

# I Hope They Call Me on a Mission

Be better prepared for tomorrow by learning these skills today.

## Giving Gratitude

Saying thank you shows others that we care about them. It shows Heavenly Father that we appreciate His blessings. When we give thanks, it is easier to see the good things in our life. Write your own thank-you note!

1. Greet the person by name.

Dear Aunt Carrie,

2. Tell what you are thanking them for. If it is a gift, describe it. If it's something they did for you, tell them how it made you feel.

Thanks for the necklace you gave me for my birthday. It's my favorite color!

3. Say something nice about the person you are thanking.

I love it when you come for a visit. I can't wait to see you again.

Love,

Kristen

4. Don't forget to sign your name!

## Stuffed Apples

Be sure to get an adult's help with this recipe.

- 4 large apples
- 1/4 cup brown sugar
- 1 teaspoon cinnamon
- 1 tablespoon butter, melted
- 1/4 cup chopped pecans or walnuts
- 1/4 cup raisins
- 3/4 cup hot water



1. Preheat oven to 375°F (190°C).
2. Wash the apples and have an adult carefully remove the cores without cutting through the bottom of the apple. Use a spoon to dig out the seeds.
3. Stir the sugar, cinnamon, butter, nuts, and raisins together in a small bowl.
4. Pack a couple of spoonfuls of the mix to fill each apple.
5. Put the apples in a 9x9-inch (23x23-cm) baking pan and pour the hot water in the bottom of the pan. Bake 30–40 minutes, or until the apples are soft but not mushy.
6. Remove the apples from the pan and enjoy, peel and all! You can also serve these with a scoop of vanilla yogurt or ice cream.



Hello friends,

As missionaries, we are especially grateful for families who share meals with us and help us find people to teach. President Monson said we should be thankful for our mothers, fathers, teachers, friends, and country.\*

What are you thankful for today?

Sister Gracias

