

# Dear Parents and Teachers,

This month we can help children learn about the purpose of life. On page 41, Elder Russell M. Nelson teaches why we're here on earth. Consider reading "Challenges Help Us Grow" (page 2) and talking about what to do during tough times. Or read "When I Grow Up" (page 28) and talk about goals.

Teaching children how to have a successful earthly adventure can be a fun and spiritually rewarding experience!

With love,  
The Friend

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Resources for  
Teaching  
Children  
*Stories, activities, and  
media*

Visit "Resources for Teaching Children" at [lessonhelps.lds.org](http://lessonhelps.lds.org) for stories, activities, and media to use at home and in Primary.

Find videos and games for kids at [friend.lds.org](http://friend.lds.org).



## Family Home Evening Ideas

**SACRAMENT:** Read "Sweeter Than Ice Cream" (page 12) and talk about why we have the sacrament. Watch a video at [friend.lds.org](http://friend.lds.org) about Christ teaching about the sacrament. Read the poem on page 11, and then try writing your own poems using the instructions on page 24.

**FEEL GOD'S LOVE:** Read "Does Someone Hear Me?" (page 18) and talk about the special relationship each of us can have with Heavenly Father through prayer. What blessings help us know that God loves us? Find more ideas for teaching this concept at [lds.org/go/FRFeelGodsLove](http://lds.org/go/FRFeelGodsLove).

**JESUS CHRIST IS OUR SAVIOR:** Use "Bringing Primary Home" on page 42. You'll find a short lesson, a scripture, and ideas for talking with your children. You can also find a simplified version of "I Stand All Amazed" on page 20.

**KINDNESS TO SIBLINGS:** Read "The Big-Brother Trap!" (page 4). Use "Family Fun Time" on page 6 for a fun activity and recipes. Have each child share something they can do to be nice to other members of the family.

## Topics in This Issue

Adversity 2  
Baptism 13  
Divine nature 44  
Example 8, 29, 44  
Family 4, 6, 26, 46  
Forgiveness 4  
Jesus Christ 29, 42  
Learning 7, 8, 27  
Repentance 13  
Sacrament 11, 13

## Sidebar References

1. Page 13: "Blessings of the Sacrament," *Ensign*, Nov. 2012, 104.
2. Page 19: "Until We Meet Again," *Ensign*, May 2013, 114.
3. Page 27: "Staying Power," *Ensign*, July 2003, 40.

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