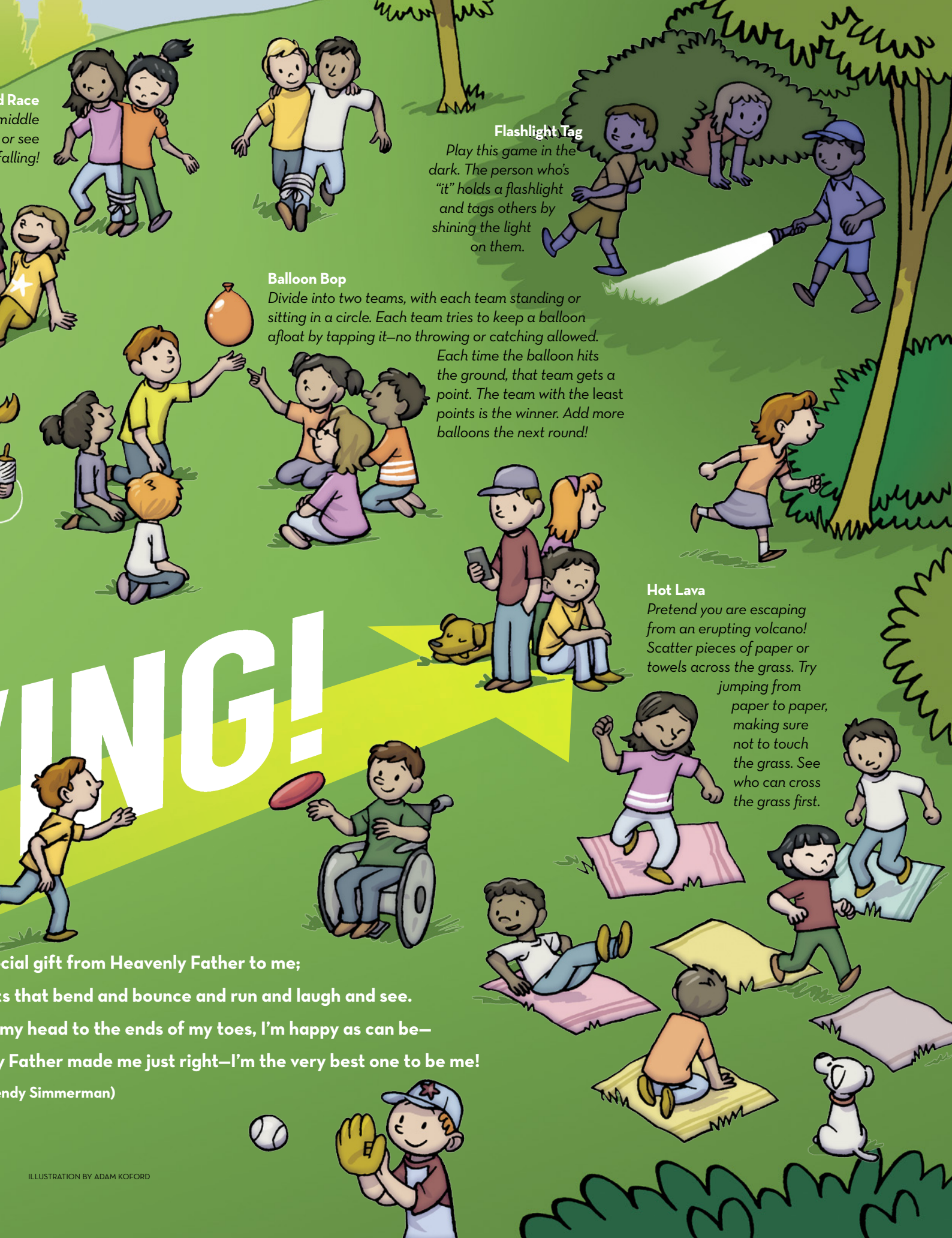
Three-Legge
Stand next to a friend. Tie your r
two legs together. Race others,
how far you can run without f

Ride the Line
Use a piece of sidewalk chalk to draw a really long chalk line (a little wider than your bike's tire) on the sidewalk or driveway. Get on your bike and try to keep both wheels on the line at all times.

Water-Balloon Volleyball
Ask a parent before you play this game. Hold a towel with a friend, and launch a water balloon over a net. Two people on the other side try to catch the water balloon with their towel. Be ready to get wet!

GET MOV

My body is a spe
With lots of part
From the top of
'Cause Heavenly
("About Me," by We


d Race
middle
or see
falling!
Flashlight Tag
Play this game in the dark. The person who's "it" holds a flashlight and tags others by shining the light on them.
Balloon Bop
Divide into two teams, with each team standing or sitting in a circle. Each team tries to keep a balloon afloat by tapping it—no throwing or catching allowed. Each time the balloon hits the ground, that team gets a point. The team with the least points is the winner. Add more balloons the next round!
Hot Lava
Pretend you are escaping from an erupting volcano! Scatter pieces of paper or towels across the grass. Try jumping from paper to paper, making sure not to touch the grass. See who can cross the grass first.
ING!
cial gift from Heavenly Father to me;
s that bend and bounce and run and laugh and see.
my head to the ends of my toes, I'm happy as can be—
y Father made me just right—I'm the very best one to be me!
ndy Simmerman)
ILLUSTRATION BY ADAM KOFORD