

NOVEMBER 2021

the Friend

Following Jesus Together

Conference
Is for YOU!

See pages 2-7

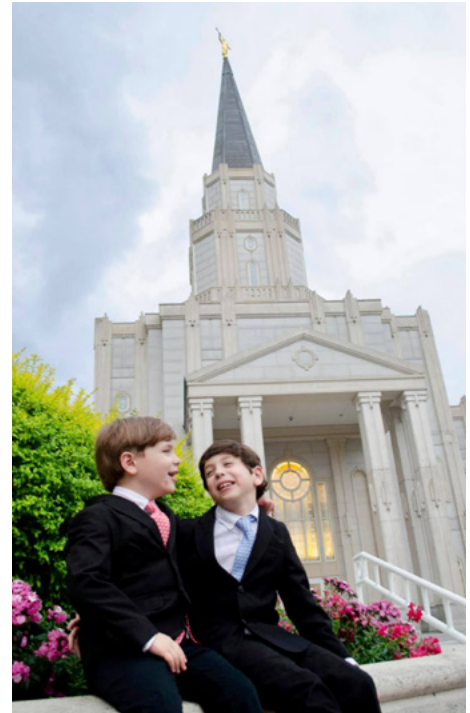
A children's magazine published by The Church of Jesus Christ of Latter-day Saints

Dear Friends.

Long ago, prophets wrote down important words from Heavenly Father. Today we read those words in the scriptures. Heavenly Father also speaks to us today, through His prophets!

Last month, we heard the prophet and other Church leaders speak at general conference. They shared words Heavenly Father wanted us to hear. Go to pages 2–7 to remember some of what they shared. How can you follow the prophet's teachings?

Love,
The *Friend*



WE LOVE TO SEE THE TEMPLE

Every Sunday, **Noah and Henry B., ages 6 and 8**, walk around the **Houston Texas Temple** grounds with their family.

WHERE I READ THE *FRIEND*

Paola C., age 7, reads the *Friend* in Portuguese in **Santa Catarina, Brazil!**

THANK YOU!

Thank you for your cool magazines! Even though I read *For the Strength of Youth* magazine, I still love the *Friend*.

Jaden H., age 11,
Puerto Rico



the Friend

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◆ These stories and activities support this month's *Come, Follow Me* lessons at home and in Primary. Find more resources at lessonhelps.ChurchofJesusChrist.org.

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Find 3 Hidden CTR Rings

Hard: Shine for Him each day!

Harder: Big family squeeze.

Hardest: Watch out! They spit.

Here is the CTR ring in English!



Front cover by Katherine Blackmore



By President
Russell M. Nelson

Durban South Africa Temple



“Everything we
learn in the
temple
helps us understand
more about
Jesus Christ.”

President Russell M. Nelson

Our Strong Foundation

The Salt Lake Temple was built more than 100 years ago. The pioneers built it with the tools of that time. It is magnificent. But if we look at the foundation closely, we can see that some stones have been worn down over time. We can also see gaps between stones and some unstable stones.



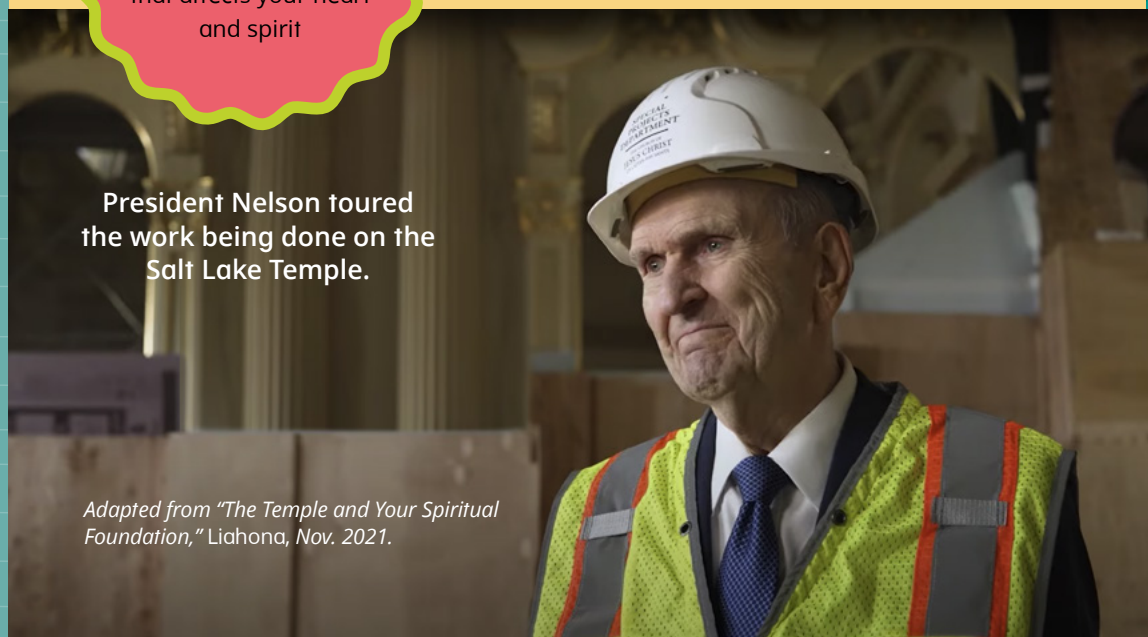
Engineers, architects, and construction workers are now working to make the temple foundation much stronger. When they finish, the temple will be strong enough to withstand earthquakes and high winds. It will be strong enough to last for many, many years.

We must build the foundation of our lives on the rock of our Redeemer, Jesus Christ. Then when **spiritual earthquakes** happen, we will be able to stand strong.

Everything we learn in the temple helps us understand more about Jesus Christ. When your spiritual foundation is built solidly on Jesus Christ, you have *no need to fear*. You will be strengthened by His power. ●

spiritual earthquake:
something hard
that affects your heart
and spirit

President Nelson toured
the work being done on the
Salt Lake Temple.



Adapted from “The Temple and Your Spiritual Foundation,” Liahona, Nov. 2021.



Jesus Christ Is My Sure Foundation

Conference News

So Many Temples!



How many temples have been announced in the past four conferences?

8 in April 2020
 + 6 in October 2020
 + 20 in April 2021
 + 13 in October 2021

 = ____ temples announced

Music Quiz



Which Primary songs did you hear in conference?

How many countries were represented in the multicultural choir? How many languages? (See answers.)



"As we exercise our faith in Christ—and follow His living prophet—faith will increase across the world."

President Henry B. Eyring
Second Counselor in the First Presidency



"The Lord knows us better and loves us more than we know or love ourselves."

Elder Gerrit W. Gong of the Quorum of the Twelve Apostles



"The Holy Ghost... always testifies of truth."

Sister Camille N. Johnson
Primary General President

Conference Numbers

Conference was broadcast live in **55** languages, will be translated into **98** languages, and will reach **220** countries and territories!

Conference Firsts

- Five sessions, instead of four, were held for everyone!
- For the first time since COVID-19 began, conference was held back in the Conference Center main auditorium.
- Half of the Tabernacle Choir at Temple Square sang on Saturday and half on Sunday. All were vaccinated and tested for COVID-19 to keep everyone safe!

Answers: 47 temples; "I Will Follow God's Plan," "Where Love Is," "I Am a Child of God," "I'll Follow Him in Faith"; 39 countries and 35 languages

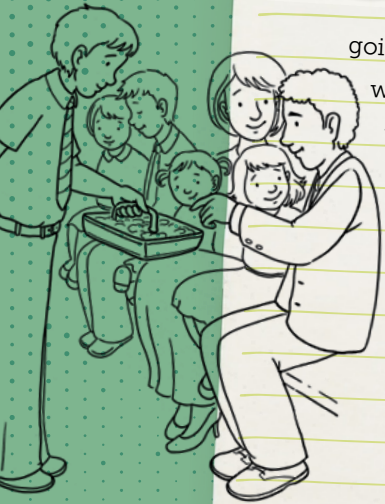
Conference Notes



Why We Go to Church

President Oaks said that going to church is important. When we go to church, we can work as a team to serve others. We can help people who are alone and show love to them. We can also take the sacrament and worship Jesus Christ.

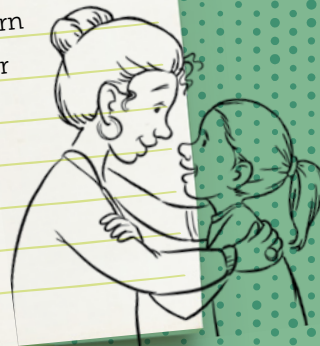
This teaches me:



The Name of the Church

Elder Andersen talked about a girl in Tahiti who used the full name of the Church. When her schoolteacher asked if she was a Mormon, she said, "I am a member of The Church of Jesus Christ of Latter-day Saints." Her teacher wanted to learn more about the Church. Later, her teacher was baptized!

This teaches me:



A Scripture Goal

Sister Cordon told a story about a girl who set a goal to read the scriptures. She read five verses every morning. Then she invited her parents and siblings to read with her. She helped her family come closer to Jesus Christ.

This teaches me:



Meeting the Missionaries

Elder Giuffra shared how he joined the Church in Chile. One day he saw two missionaries visiting his neighbor. He asked his neighbor about them, and she invited him to meet with them. The missionaries taught him and his mother to have faith in Jesus Christ. They gained a testimony and chose to be baptized.

