

At the Playground

By Jennifer Maddy



Emilie

pumps her



legs

back and forth. Swoosh! Her



swing

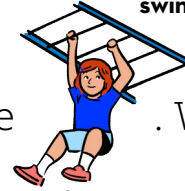
flies

up into the sky. Emilie's



arms

carry her across the



bars

. Whoosh! She

makes it all the way across.



Emilie's feet

hop through



hopscotch

. Hop, hop, hop!



Emilie

sees a



girl

sitting by herself. "Come play with me!" says



Emilie



Sofia

wheels over.



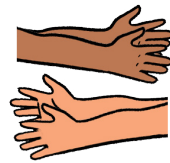
Emilie

and



Sofia

use their



arms

to play with a



ball

. They use their



feet

and



arms

to have a race across the



playground

. They



smile

and laugh with their



mouths



Emilie

is happy

she made a new friend at the



playground

Your Healthy Body

Heavenly Father wants us to take care of our bodies
and keep them strong and healthy!
Take turns pointing to a picture and then doing something
to move that part of your body.

