May 2014

# Be media smart! See pages 4–6 and more



#### **Pretend Primary**

One day when I was home sick from school, I spent the day with my grandmother. We decided to have our own pretend Primary, just the way it was in the *Friend* (Sept. 2012). It was so fun. My favorite part was conducting the music.

Kate C., age 10, Florida, USA

#### **Heavenly Father Loves You**



n the February 2013 *Friend*, I played the song "My Heavenly Father Loves Me." When I played it, I felt the Spirit telling me that it was true. Thank you for putting music in the *Friend*.

Madison S., age 9, Michigan, USA



#### How I Read the *Friend*

like to read the *Friend* inside my pirate tent. I really like the hidden pictures.

Trey S., age 4, Oklahoma, USA

#### **Super Siblings**



love reading the *Friend*! I'm excited every time it comes in the mail. I like reading Matt and Mandy, and the stories make me happy.

My family was discussing how we could help my little sister be kinder. There was a lot of contention, and

we wanted the Spirit in our home. I read an article called "Firecracker Charlie" (March 2013). It taught me that for her to be nice to us, we needed to be super kind to her. I'm grateful I can feel the Spirit while reading the *Friend*. Matthew P., age 11, Nebraska, USA

### Dear Friends.

D	Every month we send you a song you can learn to play on the piano or keyboard.
	We love reading your letters telling us
•	about how you've played those songs in family home evening, for baptisms, and
•	· Drimary sacrament meeting programs.
•	Look on pages 24-25 to read some of our readers' experiences serving others
•	with music.
-0	Keep playing!
-0	The Friend
	P.S. What other talents have you used to
-0	p.S. What other talents have yet serve others? Please write and tell us!

Was there a letter or a story in this month's issue that helped you? Tell us about it. Turn to page 48 to find out how.

Volume 44 Number 5 May 2014

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#### **Cover by Brad Teare**



Learn to play the Primary song "I Often Go Walking" on page 11.



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#### **Stories and Features**

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#### The Friend can be found on the Internet at



**By President Henry B. Eyring** First Counselor in the First Presidency

## Trying to Be Like Jesus

We believe that through living the gospel of Jesus Christ we can become like the Savior, who is perfect.

How that wonderful <u>transformation</u> will happen is captured for me in a song written for children, "I'm Trying to Be Like Jesus" (*Children's Songbook*, 78). I remember watching the faces of a room full of children singing it on a Sunday. Each of the children was leaning forward, almost to the front of the chair. I could see light in their eyes and determination in their faces as they sang with **gusto**.

It seemed to me that they were not just singing; they were declaring their determination. Jesus Christ was their example. To be like Him was their goal. And their eager looks and their shining eyes convinced me that they had no doubts. They expected to succeed. They were sure He had prepared the way.

That determination must be in the heart of every Latterday Saint. The Savior has prepared the way through His Atonement and His example. And even the children who sang that song knew how. •

transformation: a change

gusto: enthusiasm

Watch a video of the Mormon Tabernacle Choir singing "I'm Trying to Be Like Jesus" at friend.lds.org.

Adapted from "Our Perfect Example," Ensign, Nov. 2009, 70–73.

#### **JESUS'S EXAMPLE**

One day when Jesus was in the temple, some people brought a woman who had committed a sin. They wanted Jesus to condemn her. But instead He treated her gently and kindly told her to choose the right from then on. You can read about this in John 8:2–11. You can also watch a video called "Go and Sin No More" at Biblevideos.org.



#### Kind Words

Fill in the blanks with the missing words. Then circle those words in the word search below. If you need help, you can find this song in the Children's Songbook, 78. Check your answers on page 48.

l'm	to be like Jesus; I'm	in His ways.
I'm trying to	as He did, in all that I do	and
At times I am te	empted to make a wrong	
But I try to	as the still small	whispers,
"Love one	as Jesus loves you.	
Try to show	in all that you do.	
Be a	nd in and in	/
For these are th	e things Jesus"	



#### KEEP TRYING!

What do you do when you realize you did something that wasn't loving or kind?

- Apologize to the person you treated unkindly.
- Do something nice for that person.
- Tell Heavenly Father you are sorry.
- Keep trying to be like Jesus!



## The Rule By Ana Nelson Shaw

(Based on a true story)

"I will only read and watch things that are pleasing to Heavenly Father" (My Gospel Standards).

For family home evening, we'll review our computer and game rules," Dad announced.

"Dad, I already know the rules!" Joseph said. He was 11 and had been using the computer for years now.

"You do a good job following the rules," Dad said. "But a review is still good."

Joseph plopped down on the couch. He wished they would talk about something new instead.

Dad held up a poster board and marker. "OK, let's see what we already know," Dad said. "Joseph, what rules do you know?"

"Crash and tell," Joseph said.

"That's right. If you see something inappropriate on the computer, like swearing or people not wearing clothes, close the screen or turn off the computer. Then tell Mom or me right away." Dad wrote CRASH AND TELL on the poster.

"What else?" Mom asked.

"Don't give out your information," Aaron said. "We just talked about that in school."

Joseph looked at Mom and Dad. *That* wasn't one of their rules! But Dad smiled and nodded.

"Good," Dad said. "We haven't talked about that before, but it's really important. Don't give your name, your age, where you live, or where you go to school on websites or to people online. Some people use that information to hurt others." He wrote DON'T GIVE OUT INFO on the poster.

"How about keeping the laptop in the living room or kitchen?" Joseph suggested. He was paying attention now. Dad wrote, COMPUTER IN FAMILY AREAS ONLY.

"You can't use the computer without asking," Elizabeth said. "Excellent, and you have to take turns," Mom reminded them. Dad wrote ASK PERMISSION AND TAKE TURNS.

## Review

"What about games?" Simon asked.

"Thank you, Simon. The rules for the computer are the same for video games and the phone and tablet too," Dad said. "We need to avoid bad language, violence, disrespect for others, and anything that makes wrong seem right."

#### Dad wrote NO SWEARING, VIOLENCE, OR DISRESPECT IN GAMES.

The family thought of several more rules and put the poster by the computer. As he went to bed that night, Joseph tried to remember everything Dad had written.

A few days later, Joseph went to his friend Darrin's house. Darrin brought out his new video game to play. It seemed awesome at first. Then the characters went to battle, and Joseph started to feel uncomfortable. It was pretty violent. He didn't want to play this game any more.

*What if Darrin thinks I'm just a chicken?* Joseph wondered. Then he remembered the rules, and it helped him feel brave.

"Hey, Darrin," he said, "I don't play violent games."

Darrin looked surprised and paused the game. "Oh. I didn't think it was that bad."

"I just don't feel good playing it," Joseph said. "Can we play something else?"

"I guess," Darrin said.

*That wasn't that bad,* Joseph thought as he and Darrin picked out a new game. When they finished that one, they went outside and rode their bikes.

