

For Parents of Little Ones

Because the song of the righteous is a prayer (see D&C 25:12), music has power to invite the Holy Ghost and bless your family. Whether your musical skill includes playing the piano or pressing a play button, use that gift to help your little ones.



Here are some ideas:

- When your little ones are getting grouchy, you can soften their hearts with a song. Singing a reverent Primary song together or playing sacred music in the background can turn frowns upside down.
- Singing silly rhyming songs is a great way to have fun together and teach your child new words.
- To encourage creativity, find some classical pieces. Play the music and give your child some art supplies. Ask them to paint something that matches the music. They'll love the chance for self-expression, and you'll love that they're learning to enjoy good music.
- On a rainy day when you're stuck inside, boost your child's mood and heart rate by dancing to fast-moving action songs. You'll be building their motor skills too.