

I CAN PRAY

Enos prayed all day.
Read about it in Enos 1
or in the story "Enos"

When You Pray:

- Start with "Dear Heaven"
- Thank Him for blessings
- Tell Him about your feelings
- Ask Him for help with things
- others who need help
- End with "In the name of Jesus"
- Take time to listen to Him

You don't need to pray all day.
You can feel it through your heart.
Sometimes answers come in a dream.
But God always listens.

Glue on
these pictures
small box of
of cardboard
scene of Enos



LIKE ENOS

and felt God's love!
in the Book of Mormon
Prayed" on page FJ4.

enly Father . . ."

ings.

eelings or questions.

n what you need, or pray for

p.

e of Jesus Christ, amen."

the Holy Ghost.

l day to feel God's love for

ugh thoughts or feelings.

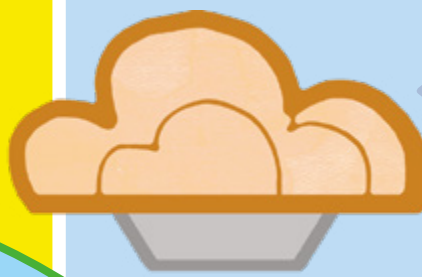
swers take time.

ays hears you!

or tape
ures in a
or on a piece
rd to make a
nos's story.



COME,
FOLLOW ME



ILLUSTRATIONS BY ADAM KOFORD

