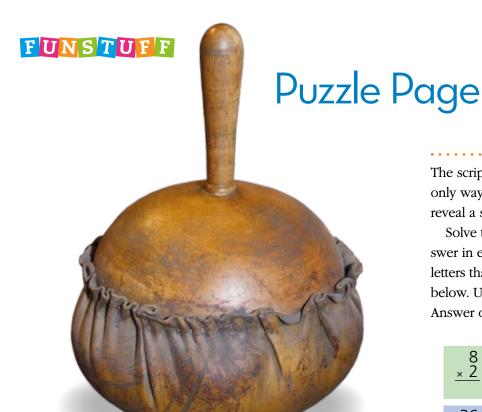
As soon as Katie woke the next day, she ran to the tree—14! She couldn't believe it. "Grandpa, is it a bird?"

"Let's watch and find out," Grandpa said.

They sat on the porch swing and kept quiet. Robins hopped around the yard, tugging earthworms from the ground. Warblers jumped from branch to branch. Woodpeckers hammered on tree trunks.

Squirrels picked up nuts, but they carried them to a hole high in a tree.





# **Lifelong Learning**

The scriptures teach us that studying is not the only way to learn. The solution to this puzzle will reveal a second way we should learn.

Solve the math problems below. Find the answer in each row that doesn't match and write the letters that go with those problems in the spaces below. Unscramble the letters to solve the puzzle. Answer on page 48.

Life was different for the pioneers in big ways and small ones. What do you think this object from pioneer times was used for? Answer on page 48.

A. a musical instrument filled with dry beans

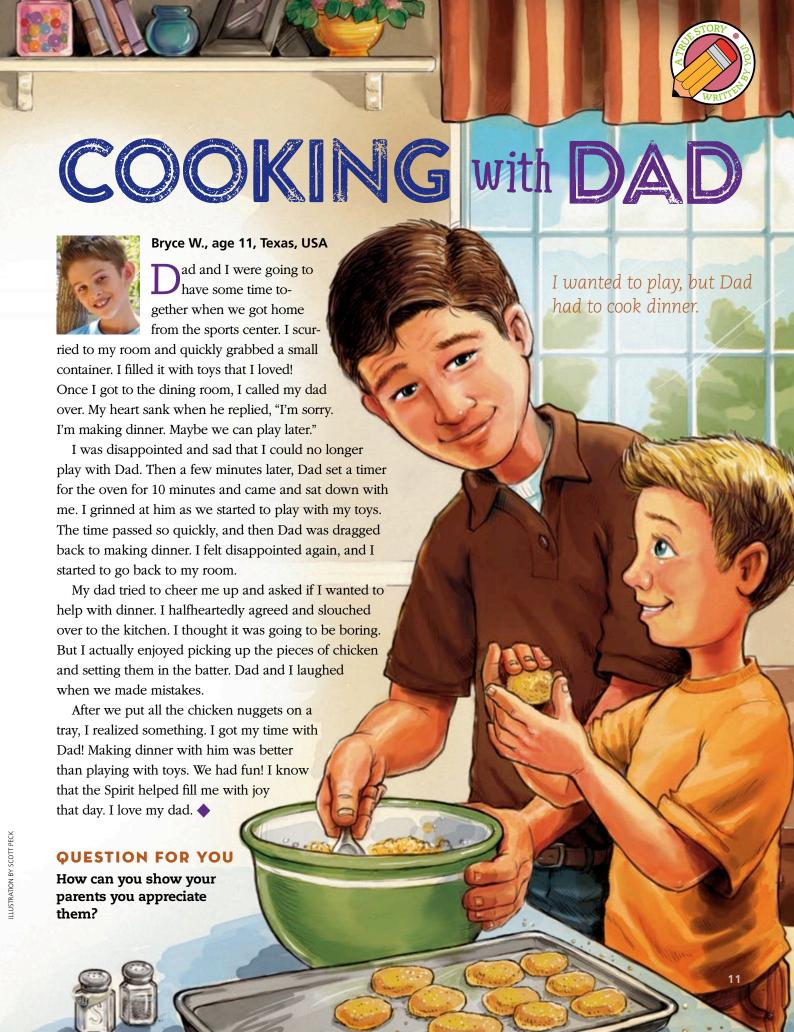
B. a type of rolling pin used for kneading bread dough

C. a coal-fueled heating pad

D. a tool used to put ink on a printing press

<u>* 2</u> D	35	4	4
	-19 R	+14	×4
36	13	11	3
<u>+ 4</u> Q	- 3	- 2	× 3
12	× 5 Y	100	50
+12		- 75 Z	÷ 2
<u>× 2</u> <b>I</b>	2	4	18
	× 6	× 3	_ 6
4 B	30 -10	×10 0	25 _15





# ABBIStant S



By Jessica Larsen (Based on a true story)

This story begins the summer of 1883 on a ship in the Pacific Ocean.

Allie peered over the ship's bow out across the endless blue ocean.

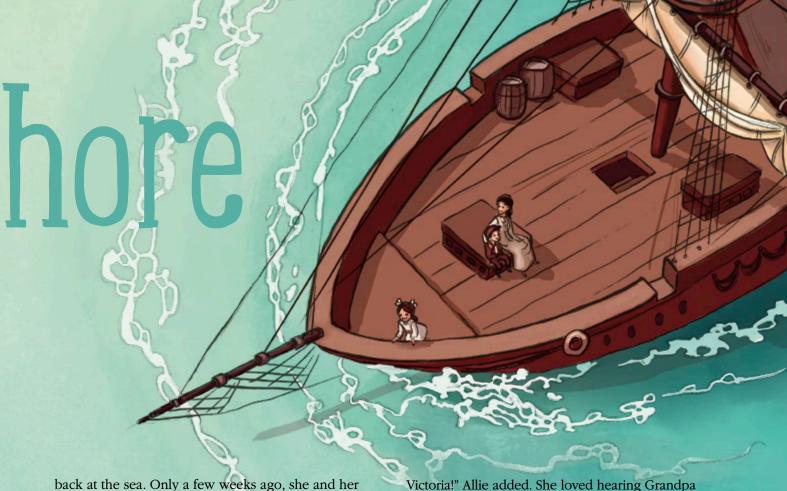
"Are we there yet?" her brother, Morris, asked. He was only five, and he seemed to think their three-week journey would never end.

"Not quite!" Allie said. She was seven, and she thought this was a great adventure. "Father told me it's over 3,000 miles from Utah to the Sandwich Islands." The Sandwich

Islands was another name for Hawaii, the island

kingdom that would soon be Allie's new home.

Morris went back to sit with their mother, who was watching them from the deck. Allie looked



back at the sea. Only a few weeks ago, she and her family had been living in Utah, just waiting for winter to end. But everything had changed when Father was called to serve a mission.

Allie turned from the sea and sat with Mother and Morris. "Tell me a story," she said.

"Hmm, a story," Mother said. "Once upon a time, there was a young girl named Alice Armeda Snow Young, but her family called her Allie."

Allie grinned. She loved hearing stories about herself and her family!

"Her grandfather on her father's side was Brigham Young. He helped lead the Saints to the West after the Prophet Joseph Smith was killed." Allie nodded. Grandpa Young was a brave man with a powerful testimony.

"Her grandfather on her mother's side was Lorenzo Snow, an Apostle. After Grandpa Snow joined the Church, he served several missions in the United States before crossing the ocean to preach the gospel in England."

