

THE *Friend*



Get ready for
EASTER!

See pages 24-25

How I Use the *Friend*

I like the story “Will’s Great Idea” (June 2014). I used the picture of the temple and put it by my bed. Every night when I go to sleep, I see the picture and think about temples around the world. Then my picture reminds me to pray.

Brenna S., age 12, California, USA



Dear Friends,

This month we’re sending you a special activity to help you get ready for Easter. You can find it on page 24. Be sure to start it on Sunday, March 29. Then you’ll be able to finish it by Easter Sunday, April 5!

Jesus loves you!

The *Friend*

Was there a letter or a story in this month’s issue that helped you? Tell us about it. Turn to page 48 to find out how.

Studying the Scriptures



I read the article “The Dance Can Wait” (Jan. 2014). It showed me how much I love the Book of Mormon and what a great blessing it is to have, especially now that I’m a priesthood holder. I read the Book of Mormon every night, and I have a good feeling each time I read and study the scriptures.

Joe H., age 12, Missouri, USA

Feeling the Spirit



I really like reading the *Friend*. It makes me feel the Spirit. I want to read it every day after I get home from school.

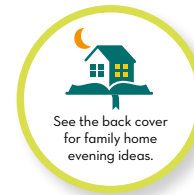
Bridger L., age 7, Wyoming, USA

Reading to My Sister



One night I was reading the *Friend* and my little sister came in to say good night. I wanted to do what I thought Jesus would do, so I asked if she wanted to read the *Friend* with me. She said yes. Because she can’t read yet, I read to her. Thanks for making the *Friend*!

Abby B., age 7, Utah, USA



◆ Primary Connection Turn to these pages to find stories and activities that go with this month's Primary theme.

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HIDDEN CTR RINGS

- Level 1:** Keep your ring in a toy box.
- Level 2:** Do you wear your ring to the table?
- Level 3:** No hint!

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FROM THE FIRST PRESIDENCY

**By President
Henry B. Eyring**
First Counselor
in the First
Presidency

Where Is Jesus?



My three-year-old granddaughter Eliza went with her family to the open house of the Brigham City Temple in Utah. In one of the rooms of that beautiful temple, she looked around and asked, “Mommy, where is Jesus?” Her mother explained that she would not see Jesus in the temple, but she would be able to feel His presence in her heart. Eliza carefully thought about her mother’s answer. Then she said, “Oh, Jesus is gone helping someone.”

Eliza knew that the temple is the house of the Lord, but she also understood that Jesus has a body

and can only be in one place at a time. If He was not at His house, she knew that He must be in another place. And she knew that He would be somewhere doing good for His Father’s children.

The **Spirit** revealed to her mind and heart the comfort all of us need. Jesus Christ lives. He knows us, watches over us, and cares for us. In moments of pain, loneliness, or confusion, we do not need to see Jesus Christ to know that He is aware of us. His mission is to bless us.

Adapted from “Where Is the Pavilion?” Ensign, Nov. 2012, 72–75.



Calvin's AWESOME

By Marissa Widdison

Church Magazines
(Based on a true story)

"I will try in all I do and say to live the gospel more each day" (Children's Songbook, 148).

There were two times when I saw my brother's space jet in pieces. The first time was right after he opened the package.

"Whoa, that's cool!" I said as I knelt down next to Calvin. A big blanket was spread out in the living room, covered with what seemed like a million colorful blocks. Calvin was carefully sorting them by color, size, and shape.

"What are you going to make?" I asked. Calvin pointed to the box nearby. The picture on the front showed a jet zooming through space.

He worked on that thing for hours. By the end of the day, it looked awesome. It had four rocket blasters and three robotic arms. The next day he added a movable windshield.

It was the third day when things went wrong. Calvin went to science camp, and I was home with Mom.

"I think it's about time for Calvin's jet to move upstairs," she called out. I heard her footsteps heading up the stairs.

And then I heard a crash. The sound of a thousand plastic blocks hitting the stairs and scattering in a hundred different directions.

"*Oh no!*" I think Mom and I both said it at the same time. I ran to Mom, who looked ready to cry and was still holding her empty hands out in front of her. We started scraping pieces into a pile, trying to figure out how everything had fit together.

After a while, Mom let out a deep sigh and looked at her watch. It was time to pick up Calvin.

During the car ride, I kept thinking about how Calvin would feel about the news. Would he yell? Or cry? Or just be really sad? If it were me, I'd probably do all three. He had worked so hard on that jet!

"Hey, Mom!" Calvin said, sliding open the van door

and hopping inside. “Today was way fun! First we learned about why plants need sunlight, and after that . . .”

His voice trailed off as he looked at us. “Is something wrong?”

Mom turned around in her seat.

“Today we were cleaning the house, and I tried to move your space jet. But I tripped while I was walking up the stairs and dropped it. I’m so sorry! It broke apart, and we couldn’t figure out how to put it back together.”

I looked at Calvin. I could tell he was trying to understand what she had just said. I was sure he was about to burst into tears or something! And then—

He smiled a little. “It’s OK, Mom.”

What? I could tell Mom was as surprised as I was.

“Really, it’s OK. I can fix it. Don’t worry about it. I forgive you.”

Now Calvin really was smiling. And he smiled even after he got home and saw the mess that was once his space jet.

Over the next few days, Calvin put together his jet without complaining once. And I realized that I could be nicer and more forgiving to my family members too—even when everything seems to fall apart. ♦

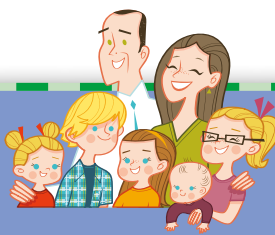
Turn the page for an activity to go with this story!

TIME Space Jet



Mom
looked ready
to cry.

Family Fun Time



Read “Calvin’s Awesome Space Jet” (page 4). How did forgiving help Calvin and his mom?

Forgiving others is hard sometimes, and it might not make you feel better right away. Forgiving someone doesn’t mean that what he or she did is OK, and it won’t always make the problem go away. So why should we forgive? One reason is that Heavenly Father forgives us and has asked us to forgive others (see [Matthew 6:12](#)). It also helps us feel less upset and more peaceful.

Building Forgiveness

Cut out squares of colored paper to look like bricks. Write each tip below on a brick. Take turns talking about each tip, and then glue it to a poster board. When you’re done, you’ll have a strong foundation of forgiveness. Draw a house on top of your foundation as a reminder that forgiveness helps make a happier home.

What can you do when you feel sad or angry with someone?

Take a deep breath and let it out slowly. Then repeat.

Try to think about why the other person might have done what he or she did.



Juice Cups

Be sure to get an adult’s help.
Makes 4 servings.

- 2 cups fruit juice
- 1 .25-oz (7-g) envelope unflavored gelatin
- 1 tablespoon sugar
- 1 cup berries or cut-up fruit (canned, fresh, or frozen)

1. Put 1 cup of juice in a bowl and sprinkle the gelatin on top.
2. Put the other cup of juice in a pot on the stove. Heat on medium until the juice starts to boil.



TIP:
DON’T use fresh pineapple, mango, or kiwi. They’ll keep the gelatin from turning solid.

3. Carefully pour the hot juice into the bowl with the gelatin. Add the sugar and stir for about 2 minutes, until the sugar dissolves.
4. Put 1/4 cup of fruit in four glass cups or bowls. Then add 1/2 cup of the juice mix to each cup.
5. Refrigerate until firm, about 3 hours.

Walk away and come back when you’re not so angry.

Tell the other person how you feel about what he or she did. Speak calmly, without yelling.

Say, “I forgive you.”

Do something kind for the person you’re upset with.

Remember that there are times when you need to be forgiven.

Pray for help to forgive when it’s hard.

Remember that sometimes the person you forgive might not be sorry. But we can forgive anyway.

If you’re upset with something you did, forgive yourself and try to do better next time.

What else can you do?

Hey, I’m sorry I ran over Stretch with my bike.

He’s OK, Mandy. I forgive you!




“Choose the right
when a choice is placed before you.”

—“Choose the Right,” Hymns, no. 239



ILLUSTRATION BY ADAM KOFORD

A soft, painterly illustration of a woman's face, focusing on her eyes and a pink bracelet. She has light skin with freckles and is wearing a white top. The bracelet is a vibrant pink with several round, translucent beads. The background is a warm, golden-yellow glow.

By Alice Stratton

(Based on a true story)

“We believe in being honest” (*Articles of Faith 1:13*).

Papa laid a bright pink bracelet on the dining room table.

“Oh, Papa,” I cried. “Where did you get it?”

“I found it on the sidewalk in front of the barber shop.”

I picked it up and carefully slid it onto my wrist. I felt so beautiful. I’d never, ever worn anything so pretty.

“Can I have it?”

“Would you want to keep it when it belongs to someone else?” Mama asked.

“But maybe we can’t find who it belongs to.”

“Well, if we can’t find the owner, then you may have it,” Papa said.

That night when I knelt to pray, I wanted to ask Heavenly Father to bless us so we *couldn’t* find the owner. But the words wouldn’t come out. I tried three times, but I just couldn’t feel good about

saying it. So I climbed into bed and decided to pray later.


