

THE *Friend*

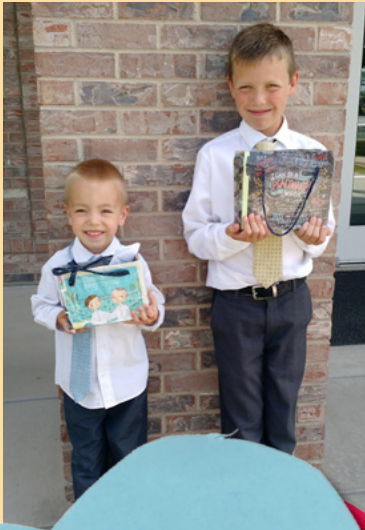


Conference
messages for
YOU!

See pages 2-6

FRIENDS BY MAIL

Scripture Power



We had fun making our scripture cases (May 2017). We use them to carry our scriptures to church!

Clayton and Miles H., ages 6 and 11, Utah, USA

Scripture Charts



Every day in 2016 we read scriptures from the *Friend* scripture charts!

Eli and Simon S., ages 6 and 4, New York, USA

Brock and the Bad Word



I had been saying a bad word, and after I read "Brock and the Bad Word" (Apr. 2017), I decided to say a prayer. I haven't said that word since.

Cara A., age 8, Wyoming, USA

Sundays with the Friend

We enjoy reading the *Friend* on Sunday afternoons as a family!

Dallin, Cameron, Luke, and Travis F., ages 6, 6, 4, and 2, Texas, USA



Ich hab
auf mein kleiner
Bruder aufgepasst
und offered a
a seat next
at school.

DEAR FRIENDS,

Thanks for helping us fill the world with love this year! We covered the entire map of the world, and still the hearts came pouring in. You make the world a better place by showing love like Jesus did. Turn to page 24 to see some of the hearts we received. And stay tuned next month to learn about next year's theme!

We love you so much,

The Friend

Was there a story or activity this month that helped you? Tell us about it! Turn to page 39 to find out how.

THE Friend

A children's
magazine published
by The Church of
Jesus Christ
of Latter-day Saints

◆ **Primary Connection** Find stories and activities to go with this month's sharing time theme and lessons.
Find more at lessonhelps.lds.org.

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Front cover by Allen Garns
Back cover by Edwardian Taylor

Volume 47 Number 11
November 2017

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Hidden CTR Rings

Hard: Let's be a fan!

Harder: I love it when my hair looks nice.

Hardest: I hope this is clean enough.



By President
Henry B. Eyring

First Counselor
in the First
Presidency

The Yellow ANGELS



A few days ago, I visited Florida, USA, after Hurricane Irma hit. I met a group of Latter-day Saints who were helping clean up. They had left Georgia at 4:00 in the morning, driven for hours, worked into the night, and worked again the next day!

As we were leaving, a man walked up to our car and said, "I'm not a member of your church. I can't believe what you have done for us. God bless you." Other members of the Church from that part of Florida went hundreds of miles to another part of Florida that was hit even harder.

I have heard that some people have started calling the Latter-day Saints who are wearing the yellow Helping Hands T-shirts "the Yellow Angels."



What can you do
for someone who
needs help?

When hard things happen, we can remember the Lord's promise in D&C 84:88: **"I will go before your face. I will be on your right hand and on your left, and my Spirit shall be in your hearts, and mine angels round about you, to bear you up."**

Sometimes you will be the angel the Lord sends to **bear others up**. Sometimes you will be the one surrounded by angels who bear *you* up. But always you will have His Spirit in your heart. You have only to keep His commandments.

The Lord Jesus Christ knows you, He loves you, and He watches over you. I so testify and leave you my blessing and my love. ♦

Adapted from *"Fear Not to Do Good,"* Ensign, Nov. 2017.

help



CONFERENCE News

Listening Together

Elder Neil L. Andersen talked about how people all over the world listen to general conference.



Millions of faithful people...

in more than 200 countries...

93+

speaking more than 93 languages...

watch or read the conference messages!



Conference Quiz!

1. Who was the faithful pioneer woman Elder M. Russell Ballard told about? (Hint: Her story was in last month's *Friend*!)
2. What Primary song did the choir sing in the Sunday afternoon session? (Hint: It has the word "Savior" in it.)
3. How many years has President Eyring read the Book of Mormon every day? (Hint: Add 3+2, then multiply by 10.)

Answers: Jane Manning James, "If the Savior Stood Beside Me," 50

Conference Quotes

"The things you learn in Primary prepare you for the additional truths you learn."

President Dieter F. Uchtdorf,
Second Counselor in the First Presidency



"Our Savior, Jesus Christ, is the Light of the World, and He beckons us to follow Him."

Elder Ian S. Ardern of the Seventy



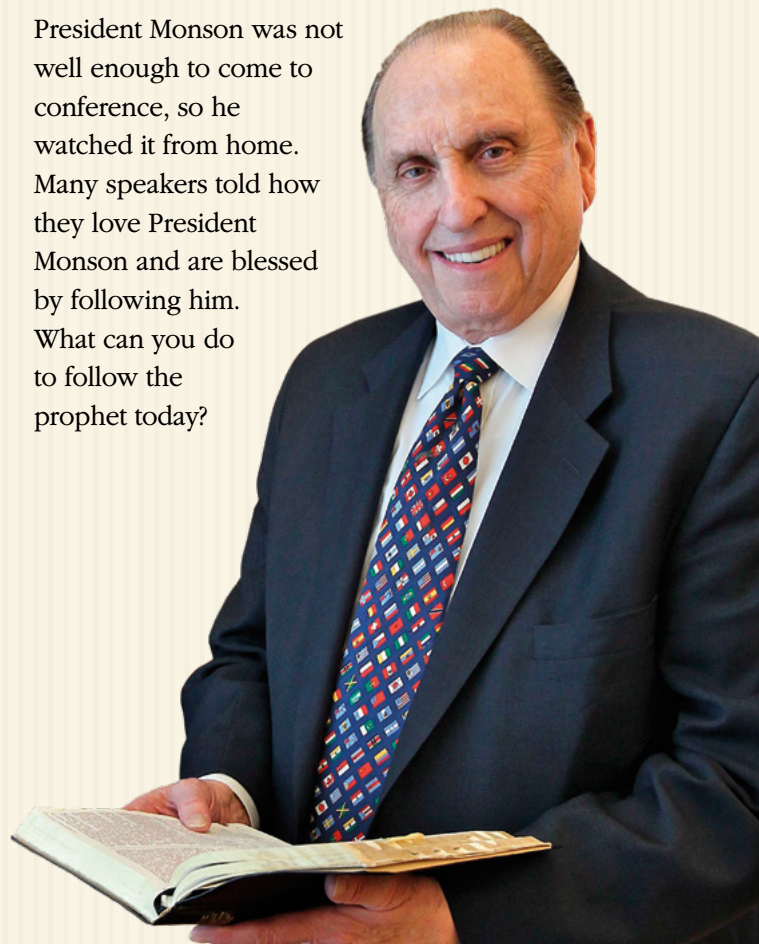
"You are the future leaders in this Church, and it will be up to you to carry this light forward."

Sister Sharon Eubank, First Counselor in the Relief Society General Presidency



We Missed You, President Monson!

President Monson was not well enough to come to conference, so he watched it from home. Many speakers told how they love President Monson and are blessed by following him. What can you do to follow the prophet today?



Show and tell CONFERENCE!



I liked when Elder Oaks said we should show love for all people.

Elijah D., age 5, Utah, USA



I was very happy to learn that the Lord can help us solve our problems through our prayers.

Daryl Z., age 6, Copiapó Province, Chile



I love to hear about temples and the promises we can make with Heavenly Father. I'm going to

the Preston England Temple to be sealed with my family soon!

Rhia K., age 5, West Yorkshire, England



I love general conference because I always have my questions answered. My whole body is 100% filled

with truth, and I can strongly feel that what they say is real. It makes me so happy.

Yared P., age 11, Maharashtra, India



I learned about miracles and that I can look for miracles in my life. Being a child of God is a miracle.

London B., age 7, Alberta, Canada



Emilia D., age 8, Sør-Trøndelag, Norway

Isabel W., age 10, Utah, USA

My Grandma Takes Me To General conference

ISABEL W.
AGE 10
UTAH, USA



Rebecca K., age 10, Wisconsin, USA



Kate H., age 10, Oregon, USA



Simon P., age 7, Colorado, USA



Jordan and Alyssa H., ages 6 and 10, Pennsylvania, USA, had a picnic at the church building between sessions of conference!