"Where he even gave a Book of Mormon to Queen

Victoria!" Allie added. She loved hearing Grandpa Snow's stories.

Allie leaned her head against Mother. Both of her grandfathers were special to her.

"And now you get to carry on their legacy of faith," Mother said. "Many families have to stay behind while husbands and fathers go on missions—"

"But we get to go with Father on his mission to Hawaii!" Allie said.

Father had served a mission in Hawaii as a young man. Allie loved hearing his stories about the faraway land ruled by a king. Now they would all live near the mission house on the island of Oahu while Father traveled the islands to preach and strengthen the Saints.

As the ship moved through the dark sea,
Allie kept her eyes fixed on the horizon.
She imagined her new home with its white
beaches, emerald trees, and crystal skies. She
couldn't wait to see what adventures this mission
would hold!

To be continued . . .

The author lives in Arizona, USA.

# Bárbara from Chile

# From an interview by Amie Jane Leavitt

Bárbara lives in Chile, a country on the western coast of South America. It is long and skinny and shaped like a ribbon. Some areas are hot and dry (like the Atacama Desert), and some are tropical and wet (like Easter Island). She lives in Chile's capital, Santiago.

I am the only member of the Church in my school class. This gives me chances to tell my friends about Jesus Christ and the Book of Mormon.
One time my best friend asked me to teach her how to pray. So I did. Then we both said a prayer over lunch at school.



I am nine years old and have two younger brothers. I try to be a good older sister and help take care of them and play games with them. I like taking care of children. I want to be a teacher when I grow up.

In 2013 I turned eight and was baptized and confirmed by my dad. I was so excited! It was a special experience that I'll always remember.



\* "Hello, friends!" in Spanish

We celebrate fun holidays in Chile. September 18th is Independence Day, and the 19th is Armed Forces Day. During these two days, we dance our national dance called "La Cueca" and eat yummy meat turnovers called empanadas.



On the weekends, my family loves to hike and drive four-wheelers in the mountains near our home. We also like to go to the beach.



We have a special Christmas meal—tomatoes stuffed with tuna. In Chile, Santa Claus comes at exactly midnight on Christmas Eve. We even get to stay awake until he comes!

Find a recipe for stuffed tomatoes on page 17.

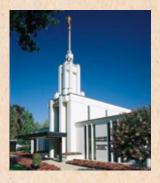


Cut out the stamp and add it to your passport from the January issue.



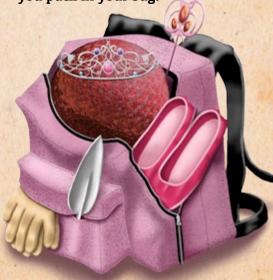
# I LOVE TO SEE THE TEMPLE

The Santiago Chile Temple was the first temple built in a Spanish-speaking country. It was dedicated September 15, 1983. It was the second temple built in South America.



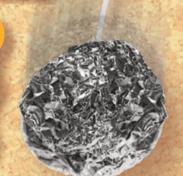
#### **READY TO GO!**

Bárbara's bag is packed with some of her favorite things. Which of these things would you pack in your bag?



# Bulletin Board





On page 14 Bárbara tells us about her life in Chile. Here are some fun facts about this country.

- Penguins live in the most southern part of Chile, near Antarctica.
- Most of Chile is covered in mountains.
- Easter Island, off the western coast of Chile, has famous statues that were carved almost a thousand years ago or more.
- The Atacama Desert in northern Chile is the driest place on earth. In some places, no rainfall has ever been recorded!

# El Emboque

The name for this Chilean toy comes from the Spanish word boca, or "mouth." The idea of the game is to try to fling the ball into the cup. Here's one way to make your own emboque toy. Be sure to get an adult's help.

#### You will need:

a plastic cup 16-inch (40-cm) string aluminum foil scissors

- 1. Poke a small hole in the bottom of the cup.
- 2. Thread the string through the hole and tie a knot at the end that is inside the cup.
- 3. Cut a large square of aluminum foil and poke a small hole in the middle of the sheet.
- 4. Thread the string through the hole in the foil and tie a knot. Scrunch the foil into a ball around the knot.
- 5. See how many times you can get the ball into the cup in one minute! You could make two emboque toys and share one with a friend.









"I am a child of God"
in Spanish:
Soy un hijo de Dios
Pronunciation: See

Pronunciation: soy oon ee-ho deh dee-os

# **Stuffed Tomatoes**

Bárbara's family eats tomatoes stuffed with tuna salad every Christmas. Maybe this recipe can become a tradition for your family too! Be sure to get an adult's help. (Serves 4.)

2 tablespoons finely chopped onions

1 teaspoon salt

2 cans of tuna, drained

1/8 teaspoon pepper

2 tablespoons chopped cilantro

4 tomatoes

2 tablespoons lemon juice

- 1. Soak the chopped onions in a bowl of water for 10 minutes to soften the taste. Drain off the water.
- 2. Mix all of the ingredients except the tomatoes together.
- 3. Cut a circle in the tops of the tomatoes and scoop out some of the inside.
- 4. Fill the tomatoes with the tuna salad. Enjoy!

# Family History: I Am Doing It! Ask your mom dad



Ask your mom, dad, grandma, or grandpa to pull out their old photos of family members. Look at the pictures together and ask them to tell you about the people in the photos. Are there any people you can't name? Who might know the names of those people? Help scan these photos at home or at a family history center. Then you can upload the pictures to FamilySearch.org/tree and share them with others.

# What If you saw a what if you saw a classmate being mean to another kid at school? What could you do?



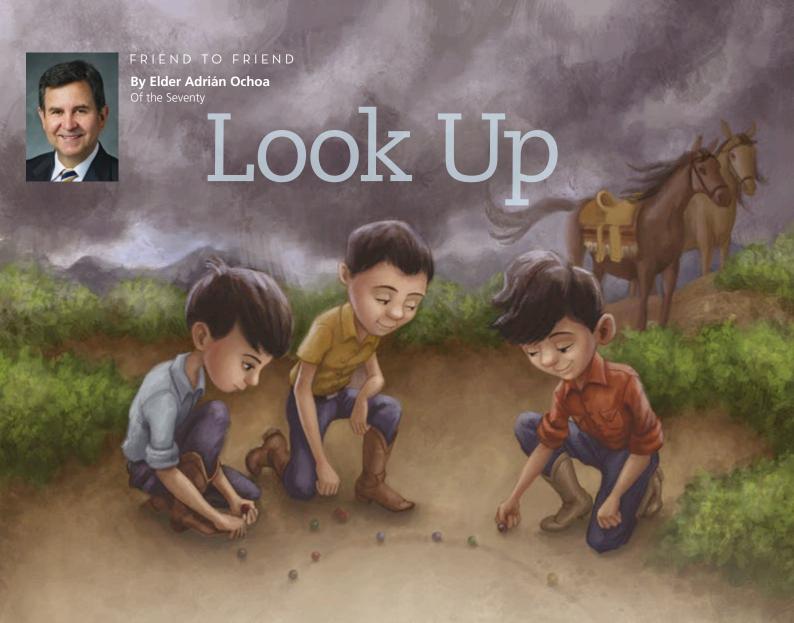
# Conference Time!

