

# CONFERENCE NOTES

Here are some stories from the October 2015 general conference. What other stories did you like?

## Finding Happiness



President Dieter F. Uchtdorf told about a girl named Eva who spent the summer with her Aunt Rose. At first Eva didn't like being there, but then she noticed Rose was the happiest person she'd ever met! She asked Rose why she was

so happy. Rose said that although her life didn't turn out the way she expected, she decided to try to be happy instead of feeling sorry for herself. Trusting God gave her the hope she needed to live joyfully.

What this teaches me:

## Fly Right



As a pilot, Elder Robert D. Hales learned that you should never fly into a thunderstorm on purpose. Instead, you should fly around it, take another route, or wait for the storm to clear before landing. He taught that young people can "fly right" and survive

hard times by choosing the right. Heavenly Father wants to guide us. He can speak to us through prayer, scriptures, prophets, patriarchal blessings, parents and leaders, and the Holy Ghost.

What this teaches me:

## Seatbelt of Love



While Sister Carole M. Stephens was driving with her granddaughter, Chloe kept getting out of her seat. She didn't want to wear a seatbelt! Sister Stephens said she wanted Chloe to wear a seatbelt because she loved her and

wanted her to be safe. This time, Chloe stayed in her seat. This is like commandments. Sometimes it may feel like they are holding us back, but God gives them to us because He loves us and wants us to be safe.

What this teaches me:

## Shark Barrier



Once Elder Von G. Keetch visited a beach in Australia. He saw a group of surfers who had traveled there to surf. They were mad because a big net in the water kept them from getting to the biggest waves. After hearing them complain, another

surfer showed them why the net was there—it kept the sharks out! God's standards, like the barrier, protect us from spiritual dangers and help us feel peace and happiness.

What this teaches me: