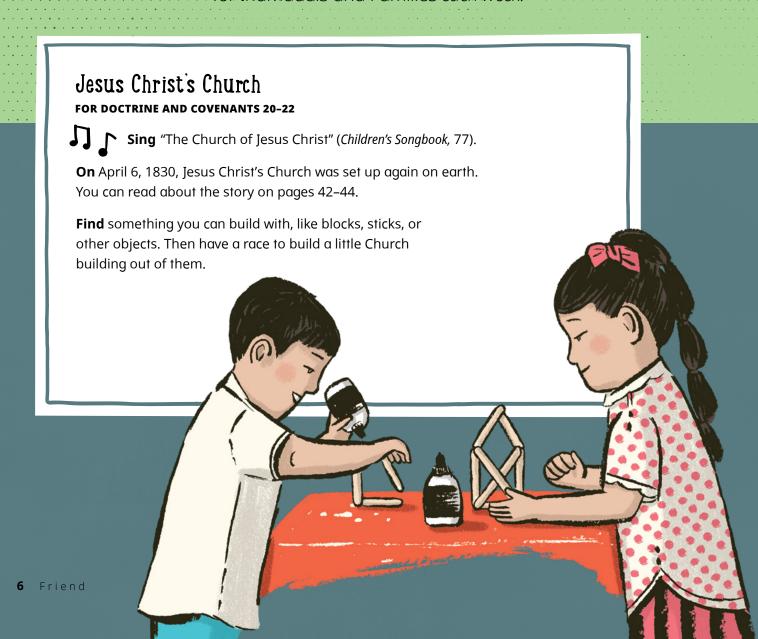


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These ideas go along with Come, Follow Me—for Individuals and Families each week



Armor Up!

FOR DOCTRINE AND COVENANTS 27-28

Sing "Dare to Do Right" (Children's Songbook, 158).

Jesus Christ taught that we need to put on the whole armor of God. When we live the gospel, we can be safe and protected!

Use items from around your home to dress up in pretend armor. Then read Doctrine and Covenants 27:15–18. Talk about what each piece of armor means.



Sing "Lift Up Your Voice and Sing" (Children's Songbook, 252).

FOR DOCTRINE AND COVENANTS 23-26

God called Emma Smith to put together a book of songs for the Church. He said that "the song of the righteous is a prayer" (Doctrine and Covenants 25:12).

Have a family song challenge! One person hums a Church song. Everyone else guesses what song it is. When someone guesses right, everyone sings the song together! Then take turns choosing the next song.

Heavenly Father's Plan for doctrine and covenants 29

Sing "When He Comes Again" (Children's Songbook, 82–83).

The scriptures teach about Heavenly Father's plan for us. That plan includes being resurrected. That means that we will live again after we die. (See Doctrine and Covenants 29:13, 26.)

Read the message by President
Eyring on page 2. During the
week before Easter Sunday,
read one of the scriptures for
each day with your family.

