

**By Colleen Mitchell** 

I kneel right down to say my prayer And offer up my every care. But first I thank for all I hold And do not stop till each is told:

My eyes, my hands, my walking feet; The friends I always love to greet; My home and loving family; Each of my blessings plain to see!

And then I pray for what I need: For intellect to help me read; For kind, sweet words among my friends; For proper health and rain God sends.

I kneel right down to say my prayer And realize that God is there. He listens to my every word, And this I know: my prayer is heard!

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