

MARCH 2021

the Friend

Following Jesus Together

Get Ready for
EASTER!

See pages 2-3

A children's magazine published by The Church of Jesus Christ of Latter-day Saints

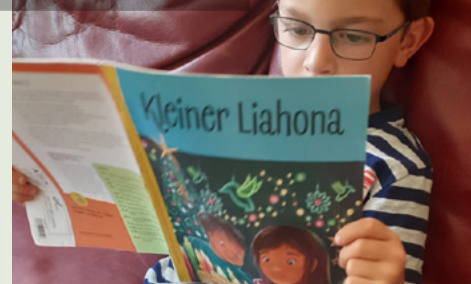
Dear Friends.

This year Palm Sunday is on the last Sunday in March. That's when we celebrate the day Jesus rode into Jerusalem on a donkey. People waved palm leaves and shouted, "Hosanna!" A few days later, Jesus suffered and died for us. Then He was resurrected! We hope you'll enjoy this special time to remember what Heavenly Father and Jesus have done for us (see John 3:16). Because of Them, we can all live again!

With love,

The Friend

P.S. How many pages about Jesus can you find in this issue?



WHERE WE READ THE *FRIEND*

We love reading the *Friend*! It helps us feel less alone because we are the only members of the Church in our city. We read it in German and in Dutch because our mom is from the Netherlands and our dad is from Germany.

Lars and Torben S., ages 5 and 3, Lower Saxony, Germany



WE LOVE TO SEE THE TEMPLE

We live near the Barranquilla Colombia Temple and visit it every two weeks. It helps us remember the covenants we will make with Heavenly Father.

Puerto Colombia Branch Primary, Colombia



BUILD YOUR OWN

I learned how Nephi made a boat (February 2020), so I wanted to make one myself to understand how Nephi felt. At first it was difficult, but I learned to not give up and to trust the Lord as Nephi did.

Ian D., age 9, Veracruz, Mexico

the Friend

COME,
FOLLOW ME

These stories and activities support this month's *Come, Follow Me* lessons at home and in Primary. Find more resources at lessonshelps.ChurchofJesusChrist.org.

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Find 3 Hidden CTR Rings

Hard: So many weeds!

Harder: Have a seat in the temple.

Hardest: Wave a palm leaf.

Here is the CTR ring in Spanish!





**By President
Henry B. Eyring**
Second Counselor in
the First Presidency

He Is Risen!

The **Resurrection** of Jesus Christ gives us hope. It gave me hope on the summer day in 1969 when my mother died. I was sad because I was temporarily separated from her.

But I felt happy when the Holy Ghost told me that the Resurrection is real. I can picture what it will be like to see my mother and other loved ones again someday.

Jesus Christ was resurrected. Because of Him, all of Heavenly Father's children born into the world will be resurrected in a body that will never die. ●

Resurrection: When Jesus's spirit came back into His body after He died. Because of Jesus, everyone who has died will also be resurrected someday.

The Story of Easter

Cut out the cards and glue them on paper.
Punch the holes and tie together with string.
Now you have an Easter storybook!

Adapted from "He Is Risen," Ensign or Liahona, April 2013, 4–5.



1. Jesus Christ rode into the city of Jerusalem on a donkey. People praised Him and laid palm leaves on the ground. (See Mark 11:1–11.)



5. Jesus went to Gethsemane to pray to Heavenly Father. There He began to suffer for our sins. People with swords came and arrested Him. (See Matthew 26:36–50.)

"I testify that Jesus is the risen Christ, our Savior, and our perfect example and guide to eternal life."

President Henry B. Eyring

● See *Come, Follow Me* for Doctrine and Covenants 29 and Easter.



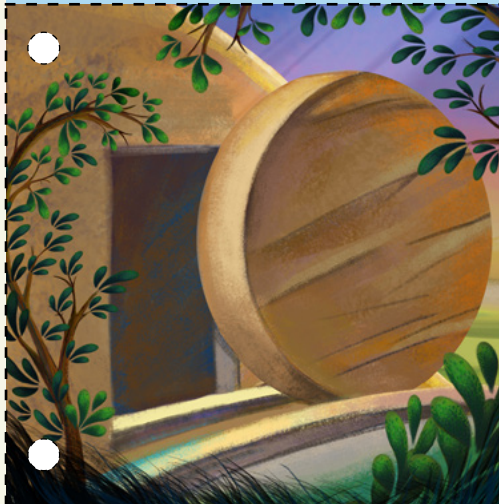
2. Jesus visited the temple. He healed people who were lame and blind. (See Matthew 21:12–14.)



3. Jealous priests paid one of Jesus Christ's disciples, Judas Iscariot, 30 silver coins to turn Him over to them. (See Matthew 26:14–16.)



4. Jesus ate the Passover meal with His disciples. He gave them the sacrament to help them remember Him. (See Matthew 26:19–20, 26–28.)



6. Jesus suffered and died on the cross. His body lay in a tomb with a large stone in front of the door. (See Matthew 27:27–35, 57–60.)



7. Angels rolled the stone away. They told Mary Magdalene and other women that Jesus was resurrected. Jesus appeared to the women, and they worshipped Him. (See Matthew 28:1–10.)



8. Jesus appeared to His disciples. They touched His resurrected body. He told them to teach everyone His gospel. Jesus Christ rose again, so we will too! (See Luke 24:36–43; Matthew 28:16–20.)



Getting Ready for Easter

By Amber Healey
Church Magazines
(Based on a true story)

"Worship the Father in his name, with pure hearts and clean hands" (2 Nephi 25:16).

"Wake up, Lydia," Mama said. "It's Clean Thursday!" In Russia, where Lydia lived, Clean Thursday was a special day to get ready for Easter.

Lydia rolled over and looked out her window. It was still dark outside.

"Mama, I'm so tired," Lydia said. "Can I just sleep a little longer and work later?"

Mama smiled and sat on the bed. "There's a reason

we wake up so early today. Do you know what it is?"

Lydia thought hard, but she didn't know.

"We work hard to make our home clean today to remind us of when Jesus washed His disciples' feet. He loved and served others, and we want to serve like Jesus did in our home. Today is a day to remember Jesus!" Mama said.

Lydia wanted to serve like Jesus, so she jumped out of bed. For the rest of the day, she worked hard. She cleaned the floor, washed clothes, and helped cook food. At the

end of the day, she felt proud. Everything was sparkling clean.

The next day was Good Friday. Lydia, Mama, and Papa made Easter eggs. They poked little holes in the shells and drained out all the yolk. They drew patterns on the eggs and covered each pattern in wax. Then they dipped the eggs in bright red, purple, and green dye. Lydia loved how pretty all the swirling patterns looked.

When the eggs dried, Lydia rolled up little photos of her family and put one in each egg. This Friday was a day to be together and remember Jesus's sacrifice. It was the day of the week when Jesus died. The eggs reminded Lydia of the tomb where Jesus lay. Lydia's family did their best to remember Him.

On Holy Saturday, Mama made *kulich* (Easter bread). Making *kulich* was an important Easter tradition in Russia. People always tried to be reverent when *kulich* was baked. Lydia thought about her family, Jesus's Resurrection, and things she was grateful for. It was easier to think about spiritual things when her house was so clean and peaceful.

Finally it was Easter Sunday! Lydia was so excited. Her cousins came over to visit. They all ate the delicious food she had helped cook. There were pies, *kulich*, sausages, and cheeses. As they ate, they shared their testimonies and talked about things they were grateful for.

After dinner they played a special game. Each person held a decorated egg and tapped it against another egg. The person whose egg cracked first lost the game. Lydia's arms shook as she pressed her egg up against her cousin's egg. "Come on, egg!" she shouted. Her bright purple egg cracked into pieces. There in the broken shell was the picture of her family.