The next morning I hurried into the kitchen. “Can I wear the pink bracelet to school?”

“That’s a good idea,” Papa said. “Maybe one of your classmates will see it and know who it belongs to.”

I skipped to my room to pick the perfect dress to go with the bracelet. Then I had a scary thought. If someone recognized the bracelet, I’d have to give it back. So I picked a blue dress with long sleeves. I pushed the bracelet way up under my sleeve. I worked it clear up over my elbow and pushed it to the very top of my arm. No one would see it there.

Usually I liked school, but not that day. It was too warm for my long-sleeved dress, and wearing the

The Pink

An illustration by Katie Payne showing a close-up of a girl's face on the left, smiling slightly. Her hands are in the foreground, holding a pink bracelet with several round, pink beads. The background is a soft, painterly style with warm tones.

bracelet way up on my arm was uncomfortable. At recess I didn't feel like playing, so I stayed in.

When the bell rang for the end of recess, I hurried to the drinking fountain and bumped into Stella. I noticed she was wearing a string of beads that were exactly the same pearly pink as the bracelet on my arm. I caught my breath. "Oh, Stella, where did you get such pretty beads?"

"My aunt sent them to me. She sent me a bracelet too, but I lost it."

"Where did you lose it?" I asked.

"On the way home yesterday. I searched all the way up and down the sidewalk both ways, but it's gone. I

hope one of my friends finds it."

I didn't know what to do now. It felt like the bracelet was making a rash on my arm to punish me for hiding it.

Back at my seat I realized why it had been hard to say my prayers last night. It was because I wasn't being honest. But now, all I wanted was to give Stella her bracelet.

The classroom was buzzing like a beehive. It wasn't a nice, quiet place like my bedroom, but all at once I wanted to pray. From deep down in my heart I told Heavenly Father how sorry I was. I asked Him to forgive me and to please help me do the right thing with the bracelet. I suddenly felt good inside, and I began to gently work the bracelet down my arm, past my elbow, and onto my wrist.

As we left the school building, I stepped alongside Stella and handed her the pink bracelet. "You found it!" She squealed and gave me a hug.

"You said you hoped a friend would find it for you." I smiled. "Well, that friend just happened to be my papa." ♦

The author lived in Utah, USA.

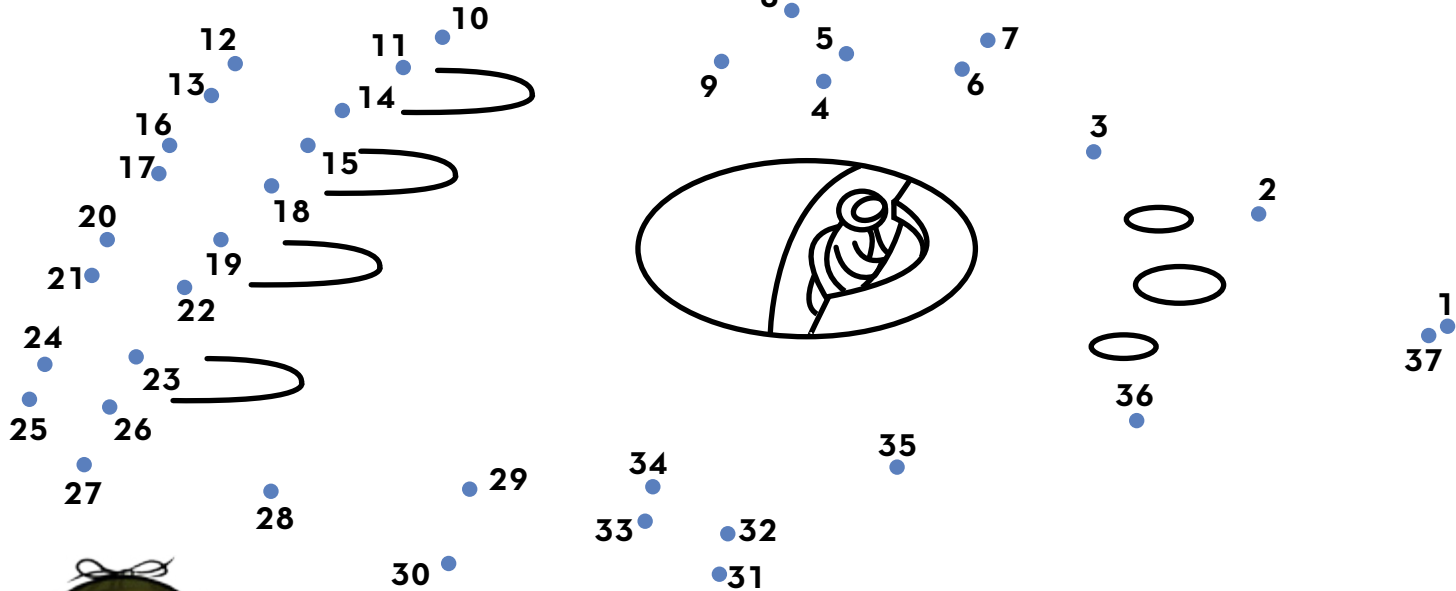
When have you been honest even though it was hard? Write and tell us!

Bracelet

Gardens and Mysteries

Connecting Dots with the Friend

Here's an object from a story in this month's *Friend*! Connect the dots and see if you can guess which story it matches. Answer on page 48.



Riddle Rhyme Time

The scriptures teach that we should eat good foods to stay strong and healthy. Can you figure out what food this is? Hint: you can grow it in your garden.

I am a vegetable, good as can be.
 But I'm also a bit of a food mystery.
 You throw out my outside with barely a look,
 And after you do so, my inside you cook.
 Yet here's where your thinking leaves me at a loss.
 You next eat my outside, and my inside you toss!
 What am I? (Answer on page 48.)



Find more activities at children.lds.org.

Print more tags for your "sleuth kit" at friend.lds.org.

Family History Mystery

CASE #3: The Mystery of the Funny Story

Dear Detective,
What's the funniest story in your family? Collect evidence by interviewing your family and writing down their stories. Then you can solve the mystery for yourself!

A Funny Thing Happened

What:

When:

Where:

Who:

Smart Sleuth Tip: Write down the names of the people you interview and the date you interviewed them. Save all the stories in your evidence file.

Family History Mystery:
EVIDENCE FILE

MYSTERY SOLVED

Grandpa has lots of funny stories.

Yeah, he does. Let's call and talk to him!



FRIEND TO FRIEND

SCRIPTURES under the Stars

From an interview with Sister Bonnie L. Oscarson, Young Women general president; by Mackenzie Van Engelenhoven



“The Spirit will guide, and deep inside, I’ll know the scriptures are true” (Children’s Songbook, 109).

When I was young, my brothers and I liked to sleep outside during the summer. We would spread our sleeping bags on the porch, then find constellations in the stars and listen to crickets as we fell asleep.

One night my older brother Larry and I were out on the porch. We stretched out and looked up at the stars. Larry wasn’t usually very talkative, but that night he said he wanted to tell me some stories. He told me stories from the Book of Mormon, starting with Lehi and his family leaving Jerusalem.

I had heard stories from the Book of Mormon in Primary before, but when Larry told them, it was different. It felt more real. As I looked up at the stars and

listened to my brother, I felt very warm and happy inside. Though I didn’t know it then, I was feeling the Holy Ghost telling me the Book of Mormon was true.

A few months later, I found a book of illustrated stories from the Book of Mormon at our house. When I started reading, I got the same warm, comforting feeling that I’d had when Larry told me the same stories.

Years later, when I was trying to decide if I had a testimony, I was a little disappointed that I had never had a big or strong answer. Did this mean I didn’t have a testimony? Then I remembered how I felt when my brother told me stories from the Book of Mormon, and I knew that I *did* know the Church was true.

A testimony doesn’t always come in one big moment. Usually it comes in a lot of small, quiet moments when the Holy Ghost whispers to us that these things are true. ♦

TRADING

By Debbie Pettey

I'm trading my warm hat
For wind-tossed hair.
I'm trading my coat
For a sweater to wear.

I'm trading my boots
For some shoes I can run in.
I'm trading the snow
For some grass to have fun in.

I'm trading my gloves
For a kite and some string.
I'm trading in winter
So it can be spring!



MAGNOLIA

MY NAME IS MAGNOLIA.

I go to a ward where we speak Spanish. One day Mia came to my Primary class. She speaks only English. I wanted to help Mia feel welcome, so I decided to help her. I would be her interpreter!

LOTS IN COMMON

We both just got baptized and confirmed. We both like music, especially hymns and Primary songs. We both like family home evening. And both of us like to read stories in the Friend and the Liahona.

KEEPING UP

At first it was hard to keep up when I was interpreting for Mia. Then the teachers slowed down to give me time. We all felt good that we could help Mia.



DO WHAT JESUS WOULD DO

Everyone can help people, just like Magnolia helped Mia. Pray. Heavenly Father will help you know who to help. It's just like the song, "If The Savior Stood Beside Me." We can try to do what Jesus would want us to do.



MIA & MIA

MY NAME IS MIA.