General conference is on
October 4th and 5th. What
is your favorite thing about
conference? Tell us about
your conference traditions
by emailing your quote
and picture to **friend@**Idschurch.org. Don't forget
to include a statement of
permission from a parent.

# Diego from Chile

Diego is dressed in his everyday clothes, but you can also dress him up for church or in his traditional Chilean *chamanto* and *chupalla* hat. Glue this page to heavy paper before you color and cut out the pieces.





"Watch ye therefore, and pray always" (Luke 21:36).

hen I was eight, my two cousins and I were sent on horseback to a nearby town to get groceries. Looking back, I am amazed how much confidence my grandmother and my aunt and uncle had in us. The morning skies were bright and clear as we left on our three horses.

In the middle of the prairie, we decided to get off our horses and play marbles. We were so interested in our game that we did not look up to see the dark clouds covering the sky. By the time we realized that a storm was coming, we didn't even have time to get on our horses. Heavy rain and hail hit us so hard that all we could do was unsaddle the horses and take cover under the saddle blankets. Then our horses ran away.

Horseless, wet, and cold, we started walking as fast

as we could toward a nearby town. It was late when we found a home and knocked on the door. The family there dried us off, fed us delicious bean burritos, and then put us to bed in a room with a dirt floor.

My cousins and I woke up in the morning to a bright sun and beautiful sky. A man knocked on the door looking for three lost boys. I will never forget what we saw on our way home—a crowd of people who had been looking for us all night. In front of them all were my loving grandmother and my uncle and aunt. They hugged us and cried, happy they had found their lost children.

Our loving Heavenly Father is mindful of us. He is anxiously awaiting our return home. There are signs of spiritual storms all around us. Let us look up and prepare ourselves by strengthening our testimonies every day.

From "Look Up," Ensign, Nov. 2013, 102.



# **By Sheralee Hardy** (Based on a true story)

"When we're helping, we're happy" (Children's Songbook, 198).

A mmon sighed as he and Dad left the soccer game. "I don't get it," he said. "We have so many good players. Why can't we score?"

Dad was a good soccer player. Maybe he could help.

"I think you need to learn to work as a team," Dad said. "You all want to score goals, right?"

"Yes," Ammon said. "But we can't all be the one to score. Is that what you mean?"

Dad nodded. "You can't score a

goal on your own. First the defenders need to take the ball from the other team, right?"

Ammon laughed. "It's pretty hard to score if you don't have the ball."

"Right," Dad said. "Then the defenders give it to someone who can score. No one can do it alone."

"I guess," Ammon said.

When they got home, Mom was holding the baby while she made dinner. "How was the game?" she asked.

"We lost again," Ammon said. "But we'll do better next time."

"That's a good attitude," Mom said.



"I'm starving!" Lorrin shouted as he, Seth, and Spencer ran in.

"Boys, can you help set the table and put the toys away?" Mom asked. All four boys groaned.

"But I didn't play with the toys," Seth said.

"It will take forever!" Lorrin wailed. Dad laughed. "I think our family has the same problem as Ammon's team."

"What's that?" Seth asked.

"We aren't working together," Ammon said. "We all want to score a goal by eating dinner. But we're leaving it all to Mom."

"Right!" Dad said. "How can we work as a team?"

Ammon had an idea. "What if Seth and I set the table? The other boys can pick up the toys."

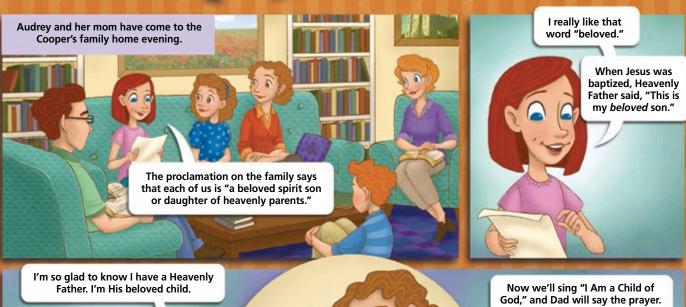
"Great idea!" Dad said.

Soon dinner was ready. Ammon folded his arms for prayer. He was glad his family had worked as a team. He hoped his soccer team could do the same thing. •

The author lives in Alberta, Canada.

## The New Adventures of





When I'm having a hard time, I can pray and talk to Him. And He comforts me.











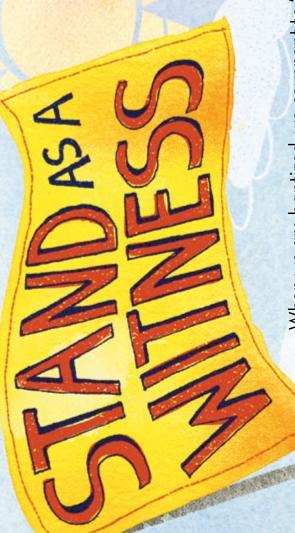
# Hidden Picture

By Val Chadwick Bagley

This family is visiting a farm together for family home evening. Can you find these hidden objects?







When we are baptized, we covenant to "stand as witnesses of God at all times and in all things, and in all places" (Mosiah 18:9).

# TO YOUR

When Emma Smith's father wanted to know how Emma could believe in the Book of Mormon without seeing the golden plates, Emma bore her testimony.

# TO YOUR FRIENDS

Alma and the sons of Mosiah worked together against the Church. After an angel appeared to them, they repented. They served missions together and told everyone who would listen about the scriptures (see Mosiah 27:35).



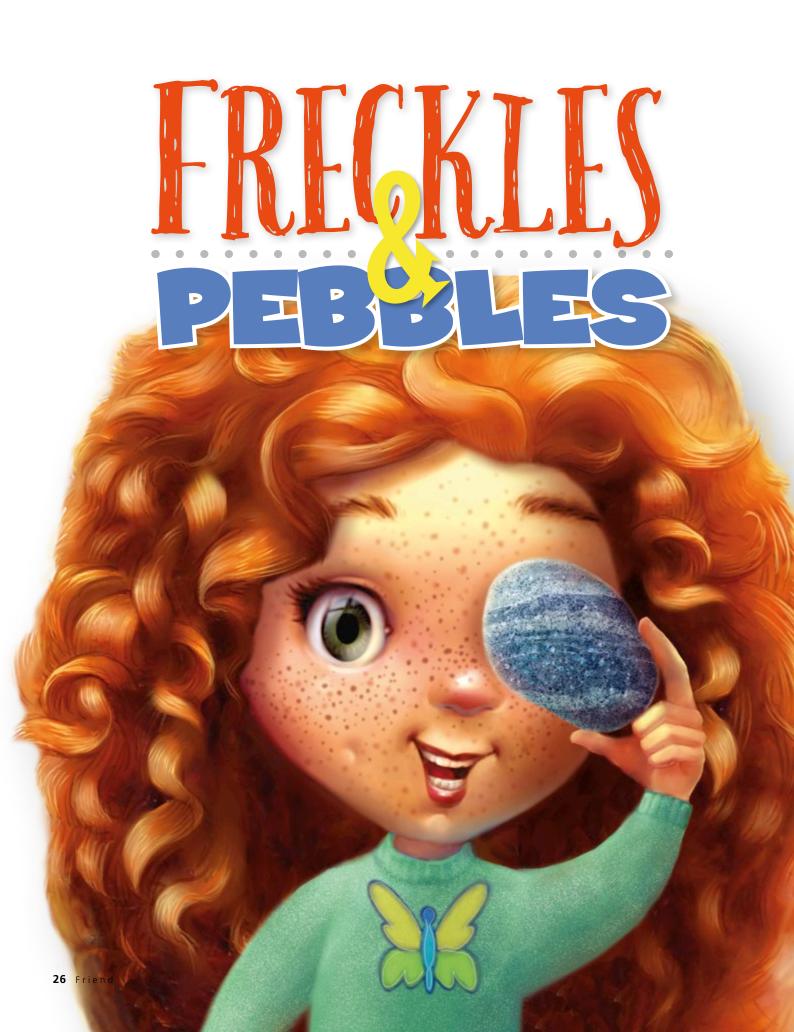
lieve her, but she knew what she'd seen was true (see Mark 16:9-11). Mary Magdalene was the first person to see Jesus Christ after His Resurrection. When she told the Apostles, at first they didn't be-