Lydia smiled as she looked at the photo. She didn't mind that she lost the game. A warm, happy feeling filled her heart. She had worked hard to prepare for this Easter by helping and loving her family. Because of Christ's Resurrection, they would all live again! ●



SCRIPTURE TIME FUN

*These ideas go along with Come, Follow Me—
for Individuals and Families each week.*

Jesus Christ's Church

FOR DOCTRINE AND COVENANTS 20–22

🎵 **Sing** “The Church of Jesus Christ” (*Children’s Songbook*, 77).

On April 6, 1830, Jesus Christ’s Church was set up again on earth.
You can read about the story on pages 42–44.

Find something you can build with, like blocks, sticks, or
other objects. Then have a race to build a little Church
building out of them.



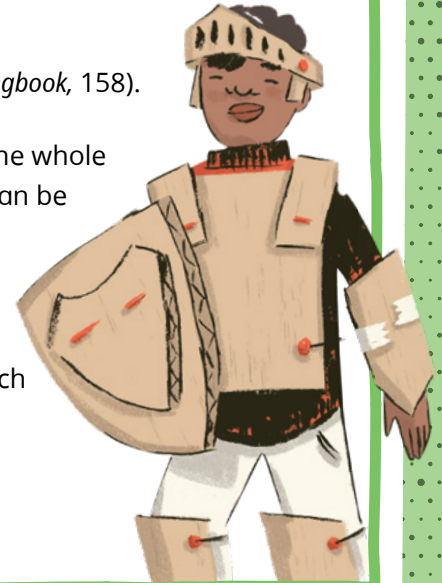
Armor Up!

FOR DOCTRINE AND COVENANTS 27-28

 **Sing** "Dare to Do Right" (*Children's Songbook*, 158).


Jesus Christ taught that we need to put on the whole armor of God. When we live the gospel, we can be safe and protected!

Use items from around your home to dress up in pretend armor. Then read Doctrine and Covenants 27:15-18. Talk about what each piece of armor means.



Name That Song

FOR DOCTRINE AND COVENANTS 23-26

 **Sing** "Lift Up Your Voice and Sing" (*Children's Songbook*, 252).


God called Emma Smith to put together a book of songs for the Church. He said that "the song of the righteous is a prayer" (Doctrine and Covenants 25:12).

Have a family song challenge! One person hums a Church song. Everyone else guesses what song it is. When someone guesses right, everyone sings the song together! Then take turns choosing the next song.



Heavenly Father's Plan

FOR DOCTRINE AND COVENANTS 29

 **Sing** "When He Comes Again" (*Children's Songbook*, 82-83).

The scriptures teach about Heavenly Father's plan for us. That plan includes being resurrected. That means that we will live again after we die. (See Doctrine and Covenants 29:13, 26.)

Read the message by President Eyring on page 2. During the week before Easter Sunday, read one of the scriptures for each day with your family.



A PIANO for PROPHET

*A boy named Prophet had two
important goals.*

By Richard M. Romney

Church Magazines

(Based on a true story)

"Music is a language that everyone can understand" (Children's Songbook, iii).

Prophet loved music. He especially loved Primary songs and Church hymns. He hummed the tunes all day long. He imagined himself sitting at a piano, playing his favorite songs. He also imagined himself teaching other people how to play.

There was just one problem. He didn't have a piano.

One day Prophet had an interview with his bishop.

"Have you set any goals for the Children and Youth program?" the bishop asked.

"Yes," Prophet said. "I want to learn to play the piano."

"That is a good goal," the bishop said.

"And when I reach that goal," Prophet said, "then I have another goal. I want to teach 20 other people how to play."

"You have two good goals," the bishop said.

"And I have a problem," Prophet said. "I don't have a piano."

"Well, let us see what we can do."

At church the next Sunday, the bishop told Prophet that he had found a missionary couple who could teach him. They

1st GOAL



Watch a video about this story at childrenandyouth.churchofjesuschrist.org. Click on "Stories."



2nd GOAL

● See *Come, Follow Me* for Doctrine and Covenants 23–26.

would bring piano keyboards for him and others to practice on. They wanted to teach lots of people how to play the piano.

The bishop talked to people. Prophet talked to people. Prophet's family talked to people. Soon the whole ward was talking about piano lessons. So were others.

"Many of my friends who are not members also want to learn," Prophet told the bishop.

"They are welcome, of course," the bishop said. "The missionaries will give you a book and help you learn the lessons. And after you learn, you can help them teach everyone else."

"That is my second goal!" Prophet said.

Soon Prophet was practicing with the missionaries. He loved learning what each of the notes meant and hearing them come together to make a song. Two of his friends from church, Kelvin and Alexander, were also learning. After a month, all three boys started teaching too.

Every day, the boys taught keyboard classes at the Church building. At first there were about 10 students, then 20, then 50!

"This is fun!" Kelvin said one day when class was over.

"I think Heavenly Father is happy because we are helping others to learn," Alexander said.

Prophet nodded. His goal was already helping so many people.

But there was something else that made Prophet happy. As the other students practiced the Primary songs, they were also learning about Heavenly Father. Some of them asked Prophet if they could learn more about the Church.

And in fact, some of the people who first learned about the Church because of piano lessons ended up getting baptized.

"Now in meetings," Prophet says, "we all join together and sing the songs we love." ●

This story took place in Greater Accra, Ghana.



I CAN PLAY IT!

Jesus Has Risen

Joyfully ♩ = 104-112

Words and music by Thelma Johnson Ryser

Chords: F, B \flat , F

3

Je - sus has ris - en, Je - sus, our Friend.

5 2

Chords: B \flat , F, G 7 , C 7

5

Joy fills our hearts; — He lives a - gain.

2 1

Chords: F, B \flat , F

3

Prais - es we sing to Him, This Eas - ter - time.

5 2

Chords: B \flat , F, C 7 , F

4

Je - sus has ris - en, Sav - ior di - vine.

2 5

Chords: B \flat , F, B \flat , C 7 , F

1 4 4

Je - sus has ris - en, Sav - ior di - vine!

2

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Watch a sing-along video
for this song at
[children.ChurchofJesusChrist.org](https://www.children.ChurchofJesusChrist.org).
Click on "Videos."



Because of Jesus

When Jesus died for us, He gave us many blessings. Some of these blessings are written on these cards. Find the match for each scripture. You can also cut out the cards and flip them over until you find each match.

● See *Come, Follow Me* for Doctrine and Covenants 29.



Doctrine and Covenants
58:42



Mosiah 15:20



John 14:27

Resurrection

Ether 12:4



MEET VICTORIA *from* the United Arab Emirates

*Meet Primary children
helping others, like Jesus did.*



HELLO,
HEI, and
BONJOUR

All about
Victoria



AGE: 5

FROM:
United Arab Emirates

LANGUAGES:
English, Finnish,
and French

GOALS AND DREAMS:

- 1) Be a doctor.
- 2) Be an artist.
- 3) Make sure everyone has clean water.

FAMILY: Mom, Dad,
younger brother and sister,
Elisabeth and Christopher

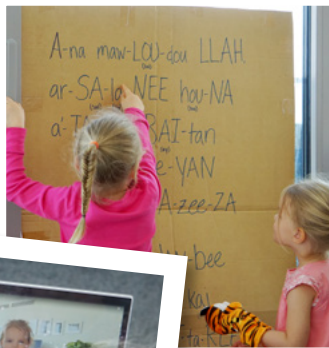


Victoria's Helping Hands

Victoria likes looking for ways to show her love. Sometimes it's sharing a handmade card, giving a hug, or even sharing her food.

At school she would often sing "I Am a Child of God" out loud. Soon all of the teachers in her school learned the words. Sometimes they would even sing along.

When schools closed because of COVID-19, her teachers remembered Victoria's song. They asked if she would send a video of herself singing "I Am a Child of God" to help cheer them up. Victoria and her little sister decided to sing the song together for the video. They wanted to surprise their teachers and help them smile, so they learned to sing it in Arabic too! ●



Victoria followed Jesus by cheering up her teachers. Turn the page to read a story about how Jesus helped others.

Victoria's Favorites



PLACE: the playground

STORY ABOUT JESUS: When He was resurrected on Easter

PRIMARY SONG: "Nephi's Courage" and "I Love to See the Temple" (A new temple is going to be built in the UAE!)