Joseph was smiling when his mom picked him up. "How was it?" she asked.

"Fun," Joseph said. "And I kept our family's rules." The author lives in Montana, USA.

#### FAMILY RULES!

How does your family keep high media standards? Write and let us know what tips you have. Turn to page 48 to find out how.

May 2014 5

## Family Fun Time

Media can be useful and fun, but it's important to set rules. Read "The Rule Review" (pages 4–5), and then talk about some rules that will help your family.

#### Family Media Checklist

- O How do you know when media is good for you? How do you know when it isn't?
- What should you do if you see something that makes you uncomfortable?
- Where can you keep electronics so everyone in the family can see and use them?
- Where is it OK to use phones or tablets? Leave them off or leave them home when you go to school or church.
- How long should you spend on the computer, tablet, or TV? Consider setting a timer to keep track of this time.
- O How will you make sure that media doesn't distract you from homework, sleep, or chores?

#### Beware of Cyberbullying!

- Never post or text anything you wouldn't feel kind saying to someone in person.
- Don't pass along mean or embarrassing
- messages.
- If someone writes something unkind about you, don't respond. Tell a parent or trusted adult right away.

#### Stay Safe Online!

- Never put your phone number or address online.
- Don't send photos of yourself to others without a parent's help.
- Never give your passwords to anyone except a parent.
- Don't reply to or open messages from people you don't know.
- Don't download programs or apps without a parent's permission.
- Only visit websites, watch movies, or send messages that your parents would be OK with.

#### Banana Ice Cream

Try this fun frozen treat! Be sure to get an adult's help. (Makes 4 servings.) 3 ripe bananas 3/4 cup milk 1/2 teaspoon vanilla

- 1. Slice the bananas and spread the slices on a tray.
- 2. Put the tray in the freezer for at least 2 hours. Let the bananas sit at room temperature for a few minutes before using.
- 3. Put the frozen bananas, milk, and vanilla in a blender or food processor and blend until smooth. You can also add peanut butter, chocolate syrup, or another favorite topping.

6 Friend

Let's make a list of good websites, shows, apps, and video games.

Good idea!

"Why not choose a time each day to disconnect from technology and reconnect with each other? Simply turn everything off."

Sister Rosemary M. Wixom Primary General President

From "The Words We Speak," Ensign, May 2013, 82.

deq

P

## What Was I Thinking? My little brother Patrick is a pain!

By Renee Riede (Based on a true story)

ased on a frac story

"And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you" (Ephesians 4:32).

Patrick is a pest. At least, that's what I used to think. This morning I found Patrick sitting on my bedroom floor surrounded by lots and lots of potting soil, lots and lots of flowerpot pieces, and three messed-up marigolds.

Just a few minutes earlier, that potting soil, those pieces of flowerpot, and the three marigolds all added up to one wonderful Mother's Day gift. But not anymore.

The moment Patrick saw me, all he could say was, "Uh-oh, Kwissie. Uh-oh."

Patrick is almost three, and he still can't say his *R*s. I can sure say mine, and boy did I ever say them to Patrick.

I said, "Patrick! You just *ruined* my Mother's Day present. You are in *really, really* big trouble!"

Mother's Day is tomorrow, and I had been all ready for it. My class had made Mother's Day gifts at school. First we decorated flowerpots. Mine was beautiful. It said, "To the very best mom in the world," and it had bunches of bright blue butterflies fluttering all over it. (I'm really good at drawing butterflies.) Next we filled our flowerpots with potting soil. Then we poked three holes in the soil, put a marigold seed into each hole, and filled the holes up again. We watered our plants every other

school day, and we waited and watched until our marigolds *finally* appeared. My teacher, Ms. Stockton, says that growing things takes a lot of

> (Flip the magazine around and continue reading on the next page.)

patience, and she is right. Everyone in my class cheered when our marigolds began to bloom. My marigolds were bright yellow and made me think of sunshine. But now

my perfect present was ruined! "Uh-oh, Kwissie," Patrick said again. "Sowwy, sowwy." "Well you should be "I said, glaring at him

"Well, you should be," I said, glaring at him.

That's when Patrick started to howl. Mom came racing into my bedroom.

What's going on, Krissie? What's this mess?" she demanded.

"This m-m-mess," I said, trying to swallow the lump in my throat, "this m-m-mess is your M-mmother's Day present. Happy M-m-mother's Day, M-m-mom." Then I started howling right along with Patrick.

It took Mom a while to calm us down. When she finally did, I told her all about her Mother's Day present and how it took lots and lots of patience and lots and lots of work to get those marigolds to grow. "Now look at them," I sobbed.

"Humm," Nom said, giving me a hug. "Marigolds "Hmmm," Mom said, giving me a hug. "Marigolds sound a lot like little brothers."

"What?" I whimpered.

"Little brothers," Mom said, "need lots of patience and lots of care to help them grow up too."

"But, Mom—" I said. And before I could say another word, Patrick crawled onto my lap, wrapped his chubby arms around my neck, and said, "Don't cwy, Kwissie. I gwow up."

Well, that did it. Mom and I started to giggle, and then Patrick joined in. Before we knew it, all three of us were laughing and hugging right in the middle of that big Mother's Day mess, and it felt great!

"This feeling is the best Mother's Day present ever," Mom said. "I love it."

I love my baby brother, Maddux, and always want him to be safe. It is my special job to put on and buckle his seatbelt. I am thankful Jesus loves everyone, but especially little children. So I am trying to follow His example by taking good care of Maddux.



Dane H., age 5, Connecticut, USA

## I DVE my little brother!

But then I realized . . .

Virginia, USA.

The author lives in

I grinned. "Me too." "Me. Me," Patrick added. I used to think my little brother was a pest.



## A Friend for Grandma

#### By Dana P., age 12, Utah, USA

y Grandma Annabelle came to live with us for 19 months until her death. She could no longer live on her own or take care of herself. My grandma was not a member of our church. She didn't belong to any church. My mother and I decided to read stories to my grandma from the *Friend* magazine. Grandma would listen, and I would ask her what she learned. Then she would give me a few short responses. My grandma loved it when I read stories to her. She always wanted me to read more.

Since my grandma liked the stories so much, we thought she would like doing the hidden pictures too. We worked with her and helped her find the objects. This helped her mind stay strong. The *Friend* magazine is great for everyone, young and old!

Sharing the stories was also a good missionary opportunity for us. Sometimes Grandma would listen to scriptures with our family. During those 19 months, she offered to say two prayers, and they were beautiful. We all felt the Spirit.

Even though my grandma didn't remember who we were most of the time, she loved it when I read stories to her. I think it made her feel good inside. Since I am 12 years old now and it has been a year since my grandma died, I am looking forward to being baptized for her in the temple.



Dana recently went to the temple to be baptized for her grandma. When she went to the temple, Dana took a photo of her grandma with her.

To hear how others your age are doing family history and temple work, go to "One in a Million" at friend.lds.org and watch the videos about Brennon and Erika.

## I Often Go Walking

PLAY It!



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## **Celebrating Mothers**

#### **Mother's Day Card**

Make this fun card for your mother or another important person for Mother's Day. Be sure to get an adult's help. You will need:

- 2 pieces of thick colored paper a pencil scissors glue crayons or markers
- 1. Trace both of your hands on a piece of colored paper and cut them out.
- 2. Cut a 1-inch (2.5-cm) strip from the long side of a piece of paper and fold the strip accordion style.
- 3. Line up the paper hands and glue each end of the folded strip to the palm of each hand.

2

- 4. Write *I love you* ... on the outside of one hand and *this much!* on the folded strip between the hands.
- 5. Write a nice note on the back of the other hand and give it to someone you love!

#### **Mothers in the Scriptures**

#### **By Annell Barlow**

How well do you know the mothers in the scriptures? Test your knowledge by solving the crossword puzzle below. Look up the scripture verses if you need help. Check your answers on page 48.

#### Across

2. Mother of Cain and Abel (Genesis 4:1–2)

- 4. Mother of Joseph Smith (Joseph Smith—History 1:4)
- 5. Mother of Joseph sold into Egypt (Genesis 30:25)
- 7. Mother of Samuel (1 Samuel 1:20)
- 8. Mother of Isaac (Genesis 17:19)

#### Down

- 1. Mother of Jesus (Luke 1:30-31)
- 3. Mother of John the Baptist (Luke 1:13)
- 6. Mother of Nephi (1 Nephi 5:1)



Love

You

## CONFERENCE NEVYS OUR PROPHET SPEAKS

Courage is needed—the courage to say no when we should, the courage to say yes when that is appropriate, the courage to do the right thing because it is right.

May we begin now, this very day, to express love to all of God's children.

#### HOW MANY...? Draw a line to the correct answer.

Seventy

1. members of the Church
2. full-time missionaries
3. missions
4. stakes
5. members of the Quorums of the

#### b. 15 million c. 3,050 d. 405 e. 317

a 83 thousand

#### **Adding Temples**

142 temples finished and dedicated

> temples that haven't been finished yet

total temples when all that have been announced are finished

#### A First for Girls!

For the first time, girls 8 and older went to the general women's meeting. Thousands went to the Conference Center Millions more listened and watched by TV, radio, satellite, and the Internet. It may have been the biggest gathering of girls and women ever!

#### **Conference Quotes**



**"We can choose to be grateful, no matter what."** –President Dieter F. Uchtdorf, Second Counselor in the First Presidency



**"God is watching over us.** We are not alone." –Sister Jean A. Stevens, first counselor in the Primary general presidency



"In the gospel of Jesus Christ, there is no place for ridicule [or] bullying." --Elder Neil L. Andersen of the Quorum of the Twelve Apostles



About 50 Primary girls sang in the choir. All over the world girls stood up when Sister Rosemary M. Wixom invited them to sing "Teach Me to Walk in the Light." What an inspiring sight!

## CONFERENCE NOTES

Here are some great stories and pictures from the April 2014 general conference. What were your favorite stories?



#### He Wanted to Know!



14 Friend

President Boyd K. Packer said that when he left home to serve in the military during World War II, he didn't really know if the Church was true. But he wanted to have his own testimony of the gospel. He wanted to know!

While stationed in Japan, one night he couldn't sleep. He left his tent and looked up at the star-filled sky and started to pray. Right in the middle of his prayer, it happened. Suddenly he felt a witness that the Church was true! Now he had a testimony for himself. This knowledge had been given to him by the Holy Ghost. (See "The Witness" from the Sunday afternoon session.)



#### Soothing an Aching Heart



ne night Sister Linda S. Reeves's daughter came home feeling upset. Sister Reeves asked what was wrong. Her daughter told her that at a friend's house, she had accidentally seen bad pictures on television. The pictures made her feel bad inside, 6

F

-

6

P

E

and she wished she could get them out of her mind.

Sister Reeves told her daughter that through our Savior's Atonement she could feel relief and stop hurting. Together they knelt and prayed that Heavenly Father would help her feel better. (See "Protection from Pornography—a Christ-Focused Home" from the Saturday morning session.)

What this teaches me:



#### **Inviting Your Friends**



E lder M. Russell Ballard asked Church members in Argentina to invite someone to come to church before this general conference. Eightyear-old Joshua listened and invited his best friend and his family to an open house at his ward.

That night he kept checking, but his friend did not come. Finally they came, and Joshua ran out to greet them and hugged his friend. They came into the church and met lots of new friends. Elder Ballard said, "It was great to see the faith of this little boy and to know that Primary children can be missionaries too." (See "Following Up" from the Sunday morning session.)



#### Safe in a Storm



**E** lder Ronald A. Rasband visited Oklahoma just after a huge tornado struck the area. He was especially touched by a fifth grader he met there named Tori. She had huddled in the restroom with her friends as the tornado roared through her

school. Tori said a prayer that Heavenly Father would protect them. Suddenly the roof tore away! Tori kept praying. "All of a sudden it got quiet," she said. "When I opened my eyes, I saw a stop sign right in front of my eyes!" Later Elder Rasband gave Tori a blessing. He told her that angels had protected her in the storm. (See "The Joyful Burden of Discipleship" from the Saturday morning session.)



## Show and tell CONFERENCE EDITION!



liked general conference. I didn't even mind they talked so long. My favorite was learning about tornadoes and how to avoid being in danger by making good choices. I was excited to see President Monson. I want to

follow the prophet and keep the commandments so I can be baptized when I'm eight. Jacob W., age 6, Texas, USA



liked when Elder Nelson said "Faith is the antidote for fear." I was born with problems with all of my organs and am at the doctor's and hospital a lot. When I am scared, I pray for Heavenly Father's help. Before big surgeries, I ask my dad for a blessing

so I am not as afraid. I know Heavenly Father helps me get through all of the tests, pokes, and surgeries. Hallie M., age 8, Illinois, USA



**Cerah H., age 8, from the Philippines,** watched the first general women's meeting online with her mom. She wore her Sunday dress and felt the Spirit when the children were asked to stand and sing. She felt the Savior's love and felt blessed to be part of the meeting, even though she is miles away from the Conference Center.







Reuben M., age 7, Idaho, USA



Emeline D., age 8, England



really liked going to the Conference Center with my mom and my sisters for the women's

meeting. I felt the Spirit when Sister Wixom talked about the girls in wheelchairs and how they still went to the temple even though it was hard. It made me think that I can choose the right even if something bad happens.

Alexis W., age 8, Utah, USA





liked the story about the mobile home landing on top of the neighbor's mobile home

during the tornado. I'm thankful for the gospel because it teaches me how to be good and not follow Satan. And I know Heavenly Father answers our prayers. Andrew B., age 6, New York, USA

Josh E., age 9, Utah, USA, built this model of the Conference Center after attending conference there for the first time.

Averie M., age 9, Utah, USA



loved Sister Stevens's talk about the premature baby. Right before we came to visit America,

my friend's baby was born premature and we prayed really hard for him to live. I know Heavenly Father really does perform miracles and that He loves each of us. **Alaya P., age 6, Australia** 

May 2014 **17** 

#### ONCE YOU GET TO UTAH

## Part 1 Leaving England

Could Henry find the courage to go to America alone?

#### **By Geraldine T. Fielding** (Based on a true story)

"Wherefore, be of good cheer, and do not fear, for I the Lord am with you, and will stand by you" (D&C 68:6). We're going to America!" Eleven-year-old Henry was excited. His parents had joined The Church of Jesus Christ of Latter-day Saints before he was born. His family loved the gospel, but not everyone in England felt the same way. Some of their neighbors wouldn't speak to them, and some people at school were mean to Henry and his siblings because of their faith. But in America they could go to Utah and be with other members of the Church.

Henry looked at his parents, and his smile faded. They didn't look excited. "Aren't you happy to be going to America?" he asked.

"It costs a lot of money to get there," his father said. "It will take a long time to save enough for all six of us to



go, and we don't want everyone to have to wait that long. So we have decided to go to America one at a time. And Henry, we want you to go first."

"All by myself?" Henry asked.

His father nodded. "You will take a boat across the ocean, from England to New York City," he said. "Then you can go by train to Salt Lake. Once you get to Utah, you will stay with our cousins the Lowes. In the mean-time, we will stay here and save our money so we can join you soon."

Henry's stomach dropped. Going to America was something he'd dreamed about, but he didn't want to go without his family. "I don't know, Papa," he said. "I'm not sure I can go all by myself."

"We have faith in you," Papa said. "You are brave and smart, and Heavenly Father will protect you." Henry thought hard about it. Even though some people had been mean to his family, he liked his life in England. He had friends, and he had his family. He liked going to school, singing in the church choir, and playing with his brothers and sisters in the countryside. He knew these things would change if he went to America.

What if I don't like it there? he wondered.

Then he looked at his parents. He knew they wanted him to be happy, and he knew they would come to Utah as soon as they could.

"Do you think you can do it?" Mama asked. Henry took a deep breath. "I can do it." She gave him a hug. "We're very proud of you."

A few weeks later, Henry and his family woke up early and walked to the dock. Everything Henry owned was packed in a wooden trunk his father had made for him. They had painted his name on the front, along with the words *Salt Lake City*.

The dock was crowded, and Henry walked close to his family. *How will I find my way around in America when I'm all alone?* he wondered.

Finally they reached the S.S. *Nevada*, the ship that would carry him to America. Henry swallowed hard as he looked up at it. It was the biggest boat he'd ever seen! Henry hugged his family goodbye, then boarded the *Nevada*. He stood at the railing and waved to his family until he could no longer see them. He said a prayer in his heart that Heavenly Father would protect them. Someday they would all be together again in Utah.

*I can do this*, he told himself. *God will watch* over me, and everything will be all right once I get to Utah.  $\blacklozenge$ 

To be continued . . . To be continued . . .



## **Bulletin Board**



In the Maori language, poi means "ball." These balls on strings were used by the Maoris to help them increase their strength, flexibility, and coordination. Today, poi demonstrations are a part of traditional New Zealand dance. You can make

your own poi to swing! What you'll need: yarn

scissors

- 6 sheets of newspaper
- 2 plastic grocery sacks
- 1. Cut 18 pieces of yarn, each about 30 inches (76 cm) long, and tie the yarn together at one end.
- 2. Divide the yarn into three sections of six strands.
- 3. Braid the yarn until you get about 6 inches (15 cm) from the end, and tie a knot so there are loose strands of yarn on one end.
- 4. Crumple three pieces of newspaper into a ball and tie the loose strands of yarn around the ball.
- 5. Put a plastic bag over the ball. Close the opening around the braid by tying it tightly with another piece of yarn. Trim off the extra plastic bag.
- 6. Repeat to make two poi.

#### **About New Zealand**

Have you met Hyrum from New Zealand on pages 36-37? Here are a few reasons New Zealand is a special place.

. . . . . . . .

- Captain Cook brought the first sheep to New Zealand almost 250 years ago. Now there are about eight sheep for every one person in the country!
- Hyrum's family likes to visit a place called Elephant Rocks. These giant gray limestone boulders are fun to climb and have been shown in some movies.
- There are no swear words in the Maori language.

"I am a child of God" in Maori

Pronunciation: Ko-OW e-TAY taw-MY-tee o TAY ah-TWO-a

Ko <u>au</u> ite

tamaiti o te

Atua

## Spaghetti on Toast

Spaghetti on toast is a popular meal for kids in New Zealand and Australia. Remember to get an adult's help when cooking. canned or homemade spaghetti sauce

2 slices of bread grated cheese (optional)

- 1. Cook noodles according to the directions on the package. 2. Heat the spaghetti sauce in the microwave or on the stovetop.
- 3. Toast the slices of bread.
- 4. Place the toast on two plates and scoop noodles and spaghetti sauce on top of the toast. Top with grated cheese and enjoy!

## Time Capsule **Family History: I Am Doing It!**

Sometimes our ancestors leave behind objects or stories that help us get to know them better. What do you know about your ancestors? You can make a time capsule to help your future self remember the things that are important to you now. It can be an envelope, box, jar, book, or folder where you keep things that help you remember what your family was like, your testimony, what you've accomplished recently, your wishes for the future, and other important events. After you've filled your time capsule, put it somewhere safe and choose a date to look at it again. What do you think will be the same? What will have changed? (For more time capsule ideas, see Friend, Jan. 2011, 12.)

LLUSTRATIONS BY BRAD TEARE

## 

#### What if you could meet any prophet from the Book of Mormon. Who would you like to meet? Why?

"Honour thy father and thy mother" (Exodus 20:12). Sunlight streamed through the back door as Bella ran inside with her best friend, Maria.

"Mom, can we go walk our dogs?" Bella asked. "Sure," Mom said. "But just go around the block. Dinner is almost ready."

"OK. Thanks, Mom!" Bella called as she and Maria put leashes on their two Chihuahuas and raced outside.

Bella and Maria had been friends ever since Maria moved in across the street. They were in the same class at school, went to Primary together, and played together almost every day after school. Last year they had both gotten Chihuahua puppies together. They named them Pip and Pat.

Bella felt Pip give a little tug on his leash as they started walking. "Hey," Maria said, "let's go up the hill to see Megan."

"I can only go around the block," Bella said.

"Your mom will never know unless you tell her," Maria said.

"I can't lie to my mom."

"Well, I'm going. If you're such a baby about it, then

## CHARACTER CONTRACTOR OF CONTACTOR OF CONTRACTOR OF CONTRAC

I guess I'll just make Megan my new best friend."

Bella couldn't believe what Maria had just said. She felt a lump in her throat. "So I guess we're not friends anymore," she said, her voice cracking, "because I won't disobey my mom."

"Whatever." Maria pulled Pat's leash and started up the hill to Megan's house.

Bella watched her go, then turned around and started slowly back to her house with Pip. After a minute she began to run. She wanted to get inside before anyone saw the tears streaming down her face. Pip raced behind her.

#### Was obeying her mom worth losing her best friend?

"What happened?" Mom asked as Bella burst into the front room.

Bella choked back her tears as she told Mom what Maria had said. Mom listened and wrapped her arms around Bella in a big hug.

"Sometimes it's hard to do what's right," Mom said, "but I'm proud of you for obeying, even when your friend wanted you to do something else."

"But now she's not even my friend anymore," Bella said as she wiped away her tears.

"Sometimes our friends make mistakes," Mom said. "But the best friends are the ones who help us choose the right. You were a good friend because you showed Maria it's important to obey your parents. If she's really your friend, she'll realize that and be your friend again."

The next day Bella was playing with Pip when she heard a knock on the door. It was Maria on the porch with Pat at her feet. Maria's eyes were swollen and red, just like Bella's had been the night before.

Maria had an envelope in her hand. It was decorated with little red hearts and had Bella's name across the front.

"I'm sorry about yesterday. I hope you'll read my note," Maria said as she handed Bella the envelope. "Will you still be my friend?"

"Of course," Bella said.

Maria still looked sad. "I shouldn't have told you to disobey your mom."

"It's OK." Bella smiled. "Now let's go ask my mom if we can ride bikes."

Pat tugged on his leash and ran inside to find Pip. Bella and Maria laughed. It felt great to be all together again. The author lives in Utah, USA.



"A true friend strengthens us to stay on the strait and narrow path." Elder Robert D. Hales of the Quorum of the Twelve Apostles "Stand Strong in Holy Places," *Ensign*, May 2013, 49.



Favorite songs to play: "I Am a Child of God" and "Book of Mormon Stories"

I practice as much as I can. I love to play the piano because it makes me feel good.



Favorite

When I pla I feel like I w whole wor Church is ti Joshua

> I ha the hor pro the righ

Here's how so

using the "I C

THEY CAN

"I Am a Child of God"

Favorite song to play:

I got to play the "I Can Play It!" songs in our Primary program. Sharing our talents shows Heavenly Father we are thankful for the talents He gave us.

> My Primary presidency asked me to play prelude for junior Primary. The "I Can Play It!" songs are just perfect for that job!

> > Elsie W., age 9, Utah, USA

Favorite song to play: "Baptism"

I think Heavenly Father is really happy when I play Church songs. I can feel the Spirit when I play them.





#### e song to play: "If the r Stood Beside Me"

S., age 10, Utah, USA

#### Favorite songs to play: "I Am a Child of God" and "My Heavenly Father Loves Me"

ve had such a fun time playing "I Can Play It!" songs for family ne evening and in Primary grams. When I'm sad, playing piano makes me feel better It away.



Children in the **Peachwood Ward, Salt Lake** Granger Stake, Utah, USA, put together notebooks of the "I Can Play It!" songs. After they practice the songs, they get to play them as prelude music for sharing time.

#### ome of our readers are Can Play It!" songs.

## PLAY IT!



#### Favorite song to play: "Nephi's Courage"

I was able to play all the songs for our Primary program without making any mistakes. I'm glad my hard work paid off!

#### Favorite song to play: "If the Savior Stood Beside Me"

The "I Can Play It!" songs make me feel happy and calm. If I'm angry and I play a Primary song, then I don't feel angry anymore. Miranda W., age 10, Utah, USA

Brinlee and Eli S., age 4 and 2, Utah, USA, like to play the "I Can Play It!" songs with help from their mom.



#### What Jesus Taught

After He was resurrected, Jesus visited some of His disciples. One of the disciples, named Thomas, wasn't there, and he didn't believe that Jesus had actually risen from the dead.

Eight days later, Jesus appeared to the disciples again. Jesus knew Thomas was having a hard time believing, so He invited Thomas to touch His hands and side to see that He was real. Then He said, "Be not faithless, but believing" (John 20:27). Jesus helped Thomas have greater faith.



## This Month's CHALLENGES

Help someone younger with something that is hard for him or her.

Compliment someone who is trying hard.

Say something encouraging to someone who has made a mistake.

I challenge myself to . . .

#### Following Jesus Today



My friends and I were doing a play. There was a girl nobody talked to. My friend said something mean about her, and I did too. I felt really bad about it. The next day my friend made fun of her again. I said, "Maybe she needs a friend." I went and talked to her. I told her she was doing a good job. She smiled for the rest of practice. I was glad I could make her day a little brighter.

Lauren C., age 11, Utah, USA



One morning at school, I noticed a boy from my class wandering on the sidewalk. This boy has autism, and I was afraid he did not know where to go. I told my friend to come with me. I made sure he stayed with me all the way to class. When we got there, he said, "Thank you!" I'm glad I could help a friend.

Henry L., age 7, Massachusetts, USA



## Hidden Picture

This family is making sure that Mom feels extra loved for Mother's Day. Can you find the things hidden in this picture?



How could less candy taste better than more?

Sweets

Sharing

By Cherie Sebring (Based on a true story)

"It is more blessed to give than to receive" (Acts 20:35). S. Ward stood at the front of the room. She held a big jar full of small folded papers. "It's time to pick our homework winner," she said.

Sam, Miles, and Jake sat up in their chairs. Every day they spent part of school in a speech class together. And every time they did their class homework, they got to put their name in a jar. At the end of the week, Ms. Ward drew a name out of the jar, and that person won a prize.

Ms. Ward put her hand in the big jar to pull out a name. As they watched, each boy was thinking about what he wanted to win.

"I hope it's a race car," Miles said.

"I want a coloring book," Jake said. "What do you want, Sam?"

Sam looked at the big jar. He hoped the prize was candy. He could almost taste it.

Ms. Ward took a name out of the jar and held it up. "Sam is our winner this week," she said.

Sam grinned when she handed him the prize bag. And when he saw what was inside, he grinned even more. There were five pieces of yummy-looking candy! He didn't know if he could wait till the end of class to eat them.



Then Sam looked at Miles. He looked kind of sad. And Jake was just staring at his workbook.

Sam thought about it. He won the candy for himself. But there was plenty to share. He knew Jesus said to treat others the way we want them to treat us. And when he looked at Miles and Jake, Sam knew what he should do.

When the bell rang at the end of class, Ms. Ward said, "You may eat your candy now, Sam."

Sam smiled. "Thanks, Ms. Ward. But I don't think I should eat it all." Then he handed two pieces of candy to Miles and two pieces to Jake.

"Wow, thanks!" they both said as they opened their candy.

Sam looked down at the one piece of candy left in his hand. He slowly took the wrapper off and popped the candy in his mouth. It was just as good as he had hoped. Sam smiled as he looked at his friends eating their candy. Sharing the candy seemed to make it taste even better. The author lives in Utah, USA.



One day my mom made our favorite food for lunch. My little sister and I were so excited. But when my mom gave it to my sister, the bowl slipped and broke all over the floor. My sister cried. I wanted to eat my food by myself, but I decided to share it with her. I only got to eat

half of what I wanted to eat, but it made me so happy because my sister was happy.

Akemi M., age 5, with Izumi, age 3, California, USA

## I Want to Be a Mom

From an interview by Linda Davies

B

#### How did you prepare to be a mom?

Being a mom is the most important job I've ever had. I started preparing to be a mother when I was very young. My mom was my first and best example. She was patient and always loved me, no matter what. When I grew up, I worked as a television journalist and interviewed many people from all over the world. The experiences I had before I became a mother helped me appreciate what a special responsibility being a mom is.

#### What are some things a mom does?

I love to say that I'm a mom. I do lots of things for my children every day. I cook for them. I wash their clothes. I drive them to school. But the most important part of my job is to teach them. I teach them to be kind and honest and to work hard and do their best. I teach them to serve others.

Being a mom can be lots of fun! My kids

and I love to make brownies, go to baseball games, make s'mores over a campfire, and sing Primary songs together.

#### What is the best part of being a mom?

The best part is when I see my children saying their prayers. Or when they reach out and help someone who is lonely or sad. I love it when my children give me big hugs and tell me how much they love me. No other job in the world could bring me such joy!

#### How does being a mom help your testimony?

Being a mom is not always easy. Sometimes it's really hard. But I've learned to rely on Heavenly Father, and He helps me make good decisions for my family. I'm a better mother when I listen to the Spirit. I hope my children will always remember that I have a strong testimony of the gospel. I hope they feel that Heavenly Father and Jesus love them every single day.

> My name is Jane Clayson, and I'm a mom.

> > PHOTOGRAPHS COURTESY OF JANE CLAYSON



#### SPECIAL WITNESS



**By Elder Richard G. Scott** Of the Quorum of the Twelve Apostles

The members of the Quorum of the Twelve Apostles are special witnesses of Jesus Christ.

### How can I help my family have a Christ-centered home?

Always think about

what Jesus would

have you do.

Remember that the things you do affect everyone who lives in your home.

Obey the commandments and serve others unselfishly.

Say your prayers

every day.

Adapted from "For Peace at Home," Ensign, May 2013, 29–31. for little friends

#### Big Enough By Wendy Ellison (Based on a true story)

Carlos was too small to walk the dog or mow the lawn. But he was big enough to help.



He could help Dad wash the dishes, and he could help Mom fold clothes.

One day Carlos was helping Grandpa pull weeds when Mrs. Lopez walked past.

"I need to pull my weeds today too," she said.

*Mrs. Lopez looks busy*, Carlos thought. When she went inside, he grabbed a big bucket and started pulling weeds in her flowerbed.

Carlos worked until the weeds were all gone. Then he grabbed his bucket and hurried back to his house. *Mom's probably cooking dinner,* Carlos thought. *And I'm big enough to help!* 

## A Big Helper

Carlos likes helping at home. How many things can you find that Carlos could help with?

How can you help out at your home?

You can wear this badge to show your family that you can help.

You can print more badges at friend.lds.org.

I'm

big enough

to help!
#### FRIEND FIGURE

ILLUSTRATIONS BY APRYL STOTT

# Sophie from New Zealand

Sophie is ready to go to the beach near her home, but you can also dress her in church clothes or in a traditional Maori outfit. Glue this page onto heavy paper before you color and cut out the pieces.



FRIENDS AROUND THE WORLD

# Kia ora e hoa ma!\*

# I'm Hyrum from NEW

### From an interview by Amie Jane Leavitt

re there penguins Awhere you live? Well, not only are there penguins where 10-year-old Hyrum K. lives, but they are tiny blue penguins! The South Island of New Zealand is a very beautiful place. It has lots to see, from rugged snow-covered mountains called the Southern Alps to heaps of sheep that roam the green mountain valleys. \* "Hello, friends!" in Maori.

I live in a small town on the eastern coast of the island. The blue penguins that live nearby are the smallest penguins in the world. Their feathers are the same color as the sea.



For my town's Victorian heritage celebration, we dress up in oldfashioned costumes. One year I got to ride a high-wheeled bicycle called a penny-farthing.



One time at school I told my friends what church I belong to. I also told them I believe in Jesus Christ. It made me feel good to talk about what I believe. I'm proud to be a member of the Church.



I love spending time with my family. We go on picnics together at the park and play games like dodgeball, soccer, spotlight, and water-balloon fights.

Our family goes to church in a small chapel. There are a lot of children in our branch, so I have lots of friends at church. I like learning about the scriptures. One of my favorite Book of Mormon stories is about Samuel the Lamanite.





After school I play on a soccer team. I am also part of a musical theater club. We sing and dance onstage in big performances. When I grow up, I'd like to be either a schoolteacher or a famous actor.



Cut out the stamp and add it to your passport from the January issue.



### I LOVE TO SEE THE TEMPLE

The Hamilton New Zealand Temple is about 17 hours away from where Hyrum's family lives. To get there, they drive all the way up the coast of South Island, take a ferry, and then drive another 10 hours! They try to visit there once a year.



### **READY TO GO!**

Hyrum's bag is packed with some of his favorite things. Which of these things would you pack in your bag?



By Jennifer Maddy (Based on a true story)

<mark>"I can</mark> do and say happy things each day" (Children's Songbook, 163).

Zoe got out of bed and put on her fuzzy slippers. It was Saturday! That meant extra time for games on Mom's phone!

Zoe went into the family room and snuggled into a chair with the phone. She loved playing games. When she was tired of one game, she opened another. And then another.

After a while Mom came in. "Zoe, I think it's time to put it down," she said.

"Not yet!" Zoe said.

"You've played enough today," Mom said. "Why don't you go outside or color a picture?"

Zoe didn't want to play outside or color. She frowned as she handed Mom the phone.

The next Saturday when Mom came in and asked for the phone, Zoe looked sad again. The same thing happened the next week.