This teaches me:



Conference Show and Tell



I learned from President Nelson to listen for three important things: pure truth, the pure doctrine of Jesus Christ, and pure revelation.

Perciany L., age 9, Kasai-Oriental, Democratic Republic of the Congo



A question answered for me was, “How can I prepare to go to the temple?” I learned if I build on the rock of Jesus Christ, I will be ready for the temple.

Joshua R., age 9, North Wales, Wales



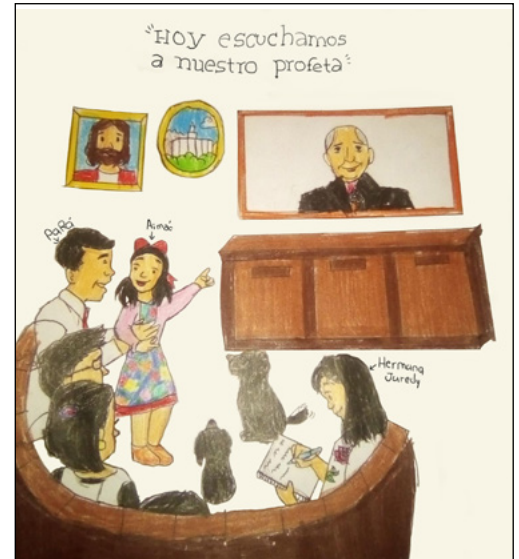
I enjoyed Elder Renlund’s talk about changing our hearts to be united. Sometimes I argue with my sister and brother. I learned that I need to be a peacemaker.

Anton M., age 9, Russia



Brother Wilcox told us that Jesus Christ’s “arm of mercy is extended” to us. If we sin, we can repent. Heavenly Father understands and is there for us.

Mia P., age 11, Washington, USA



**“Today We Listen to Our Prophet,”
Aimeé H., age 9, Oaxaca, Mexico**



**Gordon W., age 10,
Central Java,
Indonesia**



We enjoyed watching general conference together!
Fernando, Fabio, Liam, and Juan A., ages 12, 10, 4, and 7, Puebla, Mexico



Heitor T., age 9, Sergipe, Brazil



Sister Johnson taught us to let Jesus Christ choose our way in life. He will lead and guide us. It reminds me of the song "I Am a Child of God."

Taylor M., age 10, Utah, USA

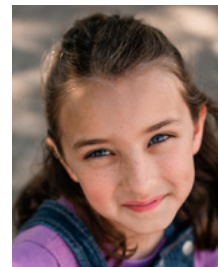


Lincoln H., age 11, Hawaii, USA



I love temples and look forward to visiting the new temple just announced in Taiwan.

Xinyue H., age 7, Taoyuan, Taiwan



My favorite conference talk was by President Ballard. I like how he talked about being kind to others.

Emily P., age 10, California, USA



I am happy I could listen to conference and hear the prophet of God. I want to remember it every day and make good decisions.

Mateo O., age 9, Managua, Nicaragua

Send in your own art and stories!
 Go to the back cover to see how.

Hi! My name is Giselle Olivia. I was born in India. I love Jesus Christ. Only 2.3 percent of people in India are Christians. Yes, it is hard sometimes. But I know He helps me and guides me. And now the Church is building a temple in India!

I live in a beautiful city with millions of people. Among all the millions, there are six people I love the most: my mama; my little sister, Halle; my loving grandparents; my uncle; and my aunt. They are the most important people in my life.

This year we did some family history activities, and I learned about my ancestors. Mama said both the women and the men in my family had very long hair, just like me. Then she said one very important thing: my ancestors are waiting for me in the spirit world! She said that they are waiting to be baptized—just like I had to wait until I turned eight to be baptized. (By the

way, I was baptized on my birthday! Cool, huh?)

Mama said my ancestors are in the spirit world. They don't have bodies like me, so they cannot be baptized. So sad! That's why we get to be baptized for them in the temple. I told Mama that once the temple is built in Bengaluru, and once I am old enough, I want to be baptized for them.

I am so happy that a temple is coming to India! It is a great blessing because Mama cannot take us to the temples in other countries. They are very far away.

I heard that temple gardens have a lot of beautiful flowers. So I am excited to see the gardens when the temple is built. But most of all, I cannot wait to be baptized for my ancestors. I love my family, and I love my ancestors too.

Have you gone to the temple? How was it? I hope it was great! ●

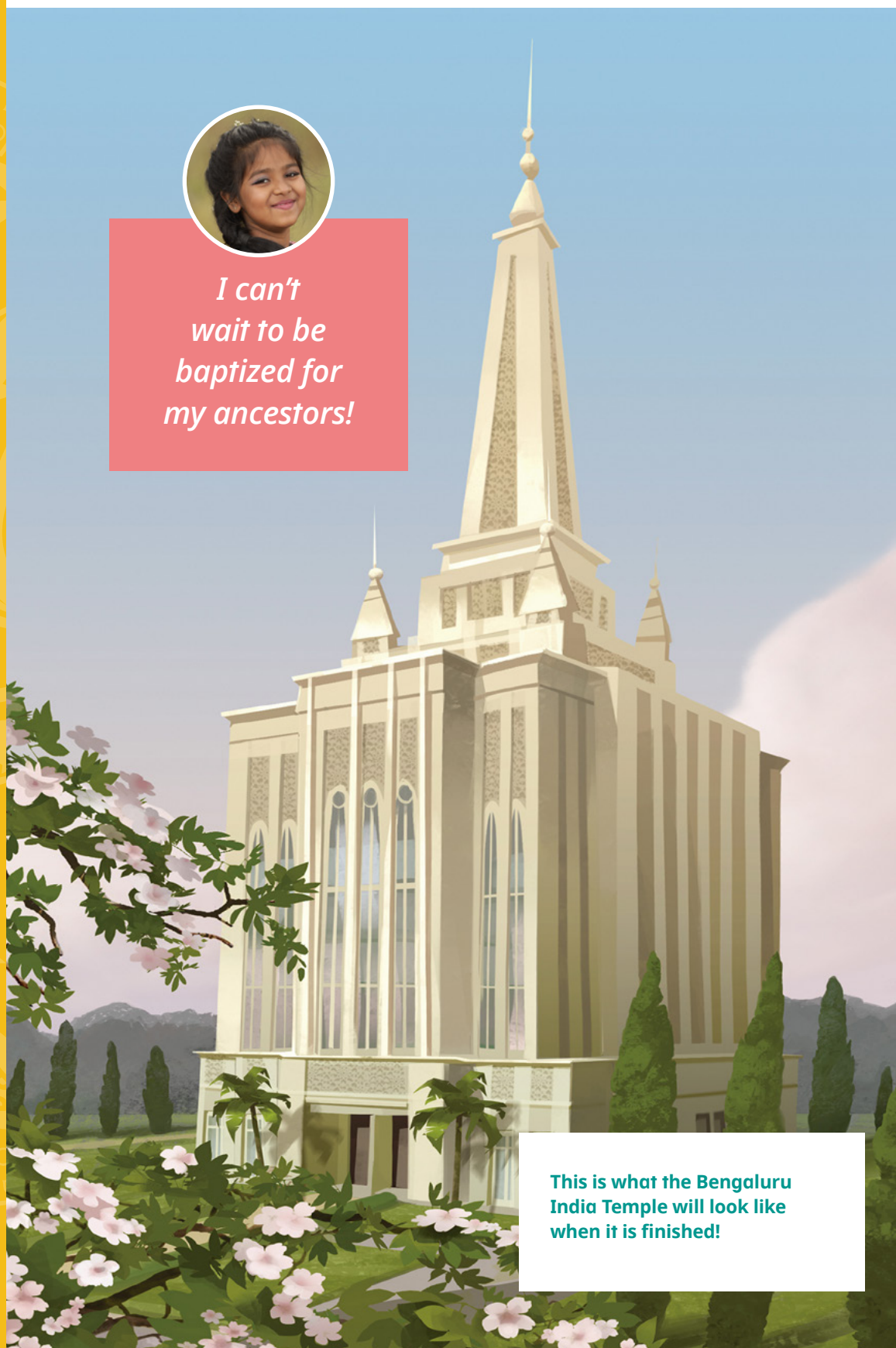
They're
Waiting for
ME!

By Giselle Olivia K., age 8,
Karnataka, India





*I can't
wait to be
baptized for
my ancestors!*




**This is what the Bengaluru
India Temple will look like
when it is finished!**

SCRIPTURE TIME FUN

These ideas go along with *Come, Follow Me—
for Individuals and Families* each week.

Family History Fun

FOR DOCTRINE AND COVENANTS 125–128


 Sing “Family History—I Am
Doing It” (*Children’s Songbook*, 94).

Heavenly Father and Jesus want us to love
our families (see Doctrine and Covenants
126:3). That includes learning about our
family history.

Read the story on page 12 together. Then
turn to page 29 to find a fun family history
activity. Write to us and share what you
made! See the back cover to find out how.

My Family Tree

FOR DOCTRINE AND COVENANTS 129–132

 Sing “Families Can Be Together
Forever” (*Children’s Songbook*, 188).


Jesus taught that families are impor-
tant. In the temple, we can be sealed to
our families forever (see Doctrine and
Covenants 132:19).

Make a family tree! Have each family
member make a paper leaf and write their
name on it. On another paper, draw a tree
trunk. Then glue or tape the leaves to the
top of the tree.



