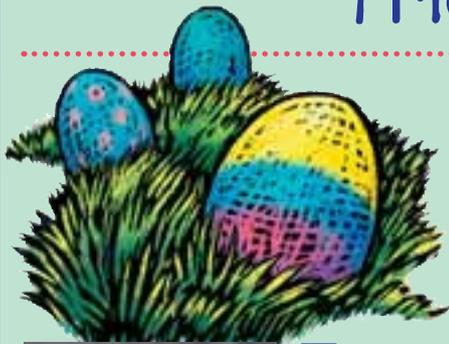


the Friend

MAY • 2007



Friends by Mail



Easter Prayer

On the day before Easter I rode my bike to my great-grandpa's house for an Easter egg hunt. I found 26 eggs.

It was fun. After the hunt, I played army games with all my cousins and brothers. I climbed into the barn hayloft to spy. I walked across a beam and slipped off. I landed on the lawn mower below. It hurt, but I only got a few scratches. I know that Heavenly Father protected me from getting badly hurt because every morning my family prays that we will be safe. Heavenly Father answered our prayer, and I am thankful.

Jayden K., age 9, Idaho



A Friendly Gift

In the *Friend* I read about a girl who gave the scriptures to her schoolteacher. I thought about it and decided that I wanted to do the same thing.

I told my mom, and the next day I wrapped up the scriptures and took them to school. When I gave them to my teacher I felt a good feeling in my heart. It came from the Holy Ghost.

Julia W., age 7, California



Together in Primary

While we lived in Puerto Rico for nine months, my whole family was in Primary together. My mom was in the presidency, my dad was a teacher, and the six children were students. It was fun, but it won't be that way again because I am going on to Young Women.

Thank you for the *Friend*. My whole family loves to read it. We wish you could send a copy every single day!

Bekki B., age 11 (second from left), Utah



I Love the Friend

Ilove the *Friend*. The greatest thing about it is that both young and old can read it. I'm 12 and in Young Women. While I read the *New Era* and other

Church books, I still remain faithful to the *Friend*. I'm happy to see Matt and Mandy back.

Demi S., age 12, California

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the friend

See the
Guide to the Friend
(inside back cover)
for family home
evening ideas.



A children's magazine published by The Church of Jesus Christ of Latter-day Saints

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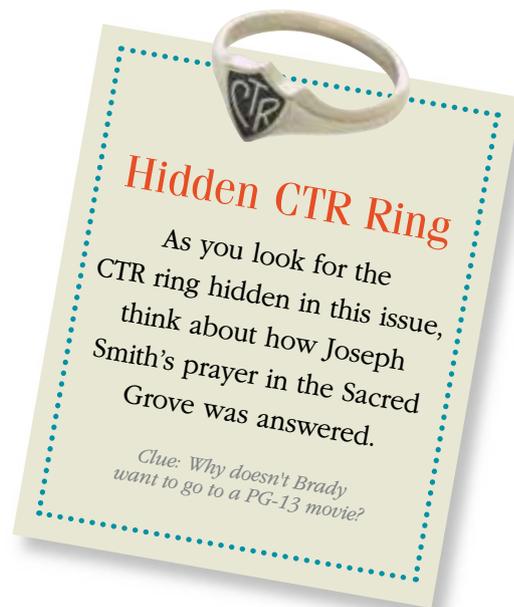
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Cover by Brad Teare

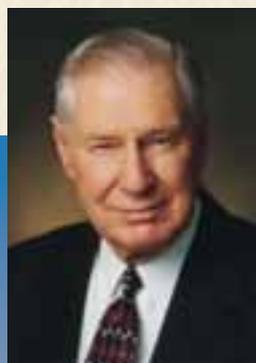




Don't Be Afraid to Be **Different**

BY PRESIDENT JAMES E. FAUST
Second Counselor in the First Presidency

Young Joan of Arc, one of the greatest heroines in history, became the unlikely standard-bearer for the French army in the Dark Ages, long before the gospel was restored. Joan had the Light of Christ and also the courage to follow its promptings and make a difference. Joan was a peasant girl who could neither read nor write. Long years of war had impoverished and divided her country. At 17, sensing her life had a purpose, she left home, determined to help liberate her oppressed country. People scoffed at her ideas and thought she was a little crazy, but in the end she persuaded them to let her have a horse and an escort to go and see the king.



Through the example of Joan of Arc, President Faust shows what great things can be done by those with the courage to follow their conscience.

Young King Charles VII had heard about Joan and decided to test her. He slipped into the ranks of the army and let one of his trusted associates occupy the throne. When Joan came into the room, she barely acknowledged the man on the throne, but promptly walked up to Charles and curtsied to him. This so impressed the king that he gave her command over his 12,000 troops. At first the French soldiers did not want to obey her, but when they saw that all who followed her succeeded and all who disregarded her failed, they came to look upon her as their leader.

Clad in a suit of white armor and flying her own standard, Joan of Arc liberated the besieged city of Orleans in 1429 and



defeated the English in four other battles. Twice she was wounded, but each time she recovered and went on fighting. Her orders seemed to be those of a military genius.

She was captured by English allies and burned at the stake in 1431. Although this is a sad ending, it does not take away from Joan's greatness. She was courageous enough to follow the personal inspiration to which all of us are entitled.

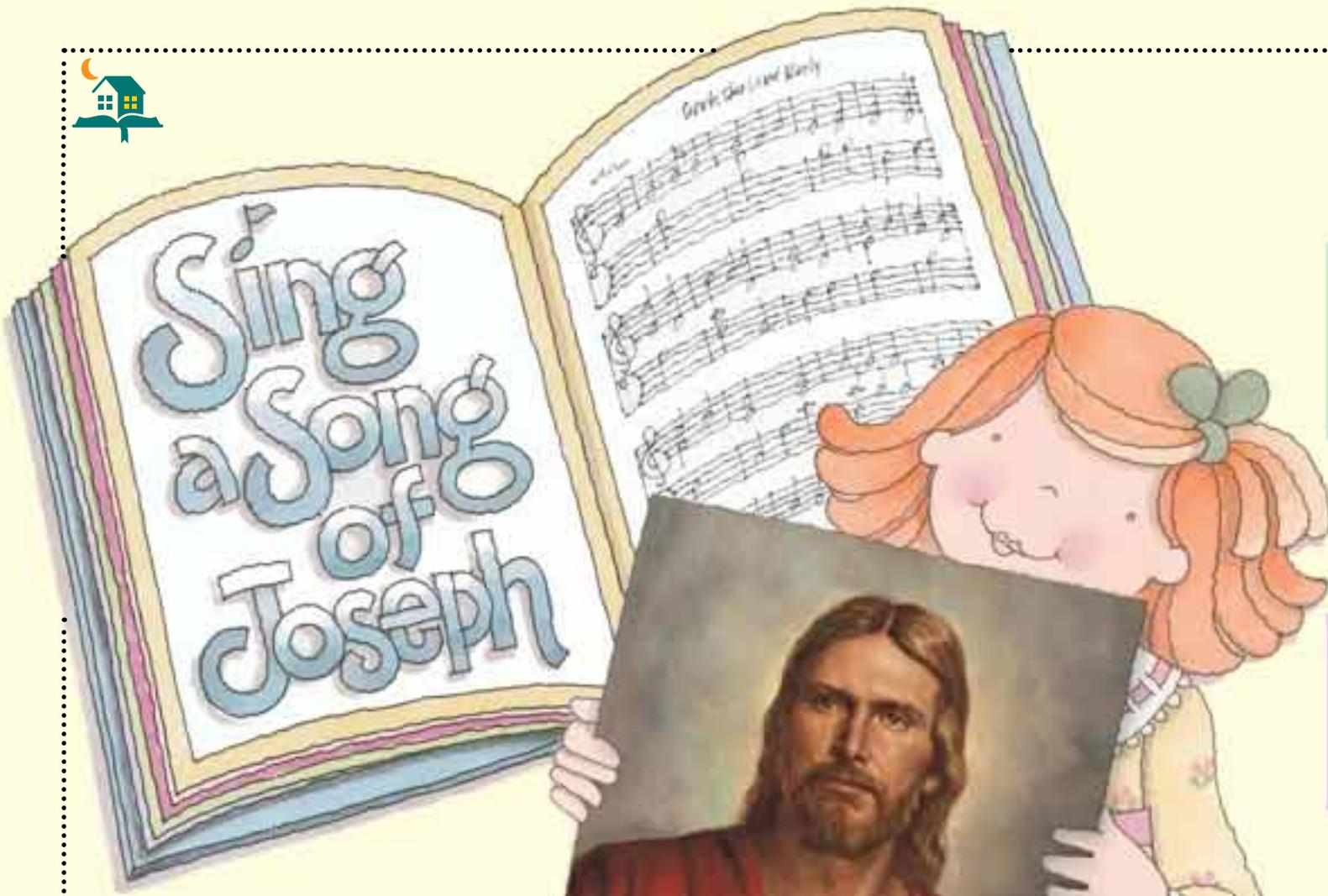
To other girls in the fifteenth century, Joan of Arc seemed to be very different. Don't be afraid to be different in our century! Sometimes we have to be different in order to maintain Church standards.

So I repeat, don't be afraid to be different, but be as good as you can be. ●

From an April 2006 general conference address.

THINGS TO THINK ABOUT

1. People laughed at Joan in the beginning. Why did they come to respect and follow her?
2. What are some ways in which you might need to be different from others in order to follow your conscience and obey the Lord?
3. Joan of Arc suffered death for following her beliefs. What are some things you fear you might suffer for following yours? How can you find courage to follow them anyway?



BY KERRI ROBINSON

To learn about the Restoration of the gospel of Jesus Christ, tell and sing this story of Joseph Smith with your family, Primary class, or friends. You can have one narrator, or each take turns reading and holding the pictures.

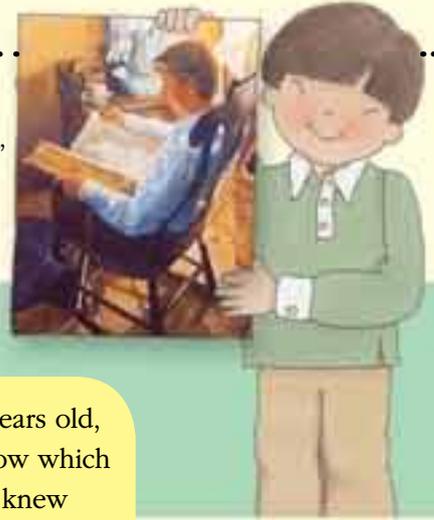
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Heavenly Father and Jesus Christ had a special mission for a certain man.

Note: Most pictures are from the Gospel Art Picture Kit (240, 402, 403, 404, 406, 520, 400). Substitutes can be found in ward/branch library. All songs are from the Children's Songbook.

As a young boy, Joseph Smith had many questions about religion. He studied the Bible often, and found an important scripture in James 1:5: "If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him."

Song:
"Seek the
Lord Early"
(p. 108)



When he was 14 years old, Joseph wanted to know which church was right. He knew he needed to ask Heavenly Father to help him know the truth. On a beautiful spring day, Joseph walked to a quiet place and knelt in a grove of trees to pray. Something happened that day that changed the world.

Song: "This Is My
Beloved Son"
(p. 76, verse 3)



Joseph saw Heavenly Father and His Beloved Son, Jesus Christ. They instructed Joseph not to join any of the churches. What joy Joseph must have felt to know that Heavenly Father loves us, and hears and answers our prayers!

Song: "I Know
My Father
Lives" (p. 5)



When Joseph was 17 years old, he was praying before bedtime when something marvelous happened. Moroni, an angel of the Lord, appeared to him and told him of gold plates. The plates had special inspired writings engraved on them that were recorded hundreds of years ago.

Song: "An Angel Came to
Joseph Smith" (p. 86)



In time,
Joseph received
the gold plates.

6



Song: "The
Golden Plates"
(p. 86)

With the help of
Heavenly Father,
Joseph translated the
words so the ancient
record could be read.
That translation is the
Book of Mormon and
is another witness of
Jesus Christ.

7



Song: "Book of
Mormon Stories"
(p. 118, verses 1,
2, and 8)



Through divine
revelation, Joseph Smith
restored the true Church
on the earth. Its teach-
ings center on our Savior,
Jesus Christ. The Church
is directed by Jesus Christ
through a living prophet.

8



9



Stand and
sing "The
Church of
Jesus Christ"
(p. 77).

Joseph Smith was the first
prophet of the latter days.
He made many sacrifices so
we could have the Church,
the blessings of the gospel,
and the Book of Mormon.
He was called names, beaten,
and died defending the truth.
How grateful we are for our
Prophet, Joseph Smith!



As Joseph Did



BY TARA WADE

Joseph knelt while in his youth
And prayed to the Lord to know the truth.

I will sincerely pray as Joseph did.

He prayerfully translated plates of gold.
He did the work that he was told.

I will serve the Lord as Joseph did.

Joseph received the priesthood dear.
He taught the gospel without fear.

I will defend the Church as Joseph did.

Joseph was martyred in Carthage Jail,
But in his mission he did not fail.

I will obey God's will as Joseph did.

And in these latter days of choices,
I will listen to the prophets' voices.

I will return with honor as Joseph did.



Worship the Lord thy God, and honor thy father and thy mother (1 Nephi 17:55).

Many women of faith influenced me as a boy—especially my mother and my grandmothers. Although Grandmother Dickson died before I was born, my father told me that, when she was newly married, she accepted a mission call with her husband to New Zealand. I admired her courage and faith. I was fortunate to spend time with Grandmother Baird, who was happy and kind. My mother spoke of the hard work and fun of growing up with eight brothers and sisters in Grandma Baird's tiny home in Cowley, Wyoming. The family had little money but lots of love. These women and others helped me learn that happiness comes from living the gospel of Jesus Christ.



From an interview with Elder John B. Dickson of the Seventy; by Hilary M. Hendricks

My mother brought that happiness into our home. She didn't

scold us very often—but she *reminded* us quite a bit. One day my brother and I decided to hike with friends to the lookout tower on “Mount Peak” (Pinnacle Peak), a small mountain near my home in Enumclaw, Washington. The trip took much longer than we had planned. As it began to get dark, I suspected we were really going to be in trouble when we got home. But when we walked in the door, all Mother showed was relief. She reminded us to always let her know where we would be, and we tried very hard to be responsible after that.

One summer we hiked with family members into Crow Basin, high in the Cascade Mountains. My mother loved to hike and fish. She made life fun! So it didn't surprise me on that outing when Mother joined in a horse race. My brother Lynn and I watched from the side as the horses galloped across the meadow. Suddenly, one of the horses tripped and fell down. Through the big ball of dust and commotion, someone shouted, “It's Helen's horse!”—my mother's.