My parents speak Spanish, so we went to the Spanish-speaking ward. I couldn't understand what people were saying. Magnolia saw that I was frustrated. She moved over next to me and whispered English in my ear.

HOW YOU CAN HELP

Tips from Mia and Magnolia:

If someone:

- Is new at church or school, help her feel welcome.
- Doesn't go to church very much, invite him to go with you.
- Is being bullied, stand up for her. Tell your teacher.
- Seems lonely, invite him to join you.
- Needs a friend, ask her to be your friend. With your parents' permission, invite her over to play.

If you speak more than one language, offer to interpret.

GOOD FRIENDS

After Primary, I asked Magnolia if she would be my friend. She said yes. From then on, Magnolia was my friend and my interpreter. She helped me make other friends too.

GIVE US A HAND!

How do you follow Jesus by helping others? Trace your hand, and send us your story and photo, along with your parent's permission. Find out how on page 48.



Cartoon Choice



Scott P., age 8, Texas, USA

I was baptized a few months ago and received the gift of the Holy Ghost as my companion. One of His jobs is to warn me about bad things.

On the first day of school, it was too hot outside for my second-grade class to go to recess, so our teacher let us play and watch a cartoon in the classroom. The movie was funny. But then the way the characters were dancing made me feel uncomfortable. I didn't like it, so I went back to my chair and started to draw instead of watching the movie.

I know that I was feeling uncomfortable because the Holy Ghost was trying to tell me that it wasn't

good for me to watch the cartoon anymore. He was trying to protect me from bad things getting stuck in my mind.

Sometimes I like to copy funny things I see on TV and in movies. If I had copied those dance moves, I could have gotten in trouble. So the Holy Ghost protected me another way too.

I'm really glad that I was baptized and have the Holy Ghost's extra help. I'm really, really glad that I listened to the Holy Ghost! ♦

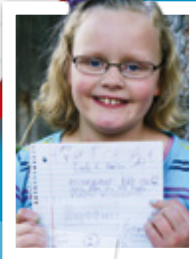


When we watch or do something bad, it's hard to feel the Holy Ghost. What do you do to always have the Holy Ghost with you?

BULLETIN BOARD

Conference HEARTS

Here's a fun way to take notes during conference!



I went to the general women's session with my mom and my sister Allie. After we sat down, my mom leaned over and said, "I have a great idea. Every time you feel touched by the Spirit, draw a heart in your notebook." At the end of the meeting, I had drawn 14 hearts! The Spirit touched me that night and my testimony was strengthened!

Katie J., age 9, Utah, USA

Go to gc.lds.org for fun conference activities.

CONFERENCE HEART ROLLS

Celebrate the love we feel from our prophet during conference! Be sure to get an adult's help.

1 can cinnamon rolls
margarine or cooking spray

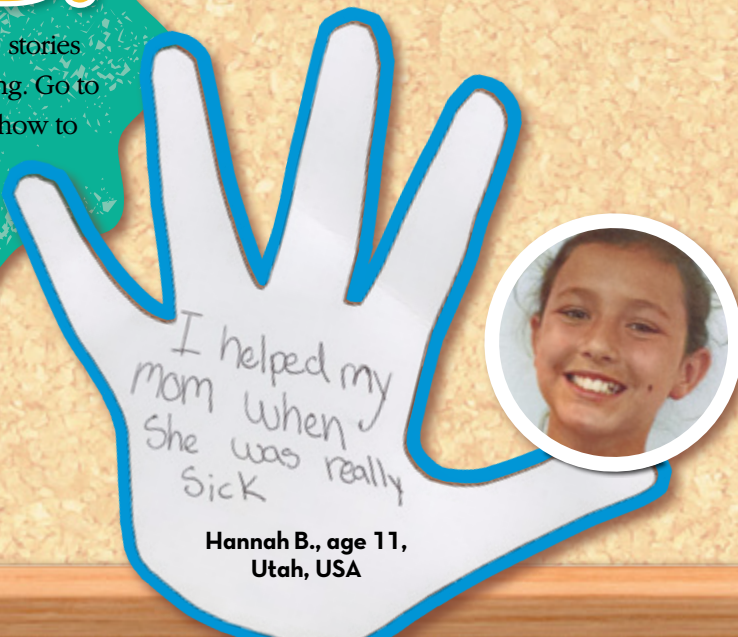


1. Spray or rub margarine in a 9-inch (23-cm) round or square cake pan.
2. Unroll each cinnamon roll, leaving the center coiled. Coil the other end so both ends are coiled. Shape it like a heart and place the hearts in the pan.
3. Bake at 350°F (180°C) for 13-15 minutes. Cool and spread frosting on top. Enjoy while you watch conference!

HEART ROLL PHOTO BY LORI MICHELLE FULLER

Give Us a HAND!

You've sent us 1173 stories about caring and helping. Go to page 15 to find out how to send us your "helping hand"!



Hannah B., age 11, Utah, USA

ILLUSTRATION BY MARK ROBISON

I will be honest with Heavenly Father, others, and myself.

—My Gospel Standards

STAND TALL!



How do you choose to be honest?

By Ruth O'Neil

(Based on a true story)

"Choose the right when a choice is placed before you"
(Hymns, no. 239).

Sara couldn't wait to play with Jami. She called for her twin sister Sadie to hurry. It was the first time Jami could play all week, and Sara didn't want to waste a single moment. It was always fun to play with Jami.

Jami opened the door as soon as she knocked, and Sara could smell popcorn before they even got inside.

"Mmm, I love popcorn," Sadie said.

"My mom made it so we could snack and watch TV."

Jami hurried them into the kitchen.

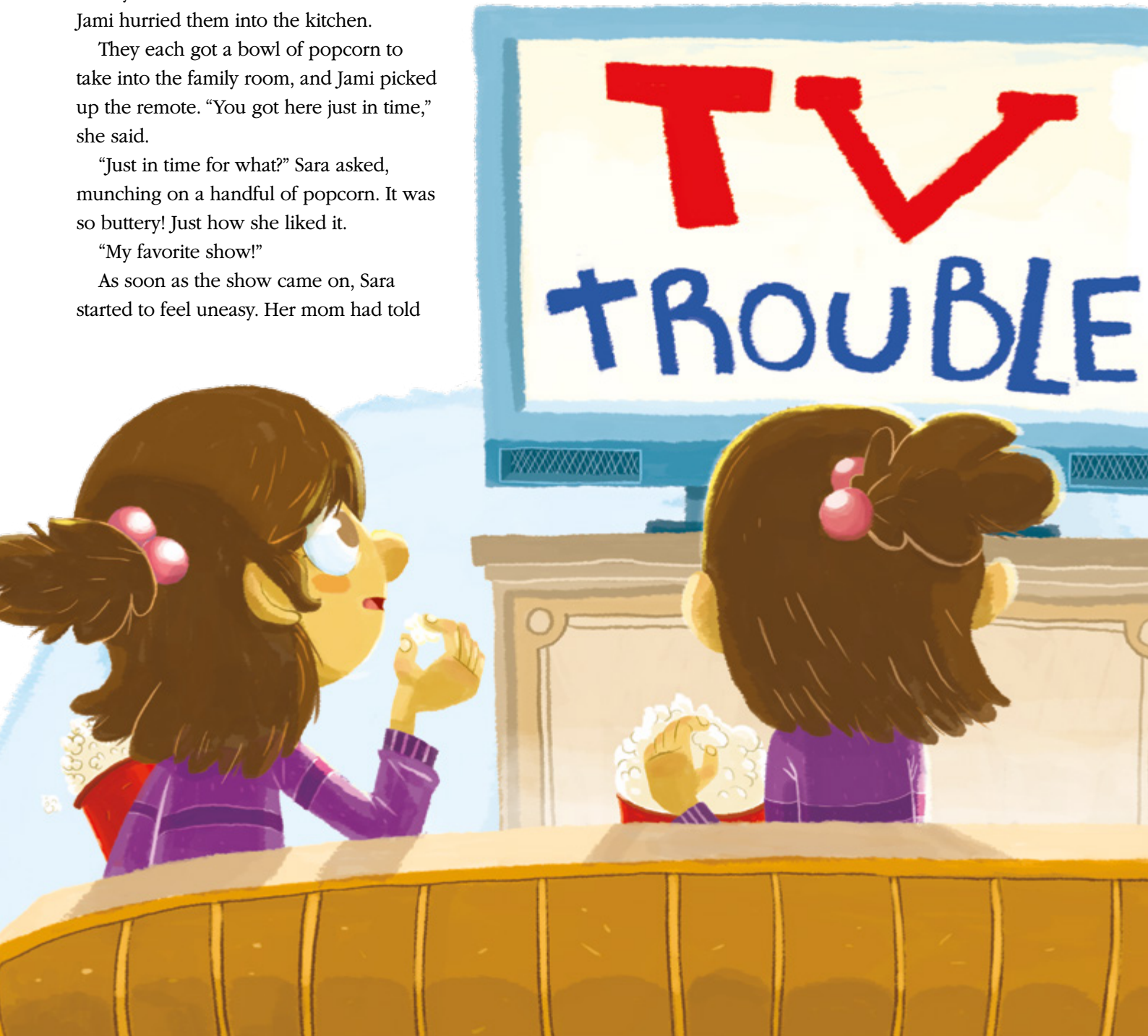
They each got a bowl of popcorn to take into the family room, and Jami picked up the remote. "You got here just in time," she said.