# The Four Bs of Standing as a Witnes

- 1. Be Brave—Be brave even when it's scary to stand up for what you believe.
- 2. Be Kind-Always respect people who don't believe what you do.
- Be Yourself—Live your life the best way you know how. Don't hide who you are or what you believe in.
- Be Believing—Trust the Lord. Even when it seems like what you do isn't making a difference, believe everything will work out for the best.

# EVEN WHEN YOU DON'T KNOW WHAT TO SAY

But with the Lord's help, Enoch was ab<mark>le to</mark> Enoch told the Lord he couldn't speak well cause he was too young (see Moses 6.31). and that no one would listen to him beteach the people of Zion.



# When Addison looked in the mirror, she saw only one thing.

#### By Kelly J. Hunsaker

(Based on a true story)

"For the Lord seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart" (1 Samuel 16:7).

om, I have a problem," Addison said. She took Mom's hand and led her to the bathroom mirror. She pointed at her frowning reflection. "See?"

Mom bent closer, squinting at the mirror. "I only see my beautiful daughter. She could use a smile, though. Is that the problem?"

"It's the freckles!" Addison said. She leaned over the bathroom counter. Her nose almost touched the mirror. "Whenever I look in the mirror, all I can see are freckles." She pointed at all the soft brown dots on her cheeks and her nose. "Bailey's freckles look cute. But mine just look funny."

Mom put her hands on Addison's shoulders. "I think your freckles are beautiful."

Addison nodded, but it didn't change the way she felt. "You're my mom. You're supposed to think that." She sighed.

"Let me show you something I learned once," Mom said. She led Addison outside to the garden. Mom picked up a small pebble and gave it to Addison. "Hold this up close to your eye. What do you see?"

Addison studied the pebble in her hand. She turned it over to see if she was missing something. "Nothing. All I can see is a rock."

Mom smiled. "Now put it down."

Addison tossed the rock back into the garden.

"Now what do you see?" Mom asked.

Addison looked around. "Lots of things. I see the little rock, but I also see the ground, the flowers, and the grass."

"Exactly," Mom said. "It's all in how you look at it. Just like with the pebble, try not to focus only on your freck-les—otherwise you miss seeing all the other great things about you, like how smart you are and how patient you are with your brothers and sisters."

Mom picked up the pebble and pressed it into Addison's hand. "Think of yourself as a whole garden, not just one pebble. Then you'll be able to see yourself the way the Savior sees you, as a precious daughter of God."

Audrey went back to the mirror. The first thing she saw was the same old freckles. She felt the pebble in her hand and took a step back. Now she could see more of her reflection. She saw a girl named Addison who liked reading, singing songs in Primary, and playing with her family. *I like me*, Addison thought—and that meant liking her freckles too because they were a part of her.

She felt happier as she thought of herself as a precious daughter of God. That made her smile, and when she did, she saw something by her mouth she'd never noticed before. Dimples!

The author lives in Colorado, USA.



"Please be more accepting of yourselves, including your body shape and style, with a little less longing to look like someone else."

Elder Jeffrey R. Holland of the Quorum of the Twelve Apostles

"To Young Women," *Ensign,* Nov. 2005, 29.

# I Want to be a From an interview with Linda Davies



## What does a dad do?

Every day I try to show my wife and children how much I love them. Before I walk through the door each night after work, I remember they are more important than anything in my life. I show my love when I treat them with kindness, understanding, and wisdom. I work hard so I can take care of my children and help them grow up to be happy, loving adults.

#### What do you like about being a dad?

I like to help my seven children learn and laugh. We like to go on vacations and spend lots of time with each other. My children participate in all kinds of activities, so my job is to be their cheerleader. One of my favorite times is at dinnertime, when we talk about everyone's day. I also like to share my love of our

beautiful earth and how grateful I am for the Savior's creations.

# How did you learn to be a dad?

My parents
were great examples for me. I
also learned a lot
about life when
I played college
and professional
football, and as I
work for the BYU
sports programs.
Reading the Book
of Mormon has

also taught me valuable lessons. One of my favorite stories is about Captain Moroni and his courage, faith, and obedience. This reminds me how a dad should be.

#### How does being a dad help you live the gospel?

Every night our family reads the scriptures together. Some of my best experiences are giving priesthood blessings to my children. These are great opportunities to let them know how much Heavenly Father loves them. Being a father also reminds me that I need to follow the Savior so that He will always guide me.

My name is Chad Lewis, and I'm a dad.





God created many beautiful colors for us to enjoy. Here's a fun science project you can try at home to watch colors burst and swirl in water. Be sure to get an adult's help.

#### YOU WILL NEED:

- 2 tablespoons of oil
- 3 drops each of red, blue, and yellow food coloring
- a measuring cup with a spout
- a spoon
- a clear quart-sized jar or vase of water
- Stir the oil and drops of food coloring in the measuring cup. (Don't add more food coloring or it will just turn brown.)
- 2. Pour the oil and color into your jar of water. Watch what happens!



# HOW DOES THIS WORK?

Oil and water push away from each other—they don't mix. Because the food coloring is made with water, it pushes away from the oil and spreads through the water.





# Be a Missionary



## **What Jesus Taught**

Just before Jesus went to heaven, He told His Apostles to teach everyone the gospel so they could be baptized. He said, "Go ye into all the world, and preach the gospel to every creature" (Mark 16:15).





# This Month's CHALLENGES

Invite a friend to go with you to a Primary
Invite a friend to go with you to a Priman activity.

Share a copy of t	the <i>Friend</i> with a friend
-------------------	---------------------------------

_	Write your testimony in a copy of the Book of
	Mormon and give it to a friend or to the full-time
	missionaries to share

I challenge myself to	
-----------------------	--

## **Following Jesus Today**



One day I invited my friend Vivian to activity day. We had so much fun! Her mom said Vivian really liked it and asked if she can go every time. My mom said yes! Not only did I feel happy, I also felt good inside.

Keagan W., age 9, Oregon, USA



We are friends with a family who goes to another church. I asked my mom if we could give them a Book of Mormon. I gave it to their mom and asked if she would read it. She said yes. A few weeks later, she had read half of it! A few months later, I fasted that they would come to church with us.

