

CHALLENGES IN THE SCRIPTURES

By David Larsen

If you ever feel sad or left out, you are not alone! Solve these riddles to learn how some scripture heroes handled hard times. Check your answers on page 48.

My brothers took my colored coat
And sold me as a slave.
With faith I solved the Pharaoh's dreams;
From famine all were saved.
Who am I? _____

High on a wall I prophesied
The Savior soon would come.
The angry mob shot arrows, but
No harm to me was done.
Who am I? _____

Although at risk to lose my life,
My people mattered more.
With bravery I asked the king
To save those I cared for.
Who am I? _____

When men were few and spirits weak,
I raised the banner high.
My troops then won their battles
Once they knew the reason why.
Who am I? _____

Tremendous floods destroyed the earth,
For no one had prepared.
But we and all the animals
Inside the ark were spared.
Who am I? _____

Obeying God gave me great power
Time and time again—
Before the king, at home, and even
In the lion's den.
Who am I? _____

WHEN TIMES ARE HARD

Check the boxes for things you want to try next time you're having a bad day!

Think of your favorite joke.

Sing a Primary song.

Talk with a trusted adult.

Do something you're good at.

Write in your journal or draw a picture.

Go for a walk.

Read your favorite scripture story.

Do something nice for someone.