FOOD: pot stickers

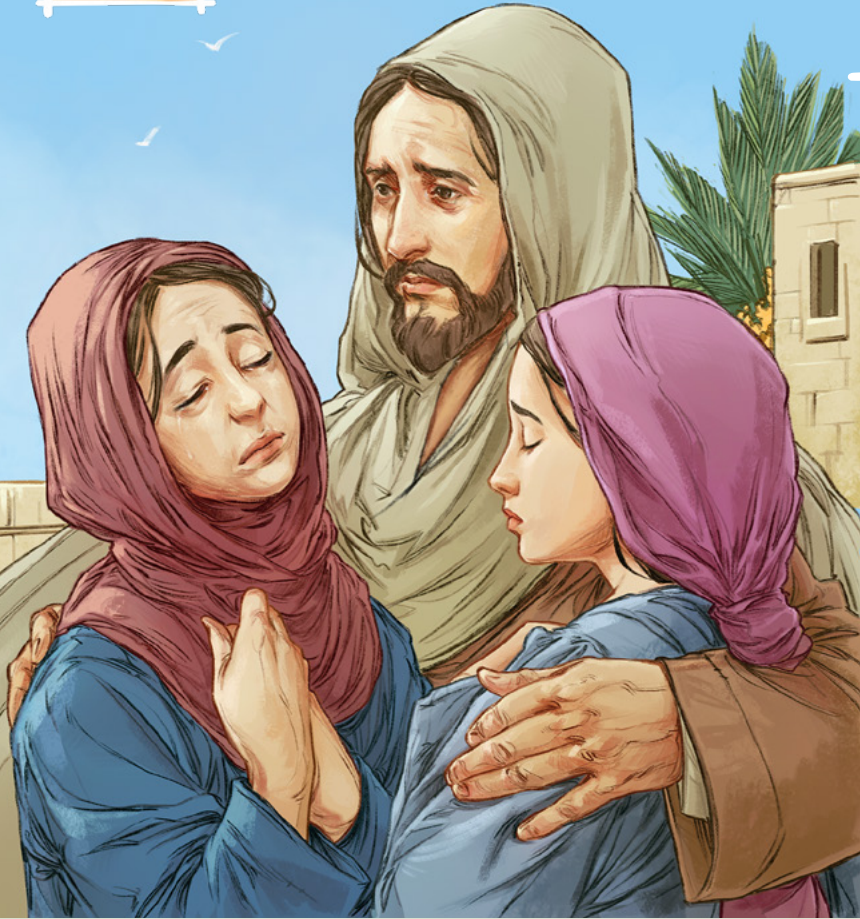
COLORS: gold, silver, pink, and purple



SUBJECTS IN SCHOOL:
art and math

"Let us put our faith in the Lord Jesus Christ into action!"

President Russell M. Nelson, "Opening the Heavens for Help," *Ensign* or *Liahona*, May 2020, 73.



Jesus Comforted Others

Jesus was good friends with Mary, Martha, and their brother, Lazarus. Lazarus got sick and died. Mary and Martha were very sad.

After four days, Jesus went to Mary and Martha's home. He comforted them and told them that their brother would live again. Then He raised Lazarus from the dead. They were filled with joy.

You can read this story in John 11:1-3, 17, 20-25, 32-45.

I CAN COMFORT OTHERS

☐ Look for a chance to help someone who is sick or sad.

☐ Say a prayer and make a plan to comfort them.

☐ Do your plan!



There was a new kid in school that no one would talk to. So I became his friend! Jesus wants to help us. I want to follow Jesus.

Wesley O., age 8, Texas, USA

How are you trying to help others, like Jesus did? Write and tell us!

Cut out this card to remind you to keep helping like Jesus.



ADVENTURES IN THE UAE

with Margo and Paolo

I'm getting hot and thirsty!

Let's drink our water in the shade at that oasis.



Let's keep moving. Oryxes can go without water for weeks, but we can't!

Hey! Is that an Arabian oryx? I want to stop and take a picture!



Mmm. Water is so delicious.

And so wet!



Join the
Helping Hands Team

Victoria wants to help people have clean water. You can help too by not wasting water. And you can help keep it clean.

Challenge: Look for living things in a pond, river, or ocean near you. You can help protect them by picking up trash near water and not putting harmful chemicals down drains.

FOREVER

By Sarah Chow
(Based on a true story)

The adoption is final!



I love you, Kylee!



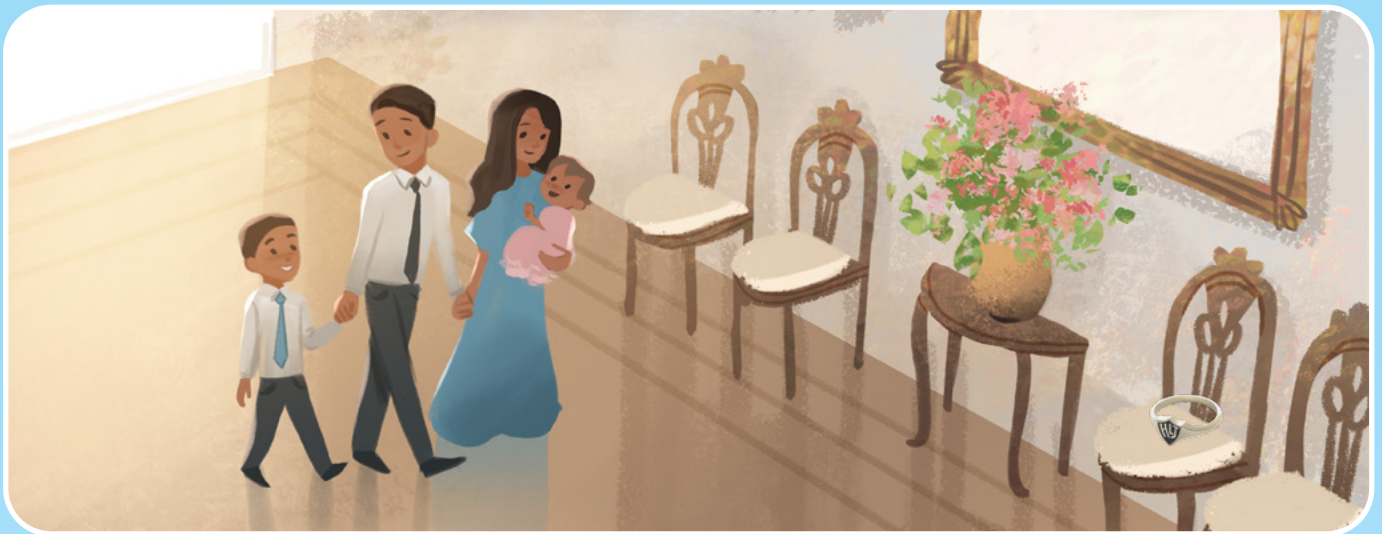
A FEW DAYS LATER . . .

Look, Kylee. I see the temple.
We're almost there!



Today we're going to be
sealed so you can be my
sister forever.







Learn about important people in Church history! Cut out the cards, fold on the dotted line, and tape them closed.



HYRUM SMITH

1800–1844

“Let us . . . put our trust in God.”

