

May 2018

A children's magazine published by The Church of Jesus Christ of Latter-day Saints

the Friend



Conference
was
AMAZING!

See pages 2-7, 24-25

FRIENDS BY MAIL

Shine
Your
Light!

Light the World with Love
Friend

Thanks for sending in your stars! Keep them coming. Turn to page 39 to see how.

Junior Relief Society

When I read the story “Junior Relief Society” (March 2017) about my great-great-great-grandma Lorena, I wanted to start my own Junior Relief Society! My cousins and I made a quilt together to donate to a hospital.

**Madeline Y. (in the pink striped shirt),
age 5, Utah, USA**



Scripture Challenge

We finished the Church History Reading Challenge (Jan. 2017)! We loved reading the scriptures and coloring in the spaces.

**Wyatt, Jake, and Ayla
W., ages 8, 6, and 3,
Alberta, Canada**



DEAR FRIENDS,

Isn't it fun to think that people all around the world were listening to general conference last month? The first few pages of this magazine will help you remember some of the talks and stories you heard. Now it's your turn. Send us a letter or picture of what you liked most! You are great! The Friend

Turn to page 39 to see
how to write to us.

Primary Connection Find stories and activities to go with this month's sharing time theme and lessons. Find more at lessonhelps.lds.org.

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Back cover by Eric Barclay

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Henry B. Eyring

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- FJ2 Helping on the Farm
- FJ3 Every Body Is Beautiful
- FJ4 **Scripture Stories:** Joseph Forgives
His Brothers
- FJ7 Coloring Page
- FJ8 Best Buddies



Hidden GTR Rings

Hard: Jumping for joy

Harder: Resting on a table

Hardest: Coloring the prophet

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By President
Russell M. Nelson

How You Can Know WHAT'S TRUE



What do you feel an **urgent** need to know or understand?

very important
right now

Follow the example of the Prophet Joseph Smith.

- Find a quiet place.
- Have a humble attitude before God.
- Turn to your Heavenly Father for answers and for comfort. Pray in the name of Jesus Christ about your concerns, your fears, and the **longings** of your heart.

what you want
very much

Does
God
really
want
to
speak
to
you?

YES!

President
Russell M. Nelson

And then
listen!

Write the
thoughts
that come to
your mind.

inspired by the
Holy Ghost

Follow
through with
actions
you are **prompted**
to take.

You can receive
your own
testimony
that the Book of Mormon is
the word of God, that Joseph
Smith is a prophet, and
that this is the Lord's
Church.

No matter what others may say or do, no one can ever take away a testimony in your heart and mind about what is true. ●

Adapted from "Revelation for the Church, Revelation for Our Lives," Ensign, May 2018, 93–96.

CONFERENCE News

Seven New Temples!

President Nelson announced seven new temples.

Fill in the blanks to find out where they will be.

Check your answers below.

Salta, _ r _ en _ in _

Bengaluru, _ n _ _ a

_ a _ a _ ua, Nicaragua

Cagayan de Oro, _ _ ili _ _ i _ es

_ a _ ton, Utah, USA

Richmond, _ i _ g _ ni _ , USA

_ _ ss _ a (the city will be announced later)

Primary News



Sister Bonnie H. Cordon was released from the Primary General Presidency because she is the new Young Women General President!



The new First Counselor in the Primary General Presidency is **Sister Lisa L. Harkness**. She served a mission in Louisiana, USA, where she taught people the gospel in Spanish. She likes spending time with her family, golfing, hiking, and doing family history.

Did You Know?

How many languages was conference translated into?

- a. 59
- b. 72
- c. 96

Conference Quotes



“Having prophets is a sign of God’s love for His children.”

Elder Ulisses Soares
of the Quorum of the Twelve Apostles



“With love as the motivation, miracles will happen.”

Sister Jean B. Bingham,
Relief Society General President

“As our Primary children sing, ‘Follow the prophet; he knows the way.’”

Elder Gerrit W. Gong
of the Quorum of the Twelve Apostles



Raising Our Hands



Amelia and Pierce C., ages 3 and 5, Virginia, USA, stood and raised their hands to sustain our new prophet, **President Russell M. Nelson**.

The Saturday morning session was called a “solemn assembly.” Everyone in the Church, starting with the First Presidency, got to sustain our leaders.

Two new Apostles were sustained, **Elder Gerrit W. Gong** and **Elder Ulisses Soares**. Learn more about them on pages 24–25.

CONFERENCE Notes

Closer to Jesus



President Eyring remembers a sacrament meeting when he was young. They sang “Abide with Me; ’Tis Eventide” (*Hymns*, 165). Even though he had heard the words of that song before, he felt something special that night. He felt closer to the Savior. A memory of the Holy Ghost touching our hearts is the most precious thing we can have.

What this teaches me:

Small and Simple Things



President Oaks used the example of a growing root cracking the sidewalk to teach that little choices can make a big difference over time. We will grow stronger as we keep doing simple things like daily scripture study and prayer. In the same way, small bad choices can hurt us over time. We should repent before we take the sacrament each week.

What this teaches me:

Our Journey Home



Sister Aburto once saw a big group of butterflies. She learned that every year they fly thousands of miles from Mexico to Canada, and then back. They do this one tiny wing flap at a time. Like the butterflies, we are on a journey back to our heavenly home. We need to help each other return to Heavenly Father safely.

What this teaches me:

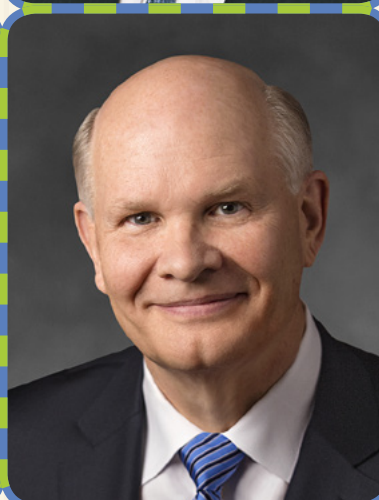
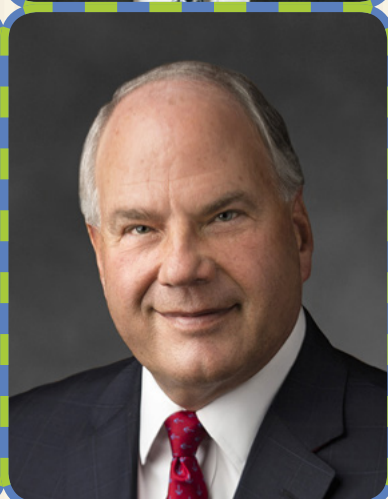
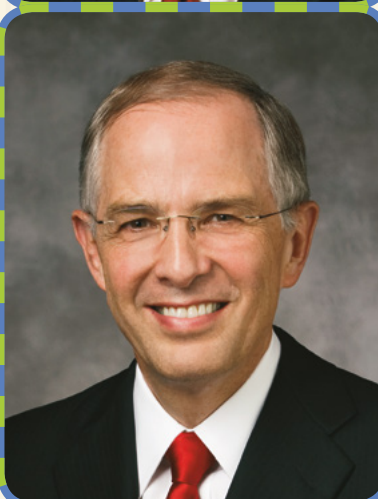
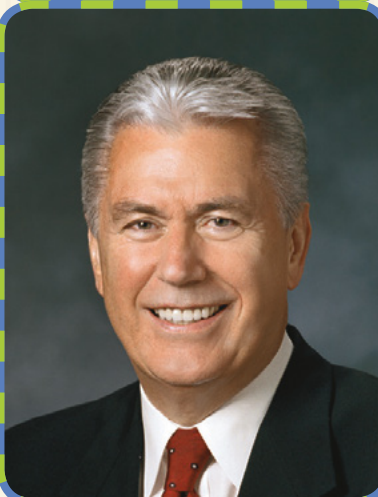
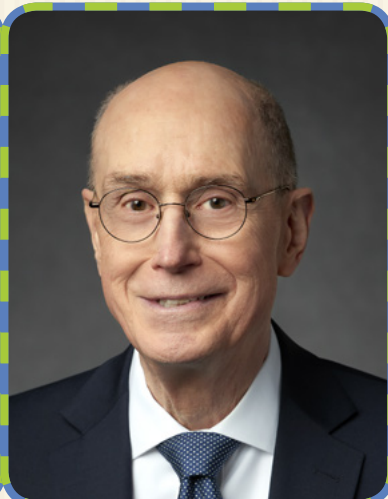
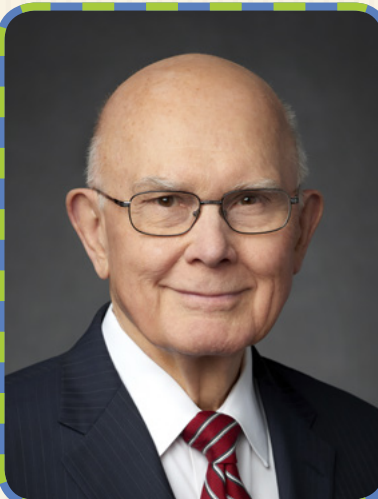
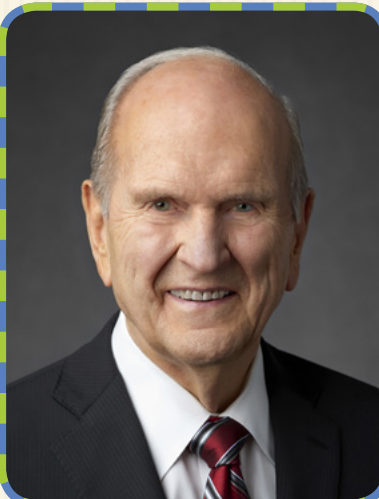
Jesus Loves You



Bishop Caussé asked us to imagine what it would be like if Jesus visited our ward or branch. “I wouldn’t be surprised if He visited the Primary children first,” he said. “He would express His love to them, tell them stories, congratulate them on their drawings, and testify of His Father in Heaven.” Jesus loves you!

What this teaches me:

Use these
photos to fill in
the chart on
pages 24–25.



Show and tell CONFERENCE!



It was fun to find out who the new Apostles are. I liked standing up with everyone to

sustain our new prophet.
Maddi W., age 9, Ohio, USA



During conference, I feel something very strong in my heart. It is the Holy Spirit.

André, age 6, São Paulo, Brazil



I liked Sister Aburto's talk about butterflies and how it's like they're traveling back to heaven.

Annie P., age 6, Leinster, Ireland



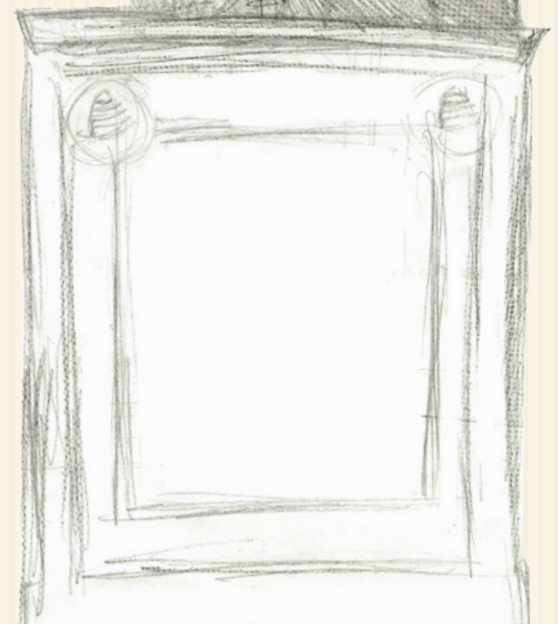
Emma S., age 7, Illinois, USA



Even though it's hard for me to sit still, I love to hear the prophet speak.

Talmage R., age 6, Georgia, USA

Elder Holland, by Isaac M., age 11, Virginia, USA



The **Mukotone family, Dar es Salaam, Tanzania,**

watched some of conference on a cell phone. Because of the time difference between Utah and Tanzania, they usually watch the entire conference a week later at church.





India L., age 8, California, USA



Sustaining a prophet in general conference is such an opportunity and privilege. No matter where you are, it is still a privilege.

Christina K., age 10, New South Wales, Australia

Avy G., age 10, Utah, USA



My favourite part about conference was when Elder Gong talked about how he used to put his kids to bed and sing his funny song.

Nate H., age 9, Alberta, Canada

I love general conference. Everyone is always happy and smiling! It makes me happy too.

Serenity V., age 8, Eastern Cape, South Africa



Primary children in **Maharashtra, India**, are excited a temple will be built in their country! **Jason S., age 10**, said, "It is very precious to have a house of God. Now going to the temple will be much easier!" **Joel S., age 8**, said, "I have never seen a temple. I want to live close to the temple so I can see it every day." **Abel A., age 8**, said he and his family prayed for a temple to be built in India. They want to visit the temple every holiday!



Jared D., age 11, Idaho, USA, and Lucy B., age 11, New Mexico, USA, both built temples while listening to general conference!



SEEING GOD'S PROPHET

By Sheralee Bills Hardy

(Based on a true story)

"Blessed are they that have not seen, and yet have believed" (John 20:29).

But, Mom, I *really* want to go!" Norah begged again, wrapping her arms around Mom's waist. "Please?"

Smiling, Mom set down her hairbrush and gave Norah a hug. "I'm sorry, sweetheart, but I can't take you with me."

Norah's shoulders slumped. Mom was going to the Tabernacle on Temple Square to sing in the choir for general conference. She would sit in front of the tall organ pipes in the same seats the Tabernacle Choir usually sat in. And—best of all—she would see the prophet!

There was only one problem: Norah couldn't go.

"Remember, we can watch conference together next time," Mom said.

"But you won't be in the choir then," Norah said. "We'll just watch it at home. And I still won't get to see the prophet in person."

Mom looked at Norah gently. "Is that what you want the most? To see the prophet?"

Norah nodded. Sister Thompson once told Norah's Primary class about meeting the prophet. When he shook her hand, she felt something special. She felt for sure that he truly was a servant of God. Norah liked to imagine what it might be like to be in the same room as the prophet, not just see his face on a screen. But now it seemed like Norah's wish wouldn't come true.

Mom gathered Norah into a hug. Then she pulled a Bible off the bookshelf. "I'm going to tell you a story," she said. Norah frowned. She didn't want to hear a story.



When this story took place, President Ezra Taft Benson was the prophet.



ILLUSTRATION BY BROOKLYN WALKER

She wanted to see the prophet. But she curled up next to Mom and listened anyway.

“After Jesus was resurrected, He visited His Apostles. They saw Him, they touched the wounds in His hands and feet, and they knew that He was truly resurrected.”

Norah thought about how amazing it would be to see Jesus.

“But one Apostle was missing when Jesus came. His name was Thomas. When the other Apostles told Thomas about Jesus’s visit, he said he wouldn’t believe them unless He saw Jesus himself.”

Mom turned to the story in the Bible. “Jesus *did* appear to the Apostles again. And Thomas was able to see Jesus. Here, why don’t you read what Jesus said to Thomas?”

Norah read the verse Mom pointed to. “Thomas, because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed” ([John 20:29](#)).

“What do you think Jesus was trying to teach?” Mom asked.

Norah looked at the verse again. “That we can believe in something even without seeing it?”

Mom smiled. “That’s right. I’ve never shaken the prophet’s hand. And I’ve never seen him in person before. But the Holy Ghost has told me that he really is a prophet of God. You can ask Heavenly Father in prayer, and the Holy Ghost will tell you that he really is God’s prophet.”

Mom hugged Norah again. Norah had a warm feeling in her heart. Maybe this was the beginning of her very own testimony. ●

The author lives in Alberta, Canada.



“We have a living prophet on the face of the earth. . . . He knows our challenges and fears. He has inspired answers.”

Elder Dieter F. Uchtdorf of the Quorum of the Twelve Apostles

“The Global Church Blessed by the Voice of the Prophets,” Ensign, Nov. 2002, 12.

Family Night FUN

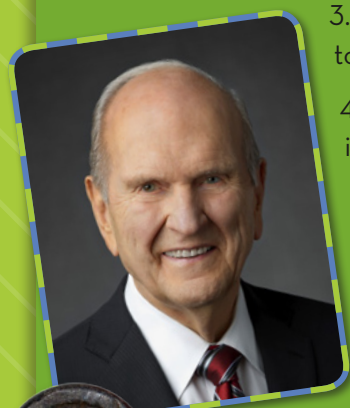
Here's an idea for family home evening. What other ideas can you come up with?



Learning about Our Leaders

Use “Our Prophets and Apostles Today” to learn about our leaders, including our new prophet and apostles.

1. Cut out the pictures on page 5.
2. Turn to page 24 and match the pictures with the names and facts about each leader. Tape the picture above the name so you can flip the picture up.
3. Set the chart on the floor and take turns tossing a button or coin onto the chart.
4. When the button lands on a picture, lift it up to read about that leader!



Fruity Feast

One way to know Jesus without seeing Him is to “feast” on His words (see 2 Nephi 32:3). That means to really learn and love what He taught. You can feast on this tasty snack too! Be sure to get an adult's help.

1 cup cream cheese, softened
1 cup plain yogurt
1/4 cup sugar

1/2 teaspoon vanilla
4-5 cups fruit, like chopped apples, grapes, or berries



1. In a large bowl, use a beater to mix together the cream cheese, yogurt, sugar, and vanilla.
2. Stir in the fruit, and enjoy!

MORE IDEAS

Do this month's Family History Quest (page 27).



Read about Brady (page 14) and make cards to share with others.

Is there a topic you'd like to learn about with your family?
Go to lessonhelps.lds.org to find stories, activities, and media.

Latter-day Prophets

Liltingly ♩ = 58-69

Words by Cynthia Lord Pace
Music by Vanja Y. Watkins

Lat-ter-day proph-ets are: num-ber one, Jo - seph Smith; then Brig-ham Young;

John Tay-lor came third, we know; Then Wil - ford Wood-ruff; Lo - ren - zo Snow;

Jo-seph F. Smith (re-mem-ber the *F*); He-ber J. Grant; and George Al-bert Smith;

Da - vid O. Mc - Kay was fol-lowed by Jo - seph Field-ing Smith, Then

Har-old B. Lee, Spen-cer W. Kim - ball, Ez - ra Taft Ben-son, How-ard W. Hun - ter,

Gor-don B. Hinck - ley, Thom-as S. Mon - son. Now we have Rus-sell M. Nel - son.

slower

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Here's a play
about Joseph Smith's
mother, Lucy Mack Smith.
This story happened
in May 1831,
187 years ago!

[The boat captain sits near the boat. The narrator enters.]

NARRATOR: In the spring of 1831, groups of Church members traveled by boat from New York to Ohio. Lucy Mack Smith, the mother of the prophet Joseph Smith, led one of the groups.

[Lucy Mack Smith leads the Church members onstage.]

LUCY MACK SMITH: Brothers and sisters, we have set out just as Father Lehi did to travel to a land that the Lord will show unto us if we are faithful. I want you all to lift your hearts to God in

LUCY

LEADS THE WAY

By David Dickson
Church Magazines

CAST

Narrator
Lucy Mack Smith
Boat captain
Two or more Church members
One or more townspeople
Several people to hide under the "ice" (optional)

PROPS

A cardboard "boat" big enough
for several people to stand behind
Two white sheets, for the "ice" (optional)



prayer continually that we may be prospered.

[They all get on the boat with the captain.]

NARRATOR: Lucy's group traveled safely on the Erie Canal. But when they got to Lake Erie, the harbor was frozen!

[Sheets of "ice" block the boat.]

CAPTAIN *(pointing to the ice)*: When will this ice melt? We can't sail until it has melted.

CHURCH MEMBER 1: We'll never make it to Ohio!

[The townspeople enter and see the Church members.]

CHURCH MEMBER 2: Look! Maybe those people can help us find a place to stay until the ice melts.

TOWNSPERSON 1: Good day. Who are all of you?

CHURCH MEMBER 1 *(speaking quietly, to Lucy Mack Smith)*:

Don't tell them who we are. Some people treat us badly because of our beliefs.

LUCY MACK SMITH: I am Lucy Mack Smith, and we are members of the true Church of Jesus Christ restored to the earth.

TOWNSPERSON 2 *(calling from below the boat)*: I have a question for you. Is the Book of Mormon true?

LUCY MACK SMITH: That book was brought forth by the power of God and translated by the same power. It is true!

[Lucy Mack Smith continues talking silently and gesturing to the townspeople.]

CHURCH MEMBER 1: Will we *ever* have a comfortable home again?

CHURCH MEMBER 2: Not if we're stuck here on this frozen harbor.

LUCY MACK SMITH: Friends, let us trust God. He will provide.

LUCY MACK SMITH: *(turning to the Saints on the boat)*: Brothers and sisters, if you will all raise your desires to heaven that the ice will let us through, as sure as the Lord lives it shall be done.

[Lucy Mack Smith and the Church members pray together.]

NARRATOR: Just then a noise like thunder was heard.

[Kids playing the part of the ice stamp their feet loudly and pull the two "sheets" of ice offstage.]

CHURCH MEMBER 1: Look! The ice is breaking!

CAPTAIN: Everyone to your post. Let's get this boat moving!

LUCY MACK SMITH: Soon we'll be with the Saints in Ohio!

[The Saints cheer, and the boat starts moving forward.]

NARRATOR: After the boat sailed through, the ice closed again, and other boats had to wait. But Lucy and her boat sailed across Lake Erie and reached Ohio safely a few days later. ●

ILLUSTRATION BY MARK ROBISON



Cards and Caring

From an interview with Sharon Goodrich

Hi!
My name is
Brady.

I live in California, USA.
I shine my light by helping
other kids.



Wanting to Help

My friend Ryder wanted to earn money to buy toys for children who need extra love and help. I wanted to do something to help too. I decided to make cards. I could sell them to friends, neighbors, and even people I didn't know.



Making Cards

My whole family helped me with the cards. My mom has cancer, but she still helped a lot. My brothers helped make new designs. My favorite cards had ghosts on them for Halloween.

HOW CAN YOU SHINE?

- Share your toys.
- Give clothes or bedding to a homeless shelter.
- Make friends with someone new in your class or neighborhood.

Helping Other Kids

With the help of my family and friends, I raised a lot of money! I gave most of it to help foster kids. Then I heard about some refugees. They had to leave their countries to find safety. My family and I bought art supplies, water bottles, balls, and other things for them.

Feeling Thankful

We got to meet some of the refugee children. They showed us on a map where they were from. Many even had to leave their families! It made me feel thankful for my blessings.

SEND US A STAR!

Jesus asked us to "let [your] light so shine before men" ([Matthew 5:16](#)). How do you let your light shine? Send us a star with your story, photo, and permission. See page 39.



Joseph Forgave

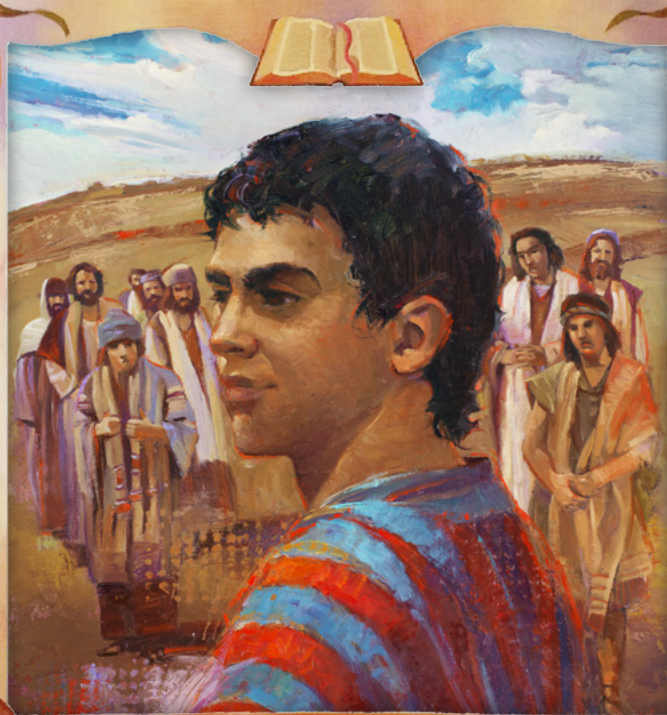
When Joseph was young, his father gave him a colorful coat. His older brothers were jealous. They sold him to be a slave in Egypt! Joseph went through many hard times. But he stayed faithful, and God blessed him. Once while he was in prison, Joseph helped the Pharaoh, the king of Egypt. Because of that, Joseph was put in charge of all the food in Egypt. A famine came to the land. Joseph's brothers came to Egypt to find food. They didn't recognize Joseph. Joseph decided to tell his brothers who he was. He chose to forgive and help them.

Read about Joseph in **Genesis 37-45**.



Porter G., age 10, Utah, USA

Print more cards at OTFriend2018.lds.org.



JOSEPH

Joseph forgave, and I can forgive too!

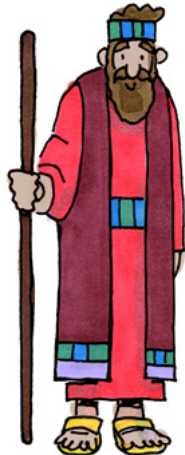
- ☐ Watch chapters 12-14 of the Old Testament stories at scripturestories.lds.org.
- ☐ Pray for help forgiving someone who hurt you.
- ☐ Ask Heavenly Father to forgive you for a wrong choice you made.
- ☐ I can practice forgiving by ...

Jacob's Sons

The prophet Jacob in the Old Testament had 12 sons (see [Genesis 49](#)).
Can you find the two sons dressed exactly the same? Answer on page 39.



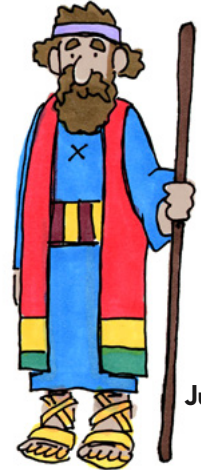
Reuben



Simeon



Levi



Judah



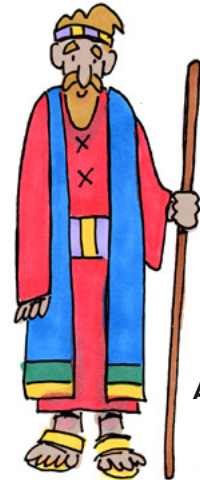
Dan



Naphtali



Gad



Asher



Issachar



Zebulun



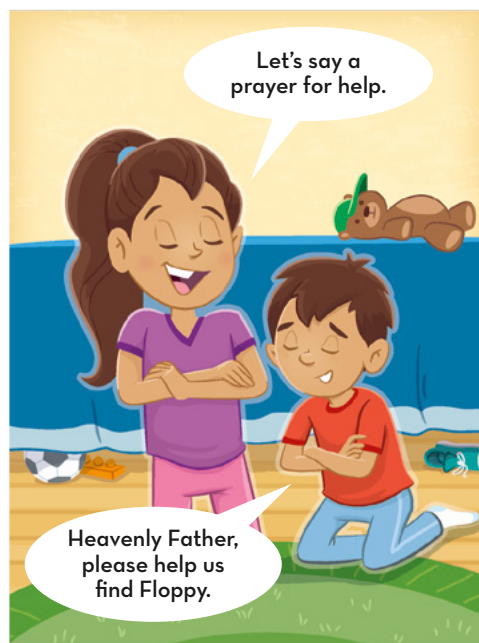
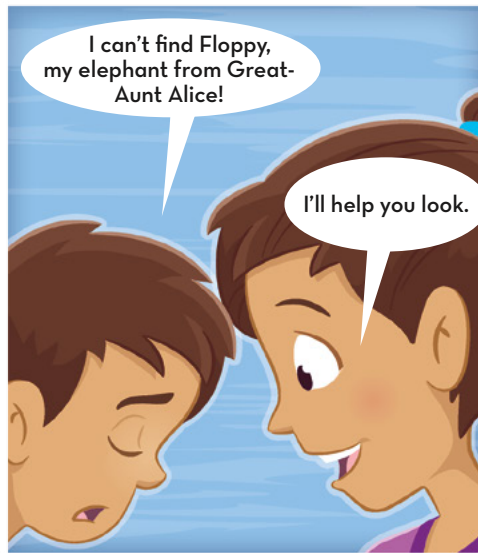
Joseph

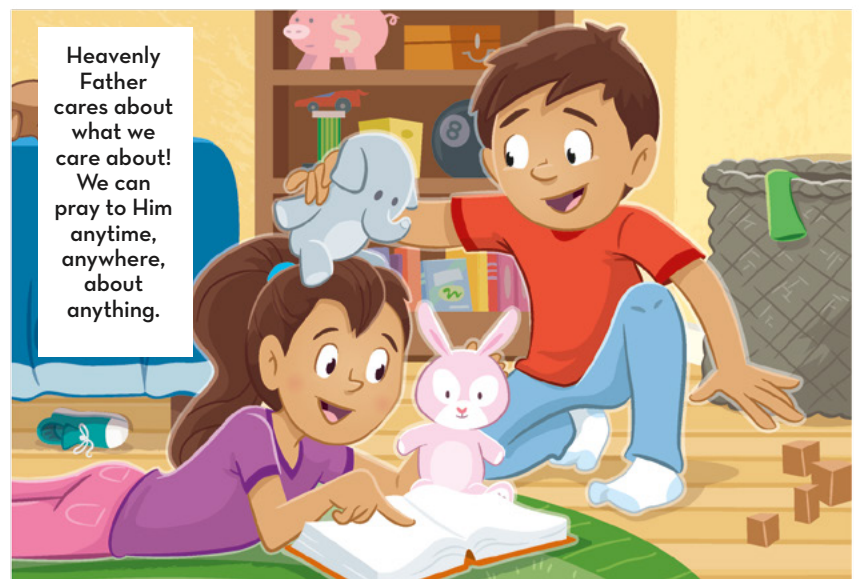
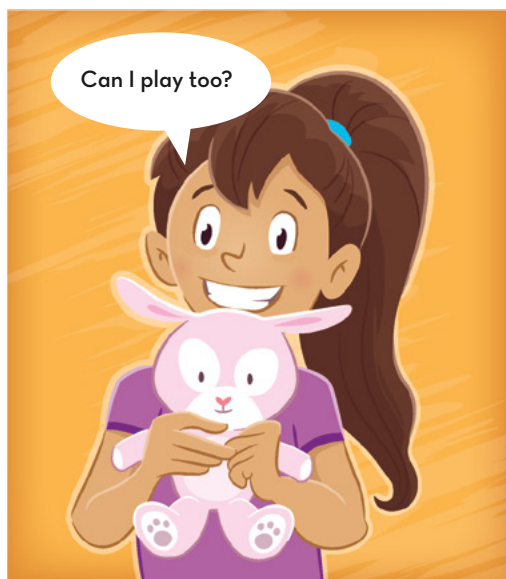


Benjamin

Finding Floppy

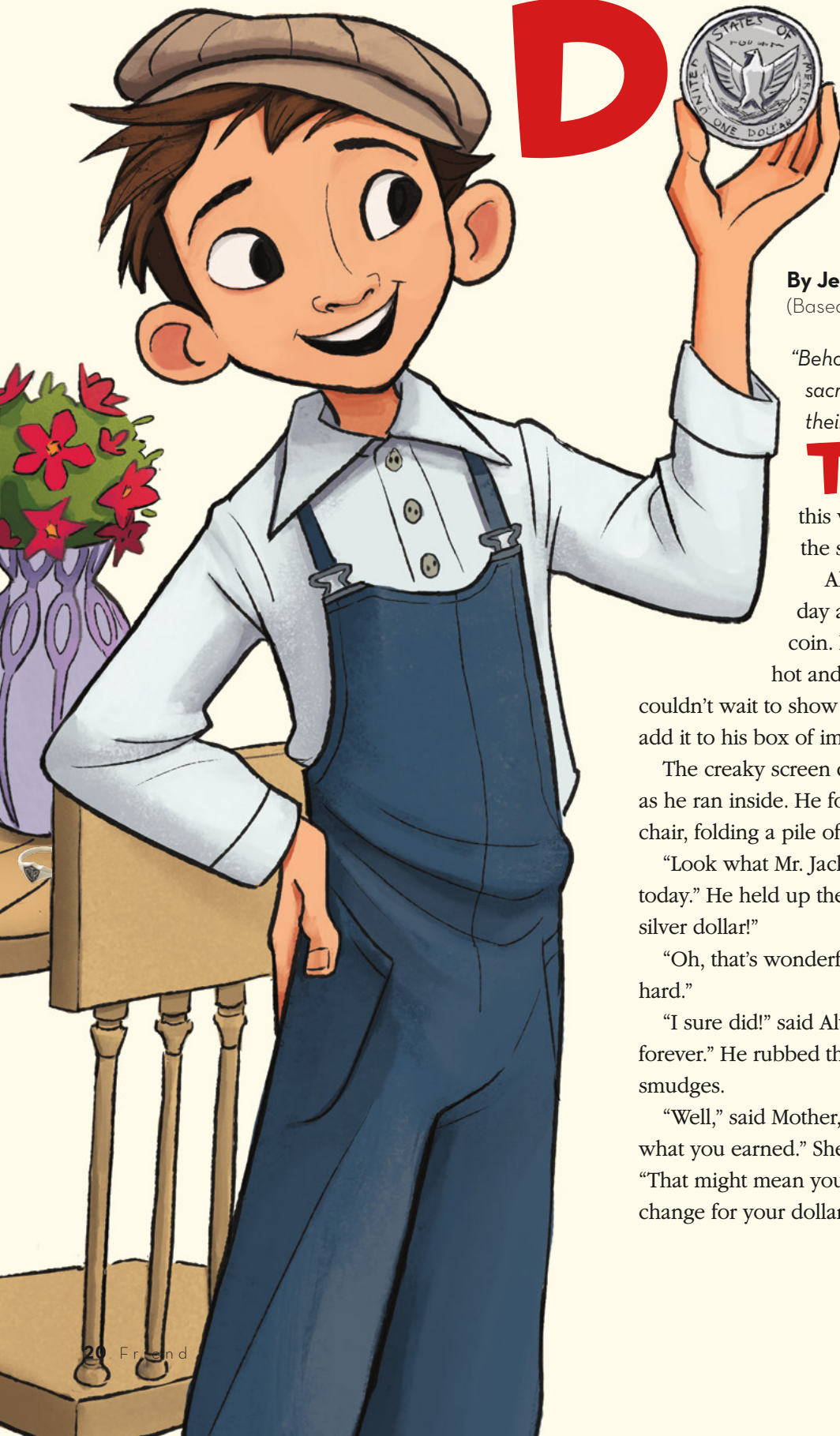
By Tara Anvik (Based on a true story)





The author lives in Alberta, Canada.

THE SILVER DOLLA



By Jeniene Hamson

(Based on a true story)

“Behold, this is the tithing and the sacrifice which I, the Lord, require at their hands” (D&C 97:12).

The big shiny coin sparkled in the sunlight. Alvin twisted the coin this way and that, just to see the way the sun shone off it. A real silver dollar!

Alvin had worked almost the whole day at his neighbor’s farm to earn that coin. His overalls were dirty, and he was hot and sweaty. But it was worth it. He couldn’t wait to show Mother his coin. He was going to add it to his box of important stuff.

The creaky screen door slammed shut behind him as he ran inside. He found Mother sitting in the rocking chair, folding a pile of clothes from the clothesline.

“Look what Mr. Jackson gave me for working for him today.” He held up the big coin for her to see. “A whole silver dollar!”

“Oh, that’s wonderful, Alvin! You must have worked hard.”

“I sure did!” said Alvin. “I’m going to keep this dollar forever.” He rubbed the coin with his shirt to get off any smudges.

“Well,” said Mother, “make sure to pay your tithing on what you earned.” She added another shirt to the stack. “That might mean you have to get smaller coins in exchange for your dollar.”

R



Alvin looked down at his beautiful coin. He didn't want a bunch of little coins instead of his first silver dollar. "But . . . I just want to keep it!" Tears pricked his eyes, and he ran out of the kitchen and down the porch steps.

He stomped through the high grass. "I don't *have* to pay tithing," he muttered to himself. He picked up a stick and swung it back and forth across the tall, dry weeds.

Suddenly Alvin stopped in his tracks. He knew tithing was important. He *wanted* to give tithing. But how? He didn't have any other coins. All he had was his one silver dollar. How could he pay the 10 cents for his tithing?

Alvin sighed. He would just have to give up his coin. It was the right thing to do.

Alvin kept walking. Soon he heard talking and singing coming from near the bank of the river. He put up his hand to block his eyes from the setting sun. A family was camped by the river. He had met them before. Sometimes they traded things with his mother.

He looked closer. The dad and grandpa had their fishing poles out. Then Alvin had an idea. He took his stick and started digging in the wet dirt along the riverbank. He dug up 11 worms and walked toward the camp by the river.

The men smiled and waved at Alvin.

"Hi," said Alvin. "Do you need any more worms?"

"We sure do," said the grandpa. He pulled his empty fishing hook out of the water. "We just ran out."

Alvin held out the 11 squirming worms. "Would you like some?"

"How much?" asked the dad. He reached in his pocket to get some coins.

"Just a penny each," said Alvin.

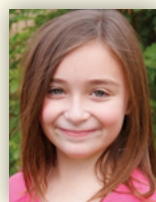
"Well, that's a bargain." The man counted out 11 pennies. "You stopped by just in time for us to catch our dinner."

"Thank you!" said Alvin as he collected his pennies. "Good luck with the fish!"

Alvin hurried back home and showed Mother his coins. "Now I have enough money to pay tithing for my silver dollar *and* for the money I earned from selling the worms!"

Alvin was grateful he got to keep his coin. But he was also proud of himself for deciding to pay his tithing, no matter what. ●

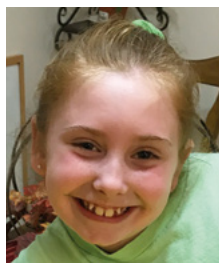
The author lives in Utah, USA.



Tithing helps build temples and churches and gives us blessings. At tithing settlement, your bishop asks if you are a full-tithe payer and have paid all of your tithing. Tithing is 10 percent of what you earn, and if you pay your tithing, it will make you feel good.

London H., age 9, Arizona, USA

Junior Helping Hands



**By Autumn C., age 8,
Georgia, USA**

When Hurricane Irma came through my town in Georgia, it did some damage. We were out of school for two days, and we had no power. Then we started hearing about the destruction in Florida. So many homes were flooded and damaged by winds. Families lost many of their belongings. My family started making plans to go down with the Mormon Helping Hands teams for the weekend relief efforts. I was sad that I wasn't old enough to go help.

