

# MY FAMILY NIGHT FUN

These ideas go along with *Come, Follow Me*—for Individuals and Families each week.



## Prayer Power

For 2 Nephi 31–33



**Sing** “I Pray in Faith”  
(*Children’s Songbook*, 14).

**Heavenly Father** wants us to pray to Him. Read “Praying for Uncle Dan” (page FJ8).

**Think of someone** who could use your prayers. Remember to pray for them with your family and in your own prayers. You could also decorate a card or send a message to let them know you care. What else could you do to help them?



## Building Blocks of Faith

For Jacob 1–4



**Sing** “The Wise Man and the Foolish Man” (*Children’s Songbook*, 281, or page 9).

**The prophet Jacob** taught that God can help us make our faith “unshaken” (Jacob 4:6–7). What’s one thing you can do to help your faith grow strong?

**Now build a tower** out of blocks or other things at home. How strong can you make it?



## Fruit Fun

For Jacob 5–7



**Sing** “Dare to Do Right”  
(*Children’s Songbook*, 158).

**The prophet Jacob** taught about missionary work by telling a story about trees. He compared sharing the gospel to helping trees grow good fruit (see Jacob 5).

**Cut out paper** fruit in different colors. Have everyone write one way they can share the gospel. You could even make a tasty fruit treat for dessert (see Treat Time)!

## Scripture Story Pop-up

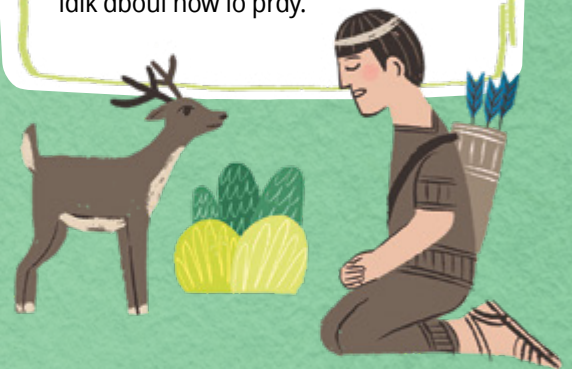
For Enos—Words of Mormon



**Sing** “A Child’s Prayer”  
(*Children’s Songbook*, 12–13).

**Learn about** Enos! Read his story on page FJ4 or in Enos 1:1–12.

**Do the craft** on pages 24–25 to make a scripture scene of his story. You could also use these pages to talk about how to pray.



## TREAT TIME

### Apple Nachos



Arrange **apple slices** on a plate and drizzle **caramel** and **melted chocolate** on top.



Add **toppings** like chocolate chips, crushed graham crackers, or sprinkles.



### Cocoa Bean Dip



Strain and rinse well **1 16-oz can black beans** (about 450 g).



Blend until smooth with **1 tablespoon water**, **1/3 cup honey**, **1/2 teaspoon vanilla**,



**1/4 teaspoon salt**, **1/4 cup cocoa powder**, and **2 teaspoons coconut oil** (optional).

Serve with crackers, strawberries, or apple slices for dipping.

### Sweet-Potato Fries



Peel **2 large sweet potatoes** and cut them into strips. Place strips on cookie sheet and drizzle **2 tablespoons olive oil** on top.



Season with **salt** and **pepper** to taste.

Bake at 450°F (230°C) for 25 minutes, stirring fries occasionally.