Tavis S., age 12, Idaho, USA, drew his favorite thing about conference—the stories about the service done after hurricanes.



"I feel the love of Jesus Christ as I watch general conference," said **Josalin G., age 9, Sonora, Mexico.** She watched conference with her sister, **Jennifer, age 7,** and their brother, **Jesus, age 11,** who said that listening to the speakers fills his heart with joy.



Joseph M., age 7, Georgia, USA, helped pull an extension cord under the pews to set up the projector so ward members could watch general conference at their church building.



The **Nalla family, Maharashtra, India,** rides a motor scooter to church to watch general conference.

Bobbie the Wonder Dog



A family lost their dog, Bobbie, while on vacation. Six months later, Bobbie showed up on their doorstep. It looked like he had walked all the way across the country to get back home!

President Uchtdorf taught that each of us has a desire within us to return to our heavenly home. We are all on a journey together and will one day see our Heavenly Parents again.

What this teaches me:

The Light of the Son



Elder Stevenson taught that sometimes the moon lines up just right with the sun and almost completely blocks its light, even though the moon is much smaller. This is called a total

solar eclipse. Just like the eclipse, when we focus on our daily problems (like the small moon) instead of our eternal gospel blessings (like the large sun), it makes it harder for us to see and feel the light of Jesus Christ in our lives.

What this teaches me:

Never Too Young to Serve



Sister Oscarson told the story of a 10-year-old girl named Sarah. When her mom was sick, Sarah helped her little sister get dressed, brush her teeth, fix her hair, and eat breakfast. Because

of Sarah's service, her mom was able to get some extra rest. Sister Oscarson taught that you're never too young to serve. Children can strengthen their families.

What this teaches me:

Forever a Family

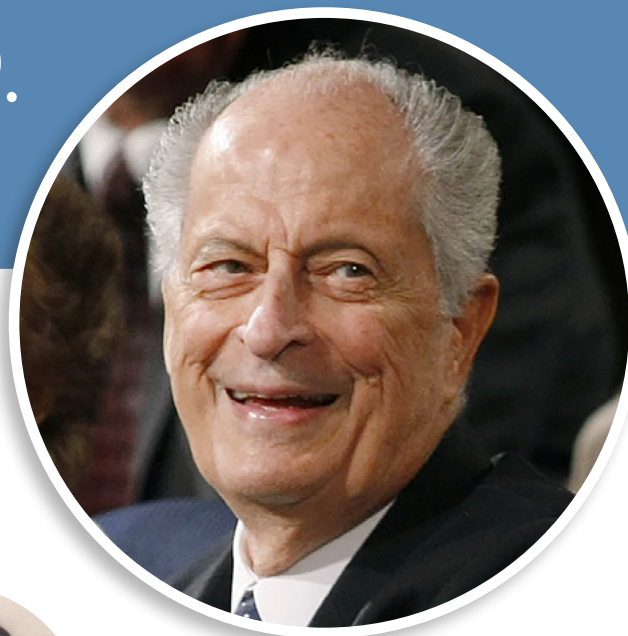


When Elder Parrella was a boy, his family didn't know about the Church. He once asked his mother if she would still be his mom when they were in heaven. She didn't know the

answer. Later, Elder Parrella was happy to learn from the missionaries that families can be together after this life. We will still be fathers, mothers, sons, and daughters.

What this teaches me:

Remembering Elder Robert D. Hales (1932-2017)

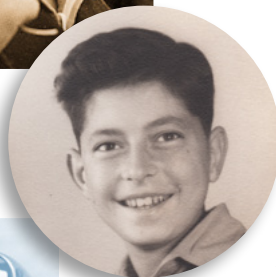


Elder Robert D. Hales of the Quorum of the Twelve Apostles passed away on October 1, 2017. He was 85 years old.

Elder Hales was born on August 24, 1932, in New York City. Robert liked playing with his older brother and sister in their backyard on Long Island, New York. His favorite sport was baseball, and he played on his high school and college baseball teams.

Robert learned how to serve from his parents. When his mother was Relief Society president, Robert helped her deliver food to those in need. He helped his dad take care of the sacrament trays and cloths. Their family helped keep the outside of the church building clean.

After high school, Robert studied business at college and came home for the summers. One summer he met Mary Crandall. For the next two months, they spent every evening together helping each other do chores and sharing family activities. They were married in 1953 in



the Salt Lake Temple and had two children. After graduating from college, Robert served as a jet fighter pilot for the United States Air Force. He got a master's degree in business from Harvard University and then worked for large international companies. He and his family lived in England, Germany, Spain, and different parts of the

United States. Wherever he went, he tried to be an example of the gospel of Jesus Christ.

Elder Hales served as president of the England London Mission and in many other callings before he was called as an Apostle in 1994. He said, "Live your life to be a good example of what you believe—in word and deed."* Like Elder Hales, each of us can be a good example wherever we live! ♦



* "Preserving Agency, Protecting Religious Freedom," Ensign, May 2015, 113.

The BLESSING

By Crystal Hirschi

(Based on a true story)

“Count your blessings; name them one by one”

(Hymns, no. 241).

Brayden listened to Mom read from the Bible and looked at the picture she showed them. It showed Jesus after He was resurrected. He was talking to some of His disciples who were on a fishing boat.

The disciples had fished all night without catching anything. When Jesus came, He told them where to put their net to catch fish. They tossed the net into the water. This time it caught so many fish they couldn't pull the net back up!

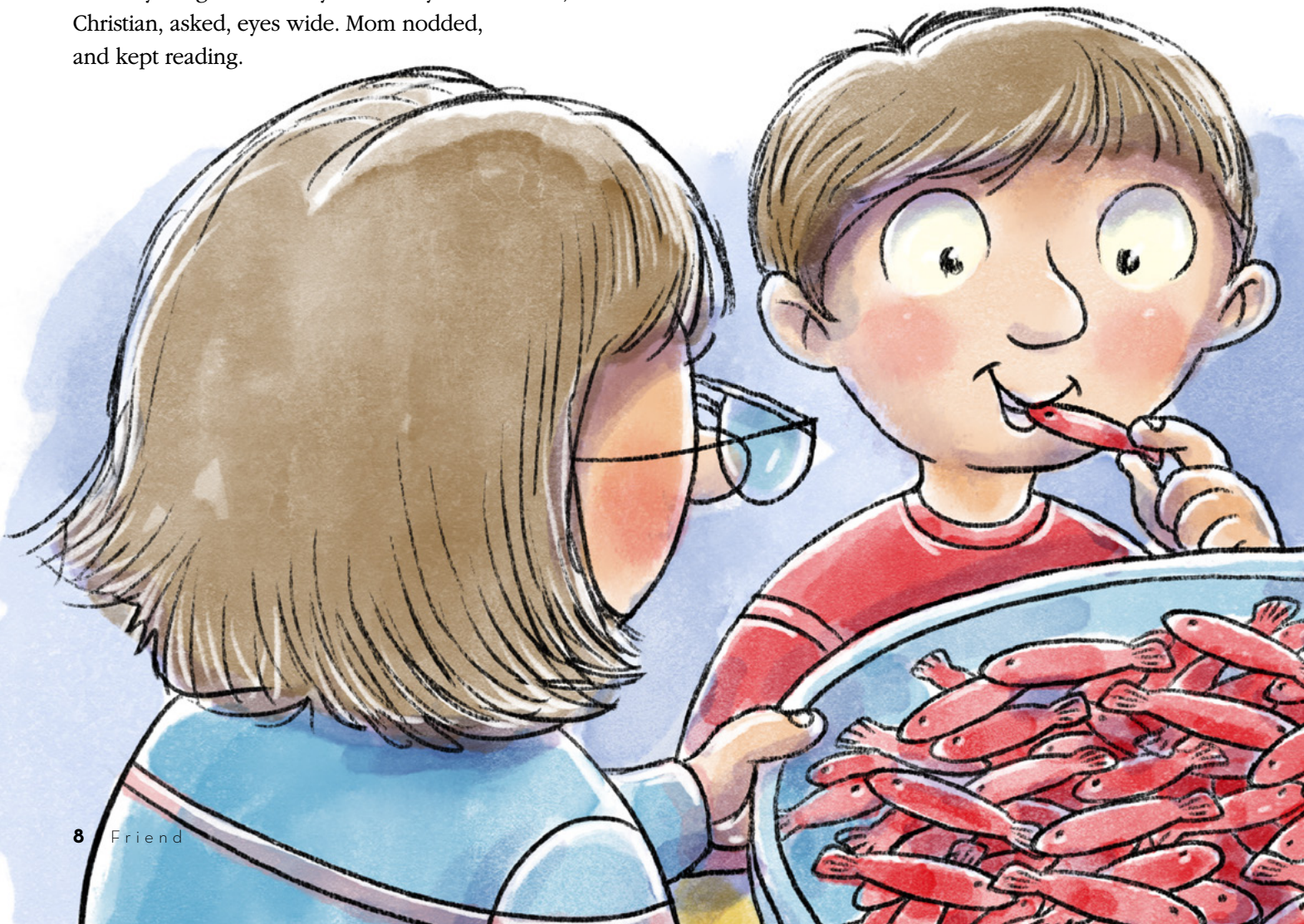
“They caught *that* many fish?” Brayden's brother, Christian, asked, eyes wide. Mom nodded, and kept reading.

