



Here are some family home evening ideas from this month's magazine. What other ideas can you come up with?

Care-Package Cookies

These cookies are great for shipping—the honey keeps them soft! Once they've cooled completely, put them in a plastic bag to keep them fresh. Pack a box with crumpled newspaper to keep the cookies safe.

1/2 cup shortening or butter	1 teaspoon cinnamon
1 cup honey	1/4 teaspoon salt
2 eggs	2 cups old-fashioned oats
2 cups flour	1 cup raisins, nuts, or chocolate chips (optional)
1 teaspoon baking soda	

1. Mix the shortening and honey. Then mix in the eggs.
2. Stir in flour, baking soda, cinnamon, and salt. Add the oats and nuts, raisins, or chocolate (if using).
3. Drop by teaspoons onto a cookie sheet. (The dough can be quite soft and sticky.)
Bake at 375°F (190°C) for 8-10 minutes.

WRITING Missionaries

Read "Missionary Shoes" on page 8. Missionaries love getting letters! You could write to family, friends, or ward members.

- Get coloring supplies and a paper for each person, and sit in a circle. Everyone draw something on your paper. Then pass it to the right. Add to the drawing and keep passing until your masterpieces are complete. Sign the drawings, and send them to your missionaries!
- You can also pass a letter around and have everyone add a line! What made you laugh this week? What made you grateful? Did you feel the Spirit this week? What did you learn? What questions do you have for your missionary?

Is there a topic you'd like to learn about with your family?

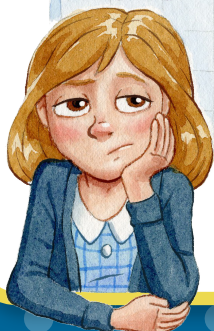
Go to lessonhelps.lds.org to find stories, activities, and media.



PATIENCE

Being patient while you wait for someone you love to come home can be hard! Here are some things that can help.

- Focus on learning a new skill!
- Do something fun with your family and friends.
- Send a care package. Remember, they are missing you too! What else can you do to help them?



BONUS TREAT

Make smoothies! Blend together 1 frozen banana, 1 cup orange juice, and 1 cup vanilla yogurt. Serve immediately. Try adding berries or using other yogurt flavors.



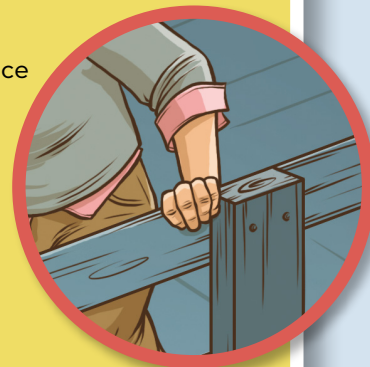
MORE FHE IDEAS

Look for these pictures in the magazine to find the stories and articles they go with! (Find the page numbers below.)



IDEA 1: Can you crack the code? Read the story and fill in the CTR challenge card together. What challenge can you do this week?

IDEA 2: Look at "Conference Notes" to read what our leaders taught us in general conference. Then read "Safe Ground." What's one thing you learned in conference that can help keep you safe and happy?



IDEA 3: Read "Ella's Worries," and then read some of the ideas on "Worried or Afraid? Here's Help!" What can you try in your family when someone's worried or afraid?



Idea 1: 18; Idea 2: 4, 36; Idea 3: 22, 24