Read “Honest Gabe” (page 8). Repentance isn’t just for big sins. It’s something we should do every day to help us with small sins, mistakes, and bad habits. When we repent, we ask Heavenly Father to help us do better next time. Repenting reminds us how much Heavenly Father loves us.

Be sure to get an adult’s help with this craft and recipe.

**Getting Back on Track**

Have you ever used a compass to help find your way? The needle of a compass always points north. Repentance is like using a compass. Just like a compass helps us find our way again, when we repent we can get back on track on our path to Heavenly Father.

You can make your own floating compass!

1. Hold a **needle** in one hand and slide a **bar magnet** down the needle. Don’t slide the magnet back and forth. Just slide it in one direction about 30 times. If your needle is magnetized, it should be able to pick up a small pin.

2. Pour some **water** into a **bowl**.

3. Set a **plastic milk- or water-bottle lid** flat-side down on the water and carefully balance the needle on top. Wait for the lid to stop moving and for the needle to point north.

**Rice Pudding**

4 1/2 cups milk 1/3 cup sugar
1 cup uncooked white rice 1/4 teaspoon vanilla
1/8 teaspoon salt fresh fruit (optional)

1. Put the milk, rice, and salt in a pot and bring to a boil over medium-high heat, stirring constantly.
2. Turn heat to low, cover, and simmer for 15–20 minutes, stirring occasionally, until the rice is cooked through.
3. Take the pot off the heat and stir in the sugar and vanilla. Serve hot or chilled with fresh fruit.