

MY FAMILY NIGHT FUN

These ideas go along with *Come, Follow Me—for Individuals and Families* each week.

Signs and Safety

For Mosiah 11–17



 **Sing** “I Will Be Valiant”
(*Children’s Songbook*, 162).

Print or draw some road signs that help you stay safe, like stop signs, speed limits, and other warnings. Take turns holding up the signs and having people follow them in pretend cars! What would driving be like without those signs?

Abinadi taught about the Ten Commandments (see Mosiah 13:12–24). How does following the commandments keep you safe and happy?



Care-Package Delivery Service

For Mosiah 18–24

 **Sing** “Baptism” (*Children’s Songbook*, 100–101).

At the waters of Mormon, Alma taught about our baptism covenants. He said that when we are baptized, we promise to “comfort those that stand in need of comfort” (Mosiah 18:9).

Read “Doing What Jesus Would Do” on page 20. Call or visit someone who needs extra love. You could use the ideas at the bottom of page 20 to make a care package for them!



TREAT TIME

Apple Nachos



Arrange **apple slices** on a plate and drizzle **caramel** and **melted chocolate** on top. You can add **toppings** like chocolate chips, crushed graham crackers, or sprinkles.

Banana Chocolate Chip Cookies



Combine **1 mashed banana**, **1/2 cup chocolate chips**, **1/3 cup softened butter**, and **1 teaspoon vanilla**. Then add **1 cup flour** and **1 teaspoon baking powder** and mix.

Spoon dough into small balls and place on greased cookie sheet. (Makes about a dozen.) Bake at 400°F (200°C) for 10 minutes.

Taco Dip



Combine **12 oz (340 g) softened cream cheese**, **1/2 cup sour cream**, **1/2 cup salsa**, and **1 tablespoon taco seasoning** and mix well. Spread mixture in baking dish.

Top with **lettuce**, **cheese**, **tomatoes**, and **olives**. Use **tortilla chips** for dipping.

Family Love Notes

For Mosiah 25–28



Sing “Help Me, Dear Father” (*Children’s Songbook*, 99).

The Book of Mormon teaches us to repent and forgive others (see Mosiah 26:30–31).

Read “Sister Squabble” on page 12. Then cut out paper hearts and make love notes for your family members. Hide them where your family will find them throughout the week!

Let’s Talk Testimony

For Mosiah 29–Alma 4



Sing “Testimony” (*Hymns*, no. 137).

Alma had faith that sharing his testimony would help others (see Alma 4:19). Sharing your testimony means sharing what you believe is true.

Have a family testimony meeting and take turns sharing what you believe.