She read how the disciples dragged the net to shore. It had caught 153 large fish. But even though it was so full, the net hadn't broken! (See [John 21:2–11](#)).

This time, it was Brayden who had a question.

“What do you think they did with all of the fish?”

Mom set her scriptures down on her lap. “You know, I've read these verses many times, but I guess I never really thought about that. But I love your question! Let's keep reading and see what it says.”



Fish



Brayden's family had a fishy new tradition.

Soon they found a verse that said Jesus cooked fish for Peter and the other disciples.

"So they ate some of the fish?" Brayden asked.

Mom nodded, but before she could read more, Christian jumped up and down.

"I know! I know!" he said. "The fish were like money back then, right? Because fishing was Peter's job. Like our dad has a job building walls with cement."

Mom smiled. "That's right! So the fish were probably a blessing to Peter's family, just like the money Dad earns is a blessing to us."

This time, Brayden's sister, Victoria, spoke up.

"Maybe they traded fish with a carpenter to get some furniture," she said. "Joseph was a carpenter, right?"

Mom put her arm around Victoria and squeezed her shoulders. "Wow! You guys have some great ideas about this story. Let's think of some of the blessings our family has. We already talked about one—that Dad has a job. What are some others?"

Making this list was easy.

"Our house!"

"Clothes!"

"Food!"

Brayden and Christian and Victoria were still calling out answers when they heard Dad open the door.

"You're home!" Victoria said as she jumped into his arms.

Dad kissed the top of her head. "What are you kids up to?"

"We're talking about blessing fish!" Brayden said.

Dad raised his eyebrows. "Sounds exciting! I can't wait to hear all about it."

That night Brayden and his family decided to start a new tradition. Every night after dinner, they would tell each other about new blessings they had noticed. Tonight, Mom even brought out a bowl of fish-shaped candy to eat while they shared.

Brayden smiled as he took a bite. Who knew that blessings could be so sweet? ♦

The author lives in Nevada, USA.

Turn the page for an activity to go with this story!



I'm trying to be more grateful, so my mom made me a gratitude tree. Every night we talk about what I'm grateful for and write those things on leaves on the tree. Each month we start over with a new tree. I love to be grateful!

Kate G., age 6, Arizona, USA

Family Night FUN

FISHING FOR BLESSINGS

Read “The Blessing Fish” on page 8. Then play this game with your family to talk about ways Heavenly Father has blessed you!

1. Cut out five fish shapes from **colored paper**. Draw an eye and mouth on each fish, and write a number between 1 and 5 on the back.
2. Slip a **paper clip** on each fish's mouth.
3. Tape one end of a **piece of string** to a **magnet**. Tie the other end of the string to a **stick**.
4. Place the fish number-side down on the floor and take turns fishing. When you catch a fish, read the number on the back. Then think of that number of blessings and tell them to your family. Play until everyone gets a turn.

Is there a topic you'd like to learn about with your family? Go to lessonhelps.lds.org to find stories, activities, and media.

Here are some family home evening ideas from this month's magazine.
What other ideas can you come up with?

Onigiri

Make this version of a fishy Japanese snack (pronounced oh-NEE-ghee-REE). Be sure to get an adult's help.

1. Cook **2 cups dry sushi rice** (look for short-grain rice). In the meantime, mix **1 cup tuna** with **1/4 cup mayonnaise**.
2. Put a large scoop of warm cooked rice onto a piece of **plastic wrap**.
3. Make a hole in the rice and fill it with a spoonful of tuna mixture. Cover the hole with rice.
4. Wrap the plastic wrap around the rice and shape it into a ball or triangle. Then carefully remove the plastic wrap.
5. Cut a strip of **nori** (a paper-thin seaweed wrapper). Wrap it around the onigiri.



BLESSING HUNT

Here are some ways you can look for blessings every day.

- Keep a gratitude journal. Write at least one thing you are grateful for each day.
- Pray to Heavenly Father morning and night. This will help you remember that blessings come from Him.
- Throughout the day, look for all the different ways Heavenly Father is blessing you.
- Say thank you. Notice how many people help you. Don't forget to thank Heavenly Father too!



BONUS TREAT

Mix 1/2 cup cream cheese with 1/4 cup powdered sugar. Spread on rice cakes. Top with fruit, granola, or other toppings.



MORE FHE IDEAS

Look for these pictures in the magazine to find the stories and articles they go with! (Find the page numbers below.)



IDEA 1: Read “A Conference Message from the First Presidency.” What did you learn from general conference? On a piece of paper, write down a favorite message from conference and put it somewhere you and your family will see it every day.



IDEA 2: Talei and Phoebe have some super ideas for service! Read what they did to show love, and write in your own challenge ideas. Make a family plan to give secret service to someone else!



IDEA 3: Read the answers on Question Corner. What would you do if you were in that situation? Make a list with your family of things you can say “no” to. Then find tips for saying “no” on “Peer Pressure Problems.”



Idea 1: 2; Idea 2: 17; Idea 3: 21, 34

A Picture-Perfect FRIENDSHIP

How could Avery help Jeremy smile?



By Jane McBride

(Based on a true story)

"A special gift is kindness.

Such happiness it brings"

(*Children's Songbook, 145*).

Avery pressed her yellow crayon onto the paper. It was art time in class, and Avery was drawing a picture of herself with little flowers on her shirt. She drew six petals on each flower because six was her favorite number.

Avery put down her crayon and smiled at her drawing. It was perfect! Then she noticed that Jeremy, the boy who sat next to her, was frowning. He was hunched over in his seat. Avery smiled at him, but he didn't look at her.

"What did you draw?" she asked. "Can I see?"

Jeremy didn't say anything. He covered up his paper with his red-and-white striped sleeve.

Later Avery and her class went to lunch. Avery sat down with a group of friends. She saw Jeremy sitting alone at another table. His eyes were big, looking around at everyone. He looked sad. Avery thought about how Jeremy usually played alone at recess. What could she do to help him feel better?

That night Avery prayed and told Heavenly Father about Jeremy. She asked Heavenly Father to help her know what to do. She stayed still even after she said "amen," just thinking.

Then she had an idea! Avery grabbed some crayons and paper. She drew a picture of herself and Jeremy playing with a basketball. They had big smiles on their faces! Avery carefully colored four red stripes on Jeremy's shirt. Then she wrote Jeremy's name at the top of the picture.

When she was done, she ran to the kitchen. "Look, Mom!" She held up the picture so Mom could see.

"That's a happy picture," Mom said.

Avery smiled. "It's for Jeremy. He's in my class. I hope he likes it."

Avery looked at her drawing again. "Can I have a piece of candy?" she asked. "I want to tape it to the picture."



Mom smiled and pulled out a box from the cupboard. It was filled with little candies of all colors. Avery picked a red-and-white peppermint and taped it to the corner of the picture. When Avery got to school the next day, she gave the picture to Jeremy.

"This is for you," she said. "I hope we can be friends."

Jeremy took the picture and looked at it. Then he grinned.

"Thank you," he said. "I've never gotten a present from a friend before."

Avery's heart felt happy. "Do you want to play with me at recess?" she asked.