Finally Mom said, "I don't think playing on the phone so much is making you happy. Next Saturday you can play for a little while, and then you need to do something else."

Zoe tried not to think about next Saturday.

Race you to the

sprinklers!

LUSTRATION BY BRYAN BEAC

Let's go play outside.

But Saturday came. Mom set a timer, and when it went off, Zoe knew her phone time was up. She trudged into the backyard.

The sun warmed Zoe's face. It made her feel a little better. She looked down and saw daisies in the flowerbeds. Zoe smiled a little. *When did those get there?* She picked a few and tied the stems together to make a necklace. Soon Mom was calling her for lunch.

The next Saturday, Zoe felt a little sad when Mom took the phone. But she went to her room and colored a picture. Mom said it was beautiful.

A few weeks later when Mom came into the family room on Saturday morning, Zoe had just put down the phone.

"Are you already done?" Mom asked.

Zoe nodded. "Can I go play in the sprinklers?"

Mom smiled. "That's a great idea. Let's find you a towel."

Zoe laughed as she skipped through the sprinklers. Then she pretended she was a mermaid. She liked playing games on the phone, but there were a lot of other fun things to do on a Saturday morning.

The author lives in Utah, USA.



40 Friend

### FRIEND TO FRIEND



From an interview with Bishop Dean M. Davies, Second Counselor in the Presiding Bishopric; by Linda Davies

# The Toy Truck

"The Lord thy God shall bless thee in all thy works" (Deuteronomy 15:10).

When I was about seven years old, I saw a toy truck at the store that I really wanted, and it only cost 98 cents! I ran home to my mother and asked her for the money to buy it. In her wisdom, she said no, she wouldn't give me the money. But if I wanted it, I could earn it.

She suggested that I ask our neighbor, Sister Anderson, if I could mow her lawn. Sister Anderson offered to pay me \$1.50. Her lawn had some very tall grass, and she had an old-fashioned push mower without a motor. It was very hard work, but after two hours, I finished mowing and had \$1.50 in my pocket. I had painful blisters on my hands,

and I was very tired. But on the inside, I was happy.

I worked hard and paid my tithing. Finally I was able to buy the toy truck all by myself. At that moment I realized the blessings of work. If I was willing to work, I could do many things in my life. I learned to enjoy work. I wanted to mow even more lawns and make each one even more beautiful than when I started on it.

I learned that whatever we do, extra effort makes a difference and makes us happy too.

## Families Are Blessed When They Follow the Prophet



hen Tomás got home from school, everyone seemed busy.

"Shut the door," Diego said when Tomás came in their room. "I can't do my homework with so much noise!"

Tomás went into the living room. His younger sisters both wanted the same toy at the same time. "Give it to me!" Luiza said, trying to grab a doll away from Stella. "I had it first!"

Tomás went into the kitchen. Mom was holding the baby in one arm while she stirred the soup. "Dad is going to be late tonight. Will you set the table for me?" she asked.

When everyone had finished eating, Dad came home. He looked tired.

*What can I do to help everyone be happier?* Tomás wondered. Then he remembered what day it was— Monday! Family home evening would make things better!

But when he mentioned family home evening to Mom, she sighed. "I don't know if we have time for it tonight," she said.

Tomás thought about how the prophets said that family home evening was very important and that it would bless their lives. "But, Mom," Tomás said, "we really need family night!" Mom thought for a minute. "You know what? I think you're right," she said. "Let's clean up so we can get started."

At the end of family home evening, Tomás knelt to pray with his family. He felt good inside. His brother still had a project due, his mom was still busy, and his dad was still tired. But everyone seemed a little happier, and his home felt more peaceful.

Tomás smiled. Following the prophets always made things better.  $\diamondsuit$ 

### SONG AND SCRIPTURE

- "Follow the Prophet" (*Children's Songbook*, 110–11)
- 2 Peter 3:2; Mosiah 2:1, 6–7

### IDEAS FOR FAMILY TALK

Talk with your family about the prophet's messages to us in general conference last month. You could choose one thing he asked us to do and plan how your family will follow his counsel.

### LISTENING TO THE PROPHET

In the Book of Mormon, a prophet named King Benjamin called people together to listen to his words. Many families gathered together to hear the prophet. They set up their tents near the temple. With your family you could make a tent out of blankets indoors or gather together outside. Then you could take turns sharing words of the prophet from general conference.

### By Mackenzie Van Engelenhoven

(Based on a true story)

*"If there is anything virtuous, lovely, or of good report or praiseworthy, we seek after these things" (Article of Faith 1:13).* 

A lasdair sat up straighter in his red velvet chair as the lights began to dim. The people in the theater stopped chatting and looked up at the stage. Alasdair's sister, Sutton, folded her program. Then she caught his eye and smiled. "Ready, Al?" she asked.

Tonight was Alasdair's first time at the theater. His parents loved to watch plays, and when Sutton turned 10, they

started taking her with them. Now Alasdair was finally old enough to go too!

Overture—music at the beginning of the play

The orchestra began the

**overture.** Then the actors walked out on stage and the show began.

Alasdair loved the play. It had adventure, mystery–and even some great jokes! When the show ended, all the

actors came out for their

**curtain call.** As Alasdair joined the applause, he had a good feeling, like he sometimes got in Primary. Was he feeling the

**Curtain call**—when the actors take their bow at the end of a play

Holy Ghost? It can't be. I'm not at church! Alasdair thought.

On the way home, Alasdair sat by Sutton on the subway. "Did you like the play?" she asked as the train rattled through the dark tunnels.

Alasdair nodded. "I loved it!"

"Me too," Sutton said.

Alasdair thought about how good he had felt during the play. "Sutton," he said, "when we were watching the play, I felt happy, sort of like I do at church. But the play wasn't about the gospel!"

"That was the Holy Ghost," Sutton said as the train stopped and they followed their parents onto the platform. "He can tell us what's good for us to be around and what isn't. Did you think the play had a good message?"

"Yes," Alasdair said. "It was about being kind to other people."

"Right!" Sutton said as they climbed up the escalator behind their parents. "The Holy Ghost is always there to tell us when things are good for us to be around—not just when we're at church. We just have to listen."

A few months later, Alasdair went to the theater again with his family. His mother smiled as they looked through the program together. "A lot of people have liked this play," she said. "It should be good!"

After the show started, Alasdair started to get a bad feeling. The characters in the play weren't very nice to each other, and some of them used language he knew wasn't good. At **intermission**, he leaned over to talk to Mom and Dad. "I don't like this play," he said. "It isn't making me feel good."

"Me neither," Sutton said. "Maybe we should leave." Intermission—a short break in the middle of a play

"That's what Mom and I were thinking," Dad said. "Let's go."

"I don't get it," Alasdair said as they left the theater. "Why did I feel bad during the play? The last time we were at the theater, I felt so good!"