Then a teacher at my elementary school heard that my siblings were going down to help. She offered to send school supplies. I was so excited when I heard about this because now I had a way to serve. I started collecting backpacks. With the help of my Primary friends, we collected and put together 63 backpacks. We filled them with school supplies to give to children impacted by the hurricane. I learned that you are never too young to serve. If you have a desire to help others, Heavenly Father will provide a way. ●

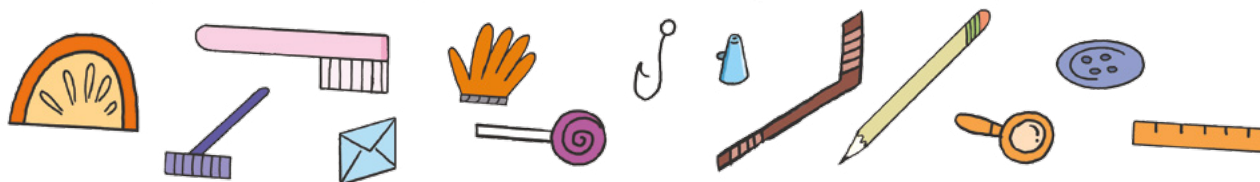


ILLUSTRATION BY MINA PRICE

Find It!

These kids are having lots of fun playing outside together. We're promised that when we live the Word of Wisdom, we can "run and not be weary" (D&C 89:20). Find the hidden objects. Can you also find 10 basketballs?

Then go to page 32 to read about a basketball team who kept the Word of Wisdom!





Our PROPHETS and APOSTLES Today

Jesus Christ leads The Church of Jesus Christ of Latter-day Saints through prophets and apostles. Read about them below. Then **cut out the pictures on page 5** and tape them in place on the chart. Put tape at the top of each picture so you can still read the facts underneath!

- Cleaned a radio repair shop as his first job
- Became a lawyer and Utah Supreme Court judge
- Was president of BYU



President Dallin H. Oaks
First Counselor in the First Presidency

- Was a heart surgeon
- Studied several languages, including Mandarin
- Has 10 children—9 girls and 1 boy



President Russell M. Nelson
17th President of The Church of Jesus Christ of Latter-day Saints

- Played basketball in high school
- Learned physics from his father on their family chalkboard
- Was president of Ricks College, now BYU-Idaho



President Henry B. Eyring
Second Counselor in the First Presidency

- Was nicknamed “the bishop” in college because of his high standards
- Owned a car dealership
- Served as a missionary in England and as mission president in Toronto, Canada



- Was a mission companion with Elder Cook in England
- Worked for the Church Education System
- Was president of BYU



- Was a refugee twice as a child
- Was an airplane captain
- Enjoys skiing with his children and grandchildren



- Was a quarterback on his high-school football team
- After serving a mission in Germany, baptized his father a member of the Church
- Was president of Ricks College when it became BYU-Idaho



President M. Russell Ballard
Acting President of the Quorum of the Twelve Apostles

- Gained a testimony after studying scriptures and praying with his older brother
- Saw his future wife at a junior-high talent show
- Served as a Church leader in the Philippines and Pacific Islands



Elder Quentin L. Cook
Of the Quorum of the Twelve Apostles

- Served as a missionary and mission president in Japan
- Started a business manufacturing and selling exercise equipment
- Served as bishop over the whole Church



Elder Gary E. Stevenson
Of the Quorum of the Twelve Apostles

Elder Jeffrey R. Holland
Of the Quorum of the Twelve Apostles

- Baked homemade bread for his family growing up
- Participated in the Hill Cumorah Pageant as a teenager
- Worked as a lawyer before being called as an Apostle



Elder D. Todd Christofferson
Of the Quorum of the Twelve Apostles

- His middle name, Gunnar, means “brave soldier”
- Moved to Sweden as a teenager
- Worked as a heart doctor



Elder Dale G. Renlund
Of the Quorum of the Twelve Apostles

Elder Dieter F. Uchtdorf
Of the Quorum of the Twelve Apostles

- Grew up on a dairy farm in Idaho, USA
- Served as a missionary and mission president in France
- Speaks French, Portuguese, Spanish, and English



Elder Neil L. Andersen
Of the Quorum of the Twelve Apostles

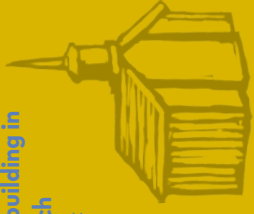
- Likes animals, including penguins
- Loves meeting people in every country
- Has family history records back to First Dragon Gong in 857 AD



Elder Gerrit W. Gong
Of the Quorum of the Twelve Apostles

Elder David A. Bednar
Of the Quorum of the Twelve Apostles

- Was mission president in New York City, USA
- His motto is “It’s people that matter most”
- Dedicated the first LDS Church building in the Czech Republic



Elder Ronald A. Rasband
Of the Quorum of the Twelve Apostles

- Is from Brazil, and served as a missionary there and mission president in Portugal
- Learned about the Church with his family as a young boy
- Started getting ready for a mission when he was 12 years old



Elder Ulisses Soares
Of the Quorum of the Twelve Apostles

Check your answers on [lds.org/prophets-and-apostles](https://www.lds.org/prophets-and-apostles).

ILLUSTRATIONS BY BRAD TEARE

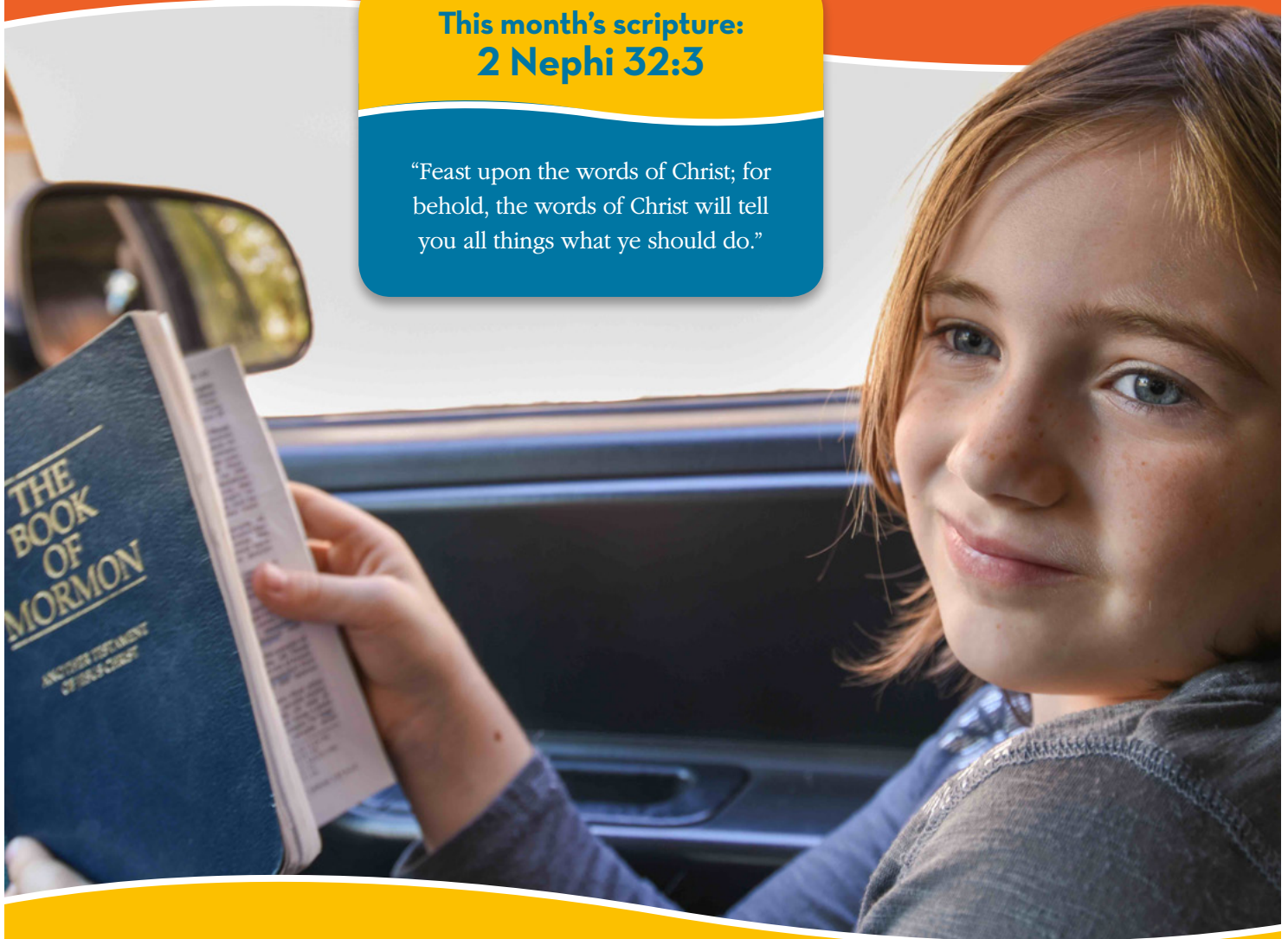
Book of Mormon READING CLUB

JOIN IN BY READING THE BOOK OF MORMON!

You can read on your own, with your family, or with a friend. Then tell us about it! (See page 39 to find out how.)

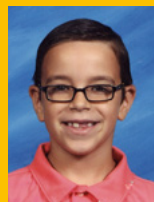
This month's scripture: **2 Nephi 32:3**

"Feast upon the words of Christ; for behold, the words of Christ will tell you all things what ye should do."



I've loved reading the Book of Mormon ever since the missionaries introduced it to us. My favorite story is in the book of Mosiah, when King Benjamin led his people through his faith. I want to be faithful and obedient to what my parents ask me to do.

Janice S., age 10, Iloilo, Philippines



I got a blessing that said if I read the Book of Mormon before I turned eight, I could gain a strong testimony. Now I read the scriptures every day, and I am gaining a testimony!

Grayson C., age 7, Arizona, USA

Fill Your Family Tree

A “family tree” is a way of showing who your parents are, and who their parents are, and on and on. The further back you go, the bigger your tree gets! This month, fill in some of your family on this tree.

