Jesus was teaching on a hill near the sea. He taught about being kind. He taught about being a good example. He also taught about prayer.
Jesus taught that we should talk to Heavenly Father through prayer.

We can thank God for what we have. We can ask Him for what we need.

We can pray to forgive others. We can ask God to forgive us. We can pray to make good choices.
I can be like Jesus. I can pray to Heavenly Father every day.

You can read these teachings of Jesus in Matthew 6:5–13.