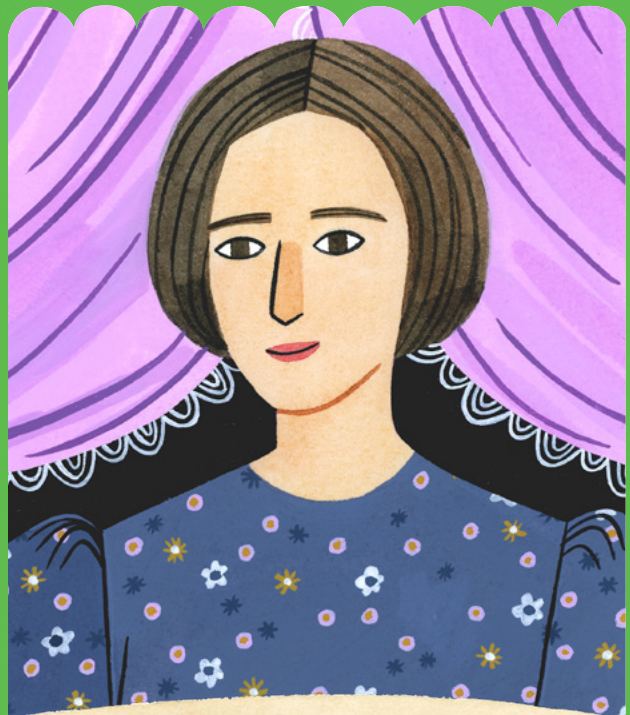
The Joseph Smith Papers: Histories, vol. 1, p. 148.

- He was Joseph Smith’s older brother and loyal friend.
- He went on several missions to teach the gospel.
- He was loved by the Lord and always tried to do the right thing (see Doctrine and Covenants 124:15).
- He died with Joseph Smith at Carthage Jail.

“The Lord will heal me gradually.”

Lucy Mack Smith History, 1844–1845, p. 4, bk. 14, The Joseph Smith Papers.

- She was Joseph Smith’s older sister and played with him when they were young.
- She helped protect the gold plates from being stolen by hiding them in bed with her.
- She had faith to be healed when she was sick.
- She helped organize sewing and weaving clubs for women.



SOPHRONIA SMITH

1803–1876

Find It!

This Primary invited the grandparents in their branch to an activity! Find the hidden objects.

Bonus: How many hidden cookies can you find? (They can be different colors.)





Have you been
on the tablet this
whole time?

THE ADVENTURE

Just Outside

By David Dickson
Church Magazines
(Based on a true story)

A tiny parade of electronic ants ran across the screen on Rylee's tablet. Rylee smiled and started to count them quickly. *Seven, eight, nine* . . . This was one of her favorite math games!

"I thought you were coloring your bug book," Mom said as she came in the room.

Rylee looked up. "Oh. Yes, I was. But I got bored, so I started playing games instead."

"Have you been playing on the tablet this whole time?" Mom asked with a little smile.

Rylee checked the clock. It was a lot later than she'd thought! "Um, I guess so. But it's helping me learn math."

"Doing math is good for your brain," Mom said. "But

*This is even
more fun than my
game!*

too much screen time *isn't* good for your brain. Or for the rest of your body. Your body needs lots of other things."

Rylee paused. "You mean, like good food?"

Mom nodded. "Yes! But that's just a start. Why don't we go on a walk? Maybe you can even see some real ants."

"OK!" Rylee put on her shoes. Mom and Rylee's little sister, Harper, were waiting for her by the door.

"Ready for an adventure?" Mom asked.

"Yeah!"

They walked to the park nearby. The sun was bright, and the leaves on the trees rustled in the wind. "Hey, look!" Rylee pointed to a line of ants marching across the sidewalk. "You were right, Mom."

"How many do you see?" Mom asked.

Rylee tried to keep count, but there were too many. She ran ahead and picked up a speckled rock. "It's like a ladybug. Look at all the spots!"

She slipped the rock into her pocket. "Let's pretend to be scientists," she told Harper. "We could show each other our discoveries!"

Together she and Harper found another cool rock, a pine cone, and an acorn. They saw some butterflies too.



"This is even more fun than my game!" Rylee said.

"Isn't it nice to be outside?" Mom asked. "And do you know the best part? It's really good for your brain."

Rylee tilted her head. "But I thought you had to study stuff to make your brain stronger."

"That's one way. But other things help it grow too. Like kicking the soccer ball with our family. Or talking with friends. Or spending time outside, like now. We need to grow and develop in all sorts of ways, like Jesus did."

The time zipped by as Rylee, Mom, and Harper explored the park. By the time they got home, Rylee's pockets were full of treasures from their walk. She lined them up on the floor to count them. *Seven, eight, nine . . .*

She smiled. She was glad there were so many fun ways to grow and take good care of her body. ●



STAY MEDIA SAFE



GOOD-CHOICE QUESTIONS

How do you know what's good to watch, read, and listen to? Here are some questions to help you choose the right:

- Does it help me feel the Holy Ghost?
- Does it help me follow Jesus?
- How would I feel if the Savior were here with me?

A TURN-AWAY PLAN



What do you do when you see media that isn't good? Make a plan so you know what to do!

1. Turn off the phone, computer, tablet, or TV.
2. Tell a parent or trusted adult what you saw and ask for their help. They can answer your questions and help you.
3. Do something positive. You could sing a Primary song, read to a sibling, or play outside with a friend.

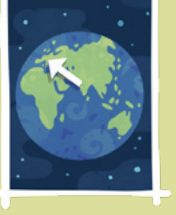
FOCUS ON THE GOOD

Technology can help you do many good things. What good things has it helped you do?



Here are some ideas!

- Video chat with family.
- Do family history.
- Learn something new.
- Watch or listen to something that makes you happy.
- Visit the *Friend* website.



In October 2019, Elder Dieter F. Uchtdorf and his wife, Harriet, went to Germany for the rededication of the Frankfurt Germany Temple.

ELDER UCHTDORF Visits Germany

The Apostles minister to people around the world and teach them about Jesus Christ.



The temple was closed so it could be renovated (repaired). Afterward, it had to be dedicated again.



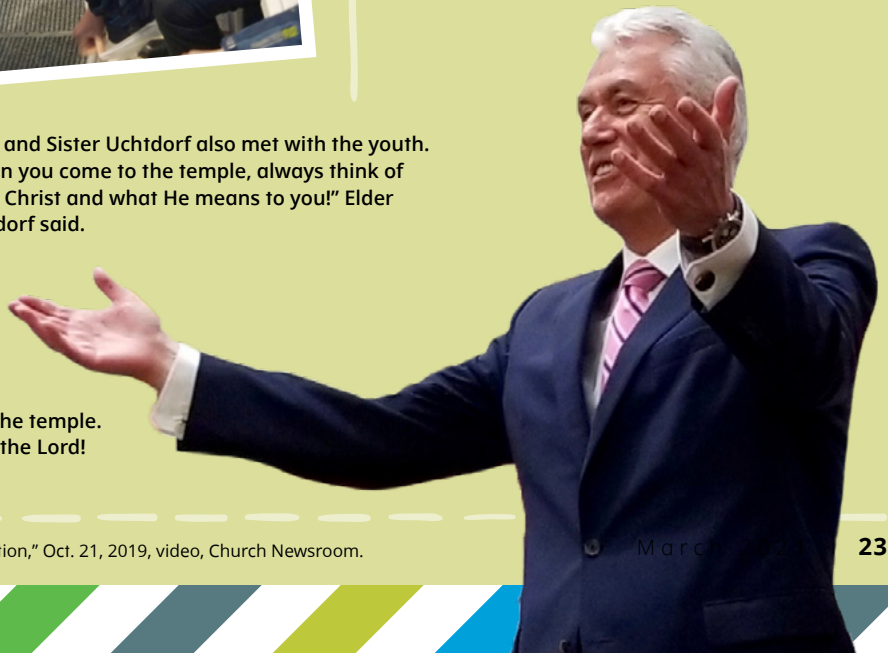
First there was an open house. Anyone could come. They put shoe covers on before walking through the temple.



Elder and Sister Uchtdorf also met with the youth. "When you come to the temple, always think of Jesus Christ and what He means to you!" Elder Uchtdorf said.

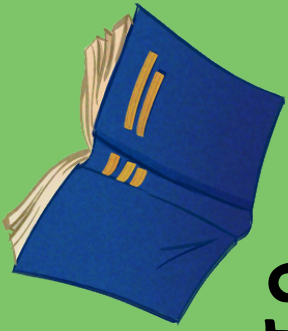
Elder Uchtdorf said a special prayer to dedicate the temple. Then the temple was, once again, the house of the Lord!