"Just in time for what?" Sara asked, munching on a handful of popcorn. It was so buttery! Just how she liked it.

"My favorite show!"

As soon as the show came on, Sara started to feel uneasy. Her mom had told

Maybe the show
really wasn't
that bad . . .



her she wasn't supposed to watch this show. She looked at Sadie, and Sadie seemed worried too.

"What should we do?" Sadie whispered.

Sara didn't want to hurt her friend's feelings, but she was starting to feel uncomfortable. After a minute, she said, "Um, Jami? We aren't supposed to watch this show."

"Why not?"

"Our mom says it isn't a good show," Sadie said.

Jami shrugged. "I watch shows on this channel all the time. I think it's fine."

Sara wondered if Jami was right. Maybe the show really wasn't that bad. She didn't say anything for another minute, but then one of the characters said some bad words. *I guess Mom was right about this show*, Sara thought.

Sadie gave her another look. Sara could tell she wasn't feeling good about this either. Sara bit her lip.

"Well, our mom says we can't watch it, so we'd better change the channel," Sadie said.

"Just don't tell her you watched it. It'll be fine,"

Jami said, not even taking her eyes off the screen. "You can come to my house and watch it every day if you want. Your mom will never know."

Sara thought about that, but watching this show didn't feel right, and lying to their mom didn't feel right either. Sadie shook her head. She'd barely touched her popcorn. Sara didn't feel like she could eat any more either. Her stomach was tight with worry.

"But I don't feel good about watching it," Sara said.

"Me neither," Sadie agreed.

Jami shrugged. "Well, I want to watch it. You can stay and watch with me, or you can go home."

"Should we stay?" Sadie whispered.

Sara shook her head. "I don't think so."

"I guess we're going home," Sadie told Jami.

"OK. See you later," Jami said.

Sara got up and followed Sadie out the front door. She felt better now that they weren't watching the show anymore, but she was sad that playing with Jami hadn't turned out like she'd hoped.

When they got home, Mom looked surprised. "What are you doing home so soon? Couldn't Jami play?"

"She wanted to watch a show you told us not to watch. We didn't feel good about it," Sara said.

Mom nodded. "Thank you for being obedient. I'm glad you didn't stay when it didn't feel right."

"Me too," Sara said.

Sadie sighed. "Yeah, but what are we supposed to do now?"

"We could watch a different show, I guess. Or play a game?" Sara suggested.

"Yeah," Sadie said, "let's pick something we feel good about doing." She ran to the cupboard to find a game.

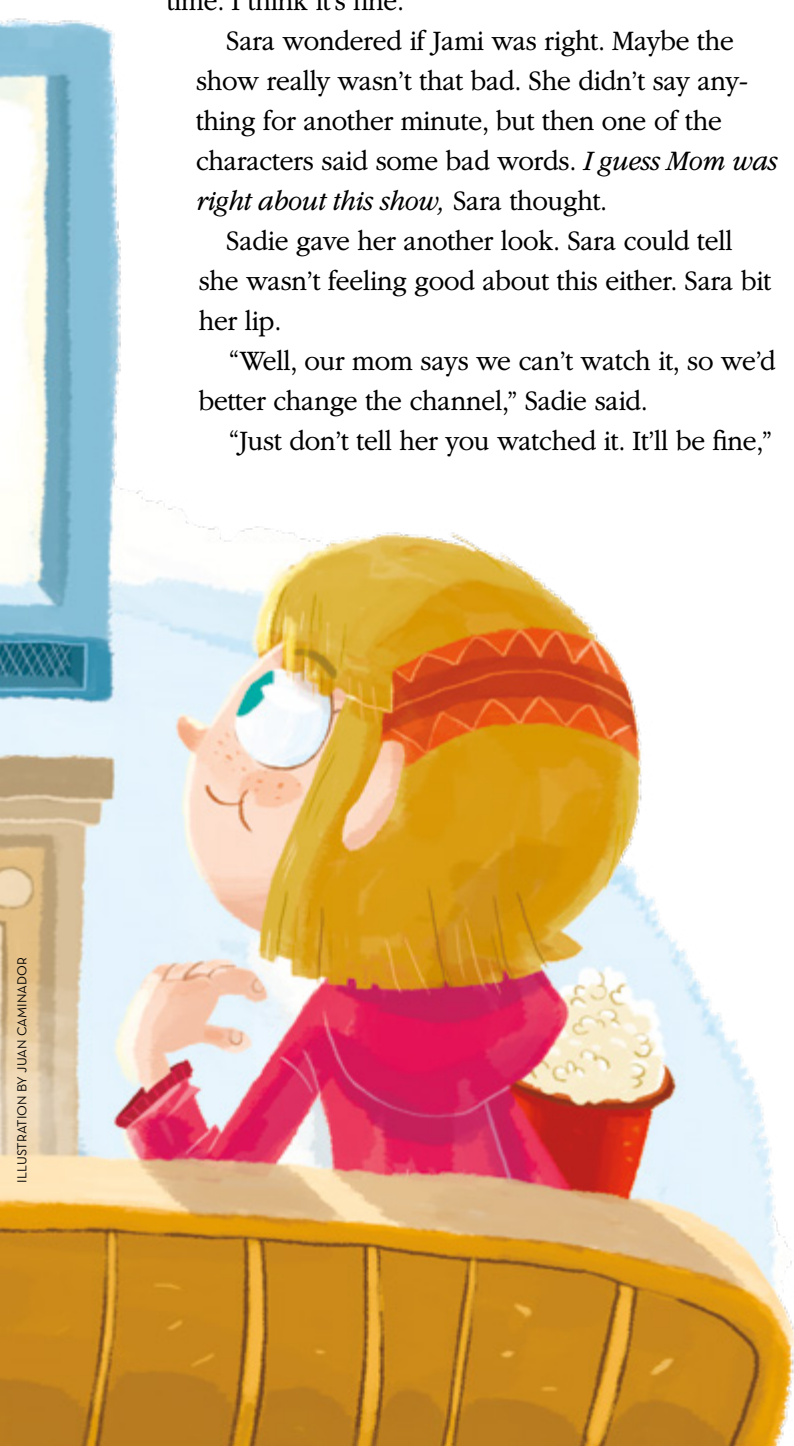
"And let's see if Jami wants to play too!" ♦

The author lives in Virginia, USA.



"I will honor my parents and do my part to strengthen my family."

My Gospel Standards





SPECIAL WITNESS

Why should we **LISTEN** to general conference?

By Elder Robert D. Hales

Of the Quorum of the Twelve Apostles

The members of the Quorum of the Twelve Apostles are special witnesses of Jesus Christ.



I promise that if you will listen, you will feel the Spirit.

We can hear the word of the Lord meant just for us.

Through general conferences our faith gets stronger and our testimonies grow deeper.

If you pray with a real desire to hear your Heavenly Father's voice in the messages of conference, you will find that He has spoken to you to help you.

