

How should I speak so I can be like Jesus Christ?



Elder Jeffrey R. Holland of the Quorum of the Twelve Apostles shares some of his thoughts on this subject.

Speak kindly.

Speak positively, including about yourself.

Our words, like our actions, should be filled with faith and hope and charity.

Never tell [others], even as a joke, that they are fat or dumb or lazy or ugly.

Try not to complain.

When we say kind, encouraging things to the smallest child or the least popular person we know, we are saying these things to our Father in Heaven.