Before Jesus died, He ate a special meal with His disciples. It was called the Last Supper.
Jesus took bread and blessed it. He gave it to His disciples. He asked them to eat it to help them remember Him.

Jesus took a cup and gave it to His disciples. He told them to drink from it to help them remember Him.

Jesus and His disciples also sang a hymn together.

See family manual, page 91; Primary manual, pages 89–90.
I can remember Jesus by taking the sacrament every week, as He asked us to do.
COLORING PAGE

Jesus Gave Us the Sacrament