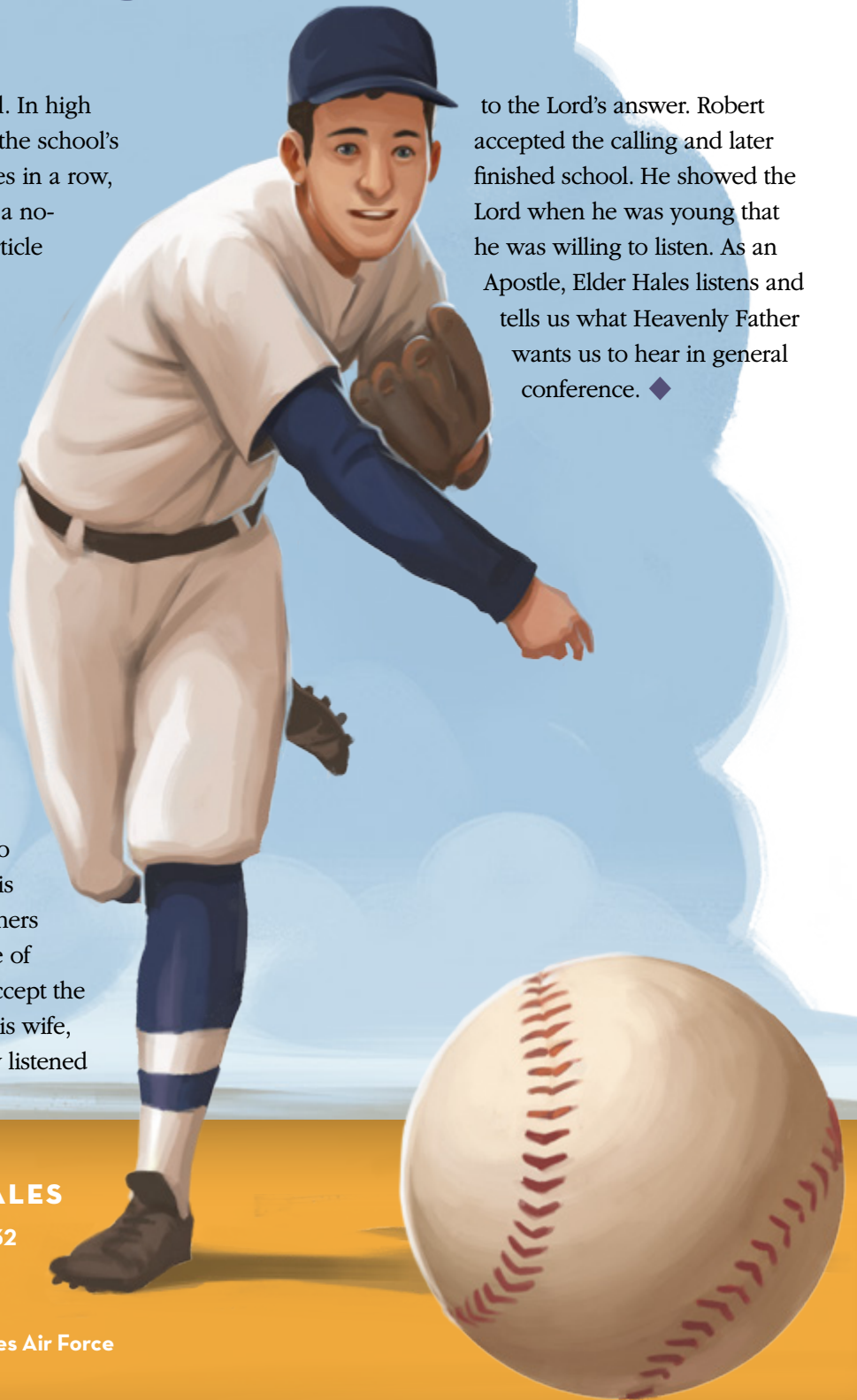
Listening to the Lord

As a boy Elder Hales loved baseball. In high school he became the pitcher for the school's baseball team. Once he lost three games in a row, one to nothing. One of the games was a no-hitter. The school newspaper had an article called "Hard-Luck Hales Loses Again."

Robert told his coach he was going to quit. His coach told him that he just needed to stop wearing out his arm. He was pitching fastballs before the games to show off. Robert listened. The next game he pitched so well that the other team never scored a single run. Because he listened to his coach, he was able to play better. Robert learned that listening to Heavenly Father is like that too. When we listen to Heavenly Father, we can do well.

Later when Robert was in college, his bishop called him to be the elders quorum president. Robert was willing to serve, but he wasn't sure what to do. His school classes were very hard. His teachers didn't want him to do any work outside of school. He knew it would be hard to accept the calling and do well in school. He and his wife, Mary, prayed to know what to do. They listened

to the Lord's answer. Robert accepted the calling and later finished school. He showed the Lord when he was young that he was willing to listen. As an Apostle, Elder Hales listens and tells us what Heavenly Father wants us to hear in general conference. ♦



5 FACTS ABOUT ELDER HALES

- Born in New York City on August 24, 1932
- Has two siblings and two sons
- The *D* in his name stands for Dean
- Was a jet fighter pilot in the United States Air Force
- Became an Apostle in April 1994

Family Picnic!

Make these recipes and have a fun picnic inside or outside. What other treats can you add to your picnic? Be sure to get an adult's help.

Sunshine Punch

- 12 oz (350 ml) frozen orange juice concentrate, thawed
 - 12 oz (350 ml) frozen lemonade concentrate, thawed
 - 2 cups pineapple juice
 - 1/2 gallon (4 liters) water or ginger ale
- Mix and serve with ice.

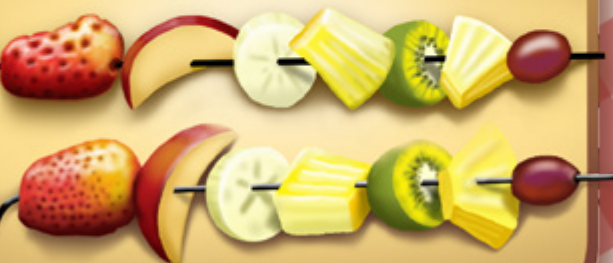
Deviled Eggs

- 6 hard-boiled eggs, peeled
- 4 tablespoons mayonnaise
- 1/8 teaspoon salt
- 1/8 teaspoon pepper
- paprika
- chopped green onions (optional)

1. Cut the eggs in half lengthwise and push out the yolks. Mash the yolks in a bowl with the mayonnaise, salt, and pepper.
2. Use a spoon to fill the egg halves with the yolk mix. Sprinkle with paprika and green onions.

Fruit Kebabs

Cut up your favorite fruits and push the pieces onto skewers. Try strawberries, melon, pineapple, bananas, grapes, or kiwis.



Chicken Salad Sandwiches

- 1 12-oz (340-g) can cooked chicken
- 1/2 an apple, chopped small
- 1/2 cup plain yogurt
- 1/2 teaspoon garlic salt
- your favorite bread

1. Mix the chicken, apple, yogurt, and salt in a bowl.
2. Spread the chicken salad on bread and cut the sandwiches into squares or triangles.

Getting Ready

Jesus Christ set a perfect example for us to follow. This activity can help you learn more about Him and to get ready for Easter. Start on number 1 the Sunday before Easter. Each day, read about Jesus and answer the question. Then cut out the matching picture and add it to the chart.



1. Jesus washed the feet of His disciples and comforted them by saying, “Let not your heart be troubled, neither let it be afraid” (John 14:27). What could you do to serve or comfort a friend today?

2. During the Last Supper, Jesus taught His disciples to take the sacrament. He told them, “This do in remembrance of me” (Luke 22:19). What is one way you can be more reverent during the sacrament?



3. When Jesus began the Atonement in the Garden of Gethsemane, He did what Heavenly Father wanted Him to do, even though it was very hard. He prayed, “Not my will, but thine, be done” (Luke 22:42). What is one way you can be more obedient at church, school, or home?

for Easter



4. When people hurt Jesus during the Crucifixion, He said, "Father, forgive them; for they know not what they do" (Luke 23:34). Why is it important to forgive other people?



5. Jesus made sure His mother would be taken care of after He died. He told John, "Behold thy mother," or to treat Mary as if she were his own mother (John 19:27). What could you do today to help your parents or guardians?



6. Just before He died, Jesus prayed to Heavenly Father and said, "Into thy hands I commend my spirit" (Luke 23:46). How can you remember to pray?



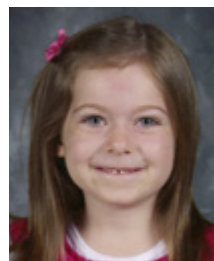
7. After He died, Jesus came back to life! This is why we celebrate Easter. Christ visited His disciples after the Resurrection and said, "Be not faithless, but believing" (John 20:27). Why is Easter so important?





Even though my dad is not a member of the Church, I still pray at his house. When the lights go out and the doors are closed, I kneel down and pray. I am glad I can feel the Holy Ghost at my dad's house.

Riley D., age 9, Alaska, USA



One day my friend was passing out birthday invitations to kids in our class. Instead of giving me

one, she said, "I'm not inviting you to my party." I was very sad. I decided to get her a present anyway. I know I can be like Jesus when I do nice things even if others don't include me. Sometimes it is hard to do, but I love my friends even when they don't include me. I know that's how Jesus wants us to be.

Lily E., age 6, Arizona, USA

Before I was baptized I took a picture dressed as my scripture hero, Captain Moroni. I keep this picture in my room to help me remember to keep my covenants like Captain Moroni did (see [Alma 60:34](#)). Keeping my covenants helps me make better choices, feel happy, and grow closer to my Heavenly Father.

Thomas O., age 9, Virginia, USA



Owen R., age 4, Nebraska, USA

HELPING HANDS!



The **Aurora Ward Primary** participated in the **Springfield Missouri Stake's** challenge to read the Book of Mormon. The children kept track of their progress throughout the year by adding links to their "Scripture Reading Chain."



Madisyn, Seth, and Isaac M., ages 4, 5, and 3, Nebraska, USA, pitched a tent toward the TV so they could watch general conference, like the people in the Book of Mormon did when King Benjamin taught them (see *Mosiah 2:6*).



I share the gospel with my friends and teachers.

Ivana S., age 10, Colombia



I brought school supplies to put in back-to-school kits.

Major S., age 3, Utah, USA



I helped someone read at their home.

David L., age 11, Colombia



I helped to take some stuff to the library.

Sophia A., age 5, Utah, USA



At school when someone fell, I helped her to get up.

Tami V., age 8, Mexico



My mom just had a baby, and I help her take care of the baby.

Lia G., age 3, Utah, USA



I helped my mom with chores.

Emma B., age 5, Utah, USA



I helped weed Grandma's garden.

Payton N., age 9, Utah, USA



I helped my mom do the dishes.

Chase N., age 7, Virginia, USA



I helped with the laundry.

Sam S., age 9, Utah, USA

TELL US HOW YOU'VE SERVED!
See page 15 to send us your "helping hand."