GRANDFATHER: _____
 Birth Date: _____
 Place: _____

GRANDMOTHER: _____
 Birth Date: _____
 Place: _____

GRANDMOTHER: _____
 Birth Date: _____
 Place: _____

ADD YOUR TREE TO FAMILYSEARCH.ORG

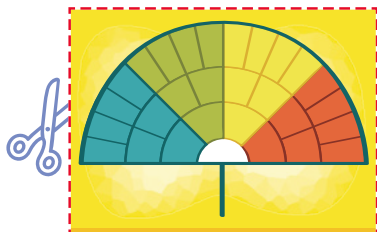
After you fill out this page, log on to [FamilySearch.org](https://www.familysearch.org). At the top of the page, click on “Family Tree” and then “Tree.” If you click on “Portrait” view, the chart will look more like this page. Help your parents add the information to your online tree!

Don't forget to cut out your badge and add it to the badge keeper from January! Print past pages, or extra copies of this page, at [FriendFHQ.lds.org](https://www.friendfhq.lds.org).

FATHER: _____
 Birth Date: _____
 Place: _____

MOTHER: _____
 Birth Date: _____
 Place: _____

ME: _____
 Birth Date: _____
 Place: _____



The **PRESENT** Problem

Sophie wanted to
make Mother's
Day special.



By Jane McBride

(Based on a true story)

"Mother, I love you; mother, I do" (Children's Songbook, 207).

Sophie had a problem.

Mother's Day was coming, and she wanted to give Mom a gift. Mom was going to have a baby, and she had to stay in bed so the baby could grow stronger. Sophie thought staying in bed sounded like the most boring thing in the world! So she wanted to give Mom something special to cheer her up. But she didn't have any money to buy a present.

After school Sophie went to Mom's room. She climbed up on the bed and got comfy.

"Tell me about your day," Mom said.

Sophie started telling Mom about a silly poem she wrote about parrots in polka-dot pants parading around the park. Then she thought of her problem. Her voice trailed off, and her eyebrows scrunched up.

"What's wrong?" Mom asked.

"I don't have any money to buy you a present for Mother's Day!" Sophie blurted out.

Mom smiled and patted Sophie's hand. "Oh, honey. The best presents come from the heart," she said. "Besides, you and Dad and the new baby are all the presents I need."

Sophie sighed. Mom was always saying stuff like that. But Sophie still wanted to get her a present.

That night Sophie knelt by her bed.

"Heavenly Father, please help me think of a present I

can give Mom for Mother's Day," she prayed.

In the morning, Sophie hadn't even opened her eyes yet when an idea popped into her brain! She hopped out of bed and ran to tell Dad what she wanted to do.

"That's a great idea," he said. "Mom will love it."

Since it was Saturday and she didn't have school, Sophie got to work on her idea right away. She got out paper, markers, and scissors. She got out glitter glue and stickers. She used a ruler to draw a rectangle. Then she carefully cut around the edges.

In her best handwriting, Sophie wrote, "This coupon is good for a hug and a kiss."

Sophie made another coupon for setting the table. She made one for picking up baby toys. She made one for washing windows. With each coupon, Sophie thought about how much she loved Mom. Soon she had a colorful stack. She wrapped them in gold paper and tied a ribbon around the bundle.

On Mother's Day morning, Sophie handed the shiny package to Mom.

Mom smiled as she opened the crinkly paper. Her smile got even bigger when she saw what was inside.

"Thank you, Sophie! This is the best present ever," she said, pulling Sophie into a hug.

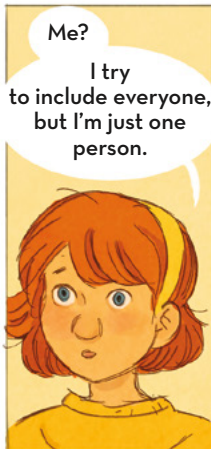
Sophie felt warm and happy inside. Mom was right. The best presents *did* come from the heart. ●

The author lives in Colorado, USA.

ILLUSTRATION BY JANA CHRISTY



MATT AND MANDY





BRAIN TEASER

What has to be broken before you can use it?

See page 39.

DEAR JOURNAL

Write about something you're looking forward to. What makes it special?



APRIL

QUICK QUIZ

The Church was officially organized on April 6, _____.

- 1805 • 1830
- 1820 • 1844

See page 39.

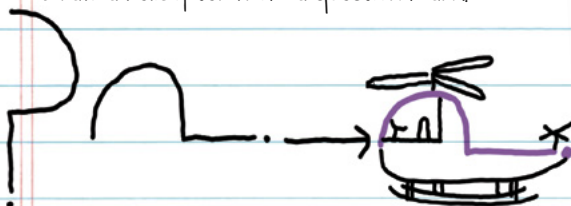
SECRET SERVICE

- Dry off the slides at the playground after it rains.
- Say thank you to the bus driver or custodian.
- Eat lunch with someone who is sitting alone.



DRAW IT!

Draw a helicopter from a question mark!



My mom asked me if I wanted to help with the Children's Hunger Project. I said yes. I spent an hour and a half packing lunches for kids who couldn't afford food. I know this is what Heavenly Father wanted me to do.

Matthew H., age 11, Florida, USA

One Shot at a Time

By Jessica Larsen

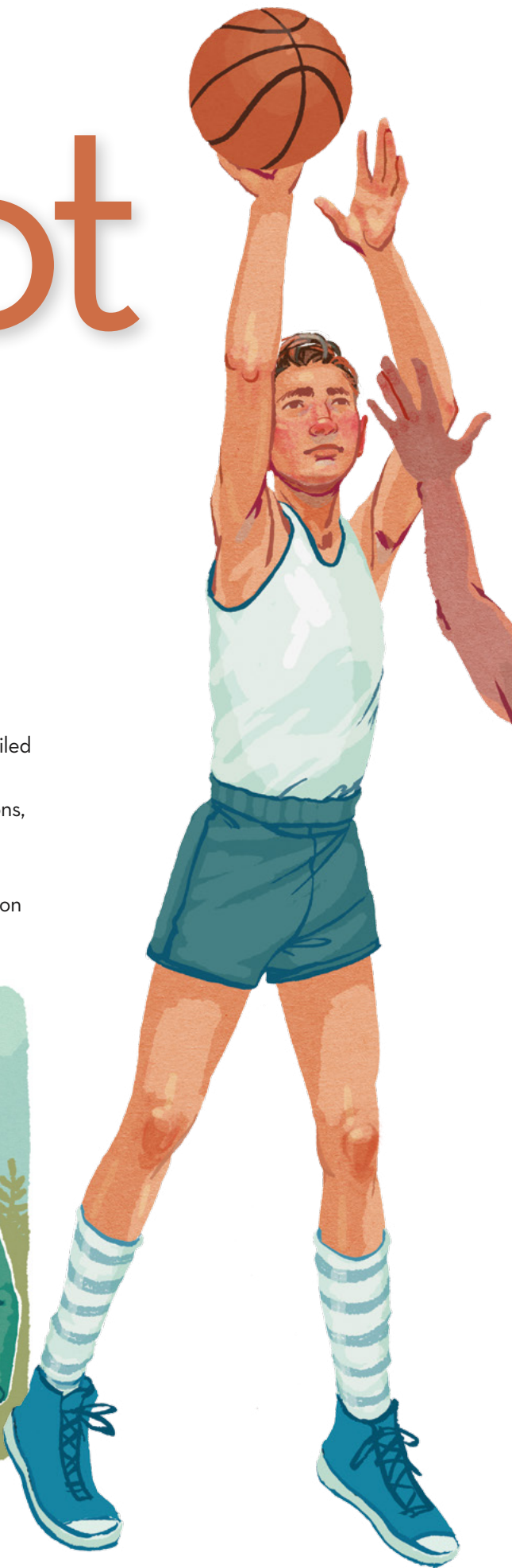
(Based on a true story)

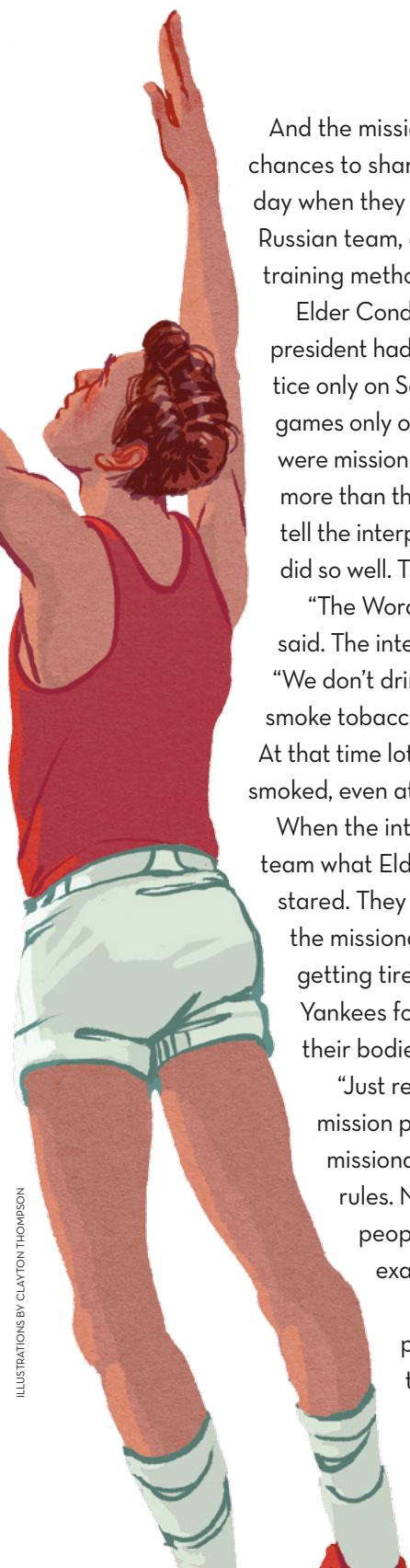
Melbourne, Australia, 1956

“Are you part of that basketball team made of Mormon missionaries?” asked a reporter holding a camera.

