

# I Will Follow Heavenly Father's Plan by Being Baptized and Confirmed

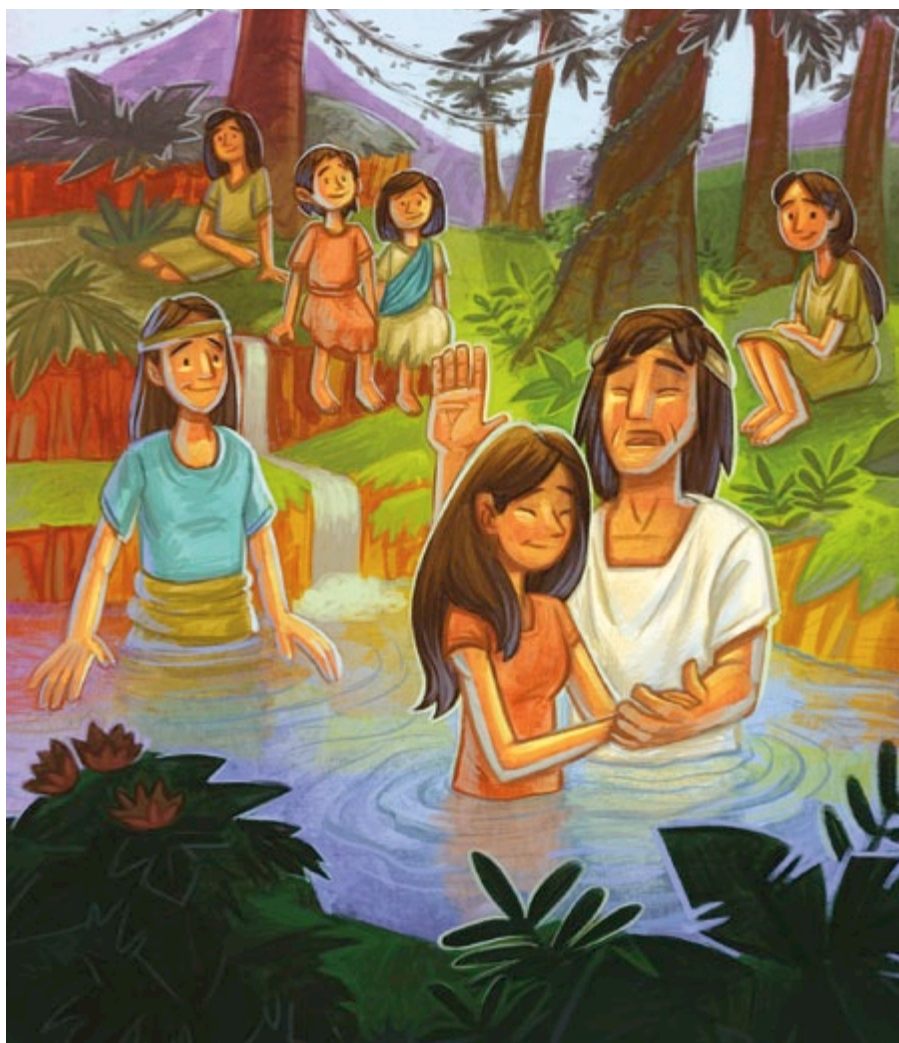
You can use this lesson and activity to learn more about this month's Primary theme.

**T**he Book of Mormon tells about a group of people who gathered together in a forest called Mormon. They wanted to hear Alma teach about the gospel of Jesus Christ. After Alma taught them for many days, he asked them if they wanted to make a covenant to serve God and keep His commandments. He told them that if they would be baptized, the Holy Ghost would always be with them (see Mosiah 18:7–10).

When they heard this, the people were so happy that they “clapped their hands for joy” (Mosiah 18:11). Alma baptized about 200 people in the Waters of Mormon. These people thought of the forest of Mormon as a beautiful place because that is where they learned about the Savior and were baptized (see Mosiah 18:30).

Like Alma's people, we feel joyful as we look forward to or remember being baptized. Like those people, when we are baptized, we make a covenant with God. We promise to keep His commandments and serve Him. We take upon us the name of Jesus Christ and become members

of His Church. When we are confirmed, we receive the same wonderful promise that Alma's people received: that the Holy Ghost can be with us always, if we keep God's commandments. ♦



## LISTEN TO THE STILL, SMALL VOICE

Ask one of your parents or another adult to help you cut out the pictures on this page and put them in a bag. Take turns choosing pictures out of the bag. Find the words that match each picture and read them aloud.



The Holy Ghost helps us feel Heavenly Father's love and other good feelings like joy, gentleness, and kindness. He often speaks to our hearts and minds through a still, small voice (see Galatians 5:22–23).

## LET'S TALK

Ask someone who has been baptized and confirmed to describe his or her feelings about that special day. If you have already been baptized, share with someone else the feelings you had when you were baptized and confirmed.

The Holy Ghost warns us of danger and helps us recognize when we need to be careful (see D&C 9:9).



The Holy Ghost is a teacher. He teaches us about Jesus Christ and helps us remember all that we have already learned from our parents, teachers, and the scriptures (see John 14:26).



The Holy Ghost guides us and helps us see clearly to make decisions that will bring us back to Heavenly Father (see 2 Nephi 32:5).



Sometimes the Holy Ghost is called the Comforter. Like a soft blanket, He helps us feel safe and peaceful (see John 14:16, 27).



## SCRIPTURE AND SONG

- Mosiah 18:8–11
- "When I Am Baptized"  
(*Children's Songbook*, 103)