Jeremy held up the picture. His smile was as big as the one in the drawing. "We can play basketball!" ♦

The author lives in Colorado, USA.

Print cards at CTR2017.lds.org.

CTR CHALLENGE	
"I will seek good friends and treat others kindly" (My Gospel Standards).	
<input type="checkbox"/>	Make a picture or treat to share with someone else.
<input type="checkbox"/>	Sit by someone at school or church who seems lonely.
<input type="checkbox"/>	Do something kind every day this week for someone in your family.
<input type="checkbox"/>	I challenge myself to ... _____ _____

What's Different?

By Arie Van De Graaff

Can you find 10 things that are different between these two pictures of Moroni? Check answers on page 39.



Hey Mandy, what's different about me?



Called to Serve

(Simplified)

Words by Grace Gordon
Music by Adam Geibel

With conviction ♩ = 84-116

1. Called to serve Him, heav'n-ly King of glo - ry, Cho-sen e'er to wit-ness for His name,
Far and wide we tell the Fa-ther's sto - ry, Far and wide His love pro - claim.
On - ward, ev - er on - ward, as we glo - ry in His name;
On - ward, ev - er on - ward, as we glo - ry in His name;
For-ward, press-ing for-ward, as a tri-umph song we sing. God our strength will
be; press for - ward ev - er, Called to serve our King.

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Secret SERVICE Sisters

From an interview by Amie Jane Leavitt

We don't only *look* alike. We also like *doing* things together. One time we decided to surprise our friends and family with secret service.

Here are a few things we did!

Love in Letters (Secret #1)

We just moved to a new city, so we wrote letters to our friends and family who live far away.



Hi!

We are Talei and Phoebe.

We're identical twins! We were born in Hawaii, USA, but we have lived in many other places.

Breakfast Is Served! (Secret #2)

Our parents work hard to take care of us. One day we woke up early to make them breakfast in bed with eggs, toast, and strawberries.



Reading Together (Secret #3)

Our little brother, Malakai, is learning how to read. We read a lot of books with him to help him learn the words.





Fun with Friends (Secret #4)

We invited a friend who isn't a member of our church to activity day. We wanted her to feel happy, make new friends, and learn about Heavenly Father and Jesus. We all had fun together!

Cheerful Chores (Secret #5)

Sometimes we forget to clean our rooms and make our beds. We decided to make our room spotless without telling Mom. She was so surprised!



SECRET SERVICE CHALLENGE

Write your own secret service challenges!
Check them off when you're done.

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

THANKS FOR ALL THE HEARTS!

Turn to page 24 to see some of the hearts we got!

THE VEGETABLE THIEF

By Earl Griffin

(Based on a true story)

*"Because I have been given much,
I too must give" (Hymns, no. 219).*

Earl was sitting with Mom in the front room. From the corner of his eye, he saw something move outside the window. Earl peeked through the curtains and couldn't believe what he saw. A woman was picking vegetables out of their garden!

Earl and Mom loved their garden. Two years ago, Earl's dad had died. One thing that helped Earl and Mom feel better was working in their vegetable garden together. It reminded them of how much Dad liked working in the garden, and how much he loved them. And now someone was taking the vegetables they'd worked so hard to grow!

"Mom! A lady is stealing our vegetables!" Earl shouted. "I'm going to stop her!"

He jumped up and ran for the door. He was going to chase that woman right out of the garden!

"Earl, wait!" Mom said. "I'll go talk to her."

Earl looked out the window as Mom and the woman talked. The woman had a sad look on her face. She put her head in her hands, and it looked like she was crying. Mom gave the woman a hug.

What's going on? Earl wondered.

A few minutes later, Mom walked back into the house.

"What happened?" Earl asked.



Mom!
A lady is
stealing our
vegetables!



"That woman needs our help," Mom said. "Please go get a box and fill it up with the prettiest vegetables from our garden. Then load it in her car."

"What?" Earl said. "But she's stealing!"

"She needs our help, and we have enough vegetables to share. Do you remember what charity is?" Mom asked.

Earl remembered learning about charity in church.

"It's the pure love of Christ," he said.

"That's right. Do you think Jesus would share from His garden?"

Earl knew the answer, but he still felt upset as he got a box and walked outside. The woman looked surprised and then a little embarrassed to see Earl. He didn't say anything. He just looked for the best vegetables he could find. He filled the box full of cucumbers, carrots, and tomatoes, then carried it to the woman's car. When he turned to walk back inside, Earl saw that the woman's eyes were filled with tears.

"Thank you," she said. "I know I shouldn't have gone into your garden without asking, but my family is hungry, and we don't have food. Thank you for helping us."

"You're welcome," Earl said. A small smile crossed his face.

Earl didn't feel angry anymore. He was sad the lady's family was hungry. And he was glad he could share his vegetables. He could feel the Holy Ghost tell him that Heavenly Father was happy Earl had been kind. ♦

The author lives in Maryland, USA.



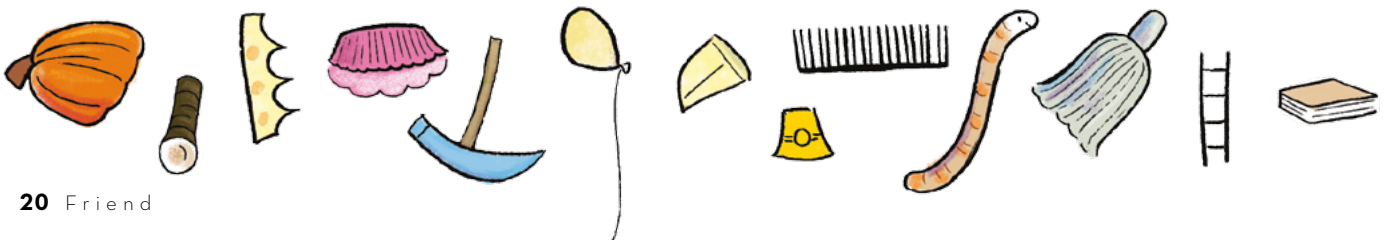
"Rich or poor, we are to 'do what we can' when others are in need."

Elder Jeffrey R. Holland of the Quorum of the Twelve Apostles

"Are We Not All Beggars?" Ensign, Nov. 2014, 41.

Find It!

This family is building a gratitude tree all through November. Every day each person writes something they're thankful for on a paper leaf and tapes it to the tree. Can you find the one thing that's written on three different leaves? Can you find the hidden objects?





My friends sometimes use their phones to look at bad pictures. What should I do?



If I'm in a situation where I can't walk away—like while riding the bus—I will ask them to shut their phone off. If they won't shut it off, I will look away and say a prayer. I will ask Heavenly Father to help me get the images out of my head and to not think of them anymore. I will tell my parents as soon as possible.

Kelton S., age 9, Nevada, USA



I would close my eyes and turn my head away. If they still tried to show me the pictures, I would walk away. If they still tried to show me the pictures, I would tell an adult.

Aslynn D., age 9, Alberta, Canada



I would tell them our bodies are a gift from God and that we should respect them.

Samuel B., age 7, Texas, USA



I would cover the pictures and say, "No, thank you. I don't look at those kinds of pictures. Let's talk about something else, please." I would be friendly but firm.

Seneca M., age 10, Ohio, USA



Walk away and tell my parents.

Brynlee S., age 7, Nevada, USA



I can tell them not to look at those kinds of pictures because it tricks your brain into thinking that love is something you feel for pictures.

Quinten B., age 7, Utah, USA



Quickly cover the phone and tell them what they're looking at is bad. Help them turn it off. If they don't want to turn it off, then get up and leave.

Mark A., age 10, Utah, USA

Responses are intended for help and perspective, not as pronouncements of Church doctrine.

Read more answers at FriendQC.lds.org.

WHAT ARE YOUR QUESTIONS?

Next year the *Friend* wants to answer your questions about the gospel, growing up, or getting a testimony. Email us at friend@ldschurch.org and put "I Have a Question" in the subject line. Don't forget to include the permission statement on page 39. We're excited to hear from you!

By Shirley Espada-Richey

(Based on a true story)

"Some say that heaven is far away, but I feel it close around me as I pray" (Children's Songbook, 12).

Allie threw a few pencils in her backpack and zipped it up. She was sliding it off her bed when Mom poked her head through the door.

"Is your backpack ready for school tomorrow?" Mom asked.

"Check," Allie said.

"Brush your teeth?"

Allie smiled wide. "Check."

"Say your prayers?"

Allie looked up at the ceiling. "Umm . . . Not check."

Mom smiled. "I can pray with you if you want." She knelt by Allie's bed. After a moment, Allie knelt down beside her.

"Mom, do I *have* to pray?" Allie whispered. "I feel so silly. It's like I'm talking to myself."

Mom nodded. "I've felt that way before too. Whenever I feel like I'm just talking to myself, I imagine Heavenly Father next to me. Then it's like I'm talking with someone in the same room."

Allie scrunched her mouth into a frown. Was it really that easy?

"It's hard that we can't see Heavenly Father. But I know He's always listening," Mom said.

Allie folded her arms and listened to Mom pray. She tried hard to feel that Heavenly Father was next to her. Was He really listening?

On Sunday, Sister Oscar put a big mirror in front of the Primary room. Allie tried to get a better look, but she couldn't see past a kid making funny faces in the mirror.

Then Sister Oscar stood up. Everyone watched as she pulled a cloth out of a bag.

"We're going to do an activity today," she said. "I need everyone to make a line from the mirror to the back of the room."

Even If You Can't See Him



All the kids stood up and got in line. Allie stood at the end, and she could see Sister Oscar talking to kids in the front. The line got shorter and shorter until it was finally her turn. Allie stepped up to the mirror.

*Was
Heavenly
Father really
listening?*



“What do you see?” Sister Oscar asked.

Allie blinked her eyes. The eyes in the mirror blinked too.

“I see me,” she said.

“That’s right. You see your reflection.”

Then Sister Oscar tied the cloth around Allie’s head like a blindfold. Allie couldn’t see anything.

“Can you see your reflection now?” she asked.

“No,” said Allie.

“Is it still there?”

“Yes.”

“How do you know?” asked Sister Oscar.

“Because I’m still in front of the mirror,” Allie said. “I know it’s still there.”

Allie went back to her seat. Sister Oscar stood up at the front of the room.

“Just like your reflection in the mirror, Heavenly Father is with us even when we can’t see Him,” Sister Oscar said.

“He is always near us. And the best part is that we can always feel Him close.”

Allie’s arms tingled. Happiness filled her as she realized that what Sister Oscar said was true!

That night Allie was brushing her hair in the bathroom. Mom knocked on the door.

“Are you almost ready for family prayer?” she asked. “It’s your turn to say it.”

Allie looked at herself in the mirror. She imagined Heavenly Father smiling back at her.

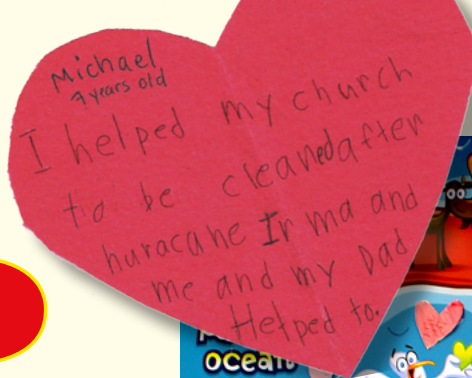
“Check!” Allie said. ◆

The author lives in California, USA.

ILLUSTRATION BY JANA CHRISTY

YOU FILLED THE WORLD WITH LOVE!

Thanks for helping us fill the world with love! We covered the entire map of the world and even started filling a box with the hearts you sent us. Keep sharing love, and check the January magazine for next year's theme. We LOVE YOU!







**By President
Russell M. Nelson**

President of the
Quorum of the
Twelve Apostles

What do PEOPLE DO after they die?

I would like to tell a story about my Grandfather Nelson. They called him A.C. When he was just 27 years old, his father died. A few months later, his deceased father came to visit him in a vision. He was in bed when his father came and sat on the side of the bed.

“What have you been doing since you died, Father?” Grandfather asked.

“I’ve been very busy preaching the gospel of Jesus Christ,” his father answered. “You cannot imagine, my son, how many spirits there are in the spirit world that have not yet received the gospel.”

He said many spirits were learning about the gospel and were looking forward to the time when their friends would do their temple work for them.



Grandfather had another question.

“Father, can you see us at all times, and do you know what we’re doing?”

His father said, “No, I am usually busy doing my work there. But today I am allowed to visit for a little while.”

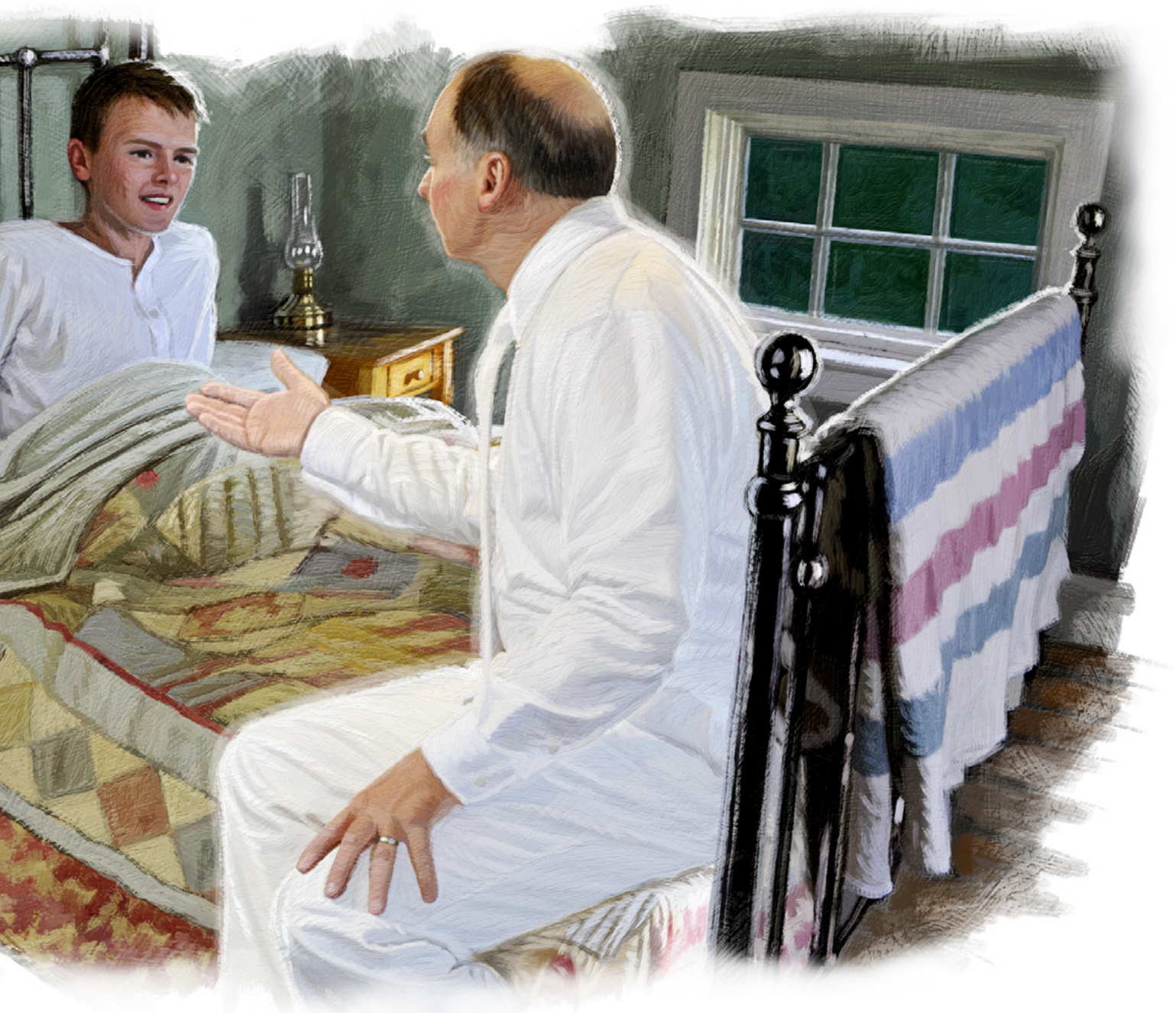
Grandfather had a third question.

“Father, is it natural to die?”

His father said it was as natural as being born. It was like walking through a door from one room into another room.

Grandfather had one last question.

“Father, is the gospel as taught by this Church true?”



His father pointed to a picture of the First Presidency that was hanging on the wall.

“Just as sure as you see that picture, just as sure is the gospel true,” he said. He testified that the gospel can save everyone who obeys it, and that it’s the only way to be saved in the kingdom of God. “Always cling to the gospel.”

My grandfather’s father told him to be humble, prayerful, true, and faithful.

“Never do anything that would displease God,” he said. “My son, be a good boy.”

Grandfather wrote this special experience in his

journal. I took his journal entry and made a copy for every member of my family. And now I want to share the story with you, my Church family. ♦

From a RootsTech address in February 2017.



When my baby sister, Gracie, died, I made myself feel better by remembering that she is still part of our family because my mom and dad have been sealed in the temple. I also like to sleep with Gracie’s soft blanket because it makes me feel safe. I know I will see Gracie again, and that makes me happy.

Chloe B., age 8, Utah, USA

Fish Fun!

What do librarians take with them when they go fishing?

To solve the puzzle, first unscramble the mixed-up letters in the boxes below. Then arrange the letters that are in books to find the answer. The first one has been done for you. (See answers on page 39.)



D U L O
L O U D

N I K W
[] [] [] []

I N M D
[] [] [] []

M W S I
[] [] [] []

Y D B O
[] [] [] []

N W A Y
[] [] [] []

Y O T
[] [] []

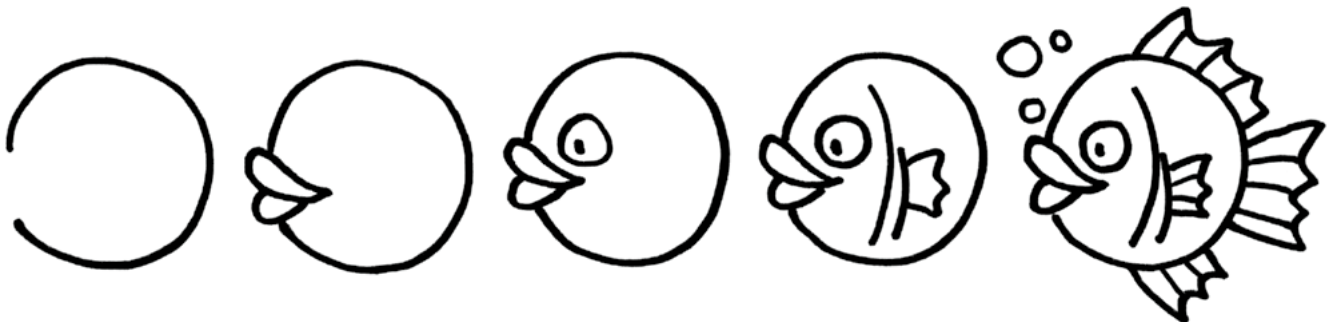
D A H R
[] [] [] []

Now unscramble the books!

O [] [] [] [] [] [] [] []

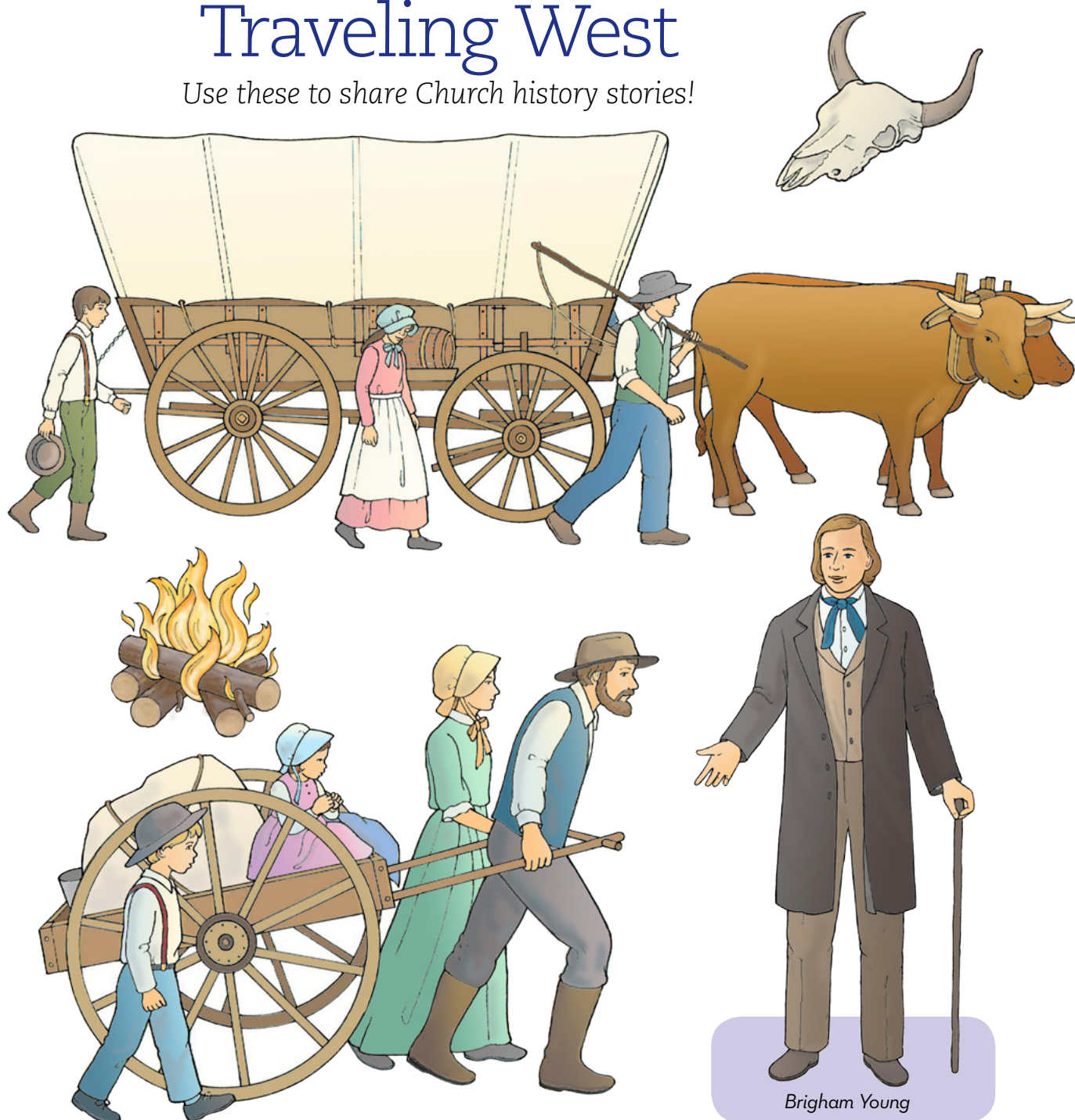
DRAW A FISH

Heavenly Father created all kinds of fish for the earth! Here's one you can learn to draw.



Traveling West

Use these to share Church history stories!



Brigham Young

Some people were very angry with the early Saints and even tried to hurt them. The Saints had to move from place to place to be safe. In 1846 the Saints left Nauvoo and traveled west in wagons. The journey was long and hard. When Brigham Young saw the Salt Lake Valley, he said it was the place they should settle and make their new home. Later, other pioneers traveled in handcarts.

Find more Church history figures at [lessonhelps.org](https://www.lessonhelps.org) under the category "Scripture Figures."

MATT AND MANDY



for older KIDS

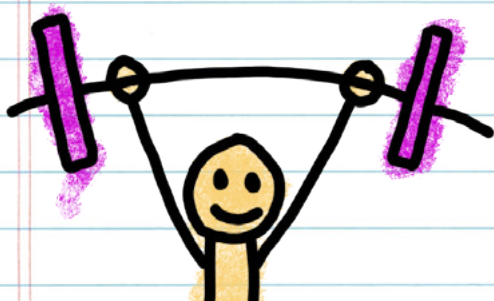


DEAR JOURNAL

What are you grateful for? Set a timer for five minutes, and see how many things you can write down!

FAMILY HUNT

Make a family recipe! Do you know which family member it came from? Upload pictures of the recipe to the memories page of that family member on [FamilySearch.org](https://www.familysearch.org).



THINK ABOUT IT

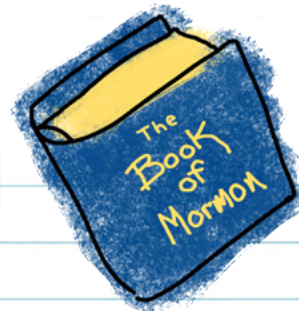
"Challenges will come to you, but as you trust in God, they will strengthen your faith."