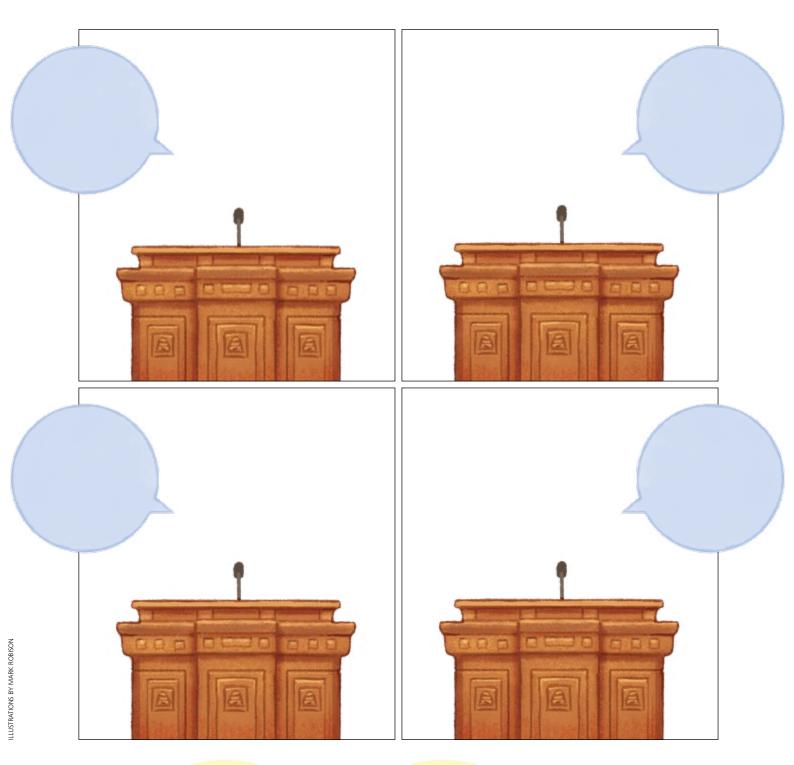
They did come to church! I know Heavenly Father answers our prayers, and I love being a missionary!

Logan A., age 6, Iowa, USA



# While You're Watching Conference

At general conference we get to hear from many different Church leaders, including our prophet. Try drawing some of the speakers behind the podiums. You can also write or draw what they're talking about.



Print more copies at friend.lds.org.

Find more conference activities at gc.lds.org.

# Kayson Goes "Vrrroom!"



## By McKelle George

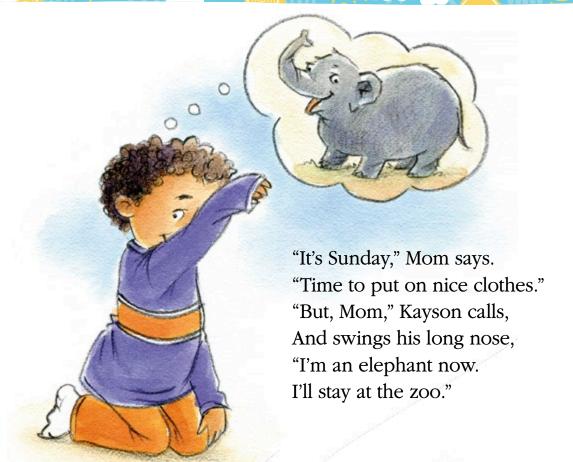
(Based on a true story)

Kayson goes, "Vroom!
Look at me! I'm a truck.
Quack, quack," he says.
"And now I'm a duck!"
He zooms down the hall.
He spreads his arms wide.

"Whoosh," Kayson says.

"Look at me! I'm a plane.
Chugga-chugga choo choo!
And now I'm a train!"
He jumps in the air.
He crawls on the ground.





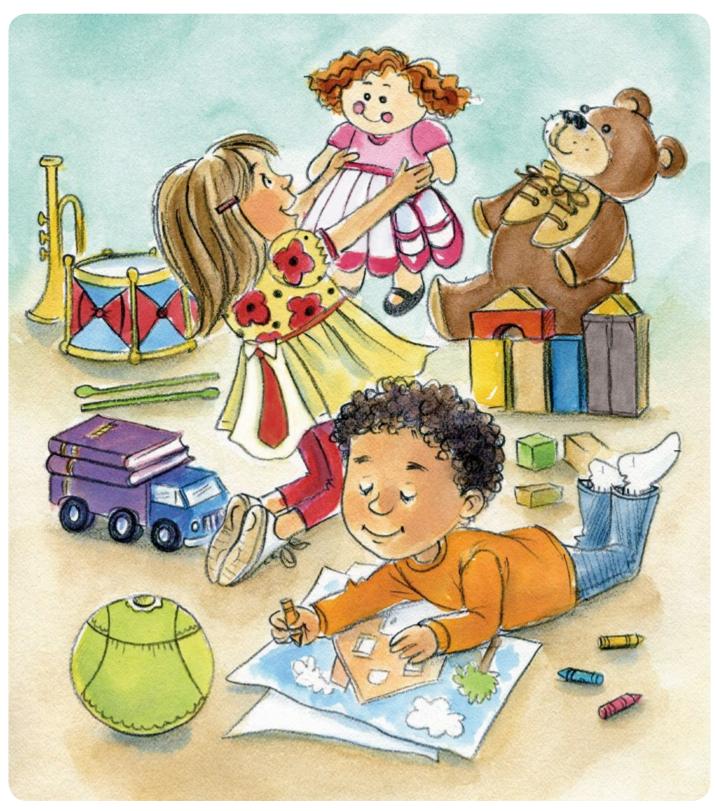
"Moo, I'm a cow!"
Kayson says on the way.
The church isn't far,
But he still wants to play.
But now they're inside.
Kayson knows what to do.

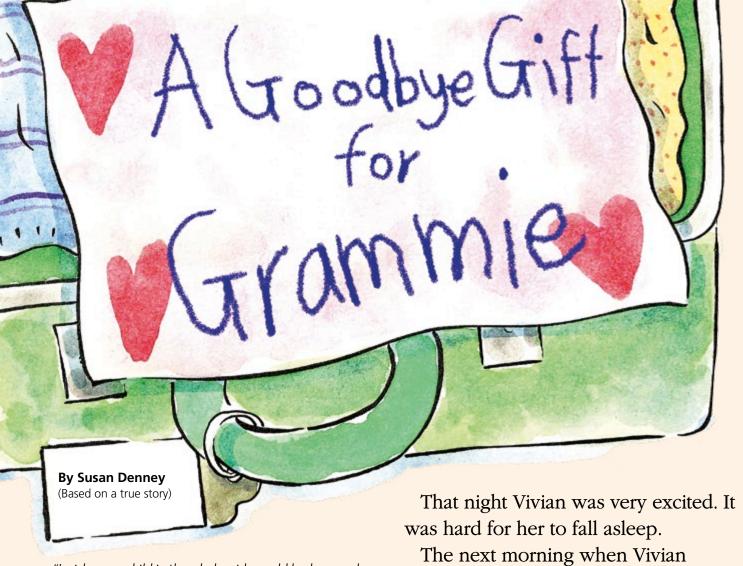
"Kayson," Mom says,
"What are you now?"
He sits still in his seat.
He keeps his head bowed.
"I'm reverent at Church.
That's the best thing to be."

That's the best thing to be." • The author lives in Utah, USA.

# Getting Ready for Church

Help Kayson and Kara find what they need to get ready for church.





"I wish every child in the whole wide world had a grand-mother just like you" (Children's Songbook, 200).

Vivian loved to write notes on colored paper. She left them around the house for her family.

One day Mommy had a surprise.

"Grammie is coming to visit," she said.

Vivian was very happy. Grammie was her grandma. She lived far away. She couldn't visit very often.

"I can't wait!" Vivian said. "When will she come?"

"Tonight after your bedtime," Mommy said. "You will see her tomorrow." The next morning when Vivian woke up, Grammie was there. She would be staying for five whole days!

Vivian and Grammie did lots of things together. They made cookies.



JSTRATIONS BY EUSE BLACK

They read books. And they played lots of games.

One afternoon Vivian saw Grammie putting her clothes in her suitcase.

"Are you going home?" Vivian asked.

"Yes," Grammie said. "I am going home tomorrow. Your grandpa misses me."

Vivian didn't want Grammie to go.



Then she had an idea. She went to find her paper and her markers.

The next morning Grammie said, "I'll be gone when you get home from kindergarten."

"I'll miss you!" Vivian said. She gave Grammie a big hug.

"I'll miss you too," Grammie said. She looked sad.

Vivian was sad too, but she had a happy secret.



The next day, the phone rang. Mommy answered it. Then she handed it to Vivian. "It's Grammie," Mommy said.

"Hi, Vivian," Grammie said. "When I got home, I found a surprise in my suitcase. Can you guess what it was?"

"A note!" Vivian said. "I put it there when you weren't looking."

"Your surprise made me feel so happy," Grammie said. "It said that you love me. And I love you too."

The author lives in Pennsylvania, USA.

Who could you surprise with a love note?



# Show and tell



just started middle school, and it is so much fun. I found so many friends that rock, but lately

I've been having trouble with a girl. Sometimes I come home crying because of her. But one day I said a prayer and had my dad give me a blessing. Now it's the second semester of school, and I've had no problem with her. I'm so happy I have a Heavenly Father who loves me and a father who can give me a blessing to help me feel better.

September S., age 12, Florida, USA



y favorite part of conference is the priesthood session. When my dad and grandpa go to priesthood session, I get to stay home and make doughnuts with my mom and little brothers, to eat when they get back. I can't wait until I'm 12 and can go to priesthood session too.

Spencer S., age 6, Utah, USA





Brooklyn T., age 9, Oregon, USA

Zaniah B., age 10, Philippines

For a Primary activity, these children from **South Africa** wrote poems about why they are special. They wrote about their physical and spiritual talents. Here are some of their poems!



#### I am special because . . .

I am special because I have a lovely smile.
I am special because I am kind.
I am special because I have green eyes.
I am special because I am fun.
I am special because I am fast.
I am special because I am sweet.
I am special because I have the Holy Ghost.

Rachel W., age 11, South Africa

#### I am special because . . .

I am special because I am good looking.
I am special because I am always laughing.
I am special because I have soft hair.
I am special because I choose to go to church.
I am special because I am a good sport.
I am special because I am Heavenly Father's son.
I am special because I read the scriptures.

Ezra M., age 9, South Africa



'm working on my Faith in God booklet. It can help you find new talents or get better at the ones you have. It takes a lot of practice to develop your talents. At school, my art teacher is helping my class find our art skills by teaching us art.

Grace H., age 9, Alberta,

Canada

ne time when I was four-wheeling in the mountains with my family, a big storm came in very quickly.

There was lightning all around us, and I was very scared. I told my mom and dad we should say a prayer. We said a prayer, and Heavenly Father protected us as we drove home. When we got home, I thanked Heavenly Father for keeping us safe.

Carson B., age 4, Puerto Rico



Pamilies can be

Madelyn C., age 10, Iowa, USA



**Jake M. from Arizona, USA,** started building model temples when he was 11 and has finished four of them—Las Vegas, Provo, Denmark, and Salt Lake City. Jake loves to go to the temple. His next visit will be with his cousins to be baptized for people in his father's family who were not members of the Church.



noticed that I was having a hard time paying attention in school. I was daydreaming a lot, and I wasn't

learning everything that I was being taught. So one night I prayed to Heavenly Father, "Please help me to pay attention in class so that I can raise my grades." The next day I went to school, and it was a good day. I learned a lot and was able to pay attention to the teacher that day. Now I know that if you ask with all your heart, Heavenly Father will answer your prayer.

Brock P., age 11, Utah, USA

# "The Family: A Proclamation to the World" Came from God to Help My Family

# THE FAMILY A PROCLAMATION TO THE WORLD

THE FIRST PRESIDENCY AND COUNCIL OF THE TWELVE APOSTLES of The Church of Jesus Christ of Latter-day Saints

We the first presidency and the Council of the Twelve Aposites of The Church of Jesus Christ of Later-day Saints, asolemyly prodain that marriage between a man and a woman is ordained of God and that the family is central to the Creator's plan for the eternal destiny of His children.

the Creator's plan for the eternal destudy of this challenge.

ALL HUMAN BEINGS—male and female—are created in the image of God. Each is a beloved spirit son or daughter of heavenly parents, and, as such, each has a divine nature and destiny. Gender is an essential characteristic of individual premortal, mortal, and eternal identity and purpose.

premortal, mortal, and elernal identity and purpose.

IN THE PREMORTAL REALM, spirit sons and daughters and worshipped God as their Eternal Father and accepted His plan by which, His children could obtain a physical by and gain earthy experience to progress toward perform and ultimately realize their divine destiny as heirs of fection and ultimately realize their divine destiny as heirs of fection and ultimately realize their divine destiny as heirs of terion and ultimately realize their divine destiny as heirs of terion and ultimately realize their divines enables family element life. The divine plan of happiness enables family entry and the presence of contamination of the presence of God and for familities to be united elernally.

The BURNET COMMANNAMENT that Cod once to Adam and Even

for families to be united eternally.

THE RIST COMMANDMENT that God gave to Adam and Eve pertained to their potential for parenthood as husband and wife. We declare that God's commandment for His children wife. We declare that God's some mandment for His children turber declare that God has commanded that the sacred provers of procreation are to be employed only between monand woman, lawfully wedded as husband and wife.

We never see the meaner by which mortal life is created to be

 $W_{\text{EDECLARE}}$  the means by which mortal life is created to be divinely appointed. We affirm the sanctity of life and of its importance in God's eternal plan.

HUSBAND AND WIFE have a solemn responsibility to love and care for each other and for their children. "Children are an heritage of the Lord" (Psalm 1273). Parents have a sacred duty to tear their children in love and righteousness, sacred duty to tear their children in love and righteousness.

to provide for their physical and spiritual needs, and to teach them to love and serve one another, observe the com-mandments of God, and be law-abiding citizens wherever they live. Husbands and wives—mothers and fathers— will be held accountable before God for the discharge of these obligations.

these obligations.

THE PARMLY is ordained of God. Marriage between man and woman is essential to His eternal plan. Children are entitled to birth within the bonds of natrimony, and to be reared by to birth within the bonds of matrimony, and to be reared by plete fidelity. Happiness in family life is most likely to be plete fidelity. Happiness in family life is most likely to be actived when founded upon the teachings of the Lord achieved when founded upon the teachings of the Lord less Christ. Successful marriages and families are established and maintained on principles of faith, prayer, repensible and maintained on principles of faith, prayer, repensible and maintained on principles of faith, prayer, september of the present of the second protection for their families. Mothers are primarily responsible to provide the necessities of the nurture of their children. In these sacred responsible to provide the necessities of the nurture of their children. In these sacred responsible to provide the necessities of the nurture of their children. In these sacred responsible to provide the necessities of their children chart of the nurture of their children. In these sacred responsible to provide the necessities individual adaptation. Extended stances may necessitate individual adaptation. Extended the mainly should lend support when needed.