WOMEN

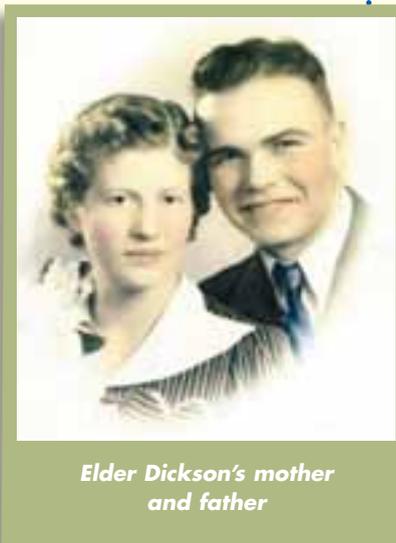
of FAITH



My brother and I ran toward the fallen horse. We were the first to reach Mother. She was unconscious and covered with dust. I thought that she was dead. My father assured me that she was going to be OK, but it was many days before she felt well enough to travel home. At eight years of age, I hadn't thought much about what my mother meant to me. That experience increased my gratitude and love for her.

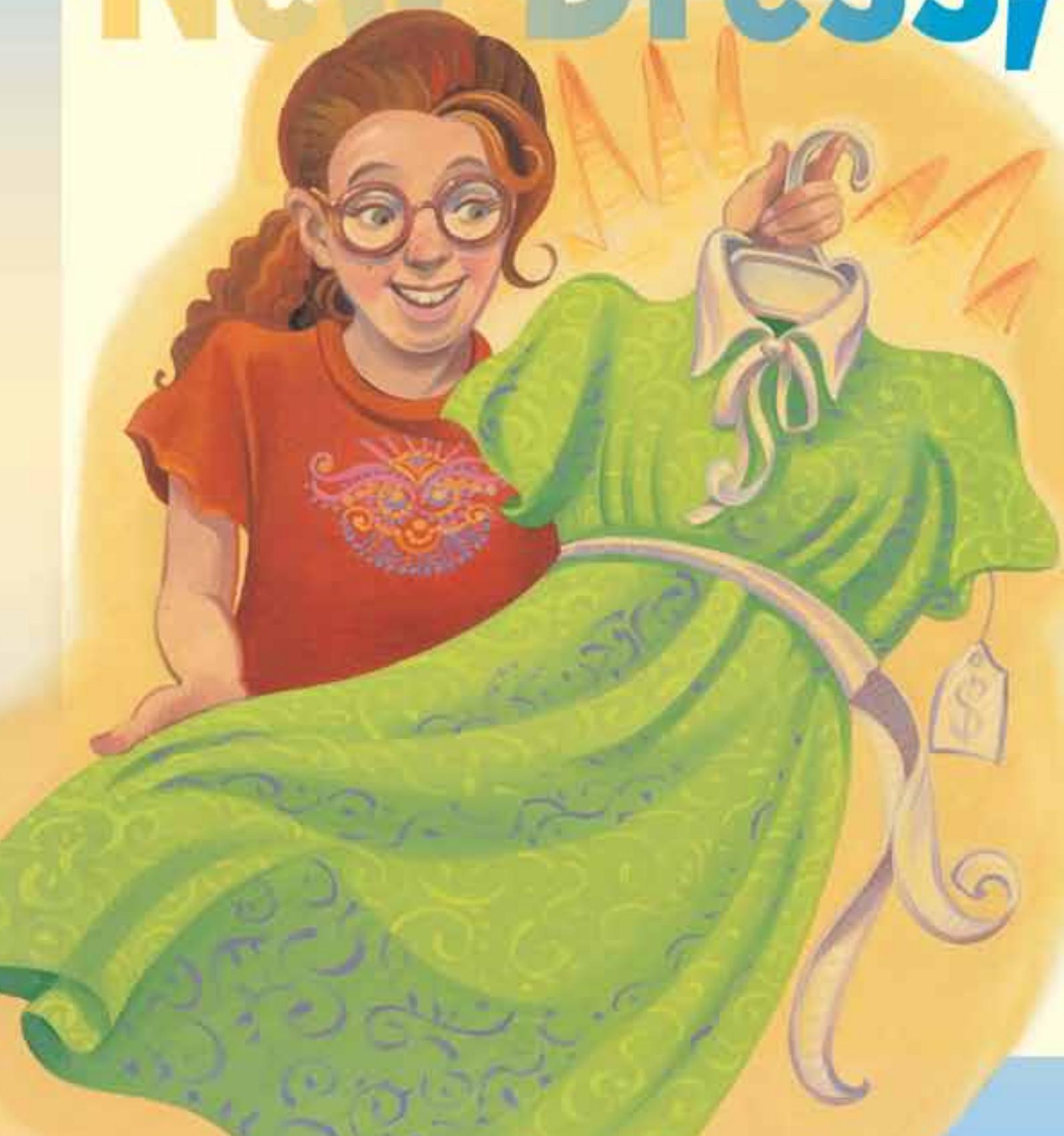
Like my mother and my grandmothers, my wife, Delores, is a woman of faith. She has never complained about our Church assignments. In 1978 our six little daughters were all under age 12. We accepted a call to preside over a mission in Mexico, leaving behind our home and the year's supply of food she'd worked hard to store. A few weeks after we accepted the mission call, she told me, "I think our seventh child is on the way." Delores had no idea what medical care might be available in Mexico, or what having a baby in Mexico might be like. Many years after this experience, she told me that as we were leaving for Mexico on the airplane, she looked at our six beautiful daughters. Silently, she prayed that when we returned home in a few years, each of those six seats would be filled. We came home with eight children—each a blessing from the Lord. Delores likes to say that when we put the Lord's work first, He blesses all our other work too.

Children, you have a wonderful opportunity to learn from the women in your lives. Listen to their counsel. Watch what they do, the way they treat others. Help them as you can and remember to express your love and thanks. I am grateful to Heavenly Father for the influence of women of faith. ●



Elder Dickson's mother and father

New Dress,



BY LINDA G. PAULSEN

(Based on a true story)

By the power of the Holy Ghost ye may know the truth of all things (Moroni 10:5).

I looked down at my lap. No matter how I tugged at my skirt, it didn't cover my knees. It just wasn't fair! I almost never got a store-bought dress. It was a

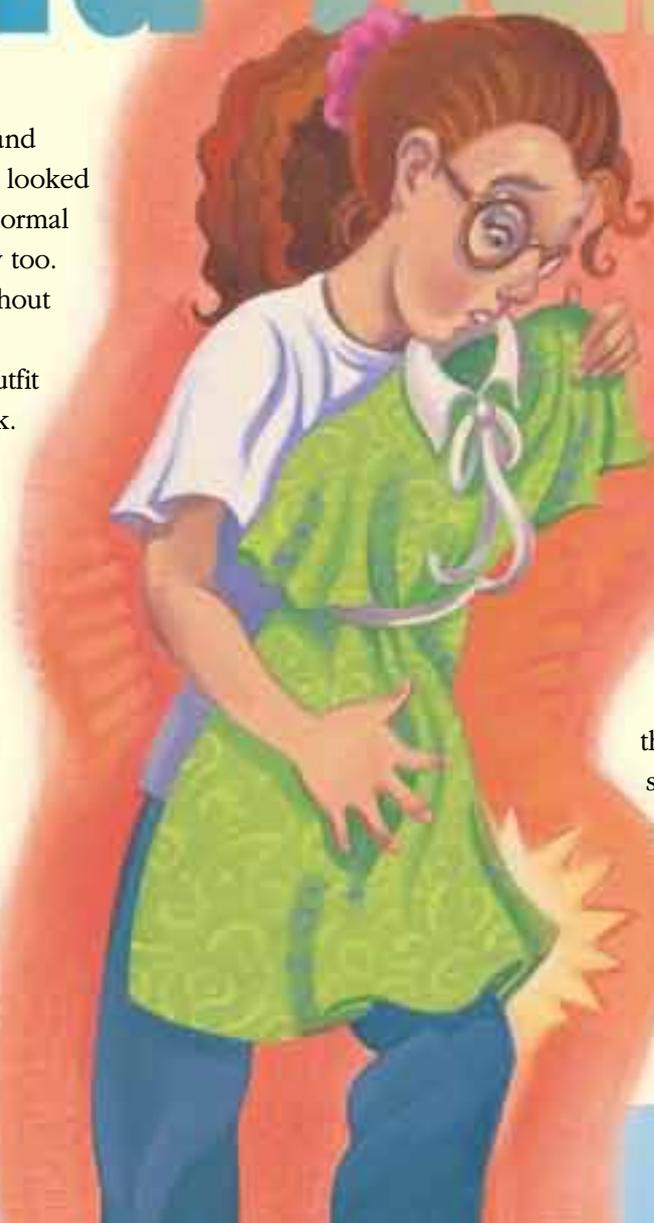
to be as skinny as a pencil, and have a huge mouth full of oversized teeth. Beverly had long blonde hair, long eyelashes, and no glasses, either. Next to Beverly, I felt ugly and awkward. One way to make up the difference was with fashionable clothes.

Old Rules

summery green fabric, and when I wore it my eyes looked more green than their normal gray-blue. It fit perfectly too. And it was modern, without being weird.

Beverly had a new outfit that made my eyes blink. It was an orange and purple skirt and top with matching tights in a big, wild, diamond pattern. Beverly always wore the latest styles. When I'd worn my new green dress the week before, she had complimented me for the first time.

It was hard to be me. It was bad enough to wear glasses as thick as a sugar bowl,



Finding that green dress was amazing. Buying it had been a miracle. Mom had taken down the hem, and it was perfect. Now, one laundry day later, my chance to be noticed was over.

My mother came into the room. "What's the matter?" she asked. I guess my tear-misted glasses gave me away.

"Look at this dress!" I wailed. "It shrank in the wash!"

Mom understood how much that dress meant to me. "Oh, Linda," she said softly. "I promise I followed the washing directions on the tag." But she could see as I did that it had shrunk just enough to be too short.

We talked it over, but there wasn't a happy solution. The hem had already been



lengthened as far as it could go. Mom and Dad were immovable on their rule: girls in our family covered their knees. Mom cried with me as we took the dress to the thrift store box in the garage.

I moped for several days. It seemed so unfair that my parents could ruin my life by something as silly as a rule about knees. I had never been a rebel. I knew my parents loved me, so I had trusted them to be sensible. Until now.

I was troubled. I realized that this was a major decision: I could continue to follow my parents' rules or I could choose not to. There were ways to rebel. I saw girls at school sometimes roll up their skirts at the waist to make them shorter. It was up to me.

One day in church, our class talked about Joseph Smith's First Vision. As the teacher read about Joseph's decision to ask God which church to join, I realized that I was in a similar situation. I needed to know for myself if my parents' dress standards were right or if they were too strict. Like Joseph, I decided I could simply ask Heavenly Father.

I thought about it for several days. I remembered the process I had gone through when I'd prayed about being baptized. The answer

had come because I had been ready to receive it. I decided to fast and pray. Because this was an important decision, I knew it would probably take more than one day's effort to learn the answer. I talked to my parents about my plan.

"I'll fast with you," Mom offered.

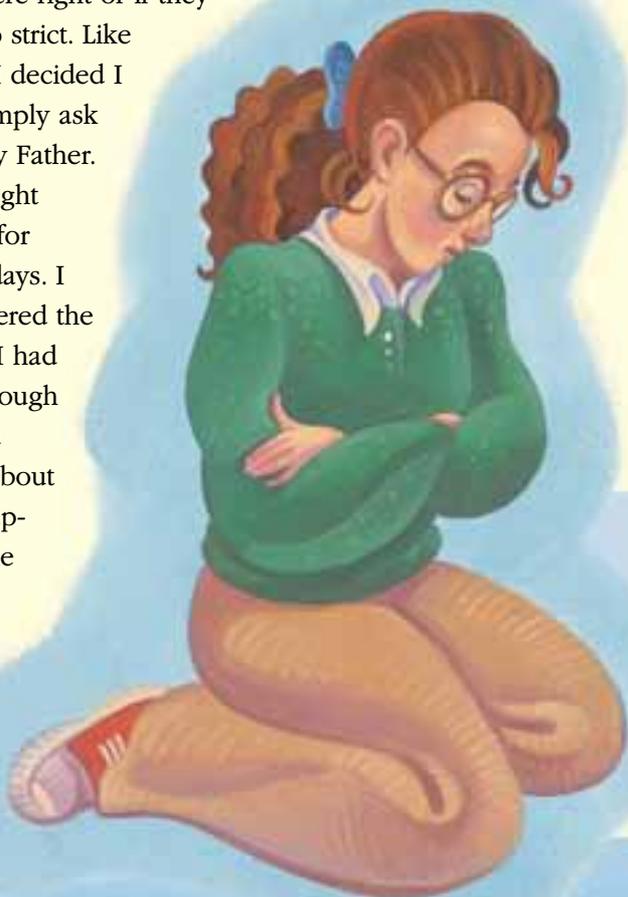
Dad gave me a clue. "Linda," he said, "if you want a testimony of a certain principle, practice living it."

I tried to do everything I could so that I would be able to hear that still, small voice. Meanwhile, I practiced keeping the standard that my parents required.

Heavenly Father answered my prayers through my feelings and in my mind. One day, as I was getting ready for church, I realized that I knew what Heavenly Father wanted me to do. Through the prompting of the Holy Ghost, I knew that Heavenly Father expects me to dress modestly. Just like Joseph Smith, I knew that I had received an answer and that I could not deny it. The knowledge was like a warm, peaceful understanding that filled me from head to toe. I wondered how I could have ever felt sorry for myself for living a righteous standard. I felt that Heavenly Father was pleased with me. Nothing else mattered as much as that.

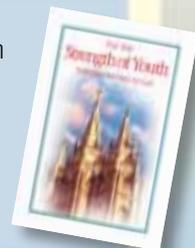
"I'm lucky to be me," I thought. I didn't need to be like Beverly or anybody else. What a relief!

I had friends, but I was never really popular. I learned how to be happy without being popular. That's how I know it can be done. Never again was I an invisible nobody. Heavenly Father helped me become beautiful in my own way. ●



"Through your dress and appearance, you can show the Lord that you know how precious your body is."

For the Strength of Youth (2001), 14.