“We sure are!” Elder Condie said. “We’re the Mormon Yankees.” He smiled for the camera as the reporter took a photo.

What a team the mission president had assembled! Before their missions, a lot of the team members had played basketball in college. The Mormon Yankees had helped train the Australian Olympic basketball team. And now other national teams wanted to have practice games with the Mormon Yankees.





And the missionaries were grateful for chances to share their testimonies. One day when they were running drills with the Russian team, an interpreter asked, “What training methods do you use?”

Elder Condie hesitated. The mission president had said the elders could practice only on Saturday mornings and play games only on Wednesday nights. They were missionaries first, so they didn’t train more than that. He wasn’t sure what to tell the interpreter about why their team did so well. Then an idea came.

“The Word of Wisdom,” Elder Condie said. The interpreter looked confused. “We don’t drink coffee, tea, or alcohol, or smoke tobacco,” Elder Condie explained. At that time lots of people drank and smoked, even athletes.

When the interpreter told the Russian team what Elder Condie said, they just stared. They were amazed at how long the missionaries could play before getting tired. Because the Mormon Yankees followed the Word of Wisdom, their bodies were healthy and strong.

“Just remember who you are,” the mission president told them. “Live missionary standards. Keep mission rules. No exceptions. Remember, people are watching your example.”

Because basketball was pretty new in some countries, they helped the other teams



understand the game better. The teams were grateful for their help.

Tonight was their third practice game. Elder Condie looked at the bleachers. The stands were already filling up! He could see lots of Church members and people the missionaries were teaching. He spotted one girl who brought pom-poms and cheered at every game. She always shared her testimony with anyone who would listen. After each game, Elder Condie and his teammates did the same. They shared pamphlets and read scriptures with people who wanted to know more about the Church.

One of the other missionaries tapped Elder Condie on the shoulder. “Tonight we’re playing the French Olympic team,” he said. “They’re really good.”

Elder Condie shrugged. “But we’re not so bad.”

It was true. As they ran plays and drills with national teams, the Mormon Yankees had gotten better and better.

That night, thousands of people came to see the French team play against the Mormons. Throughout the game, the score was close. Near the end, it was tied, 59 to 59. Cheers erupted: “Blue, white, blue white. Mormon Yankees, fight, fight!” With seconds to go, Elder Condie caught a pass from his teammate Elder Hull. Elder Condie shot the ball. It dropped into the net just as the buzzer sounded. The missionaries had won, 61 to 59!

The cheers were still ringing in Elder Condie’s ears when he wrote to his family. “We won some games and lost others,” he said. “But it’s not about basketball. I think people are wanting to learn more about the Church because we’ve shown them that we’re people, just like they are. We’re helping the Church to grow, one shot at a time.” ●

The author lives in Texas, USA.



Thankful Eating

In the Word of Wisdom, God tells us that grains and fruits are good to eat. He also reminds us to be thankful for our food. Here's a delicious way to start your day. Remember to give thanks! Note: Makes about 9 servings.

1 1/2 cups rolled oats (uncooked)

1 cup chopped nuts

1 cup dried fruit

1/4 cup honey

1/4 cup peanut butter

1. Mix all of the ingredients together.
2. Flatten mixture in an 8x8-inch (20x20-cm) pan.
3. Refrigerate. Cut into bars to serve for breakfast or a snack.

W.O.W. Blessings!

Some of the blessings of living the Word of Wisdom are wisdom and knowledge (see [D&C 89:19](#)). Can you solve these brain-teasers? Check answers on page 39.

- Two mothers and two daughters went out to eat. Everyone ate one burger, but only three burgers were eaten. How is this possible?
- When you have me, you want to share me. But, if you do share me, you don't have me.
- What can you hold without ever using your hands?
- How many months have 28 days?



I'm really inspired by people who make a difference in the world. But what can I do at my age?
—Inspired in Indianapolis

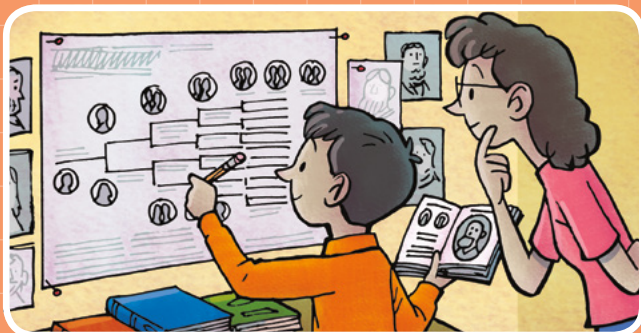
Dear Inspired,

You are definitely not too young to help with Heavenly Father's work on earth. Here are four ways you (really) can make a difference.

Good luck!

The Friend

Be a family history do-er.



Be a missionary now.



Be an includer.



Be a super server.



WHAT'S ON YOUR MIND?

Do you have a question about the gospel, growing up, or getting a testimony? Email us at friend@ldschurch.org and put "What's on Your Mind?" in the subject line. Don't forget to include the permission statement on page 39. We're excited to hear from you!

What else can YOU do? Write down your ideas. Now pray about it and jump in! Tell the *Friend* what you did and what happened.

By Jason Harvey and Shanna D'Avila

(Based on a true story)

"I am doing it, my family history. And the love I feel when I'm doing it is very sweet to me"

(*Children's Songbook*, 94).

Eliza smiled as she walked back to her seat. Sharing her testimony in sacrament meeting had made butterflies flutter in her stomach. But she'd also felt the Holy Ghost, and that made it worth it.

After sacrament meeting, Bishop Baldry walked over to Eliza and her family.

"Thanks for sharing your testimony today, Eliza," the bishop said. "It was really great."

Eliza felt her cheeks get warm. "Thanks!"

"Would you be willing to give a short talk about family history next week?"

"Um—" Eliza's heart started racing.

"Eliza, you love family history!"

Dad said. "That'd be the perfect topic for you."

"I don't know," Eliza said, looking

down at her shoes. "It's hard enough to say my testimony. I don't think I could stand up there and give a talk."

"That's OK," the bishop said. "Let me know if you change your mind." He smiled as he walked away.

Dad patted Eliza's shoulder. "I think you'd give a great talk about family history. If you change your mind, I could help you get ready and practice. Then maybe you wouldn't feel as nervous."

Mom nodded. "And Heavenly Father would help you too."

Eliza thought about standing up in front of everyone. Those butterflies in her stomach started to flutter again.


Then she thought about family history, and she felt more peaceful. Maybe she *could* give a talk next week.

"OK," Eliza said. "Where's the bishop?"

That week, Eliza spent a long time writing her talk. She



The Spirit



learned about the prophet Elijah. She learned how, when we get excited about doing family history, we call that feeling “the spirit of Elijah.”

My name sounds kind of like Elijah, she thought.

She added that as a joke to begin her talk.

But what if no one laughed at her joke? What if she talked too fast? What if she got tongue-tied and couldn’t talk at all? Her dad helped her practice all week. He got out the broom for a pretend microphone. The first time Eliza read her talk out loud, she couldn’t stop laughing at her joke. But she kept practicing until she could give her whole talk without messing up or going too fast.

On Sunday, Eliza sat on the stand in the chapel. Her

heart thumped as she watched the room fill up. She prayed and asked Heavenly Father to help her feel calm.

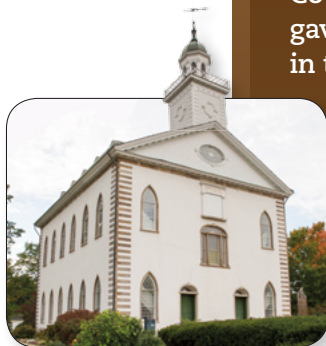
After the sacrament was over, Eliza heard the bishop say her name. Her legs wobbled as she walked to the microphone. She took a deep breath. “Hi, my name is Eliza. My talk is about family history. I was asked to give this talk because I have the spirit of Eliza—I mean, the spirit of Elijah.” People smiled, and some even laughed.

The butterflies fluttered in her stomach while she spoke. But Eliza also felt the Holy Ghost helping her along. Finally, her first talk was almost over! “I’m glad I got to share my love for family history with you. I know that when I do family history, I am helping people who died without learning about the gospel. In the name of Jesus Christ, amen.” ●

The authors live in Alberta, Canada, and Utah, USA.



of Eliza



WHAT IS THE SPIRIT OF ELIJAH?

An Old Testament prophet named Elijah visited Joseph Smith and Oliver Cowdery in the Kirtland Temple. He gave them the power to seal families in the temple. When people feel the Holy Ghost inspiring them to do family history work so their families can be sealed, we call that feeling “the spirit of Elijah.”



**By Brody H., age 10,
Missouri, USA**

I live on a small cattle ranch in Missouri, USA. I have the responsibility of feeding hay to the cows during the winter and early spring, and moving them on to spring pastures. One day we had our herd bulls in a pen, and we needed to move some cows through the pen to another pasture. Usually the bulls are very gentle, so I didn't feel concerned. But this time the bulls started to get anxious with the other cows nearby. Two of our biggest bulls, Oscar and Billy, who weigh about 2,000 pounds (907 kg) each, started head butting each other and pushing each other around. It was a bullfight!

Some younger bulls were on the outside of the pen with the cows, and they came up and wanted in on the battle! I was standing nearby at a closed gate when I felt a sudden prompting to move out of the way. Just then Oscar and Billy busted through the gate and charged out into the field, right where I had been standing a few moments earlier! I knew that the Holy Ghost had prompted me to get out of the way and kept me safe from being trampled or even killed.

I know that if we try to choose the right every day, we can have the Holy Ghost as our guide. He can help keep us safe from harm's way! ●

Shine Your Light!