 $W_{\text{E WARN}}$  that individuals who violate covenants We warn that individuals who violate covenants of classity, who abuse spouse or offspring, or who fail to the fill family responsibilities will one day stand accountable of the family will bring upon individuals, communities, and the family will bring upon individuals, communities, and nations the calamittes foretold by ancient and modern propohets.

WE CALL UPON responsible citizens and officers of gov-renment everywhere to promote those measures designed to maintain and strengthen the family as the fundamental maintain and strengthen the family as unit of society.

By Erin Sanderson and Jean Bingham

hildren have a lot of power—power to make a difference in families! All families are not the same, but every family is important to Heavenly Father. He wants our families to be strong, so He gave us "The Family: A Proclamation to the World" to help us. Heavenly Father knows that you can help your family be strong.

You are part of an eternal family that needs your help.

You can bring happiness, kindness, and love to your family.

You can listen to each other, work and play together, forgive and help each other.

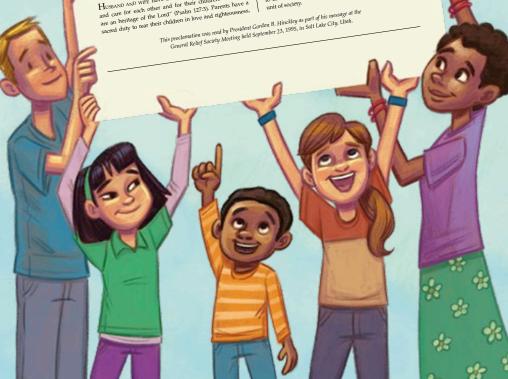
You can read the scriptures with your family. You can be a good example to your family as you pray and keep the commandments. •

#### SCRIPTURE

John 15:11

#### **IDEAS FOR FAMILY TALK**

Heavenly Father wants all families to be strong and to return to Him. Talk about what each member of the family can do to help your family be strong.





I can strengthen my family by

#### YOU CAN!



Decorate a clean, empty can with this label (at right) and some photos or drawings. Fill in the word strips with ideas about how you can strengthen your family. Cut out the word strips and put them in the can. Each day choose a word strip from the can and do what it says. As you try to live your ideas, you can make a difference in your family!





The members of the Quorum of the Twelve Apostles are special witnesses of Jesus Christ.

#### SPECIAL WITNESS

#### By Elder Quentin L. Cook Of the Quorum of the Twelve Apostles

# How can I help with family history work?

Elder Cook suggests having a Family Tree gathering. Here's how!



It's exciting to learn about the lives of family members—where they came from and how they lived.

Have everyone in your family bring family histories, stories, and photos. Include special things that belonged to your grandparents and parents.

Help scan and upload these stories and photo to Family Tree at FamilySearch.org.

Find out what temple ordinances still need to be done and make assignments for the temple work.

From "Roots and Branches," Ensign, May 2014, 47.

# Our Time to Shine



© 2013 by Jan Pinborough and Janice Kapp Perry. All rights reserved. This song may be copied for incidental, noncommercial church or home use.

This notice must be included on each copy made.

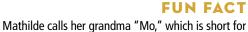


MATHILDE
Gets Ready for
Young Women

#### By Jenn Wilks

athilde was excited about going into Young Women soon, but she wasn't quite sure what to expect. So she talked to her grandma. Her grandma is Sister Bonnie Oscarson, the Young Women general president. She had some great advice to share!

Ask your mom or grandma or one of the women in your ward what they remember about Young Women. You might find out some fun things.



moder, the Swedish word for mother.



When Sister Oscarson was in Young Women, she earned badges by completing different achievements. She sewed

> them onto a special cloth band, along with a flower that represents faithfulness.





#### SISTER OSCARSON'S TIPS FOR GETTING READY!

- Develop a relationship with your Heavenly Father by praying and reading the scriptures.
- Find out about the Personal Progress program.
- Read the scriptures, For the Strength of Youth, and the Friend.
- Start learning the Young Women theme. You'll be repeating it every week along with all the young women.

WE ARE DAUGHTERS of our Heavenly Father,
who loves us, and we love Him.
WE WILL "STAND as witnesses of God
at all times and in all things, and in all places" (Mosiah 18.9)
as we strive to live the
Young Women values, which are:

FAITH DIVINE NATURE
INDIVIDUAL WORTH KNOWLEDGE
CHOICE AND ACCOUNTABILITY
GOOD WORKS INTEGRITY
AND VIRTUE.

WE BELIEVE as we come to accept and act upon these values, WE WILL BE PREPARED to strengthen home and family, make and keep sacred covenants, receive the ordinances of the temple, and enjoy the blessings of exaltation.

#### ... and Now

This necklace will remind you to be a light for others and to stand for truth and righteousness.

You'll also earn ribbons by completing Personal Progress experiences and projects.

Then you'll receive the Young Women Recognition, which includes





#### NEW BEGINNINGS

Mathilde went to a special activity called New Beginnings. They had a fun lesson and learned about Personal Progress.

Mathilde is also working on her Faith in God Award and memorizing the Articles of Faith.

# MATHILDE CAN'T WAIT FOR...

- Activities every week.
- Getting to know the other girls in Young Women.
- Going to Young Women camp.

#### A SPECIAL MEMORY

Mathilde and lots of her cousins were in the Conference Center on April 6, 2013. But they didn't know why their grandma had invited them all to come to general conference. They were surprised and excited when she was sustained as the president of the Young Women organization!

# Serving NOW to Serve LATER

By Miche Barbosa and Marissa Widdison (Based on a true story)

"Serve the Lord with all your heart" (1 Samuel 12:20).

T'll race you to the church!" Mórmon said, pointing to the Lchurch steeple poking out above the palm trees. Then he ran as fast as he could to stay ahead of his younger brother. Morian.

The boys and their parents had already walked about a mile from their home, but Mórmon and Morian were still racing hard when they reached the metal gate outside their ward meetinghouse. They stopped to catch their

Before they could decide who won, a boy called out to them, "Want to play futebol?"

Mórmon loved futebol, but he and his family were going to clean the ward building so it would be ready for church

the next day.

Mórmon shook his head. "Not now-maybe later!" he called back.

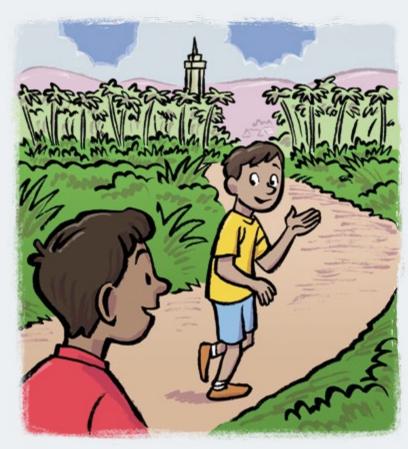
Soon Mórmon and Morian were working hard. Mórmon moved chairs and swept floors with Papa while Morian mopped floors with Mama.