A dedication of the house of the Lord is a time of joy. It is a time of gratitude.*



* See "Frankfurt Germany Temple Rededication," Oct. 21, 2019, video, Church Newsroom.

GETTING TO KNOW THE DOCTRINE AND COVENANTS



Jesus gave Joseph Smith special messages, called revelations, to help set up His Church. These messages were written down so people could remember them. Then Church leaders put these messages together in a book. That's how we got the Doctrine and Covenants!

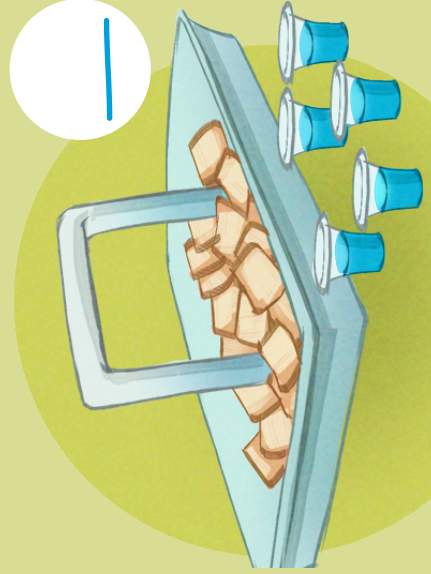


MESSAGES FROM JESUS

When you read the Doctrine and Covenants, you are reading the words of Jesus Christ. Match each scripture to the special message Jesus taught in the Doctrine and Covenants.



1. Baptism



2. The sacrament

SCRIPTURES

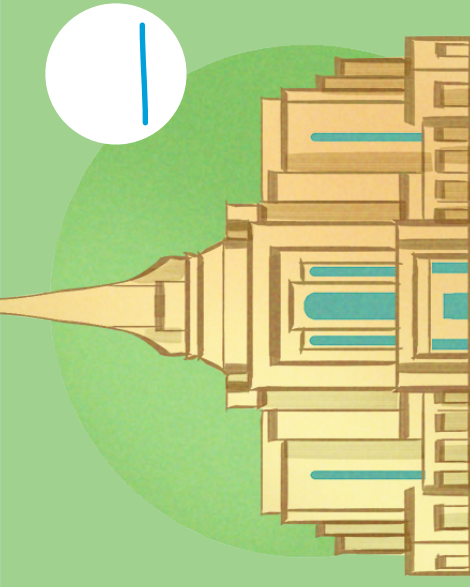
- a. Doctrine and Covenants 84:17
- b. Doctrine and Covenants 138:47–48
- c. Doctrine and Covenants 20:76–79
- d. Doctrine and Covenants 20:72–74
- e. Doctrine and Covenants 112:28



3. Missionary work



4. Priesthood power



5. Temples

MORE MESSENGERS

Other special visitors from heaven also brought messages. Can you match the visitors with what they did?

f.

Restored priesthood keys for our day

g.

Told Joseph Smith how to find the plates in the Hill Cumorah

h.

Restored priesthood authority to baptize



6. Moroni (Doctrine and Covenants 128:20; Joseph Smith—History 1:30–34)



7. John the Baptist (Doctrine and Covenants 13)

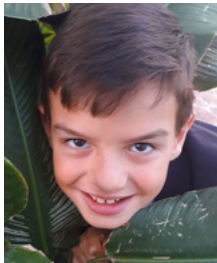


8. Moses, Elias, and Elijah (Doctrine and Covenants 110:11–16)

SHOW and TELL



Sophia A., age 6, Paraná, Brazil



We went to church in the countryside and saw ducks and chickens! I am grateful for the animals that God created.

Boris M., age 9, Corrientes, Argentina



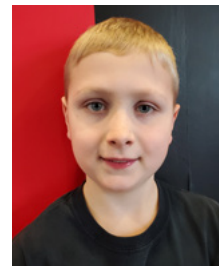
When we had church at home, I taught my family about shining like a star. Everyone made a star and wrote on it about how they shine.

David A., age 8, Florida, USA



I follow the example of Jesus Christ by showing love and helping others.

Marjorie C., age 7, Merseyside, England



When I was baptized, I didn't feel special right away, but my dad told me that someday I would feel special. Now, I do feel special about it.

Aidan T., age 9, Alaska, USA



Joshua M., age 6, Hesse, Germany



McKade W., age 11, Washington, USA

I got a feeling at lunch not to play on the bars at recess. I ignored that feeling and played on the bars anyway. I fell off and broke my arm. I know the Holy Ghost will give me quiet warnings.



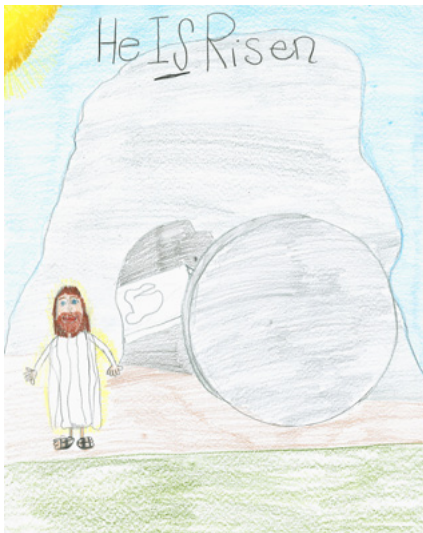
My best friend has been through a lot, and I made her a special treat for Easter. When I dropped it off, I felt good inside knowing I was helping my friend.

Layla P., age 10, Tasmania, Australia

The Sacrament

When we take the sacrament,
We ask Heavenly Father to help us repent.
To wash us clean from sorrow and sin,
So that each Sunday we can newly begin.
We drink the water and eat the bread,
And then remember in our head.
We must always remember Jesus.
We live because He died for us.

Madelyn R., age 9, Utah, USA



"He Is Risen," Eliza S., age 10, Idaho, USA



Ammon H., age 10, Idaho, USA



"Hear Him," Scarlet H., age 7, Alberta, Canada

Send in your own art and stories!

Go to the back cover to see how.



By Elder David P. Homer
Of the Seventy

Trust in the Prophet

When I was young, I was in the same ward as President Nelson. He was my stake president. It was a pretty big ward, so I don't think he really knew me.

But I had a special experience with him when I became a deacon. I wanted to be very reverent when I passed the sacrament. I felt it was important. So I tried to show respect for the sacrament every Sunday.

I was walking home from church one Sunday when a car pulled up next to me. The driver rolled down the window. It was President Nelson! He said, "I noticed that

you were very reverent when you passed the sacrament. Thank you for doing that."

He might not remember saying that. But I'll never forget it. He took time to tell me that he thought I had done something good. It meant a lot to me.

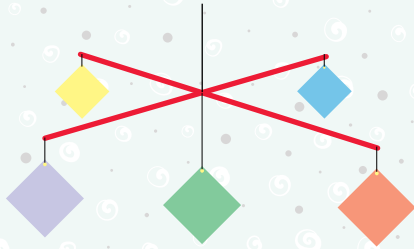
I know that President Nelson is God's prophet. I know that he's lived a great life that has prepared him to be where he is today. I know that he receives revelation to lead the Church. If we follow him, we will be blessed. ●



From an interview by Haley Yancey.

Our Prophet's Words

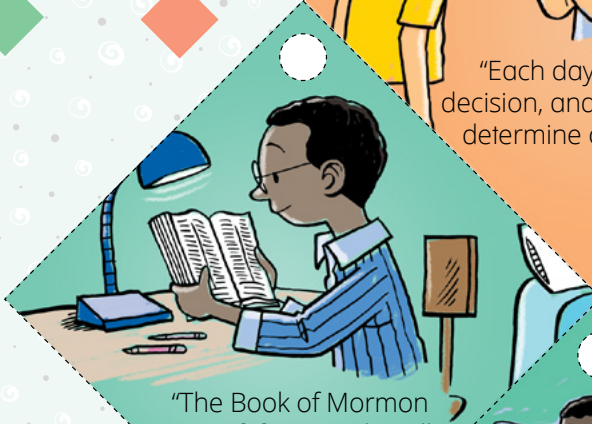
Cut out each of these quotes from President Nelson. You can write down your own quotes you hear! Poke a small hole through the top of each quote and tie a string through it. Attach the string to a hanger or a stick.



"As you choose to live on the Lord's side, you are never alone."¹



"Each day is a day of decision, and our decisions determine our destiny."²



"The Book of Mormon is a gift from God to all humankind."³



"When we follow Jesus Christ, we act as He would act and love as He would love."⁴



"Pray to have eyes to see God's hand in your life and in the world around you."⁵

1. "Youth of the Noble Birthright: What Will You Choose?" (Church Educational System devotional for young adults, Sept. 6, 2013), broadcasts.ChurchofJesusChrist.org.

2. "Decisions for Eternity," *Ensign* or *Liahona*, Nov. 2013, 108.

3. "A Testimony of the Book of Mormon," *Ensign*, Nov. 1999, 71.

4. "The Work of Salvation: Parable of a Father at Bedtime" (worldwide leadership training broadcast, June 2013), broadcasts.ChurchofJesusChrist.org.

5. "Come, Follow Me," *Ensign* or *Liahona*, May 2019, 90.





MATT and MANDY



Fourth Article of Faith

"We believe that the first principles and ordinances of the Gospel are: first, Faith in the Lord Jesus Christ; second, Repentance; third, Baptism by immersion for the remission of sins; fourth, Laying on of hands for the gift of the Holy Ghost."

For Older Kids



Family History Corner

Interview a grandparent or another family member! First write a list of questions. Then talk to your family member in person or on the phone and ask your questions. You could use a recording app to save your conversation.



A PRAYER FOR HELP

I was kind of mad at my parents for not letting me do something. I went to my room and said a prayer, asking Heavenly Father to help me be less mad. I know that when you pray to Heavenly Father in faith, He will answer your prayers.

Sara S., age 10, Utah, USA

Temple Prep Tip: Remember Your Baptism

In the temple, we do baptisms for those who died without having the chance to be baptized when they were alive. Remembering your own baptism can help you understand how happy the people we're baptized for in the temple feel! Write down what you remember about your baptism.

AUGUSTO LIM

FIRST GENERAL AUTHORITY FROM THE PHILIPPINES

By Lucy Stevenson Ewell

Church Magazines
(Based on a true story)

Elder Augusto Lim was president of the Manila Philippines Temple.



There are two temples in the Philippines, with plans for five more.



The Philippines is a country of islands in Southeast Asia.

It was a beautiful Sunday morning. Augusto sat on his porch to enjoy the sunshine. His daughter, Mylene, climbed onto his lap.

"*Tatay* (Dad)," she said, "why don't we go to church like my friends?"

Augusto wasn't sure what to say.

"Well," he said finally, "your mom and I went to different churches before we got married. But afterwards we stopped. We still believe in God and study the Bible, though."

Mylene nodded. But Augusto kept thinking about her question. Maybe he did need to take his family to church.

Augusto decided to pray. "If you want me to serve in a church or do anything for you, just let me know," he told Heavenly Father.

A few days later, there was a knock at the door. It was two young men in white shirts and black nametags. They said they were from The Church of Jesus Christ of Latter-day Saints.

Augusto had many questions for them. For nine months, he listened to them teach. Finally, he decided to be baptized. He promised God that he would always do his best to obey and help others. His wife, Myrna, was baptized one month later. And little Mylene was happy to go to church!

Augusto and his family helped the Church to grow. They helped build the Church's first chapel in the Philippines. Augusto also served as a branch president several times. Even though it was hard, Augusto remembered the promise he made at his baptism to do his best.

Years passed. Augusto's family grew, and so did the Church. When the first stake in the Philippines was organized, Augusto was the stake president. Mylene grew up and got married in the temple. So did Augusto's other children. Some served missions too.



He worked as a lawyer.

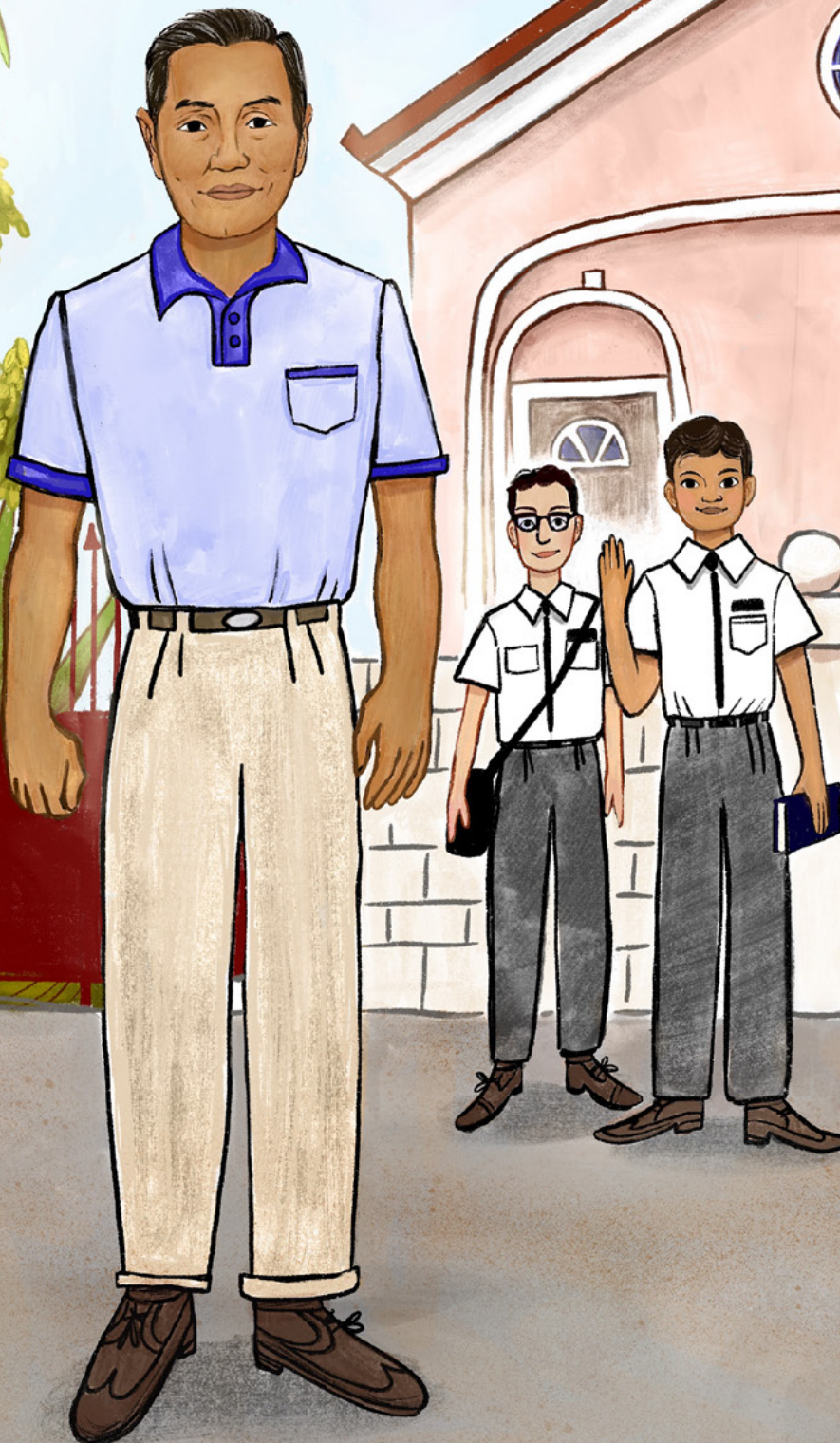


He and his wife, Myrna, are the parents of eight children.

805,200

The Philippines has about 805,200 members of the Church.

Augusto kept thinking about his daughter's question.



Eventually, Augusto was called to be a mission president in the Philippines. He helped the missionaries have faith and share the gospel, just like the missionaries who taught him.