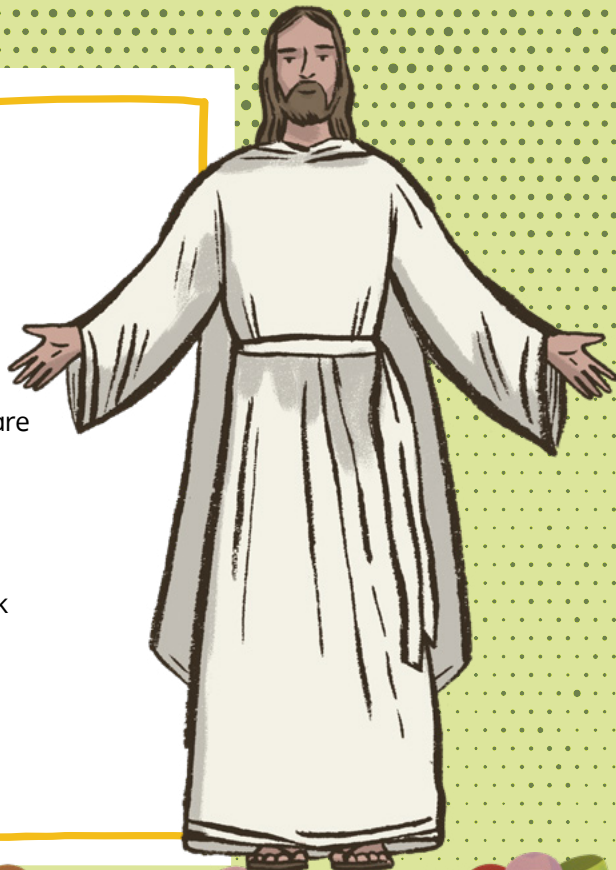
When Jesus Comes

FOR DOCTRINE AND COVENANTS 133-134

 Sing "When He Comes Again"
(*Children's Songbook*, 82-83).


Someday Jesus Christ will come to earth again (see Doctrine and Covenants 133:19-21, 25). We can prepare by learning about Him, loving others, and keeping the commandments.

Turn to page 15 and do an activity about the Second Coming. You can also draw a picture of what you think the Second Coming will be like.



Thankful Chain

FOR DOCTRINE AND COVENANTS 135-136

 Sing "Praise to the Man"
(*Hymns*, no. 27).

Joseph Smith was a prophet of God (see Doctrine and Covenants 135:3). He taught us about Heavenly Father and Jesus Christ. He helped restore Jesus Christ's Church.

Why are you thankful for Joseph Smith? With Heavenly Father's guidance, he brought us the Book of Mormon, temples, and many other blessings. Draw or write some of these blessings on strips of paper. Then make a paper chain out of them!



Turn to the inside back cover to find more ideas for little ones!



Let's Invite Everyone

Jarom wanted his whole family to come to his baptism.

By Amber Healey

(Based on a true story)

"I always want to be with my own family, and the Lord has shown me how I can" (Children's Songbook, 188).



Jarom sat down in the grass in front of his nana's **marae**. It was almost time for the family party to begin!

He looked up at the red carvings on the side of the building. "Mum, how do you say Nana's name in sign language?" he asked. Jarom's grandmother had been deaf. Sometimes they practiced sign language to remember her.

"Like this," Mum said. She slowly signed the name with her hands. Jarom made the signs with his hands too. He loved learning about his family.

"I want to try!" Jarom's cousin Kati sat down next to them. Mum signed the name again.

"Next month for my baptism, can we sing a song in sign language?" Jarom asked.



The native people of New Zealand are called the Māori. A **marae** is a special place where a Māori family meets to remember their ancestors.

"Of course," said Mum.

"What's a baptism?" Kati asked.

Most of Jarom's family were not members of The Church of Jesus Christ of Latter-day Saints. "Getting baptized is a special thing in my church," Jarom said. "It's when you make a promise to follow Jesus, and He promises to help you."

"Cool," said Kati.

"Would you like to come to my baptism?" Jarom asked.

"Sure!" Kati smiled. Then Jarom turned to his mum.

"Can we ask the rest of the cousins to come too? And my aunts and uncles?"

Mum nodded. "I think that's a great idea."

Jarom and Mum asked the rest of the family to come to the baptism. The aunts and uncles did not know much about baptism either.

But they knew it was a special day for Jarom. "We will be there!" they said.

Weeks passed. Finally it was Jarom's baptism day! When Jarom walked into the chapel, he smiled big. Every row was filled with his family members!

First Jarom's dad gave a talk about baptism and the gift of the Holy Ghost. He also talked about how important families are. "We are so happy for Jarom to be baptized today. And we are so happy to have our family with us!" he said. "What is the most important thing in the world?" he asked. "It is the people, the people, the people."

Everyone smiled. It was a Māori saying they all loved.

After Dad's talk, it was Jarom and Mum's turn. They sang a Primary song in sign language. It made Jarom feel close to his nana.

Then Jarom and Dad walked into the baptism font. As he stood in the water, Jarom looked up at all his family. Cousins, aunts, uncles. They were all there!

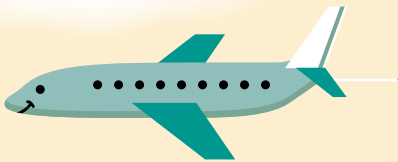
Jarom closed his eyes. He felt a warm, calm feeling. It felt like someone was giving him a big hug. He thought of his nana. He thought of his ancestors. He knew they were proud of him too.

Jarom changed into dry clothes. Then he gave each member of his family a hug. He was grateful for all of them. And he was grateful for his family members in heaven that he would get to meet someday. Jarom wanted to keep making good choices to make them proud. ●

The author lives in Utah, USA.

◆ **See *Come, Follow Me* for Doctrine and Covenants 125–128 and 129–132.**





The Apostles minister to people around the world and teach them about Jesus Christ.

Elder Gong and the Temple



In October 2020, Elder Gerrit W. Gong and his wife, Susan, went to a temple ground-breaking in Taylorsville, Utah, USA.



Digging into the soil is the first step to build a temple. Then construction will begin!



People will come here to make sacred promises to Heavenly Father. They will come to be sealed to their families.

When the temple is finished, it will be dedicated as a house of the Lord. This is how it will look.

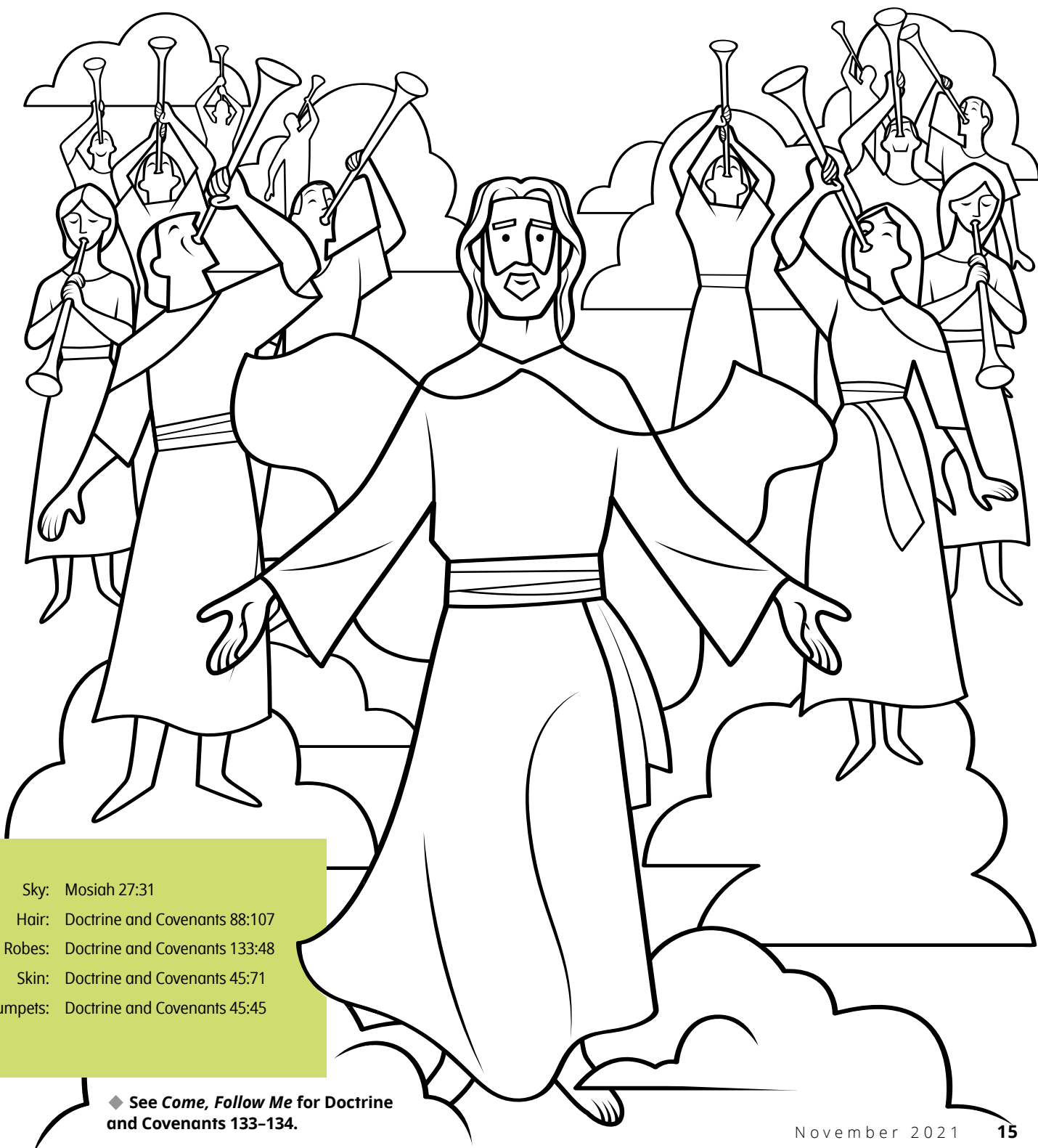


We are grateful that more people can receive temple covenants.