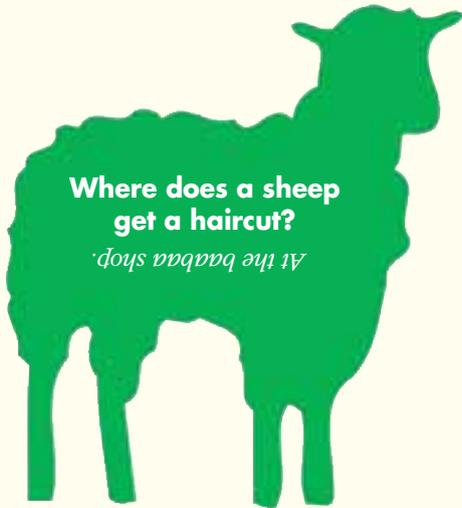
ANIMAL

Laughs



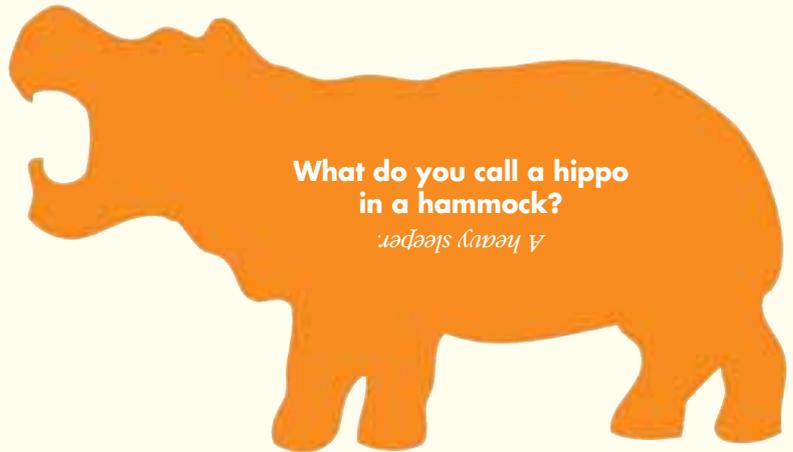
What is a shark's favorite snack?

Peanut butter and jellyfish.



Where does a sheep get a haircut?

At the baaba shop.



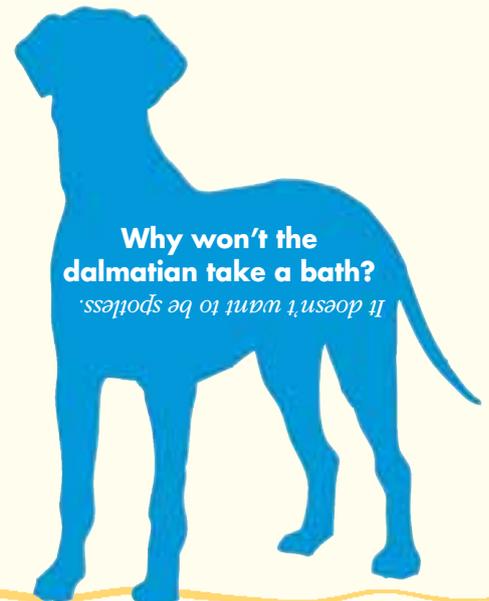
What do you call a hippo in a hammock?

A heavy sleeper.



BERNHARD

As long as we have our trunks on, let's take a swim.



Why won't the dalmatian take a bath?

It doesn't want to be spotless.

Restoration

Therefore, behold, I will proceed to do a marvellous work among this people, even a marvellous work and a wonder (Isaiah 29:14).

BY ELIZABETH RICKS



Whitney and her mother were cleaning out Whitney's great-grandfather's attic after he died. Mother pulled a large tarp off of a dresser, and her eyes filled with tears.

"What's wrong?" Whitney asked.

"Nothing really is wrong," Mother responded. "I just remember that when I was about your age, I would watch my grandmother take her hat out of this armoire."

"What's an armoire?" Whitney asked.

"That's what this is," Mother said, pointing. "It's a large chest where Grandmother hung her clothes." Mother lovingly ran her finger over the wood, and Whitney noticed that one of the doors was broken and that the varnish was chipped.

"It's broken now, isn't it?" Whitney asked.

Mother got a twinkle in her eye. "It is. But you know, Whitney, I think that I would like to restore this armoire. We could refinish it and make it as good as new."

Whitney was excited. "We could paint it white and put fancy new handles on the doors!"

Mother shook her head. "No, I want to *restore* it. Restore means to bring something back to the way it was originally. I want it to look just the way it did when my grandmother used it. Can you think of something that is restored?"

Whitney was puzzled. "I'll give you a hint," Mother said. "You learn about the restoration of something when you go to church."

"The gospel!" Whitney said. "But how was the gospel *restored*?"

"Jesus Christ brought back His gospel just the way it was when He was on the earth. He didn't change it or make a new gospel. Jesus *restored* His gospel through Joseph Smith."

"And Jesus is still the head of the Church," Whitney added.

"I think you understand quite a bit about restoration," Mother said with a smile.

Jesus Christ is the head of His Church, just as He was when He lived on the earth. When we understand that He called Joseph Smith to restore the gospel and bring back the original true church, our faith in Jesus Christ will grow. ●

Activity

Mount page 14 on heavy paper. Cut out the puzzle pieces and then put them together to form a picture. When you have all of the pieces in the right places, the picture will be "restored"!

Note: If you do not wish to remove pages from the magazine, this activity may be copied or printed from the Internet at www.lds.org. Click on Gospel Library.

Sharing Time Ideas

(Note: All songs are from *Children's Songbook* unless otherwise noted; GAK = Gospel Art Picture Kit, *TNGC* = *Teaching, No Greater Call*.)

1. Write the words of Isaiah 29:14 on the board, leaving out all of the vowels. Have the children take turns adding one vowel (a, e, i, o, u) to the scripture and then have them look up, mark, and memorize Isaiah 29:14. While the children have their scriptures open, ask them what they think the “marvellous work and a wonder” is. (The Restoration of the gospel.) Invite them to use the footnotes to discover the meaning. Using questions and answers as well as pictures from the Gospel Art Picture Kit, present the story of the Restoration of the gospel. Use Elder Mark E. Petersen’s talk “More than a Farm Boy” (*New Era*, Dec. 2004, 33) to add details to the story. For example, ask the children how big they think the gold plates were. To illustrate the size of the gold plates, simulate them by using paper that has the same dimensions. (Approximately 7 x 8 inches [18 x 20 cm] and 6 inches [15 cm] thick.) Ask what kind of box would protect the plates from the weather for hundreds of years (a stone box). Ask what we call the record that Moroni gave to Joseph Smith (the Book of Mormon).

Consider teaching “An Angel Came to Joseph Smith” (p. 86). You can use the song to either present the story of the Restoration or to review the story. Sing “The Golden Plates” (p. 86) and testify of Joseph Smith.

2. On the chalkboard write BOOK OF MORMON in a simple code. For example, use a code where you replace each letter with the next letter in the alphabet. Give the children hints until they figure out the phrase. Divide the children into groups and hand out other phrases in different codes. Invite them to decode words such as “Joseph Smith,” “gold plates,” “Urim and Thummim,” “Oliver Cowdery,” “Emma Smith,” “Moroni,” and “power of God.” After each group deciphers their words, explain the significance that their phrase has in the translation of the Book of Mormon. Emphasize that the plates were translated by the power of God.

For younger children: Invite a member of the bishopric or other priesthood holder approved by the bishop to portray Oliver Cowdery. Provide a simple costume such as a black ribbon to be used as a tie. Have him tell the story of the translation of the Book of Mormon by using the material printed on the back of GAK 416 (Translating the Book of Mormon). Have him refer to a notebook or letter to read the closing paragraph that begins, “These were days never to be forgotten.” Have him show the children where they can find Oliver Cowdery’s words in the footnote to Joseph Smith—History 1:71 in the Pearl of Great Price. Ask the guest to remove the ribbon tie and bear his own testimony of the Book of Mormon. Invite the children to turn the page and use their scriptures to sing “The Eighth Article of Faith” (p. 127). The phrase “as far as it is translated correctly” applies to the Bible but not to the Book of Mormon because the Book of Mormon was translated by the power of God through Joseph Smith.

3. A week or two before Primary, ask a child who responded to President Hinckley’s request to read the Book of Mormon during 2005 to be prepared to share his or her feelings about the book. Write “is WORD OF GOD is” on a large wordstrip at the front of the room. Tell the children that you want them to find out more about the word of God by using the scriptures. Show half of the children another wordstrip that reads “1 Nephi 11:25” and ask them to look up the scripture. Do not let the other half see that wordstrip. Similarly, show the other half of the children a wordstrip that says “Eighth Article of Faith.” Tell the children that when they know what the word of God is, they should look up and smile. When all of the children are smiling, hold up the Book of

Mormon. Ask the children who had that scripture to raise their hands. Have a child hold the Book of Mormon on one side of the “is WORD OF GOD is” wordstrip. Then show a picture of the iron rod leading to the tree of life from the *Primary* 4 picture packet (4-12, 4-13, or 4-14). Ask the children who had that scripture to raise their hands. Have a child hold the picture of the iron rod on the other side of the wordstrip. Explain that the iron rod is the word of God and leads us to eternal life. Explain that the Book of Mormon is also the word of God.

Invite the teachers and leaders to sing the chorus of “The Iron Rod” (*Hymns*, no. 274). Encourage the children to join in singing the song when they know the words. Tell each child to hold their copies of the Book of Mormon while they sing. Likewise, they can hold to the teachings of the Book of Mormon in their lives. Invite the previously assigned child to share his or her feelings about the Book of Mormon.

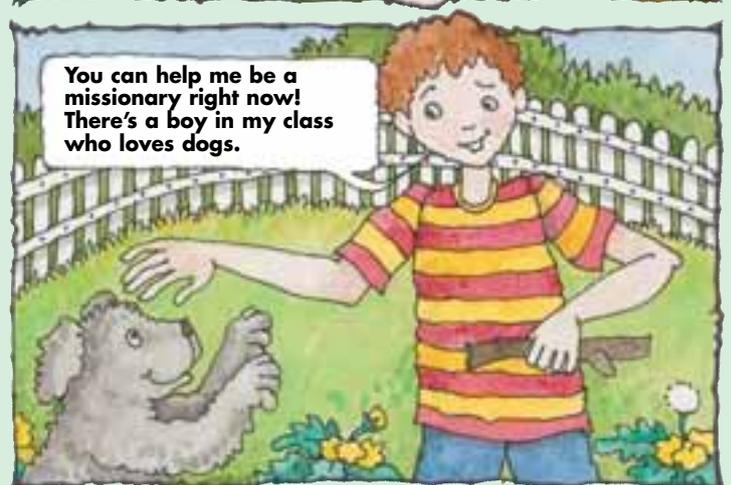
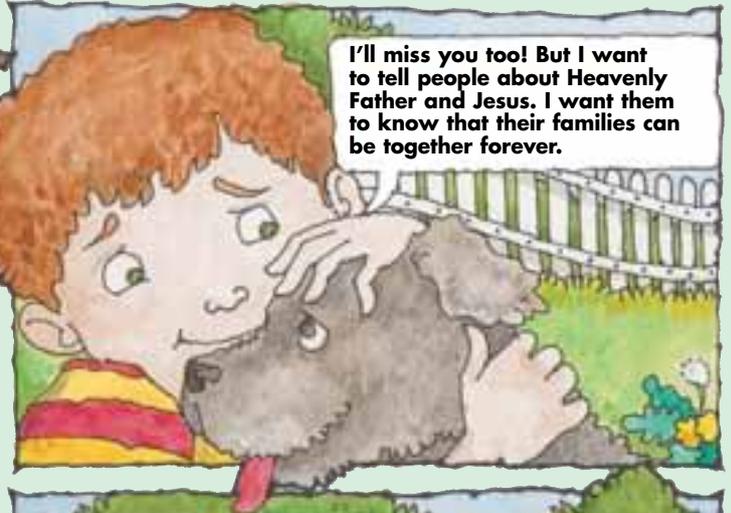
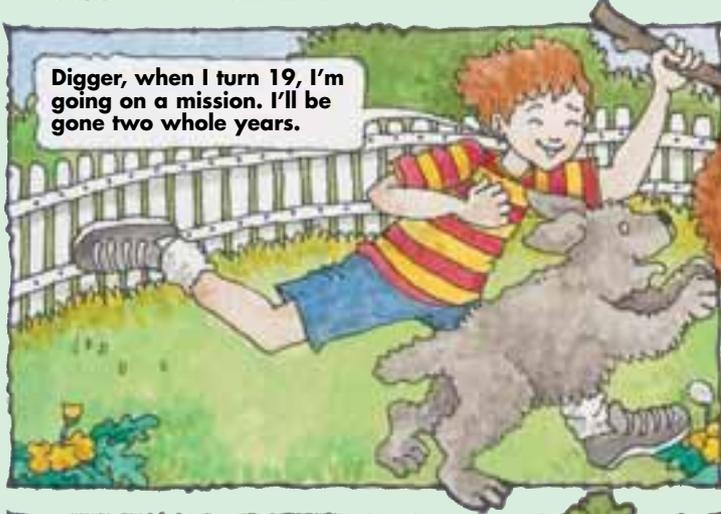
4. Ask the children to use their eyes and ears to discover an important message. While the pianist plays “The Priesthood Is Restored” (p. 89) show four pictures, one for each phrase: GAK 407 (John the Baptist Conferring the Aaronic Priesthood), GAK 408 (Melchizedek Priesthood Restoration), GAK 601 (Baptism), and GAK 603 (Blessing the Sacrament). Ask the children what the message is. (The priesthood is restored.)

Explain that our living prophet holds all of the priesthood keys and authority in the Church today. Hold up a picture of the prophet. Explain that he leads the Church under someone else’s direction. Hold up a picture of Jesus Christ and place it above the picture of the prophet, signifying that the prophet works under His direction. Show the children the most recent issue of the conference edition of the *Ensign* or *Liahona*. Explain that when our prophet speaks to us at general conference, he is teaching us what Jesus Christ wants us to hear and do. Carefully select four sentences from the prophet’s recent messages and invite older children to read them. List four things that children can do to follow the prophet’s words. Invite the children to draw a picture of one of the ideas that they want to work on to better follow the prophet (see “Drawing Activities,” *TNGC*, 166–67). Choose a song from the *Children’s Songbook* to go along with each of the four principles that the prophet has recently spoken of. Invite the children who drew pictures of that particular principle to hold up their pictures while the Primary sings that song. Bear your testimony about the importance of the priesthood.

5. *Song presentation:* “An Angel Came to Joseph Smith” (p. 86). Before teaching this song, practice conducting the unique rhythm. Post the following wordstrips in random order—“Moroni,” “Hill Cumorah,” “Nephites,” and “Book of Mormon.” Tell the children that this song is about these four things, but none of these words is mentioned in the song. Ask them to help you put the wordstrips in the same order that the song is in. Sing the song for them and then ask which wordstrip comes first. Because the first phrase is “an angel came to Joseph Smith,” the correct wordstrip is “Moroni.” Have the children sing that phrase with you. Sing the song three more times, putting one wordstrip in place each time. Explain that Joseph Smith took the gold plates from Hill Cumorah, that the plates are a record of the Nephites, and that the precious, holy book is the Book of Mormon. Because the song is short, sing the entire song each time that you ask a question. Bear testimony that the story told in the song is true.

