



**Topical Index to this Issue of the Friend**

(FLF) = For Little Friends  
(f) = Funstuff  
(IFC) = inside front cover  
(m) = music  
(v) = verse

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The Guide to the Friend can help you find stories or articles for preparing lessons or talks for church or for family home evening. The Primary theme for October is “Because I am His child, I will serve God with all my heart, might, mind, and strength.”



## Family Home Evening Ideas

Look for the FHE symbol on the pages mentioned below.

1. Read “Preparing for a Mission” (pp. 8–9). Make a list of things you can do to prepare for a mission. Role-play a few missionary situations. Then read “Teaching Mrs. Greene” (pp. 14–16) and talk about how you can share the gospel with your friends, classmates, and teachers.
2. Learn and sing “The Family Is of God” (pp. 28–29). Talk about ways you can serve each other and help each person in the family be happy. Have each family member set a goal to do something in the coming week that will help strengthen the family. Then make German or Scandinavian pancakes (p. 27) with your family for a treat.
3. Talk about times when a family member or friend has served you and made you feel happy. Then read “How to Give” (pp. 2–3) and talk about how to give someone a special gift. Choose a person or family you know who needs help and

decide how you can serve them. Find a way each family member can help.

4. Do the “Testimony Glove” activity on pages 24–25. Invite each family member to share his or her testimony. Then talk about ways you can strengthen your testimony and share it with others. Write down your testimony in your journal, or draw pictures of the things you believe.

### Sidebar references

1. “How to Be Happy,” *New Era*, Aug. 1999, 6.
2. “The Message of the Restoration,” *Ensign*, May 2007, 88.
3. “Listen to Learn,” *Ensign*, May 1991, 23–24.
4. “The Sacred Law of Tithing,” *Ensign*, Dec. 1989, 4.

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