Jesus Will Come Again

One day Jesus will come again and bring peace to the world. Read each scripture about what His Second Coming will be like. Then color in part of the picture.



Sky: Mosiah 27:31

Hair: Doctrine and Covenants 88:107

Robes: Doctrine and Covenants 133:48

Skin: Doctrine and Covenants 45:71

Trumpets: Doctrine and Covenants 45:45

◆ See *Come, Follow Me* for Doctrine and Covenants 133–134.



HELPING HANDS AROUND THE WORLD

MEET MAGALI

from Uruguay



All about Magali

AGE: 11

LANGUAGE:
Spanish

FROM: Uruguay

GOALS AND DREAMS:

- 1) Go on a mission.
- 2) Work with UNICEF to help children around the world.



FAMILY:

Papa, Mama, one brother, two sisters, and Grandma

Magali's Helping Hands

Magali helps her parents on their farm. She gathers the hens' eggs for her family to eat. She gives milk to the calves and water to the bunnies. Helping her family has taught her that service is a very important thing. Magali says, "We should always serve those around us."

Another way Magali serves is by helping her grandma read the scriptures, especially the Book of Mormon. She is very happy to follow Jesus by helping others. ●



Magali followed Jesus by helping her parents. Turn the page to read a story about how Jesus served.

Magali's Favorites



PLACE:

Montevideo Uruguay Temple

STORY ABOUT JESUS:

When Jesus healed the woman who touched His robe



PRIMARY SONG:

"When I Am Baptized"
(Children's Songbook, 103)

FOOD:

Everything her mother cooks

COLOR: Pink

SUBJECT IN SCHOOL:

Math



"Let us put our faith in the Lord Jesus Christ into action!"

President Russell M. Nelson, "Opening the Heavens for Help," *Ensign* or *Liahona*, May 2020, 73.



Jesus Honored His Parents

To honor your parents means to love, respect, and obey them. Jesus honored His parents, Mary and Joseph, on earth. He also honored His Heavenly Father by keeping the commandments.

As He grew up, Jesus obeyed His earthly parents. He loved and cared for them. Even when He was dying on the cross, He asked one of His disciples to take care of His mother. ●

You can read this story in Luke 2:51-52.

I CAN HONOR MY PARENTS

☐ How can you help your parent or guardian?

☐ Say a prayer and make a plan to help.

☐ Do your plan!



I help keep my room tidy. I also help Mamá prepare the table for breakfast, lunch, and dinner. I help with the pets, pick up my toys, and watch my little brother.

**Sebastian V., age 7,
Central Department,
Paraguay**

How are you trying to help others, like Jesus did? Write and tell us.



ADVENTURES IN URUGUAY

with Margo and Paolo



Uruguay is a beautiful country in South America.



There are lots of cool animals here. Like this giant capybara!

There's a temple in Uruguay's capital, Montevideo.



Uruguay's most popular sport is football.

Let's see if we can join in!



Join the
Helping Hands Team

Magali follows Jesus by working hard to help her family. Along the way, she learns lots of great skills too!

Challenge: What do you want to do when you grow up? Learn a new skill or learn about jobs around you, like what a parent or leader does for work.



Helaman Wonders

"They're just emails. Is that family history?"

By Maryssa Dennis and Merrill White

(Based on a true story)

*"The hearts of the children shall turn to their fathers"
(Doctrine and Covenants 2:2).*

Helaman wondered about lots of things. He wondered about science and history. And he wondered what things were like when his grandparents were his age.

One day he was kicking a soccer ball against a fence outside. He kicked it back and forth, back and forth.

I wonder what kinds of games kids played outside a long time ago, he thought. Did his grandparents play soccer too when they were kids?

Helaman stopped the ball with his foot. Wait . . . he could ask them!

He raced inside to the computer and logged in to his email account. Mom and Dad had made one just for him. He used it to email his family who lived far away. He sat down and typed an email to Grandma Barnes.

Helaman wonders . . .

What was your favorite thing to play outside when you were a kid? Mine is soccer.

Love,

Helaman

Click! He sent his question. He sent the same question to Grandpa Barnes. Then he sent it to Grandma and Grandpa White too.

The next day, Helaman checked his email. He had two new messages! He clicked the first one open.

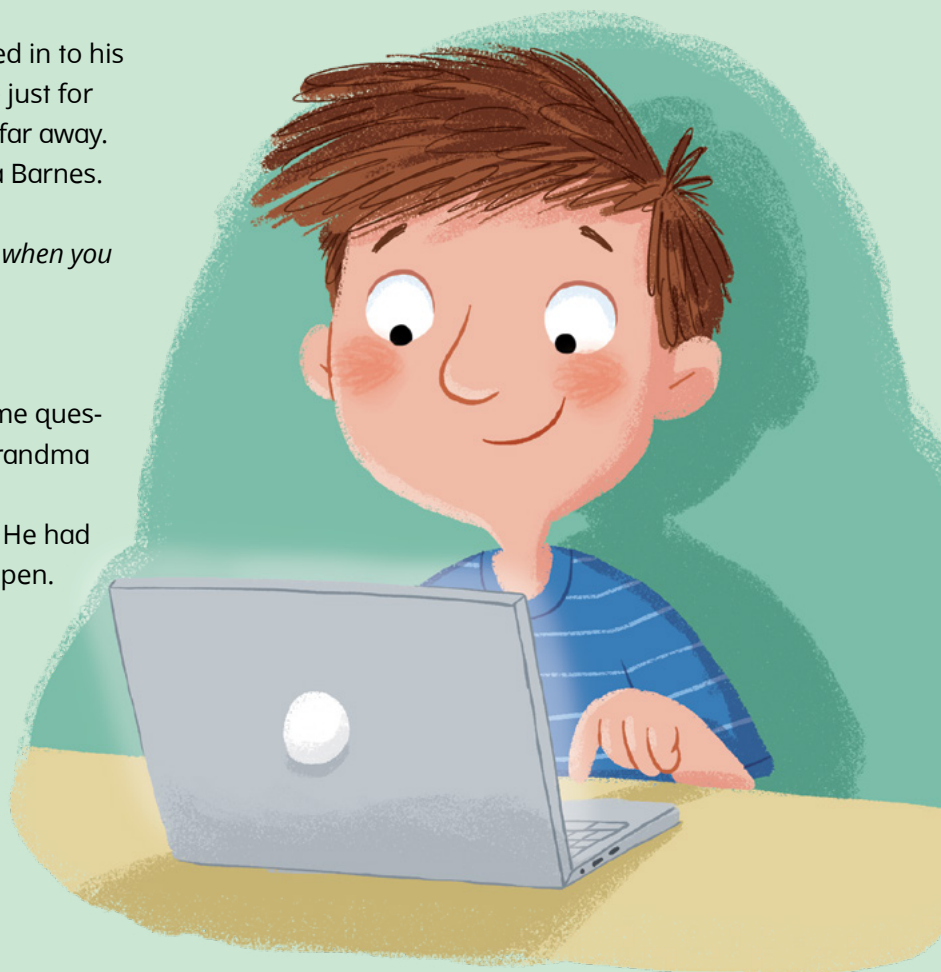
Hi, Helaman!

My favorite thing to play outside was paper dolls. My friends and I would hang up a blanket to make a little house. I also liked playing jacks and hopscotch and riding my bike.

*Love,
Grandma White
He read Grandpa*

*White's email next.
Hi, Helaman,
When I was a kid, we didn't have TVs or computers.
So we played outside a lot. In the summer we went swimming, and in the winter we went ice-skating. I also liked playing capture the flag with my friends.*

*Love,
Grandpa White*





Helaman grinned. It was fun to learn about his grandparents!

Days went by, and Helaman kept wondering. Every time he wondered, he asked his grandparents a question. And he learned a lot about them!

He learned that Grandpa Barnes took ballroom dance classes. Grandma Barnes loved to memorize words and make scrapbooks. Grandma White used to be scared of singing in front of people. But later she sang at her high school graduation. Grandpa White learned how to make model airplanes when he was little, and he still liked to make them.

Helaman laughed when he read about Grandma White's old cat, Tommy. She used to dress him up in doll clothes and push him around in her doll stroller.

"What are you reading there, Helaman?" Dad asked.

"It's an email from Grandma White," Helaman said. "I've been asking her questions."

Helaman showed Dad all the emails he'd been sending back and forth to his grandparents.

"Sounds like you've gathered some great family history stories!" Dad said. "Why don't we put them on FamilySearch?"

Helaman tilted his head. "They're just emails. Is that family history?"

"You bet!" Dad said. "Whenever you learn about your family, that's family history. It's a good idea to keep these stories so we can remember them later. Here. Let me show you."

Dad helped Helaman log in to FamilySearch.org and type in all the things his grandparents had told him.

"Now the stories are saved so our family can read them later. Isn't that cool?" Dad asked.

"Yeah!" Helaman smiled. "And I have lots more questions I want to ask." ●

◆ See *Come, Follow Me* for Doctrine and Covenants 125–128.

What question would you ask next? Ask it to one of your family members. Then write down or record their answer. You can put the stories in a notebook or upload them at FamilySearch.org/memories.



ELIZABETH CLARIDGE MCCUNE

1852–1924

“Our religion teaches us that the wife stands shoulder to shoulder with the husband.”

- When people said false things about women in the Church, she spoke up for her beliefs.
- Her example helped inspire Church leaders to call women as full-time missionaries.
- She moved from England to New York, USA, and taught family history classes.
- She served a mission with her husband and children in Peru.

As quoted by Susa Young Gates in the *Young Women's Journal*, vol. 9, no. 8 (1898), 343.

“Nothing other than pure devotion to [my] faith has brought me here.”

- He was a Māori chief in New Zealand.
- When missionaries came to their country, he and his wife, Mere, joined the Church.
- He went to Utah to do temple work for his people.
- He went back to New Zealand as a missionary. He did family history work there and taught the gospel.

As quoted in the *Salt Lake Tribune*, July 20, 1894, 8.



HIRINI TE RITO WHAANGA

1828–1905



A collection of 15 simple line drawings of various objects. The objects include: a blue fork, a white cloud, a yellow glove, a green candle, a blue knife, a white hat, a purple comb, a white chef's hat, a yellow pizza with red toppings, a white rabbit, a red umbrella, a white egg, a white spoon, and a green shovel. The drawings are arranged in a scattered pattern on a light blue background.

A BOOK ABOUT ME

Cut out and put these pages together to make a book!
You can add pictures of it at [FamilySearch.org/memories](https://www.familysearch.org/memories).

MY STORY

Name:

Age:

MY FAVORITES

Favorite food:

Favorite song:

Favorite thing to do:

DRAW OR GLUE A PICTURE OF YOURSELF HERE.

WHERE I LIVE



My country:

My city or town:

What I like best about where I live:

I am good at

I am learning

MY TALENTS

My family members:



DRAW YOUR FAMILY OR GLUE A PICTURE OF THEM HERE.

MY FAMILY HERO

Someone I admire:

Why I admire them:

How I can be like them:

Something we like
to do together

A food we like
to eat

A holiday we
celebrate

FAMILY TRADITIONS

The nearest temple:

DRAW THE TEMPLE OR GLUE A PICTURE OF IT HERE.

The Baptism Journal

By Alelie Camitan (Based on a true story)

I miss my friends.
I wish I could have a
birthday party this year.
But there are too many
COVID-19 cases.



Heavenly Father,
please help me
feel peace.



I know!
I can look at my
baptism journal!



Thank Thee for
reminding me about my
baptism journal. And
for the Holy Ghost. I feel
much better now.



A few days later ...



The author lives in Kuala Lumpur, Malaysia.

"Recall, especially in times of crisis, when you felt the Spirit and your testimony was strong; remember the spiritual foundations you have built."

Elder Ronald A. Rasband of the Quorum of the Twelve Apostles, "Lest Thou Forget," *Ensign* or *Liahona*, Nov. 2016, 114.

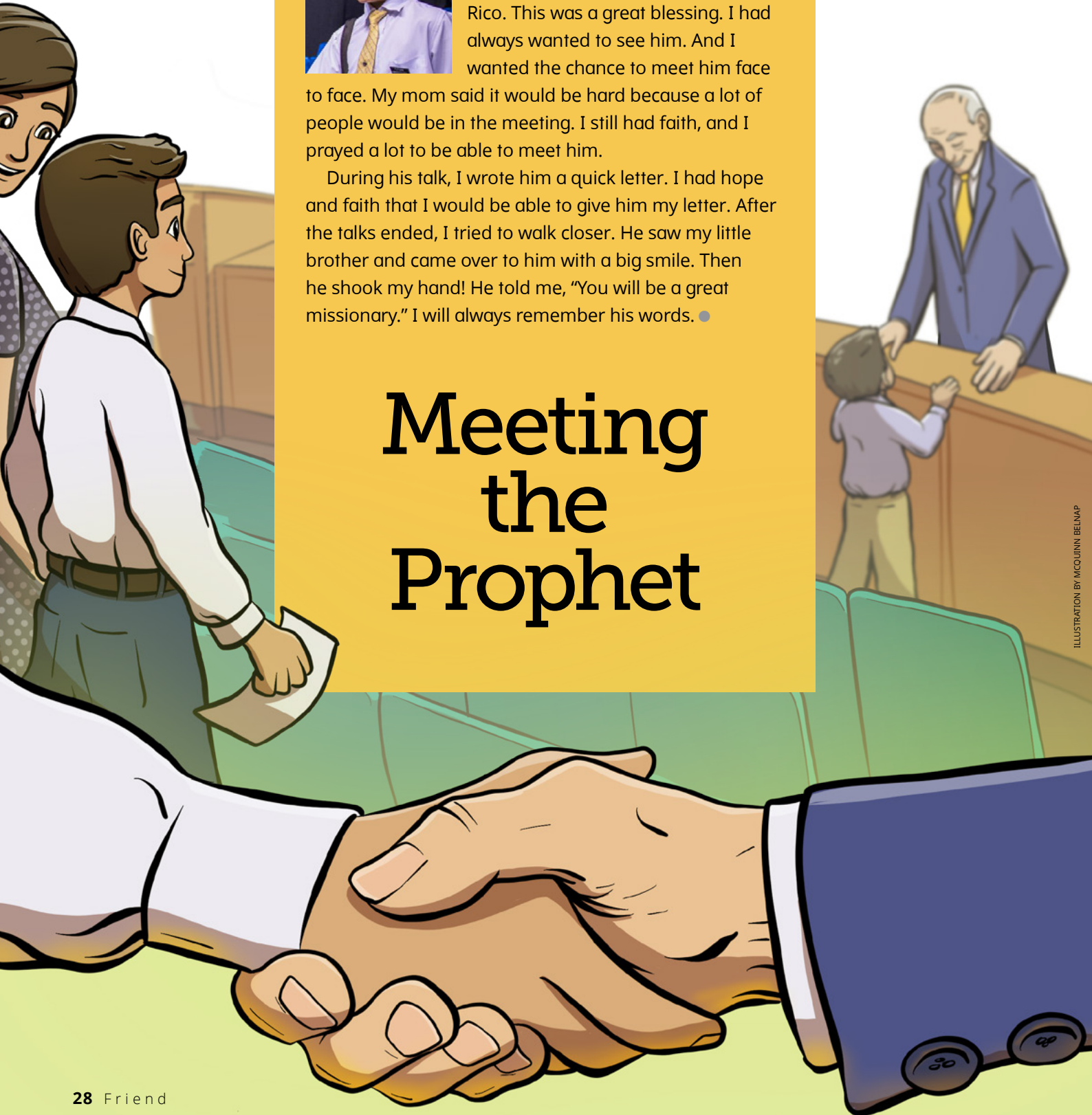


By Steven R., age 12, Puerto Rico

A few years ago, President Nelson came to my homeland in Puerto Rico. This was a great blessing. I had always wanted to see him. And I wanted the chance to meet him face to face. My mom said it would be hard because a lot of people would be in the meeting. I still had faith, and I prayed a lot to be able to meet him.

During his talk, I wrote him a quick letter. I had hope and faith that I would be able to give him my letter. After the talks ended, I tried to walk closer. He saw my little brother and came over to him with a big smile. Then he shook my hand! He told me, "You will be a great missionary." I will always remember his words. ●

Meeting the Prophet



Family History Match-Up

Eva is from Russia. She loves doing family history activities! She makes videos to share her ideas with others. Here is one you can try.



1. Draw or print two pictures of each family member—one when they are younger and one when they are older.



2. Glue the pictures on heavy paper. Decorate the back of the paper. (Eva decorated hers with watercolor paint!) Then cut the pictures out to make cards.



3. Now play a matching game! Put the cards face down. Draw two cards. If they show different people, put them back. If they show the same person, keep the cards and take another turn. How many matches can you find?

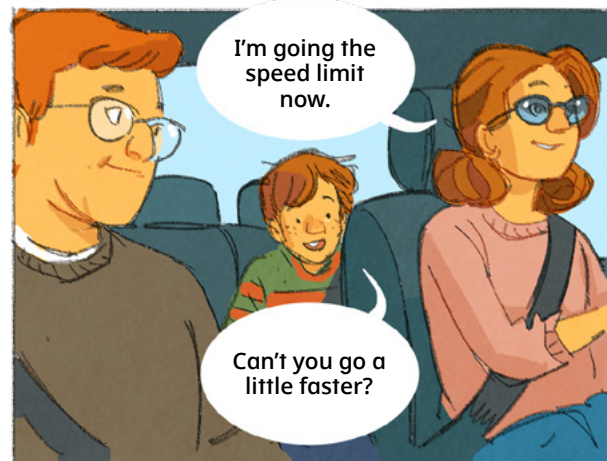
BONUS ACTIVITY!

Eva also made an album all about her ancestors. You can make your own! Write down things you know about each person. Then draw or glue in pictures to match.





MATT and MANDY



For Older Kids

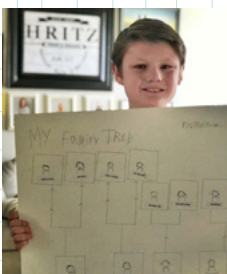
Family History Corner

What is your family's favorite food?
Make a family recipe to eat together.
You can also make food from the
countries your ancestors are from.

My Family Tree

Drawing my family tree helped
me remember my ancestors.
We shouldn't forget them.

Matthew H., age 10, Utah, USA



Temple Prep Tip

Read and talk about the temple
recommend questions with a
parent or leader. Learn more
about them on page 35 of the
October 2021 *Friend*.

ANDREW JENSON

HISTORIAN FROM DENMARK

By Lucy Stevenson Ewell

Church Magazines
(Based on a true story)



A historian writes and saves stories for people to learn about someday.

Andrew pulled out a pen and opened his journal. *Today, I am coming home from my mission*, he wrote.

He smiled and looked out the train window. He had spent the last two years in Denmark, the country where he was born. It was also where his family was baptized. They moved to Utah, USA, when he was a teenager. And soon he would be with them!

Andrew turned the page and kept writing. He liked to write. He also liked learning about Church history. He had read all he could about Joseph Smith. He even memorized all the important dates in Joseph Smith's life.

Soon Andrew was home with his family. Every day he helped them work on the farm. He plowed. He planted. But he wanted to do more. He wanted to read and write and travel.

So Andrew prayed. He thought a lot about what he should do. Then he had an idea! He started to translate some of Joseph Smith's history into Danish.

And that was just the start. Andrew kept writing, reading, and translating. He started working for the Church as a historian. He went to different places in the United States. He gathered stories and important papers.

One day, Church leaders asked Andrew to do something even more exciting. They asked him to go to different countries. He would write stories about the Church members he met. Andrew could not wait!

Andrew said goodbye to his family. Then, with his passport in hand, Andrew was off! He traveled by ship. He traveled by train. Sometimes he traveled by carriage or even by horse or camel.

Wherever he went, Andrew talked to Church members about their lives. He talked to them about their faith. He wrote their



Andrew wrote 27 books and more than 2,000 newspaper articles.



He traveled nearly one million miles (1.6 million km)!

9

Andrew served nine more missions—in Denmark, in other parts of Europe, and in the United States.



Today, there is one temple in Denmark.



Almost 17,000 Danish Saints moved to Utah in the mid-1800s, like Andrew did.

To Andrew, everyone's story was important.



stories down so other people could read them. To Andrew, everyone's story was important.

When Andrew came home from his trip, he put the stories into a book. He taught others about writing things down and keeping them in a safe place.

Andrew was happy doing the work he loved. But sometimes he wondered if he was really making a difference. He decided to pray about it.

"Heavenly Father, why haven't I been asked to do more important things?" A clear answer came to Andrew's mind. *God has inspired you to do the work you have done.*

Andrew smiled. He knew he was doing what God wanted him to do. And he would not stop!

Andrew saved the stories of more than 15,000 people. We can follow his example by writing down our own family stories. Everyone's story is important—including yours! ●

Family History Blessings



Antonella N., age 10, Santiago Metropolitan Region, Chile

Ever since I was little, I wanted to work on FamilySearch like my parents did. My parents helped me create an account when I got baptized. I learned how to index names really quickly.

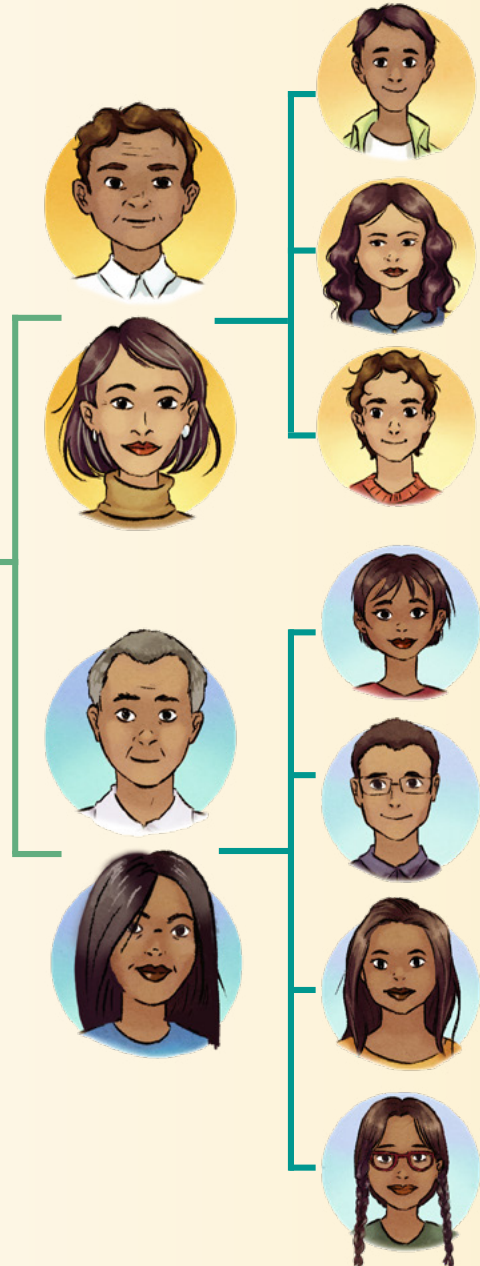
The Children and Youth program has helped me progress with family history. I have learned more

about my family. I love my family even more now. I want to help others unite their families for eternity.

It is beautiful to work for our ancestors. It is amazing to feel our Heavenly Father's love. He gives us the possibility to be eternal families. It's great to know that we can work for our families and for other families who are looking for their loved ones. ●



You can make your own account at [FamilySearch.org](https://www.familysearch.org). Ask an adult for help.



Interview a Family Member

Today you get to be a reporter, a detective, *and* a historian! Learning about your family helps you understand where you came from. So grab a recorder or a pen and paper and ask a relative some questions.



1. What were you like as a child?



2. What were some of your favorite songs and types of music? Are they the same now?



3. What do you admire most about your parents?



4. What is one thing you and I have in common?



5. What was a normal family dinner like growing up? What were some of your favorite foods?



6. What is one scripture that helped you?



7. What world events had the most impact on you as a child?

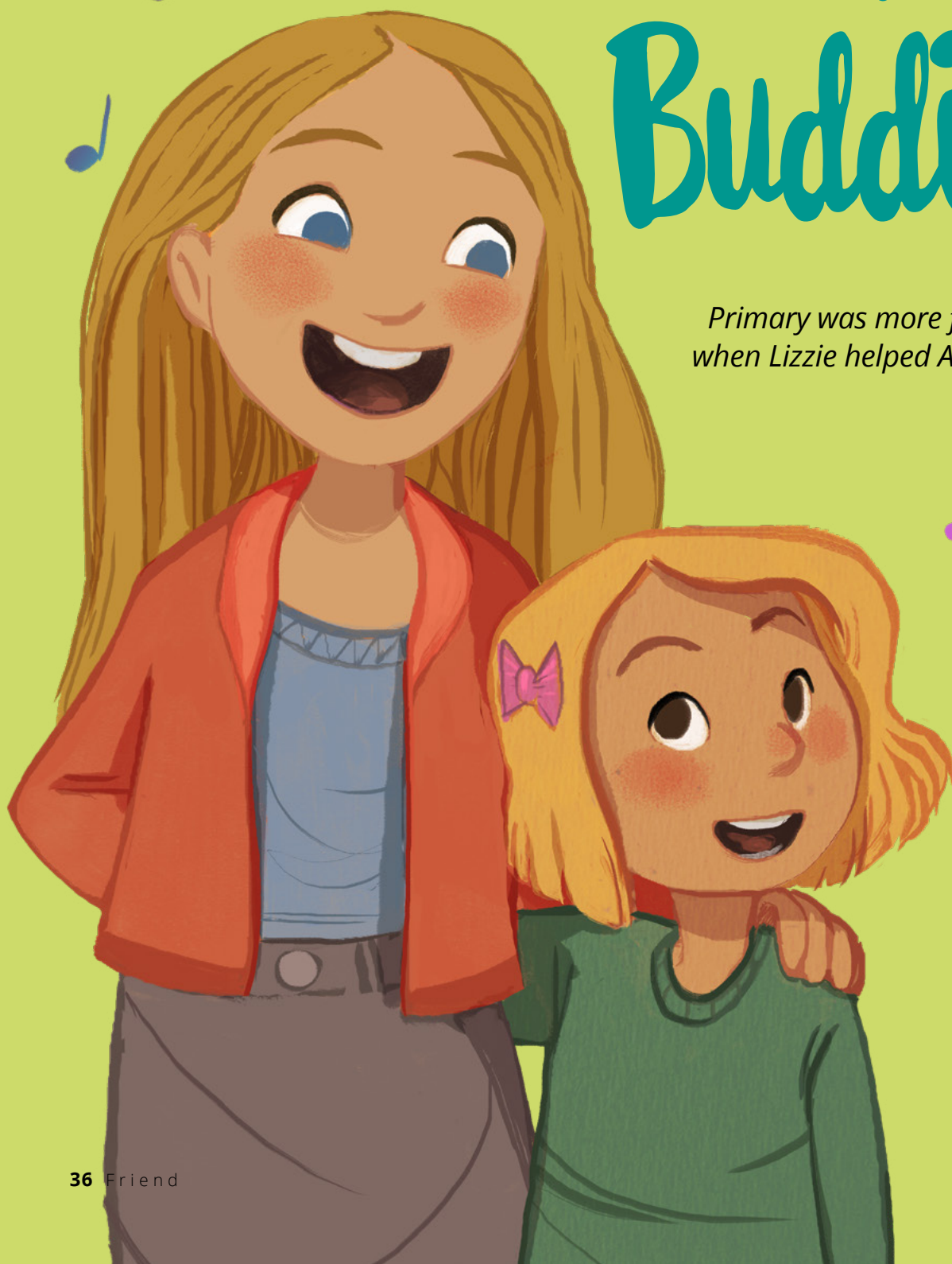


8. What is your job and how did you choose it?

◆ See *Come, Follow Me* for Doctrine and Covenants 125–128.

Primary Buddies

*Primary was more fun
when Lizzie helped Abby.*



By Charlotte Larcabal

Church Magazines
(Based on a true story)

"Be thou an example of the believers"

(1 Timothy 4:12).

Lizzie used to think a lot of Primary songs were boring. She liked the ones about Jesus, but she felt too old for the playful ones. She'd usually slouch and mumble the words.



But not anymore. Now Lizzie sang all the songs as joyfully as she could. She sat up straight. She sang loudly. She had fun.

Because now, Abby was sitting next to her.

Earlier in the year, Lizzie and the other kids in her class had each been matched up with a new Sunbeam. It was their job to help their Sunbeam buddy feel more comfortable in Primary.

Abby was Lizzie's Sunbeam buddy. They sat together in Primary. They sang together. Whenever they saw each other at church, they always waved or hugged.

Lizzie loved seeing Abby every Sunday. And she knew that Abby loved seeing her. Abby watched her a lot. When Lizzie sang loudly, so did Abby. When Lizzie folded her arms and sat reverently, so did Abby. It made Lizzie want to always be a good example.

Lizzie wanted Abby to love Primary. She wanted Abby to have fun and feel loved. They could learn about the gospel together!

Abby and Lizzie sat side by side, just like every Sunday. But today they were sitting on the stand in the chapel with the rest of their Primary. It was the Primary program.

Abby swung her legs and grinned up at Lizzie.

"It's almost your turn," Lizzie whispered. Each of the Primary children had a speaking part in their program. The older children, like Lizzie, read longer parts. The younger ones, like Abby, recited shorter ones. Lizzie had helped Abby learn her part.

How was Lizzie a good example for Abby? How can you be a leader by helping others in Primary or at school?



"Just remember, be loud and clear for everyone to hear," Lizzie said.

"You're coming with me, right?" Abby said. She looked nervous.

"Of course!" Lizzie said. "I will be right next to you. You are going to do great."

They stood and sang a song with the rest of the children. Lizzie remembered how she used to not like being in the Primary program. But with Abby, it was so much fun!

Next it was Abby's turn to speak. Together, the two girls walked to the microphone. Lizzie helped Abby step onto a little stool. Abby froze. She looked scared.

Lizzie put her arm around Abby. She gave her shoulder a little squeeze and whispered, "In my prayers . . ."

Abby took a deep breath. "In my prayers, I tell Heavenly Father what I'm thankful for." Her voice was confident and clear.

Abby smiled big, took Lizzie's hand, and hopped off the stool. They sat down as other children stepped up to the microphone.

"You did so *well*, Abby!" Lizzie said.

"Was I loud and clear enough?" Abby asked.

"It was perfect!" Lizzie said. "I'll bet they could hear you all the way in the back row!"

Abby wiggled happily and leaned against Lizzie. They listened as other children recited what they were grateful for.

"Hey, Lizzie?" Abby said. She pulled Lizzie down to whisper in her ear.

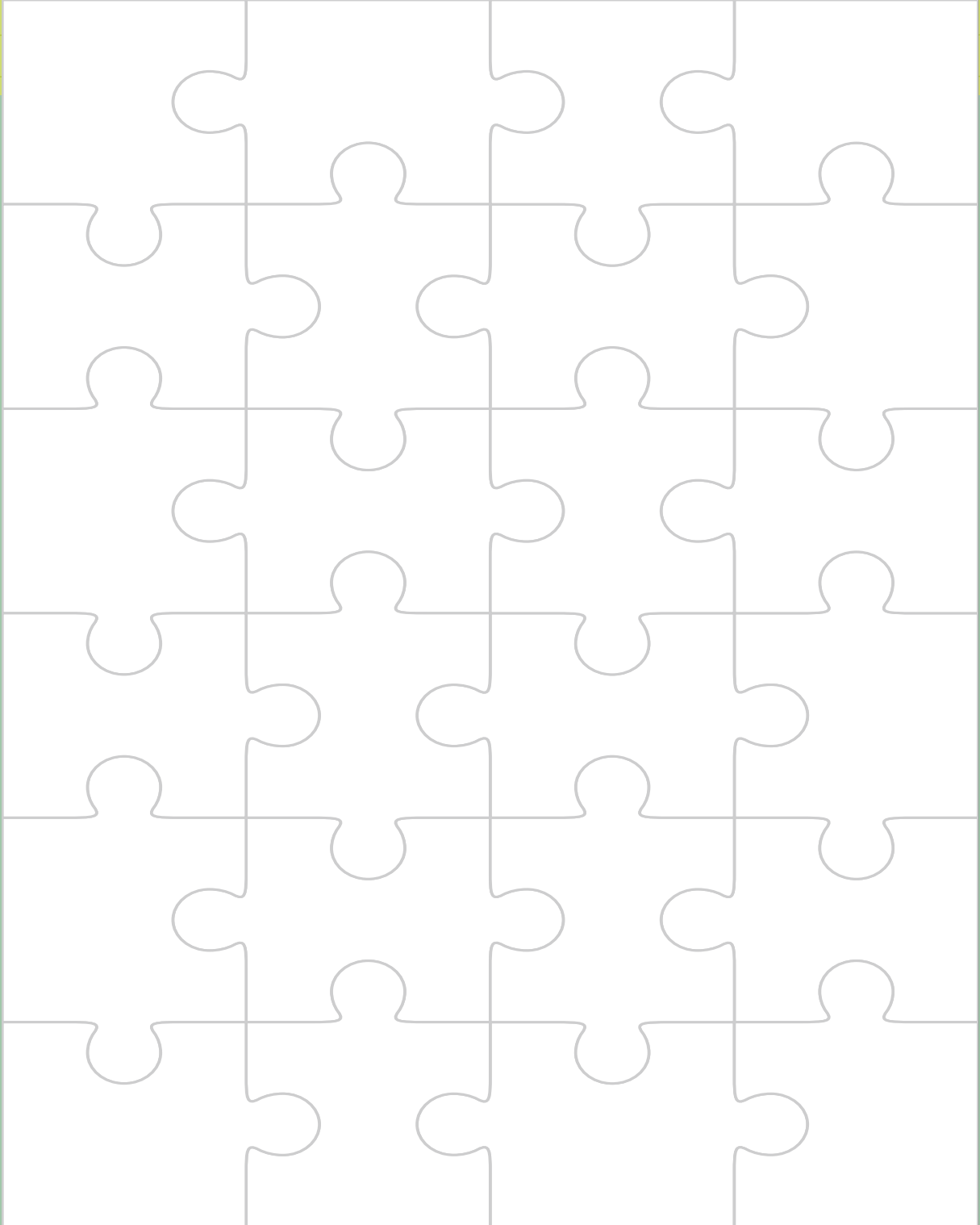
"I'm grateful for you!"

Lizzie smiled. "I'm grateful for you too!" ●



Gratitude Puzzle

Draw a picture of something you're grateful for. Try to draw and color in every space. Then cut out your puzzle!



for little friends

Kayla's aunt is showing her photos from when she was young. Trace the dotted lines on the pictures.



Can you find these pictures on the next pages?



A Helpful Sunbeam

By Jennifer Maddy



Brielle is excited for her first day in Sunbeam class.



She and Grandma will ride the bus to church.



"Excuse me," Brielle says.



"You dropped this."



"Welcome to Sunbeams!" says Sister Bernard. "Sunbeams help Jesus by being kind to people."



"I was a sunbeam for Jesus!" says Brielle.



Sunny Search

Brielle and her friends want to be sunbeams for Jesus by being kind and helpful. How many suns can you find in the picture? How can you be a sunbeam for Jesus?



The Nauvoo Temple

The Saints built a new city called Nauvoo. God told them to build a temple there.

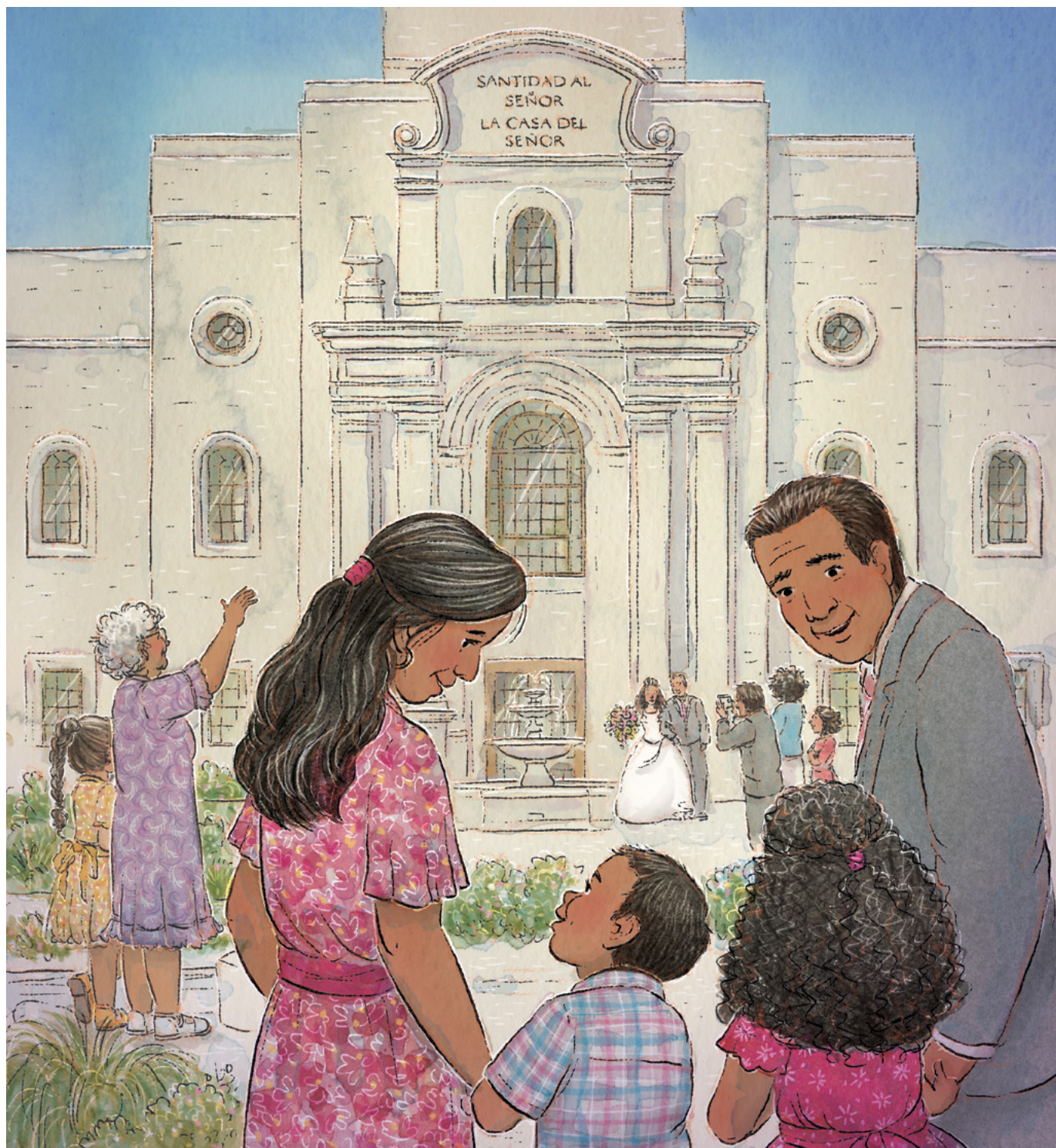
The Saints worked hard to build it. They built it near a big river. They carved suns and stars into the stone.



The Lord said to build a baptism font inside the temple. It was filled with water.

People were baptized for family members who died before they could be baptized.





Because of temples, I can be with my family forever. Someday I can go inside to do temple baptisms. ●

◆ See *Come, Follow Me* for Doctrine and Covenants 125–128.

Families Are Forever



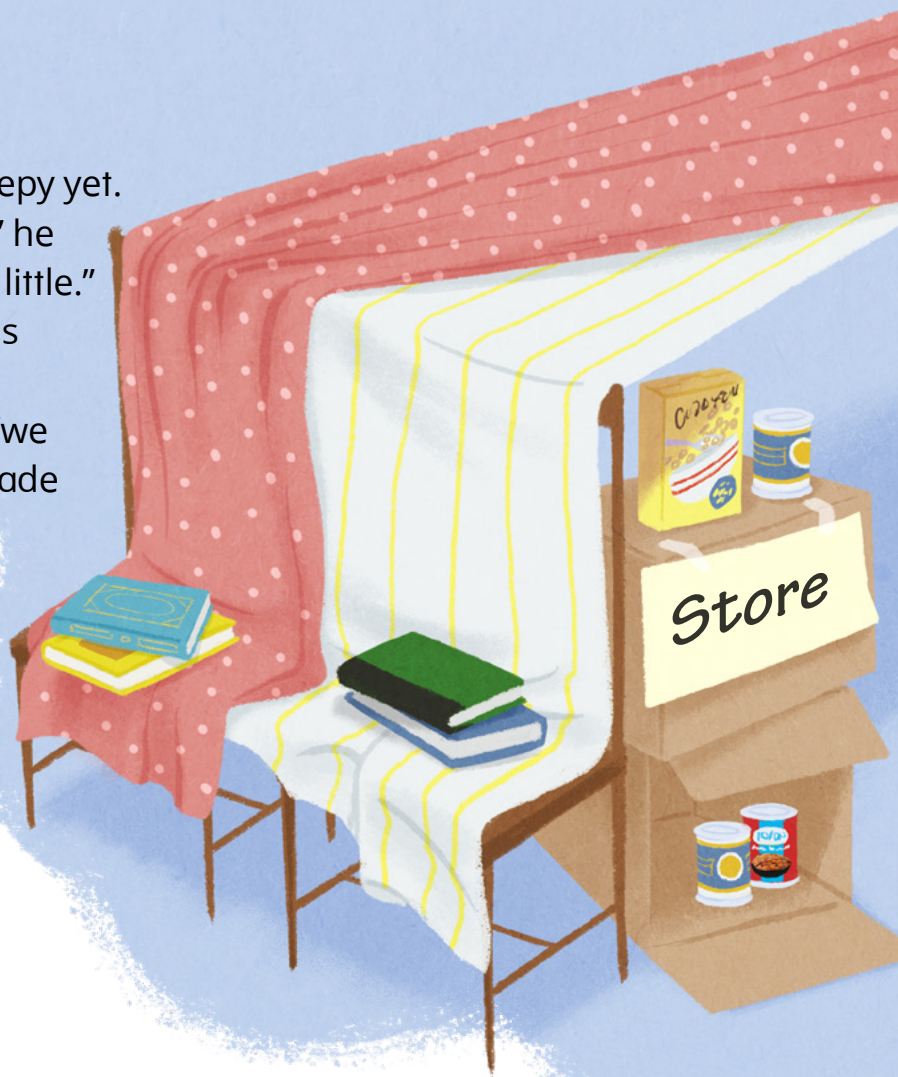
Who is in your family?

By Lori Fuller Sosa
Church Magazines
(Based on a true story)

It was bedtime. But Sam wasn't sleepy yet.
"Tell me an adventure, Mommy," he said. "Tell me about when you were little."

"OK," Mommy said. She stroked his hair. She thought for a while.

"When I was little," Mommy said, "we loved to build pretend towns. We made houses out of blankets and chairs. My brothers and sisters all had pretend jobs."



Tell Me an Adventure

"What was your job?" Sam asked.

"I ran the store. We made coins out of paper. You could buy food and newspapers. We loved playing together in our town."

"What else did you do?" Sam asked.

"One time we built a zoo for our town. We used our stuffed animals."

Sam held out his teddy bear. "Like this?"

"Just like that," Mommy said. "People could come see the zoo."

Sam snuggled his teddy bear. "Tell me more, Mommy."

"We also wrote letters to each other. We put them in pretend mailboxes. Your



uncle was the mailman. He brought the mail to our houses. It was fun to get letters."

Sam wanted to write a letter! Maybe he could write one tomorrow.

"Sometimes we argued," Mommy said. "But we said sorry and tried again. We learned to get along and have fun."

"Like me and Ava," Sam said.

"Yes," Mommy said. "Just like that. You are learning to get along too."

"That was a good story," Sam said.

"Will you tell me another adventure tomorrow?"

"Yes," said Mommy. "I'll tell you about when your daddy was little."

Mommy kissed Sam. She tucked his blankets closer.

"Good night," Sam said. Then he closed his eyes and thought about zoos and towns and paper coins. ●

When you share family stories, that's family history! What stories can you share?

My Family

By Jordan Monson Wright



A mommy* to hold my
hand on the street.



A daddy* to hug me and
kiss me good night.



My family is a gift from
God above.



A grandma* who makes
me good things to eat.



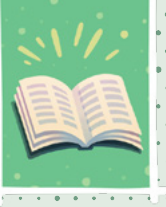
A brother* who helps
me to choose the right!



When I help them,
I feel His love.

*Replace with any name to
fit your own family.

◆ See *Come, Follow Me* for Doctrine and Covenants 125–128.



SCRIPTURE TIME FUN for Little Ones

These ideas go along with *Come, Follow Me*—for *Individuals and Families* each week.



For Doctrine and Covenants 125–128:

Take turns saying nice things about each other. Help your little ones say, “I love my family.”



For Doctrine and Covenants 133–134:

Ask your little ones to cheer and clap. Talk about how Jesus’s Second Coming will be a joyful event. Help your little ones say, “Jesus will come again!”

For Doctrine and Covenants 129–132:

Draw a picture of a temple together. Have each person help draw one part. Help your little ones say, “Temples bless our family.”



For Doctrine and Covenants 135–136:

Look at pictures from Church magazines or websites that show scenes from Joseph Smith’s life. Help your little ones say, “Joseph Smith was a prophet.”





DEAR PARENTS,

Help your children learn about their family history!
You can start with some ideas from these pages:

- “Let’s Invite Everyone” (pages 12–13)
- “Helaman Wonders” (pages 20–21)
- “A Book about Me” (pages 24–25)
- “Tell Me an Adventure” (page 46–47)

Now share some of your family stories with
your children!

With love,
The *Friend*



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The following information and permission must be included:

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Age

Boy / Girl

State / Province / Region, Country

I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child’s submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.

Signature of parent or legal guardian

Date

Email of parent or legal guardian

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YES



NO

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