6. *Friend* references: “Translation of the Book of Mormon,” Apr. 1997, 48; “Joseph and Oliver Receive the Priesthood,” July 1984, 27–29; “The Book of Mormon,” Mar. 2004, 43; “Classic Thoughts: The Restoration of the Priesthood,” May 2003, 39; “Truth Restored,” Dec. 2005, 7; “Scavenger Hunt,” Oct. 1999, 28–30.

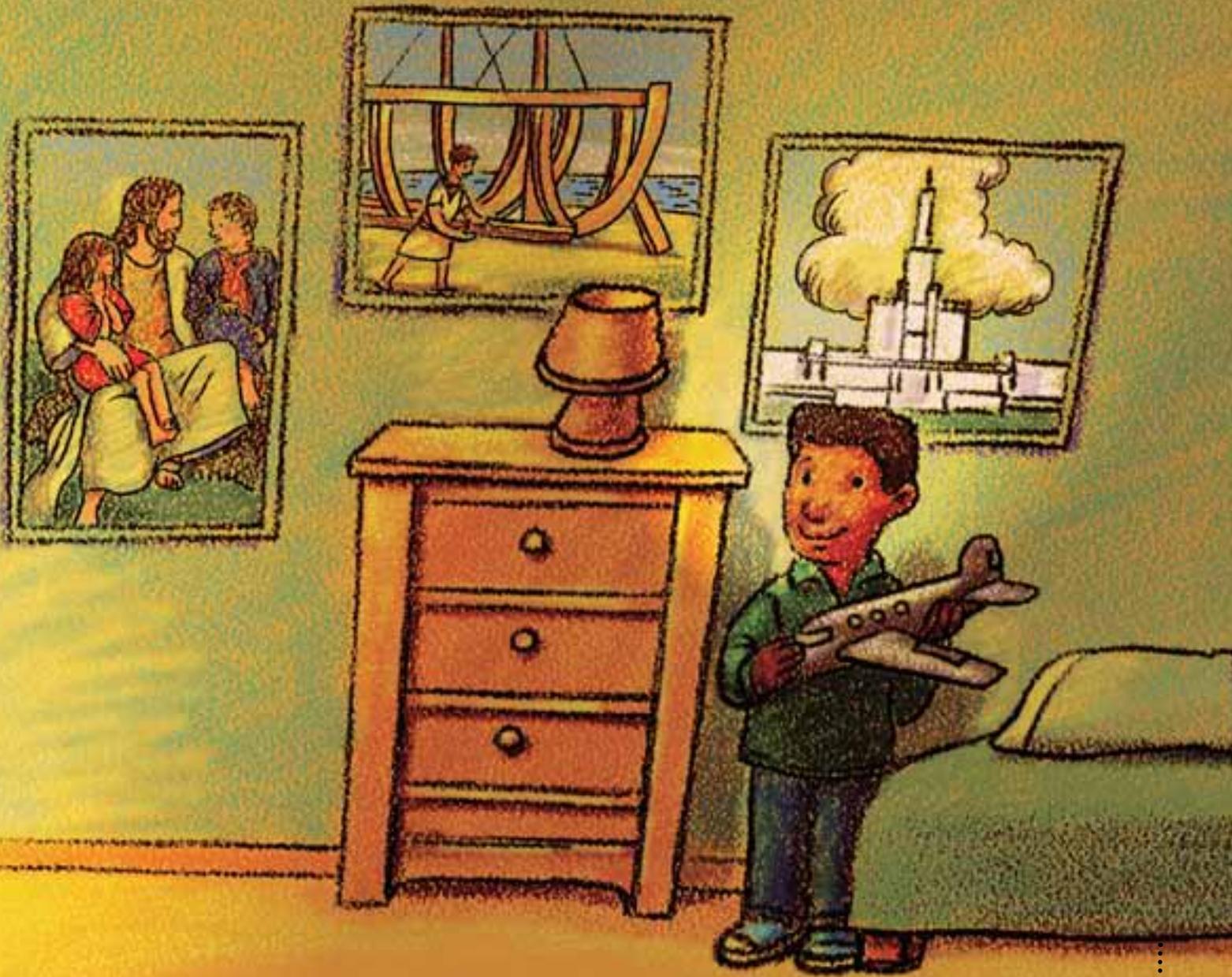
MATT AND Mandy

A banner with a yellow border and red triangular accents on the sides. On the left, a boy with curly brown hair (Matt) in a blue shirt waves. On the right, a girl with brown hair (Mandy) in a blue shirt waves. The title "MATT AND Mandy" is written in large, stylized red letters in the center.



All Kinds of Heroes





BY JANE MCBRIDE CHOATE

(Based on a true story)

Show forth good examples (Alma 17:11).

Gabe spent a lot of time with his friend Jeff. They were in the same fourth-grade class at school and in the same Primary class at church. Both played on the same little league team.

After baseball practice one afternoon, Jeff invited Gabe to his house to play. Gabe noticed a special feeling in his friend's room. He looked around to see what made it different from his own. On his walls, Jeff had put up pictures of the Denver Colorado Temple, Jesus with a group of children, and Nephi building a boat.

When Gabe got home, he looked around his own

room and saw the posters of hockey, baseball, and football players that covered the walls. Books about sports figures filled many of the shelves in his bookcase. Gabe had always thought of sports stars as heroes. He wanted to be like them when he grew up. Now he thought of the heroes Jeff had chosen.

On Monday, Gabe's family gathered in the living room for family home evening. Dad gave the lesson. "Tonight we're going to talk about heroes," he said. "We can find heroes in all kinds of places. What different kinds of heroes are there?"

"Movie stars," Gabe's sister said.

"Dinosaurs," his little brother added, and everyone smiled.



“Heroes of the Book of Mormon,” Gabe said.

“That’s an interesting answer, Gabe,” his father said. “Why don’t you tell us about a Book of Mormon hero?”

Gabe told the story of his favorite Book of Mormon hero, Captain Moroni. “Amalickiah had turned the people against the righteous Nephites. Moroni tore his coat, wrote on it, and called it the title of liberty. Moroni taught the Nephites about defending their freedom and protecting their families.”*

After family home evening, Gabe told his parents, “There’s a special feeling in Jeff’s room. I want that feeling too.” He paused. “Could I get some new pictures for my room?”

“I think that’s a great idea,” Mom said.

Gabe and his parents looked through a catalog of church pictures. He chose a picture of Jesus and one of Captain Moroni. Then he picked out a picture of

Joseph Smith in the Sacred Grove.

Gabe left a few of his sports posters on one wall, and put up his new pictures on the other. Gabe smiled as he looked around his room and felt the peace that his new heroes brought. ●

*See Alma 46.

Would you like to have Church pictures in your room like Gabe did? Go to www.ldscatalog.com and click on “Pictures & Visual Aids.” You can also download pictures from the Gospel Art Picture Kit in the “Home and Family” section of www.lds.org.

“Carefully selected heroes can give us a pattern for our lives and serve as our role models. They can give us courage to walk the road of life righteously.”

Bishop H. David Burton, Presiding Bishop, “Heroes,” *Ensign*, May 1993, 46.



Tortillas

- 2 cups flour**
- 1 teaspoon salt**
- 1/4 teaspoon baking powder**
- 1/4 cup oil**
- 1/2 cup water**

1. Sift the flour, salt, and baking powder together in a mixing bowl. Stir in the oil and water.
2. On a floured surface, knead the dough for 1 minute. Let the dough rest in a bowl covered with a dishtowel for 20 minutes. Knead again, and form 8 to 10 balls. Roll them out until they are as thin as possible.
3. Preheat an ungreased griddle. Cook the tortillas on each side on medium-high heat for less than a minute until lightly browned.

El Paso Pizza

- 4 large tortillas**
- 8 ounces (227 g) chunky salsa, drained**
- 1/4 pound (113 g) spicy sausage, cooked and crumbled**
- 1 green bell pepper, chopped**
- 1/2 cup black beans, drained**
- 1/2 cup corn, drained**
- 1 cup shredded cheese**
- 2 tablespoons chopped cilantro**
- 4 tablespoons chopped olives**
- 1 large avocado, peeled, chopped, and lightly sprinkled with salt**

1. Preheat the oven to 400°F (204°C). Place tortillas on a greased or nonstick cookie sheet. Spread the salsa evenly on the tortillas. Top with sausage, green pepper, beans, and corn. Sprinkle cheese, cilantro, and olives on top.
2. Bake 10 to 15 minutes until the cheese is bubbly. Remove from the oven and add the chopped avocado. Cut into wedge-shaped slices and serve.

Chicken Enchiladas

- 3 cups chicken, cooked and shredded**
- 1 cup sour cream**
- 1 cup shredded cheese**
- 6-8 tortillas**
- 2 teaspoons chili powder**
- 2 tablespoons margarine**
- 2 tablespoons flour**
- 1 cup milk**
- 1 teaspoon salt**

1. Mix the chicken, sour cream, and cheese in a large mixing bowl. Place a spoonful of the mixture in each tortilla, roll up the tortillas, and place them in a 9 x 13-inch (23 x 33-cm) baking dish coated with nonstick cooking spray.
2. In a saucepan over medium heat, mix the chili powder, margarine, flour, milk, and salt. Stir until smooth and thickened.
3. Pour the sauce over the chicken-filled tortillas and cover the dish with aluminum foil. Bake at 350°F (177°C) for 20 to 30 minutes.

Kitchen Krafts

Mom!

Please read me some

Book Reviews!

For Children
ages 10-12



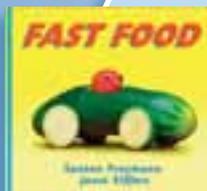
The Seven Wonders of Sassafras Springs, by Betty Birney. It is 1923 and Eben wants excitement in his life. But nothing much ever happens in his small town of Sassafras Springs. Then his father gives him the challenge of finding seven wonders right there at home. In his search, Eben learns to appreciate the ordinary and extraordinary people in his life.

Picture Books

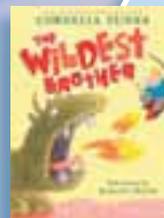
Sally Jean, the Bicycle Queen, by Cari Best, pictures by Christine Davenier. Sally Jean really wants to ride with the big kids. Finally, she is old enough to have her own bicycle! But as she grows, her bike doesn't grow along with her. Sally Jean uses her imagination to solve her problem in true Bicycle Queen style.



Fast Food, by Saxton Freymann and Joost Elffers. This clever book shows mushroom people, green-onion figures, and even radishes traveling along in style. Whether they are driving a cucumber, sailing a banana, or riding a spaghetti-squash bus, these fruits and vegetables will make you laugh!



The Wildest Brother, by Cornelia Funke, illustrated by Kerstin Meyer. Ben protects his big sister, Anna, from all kinds of scary creatures and bad guys. He is very brave and strong! But when nighttime comes, maybe Ben needs some protection and comfort himself.



Sleepy Boy, by Polly Kanevsky, illustrated by Stephanie Anderson. After spending a long and exciting day watching lions at the zoo, a boy cannot fall asleep. He and his loving father share the quiet of the evening and remember the big cats as darkness falls.



**For Children
ages 5-9**



*Princess Academy**, by Shannon Hale. Miri is surprised when all of the eligible young maidens are sent to be trained to compete for the hand of the prince. Miri's family and her ancestors have always worked in the stone quarries in their tiny mountain village. Now she has the chance to become a queen!



The Miraculous Journey of Edward Tulane, by Kate DiCamillo, illustrated by Bagram Ibatoulline. Edward the toy rabbit loves nothing and no one besides himself, even though his owner loves him deeply. When he gets lost at sea, Edward begins a journey that teaches him to care for others.

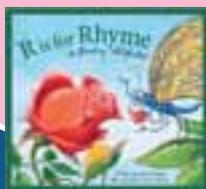
Understood Betsy, by Dorothy Canfield Fisher. Nine-year-old Elizabeth Ann is timid and fragile. She has led a sheltered life with Aunt Frances. But when she has to go live with her awful cousins in Vermont, Elizabeth Ann begins to bloom.



Amanda Pig and the Awful, Scary Monster, by Jean Van Leeuwen, pictures by Ann Schweningen. Every night, Amanda Pig is sure a monster is in her room. Her older brother, Oliver, figures out a way to help Amanda. Enjoy this exciting tale about being brave and growing up.



R is for Rhyme, by Judy Young, illustrated by Victor Juhasz. Follow the author through a colorful alphabet of poetry as you learn about haiku, ballads, metaphor, and more.



Mammoths on the Move, by Lisa Wheeler, illustrated by Kurt Cyrus. Travel with a herd of woolly mammoths as they journey south for the winter and encounter glaciers, rivers, and predators.

Nonfiction

These reviews do not constitute official Church endorsement of these books, but the books have been carefully reviewed to ensure that Church standards are observed. **Warning:** Occasionally, characters who are not members of The Church of Jesus Christ of Latter-day Saints will drink coffee or tea. Selections where this occurs are marked with an asterisk (*).

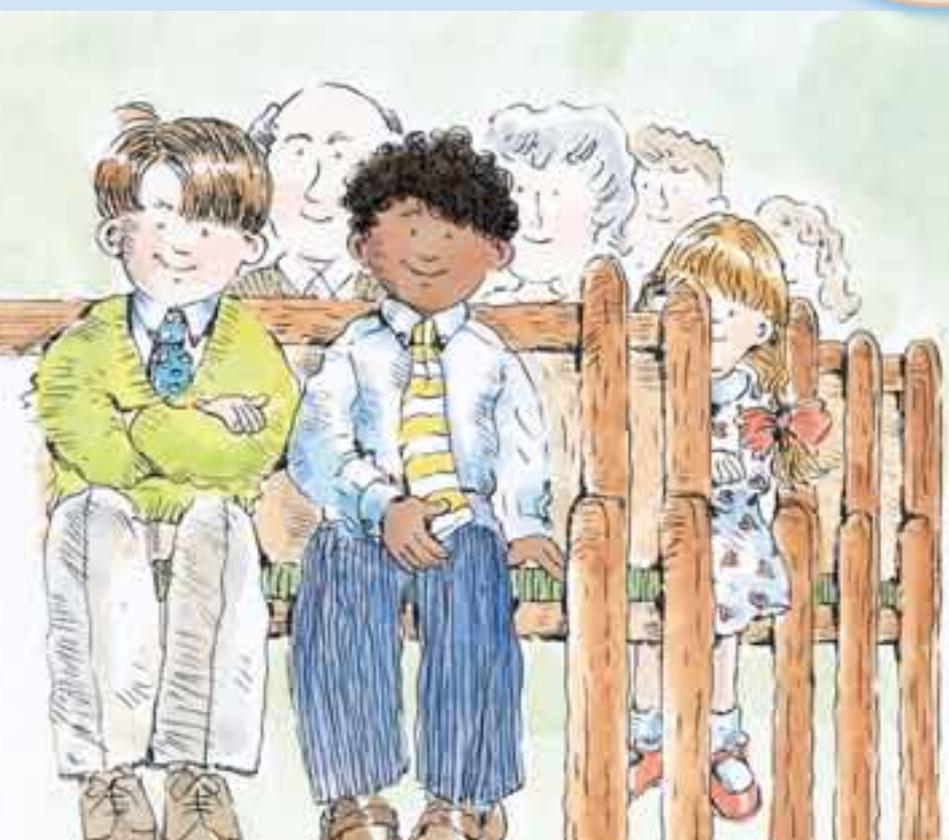




Sacrament Time



Read the description
Can you point to the
Do you know the





I am the music director. I lead us as we sing the sacrament hymn. The sacred music helps everyone in the chapel think about Jesus.