One day, Augusto got a phone call from the prophet. He asked Augusto to serve as a General Authority. That meant Augusto would teach other leaders in the Church. It also meant he would give a talk in general conference!

When it was his turn to speak, Augusto stepped up to the pulpit. He took a deep breath. He talked about the faithful members in the Philippines. He talked about the missionaries there who worked so hard. And he shared his testimony of God's love.

As he sat back down, Augusto felt happy. He knew Heavenly Father had helped him keep the promise he made at baptism. And no matter what happened, Augusto knew he would keep that promise for the rest of his life. ●

Courage in Choir



By Scarlett H., age 9, Oxfordshire, England

When I was in second grade, I went to choir on Thursdays at lunchtime with my friends. We sang songs, performed at assemblies, and had lots of fun.

One day we started learning a new song. When I listened to it, I heard Heavenly Father's name in vain. It made me sad.

After school I told my mom about it. I told her that the song had Heavenly Father's name in vain. She said I could ask the teachers if I could say something different. I knew that's what I should do, but I was very nervous.


One Thursday I made up my mind to try. I told my teacher how I felt and how special God's name was to me. I asked her if I could say something else. The teachers told me that I could say different words instead. I felt much better, and I knew Heavenly Father had helped me.

A few weeks later, my teachers said that the whole choir was going to sing the different words to the song during that part. At the assembly I stood tall as I sang. I was happy that I could help my friends and my choir to not say Heavenly Father's name in vain. ●


Gratitude Scavenger Hunt

Finding things you are grateful for can help you during hard times. Can you find each of these things somewhere in your home for this scavenger hunt?

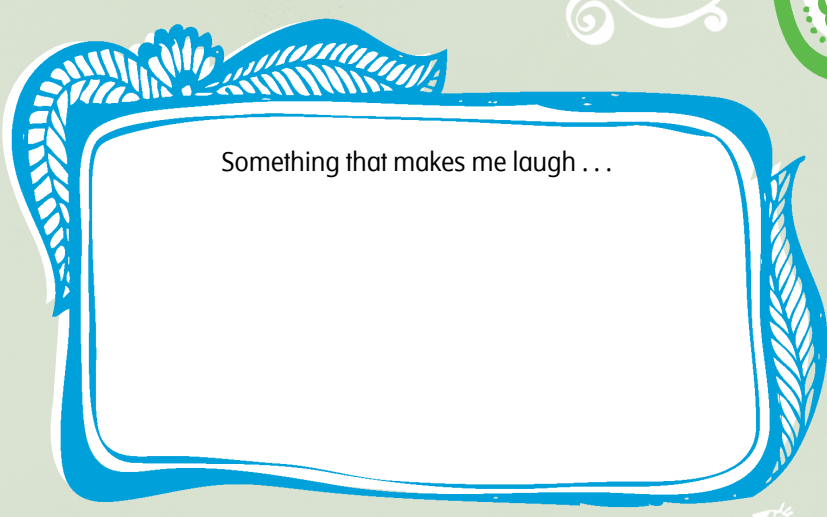
Draw a picture of each one.




Something
I'm grateful for that is my
favorite color . . .



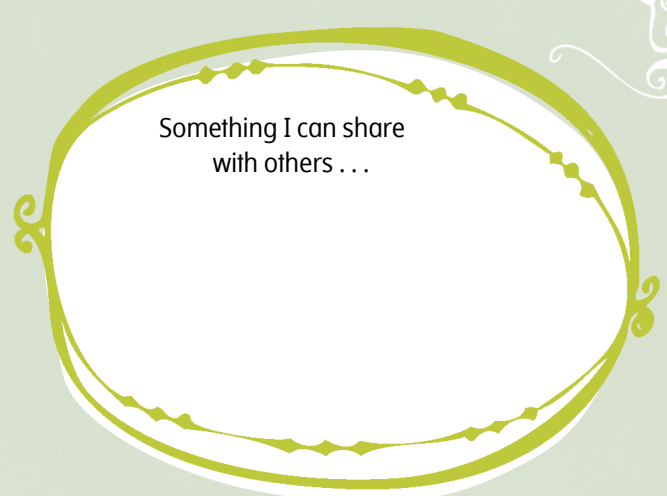
Something useful to me . . .



Something that makes me laugh . . .



Something that helps
my testimony grow . . .



Something I can share
with others . . .

Jane didn't want to be pen pals. She just wanted Mom to come home.

THE BEST Pen Pal Ever

By Sydney Squires
(Based on a true story)

DEAR MOM, Jane wrote.

She paused and tapped her pen against the table. She looked at the fridge, where the newest picture of her and Mom hung. They both had the same chin, the same dark hair, and the same wide smile.

What could she say? Jane wanted to sound happy and strong for Mom, but nothing came to mind. Her heart hurt so much that it was hard to write anything at all.

Jane, Dad, and her siblings had come back from visiting Mom two weeks ago. Mom was in prison, and they had to drive for almost a whole day to see her. Because of the long drive, they didn't get to see her very often. Mom had been in prison for over a year, and they had only seen her twice.



This time, when Jane had visited, Mom had suggested that they become pen pals. But Jane didn't want to be pen pals. She just wanted Mom to come home.

Mom's first letter to Jane had arrived yesterday, written in neat pencil. At the bottom, she had drawn a picture of the two of them having a party together when she got home.

Jane wrote a few lines, then scrunched up the paper. She put her head on the table and squeezed her eyes shut, trying to hold back tears.

Dad came in with the groceries. "Jane, are you OK?" Jane shrugged.

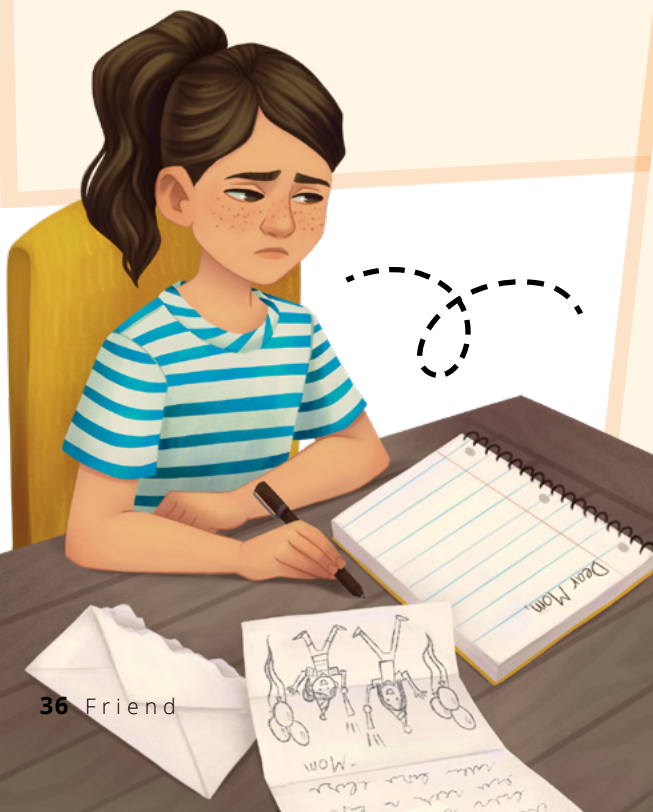
Dad sat down and put his arms around her. Jane leaned into his chest.

"How much longer?" she asked.

"Until what?"

"How much longer until Mom can come home?"

Dad was quiet for a long time. Then he said, "It'll probably be at least three more years, Jane."



Jane thought her heart would explode. Three years! The last year had been so long and hard. How could she live for three more years without Mom?

"Every single day, I wish your mom was here," Dad said. "It's really hard with her gone, isn't it?"

Jane nodded.

"It's OK to feel sad," Dad said. "Sometimes it helps me to remind myself of what I'm grateful for."

Jane sniffed a little. "Like what?"

Dad smiled. "Like how we get to call Mom every week. And we're able to send her supplies she needs—and letters." Dad patted the paper pad on the table.

"And . . . ?"

"And . . ." Jane thought about it. "I have lots of teachers and friends I can talk to. And Ashley's mom took me to a Mother's Day activity. And I've been learning to be a better friend and help others."



"Yes, you have," Dad said. "How about if we say a prayer, and then you can keep thinking about what you want to write?"

Jane folded her arms. She thanked Heavenly Father that she had been able to see Mom and that they had driven home safely. Then she asked Him to help her know what to write.

She sat at the table, thinking and thinking. Then she started writing something she didn't expect: a list of things she was grateful for. She listed all the things she had talked about with Dad, plus a few more, like her siblings and her neighborhood.

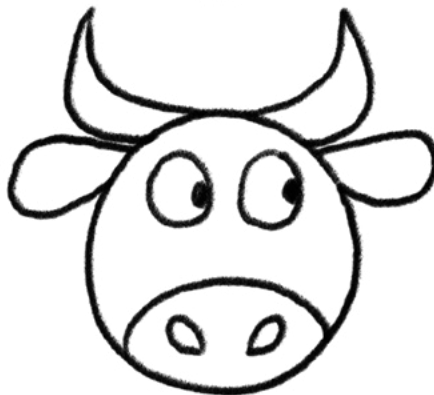
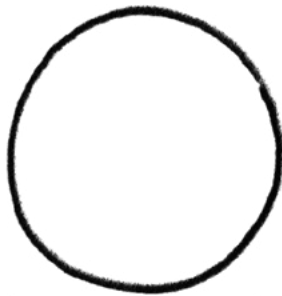
When she finished, Jane drew a picture of herself and Mom playing board games together. Her heart still hurt a little, but she had one thing to look forward to—for the next three years, she would be the best pen pal ever! ●

The author lives in West Midlands, England.



Church History Animals

Early Church pioneers didn't have cars or trains to travel in. Lots of them used horses and oxen to get around and help carry heavy things. Learn how to draw your own!



Quiz Time!
Statues of oxen are used inside temples. Do you know where to find them? What do they represent?

Answers: baptismal font; twelve tribes of Israel

for little friends



Circle the ways you can show kindness!

Can you find these things in the next pages?



Lainey's Easter



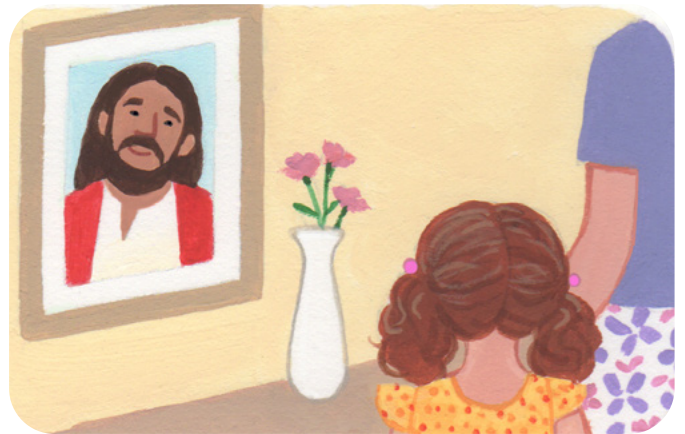
Lainey is excited. Today is Easter Sunday!



She walks to church with Mom and Dad.



She sees flowers and birds and bugs.



At church, she sees a picture of Jesus.



"Happy Easter," the bishop says.
"Jesus loves you!"



Lainey smiles.
She loves Jesus too!

Jesus Loves and Heals

Jesus taught and healed people wherever He went. The last time He went to Jerusalem, people waved palm leaves in the air to show Him love, honor, and respect.

Can you follow Jesus's path into Jerusalem?





Setting Up Jesus Christ's Church Again

On April 6, 1830, there was a special meeting in a log house. Joseph Smith set up Jesus Christ's Church again on earth.



Joseph Smith and Oliver Cowdery blessed and passed the sacrament.



After the meeting was over, several people got baptized.



A few months later, God called Emma Smith to put together a songbook for the Church. That way people could sing songs during Church meetings.



I belong to The Church of Jesus Christ of Latter-day Saints.
I can sing songs and take the sacrament each week. ●

**See *Come, Follow Me* for Doctrine
and Covenants 20–22 and 23–26.**

I Like to Go to Church



What do you like about going to church?

Working Together

By Lori Fuller Sosa

Church Magazines

(Based on a true story)

Caleb grabbed his shovel. It was time to work in the garden!

He helped Mom carry the tools. There was a little rake. And there was a shovel for Mom too. They were ready to start working.

Mom and Caleb walked to the garden. Oh no! It was full of weeds!

There were short, spiky weeds. And there were tall, wispy weeds. So many weeds!

But Caleb knew what to do. He got right to work. Caleb dug under the weeds. Then Mom pulled the weeds out of the dirt. They made a great team! Soon they had a giant pile of weeds.





It was time for a break. Caleb took a big drink of water.

"What are we going to do when the weeds are gone?" Caleb asked.

Mom brushed some dirt off her hands. "Once the weeds are gone, we can plant seeds. Like tomatoes and beans and—"

"And corn?" Caleb asked. He loved corn.

"And corn," Mom said. "We can't forget that!"

Caleb stood up. "OK. Let's get back to work." He picked up his shovel. He needed to make room for corn plants.

Caleb dug and dug. It was hard work. But Caleb was a hard worker. He could do hard things. Together, he and Mom made another pile of weeds. Then another. Then another. So many weeds!

Finally Caleb and Mom had pulled out all the weeds. Caleb flopped down on the grass. He was so tired! Mom flopped down next to him.

"You are such a hard worker," Mom said. "Those weeds would have taken me all day. You made it fast and fun."

Caleb smiled big. He *was* a hard worker. "It's good when we work together." ●

My Voice

By Meaghan James



My voice is loud
when I play outside.



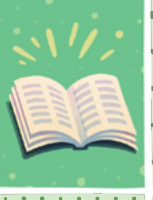
My voice is soft
when I pray.



My voice is strong
when I speak the truth.



I will use kind
words each day.

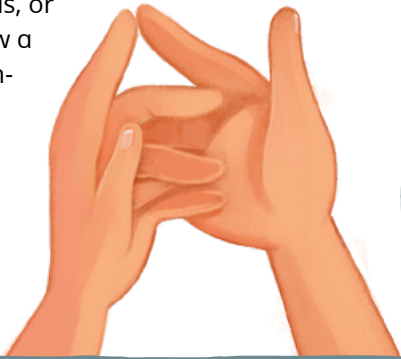


SCRIPTURE TIME FUN for Little Ones

*These ideas go along with
Come, Follow Me—for
Individuals and Families
each week.*

For Doctrine and Covenants 20–22:

Help your little ones say, “I belong to Jesus Christ’s Church.” Teach them to make the shape of a Church building with their hands, or help them draw a picture of themselves going to church.



For Doctrine and

Covenants 23–26: Help your little ones say, “Music makes me happy.” Then pick a song from the *Children’s Songbook* to sing together. Help your children learn some of the words.



For Doctrine and Covenants 27–28: Find something your children can wear as a pretend helmet and something they can hold like a shield. March around and help your little ones say, “The armor of God helps keep me safe.”



For Doctrine and Covenants 29: Help your little ones say, “Jesus lives!” Show them a picture of the resurrected Christ. Then show them pictures of family members who have died. Talk about how because Jesus was resurrected, everyone will live again someday.





DEAR PARENTS,



We live in a busy world. So much information is available to us—both good and bad. It can be hard to know how to keep our children safe while they explore and learn and grow.

But as with all things, the Holy Ghost can help us use technology wisely. Pray about what kinds of technology guidelines to set in your family. You can start with some ideas from pages 20–22!

With love,
The *Friend*

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Salt Lake City, UT 84150-0024
Or email: friend@ChurchofJesusChrist.org

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Age

Boy / Girl

State / Province / Region, Country

I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.

Signature of parent or legal guardian

Date

Email of parent or legal guardian

May the *Friend* contact you with a survey?

☐ YES

☐ NO