Later the boys were washing mirrors in the bathroom together. "I didn't think I'd like cleaning the church, but it's fun," Morian said. "What about you, Mórmon? Is that why you came instead of playing futebol?"

Mórmon thought about Papa. He was the bishop of their ward, but he still took time to help clean the meetinghouse.

"I'm here because I want to be like Papa," Mórmon said.

Then he thought about the missionaries in his ward. They were busy knocking on doors and sharing the Book of Mormon with others. They would invite people to





come to church at the building the boys were cleaning.

I'm here because someday I want to serve a mission too, Mórmon thought. I can help the missionaries by getting the church ready.

Mórmon thought about tomorrow, when he and his brother would get up at 6:00 a.m., walk to church in their

white shirts and ties, and prepare the chairs and songbooks in the Primary room.

I'm here because I want to serve in a Church calling, he thought.

Mórmon thought about how he would soon be a deacon. He would pass the sacrament and do many other things to serve.

I'm here because next year I will receive the priesthood, and I want to do everything I can now to get ready.

Mórmon had already done something to prepare for the priesthood: he had earned his Faith in God Award. He was already learning to live the gospel and serve others.

Finally he looked at his brother's reflection in the mirror and smiled.

"I'm here because I love the Lord," he said, "and because serving now will help me get ready to serve later."

The authors lives in Utah, USA.

#### PREPARING FOR THE PRIESTHOOD



#### Tips from David L. Beck, Young Men general president:

- Invite the Spirit into your life and choose friends who help you choose the right. Live the standards in For the Strength of Youth.
- Learn about what your duties will be as a deacon. Read about the priesthood in *Fulfilling My Duty to God* and *True to the Faith*. Attend a Priesthood Preview in your ward or branch.
- Prepare to go to the temple to do baptisms for the dead.
- Get excited for fun activities and devotionals with other youth.
- Know that Heavenly Father trusts you and is counting on you. Discover how much you can do with His help!

# We hope you enjoyed this month's magazine. Please write to tell us what you liked!

#### How to Write to the Friend

To send us a letter, drawing, poem, or photograph . . .

1. Fill out the form below and include it with your submission.

2. Include a school photo or high-quality snapshot.

> 3. We might edit your submission for length or clarity, and we can't return it to you.

4. You must be at least three years old to send us a submission.





Please send your submission to:

Friend Magazine 50 E. North Temple St., Rm. 2432 Salt Lake City, UT 84150-0024 Or email: friend@ldschurch.org

The following information and permission must be included:

First and last name

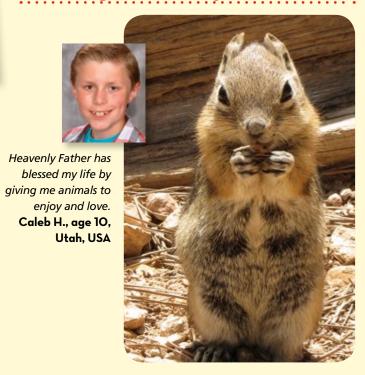
Age State/Province, Country

I agree to the terms of the Friend Submission Agreement (Ids.org/friend/ parentalconsent) and grant permission for the Friend to publish my child's submission and photo in print or online.

Signature of parent or legal guardian

Email of parent or legal guardian

### Through Your Eyes



### The Last Laugh





 Play games and watch videos.

 Read the Friend online.

#### **Funstuff Answers**

Page 3: Jesus, light, life, world (see 3 Nephi 11:11)

Page 10: D; faith (see D&C 109:7)

#### **Hidden CTR Ring**

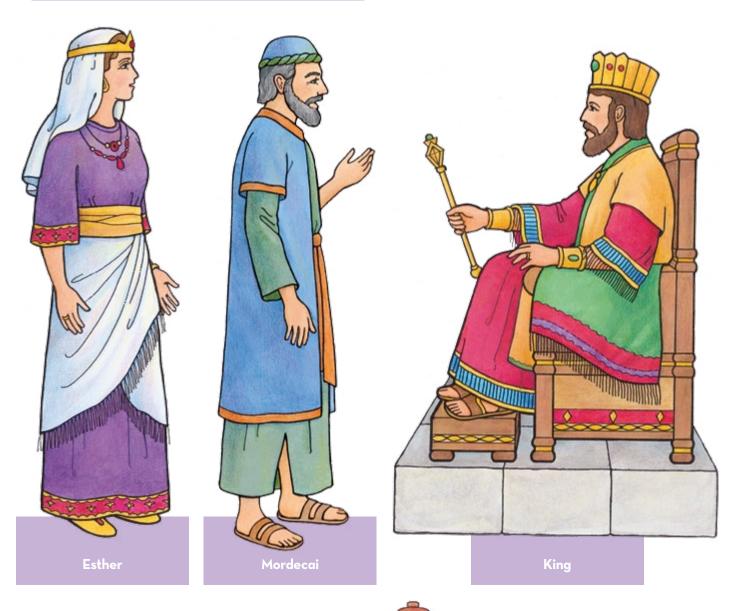
Did you find the ring? Look on page 11!

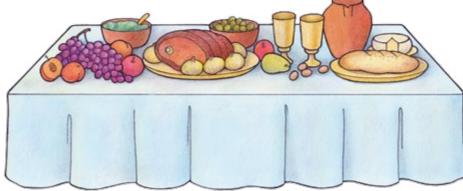


# ESTHER

Esther 2–8

Glue this page to heavy paper or cardboard. Then cut out the figures and attach them to craft sticks or paper bags. You can use them to help act out your favorite Old Testament stories.





# Dear Parents and Teachers,

Have you ever been to a family reunion? On page 42, Elder Cook invites us to hold a Family Tree gathering and bring people together through email, phone, or in person.

As you can see from the topic list on this page, there are several stories in this month's issue about family and family history. To get started, visit

## FamilySearch.org.

Happy gathering!

The Friend

Order the Friend at store.lds.org!



#### Family Home Evening Ideas

**GENERAL CONFERENCE:** Conference is October 4th and 5th! On page 31, there's an activity that children can do while watching.

FAMILY FUN TIME: Read "Violin Victory" (page 4). Why does God ask us to develop our talents? Talk about the talents each family member has. Then help each other make the gift boxes on page 6. There's also a recipe to try!

BRINGING PRIMARY HOME: In sharing time this month, Primary children will be learning about strengthening families. You can find a short lesson, activity, and ideas for talking with your children about this topic on page 40.

STAND AS A WITNESS: As a family, take turns reading from the poster on page 24. Who is your favorite scripture hero? How were they brave, kind, or believing? Learn the new song on page 43 and talk about what you can do to stand as a witness.



# The Friend is on Facebook!

Did you know the *Friend* has a Facebook page? It's a place where we can highlight some of our best content and share uplifting links with you. We hope you "like" it!

# Topics in This Issue

Blessings 2 Church history 12

Diligence 4

Divine nature 7, 22, 26

Education 10

Family 8, 11, 12, 14, 19, 20,

36, 40

Family history 12, 16, 42

Family home evening 22, 23

Fatherhood 11, 28

General conference 31

God the Father 19

Gratitude 2

Jesus Christ 30

Love 36

Missionary work 12, 14, 24,

30

Plan of salvation 7

Priesthood 46

Reverence 32

Service 46

Talents 4, 6

- . . . .

Temples 14

Traditions 14, 16, 18 Young Men 46

Young Women 44