*Ryder's friend wouldn't be reverent in Primary.
What could Ryder do?*

Primary Is for EVERYONE

By Marianne Dahl Johnson

(Based on a true story)

"We're glad you came our way to share with us our Primary day" (Children's Songbook, 260).

Ryder was so excited. His best friend, Jacob, had agreed to go to church with him! Ryder loved playing with Jacob. They played video games together and pretended they were dinosaurs. Ryder just knew Jacob would love Primary.

When Ryder and Jacob got to their class, Sister Johnson smiled and welcomed Jacob. Ryder smiled too.

Then, during the opening prayer, Jacob poked Ryder and talked right out loud. Ryder was worried. Jacob was great at playing video games and being a pretend dinosaur, but maybe he didn't know how to be reverent.

Sister Johnson had everyone show how to sit during prayer. She reminded them that they were speaking to Heavenly Father and they should listen to the words of the prayer. Ryder watched Jacob listen closely to Sister Johnson. *Maybe no one has ever taught Jacob about prayer before*, Ryder thought.

Later Jacob made his handout into a plane and kept throwing it around the room. During sharing time he wouldn't sit still. While Sister Myers led everyone in singing Ryder's favorite song, Jacob kept jumping out of his chair.

"Jacob, you need to stay in your chair," Ryder whispered. "You need to be reverent."

"What does *reverent* mean?" Jacob asked.





Ryder was surprised that Jacob had never learned what it meant to be reverent.

“It means you sit quietly and fold your arms like this,” Ryder said, showing his friend. “This way, it’s easier to learn about Jesus.”

Jacob sat in his chair and copied what Ryder did.

Ryder was glad that Jacob was learning, but he still felt bad that his friend hadn’t been reverent for most of church that day. At the end of Primary, he went up to Sister Johnson.

“I’m sorry about how Jacob acted,” he said. “He’s never been to church before.”

Sister Johnson put her arm around Ryder’s shoulders. “That’s OK, Ryder. I’m so glad Jacob is here today,” she said. “Primary is for everyone. I hope he’ll come with you again.”

Ryder had a warm feeling inside. He looked at the picture of Jesus on the wall. He knew Jesus loved all children and wanted them to be closer to Him. He was glad his friend had been able to come to church and learn more about Heavenly Father and Jesus Christ. ◆

The author lives in Nevada, USA.



I invited one of my good friends to church. She said that she used to go to church and that she had been baptized. I decided to invite her again. She has come with me two or three times now. Then I bought a Book of Mormon with her name on it. I hope that I got her more involved in the Church.

Sarah P., age 10, Idaho, USA

I’m going to invite Audrey to Primary.

And I’ll invite Franco!



I Know That My

(Simplified)

Words and music by
Tami Jeppson Creamer and Derena Bell

Reverently ♩ = 120-132

mp

1. A long time a - go in a
2. — Now I am here in a

beau - ti - ful place, Chil - dren were gath - ered 'round Je - sus.
beau - ti - ful place, Learn - ing the teach - ings of Je - sus.

He blessed and taught as they felt of His love. Each saw the tears on His
Par - ents and teach - ers will help guide the way, Light - ing my path ev - 'ry

face. The love that He felt for His lit - tle
day. — Wrapped in the arms of my Sav - ior's

ones I know He feels for me. I did not touch Him or
love, I feel His gen - tle touch. Liv - ing each day I will

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Savior Loves Me

A7 Dm Gm7 C7 F

5 sit on His knee, Yet Je - sus is real to me. 2 1 2 5
 fol - low His way, — Home to my Fa - ther a - bove. 2 1 2 5

Bb C7 F Dm Gm

5 I know He lives! I will
 5 1 2 3 5

C7 F C7 Bb C7

fol - low faith - ful - ly. My heart I
 5 1 5 1 4 5 2 3 5 1

A7 Dm Gm C7 F

1. give to Him. I know that my Sav - ior loves me. (piano) 2 1 2 5
 5 1 3 2 1 2 5 2 1

2. Gm C7 F

I know that my Sav - ior loves me. 1 5 1
 3 1 5 2 1

Saturday Sleep and Sunday Smiles

By Miche Barbosa

(Based on a true story)

"I always have a happy feeling when I go to church"

(Children's Songbook, 157).

Mara loved making people smile. She made her schoolteacher smile when she raised her hand to ask questions. She made her sister, Marcella, smile when she said nice things to her.

Then Mara would smile too. It felt good to help other people be happy.

But there was one time each week when

Mara hardly ever smiled. That time was early Sunday morning. That's when Mara and Marcella were always the most tired. Rushing around to get ready for church made them extra grumpy. Then there was the long walk to church. It was more than a mile away! Mara and Marcella often got there late. They would miss the first part of Primary.

"We miss you when you're not here on time," Sister Lima said one day. She was the Primary president of their ward in Brazil.





Mara knew she should get to church on time. But how? Then Mara got an idea. The next Saturday night, Mara decided to try something new.

Instead of sneaking bedtime snacks after dinner, Mara brushed her teeth. Most days Mama had to remind the girls to turn off the TV and go to bed. Even then they would play and whisper under their covers until late at night. Sometimes they stayed up so long they could hardly keep their eyes open. They had to wiggle to keep from falling asleep.

Tonight Mara put on pajamas and hopped right into bed. Mama didn't even have to remind her. She started looking at the pictures in the front of her Book of Mormon.

"What are you doing?" Marcella asked.

"A test," Mara said. Her mind was full of happy thoughts. Plus she was already feeling sleepy.

The next thing Mara knew, the sun was peeking through her window. It was almost time to get ready for church.

Instead of feeling yucky, Mara felt great. Her head didn't feel fuzzy. Her body didn't feel tired.

She got to Primary even before some of the leaders.

"Thank you for being such a good example to the other children," Sister Lima said.

Now it was Mara's turn to smile. She decided she would always go to bed early on Saturday. That way she would be able to spread smiles all Sunday long. ◆

The author lives in Utah, USA.



Hidden Picture

By Tonya Hamill

Maria's family came to watch her in the school play. Can you find Maria? Can you also find these hidden objects?





"He gave me my eyes that I might see the color of butterfly wings. He gave me my ears that I might hear the magical sound of things. . . . Yes, I know Heav'nly Father loves me" (Children's Songbook, 228).

ILLUSTRATION BY DAVID HELTON

Floods and Fluffy

By Jane McBride Choate

(Based on a true story)

Jayden's town had a big flood. Some people's houses got lots of water and mud inside. Mom and Dad were putting cans of food, towels, and other things in a big box to help people.



Jayden wanted to help too. "What can I do?" he asked.

"You could give a toy to a child whose toys were ruined in the flood," Mom said.



Jayden ran to his room and looked at his toys. None of them seemed just right. Then he saw Fluffy, his favorite stuffed animal.



Jayden thought for a minute. He picked up Fluffy and gave him a big hug. Then he ran to put him in the box.

Mom looked surprised. “Are you sure you want to give Fluffy away?”

Jayden felt sad, but he nodded.



That night when Jayden said his prayers, he said, “Thank Thee, Heavenly Father, for letting us help people.”

Jayden missed Fluffy, but he also felt happy inside. He was glad he had shared. ◆

The author lives in Colorado, USA.

Jayden's Toy Box

Jayden took all his toys out of his toy box when he was looking for something to give away, and now his room is a mess. Help Jayden clean up by finding all the toys that should be in the toy box.





The **Wise Man** and the Foolish Man



WHAT IS A PARABLE?

A parable is a special kind of story. It tells about things that are familiar, like a rainstorm or a pearl. Jesus told parables to help people understand spiritual truths. One parable is in [Matthew 13:44–46](#). What does it teach about how valuable the gospel is? Can you find other parables?

By **Jean Bingham**

One day Jesus wanted to teach people how to stay strong even when hard things happen. He told them a story about a big storm, a wise man, and a foolish man. When the storm came, the wise man's house did not fall down because it was built on a rock. But the foolish man's house fell down because it was built on sand.

Jesus was teaching how important it is to have faith in Him and follow His teachings. When we build a strong testimony, we will be strong enough to stand, no matter what hard things might happen. ◆

The author lives in Utah, USA.

ROCK OR SAND?

Write choices like the ones below on strips of paper. Take turns choosing and reading them aloud. Talk about why doing each one would be like building a house on rock or sand. How can listening to prophets help us follow Jesus’s teachings and make wise choices?

Reading scriptures together	Cheating on schoolwork
Taking a dare	Including someone who is new
Going to church	Using bad words
Blaming a mistake on someone else	Playing a game with a sister or brother
Doing your homework	Sharing with others
Showing respect for others	Spending many hours on computer games
Telling the truth	Taking something that isn't yours
Staying quiet while someone is being bullied	Praying every morning and night
Listening to general conference	Including someone who is left out

ROCK ART

Choose a smooth rock. With a marker or paint, write “Jesus Christ” on it. Talk about why it’s so important to build our lives on His teachings. Keep the rock in a place where you can see it often.



SCRIPTURE TIP

The Book of Mormon can help us understand the New Testament. Read [Helaman 5:12](#). What did you learn about the meaning of the word *rock* from reading that verse? Look up “Rock” in the [Guide to the Scriptures](#) to see if you can find any other verses that help you understand more.



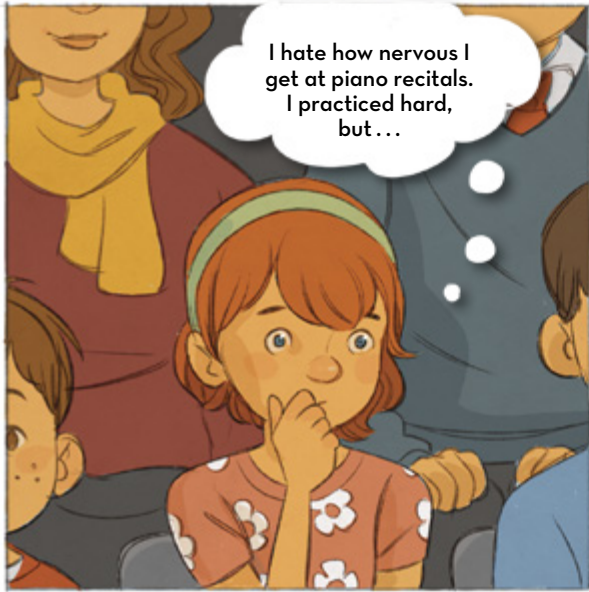
FAMILY TALK

Read [Matthew 7:24–29](#) together. You could also draw a picture of the story. Then talk about these questions: What things in our life are like the rain and wind? How could making decisions based on what is popular be like building our house on sand? How does following Jesus’s teachings protect us and make us as strong as a house built on a rock? Talk about ways you can build your faith in Jesus Christ.

Song: “The Wise Man and the Foolish Man” (*Children’s Songbook*, 281)

Scripture: [Matthew 7:24–29](#)

MATT AND MANDY



I hate how nervous I get at piano recitals. I practiced hard, but...



Cassie's a lot younger than I am, but she's so much better. And I'm next after her. Yikes!



Later, at home.

I guess I did OK. But I'll never be as good as Cassie.

Maybe my lessons are just a waste of money.

Cassie does have a special gift. Someday she might be better than your teacher. But—

Not everything is a competition.

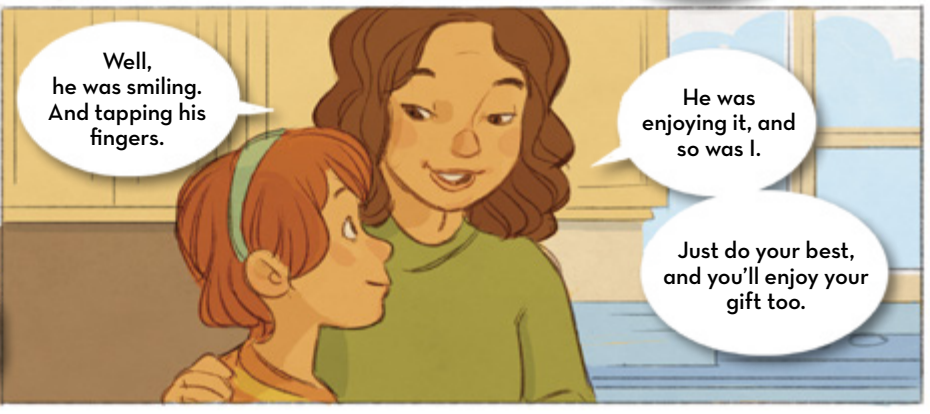
I know you like making music. And we enjoy it too.



When you were playing, your dad's head was back and his eyes were closed.



Yeah, he does that in church sometimes too.



Well, he was smiling. And tapping his fingers.

He was enjoying it, and so was I.

Just do your best, and you'll enjoy your gift too.

Article of Faith 4



“We believe that the first **principles** and **ordinances** of the Gospel are: first, Faith in the Lord Jesus Christ; second, Repentance; third, Baptism by immersion for the remission of sins; fourth, Laying on of hands for the gift of the Holy Ghost.”

A **principle** is a truth that guides us back to Heavenly Father. An **ordinance** is a sacred act that someone with the priesthood performs. These four principles and ordinances are the first we must live before we can grow in the gospel.



Articles of Faith in Action



I had a choice if I wanted to get baptized or not. I wanted to, but I wasn't sure if I would be able to follow Jesus's commandments. I thought and prayed, and one week after, I decided to get baptized. I am happy I was baptized.

Darci J., age 8, Utah, USA

Memorization Tip

Article of Faith **4** is about the first **four** principles and ordinances of the gospel.

Print more cards at friend.lds.org.

This Month's CHALLENGES



Memorize Article of Faith 4.



Read page 1 of [Preach My Gospel](#). Why do missionaries teach people about the first principles and ordinances of the gospel?



Make a list of ordinances you have taken part in. What other ordinances will you take part in?



I challenge myself to ...

Was this a secret
Luisa should keep?

Telling

By David Dickson

Church Magazines
(Based on a true story)

“As I have loved you, love one another”
(Hymns, no. 308).

Luisa closed her math book when the bell rang. She hadn't been able to focus on the problems for the last hour anyway.

All the other students rushed out. It was the last class on Friday. Normally Luisa felt excited about the weekend too. But today she couldn't feel anything but worried.

Not since lunch. That was when her best friend, Carlotta, had asked her a question: “Can you keep a secret?”

At the time, Luisa had leaned in and nodded eagerly. She was good at keeping secrets. She thought for sure Carlotta was going to tell her about some cute boy she had a crush on.

But Carlotta's secret wasn't fun at all.

A voice interrupted Luisa's thoughts. She blinked and looked up from her desk.

“Did you have a question about your homework, Luisa?” her teacher asked.

All the other students had already left the room.

“No,” Luisa answered. She met her teacher's eyes. She just *had*



SECRETS

to tell somebody! But Carlotta had made her promise not to.

"I've gotta catch the bus," Luisa said quickly. She put on her coat and hurried out into the cold winter air.

The whole bus ride home, Luisa felt so nervous inside she could hardly stand it. Her chest felt tight, like it was hard to breathe.

Luisa couldn't stop thinking about Carlotta's secret. At lunch Carlotta said she had been doing something that was dangerous. Luisa could still hardly believe what she'd heard. She thought she knew her best friend! She couldn't imagine Carlotta doing something scary like that. When lunch ended, Carlotta had made Luisa promise never to tell anyone.

But what if Carlotta got hurt?

Luisa tried to block out the laughing and talking around her in the bus as she closed her eyes and prayed in her heart.

Please, Heavenly Father, help me know what to do. I don't want my friend to be mad at me. But I don't want anything bad to happen to her either. In the name of Jesus Christ, amen.

The walk home from the bus stop felt longer than usual. Wouldn't Mom be able to tell something was wrong when Luisa got home? What should she say?

Looking at the snow on the ground, Luisa remembered the snowball fight she and Carlotta had started with some other kids at the park last week. That was so much fun! She thought about the other things she and Carlotta loved doing together. Hanging out. Hiking. Doing homework. Playing sports.

What would it be like if Luisa told her secret and Carlotta didn't want to be her friend anymore? The thought made Luisa's stomach twist into an even tighter knot.

Then she had another thought. Right now the most important thing was what was best for *Carlotta*—not what Carlotta might think about *her*. Carlotta needed a true friend, a friend who would help her be safe. Luisa knew Jesus always did what was best for others, even if some people didn't like Him.

Luisa knew what she needed to do. She had to talk to Mom about it. She would also call Carlotta and tell her how worried she was and that a grown-up needed to help. Maybe then Carlotta would talk to her mom too.

Luisa's heart felt lighter as she walked up to her front door.

"Mom?" she called as she went inside. "Can we talk?"

Carlotta might end up being mad, but Luisa knew this was the right thing to do. She would be a true friend.

Some secrets are too important to keep. ♦

**What secrets should you tell?
Turn the page for some advice.**



"A friend cares. A friend loves. A friend listens. And a friend reaches out."

President Thomas S. Monson

"To the Rescue," *Ensign*, May 2001, 50.

WHEN Should I Tell?

By Jan Pinborough
Church Magazines

IF SOMEBODY IS—

- Playing a dangerous game
- Taking medicine that isn't his
- Eating, drinking, or sniffing something strange
- Hurting her body
- Doing something he doesn't want adults to know about



IF SOMEBODY—

- Tries to get you to do anything from the list above
- Shows pictures of people without clothes
- Asks you to look at or touch their body or let them look at or touch your body
- Asks you to keep a secret about something that makes you feel bad
- Is bullying or talking disrespectfully to you or someone else—in person, by text, or online

IF SOMETHING—

- Makes you feel unsafe or uncomfortable
- Doesn't seem right or gives you an “uh-oh” feeling
- Listen to the Holy Ghost and trust your feelings!

BE BRAVE!

You are strong. Speaking up can help you and others be safe!

WHO CAN I TELL?

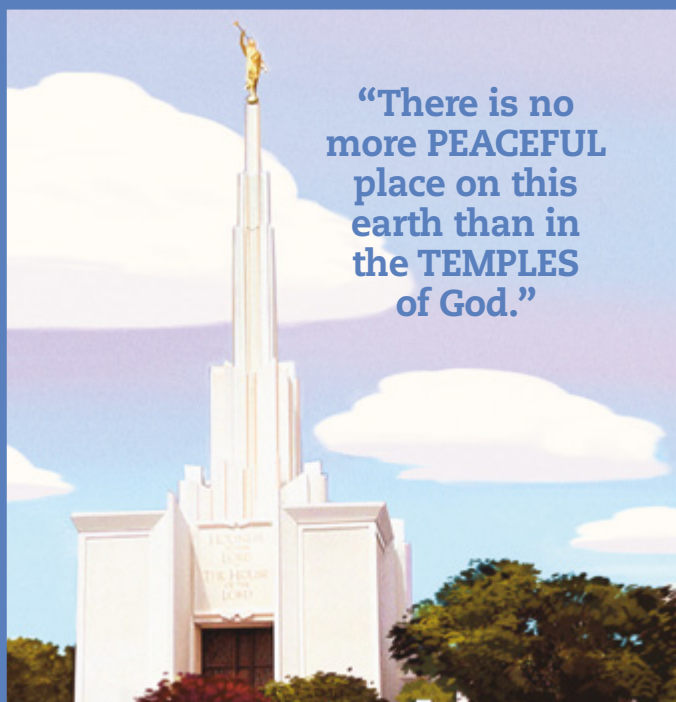
- A parent, grandparent, or guardian
- A schoolteacher or counselor
- A Church teacher or leader
- An older brother or sister
- A doctor
- A friend who can help you tell an adult

You don't need to feel alone with a secret. An adult can help you know what to do. Keep telling people until you get the help you need.

CONFERENCE Quote Cards

Here are some of our favorite quotes from the last general conference. What will we hear next month?

Illustrate your favorite quote and share it with us! Turn to page 48 to find out how.



“There is no more PEACEFUL place on this earth than in the TEMPLES of God.”

Elder Richard G. Scott, “Make the Exercise of Faith Your First Priority,” *Ensign*, Nov. 2014, 94.



“COVENANTS with GOD help us to know who we REALLY are.”

Sister Jean A. Stevens, “Covenant Daughters of God,” *Ensign*, Nov. 2014, 115.



“The teachings of our Lord, JESUS CHRIST, show us THE WAY.”

Elder Hugo E. Martinez, “Our Personal Ministries,” *Ensign*, Nov. 2014, 102.



“We, like JESUS, can walk the path of SERVICE.”

President Thomas S. Monson, “Ponder the Path of Thy Feet,” *Ensign*, Nov. 2014, 87.

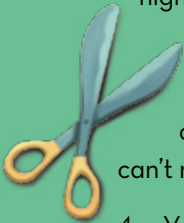
P.S.

We hope you enjoyed this month's magazine. Please write to tell us what you liked!

How to Write to the Friend

To send us a letter, drawing, poem, or photograph . . .

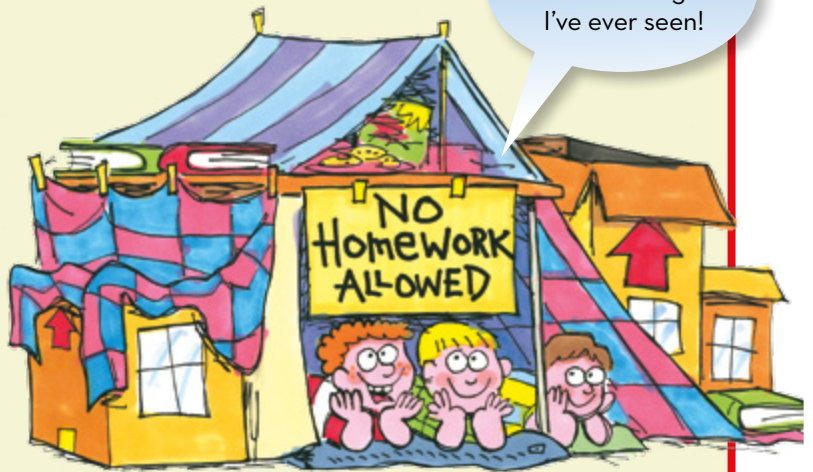
1. Fill out the form below and include it with your submission.
2. Include a school photo or high-quality snapshot.
3. We might edit your submission for length or clarity, and we can't return it to you.
4. You must be at least three years old to send us a submission.



One day as I was walking in my garden, I noticed this beautiful dragonfly. I'm so grateful for all of God's creations . . . even the smallest insects!
Mia M., age 6, Alberta, Canada

The Last Laugh

That's the best welcome sign I've ever seen!



Please send your submission to:

Friend Magazine
50 E. North Temple St., Rm. 2432
Salt Lake City, UT 84150-0024
Or email: friend@ldschurch.org

The following information and permission must be included:

First and last name

Age State/Province, Country

I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.

Signature of parent or legal guardian

Email of parent or legal guardian



VISIT
friend.lds.org!

- Play games and watch videos.
- Read the *Friend* online.

Funstuff Answers

Page 3: 15, 24, 27, 60, 39, 7, 13, 12, 100, 10, 6, 8, 1, 4, 5, 25, 3, 30, 2
Page 10: "Calvin's Awesome Space Jet"; corn

Hidden CTR Rings

Did you find the rings? Look on pages 3 and 39. Last month's Level 3 ring was on page 44.



THE WISE MAN AND THE FOOLISH MAN

Matthew 7:24-27

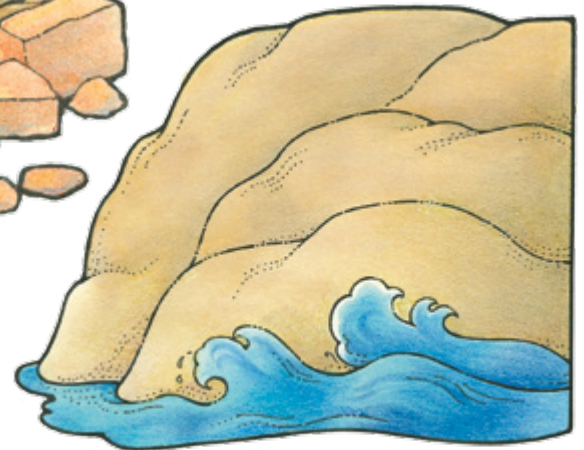
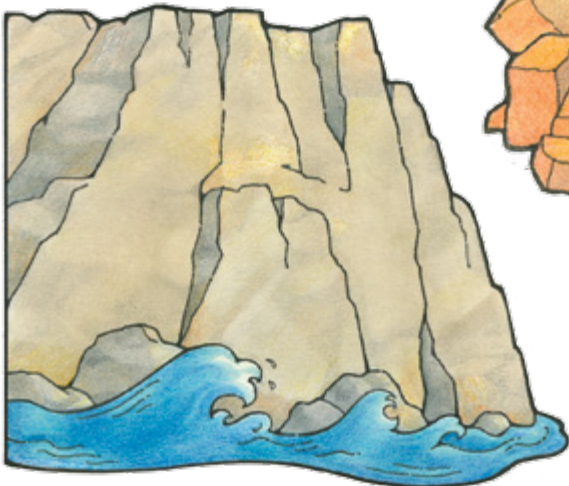
Glue this page to heavy paper or cardboard. Then cut out the figures and attach them to craft sticks or paper bags. Store in an envelope with the scripture reference attached to the front.



Wise Man



Foolish Man



Print more copies at friend.lds.org.

Dear Parents and Teachers,

Sometimes it's hard for children to know when to talk to adults about something that is worrying them. And sometimes it may be hard for adults to start a conversation too! Consider reading the story "Telling Secrets" (page 44) with your children and talking through the tips on page 46. Encouraging open communication is one way we can protect our children.

Safe sharing,
The *Friend*

Order the
Friend at
[store.lds.org!](http://store.lds.org)



Family Home Evening Ideas

EASTER: Do the activity "Getting Ready for Easter" (page 24) as a family. Talk about how the Savior's sacrifice has blessed your family. Or sing "I Know That My Savior Loves Me" (page 30) and talk about what the words teach about Christ. Watch the video "Because He Lives" at HeLives.mormon.org.

FAMILY FUN TIME: Read "Calvin's Awesome Space Jet" (page 4). Use "Family Fun Time" (page 6) for an activity to talk about how to forgive others. Then make the fun recipe!

GOOD MEDIA CHOICES: How can your family choose good media? Read "TV Trouble" (page 18) together. Make a plan for what to do when a bad TV, movie, or song comes on. Act out example situations and practice choosing the right.

GETTING READY FOR CONFERENCE: Read the message from Elder Hales about why conference is important (page 20). Make a plan to watch or listen to as many sessions as you can. Turn to page 17 to find a fun recipe and an activity to do while you listen. Cut out the conference quote cards on page 47 and make your own!

PRIMARY CONNECTION

Look for the colored diamonds on the table of contents to find stories and activities that support Primary this month!

Find more teaching resources at lessonhelps.lds.org.

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