

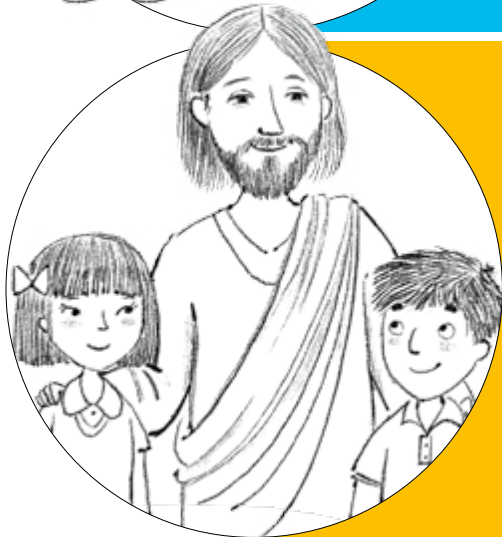


The Sacrament Reminds Us of **Jesus**



BEFORE the sacrament, I can get ready by . . .

- Dressing in my best clothes
- Going to church
- Singing a hymn
- Listening to the sacrament prayers



DURING the sacrament, I can be reverent by thinking about . . .

- What Jesus did for me
- Ways I can follow Him during the week
- Baptism promises
- Stories about Jesus



AFTER the sacrament, I can remember and follow Jesus all week long by . . .

- Asking myself, "What would Jesus do?"
- Being kind to others
- Reading my scriptures



See family manual, pages 91–92.