"Maybe it's because the Holy Ghost wasn't there," Sutton said. "It didn't feel very good," Alasdair said glumly.

"It's important to pay attention to how we feel when we watch things," Sutton replied. "That's how the Holy Ghost tells us what's good and what's not. He can help us know when we're somewhere we shouldn't be."

As Alasdair walked with his family down to the subway station, he noticed that the bad feeling was starting to go away. Instead he was feeling happy that he had made the right decision.

Alasdair ran to catch up with Sutton. "I hope we go back to the theater soon," he said to her. "But I'm only going to see plays the Holy Ghost can see too!" The author lives in Massachusetts, USA.



# Uplifting <sub>Downloads</sub>

### By Michelle D., age 12, Utah, USA



One Saturday morning I found myself glaring at the mess of clothes, trash, and toys littering my bedroom. I wanted to

be outside, not cleaning my room. Sighing, I placed my headphones into my

ears and started cleaning.

Soon I began to get tired of my same old songs. I talked to Mom, who sug-

gested we put a few new songs on my MP3 player. I began thinking of favorite songs I wanted to add.

Then Dad reminded me of a website where I could download Church music for free: **youth.lds.org**. At first I wasn't too excited about the idea. I kept thinking instead about popular songs on the radio. Still, I was curious, so I decided to give these new songs a try.



At first I wasn't too excited to look at songs on LDS.org. Still, I was curious . . . went downstairs and began to clean. The EFY songs were upbeat, like the other songs I listened to, but they also had inspiring messages. The music picked me up and kept me moving beyond the time it took me to clean my room. All day long

I found myself working and helping people. I had found my working tool!

Since then I have used these songs in a lot of ways. I have used them for parties, cleaning, exercising, family home evening, and creative thinking. I'm still discovering new ways to use them. I am grateful for the songs on the Church youth website.  $\blacklozenge$ 

### FIVE FUN THINGS TO DO ONLINE!

- 1. Talk to Grandma and Grandpa or other family members through video chat.
- 2. Explore history, science, and other subjects.
- 3. Read stories, play games, and watch videos at **friend.lds.org.**
- 4. Create a family video. Ask a parent to help you share it with your family online.
- 5. Make a yummy treat from a recipe you find online.

Remember to ask a parent for permission when searching the Web or downloading apps or music.



## 20 Questions

Here are some fun questions you can answer with your friends, brothers and sisters, or by yourself! Start at the top of the list and see how far you can go!

- 1. If you could go anywhere in the world for just one hour, where would you go?
- 2. If you could live inside a scripture story, which story would you choose? Why?
- 3. Which do you like better-summer or winter?
- 4. What do you know how to do that you can teach someone else?
- 5. What is the nicest thing someone has done for you?





- 6. What's your favorite thing to do outside?
- 7. What makes a good friend?
- 8. What sport (that you haven't tried) do you think you'd be good at?
- 9. What would you do if you were invisible for a day?
- 10. Finish this sentence: "Three things I can do to help my family are ..."
- 11. How is a shovel like a spoon? How are they different?
- 12. Can you say the alphabet backwards? Is it easy or hard?
- 13. Can you think of three words that describe a banana? A football? A school bus?
- 14. What are three questions you could answer by saying "six"?
- 15. How is swimming like running?

16. If you could go back in time, who would you visit? Where would you go?17. "That's so high!" Collin said. What could Collin be talking about?18. Can you think of any words that rhyme with *lion? Maze? Right?*19. If you rearrange the letters in *choose the right*, what words can you spell?20. Name three sounds you have never heard.



### How to Write to the Friend

To send us a letter, drawing, poem, or photograph ....

- 1. Fill out the form below and include it with your submission.
- 2. Include a school photo or high-quality snapshot.

3. We might edit your submission for length or clarity, and we can't return it to you.

4. You must be at least three years old to send us a submission.

Please send your submission to:

### Friend Magazine

#### First and last name

#### Age State/Province, Country

I agree to the terms of the Friend Submission Agreement (Ids.org/friend/ parentalconsent) and grant permission for the Friend to publish my child's submission and photo in print or online.

Signature of parent or legal guardian

Email of parent or legal guardian

50 E. North Temple St., Rm. 2432 Salt Lake City, UT 84150-0024 Or email: friend@ldschurch.org

The following information and permission must be included:

# Through Your Eyes





Heavenly Father has blessed me with a beautiful world to live in. Here is a picture of a beautiful shell I found at the beach. Naomi D., age 5, Hawaii, USA

### The Last Laugh

I'm washing our car with a hose. Which works well enough, I suppose. But something lots better To get things lots wetter Would be a pet elephant's nose!

### **Hidden CTR ring** Did you find the ring?

Look on page 43!

### riend.lds.org!

 Play games and watch videos. Read the Friend online.

#### **Funstuff Answers**

Page 3: trying, following, love, say, choice, listen, voice, another, kindness, gentle, loving, deed, thought, taught Page 12: Across: Eve, Lucy Smith, Rachel, Hannah, Sarah; Down: Mary, Elisabeth, Sariah

### OLD TESTAMENT SCRIPTURE FIGURES



Glue this page to heavy paper or cardboard. Then cut out the figures and attach them to craft sticks or paper bags. You can use them to help act out your favorite Old Testament stories.



Dear Parents and Teachers,

How can we help children navigate a technology-filled world? See the topic "Media" in the column below to find stories and activities from this month's Friend to help your family make wise media decisions. If you're looking for uplifting media for your little ones, check out the videos section of **friend .lds.org** for new music videos of the sharing time songs.

Happy viewing!

The Friend

Order the Friend at store.lds.org!



Resources for Teaching Children Stories, activities, and

Visit "Resources for Teaching Children" at lessonhelps.lds.org for stories, activities, and media to use at home and in Primary.

Find videos and games for kids at friend.lds.org.

### Topics in This Issue

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### mily Home Evening Ideas

**GENERAL CONFERENCE:** Check out pages 13–17 to read about last month's general conference. For full conference archives, visit gc.lds.org.

**TRYING TO BE LIKE JESUS:** Read President Eyring's message (page 2) and watch a video of the Mormon Tabernacle Choir singing "I'm Trying to Be Like Jesus" at friend.lds.org. Turn to page 31 and talk about ways your family can follow Jesus.

**THE FAMILY IS OF GOD:** Celebrate moms this month by reading "What Was I Thinking?" (page 8) and making a card (page 12). Find other mom-related stories on pages 10 and 30. For more resources about God's pattern of families, visit lds.org/go/FRMarriageandFamily.

**LEARN SOMETHING NEW:** Explore the island nation of New Zealand on Bulletin Board (page 20). You can make *poi*, learn Maori words, and make spaghetti on toast! Don't forget to cut out the figure on page 35 and read about Hyrum on page 36.



THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS