

Family Fun Time



Read “Mia’s Testimony” (page 4). Mia learns that a testimony can make her strong and help her when life is hard. How does a testimony do that? Use this activity to learn how to build your testimony so it can help you be strong. Read more about testimonies on page 28.

Have an adult help you with this activity and recipe.

Testimony Building Blocks

Each time we gain a testimony about something in the gospel, it’s like adding a new building block to a collection. Each block is important!

What things do you already know are true? Maybe you have a testimony that the Book of Mormon is true, that Heavenly Father hears and answers your prayers, or that Jesus loves you.

Build something with blocks or boxes. Each time you add a piece, say something you know is true about the gospel. Your testimony can grow bigger and stronger throughout your life.

Peach and Berry Cobbler

1/2 cup butter, softened
1/2 cup sugar
1 cup flour

2 teaspoons baking powder
1 30-oz (850-g) can peaches with juice

1/2 cup berries, fresh or frozen

1. Heat oven to 375°F (190°C) and grease a 9x9-inch (23x23-cm) pan.
2. Beat the butter and sugar together. Add the flour and baking powder and mix until smooth.
3. Pour the peaches over the batter. Sprinkle berries on top.
4. Bake for 45 minutes. Cool and enjoy!

