1. One member of the Godhead. Heavenly Father and Jesus Christ are called the Spirit because He does not have a body.

2. A gift that comes with baptism. After you are baptized, you will get a special blessing called “confirmation” that invites you to receive the Holy Ghost.

3. A promise from Heavenly Father. When you take the sacrament, you promise to keep following Jesus. In return, Heavenly Father promises the Holy Ghost will be with you. Like a warm blanket around your heart. He can comfort you when you feel sad or scared.

Like an alarm. He can warn you of danger. He can guide you away from what will hurt you.

Like a gentle teacher. He can tell you what is true and help you remember what you’ve learned.
The Holy Ghost Is . . .

By Marissa Widdison

1. A member of the Godhead. That means He works with Heavenly Father and Jesus Christ to help us. He is sometimes called the Spirit because He doesn’t have a body.

2. A gift that comes with baptism. After you are baptized, you will get a special blessing called “confirmation” that invites you to receive the Holy Ghost.

3. A promise from Heavenly Father. When you take the sacrament, you promise to keep following Jesus. In return, Heavenly Father promises the Holy Ghost will be with you. Like a messenger from Heavenly Father. The Holy Ghost can help you feel God’s love and understand what He wants you to know.

Like a best friend who wants to be with you always! By making good choices, you invite the Holy Ghost to stay with you.

Like a sign helping you know where to go. As you make choices, He can help you stay on the path to eternal life.

IN THE SCRIPTURES:
John 14:26
Galatians 5:22
2 Nephi 31:17–18
Doctrine and Covenants 130:22

See family manual, page 87.