I am the organist or pianist. I practice very hard so that I can play the sacrament hymn well.

I am a teacher in the Aaronic Priesthood. I come early to put water in the sacrament cups and bread on the trays.

I am a priest in the Aaronic Priesthood. I break the bread into pieces, and I kneel and say the sacrament prayer.

I am a deacon in the Aaronic Priesthood. After the sacrament prayer, I reverently take a sacrament tray to pass to Church members in the congregation.

I am the bishop. When the priest offers the sacrament prayers, I listen carefully to make sure that the prayers are said correctly.

One other person makes sacrament time special. Can you guess? That's right—it's you! You can sit reverently with quiet feet and folded arms. You can think about Jesus and the covenants you have made, or will make, at baptism. You may want to read scriptures or the words of the hymns. When the sacrament is passed to you, you can take it and pass the tray carefully to the next person. You are a very important part of sacrament time.

Descriptions of the people who help make sacrament time reverent.

Match the pictures to the pictures that match each person's description?

Write the names of the people in your ward or branch who do these things?



On a separate piece of white paper, draw a picture of yourself sitting reverently during sacrament meeting. Then carefully cut it out and glue it in this space.



Help on a Rainy Day

BY AMIE JANE LEAVITT

The Church helps people around the world. When there have been floods, storms, earthquakes, or other disasters, the Church sends things that people need. What do you think some of these things are? Use the code on the rain cloud to find out. Visit www.lds.org/humanitarianservices for more information.

1	2	3	4	5	6	7	8	9	10	11	12	13
A	B	C	D	E	F	G	H	I	J	K	L	M

14	15	16	17	18	19	20	21	22	23	24	25	26
N	O	P	Q	R	S	T	U	V	W	X	Y	Z

3 12 15 20 8 9 14 7 / 19 3 8 15 15 12 19 21 16 16 12 9 5 19 /

13 5 4 9 3 1 12 5 17 21 9 16 13 5 14 20 / 23 8 5 5 12 3 8 1 9 18 19 /

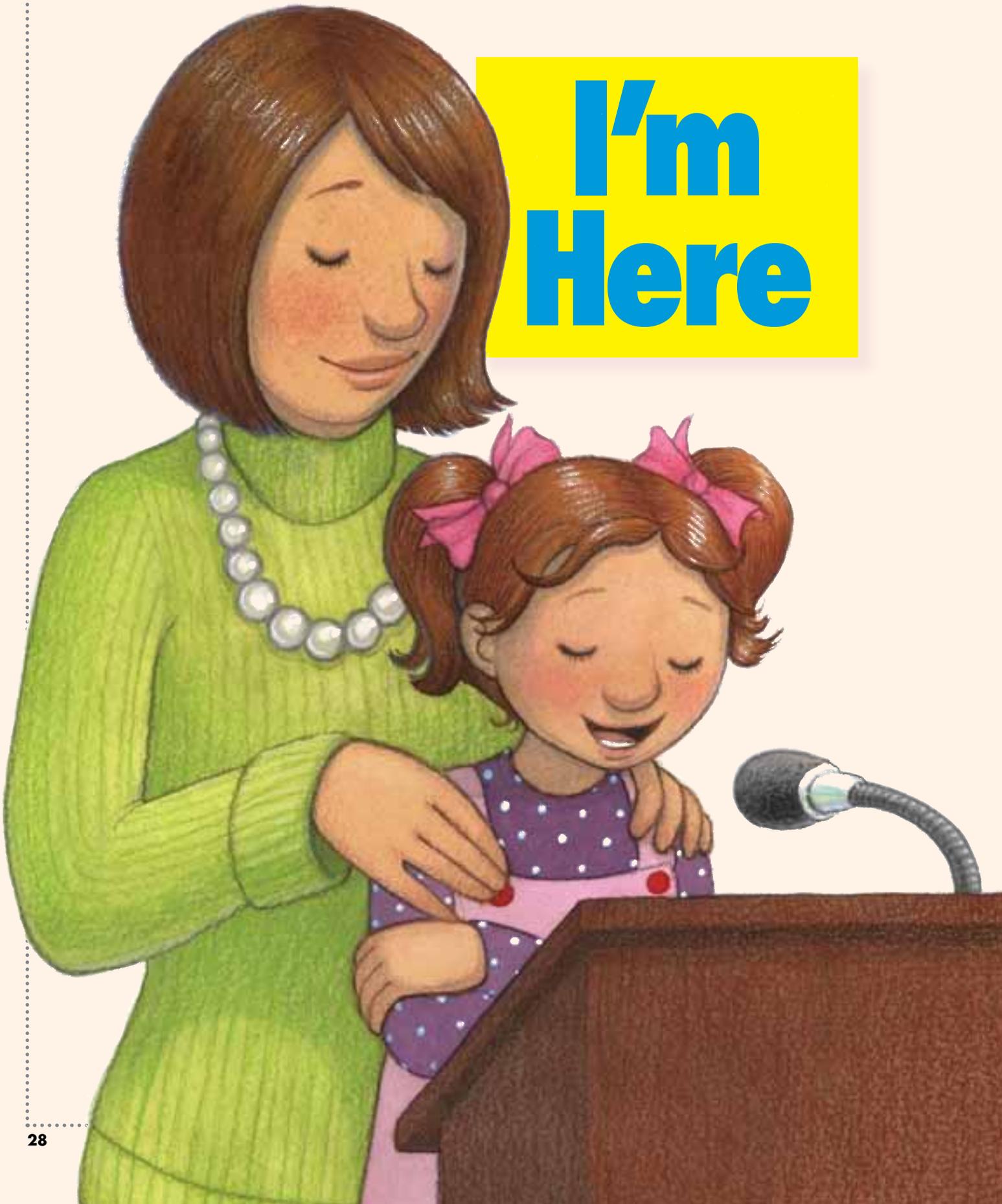
20 15 25 19 / 2 12 1 14 11 5 20 19 / 13 5 4 9 3 9 14 5 19 / 6 15 15 4 /



My faith in Jesus Christ grows when I learn about the Restoration of the gospel.

“Therefore, behold, I will proceed to do a marvellous work among this people, even a marvellous work and a wonder” (Isaiah 29:14).

**I'm
Here**



BY PATRICIA R. JONES

(Based on a true story)

Look up the following scriptures: Deuteronomy 31:6, 2 Timothy 1:7, D&C 68:28. Which one do you think fits the story best? Write that scripture on the blank lines.

McKayla stepped up to the microphone in front of the Primary. She hesitated for a moment. Even though she had given many prayers, it was still scary to give the prayer in front of so many people. She looked at her mother on the front row with the Sunbeam class. When she gave McKayla an encouraging smile, McKayla felt she could give the prayer easily.

But McKayla looked at the children, and fear seized her heart. She wished she could slide under the podium and disappear from sight. Slinking down, she stepped back and started down the two steps she had climbed to get to the podium. Just when she felt that she had safely disappeared from view, she heard a voice say, "I'm here."

Looking up, McKayla saw her mother standing beside her. She helped McKayla up the steps and put her arms around her.

"Don't be afraid. I'm right beside you. I'll help you," Mother told her.

McKayla repeated every word that Mother whispered in her ear.

After church, when McKayla was playing in her room, Mother walked in. "Mom, I was scared to give the prayer today," McKayla said.

"I saw that," Mother replied. "That's why I went to help you."

McKayla ran to her and gave her a hug. "I felt better



with you there. I wasn't so scared anymore."

"That's how it works," Mother said.

"How do you know?" McKayla asked.

"Because of my experiences," Mother said. "There have been many times when I had to lean on someone to help me through a difficult task. When it seems like no one is there, I've said a little prayer and felt Heavenly Father tell me through the Holy Ghost, 'I'm here. Don't be afraid. I'll help you.'"

"That's what you said to me!" McKayla exclaimed.

"That's how I knew what to say to you," Mother told her. "I learned from the best. I hope that when you need help and you think there's no one there, you will remember to say a prayer, and—"

"I'll feel the Spirit and know Heavenly Father is there," McKayla finished for her.

"You learned a powerful lesson today, one that will help you the rest of your life," Mother said.

A warm, peaceful feeling encircled McKayla. She knew Mother was right. Heavenly Father would be there. He's always there. ●

"Where young people have prayer as part of their daily lives, they have a warm, comfortable feeling about approaching the Lord."

Elder L. Tom Perry of the Quorum of the Twelve Apostles, "A Pattern for Living," *New Era*, Jan. 2004, 7.



Our Creative Friends

Beautiful World

The world is beautiful
In different ways.
Black and yellow
For bumblebees,
The lovely blue
For the sky,
Green and other colors
For the flowers.

Riley B., age 6, Colorado

A Mother Is the Greatest

A mother is the greatest thing
That God could ever to earth bring.
Be it snowy or a rainy day,
She'll comfort you in every way.
She'll give you music you may hear
To comfort both you and your ear.
She'll snuggle you by a nice warm fire
With eyes sparkling like sapphires.
And by now you may well see
A mother is the greatest thing to me.

Ben B., age 11, Virginia

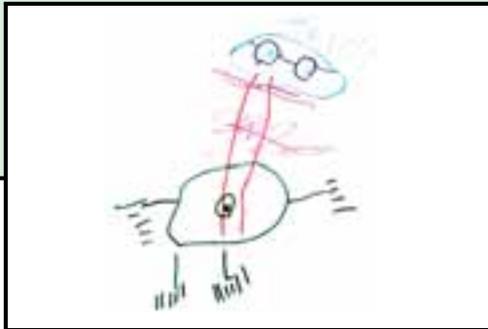
When I Am Baptized

I will go underwater.
It will be great.
I can't wait to be baptized.
I can't wait to be eight.
I will get the Holy Ghost.
It will happen this way:
Men that hold the priesthood
Their hands upon my head will lay.
It will be great to be baptized.
I can't wait to be eight.

Olivia G., age 8, Washington



Jade D., age 8, Scotland



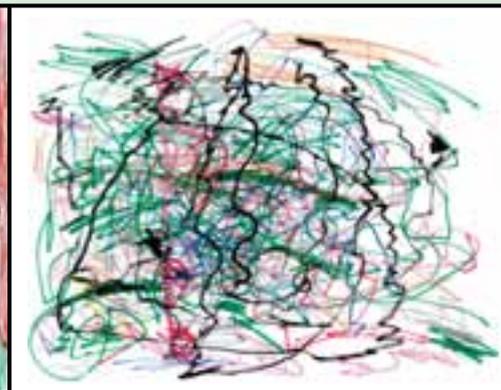
Kimberly L., age 3, Missouri



Elijah D., age 11, Alberta, Canada



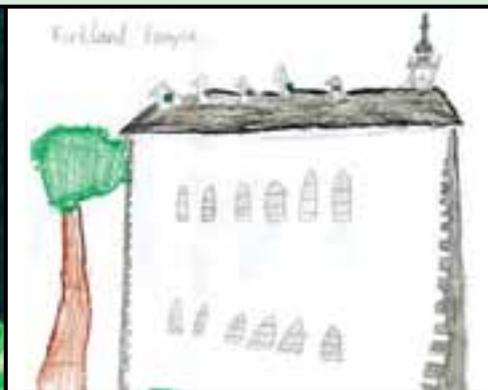
Ryan M., age 10, Utah



Abbey Lynn P., age 4, Nevada



Olivia M., age 7, Idaho



Jackson L., age 7, Ohio



Amanda M. Y., age 10, California

Heavenly Father's Plan

Heavenly Father made the earth,
Heavenly Father gave us love.
Heavenly Father made us so,
Heavenly Father made the dove.

Heavenly Father sent His Son,
Down on earth
To help everyone.
Heavenly Father did His best
To send us here
To take a test.

He created the animals,
He created the land,
He created the seas,
And the ocean's sand.
He loves us so dearly,
He's always our friend,
He'll love us and guide us,
Until our very end.

Joshua S., age 9, California

Birds

They love flying.
They love to eat worms.
We can love these birds as
We love one another.
And do we love these birds?
Yes, we do.
We treat them the right way,
As Jesus would treat us.

Elexus F., age 10, Michigan

Repentance

Whenever I do something wrong,
Inside, my heart sings a sad song.
I feel really bad,
And I can't feel glad,
Because I did something wrong.

I pray to my Father above,
So my heart can feel God's love.
I won't repeat the sin.
With Jesus I'll win,
And I can live with my Father above.

Brigham M., age 11, Utah



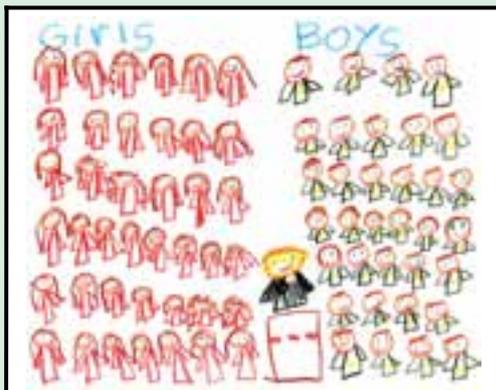
Christine P., age 9, Indiana



Luke S., age 6, Georgia



Seth S., age 7, Colorado



Ellen Joy G., age 5, North Carolina



Jacob R., age 9, New York



Montana L., age 6, Oregon



Abbie Lee S., age 11, Utah

Be ye kind one to another (Ephesians 4:32).

Taking Care of Mommy

BY JOYCE HOLT



When came , opened the him. “ went ,”

said. “Oh , let’s go what’s wrong,” said. & sniffled .

her . “ have a cold, there is a in my ,” she said. “ sound

,” said. “ had better go the some . Then will make

.

got in the & drove away. good-bye from the . “

want help take care of .

said. “What do? know!

make .

spread on slice of . Then she spread on another slice of

. She put the on a & took it to .

in !” said.

“Thank . a good .

“ welcome,” said with a big .

“Now have get busy make more — & me!” •



Surprise Door Hanger

BY JULIE WARDELL

To make a door hanger, you will need: an 8 1/2 x 11-inch (22 x 28-cm) piece of paper; a paper-towel tube; tape or glue; colored markers, crayons, or stickers; a pen (optional); a hole punch; scissors; curling ribbon; small wrapped candies or a small gift that will fit in the tube; and tissue paper.

1. Wrap the paper around the tube and tape or glue it in place. Decorate the paper using markers, crayons, or stickers. If desired, print a message such as "I Love You, Mom," "Happy Birthday," or "Thank You" on the tube and sign it.

2. Decide where the top of your tube is and punch one hole near the top edge at both ends. Cut two 20-inch (51-cm) lengths of ribbon. Thread a piece of ribbon through a hole and tie it in a knot to the tube (see illustration). Repeat for the other side. Tie the ribbons together in a bow for hanging (see illustration).

3. Punch two holes equal distance apart around the edge of the tube at both ends. Cut different lengths of ribbon. Thread several ribbons through each punched hole and tie in a knot to the tube (see illustration).

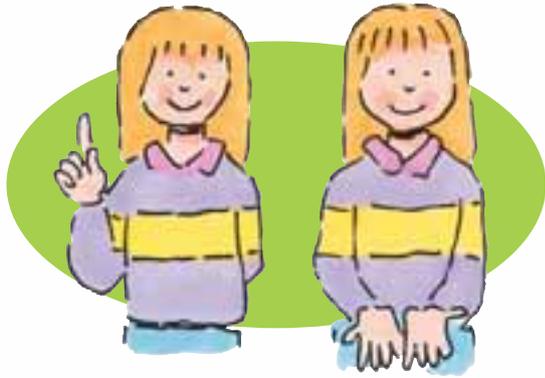
4. Place the wrapped candies or gift inside the tube. Stuff each end of the tube with tissue paper. Hang the gift on the door of the person you wish to surprise.

Polka-dot Sandwiches

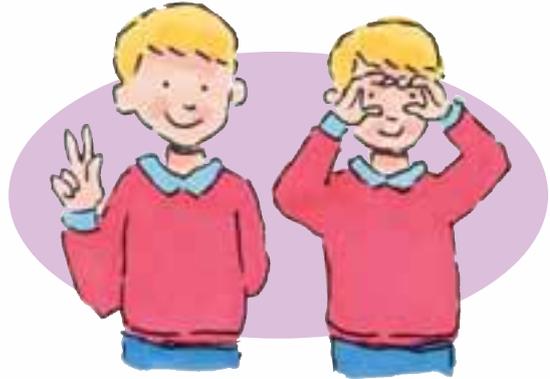


Five Little Nephites

BY ELIZABETH GILES



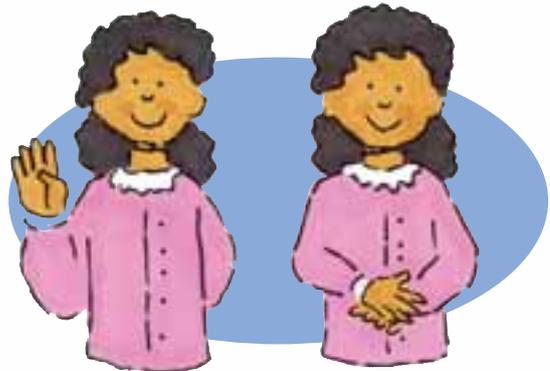
One little Nephite writes a book.
(Show one finger, then open hands to look like a book.)



Two little Nephites take a look.
(Show two fingers, then make a circle with thumb and fingers on each hand and use them to look like binoculars.)



Three little Nephites on a boat.
(Show three fingers, then put one hand flat with the other hand upright on it to look like a sail.)



Four little Nephites see them float.
(Show four fingers, then put the four fingers on the palm of the other hand.)



Five little Nephites hand in hand,
(Show five fingers, then hold and shake your own hand.)



Make their home in the promised land.
(Use your fingers to form a pointed roof, then put both hands on your heart.)

Who Caught the Fish?

BY VAL CHADWICK BAGLEY

These sisters and brother are enjoying fishing together. But their fishing lines have gotten tangled. Follow the strings to see who caught the fish.





Trying to Be Like Jesus

He that followeth me shall not walk in darkness, but shall have the light of life (John 8:12).

Sharing the Gospel through Service

By Hannah G.



My best friend, Aniyah, isn't a member of the Church. Aniyah's brother Khali is best friends with my

brother Nathaniel. We wanted to share the gospel with their family. Aniyah and Khali's mother recently had a baby. My mom wanted to let Aniyah's mom have time with the new baby. We took Aniyah and Khali to our pioneer picnic, the ward beach party, and later to the ward Halloween party.

We found out that their mom had never been given a baby shower [party] even though this was her third child. My mom insisted on giving her one. I helped my mom get the house ready and prepare the lunch. I had so much fun, and her family really appreciated the party.

Nathaniel was recently baptized, and Aniyah's whole family came. They were touched by the service, and I know they felt the Lord's Spirit there. I learned that by serving others we can share the gospel.

Hannah G., age 11, California



Of Good Report

By Brady B.

In family home evening we studied the 13th article of faith. We learned that "If there is anything virtuous, lovely, or of good report or praiseworthy, we seek after these things." Then we talked about the kinds of movies and television shows we watch. We decided that our family would not watch movies rated R or PG-13. Then a movie came out that I really wanted to see. I had seen the first three

movies in the series, but I told my mom that we shouldn't see the fourth because it was rated PG-13. She said it would be my choice. Even though I really wanted to see it, I decided that I wouldn't.

I felt that it might not be "virtuous, lovely, or of good report or praiseworthy."



Brady B., age 9, Utah



Sabbath Example

By Jordan B.

When I go on camping trips with the Girl Scouts I come home on Saturday night so I can go to church on Sunday. One time when my mom came to pick me up, one of the girls asked me why I was leaving. I told her that I wanted to go to church. She asked why I couldn't just skip it, so

I explained about the Sabbath day. I'm trying to set a good example for the people around me, and I'm glad that my family keeps the Sabbath day holy.

Jordan B., age 11, Michigan



The Twenty-Dollar Bill

By Jackson B.
(with help from his mom)

One day while I was at a store with my mom I found a twenty-dollar bill on the floor. I showed it to my mom and she asked me what I thought I should do with it. I knew that the money did not belong to me, so I decided to give it to a store clerk. While we were checking out, the clerk told me that a little girl had called crying because she had lost her birthday money.

Because I did the right thing, the little girl got her money back, and I got a big hug from my mom.

Jackson B., age 5, Ohio



Good Choice About Bad Words

By Josette Anne G. A.

Last year at school my classmates tried to make me say some bad words. I told them that saying those words was wrong. They didn't stop trying to make me say the words, but I told them I wouldn't. I felt happy inside when I stood up for the right in front of my friends. I'm trying to be like Jesus by keeping the commandments.

Josette Anne G. A., age 8, Philippines



Stop Picking on Her!

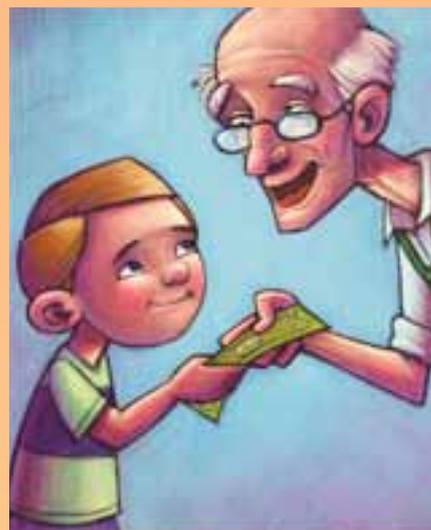
By Sabrina E. G.

I had just moved into a new house, and I felt really shy about going to a new school. When I arrived at school, I saw an older girl picking on a little girl about my age because she walked differently. I ran over and said, "Stop picking on her!"

The older girl said, "Leave me alone!" and I said, "No, you leave *her* alone!"

The unkind girl ran away. The other girl and I are still friends.

Sabrina E. G., age 10, Arizona







Standing Up for FAITH

BY VALYNN GRANT WOOLLEY

(Based on a true story)

*Be not thou therefore ashamed of the testimony of our Lord
(2 Timothy 1:8).*

Creak, creak. Bang, bang, bang!

John looked up from his plate as he heard footsteps and then a loud pounding at the door. It was early evening on a steamy summer Sunday, and five-year-old John was finishing supper with his parents, two brothers, and three sisters. He wondered who could be visiting his family.

Father got up and opened the door. "Let us in, Zachariah!"

John groaned inside as he turned to see his father's cousins. Dan and Marv were loud and swore a lot, and they didn't like Mormons. Ever since John's family had been baptized six years ago, their relatives had harassed them about being

Mormons. Lately it had been getting worse.

Dan pushed past Father and stepped into the room. "We're here to say that you have to stop associating with those missionaries and leave that church of yours," he said. "Your relatives are tired of being called 'Mormon-lovers.' "

"I've told you we're not leaving our church,"

Father firmly replied. "We joined because we know it is the true Church of Jesus Christ."

John's parents had been baptized before he was born, but he had heard their story many times. The elders first knocked on their door in the spring of 1883. Father was impressed with the missionaries' knowledge of the Bible and the good feeling they brought with them on their visits. He spent months studying with them and finally decided to be baptized. Mother and the older children also joined the Church.

Cousin Marv's face darkened in anger when he heard Father's answer. Marv leaned toward Father and spoke in a threatening tone. "If you won't leave that church of yours,

"We will face fear, experience ridicule, and meet opposition. Let us have the courage . . . to stand for principle."

President Thomas S. Monson, First Counselor in the First Presidency, "Courage Counts," *Ensign*, Nov. 1986, 41.



you'd better leave Tennessee.

If you don't, we'll take care of you just like they took care of Gibbs and Berry."

John shuddered. He was named after the missionary who baptized his parents, Elder John Gibbs. Five years ago, Elder Gibbs and Elder Berry had been martyred by a mob.

Father straightened his back and stood tall. "I will not leave my church or stop supporting the missionaries," he replied in a steady voice. "I would rather die a martyr than renounce my faith in Jesus Christ and His Church."

John's eyes widened, for Father's face seemed to shine as he spoke. John felt a warm and peaceful feeling replace his fear.

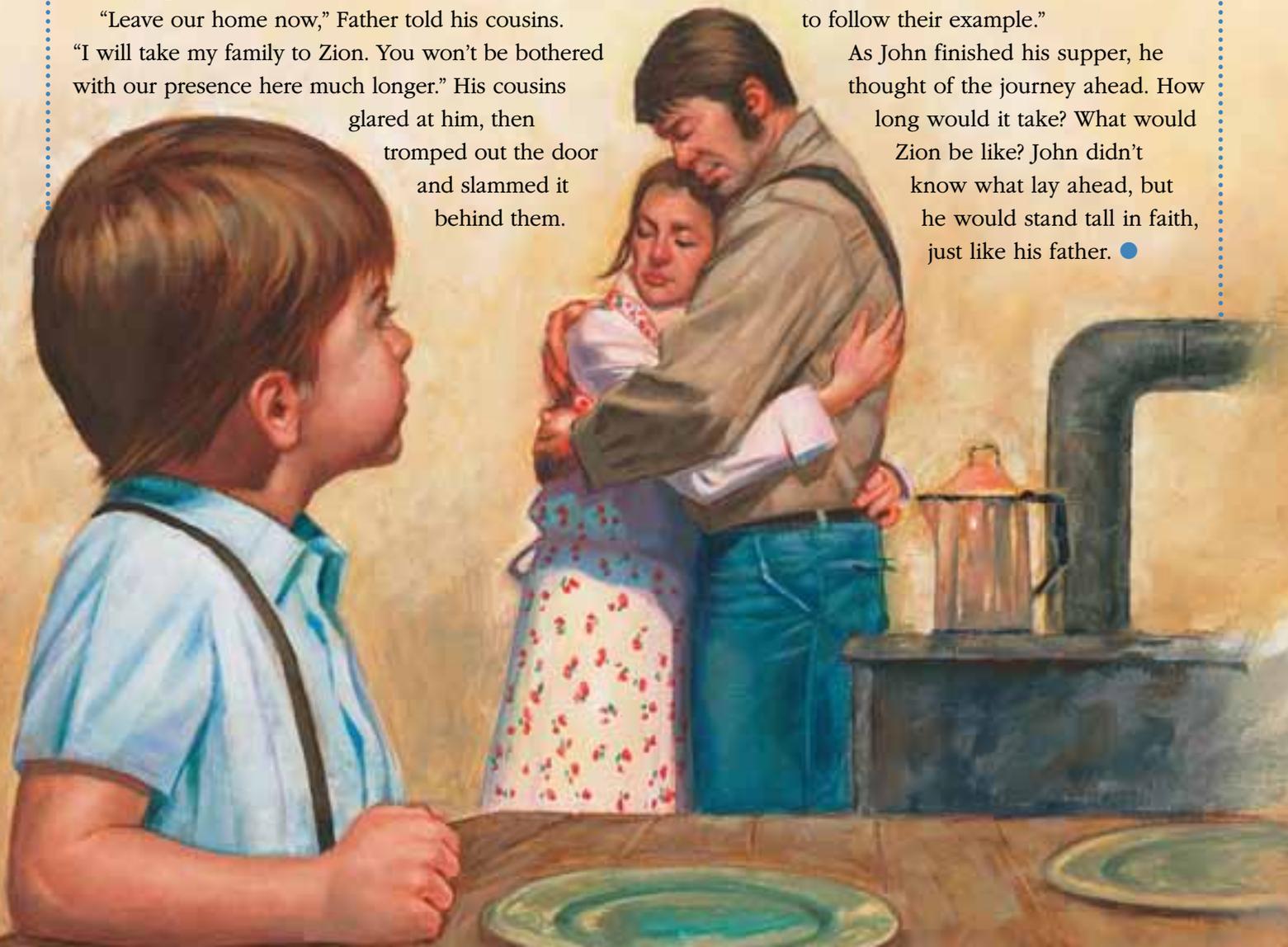
"Leave our home now," Father told his cousins. "I will take my family to Zion. You won't be bothered with our presence here much longer." His cousins glared at him, then tromped out the door and slammed it behind them.

Mother stood up and walked over to Father. She put her arms around his waist and looked up into his eyes. "We'll have to leave sooner than we thought," she said.

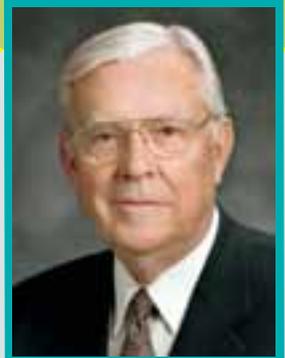
John's family was trying to save money to move to Zion, but they barely had enough to survive. He wondered how they would get enough for the eight of them to make the journey from Tennessee to Utah.

As if reading John's mind, Father spoke to the family. "We don't have enough money saved to travel all the way to Zion, but we will start our journey next week. We'll have to work along the way to earn money for the rest of the trip." He paused, then quietly added, "The missionaries taught us that no sacrifice is too great for the Lord. Now it's time for us to follow their example."

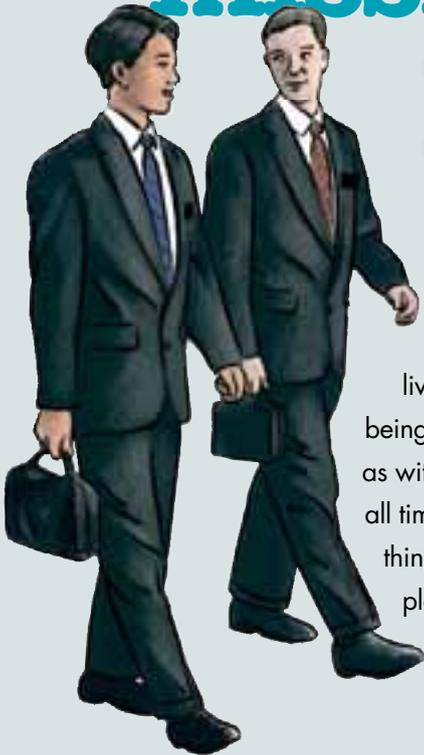
As John finished his supper, he thought of the journey ahead. How long would it take? What would Zion be like? John didn't know what lay ahead, but he would stand tall in faith, just like his father. ●



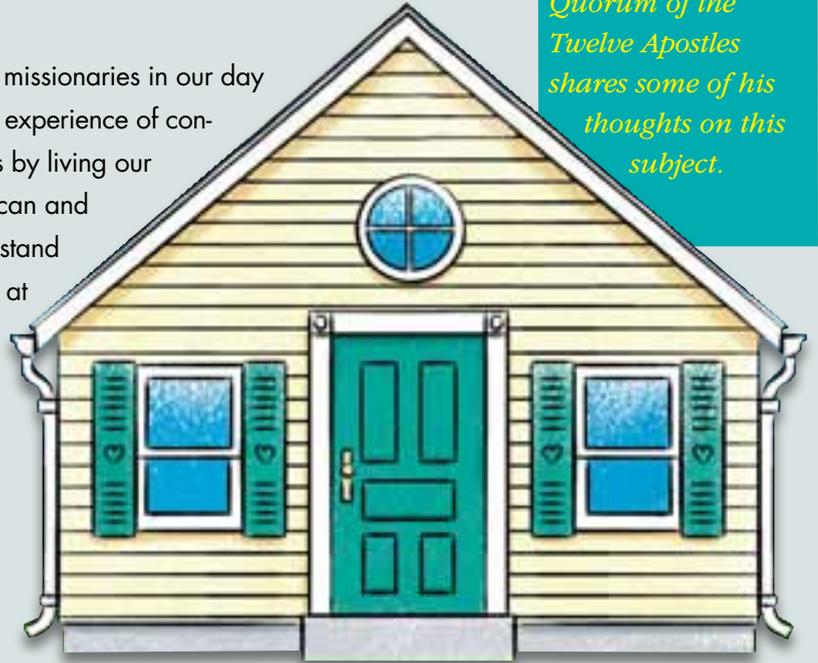
How can I be a missionary now?



Elder M. Russell Ballard of the Quorum of the Twelve Apostles shares some of his thoughts on this subject.

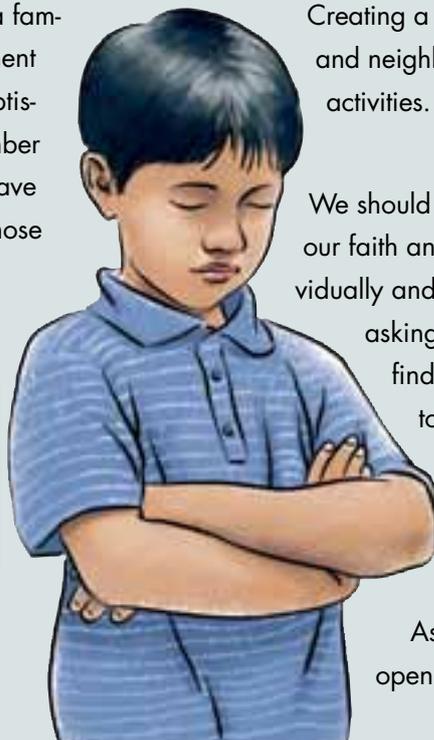
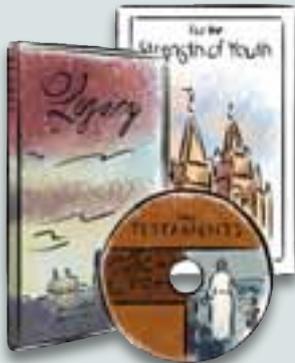


Members and missionaries in our day can have the experience of converting others by living our lives as best we can and being prepared “to stand as witnesses of God at all times and in all things, and in all places” (Mosiah 18:9).



Creating a gospel-sharing home means inviting our friends and neighbors into the ongoing flow of family and Church activities.

Church literature or DVDs can introduce new friends to the Church. Invitations to hear a family member speak in sacrament meeting or to attend the baptismal service of a family member or to tour a meetinghouse have also been appreciated by those who are not members.



We should exercise our faith and pray individually and as families, asking for help in finding ways to share the restored gospel of Jesus Christ.

Ask the Lord to open the way.



Our message can only be shared—heart to heart, soul to soul, spirit to spirit—by being good neighbors and by caring and showing love.

From “Pure Testimony,” Ensign, Nov. 2004, 42; “The Essential Role of Member Missionary Work,” Ensign, May 2003, 38, 40; “Creating a Gospel-Sharing Home,” Ensign, May 2006, 86–87.

Friends in the News



Newhall Second Ward

After Hurricane Katrina, the Primary children of the Newhall Second Ward, Valencia California Stake, wanted to help people whose homes had been destroyed. The children collected more than 1,700 pennies to send to victims of Hurricane Katrina.



Parker F., 7, Nevada, loves going to school and Primary. He has memorized the names of the prophet, his counselors, and the Twelve Apostles. He is a great example to his two little sisters.



Faith Ann L., 10, Oklahoma, likes swimming, dancing, singing, and playing the violin. She enjoys playing on her school basketball team. She prays daily for her brother serving in the U.S. Army.



Eagan Ward

The Primary children of the Eagan Ward, Oakdale Minnesota Stake, helped assemble 106 hygiene kits for the Church Humanitarian Center. The Activity Day girls helped plan and prepare for the project ahead of time by putting up posters, decorating a donation box, and making announcements. Before assembling the kits, the children discussed how the kits would be used. They were excited to help people all over the world!



Austin Mark V., 8, Tennessee, loves his family—especially his daddy who is away serving in the military. Austin is an excellent student and has lots of friends. He is reading the Book of Mormon.



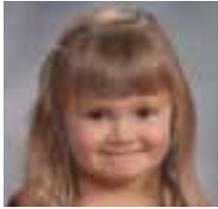
Sabrina and Joslyn B., 7 and 5, Idaho, take piano lessons. Sabrina enjoys riding her bike, singing, and playing jump rope. She wants to be a veterinarian. Joslyn is a happy girl with a sweet smile. She enjoys making up songs, dances, and plays. They both love their new baby sister.



Aaron B., 4, New York, loves Jesus and likes to sing "Book of Mormon Stories." His favorite pastimes include riding his bike, swimming, camping, and playing with his sisters and friends.



Catalina W., 4, Louisiana, likes to draw, ride her bike, swim, and say her prayers. She enjoyed going to Baton Rouge for a special family temple day with her ward. She is a good friend to everyone.



Martha G., 4, Washington, enjoys learning new things in Primary each week. Her favorite song is "Away in a Manger." She likes to dance, help her papa build things, and play with her big brother.



Owen D., 7, Germany, is trying to read the Book of Mormon before he turns 8. He always wears his CTR wristband, and it helps him to choose the right. He likes to read and to play soccer and baseball.



Holly H., 5, Ohio, likes coloring, princesses, and Primary. She also likes school, especially riding the bus. Holly enjoys meeting new friends because she has lived in four different states.



Zachary T., 7, South Carolina, enjoys building things from scratch with his tools and workbench. He likes playing outside, riding his dirt bike, and fishing. He has a tender heart and loves his family.



Arvada First Ward
For the 20th anniversary of the Denver Colorado Temple dedication, the Arvada First Ward Primary of the Arvada Colorado Stake went to the temple for a special tour of the grounds. The children finished the tour with this picture in front of the *Christus* statue.



Mija, Jarius, and Olivia J., 9, 7, and 6, are from Kansas. Mija loves to draw, read, and write in her journal. She helps her family by cooking dinner. Jarius enjoys playing basketball and kickball. He is a hard worker and helps his parents with chores around the house. Olivia likes to learn new things. She loves to help her baby sister by holding her and playing with her.



Tiara and Anastasia K., 6 and 4, Melbourne, Australia, are sisters and friends. Tiara likes to swim and put her head underwater. She also enjoys singing, reading, and skipping rope. Anastasia likes to paint with watercolors and to cook. Every day she asks her mother if she can bake a vanilla cake. They both enjoy Primary.



Avri Jane P., 5, British Columbia, Canada, likes to read, draw, and do crafts. She is the oldest of three girls. She is happy her dad joined the Church so he can baptize her when she is eight.



David P., 6, Utah, likes to ride bikes, read, make friends, and go to Church. He loves his little brother Nathan and helps him to pray and go to his Sunbeam class. His parents are proud of him.



Deanna D., 11, California, enjoys reading the *Friend* to her little brothers. She likes to draw, play the flute, read, and write. She recently illustrated a book her father made for his baseball team.

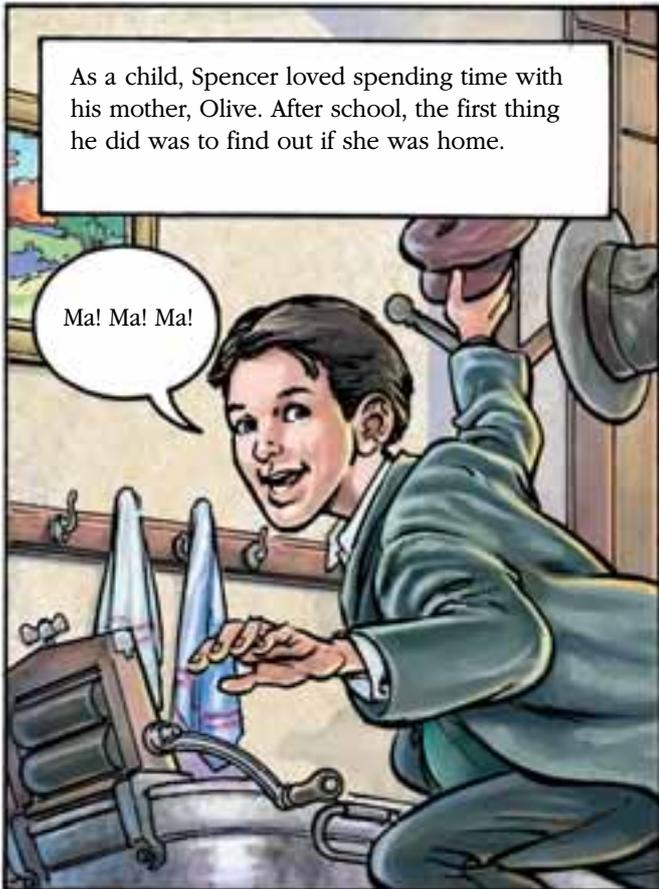


FROM THE LIFE OF PRESIDENT SPENCER W. KIMBALL

Spencer's Mother

As a child, Spencer loved spending time with his mother, Olive. After school, the first thing he did was to find out if she was home.

Ma! Ma! Ma!



Yes, Spencer, what do you need?

Nothing.



Spencer's mother taught him important gospel principles.

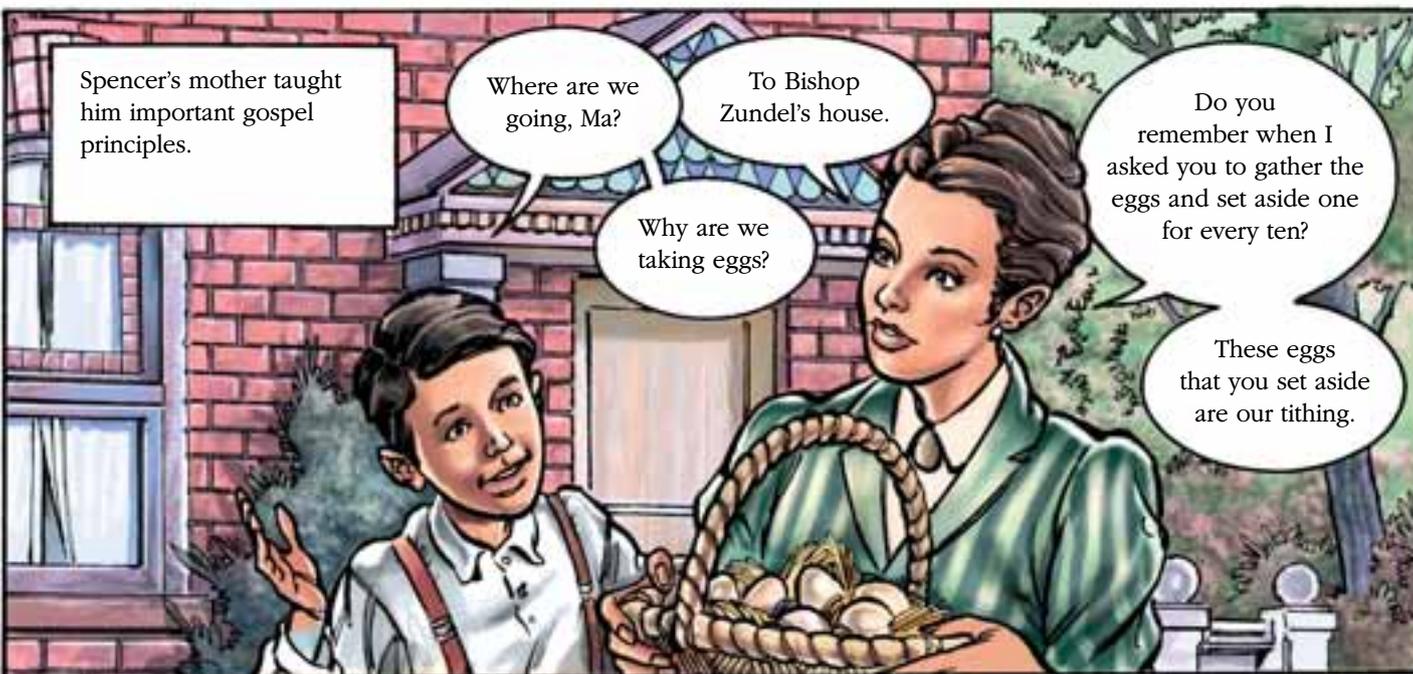
Where are we going, Ma?