**DM M., age 9,
Hawaii, USA**



**Tuesday N., age 7,
Ontario, Canada**



**Ignacio M., age 5,
Illinois, USA**

FUNSTUFF ANSWERS

Page 17: Simeon and Benjamin

Page 31: an egg; 1830

Page 34: They were a grandma, mom, and daughter!
your breath; a secret; all of them!



HIDDEN CTR RINGS

Did you find the rings?
Look on pages FJ1, 20, and 9.

How to Write to the *Friend*

To send us a letter, drawing, poem, or star...

1. Fill out the form below and send it in with your story or artwork and send a school picture or other high-resolution photo.
2. We might edit your submission for length or clarity, and we can't return it to you.

Please send your submission to:

Friend Magazine
50 E. North Temple St., Rm. 2393
Salt Lake City, UT 84150-0024
Or email: friend@ldschurch.org

May the *Friend* contact you
with a survey?

☐ Yes ☐ No

The following information and permission must be included:

First and last name

Age

Boy/Girl

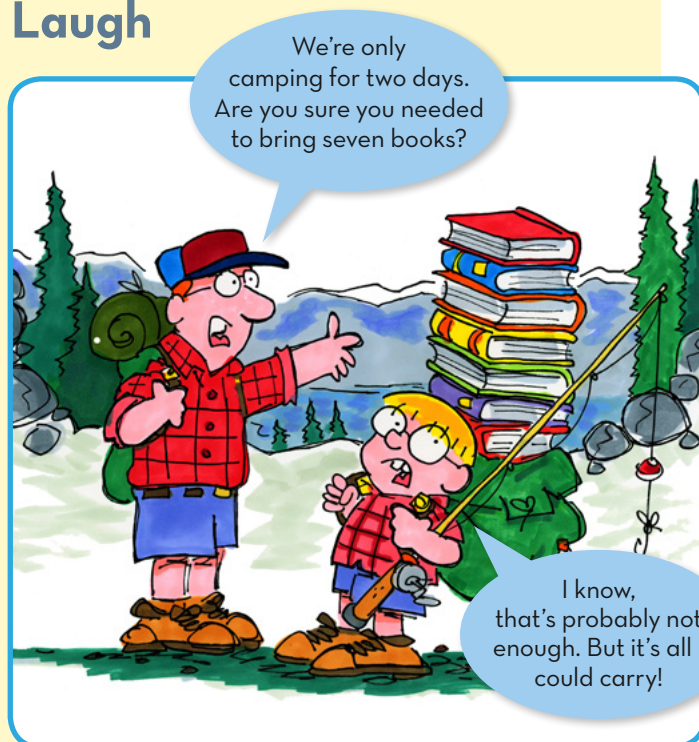
State/Province, Country

I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.

Signature of parent or legal guardian

Email of parent or legal guardian

The Last Laugh



the Friend junior



THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

For Parents of Little Ones

You may have experienced it before—you're in the grocery store or at the park, and your children see someone in a wheelchair. They may point, ask loud questions, stare, or even act afraid. The good news is that some preparation can help your little ones (and you!) treat everyone like the son or daughter of God that they are.



Here are some ideas to help your child better interact with those who have disabilities or injuries:

■ Show pictures of a variety of people, including people with visible disabilities. First, focus on similarities. For example, everyone is a child of God. Next, talk about differences. For example, some people need wheelchairs to get around, and others don't. Teach children that all these things make us different and unique.

■ Be careful with the words you use. Avoid words like "sick" or "wrong" when talking about someone with a disability. Make sure your children understand that they won't "catch" a disability.

■ Sing "I'll Walk with You" (*Children's Songbook*, 140-141). Look at pictures or watch videos of children using wheelchairs, crutches, or service animals. Explain what these are and why some people use them. Role play how to behave when you meet someone with a disability.

■ Set an example of smiling and saying hello. If your child says something insensitive to someone, don't ignore the situation. Say something like, "I'm sorry, my child is still learning." Then encourage a short, healthy interaction between your child and the person with the disability.

ACTION RHYME

I Love You More

By Jordan Wright

I love you
more than
frogs love
to hop.



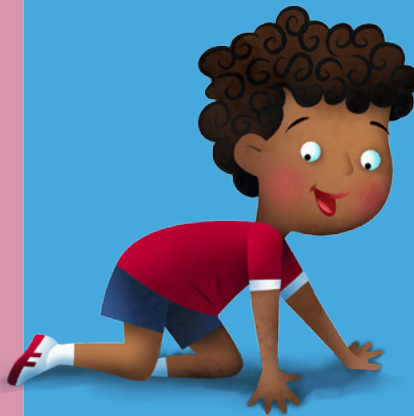
I love you
more than
toast loves
to pop.



I love you
more than
rain loves
to fall.



I love you
more than
bugs love
to crawl.



I love you
more than
fish love
the sea.



And because
you're my
mommy,*
I know you
love me!




**daddy, grandma, sister, brother, teacher*

Helping on the Farm



By Jennifer Maddy

The  is busy today!  uses his  to give the

farm Liam hands

 their . He feels their soft fur with his .

rabbits food fingers

Then 's  spot some  that need to be put away.




Liam eyes tools

He makes sure the  and  go in their right places in the .



shovel hammer barn

 hears  calling! His  listen.  is going to

Liam Mom ears Mom

make breakfast. She asks  to crack  into a .

Liam eggs bowl

 is glad he can use his , , and  to help!

Liam hands eyes ears

Every Body Is Beautiful

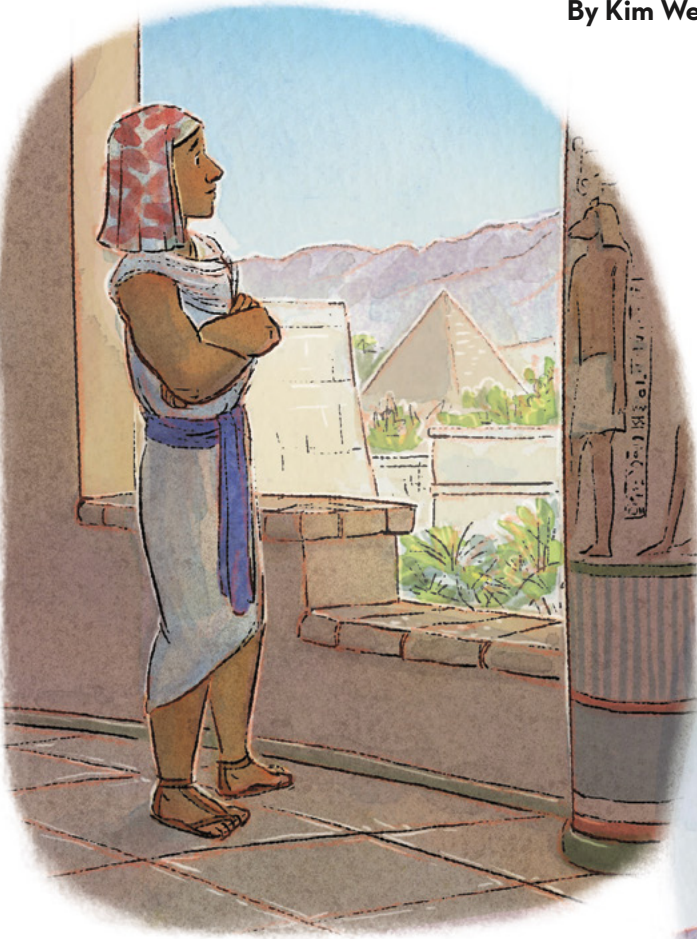
Bodies come in all colors, shapes, and sizes. All bodies are beautiful gifts from God. Look at the children below. What do all of these children have in common? (For example, they all have eyes.)

What is different?



Joseph Forgives His Brothers

By Kim Webb Reid



Joseph was a leader in Egypt when a famine came. There wasn't much to eat. Far away, Joseph's family was hungry. They traveled to Egypt to find food.



Joseph saw his brothers. But his brothers didn't recognize him! Joseph asked if their father was still alive, and they said yes.

Joseph saw that his brothers had become nicer people. They took care of their younger brother, Benjamin. They cared about each other.



Joseph told his brothers who he really was. They could hardly believe it! Joseph and his brothers cried with happiness. Joseph forgave them for selling him as a slave. He said God led him to Egypt to save them from the famine.



I can be like Joseph. I can love my family and forgive others. ●

Read the first half of Joseph's story in the [April magazine](#)!

From Genesis 42, 45

COLORING PAGE

Jesus Loves Me



ILLUSTRATION BY APRYL STOTT

By Lori Fuller

Church Magazines
(Based on a true story)

Will and Anna are best friends. At recess, they play tag. Anna pushes Will's wheelchair. They chase the other kids. Will reaches his hand out to tag them. Recess is lots of fun!

Sometimes it takes Will a long time to say his words. But Anna listens. She wants to hear what Will says.

Will listens to Anna's silly jokes.

"What's a pirate's favorite letter?" Anna asks.

Will smiles and shakes his head.

"Arrr!" Anna says.

Will laughs. He makes a pirate hook with his finger.

"What music are balloons scared of?" Anna asks.

BEST Buddies





Arrrr!

builds castles. Together they build lots of fun things!

Will has a hard time stacking the blocks. But he keeps trying. Anna finds red blocks for him. Red is Will's favorite color.

Sometimes Will's arms move funny. But it's OK. Anna doesn't mind. Sometimes she knocks a tower over. *Whoops!* But Will doesn't mind.

Will and Anna are best friends. They help each other. Will likes to make Anna smile. Anna likes to make Will smile. They are happy to be friends.

Will is a child of God, and Anna is a child of God. God loves them. He is happy they are friends too. ●

"What?" says Will.

"Pop music!"

Anna and Will laugh and laugh.

At lunch, Anna and Will eat together. Will has a helper. She helps him eat his lunch. Anna likes to talk with her too. Will's favorite food is peanut butter. Anna's favorite food is apples. The *best* food is peanut butter and apples together!

Sometimes Will and Anna play after school. They like to build with blocks. Will builds tall towers. Anna