—Elder Neil L. Andersen

MY HAIKU

The Book of Mormon is another testament of Christ and of God

Claire E., age 11, California, USA



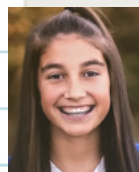
Where do snowmen keep their money?

See page 39.

QUICK QUIZ

How many people did Jesus feed with five loaves of bread and two fish? See page 39.

- ☐ 50
- ☐ 100
- ☐ 1,000
- ☐ 5,000



One day my mom came home with a few December *Friend* magazines. I decided to give one to my friend at ballet. She looked excited when she received it. I felt the Spirit when I gave it to her. I hope she feels the Spirit also when she reads it. No one is too young to be a missionary.

Anna W., age 10,
Washington, USA

Sincerely, Maisy: A MUDDY THANKSGIVING

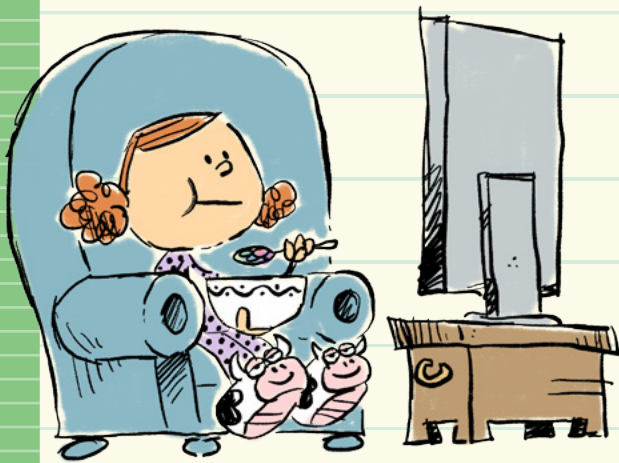
By Charlotte Mae Sheppard

(Based on a true story)

NOVEMBER 23

It's finally Thanksgiving! It was raining when I woke up, but I'm not going to let that ruin my day. Thanksgiving is my FAVORITE holiday, and I know exactly how to make it perfect:

1. Watch the parade in my fluffy cow slippers
2. Keep Grace from spilling the punch
3. Eat until I feel like a parade balloon



I think holding the balloons would be an awesome job. And a little bit scary too. What if you started to float away?

On Thanksgiving, Mom gives us each a job to do for dinner. This year Grace is making the punch, because LAST year she was in charge of watching the oven, and let's just say it didn't go well. . . .

Guess what? Dad just got home, and he's COVERED in mud! He wants to talk to me and Peter right away. I gotta go! Now that Dad's the bishop of our ward, he's gone a lot. I woke up extra early, and he was already out visiting people.



NOVEMBER 23 (AGAIN)

Turns out Dad was muddy because all the rain made the creek rise. And it flooded the Wilsons' ranch! The only way to protect their house was to dig ditches to give the water somewhere to go. So me and Peter and Dad came to the rescue!



I missed most of the parade. But I don't feel grumpy at all. In fact, I feel . . . I don't know. Grateful? While we were digging, a lot of ward members and other people showed up to help. By the time we were done, I realized I had a LOT to be thankful for:

1. Having a family that's not afraid to get muddy helping someone out
2. Our ward family, and all their extra shovels
3. A warm, dry house to come back to

So now there's mud in my hair.
And on my clothes. And look, even
in my journal!



I guess my perfect Thanksgiving didn't go exactly as planned. But seeing how happy the Wilsons were made it all worth it. The rain hasn't stopped, but I'm feeling pretty sunny!

Sincerely,
Maisy

Peer Pressure Problems

By Jordan Wright

What is peer pressure?

When a friend or classmate tries to make you do something you don't want to do...


- Something that breaks a commandment
- Something that makes you feel uncomfortable
- Or just something you know isn't right

What can you do?

1. Suggest a new activity.


2. Call for backup.

3. Find a friend who feels the same.




I don't feel good watching that. How about this one?

This is a great time to explain your standards.



I have to be home early. See you later.

Talk to a parent ahead of time about an "escape plan" for dangerous or uncomfortable situations.



No, I'm not OK with that.

Me neither.

Be brave and help someone else be brave too!

YOUR TURN!
Write or draw
what you would do.



This game isn't even that bad.



Just one drink!
Don't be a baby!



Tell her she can't hang out with us.

Crêpes (French Pancakes)

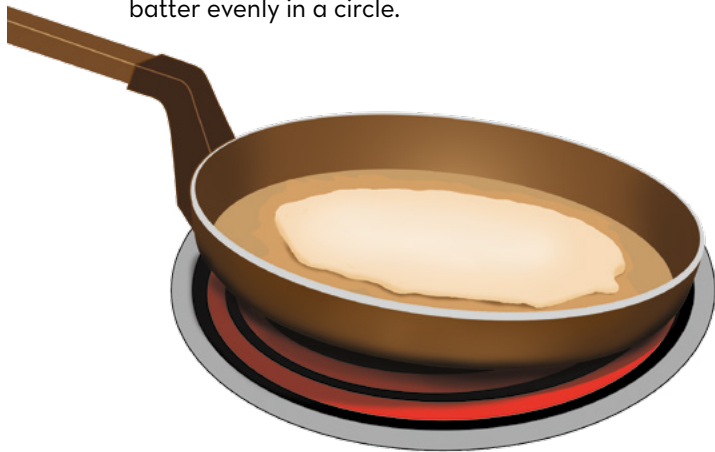
2 eggs

1 1/4 cups milk

1 cup flour

3 tablespoons melted butter

1. Mix all the ingredients together. It's OK if the batter is a little lumpy.
2. Heat a pan on medium heat and coat it with butter or cooking spray.
3. Pour a small amount of batter (about 1/4 cup) in the pan. Slowly tip the pan back and forth to spread the batter evenly in a circle.



4. Cook on both sides until golden brown. As you cook the rest of the batter, add a bit more butter to the pan to keep the crêpes from sticking.
5. Put toppings on the crêpes and roll them up. Try berries, bananas, peanut butter, chocolate-hazelnut spread, whipped cream, or powdered sugar. You could also make these for dinner and use meat or vegetables!

Tip: Cut squares of wax paper and put them between each crêpe after you cook them. This will keep them from sticking together.



Leaf Rubbings

Put a leaf under a thin piece of paper with the leaf ridges facing up. Hold the paper in place and use the side of a crayon to rub across the area of the leaf. The shape of the leaf will appear on the paper as you rub over it. When you've finished, do it with more leaves. Try layering the leaf shapes and using different colors!



Bon appétit!

That means
"enjoy your food"
in French!



The Ripple Effect



By Heidi Poelman

(Based on a true story)

"Ye are laying the foundation of a great work. And out of small things proceedeth that which is great" (D&C 64:33).

Ryan tossed Matt the football and asked, "So, what should we do?"

Matt tossed the ball back and leaned against the bright blue wall.

"I don't know," he said.

The boys sat on Ryan's top bunk, surrounded by his favorite books and magazines. Matt looked around. He picked up a black book with gold letters. "What's this?"

"Haven't you seen that before?" Ryan asked. "That's my Book of Mormon."

"Oh, yeah!" Matt nodded. "That's kind of like your Bible, right?"

"Sort of," Ryan said. "It's scripture, like the Bible, but it talks about a different group of people. They lived in the Americas when Jesus was alive. And He visited them too."

"Cool," said Matt, flipping through it.

"I actually have an extra copy," said Ryan. "Do you want to take it home?"

"Sure, why not?"

The boys walked downstairs to the bookshelf. Ryan found the copy and handed it to Matt.

"Thanks! I can check it out when I get home," said Matt.

"Wanna go jump on the trampoline?" Ryan asked.

"Definitely!"

The boys raced outside and kicked off their shoes. They climbed on the trampoline and bounced until it was time for Matt to go home. On his way out, he picked up his new book and said goodbye.

Later that night, as Ryan was reading scriptures before bed, Mom came in to say good night.

"Guess what, Mom?" said Ryan. "I gave Matt a Book of Mormon today."



My teacher asked me to come and talk about my church in school, and I brought in my scriptures. My class asked me questions about what I believe. Then I gave my teacher the Book of Mormon. She said she would read it.

Chloe D., age 11, Somerset, England

"Really?" said Mom, sitting on the bed. "That's great! Do you think he'll read it?"

"I don't know," said Ryan. "He might just put it on his dresser and forget about it."

Mom nodded. "That might happen, but you never know. Sometimes doing one little thing can have a ripple effect, like when you throw a rock in a lake. The ripples from one small rock can get surprisingly big."

Ryan remembered throwing rocks into Silver Lake last month and watching the ripples grow bigger and bigger.

"Did you know that on Dad's mission in Japan, every person he baptized told him that another Church member or missionary had talked to them about the Church before?" Mom said. "Even though they didn't get baptized the first time they heard about the Church, they remembered the people who had talked to them, and it helped them choose baptism when they were ready."

Ryan wondered if Matt remembered the times Ryan had invited him to church. Matt had come twice, but he was usually busy doing other things with his family on Sundays.

"I hope Matt at least opens it," Ryan said. "Maybe not now, but someday."

Mom stood up to leave. "Remember, you can't always see the impact right away, but little actions make a big difference."

The next day before school, Ryan found Matt. "So did you check out the book?"

Matt nodded. "I read a couple of pages," he said. "But the funny thing is, my older brother Sam found it. And he read the whole first chapter."

"Really?" said Ryan. "Cool!"

The bell rang to go inside. As Ryan walked to class, he smiled. *I guess I just saw my first ripple.* ♦

The author lives in Utah, USA.



Prayers and Pumpkins



**By Rachel L., age 10,
Illinois, USA**

Every year in Nauvoo there's a fun event called the pumpkin walk.

There are carved pumpkins along the streets and tasty treats to eat.

My family and I were walking along the pumpkin walk when, all of a sudden, I couldn't see my family! I was scared. I walked up and down the street looking for them. I decided to say a prayer. I prayed that I could find my parents. I felt like I should talk to the first missionaries I saw. I also felt that I should walk to the car.

As I walked toward our car, I saw two missionaries. When I got to them, I realized they weren't missionaries—it was Elder L. Tom Perry and his wife! They helped me find my family.

I am grateful I found help when I was lost. I learned that God answers my prayers. ♦

Elder Perry was a member of the Quorum of the Twelve Apostles from 1974 until he died in 2015.



Building a Temple

By Amie Jane Leavitt

One of the last tools used on a temple is a trowel. This tool is like a little shovel. It's used to put the mortar into the temple's cornerstone during a special ceremony on the day the temple is dedicated. General Authorities are the first to put the mortar around the cornerstone. Then children and other adults are often invited to help. Later, professional stonemasons make sure the mortar around the cornerstone is even and smooth.



Join us each month to see how the Payson Utah Temple was built!

FUNSTUFF ANSWERS

Page 14: Liahona, cloak clasp, flower, bird, rock, armband, antlers, tassel, tree, sword

Page 28: loud, wink, mind, swim, body, yawn, toy, hard; book worms

Page 31: in a snowbank; 5,000



HIDDEN CTR RINGS

Did you find the rings?
Look on pages FJ3, 28, and 17.

How to Write to the Friend

To send us a letter, drawing, poem, or story...

1. Fill out the form below and send it in with your story or artwork.
2. Send a school picture or other high-resolution photo.
3. We might edit your submission for length or clarity, and we can't return it to you.
4. You must be at least three years old.

The Last Laugh



Please send your submission to:

Friend Magazine
50 E. North Temple St., Rm. 2393
Salt Lake City, UT 84150-0024
Or email: friend@ldschurch.org

May the Friend contact you
with a survey?

☐ Yes ☐ No

The following information and permission must be included:

First and last name

Age

Boy/Girl

State/Province, Country

I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.

Signature of parent or legal guardian

Email of parent or legal guardian

THE *Friend* JUNIOR



THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

For Parents of Little Ones

Because the song of the righteous is a prayer (see D&C 25:12), music has power to invite the Holy Ghost and bless your family. Whether your musical skill includes playing the piano or pressing a play button, use that gift to help your little ones.



Here are some ideas:

- When your little ones are getting grouchy, you can soften their hearts with a song. Singing a reverent Primary song together or playing sacred music in the background can turn frowns upside down.
- Singing silly rhyming songs is a great way to have fun together and teach your child new words.
- To encourage creativity, find some classical pieces. Play the music and give your child some art supplies. Ask them to paint something that matches the music. They'll love the chance for self-expression, and you'll love that they're learning to enjoy good music.
- On a rainy day when you're stuck inside, boost your child's mood and heart rate by dancing to fast-moving action songs. You'll be building their motor skills too.

Hi, Friends!



Thank you for the story
"Forever Brothers" (July 2016).
I went to the temple to be
sealed to my forever family!
Danielle, age 3, Idaho, USA



It's fun to wave at the garbage truck
and mailman. I like to make things
to give them on holidays because it
makes them happy!
Eden, age 3, Utah, USA





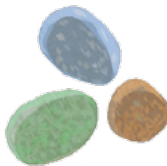

I read my scriptures every day!
Oscar, age 5, Somerset, England




Dallin, age 5, Michigan, USA

Sandbox Sounds

By Jennifer Maddy

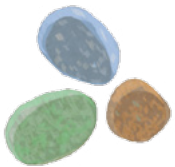

Three  friends play in the  sandbox. Brynn drops  pebbles into a  bucket


and hears “plink, plunk!” Brynn shakes the  bucket. “Rattle, rattle!” say

the  pebbles. Ezra scoops  sand with his  shovel. “Shoosh, shoosh,”


goes the  sand. Mia taps the side of the  sandbox with two  sticks.

“Tap, tap!” beat the  sticks. The three  friends play a song. “Rattle, rattle!”

say the  pebbles. “Shoosh, shoosh,” goes the  sand. “Tap, tap!” beat

the  sticks. “What should we call our song?” asks Brynn. “How about

‘Sandbox Sounds?’” says Ezra. “Perfect!” says Mia. “Rattle, rattle, shoosh,

shoosh, tap, tap!” sings the  sandbox.

Finding Sounds

Heavenly Father gave us ears to hear all kinds of sounds. What sounds do you think these things could make? What things can you find at your house that would make fun sounds?



I Want to Follow Jesus

By Kim Webb Reid



One day Jesus climbed on a ship. He asked the fishermen to launch it into the water. He stood on the ship and taught crowds of people on the shore.

Then Jesus told a fisherman named Peter to let his nets down into the water. Peter said he hadn't caught any fish all day, but he would try again. This time, Peter caught enough fish to fill two boats!





Jesus asked the fishermen to leave their boats and follow Him. He wanted them to be His disciples.

Jesus's disciples listened as He taught about Heavenly Father. They watched Jesus heal the sick and show love to others. After Jesus died, the disciples did what they had seen Jesus do. They taught, healed, and loved.





I can teach others about Jesus by what I say and do. I can heal people's hurt feelings with kindness. I can help take care of people who are sick or poor. I will show love, like Jesus. ♦

From Luke 5:1-11.

COLORING PAGE

Following Jesus Makes Me Happy



ILLUSTRATION BY ADRYL STOTT

Primary with the Prophet

By Christine Merrill

(Based on a true story)

Sam's head felt hot. He had a runny nose. His sister Martha was sick too. Mom said Sam and Martha were too sick to go to church.

"Can we play with trucks?" Sam asked.

"Not right now," Mom said.

"We are going to have our own Primary!"

"How can I have Primary without my teacher?" Sam asked.

"Who will give a talk?" Martha asked.

"I have a plan." Mom winked at them. "I can be the teacher. And I know someone very special





Martha, and Mom.

Finally Mom got her laptop. She put it on Martha's bed.

"Now we have a special guest. President Thomas S. Monson is here to talk to us!" Mom clicked on a video on the computer screen. President Monson started telling them a story.

Sam smiled. He liked his special Primary with the prophet! ♦

The author lives in Maryland, USA.

who can give the talk."

"Who?" Sam asked.

"You'll see!" Mom said.

Sam and Martha went to Martha's room. They set up three chairs.

"Welcome to our pretend Primary," Mom said. Then they sang "I Am a Child of God" and said a prayer.

Martha chose more songs to sing. Mom told a story about Jesus. Sam and Martha colored pictures.

Sam liked their pretend Primary! But who was going to give the talk? There was nobody there except Sam,