To Bishop Zundel's house.

Why are we taking eggs?

Do you remember when I asked you to gather the eggs and set aside one for every ten?

These eggs that you set aside are our tithing.



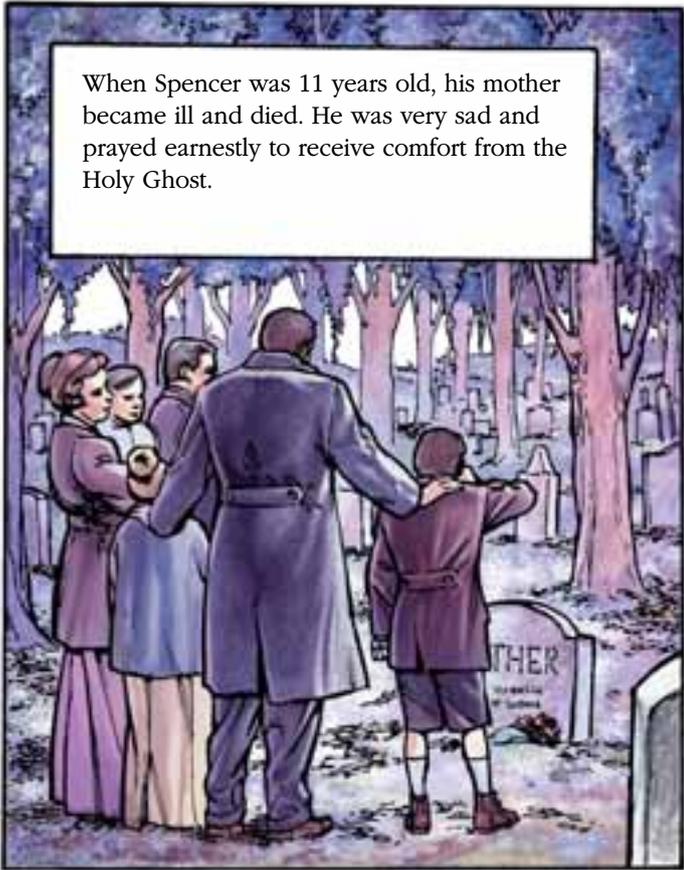


Spencer's mother taught Spencer to work hard. He had perfect school attendance, and he rushed home at lunchtime to do chores.

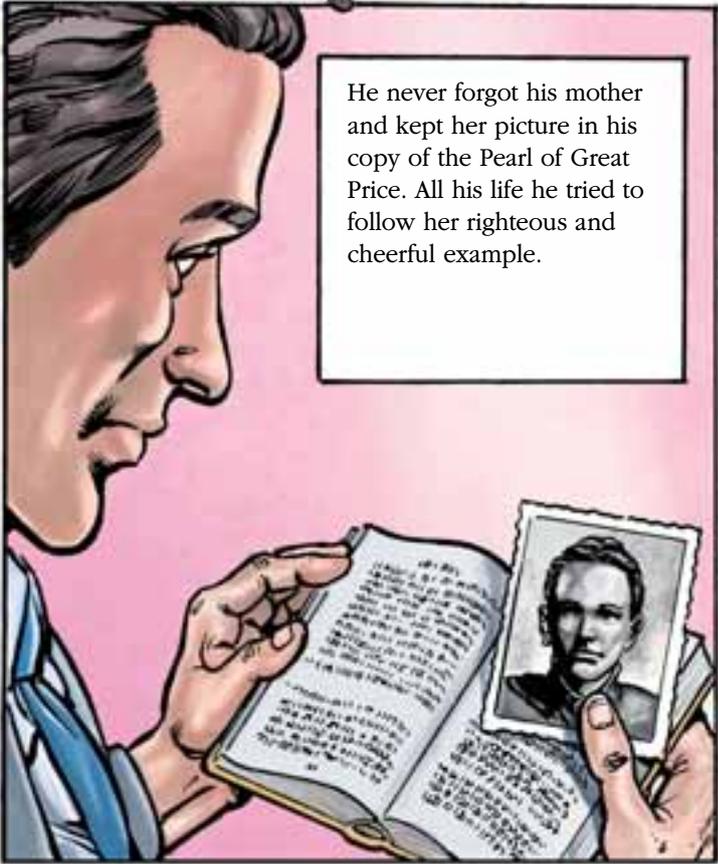
When you've finished feeding the cows, horses, and pigs, I'll have your lunch ready for you.

Yes, Ma!

Spencer wrote in his journal, "I just liked being with Ma." He liked going for rides in the buggy with her and sitting next to her in church.



When Spencer was 11 years old, his mother became ill and died. He was very sad and prayed earnestly to receive comfort from the Holy Ghost.



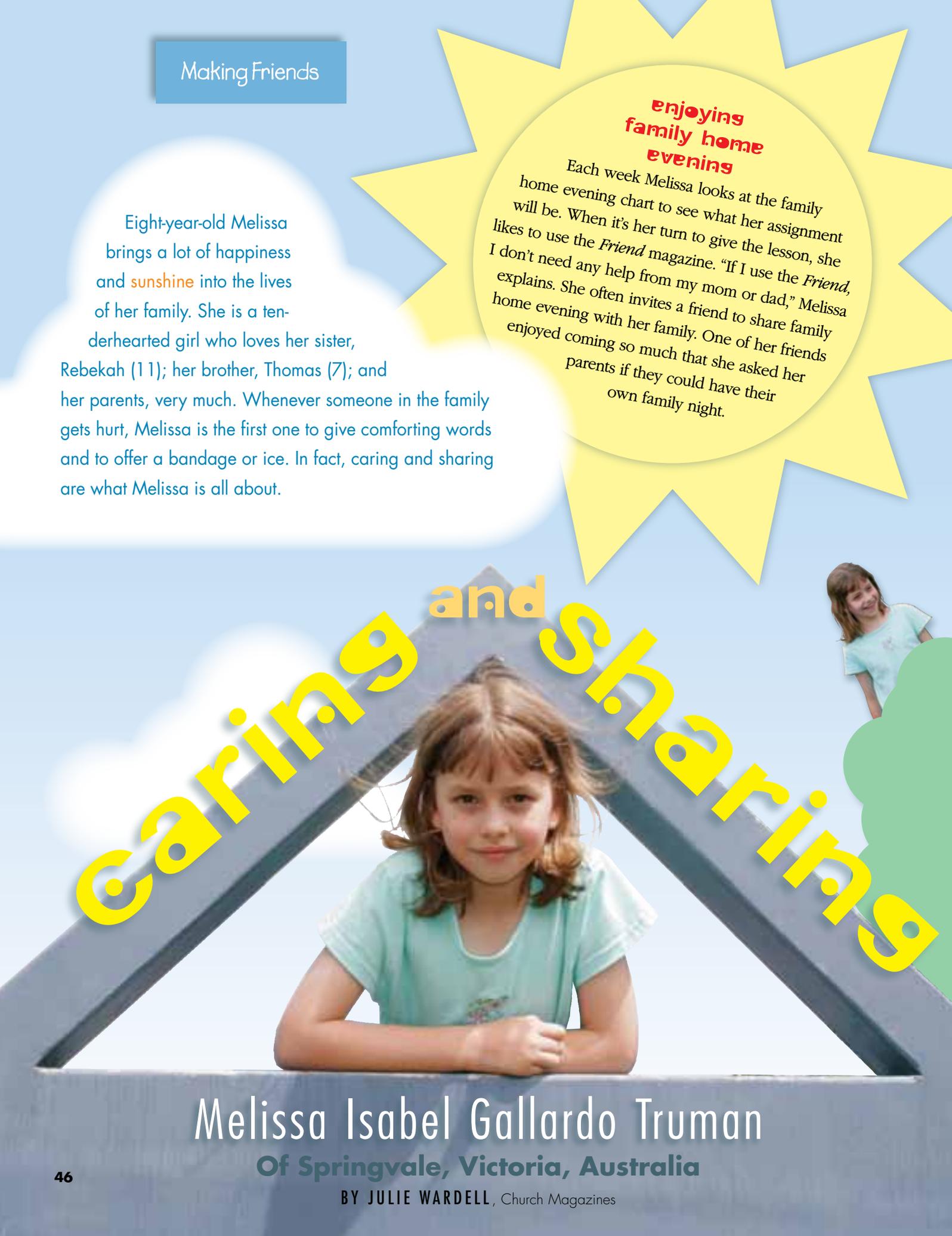
He never forgot his mother and kept her picture in his copy of the Pearl of Great Price. All his life he tried to follow her righteous and cheerful example.

Eight-year-old Melissa brings a lot of happiness and sunshine into the lives of her family. She is a tenderhearted girl who loves her sister, Rebekah (11); her brother, Thomas (7); and her parents, very much. Whenever someone in the family gets hurt, Melissa is the first one to give comforting words and to offer a bandage or ice. In fact, caring and sharing are what Melissa is all about.

enjoying family home evening

Each week Melissa looks at the family home evening chart to see what her assignment will be. When it's her turn to give the lesson, she likes to use the *Friend* magazine. "If I use the *Friend*, I don't need any help from my mom or dad," Melissa explains. She often invites a friend to share family home evening with her family. One of her friends enjoyed coming so much that she asked her parents if they could have their own family night.

Caring and Sharing



Melissa Isabel Gallardo Truman
Of Springvale, Victoria, Australia

Australia is known as the Land Down Under because it is in the Southern Hemisphere.



melissa's favorite family activities

1. Holidays at the beach
2. Camping in a tent in a national forest
3. Swimming in a river in the bush
4. Riding bikes to the park and playing on the monkey bars
5. Running through the different obstacles on the commander course
6. Playing games with Rebekah and Thomas
7. Putting together a 1,000-piece puzzle
8. Challenging Thomas to a game of chess

sharing the gospel

Melissa knows that one of the best ways she can be a missionary is to set a good example. She tries to be kind and sensitive to other people's feelings. At school she often reminds her peers not to use bad language. She also explains to her friends why she can't attend birthday parties on Sunday. Whenever she eats at someone's home, Melissa asks if she can say a blessing on the food. She is not shy about telling people about the gospel and inviting them to church. Both Melissa and Rebekah take the *Friend* or the Book of Mormon to school for free-reading time. They know that when someone asks them what they are reading, they can share the gospel with them.



caring for home

The Truman children know how to work as well as play. Every Saturday morning everyone pitches in to clean the house. They take turns dusting, folding clothes, cleaning the bathroom, vacuuming, making beds, and ironing. Melissa thinks it's fun to iron, but says, "I have to be very careful not to burn myself." She also takes turns caring for their pets—Boris (bird), Sally (dog), and the sea monkeys (brine shrimp).

Melissa likes to make string art and likes to help make treats in the kitchen.



many talents to share

Melissa is developing her talents in writing and art by participating in the Targeting Talent Program at school. She wrote

a poem called "Merrymirl." It was published in a book containing the best poems written by school children in Australia. Her favorite topic to write stories about is what heaven is like. She especially enjoys all kinds of arts and

crafts—drawing pictures, painting with watercolors, creating touch-and-feel boxes, making latch-stitch rugs, and doing counted cross-stitch. Melissa excels in swimming and has won several awards in



caring and sharing with others

Whenever Melissa pays her tithing, she also likes to give money to the poor. Sharing her testimony with others is also an important priority in her life. She would like to share it with the *Friend* readers:

"I know the Church is true. I know my Heavenly Father lives. I like to share the gospel with my friends by inviting them to family home evening and church. I love my Heavenly Father and Jesus Christ."



freestyle and backstroke. After taking piano lessons, she is teaching herself to play songs from the *Children's Songbook*.



where in the world
is Springvale, Victoria,
Australia?



Guide to the Friend



The Guide to the Friend can help you find stories or articles for preparing lessons or talks for church or for family home evening. The Primary theme for May is "My faith in Jesus Christ grows when I learn about the Restoration of the gospel."



Family Home Evening Ideas

Look for the FHE symbol on the pages mentioned below.

1. Jesus taught that as members of His Church we can be righteous examples to others. Read Matthew 5:14–16 and draw a picture of the images in these verses. Then read "Don't Be Afraid to Be Different" by President James E. Faust (pp. 2–3). How does your drawing relate to the story of Joan of Arc? Discuss the "Things to Think About" (p. 3).

2. Tell and sing the story of Joseph Smith (pp. 4–6). Then read the poem "As Joseph Did" (p. 7) to discover how you can follow the example of the Prophet.

3. Go on a 15-minute field trip through the house looking for "heroes." You might find videos about superheroes, pictures of family members you look up to, and paintings of the Savior. Write down each hero you find in your house.

When the time is up, read "All Kinds of Heroes" (pp. 18–20). Read your list of heroes. Add any you may have forgotten, and then circle the "real heroes" whom you truly admire. Talk about ways you can follow their examples.

4. Cooperate to complete the activity "Help on a Rainy Day" (p. 26) or

make copies so each person can fill one out. How may each item listed help someone in need? Which of these items could your family donate? Plan and carry out a service project that will benefit Church Humanitarian Aid. Visit the Web site referenced on page 26 for more information.

5. Make a "Surprise Door Hanger" (p. 33). Then read some of the articles in the "Trying to Be Like Jesus" section (pp. 36–37). Select someone to start out with the Surprise Door Hanger. He or she will watch for a family member trying to be like Jesus and leave the door hanger with a note or a treat on that person's doorknob. Exchange the door hanger throughout the week each time an act of kindness or righteousness is noticed.



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To subscribe online, go to **www.ldscatalog.com**.

Manuscript Submissions

The *Friend* welcomes unsolicited manuscripts but is not responsible for them. Rejected manuscripts will not be returned unless a stamped, addressed envelope is enclosed. Send manuscripts to *Friend* Editorial, 50 E. North Temple St. Rm. 2430, Salt Lake City, Utah 84150-3220, United States of America. Send e-mail to friend@ldschurch.org.

Send children's submissions to *Friend* Editorial, 50 E. North Temple St. Rm. 2430, Salt Lake City, Utah 84150-3220, United States of America, in care of the appropriate department—Our Creative Friends, Friends in the News, Friends by Mail, Trying to Be Like Jesus. Submissions will not be returned. A written statement by a parent or legal guardian granting permission to publish the child's photo and submission must be included.



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(f) = Funstuff
(IFC) = inside front cover
(v) = verse

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Learn more about why sacrament time is so reverent.



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You can be a missionary now!